

## 2018-2019 SPRING SCHEDULE (April 29- May 24)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
<b>BRUNCH AT CAP 10-NOON</b>	<b>Breakfast at the ATRIUM 7:15-8:00</b>					<b>Breakfast at the CAP 8:30-9:00</b>	
	PERIOD 1 8:00-9:00	PERIOD 1 8:00-9:00	PERIOD 5 8:00-9:00	PERIOD 3 8:00-9:00	PERIOD 1 8:00-8:45		
	PERIOD 2 9:00-10:00	PERIOD 2 9:00-10:00	PERIOD 6 9:00-10:00	PERIOD 4 9:00-10:00	PERIOD 2 8:45-9:30 ADVISORY 9:30-10:00		
	<i>Break 10:00-10:10</i>						<b>SPRING SPORTS starts at 9:00</b>
	PERIOD 3 10:15-11:15	SAT Prep Sophomores FLEX: other grades 10:15-11:15	PERIOD 1 10:15-11:15	PERIOD 5 10:15-11:15	PERIOD 3 10:15-11:00		
	PERIOD 4 11:15-12:15	PERIOD 3 11:15-12:15	PERIOD 2 11:15-12:15	PERIOD 6 11:15-12:15	PERIOD 4 11:00-11:45 FLEX 11:45-12:15		
	<b>LUNCH 12:00-12:50</b> School meeting 12:30						<b>FREE TIME STARTS WHEN SPRING SPORTS ENDS</b>
	<i>Transition 12:50-1:00</i>						
	PERIOD 5 1:00-2:00	OPS and Student Council 1:00-2:00	<b>SPRING SPORTS 1:00-4:00</b>	SEMINAR HOUR* 1:00-2:00	PERIOD 5 1:00-1:45		
	PERIOD 6 2:00-3:00	PERIOD 4 2:00-3:00		<b>ATHLETICS 2:15-4:30</b>	PERIOD 6 1:45-2:30		
	<i>SNACK 3:00</i>				CLEAN UP 2:30-3:00		
	<b>ATHLETICS 3:15-5:30</b>		FREE 4:00ish-5:30		FREE 4:30-5:30	<i>SNACK 3:00</i>	
			<b>ATHLETICS 3:15-5:30</b>				
	<b>DINNER 5:30-6:00</b>						
	Free	<b>EARLY STUDY 6:30-7:30</b>				Free	
<b>STUDY HALL 7:30-9:00</b>							
<b>Quiet Time 9:00.</b> <b>In your room for CHECK IN at 10:00.</b>							

**Thursday  
SEMINAR  
HOURS**

\*8 & 9: team building

10th: Plyometrics with Shelby

11th: SAT prep with Jenny

12th: Senior meetings and seminar topics