

# The CT Women's Consortium & TLS Present ...



## The Women's Leadership Experience

A dynamic, professional development program designed for women who want to excel as leaders & access their strengths, talents & fullest potential!

## This program is for you if ...



- \* You focus on solving other people's problems, wear too many hats and feel that achieving a sense of 'balance' is almost impossible much of the time
- You genuinely believe you are competent and capable ... and yet sometimes doubt your abilities or are negatively affected by others
- You spend considerable time managing how you look on the 'outside', using your 'game face' to cover up your insecurities
- \* You feel high levels of anxiety and frustration based on all of the uncertainty associated with managing through COVID-19
- You seek a network of other women leaders who serve as a confidential 'sounding board' and who care about your growth and success

## Be supported by experienced peers & executive coaches who will:

- Nurture, support and guide you to truly connect with your core strengths, talents and unique self-expression
- Challenge you to push outside your comfort zone, trying new ways of leading yourself and others within your organization
- Inspire you with new approaches, insights and skills in areas that are based on a stronger sense of knowing and caring for yourself

#### Participate fully by:

- Attending six monthly group coaching sessions to share successes, failures, insights and best practices
- Meeting privately with your executive coach over four sessions to personalize and accelerate your application of skills, tools and practices from the program
- Accessing a web portal full of resources to integrate learning between sessions

#### The WLE Coaching Program

#### **Includes:**

- \* 16 hours Group Coaching
- \* 4 hours Individual Coaching
- \* 24/7 Access Online Learning Portal
- \* 16 CECs by NASW/CT
- \* Supportive Community of Leaders!

#### **Program Begins:**

Thursday, 10/6 9:00am - 12:00 pm Virtual Session via Zoom

Tuition: \$1,800

#### Register:

www.WomensConsortium.org

Questions? info@TLStransforms.com



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#### **Participant Testimonials**

"Enlightening, empowering, uplifting!"

"I was initially hesitant about joining this group as I was doubtful that I'd feel comfortable sharing my leader-ship and work challenges in front of strangers. I could not have been more mistaken. Alicia and Stacie, through their complete authenticity, created an environment of safety, sharing, and empowerment. Our group quickly came to care for, and support, one another as we explored together what we can grow to be and what holds us back from those goals. It was a magical alchemy created by Alicia and Stacie for which I will be forever grateful. I highly recommend this group to any woman seeking personal and professional exploration and growth."

"I feel as if I've been woven together; really getting clearer on my 'WHY'."

"It is incredibly difficult to put into brief words how incredible Alicia, Stacie, and the Women's Leadership Experience truly is. There is not a single moment from our months together that I would change. With the perfect mix of lecture, discussion, and experiential practice there is something for every woman. Individual and group sessions allow you to share at your own comfort level, while connecting with other women leaders about their own experiences. I cannot recommend this program enough for anyone looking to slow down, look inward, and become a better leader."

"I am now more aware of my leadership style and how that style impacts my ability to connect with my staff to support them in their work."

#### **About Stacie & Alicia**



"Alicia and Stacie masterfully create a safe space to be vulnerable and explore. Their sincerity, focus and belief in the mission creates an amazing experience."

"Alicia and Stacie are fantastic! They have really great synergy and the perfect "vibration" for the work. I really appreciate their way of being during the individual and group coaching sessions - it really helped to reinforce the concepts."

"Extremely engaging. Always made the sessions a safe space for exploring and sharing."