



THE UNIVERSITY OF ARIZONA

OSHER LIFELONG LEARNING INSTITUTE

Life-Enriching Education for Adults 50+

Fall 2023 Catalog



**220+ Classes,
Field Trips &
More**

**Online &
In-Person in
Tucson, Vail &
Green Valley**

**12 Weeks:
Sept 11 to Dec 8**

Curiosity Never Retires

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Welcome to OLLI-UA Fall 2023!

This fall we are excited to offer **in-person classes** at our Central Tucson, SE Tucson (Vail) and Green Valley campuses. We also have a wide selection of **online classes** hosted on Zoom, plus a variety of field trips, social events, and more.

Fall Session Overview

- **Fall is 12 weeks from September 11 to December 8**
- There are 220+ offerings across OLLI-UA including social events, with more dining out options to be announced
- Central Tucson classes run Tuesday through Friday
- Online classes run Monday through Friday
- Southeast Tucson (Vail) classes run Tuesday through Thursday for 8 weeks starting Sept. 26
- Green Valley classes run Wednesday and Thursday for 8 weeks starting Sept. 27

Registration

- **Priority Request Registration (PRR) ends Tuesday, August 22** and runs Wednesday, August 23.
- Registration confirmation emails will be sent after PRR runs on the 23rd.
- **Open Registration begins after PRR runs on Wednesday, August 23.** During open registration you can continue to add (and drop) classes first come, first serve throughout the term.

What's Priority Request Registration (PRR)?

PRR is a stress-free pre-registration process that allows you to prioritize and request the classes you most want to attend. At the end of PRR, our registration system officially enrolls members in classes, filling each seat based on the priority of the request. This is helpful for classes with limited capacities that fill quickly. **It is important to give small capacity classes a higher priority if they are important to you.** If a class fills, a waiting list is started and ordered by the next priority assigned.

More detail on this process along with our registration planner materials can be found on our website: olli.arizona.edu.

Memberships

What you can register for depends on the membership you purchase. Fall session is open to our 23-24 annual members and Monsoon/Fall 2023 members. If you are not a current member, OLLI-UA offers three membership options for this session:

The **Annual All OLLI / Central Tucson Membership** costs \$425 and allows you to register for all classes online and in-person across OLLI-UA for the year to come and includes our Central Tucson campus.

The **Annual SE Tucson (Vail) / Green Valley / Online Membership** costs \$225 and allows you to register for all online classes for the year to come as well as in-person classes at the SE Tucson (Vail) and Green Valley campuses in the fall and spring. **(Central Tucson classes are not included with this membership).**

The **Monsoon/Fall SE Tucson (Vail) / Green Valley / Online Membership** costs \$150 and allows you to register for online classes and in-person classes at our SE Tucson (Vail) and Green Valley campuses through 12/31/2023. **(Central Tucson classes are not included with this membership).**

Complete membership purchase details can be found at olli.arizona.edu along with information on available financial assistance.

COVID-19 Policy

OLLI-UA 501(c)(3) is taking steps to help ensure the health and well-being of our learning community, **Our website is the best place to stay informed of the current policy:** olli.arizona.edu/page/covid19

Central Tucson Campus



The [Central Tucson campus](#) is located at [4485 N 1st Avenue, Tucson AZ](#), on the NW corner of 1st Avenue and Wetmore Road. The facility includes three large classrooms, a member lounge with coffee service for eating or just gathering, and ample parking.

Green Valley Campus

The [Green Valley campus](#) is located at the Community Learning Center at [1250 W. Continental Road, Green Valley, AZ](#), and has spacious classroom space in a former community college facility operated by Pima County. It has ample parking and a small lounge area.

SE Tucson (Vail) Campus

The [SE Tucson \(Vail\) campus](#) is located at the Del Webb Lodge at Rancho del Lago in Vail. [10264 S Blendu Way, Vail, AZ](#). It has spacious classroom space and ample parking.

Online Classes

Online classes are hosted using Zoom. There is no cost or account needed for members to use Zoom. Zoom is generally easy to use and works across many different devices and operating systems. Learn more on our Zoom resources page: olli.arizona.edu/page/zoom

Volunteer Opportunities

As a member-run, volunteer-led organization, OLLI-UA is dependent on our members stepping up to help in ways big and small. Please consider giving your time and expertise to OLLI-UA. It is also a great way to meet fellow members and develop lasting friendships! [Click here to explore current opportunities.](#)

Planning Tools

Keep in mind all offerings are subject to change. See our website's [Class Catalogs](#) page for the latest information and additional class registration planners.

Clicking on the class titles in this catalog will take you to the OLLI-UA registration page for each class.

Need Help?

You can always email the office at ollimail@arizona.edu or call 520-626-9039, Mon – Fri, 9 AM to 4 PM.

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Central Tucson Campus: In- Person Tuesdays

[Hollywood Blacklist \(1940's - 1950's\)](#)

Subject Area: Arts/Culture

Tuesdays: 12 Sessions 9:00 AM - 10:45 AM
Start: Tue 9/12/23 **End:** Tue 12/5/23 - **No Class**
Week of Thanksgiving

***Hybrid Class: In-person and Online**

Location: Ocotillo Room **Class Size:** 70

Course Description

The Hollywood blacklist did not appear in a vacuum. The events leading to the blacklist will be discussed, with a special focus on individuals and movies of the era. The Hollywood 10 and 19 will be highlighted. The role of the witnesses brought before House Un-American Committee (HUAC), Red Channels, the Cold War, the studio guilds, and current events all contributed to the Red Scare.

The following movies were chosen because they were made by blacklisted individuals, were about the blacklist, or ended the blacklist. Class discussions will center around the impact of these movies. Tentative movies include: "Mission to Moscow", "High Noon", "On the Waterfront", "Spartacus". Some of the movies may be free, otherwise they are on Netflix or Amazon Prime for a fee. If the films become unavailable, I will make

substitutions. For good discussions, the movies should be viewed before class.

This class will be offered as a hybrid, both in-person and online. This is the in-person option.

Instructors: Yolanda Alvarez, Leslye Friedberg

Yolanda Alvarez is a film buff who attends many film classes and film festivals. She enjoys discussing the relevance of popular culture in film and vice versa. Film noir is a genre she is particularly interested in.

Leslye Friedberg, Professor Emeritus, taught writing and humanities at Community College of Philadelphia and The University of Cincinnati. Her main areas of interest are interdisciplinary connections among literature, film, and art. For OLLI, she has taught film courses on the Holocaust in Film; The Screwball Comedy; and Great Hollywood Love Stories of the 1940s.

[Seven-Day Portuguese Camino de Santiago Pilgrimage](#)

Subject Area: Travel/Entertainment

Tuesdays: Single session 9:00 AM - 10:45 AM
Start: Tue 9/12/23 **End:** Tue 9/12/23
Location: Saguaro Room **Class Size:** 30

Course Description

Have you ever considered walking El Camino de Santiago (St. James' Way) or a section thereof? If you are curious about El Camino and want to hear about a pilgrim's trip, this single session is for you. I will share my experiences and suggestions to help make yours a successful walk.

In this session I will cover: Pre-Camino preparations; Required and recommended gear; Aspects of the Camino walk; Procuring the Compostela, the certificate of completion.

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My companions and I traveled part of the Portuguese Camino, the second-most traveled of the eight "officially recognized" Ways. Starting in the picturesque and historic coastal municipality of Baiona, we arrived at Santiago de Compostela 129 kilometers, or 80 miles, later. Through photos and videos, I will offer tips on staying on course, share some anecdotes about fellow pilgrims we met along the way and at our destination, and recommend things to do in Santiago after completing the walk.

Instructor: Jorge Tapia

Jorge Tapia is a retired TUSD teacher, retired Master Sergeant-US Army, and spent 16 years as an adjunct faculty member of the NAU-Tucson campus. His interests are hiking, listening to all genres of music and traveling. He has been a member of OLLI since 2013.

Twentieth Century Comedians

Subject Area: Arts/Culture

Tuesdays: 6 Sessions 11:00 AM - 12:45 PM

Start: Tue 9/12/23 **End:** Tue 10/17/23

Location: Saguaro Room **Class Size:** 55

Course Description

This class traces the historical growth and development of American comedians throughout the 20th Century from Charlie Chaplin and Fatty Arbuckle to Jerry Seinfeld and George Carlin. We will introduce over 90 comedians with a brief bio followed by a short video clip of each comedian.

Instructors: Arnie Bianco, Susan Williams

Arnie is a long time retired educator as a teacher, school principal and adjunct instructor at Chapman University, NAU, Brown Mackie College, and Brookline College. Arnie is an active OLLI member. He has been a teacher for a number of years and has done relationship workshops in more than 10

states. He is a published author who has always loved to teach. His wife is presently a teacher.

Susan's OLLI volunteer contributions include student, tech host, tech host trainer, co-host, and member of the OLLI board.

Fearless: Confessions of a Serial Entrepreneur

Subject Area: DIY/Self-Help

Tuesdays: Single session 11:00 AM - 12:45 PM

Start: Tue 9/12/23 **End:** Tue 9/12/23

Location: Ocotillo Room **Class Size:** 50

Course Description

Ray Lindstrom is an entrepreneur starting in Tucson Catalina high school as a rock and roll disc jockey when he founded Zoom Records, Southern Arizona's first record label.

In the 1970's he owned a Phoenix ad agency, in the 1980's he started the massive infomercial industry, and in the 1990's created the world's largest watch store. A serial entrepreneur, he started over 100 businesses which he called "the fun part", management was left to others.

He has been inducted into the Arizona Broadcasters Association Hall of Fame, made appearances on the NBC Today Show, CBS Evening News, CBS Sunday Morning and been featured in Forbes Magazine.

In his recent book, FEARLESS! Confessions of a Serial Entrepreneur, he tells his life story.

Instructor: Ray Lindstrom

Ray has been an entrepreneur beginning in high school and throughout life.

News and Views (2 Added Sessions)

Subject Area: History/Current Events

Tuesdays: 2 Sessions 11:00 AM - 12:45 PM

Start: Tue 9/12/23 **End:** Tue 9/19/23

Location: Palo Verde Room **Class Size:** 30

Course Description

News and Views is an interactive class discussion concerning topics you would like to discuss. This is chance to share your topics, learn and have fun.

Instructor: David Maxwell

Dave Maxwell retired and moved to Tucson in 2014 and has been a member of OLLI since 2016. He has a degree in Construction Management from Washington State University. The first half of his career was as a Field Engineer, Superintendent, Project Manager and Chief Estimator for several general contractors on the West Coast and in Saudi Arabia. The last half of his career was in the public sector as a Director of Planning and Construction for the Washington State Community College System. He retired as a Contract Administration Manager at the Port of Seattle. In addition to attending OLLI, Dave also is a Santa Catalina Volunteer Patrol member.

Samson (and Delilah): A Reassessment

Subject Area: History/Current Events,

Philosophy/Spirituality/Religion, Social Sciences

Tuesdays: 4 Sessions 1:00 PM - 2:45 PM

Start: Tue 9/12/23 **End:** Tue 10/3/23

Location: Palo Verde Room **Class Size:** 30

Course Description

The story of Samson resembles those of folk heroes of neighboring societies' more than it does other biblical figures lives. We will look at ancient sources, archaeology, and modern scholarly perspectives on both. If time permits, we'll consider post-biblical treatments of Samson and Delilah.

Instructor: Abby Limmer

Abby Limmer has a PhD in Middle Eastern Archaeology, and is the Assistant Director for Outreach at the Center for Middle Eastern Studies. She has taught everyone from first graders through university students to senior citizens.

180 Days Around the World on a Cruise Ship

Subject Area: Travel/Entertainment

Tuesdays: Single session 1:00 PM - 2:45 PM

Start: Tue 9/12/23 **End:** Tue 9/12/23

Location: Ocotillo Room **Class Size:** 70

Course Description

What comes to mind when you hear about a six-month cruise around the world? Who takes a trip like this one and why? How do you prepare to leave home? What do you pack? What is life like on board and off? How has the pandemic changed cruising (observations from the same ship with a similar itinerary three years later)? What happens if you get sick or must leave the ship due to an emergency? How are they handling COVID? Would you do it more than once?

In 2020, we boarded a ship for a 180-day cruise around the world. On March 13, 2020, everyone was notified that we had to disembark in two days in Rio de Janeiro after only 67 days on board. In 2023, we

decided to try again. Comparing a similar itinerary on the same ship, how has COVID changed cruising? Find out about lessons learned - dos and don'ts. After addressing these questions, the remainder of class will be devoted to viewing photos from some of the more interesting ports of call.

Instructor: Carol Hubbard

Carol loves travel and the experiences of foreign lands and people. She especially loves sharing her adventures with others and encouraging them to try something new.

[Documentaries to Make You Think](#)

Subject Area: Social Sciences

Tuesdays: 12 Sessions 3:00 PM - 4:45 PM

Start: Tue 9/12/23 **End:** Tue 12/5/23 - **No Class Week of Thanksgiving**

***Hybrid Class: In-person and Online**

Location: Ocotillo Room **Class Size:** 70

Course Description

The documentaries shown in this class are diverse, thought-provoking, educational, and informational. I attempt to get documentaries with English subtitles. Please sign into class by 2:45 pm. Our classes run on Tuesdays from 3:00 pm until at least 5:00 pm. Some of the documentaries will last 2 hours plus time for some discussion. Generally, the classes will run longer to allow for discussion, but please feel free to sign off whenever necessary.

NOTE: Please do not expect a 4G, surround sound experience, rather it may have more of a "drive-in theater" feel to it. It is also helpful to shut down all programs besides Zoom on your computer, iPad or iPhone to help minimize any lag. Exact Documentary Listing TBD.

This class will be offered as a hybrid, both in-person and online. This is the in-person option.

Instructor: Mallory Riegger

As a UA graduate with a BS in Accounting, Mallory has worked in Accounting, Marketing and Management roles since 1985. She has been actively volunteering since 1997 in accounting, IT, training, and leadership roles including Scouting and OLLI-UA. She has been an SGL since 2018, on the AV Committee since 2018, Zoom Support & Tech Training (2020/21), tech host (ongoing), OLLI-UA recordings editor and manage the DVD library. She was the OLLI-UA Board Treasurer 2019 - 2023 and is currently the OLLI-UA Board VP.

[Canceled: International Development in North Africa](#)

~~**Subject Area:** Civic~~

~~Engagement/Community/Government~~

~~**Tuesdays:** 4 Sessions 3:00 PM - 4:45 PM~~

~~**Start:** Tue 9/12/23 **End:** Tue 10/3/23~~

~~**Location:** Saguaro Room **Class Size:** 45~~

[Sarver heart Center: Updates in Heart Health 2023](#)

Subject Area: Health/Wellness

Tuesdays: 6 Sessions 9:00 AM - 10:45 AM

Start: Tue 9/26/23 **End:** Thu 11/2/23 - **No Class 10/3, Additional session Thurs 11/2 at 11am**

Location: Saguaro Room **Class Size:** 50

Course Description

Cardiology fellows from the Sarver Heart Institute at the University of Arizona will present a variety of topics regarding heart and cardiovascular health

and wellness. Current treatment and therapy for heart failure and other physiological problems will be discussed. Prevention for heart and cardiovascular disease will also be brought up in class. Newer therapies such as the use of stem cells may also be included.

9/26: Dr. Sanjay Polisetty—discussing heart failure

10/3: No Class

10/10: Dr. Scotty Kirkpatrick—discussing how to prevent CVD and the side effects of doing so

10/17: Dr. Jared Churko—discussing stem cells and their applications in cardiology

10/24: Dr. Josh Beverly—discussing physiology, heart problems, and prevention

Additional Session:

Thurs 11/2 at 11am: Juvel-Lou Velasco, AGACNP—topic TBD

Group Leader: Cara Deery

Instructors will vary based on presentation and date.

[Kitchen Confidential: Romance and Reality](#)

Subject Area: Travel/Entertainment

Tuesdays: Single session 11:00 AM - 12:45 PM

Start: Tue 9/19/23 **End:** Tue 9/19/23

Location: Ocotillo Room **Class Size:** 70

Course Description

Kitchen Confidential by Anthony Bourdain is an exposé on adventures in the culinary underbelly. The class will use the book as a foundation to discuss the romance and realities of working in the wild, wacky world of restaurants. Learn how to enhance your restaurant experience.

Instructor: Kerri Hector

Kerri has 40 years of foodservice experience as a Pastry Chef, Foodservice Distributor Sales Rep, and Account Executive for a national food manufacturer.

[Tipping Fatigue Is Real: How To Tip in Today's World](#)

Subject Area: Arizona History/Culture

Tuesdays: Single session 1:00 PM - 2:45 PM

Start: Tue 9/19/23 **End:** Tue 9/19/23

Location: Ocotillo Room **Class Size:** 65

Course Description

In many places in the world, tipping is a foreign concept. In the US, it is not only commonplace, but also popping up everywhere from your small grocer's check-out counter to your dry cleaners. While there are no real rules, only opinions on the matter, we will have a class discussion about your experiences, both here and abroad, and see if we can come to a consensus. I will also explain how restaurants in Arizona are legally supposed to work when distributing tips. You will see that it's never as straight-forward as you imagined.

Instructor: Rob Getlan

Rob, in a former life was a pastry chef in NYC for 5 years and continues to enjoy cooking for at home. He has a keen interest in local restaurants and the restaurant industry.

[San Xavier del Bac: National Treasure](#)

Subject Area: Arts/Culture, Arizona History/Culture, History/Current Events

Tuesdays: 4 Sessions 11:00 AM - 12:45 PM

Start: Tue 9/26/23 **End:** Tue 10/17/23

Location: Ocotillo Room **Class Size:** 50

Course Description

We will cover the history of the area, the story of Father Kino, how the building was constructed, and the preservation and conservation story. This story has always been one of collaboration between the indigenous people and the Catholic church, and now the Patronato San Xavier working with them to preserve and restore the building. Did you know that San Xavier was on the World Monuments Fund Watch list? Find out where the devil's head is in the paintings. Class will have lectures, videos, and guest speakers. Enjoy hearing some fun "behind the scenes" stories.

Instructor: Squirrel Lovelady

Squirrel has enjoyed many classes through OLLI since moving to Tucson in 2017. She enjoys volunteering and has a wide range of interests, including the history of this area. She has been a docent at San Xavier del Bac since 2018.

The First Princess of Wales – A Rebel Before Her Time

Subject Area: History/Current Events

Tuesdays: Single session 11:00 AM - 12:45 PM

Start: Tue 9/26/23 **End:** Tue 9/26/23

Location: Palo Verde Room **Class Size:** 20

Course Description

This study group will focus on the first English Princess of Wales, Joan of Kent. Unquestionably, Princess Diana is the most famous of the Princesses of Wales, yet in Joan's time, she was just as infamous, albeit notorious. She experienced more twists, turns, and intrigue in her life generating more spurious gossip about her than that of Prince Harry and Meghan Markle. During this course, we

will discuss and dispel the many misconceptions surrounding the woman acclaimed by the medieval French historian, Froissart, as the most beautiful woman in all England. We will explore Joan's early years, first shunned for her father's execution for treason, then a cherished cousin raised in King Edward III's household. We will delve into Joan's journey from a position of high royal favor, through the scandal of her bigamy, to her triumphant and controversial marriage some thirty years later to Edward, the Black Prince, heir to King Edward III to become the mother of King Richard II.

Suggested readings: Joan of Kent, The First Princess of Wales by Penny Lawne, The Fair Maid of Kent by Anthony Goodman, The Clandestine Marriages of Joan of Kent, KP Wentersdorf (available online at Taylor & Francis).

Instructor: R J Brenner

R J Brenner is an independent researcher of Plantagenet history and a graduate of Miami University with a BA in Communication. Her article, "Joan of Kent, the First Princess of Wales", appeared in the Ricardian Bulletin, distributed internationally by the Richard III Society. She is also a member of the Historical Novel Society.

The Civil War in U.S. History

Subject Area: History/Current Events

Tuesdays: 11 Sessions 1:00 PM - 2:45 PM

Start: Tue 9/26/23 **End:** Tue 12/12/23 - **No Class Week of Thanksgiving**

***Hybrid Class: In-person and Online**

Location: Ocotillo Room **Class Size:** 70

Course Description

The course will consider the place of the Civil War in the growth and development of the United States from its colonial roots, through independence and

OLLI-UA Fall 2023 - Central Tucson Campus

constitution in the 18th century, through the U.S. we know today in the 21st century. We will cover:

- The role Black slavery played in the U.S. until 1860, the compromises made to avoid conflicts between states and regions, and the economic development of the north, the South, and the West, and how these factors influenced the outcome of the war. (Three sessions)

- Impact of the conflict on the non-combatant populations of both sides including political events and social and economic impacts of the conflict. (One session)

- The military and political turning points in the conflict. (Two sessions)

- The history of post-conflict efforts to restore and maintain unity: Reconstruction of the South, race relations, civil rights, and racial equality. (Three sessions)

- The memories and legacies of the War, and their influence on the history of the U.S. since the end of the war. (One session)

This class will be offered as a hybrid, both in-person and online. This is the in-person option.

Instructors: Paul Waugman, Mallory Reigger

Paul Waugman has been an OLLI member since 2013. He retired from a career in research management in the Federal Government, academia, and consulting. History has been an interest throughout his life. He has concentrated on the Civil War and the evolution of the United States in the 19th Century. He has taught U.S. History part-time at the college level, and as a consultant, senior manager, and study leader, has planned and presented educational experiences in professional development for adults. He has teamed up with Mallory both as an SGL and Tech Host in prior semesters.

Mallory combines the role of co-leader and Tech host. She can fill in leading discussions and working with guest lecturers as necessary. Mallory has been

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a very active volunteer at OLLI, taking both leadership roles and developing the hybrid model of course presentation. All this in addition to serving as a well-liked SGL

Why Bridges Fail

Subject Area: Science/Math/Technology

Tuesdays: 10 Sessions 1:00 PM - 2:45 PM

Start: Tue 9/26/23 **End:** Tue 12/5/23 - **No Class**

Week of Thanksgiving

Location: Saguaro Room **Class Size:** 45

Course Description

This course will cover a history and analysis of bridge failures based mainly on the Great Courses video Epic Engineering Failures presented by Dr. Steven Ressler.

Instructor: Michael Devine

Michael's educational and professional background is scientific: meteorology (BA) and oceanography (PhD). Most of his professional career was spent with NOAA as a research scientist.

News and Views

Subject Area: History/Current Events

Tuesdays: 9 Sessions 11:00 AM - 12:45 PM

Start: Tue 10/3/23 **End:** Tue 12/5/23 - **No Class**

Week of Thanksgiving

Location: Palo Verde Room **Class Size:** 30

Course Description

News and Views is an interactive class discussion concerning topics you would like to discuss. This is chance to share your topics, learn and have fun.

Instructor: Terry Coleman

Terry has been a resident of Tucson for 35 years and an OLLI member. He is retired from the local school

system having been a school counselor. He has served overseas as a Peace Corps volunteer in India and later as a Foreign Service officer in South Vietnam.

[How To Get the Death You Want](#)

Subject Area: Health/Wellness, DIY/Self-Help

Tuesdays: 5 Sessions 3:00 PM - 4:45 PM

Start: Tue 10/3/23 **End:** Tue 10/31/23

Location: Palo Verde Room **Class Size:** 30

Course Description

This series will help you prepare for death, whether that be yours, or a loved one.

There are Five Primary topics:

- Advanced Directives - Your decisions about the types of care and life-sustaining measures you may or may not want.
- Medical Advocacy - How to ensure that your wishes are honored.
- Communication with Family and Loved Ones - How to have the necessary conversations.
- Deliberate Life Completion - Discussions of what, where, and how
- Medical Aid in Dying as well as other methods to reduce suffering where MAID is not a viable alternative.
- Neurodegenerative diseases and their impact on the Life Completion process.

In addition, we'll discuss other "to-do's" for your list in preparation for death.

Note: This is not a program about suicide. Choice and Dignity Inc. offers educational programs designed to provide information about end-of-life issues, including but not limited to deliberate life completion and death with dignity, and Choice and

Dignity Inc. does not endorse, encourage, or promote suicide. The goal of Choice and Dignity Inc. and its organizers is only to provide information to participants through the protections of the First Amendment.

Instructors: Jim Schultz, JFleur Lohman, Maggie Molloy

Jim graduated from the University of Denver (BS, BA & MBA.) Developing his Human Capital Management skills over a 30-year career with Walgreens, his responsibilities as Divisional Vice President - Performance Development covered training, management & executive development, productivity improvement, human factors engineering, H.R. planning, and media production. He serves on the Board of Choice and Dignity, a non-profit focused on helping people achieve their death-related goals.

It was always JFleur's interest to be helpful to others, but it took her several vocations to finally figure out that she wanted to be a counselor. Moving to Tucson in 1984, she obtained her Ph.D. in counseling. When she was about 35, she started to think about death and dying. She soon learned about The Hemlock Society and has been an avid Right to Die supporter ever since. She has worked with Choice and Dignity since its creation in 2021 and has served on the board ever since.

Maggie serves as the Board Secretary for Choice and Dignity. Currently a Master Gardener, Maggie Molloy spent her professional career with Child-Parent Centers, Inc. Since retirement Maggie has volunteered with Choice & Dignity, Inc. She has come to appreciate how much engaging with the many facets of preparing for a peaceful death contributes to the quality of her daily life.

Learn to Meditate the Chopra Way

Subject Area: Health/Wellness, Arts/Culture,
History/Current Events, DIY/Self-Help,
Philosophy/Spirituality/Religion,
Travel/Entertainment, Social Sciences

Tuesdays: 5 Sessions 1:00 PM - 2:45 PM **Start:**
Tue 10/17/23 **End:** Tue 11/14/23

Location: Palo Verde Room **Class Size:** 20

Course Description

In the past 20 to 30 years the practical value of meditation practice in our modern stress-filled and time-starved western lives has been recognized, practiced, and validated by western science. Congratulations on your interest in an OLLI course that will offer you a depth and breadth of understanding and experience in a method of meditation instruction conceived by Dr. Deepak Chopra 20 years ago. This study group is designed to introduce you to a 5-week PSM (Primordial Sound Meditation) program that can produce enduring evidence-based positive results in your health, well-being, and spiritual transcendence. A proper and regular practice is a vehicle in which our awareness is easily redirected to the stillness of presence and away from our common waking state centered in the past or future. For more information, googling Dr. Chopra, PSM, or the science of meditation is suggested. Please note: this course design is not an "exploration" but an informed choice that manifests responsible and joyful attendance for its duration. In that regard, a more complete course brochure will be provided just before the course commences emailed to all

enrollees. It is my pleasure and honor to serve you. Namaste.

Instructor: Gordon McCall

Gordon holds a BA, MA, and has spent thirty years as a professional educator in Health Science, Psychology, and Counseling. He has 53 years of daily meditation practice in a Mantra-based program, and recent community PSM meditation teaching.

Writing for Self-Discovery

Subject Area: Literature/Writing/Language

Tuesdays: 6 Sessions 9:00 AM - 10:45 AM
Start: Tue 10/24/23 **End:** Tue 12/5/23 - **No Class Week of Thanksgiving**

Location: Palo Verde Room **Class Size:** 10

Course Description

What do you know about your life? One way to find out is to write short essays on things such as (1) an event from your childhood, (2) a dramatic life-event (3) something you are dealing with now or have dealt with recently, (4) an important decision that changed your life. The class will consist of some discussion and writing exercises but most of the time will be devoted to providing feedback to each person about how their essay is written. Most people who take this class gain insights into their own lives and a deep appreciation for the other people in the class. Register only if you are committed to attending every session of the class, writing weekly essays, and are open to receiving constructive feedback about your writing. You will also need to be able to email your essays to the other students in the class.

Instructor: Bruce Goldstein

Bruce has taught OLLI courses Your Amazing Mind, Cognition and Aging, The Social and Emotional Mind, The Mystery and Science of Shadows, The Art

of Shadows, and Writing for Self-Discovery. While teaching in the psychology department at the University of Pittsburgh he received the Chancellor's Undergraduate Teaching Award for his teaching and textbook writing. He is the author of two college textbooks: "Sensation and Perception" and "Cognitive Psychology" and two books for general readers, "The Mind: Consciousness, Prediction and the Brain" (MIT Press) and "Shadows: Culture, Science, and Art" (Univ of Cambridge Press).

History of American Musical Theater

Subject Area: Arts/Culture

Tuesdays: 6 Sessions 11:00 AM - 12:45 PM
Start: Tue 10/24/23 **End:** Tue 12/5/23 - **No Class Week of Thanksgiving**

Location: Saguaro Room **Class Size:** 55

Course Description

Musical theater is a form of theatrical performance that combines songs, spoken dialogue, acting and dance with humor, pathos, love, and anger, all communicated through words, music, and movement. American musical theater emerged in the 1870's and continued into the early 1900's with productions by Gilbert and Sullivan, Harrigan and Hart, George M. Cohan, Jerome Kern, Florenz Ziegfeld and many more. These musicals were followed by such groundbreaking works as Show Boat, Oklahoma, My Fair Lady, Hair, A Chorus Line, Les Misérables, Rent, The Producers, Wicked, and Hamilton. Class sessions will include theater history, relevant background information and an impressive array of video musical clips.

Instructors: Arnie Bianco, Susan Williams

Arnie is a long time retired educator as a teacher, school principal and adjunct instructor at Chapman University, NAU, Brown Mackie College, and

Brookline College. Arnie is an active OLLI member. He has been a teacher for a number of years and has done relationship workshops in more than 10 states. He is a published author who has always loved to teach. His wife is presently a teacher.

Susan's OLLI volunteer contributions include student, tech host, tech host trainer, co-host, and member of the OLLI board.

Social Relationships: Why We Need Them, How They Work

Subject Area: Health/Wellness, Social Sciences

Tuesdays: 6 Sessions 11:00 AM - 12:45 PM
Start: Tue 10/24/23 **End:** Tue 12/5/23 - **No Class Week of Thanksgiving**

Location: Ocotillo Room **Class Size:** 65

Course Description

Social relationships are crucial for our happiness and well-being. This class will discuss topics such as (1) Why are social relationships important? (2) How do we make judgments about other people's behavior and what they are thinking? (3) What influences the way we relate to other people? (4) How do social relationships or the lack of them affect our physical and mental health? (5) How are invisible processes in our brain involved in social relationships, in creating our emotions, and helping us understand the emotions of others? Time permitting, we may also discuss topics such as empathy, social touch, how humans relate to animals and robots, and relationship therapy. The course will consist of lectures and in-class exercises to help you get in touch with your own social experiences. The goal is to make connections between what psychological research has taught us about social relationships and emotions and what we experience in everyday life.

Instructors: Bruce Goldstein, Joe Breck

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Bruce has taught OLLI courses Your Amazing Mind, Cognition and Aging, The Social and Emotional Mind, The Mystery and Science of Shadows, The Art of Shadows, and Writing for Self-Discovery. While teaching in the psychology department at the University of Pittsburgh he received the Chancellor's Undergraduate Teaching Award for his teaching and textbook writing. He is the author of two college textbooks: "Sensation and Perception" and "Cognitive Psychology" and two books for general readers, "The Mind: Consciousness, Prediction and the Brain" (MIT Press) and "Shadows: Culture, Science, and Art" (Univ of Cambridge Press).

Joe Breck is currently retired from a career in the helping professions. After graduating from Yale in 1967, he spent fifteen years in various capacities in a treatment program for court-placed teens. He then practiced Rolting, a kind of therapeutic hands-on body work. He returned to school and received an M.A. in Counseling Psychology from Pacifica Graduate School. He has worked in clinical settings as well as providing short term counseling to military personnel in bases in Europe and Asia. He and his wife love to travel and lived in Germany for three years.

Why Is Everyone So Angry at the Supreme Court?

Subject Area: Civic

Engagement/Community/Government

Tuesdays: Single session 9:00 AM - 10:45 AM

Start: Tue 10/31/23 **End:** Tue 10/31/23

Location: Saguaro Room **Class Size:** 50

Course Description

The Supreme Court's approval rating is at a record low. In the past two years the Court has ignored precedent despite promises to follow it and has

rewritten history while claiming fidelity to originalism. The Court is actively expanding its own role at the expense of the legislative and executive branches. The Court no longer sees its role as making sure that the democratic process is working fairly for all citizens. The Court is systematically dismantling the regulatory state, ignoring the checks and balances that keep democracy strong. More often than not the Court is doing this in a way which enshrines its own religious and political beliefs. And despite the exposure about unethical behavior by some of the Justices, the Court has refused to adopt a code of ethics, or even to discuss the issue.

Instructor: Judy Brown

Judy Brown is Professor Emerita at Northeastern Law School in Boston, where she was a faculty member for 30 years. She taught and wrote about the United States Constitution and the Supreme Court. Northeastern recently honored her by naming her office after her. Since Judy retired she has taught numerous classes in her field at OLLI Chapters at Dartmouth and the University of Arizona.

Critical Race Theory: What's the Fuss All About?

Subject Area: History/Current Events, Social Sciences,

Civic Engagement/Community/Government

Tuesdays: Single session 9:00 AM - 10:45 AM

Start: Tue 11/7/23 **End:** Tue 11/7/23

Location: Saguaro Room **Class Size:** 55

Course Description

While most people have heard of the banning of Critical Race Theory throughout the country, few understand what it is and why the current controversy exists. Dr. Cabrera will provide answers

to both of these issues through a historical perspective on banning, such as the current ones, as well as the social networks that created these controversies in the first place. He will work with study group participants to generate a more accurate view of what is actually occurring as well as how to navigate the massive amounts of misinformation that accompanies the controversy.

Instructor: Nolan Cabrera

Dr. Cabrera is a national expert on issue of race and education. He is the author of the award winning book "White Guys on Campus," and he was an expert witness in federal case (Gonzalez v. Douglas) that overturned the banning of Mexican American Studies in Tucson Unified. He was also the only academic in the MTV documentary "White People".

[Sailing on a Clipper Ship in Greece and Turkey](#)

Subject Area: Travel/Entertainment

Tuesdays: 2 Sessions 3:00 PM - 4:45 PM

Start: Tue 11/7/23 **End:** Tue 11/14/23 - **No Class Nov 10**

Location: Palo Verde Room **Class Size:** 30

Course Description

150 years ago, sailing the seven seas was legendary. The romance and adventure of sailing today on a Clipper Ship is a way to fulfill your wanderlust and enjoy small ports, archaeological sites, churches, caves, and windmills.

I will share photos of Istanbul, Athens, Dikili, Myrina Limnos, Skiathos (film Mamma Mia), Skopelos (the beauty of this island competes with Santorini and Mykonos), Poros and Piraeus (Athens), sailing the Northern Sporades Islands.

My next sailing trip is March 2024 to Costa Rica and Panama.

Instructor: Diane-Marie Landsinger

Diane-Marie Landsinger has traveled to over 25 countries and has worked on international joint venture projects and helped families relocate around the world.

[Latin Jazz – What Is It?](#)

Subject Area: Arts/Culture

Tuesdays: Single session 9:00 AM - 10:45 AM

Start: Tue 11/28/23 **End:** Tue 11/28/23

Location: Saguaro Room **Class Size:** 30

Course Description

Join me as we travel back to the origins of this lively subgenre of Jazz. We will learn about its pioneers, most influential performers, and those who continue to entertain us (contemporary Latin Jazz Grammy Award winners).

Instructor: Jorge Tapia

Jorge Tapia is a retired TUSD teacher, retired Master Sergeant-US Army, and spent 16 years as an adjunct faculty member of the NAU-Tucson campus. His interests are hiking, listening to all genres of music and traveling. He has been a member of OLLI since 2013.

[Saving and Investing Wisely During Retirement](#)

Subject Area: DIY/Self-Help

Tuesdays: Single session 9:00 AM - 10:45 AM

Start: Tue 12/5/23 **End:** Tue 12/5/23

Location: Saguaro Room **Class Size:** 55

Course Description

This single session course will cover topics such as: Overview of the U.S. Securities and Exchange

Commission, strategies for smart investing, tips to avoid fraud, planning for diminished capacity, SEC resources, and Q & A.

Instructor: Carol Lally

Carol Williams Lally is the Supervisory Attorney of the Complaints and Inquiries Branch of the Los Angeles Regional Office of the Securities and Exchange Commission. She serves as the office's lead liaison to the enforcement and examination programs at other agencies, helps the office set its enforcement and examination priorities by managing the evaluation of all tips, complaints, and referrals, and oversees the office's investor outreach programs. Carol is a graduate of the Colorado College and Duke University School of Law.

Capitalism, Government, Money, and the Future of the World

Subject Area: History/Current Events, Social Sciences, Civic Engagement/Community/Government

Tuesdays and Wednesdays: 8 Sessions 3:00 PM - 5:00 PM **Start:** Tue 10/17/23 **End:** Wed 11/8/23 - **Class meets 2 times per week**

Location: Saguaro Room **Class Size:** 55

Course Description

Those of us who have strong political views tend to have clear attitudes about what things government should do in our economy, in society, and otherwise - and what it should stay out of. But how well-grounded, and how well-informed, are your attitudes towards capitalism and its interrelationships with government, especially when measured against a deep reckoning with economic history, and the realities of the global economy? What exactly are the necessary and optimal roles for government in a market-capitalist democracy like

the United States? And what are inappropriate roles for government? Which government functions will help us maintain the healthiest society? Which roles will help us compete most effectively in the world, and make the United States as economically and strategically strong as we can be? And how might the necessary and optimal functions of government need to change over time?

In this course, we will take a close look at how capitalism has evolved over its history; how our essential economic infrastructure has emerged and evolved; and how, at various times, government has affected the economy, either for good or bad, and either effectively or ineffectively. Our goal will be ambitious: to dramatically strengthen our grasp of how market-capitalist economies work, and of what roles government must play, and what roles it should or should not play.

Instructor: Mark Yourek

Mark Yourek is a business professional who has spent his career working with dozens of the largest corporations in the world, both in the US and abroad, in the fields of consulting, strategy, and project management. His primary research interests include economics, government, and history. He holds a BA degree in International Relations from USC, and an MBA from UCLA.

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Wednesdays

Exploring Southeast Asia

Subject Area: Civic

Engagement/Community/Government,

Philosophy/Spirituality/Religion,

Travel/Entertainment, Social Sciences, History/Current

Events

Wednesdays: 10 Sessions 9:00 AM - 10:45 AM

Start: Wed 9/13/23 **End:** Wed 11/15/23

Location: Ocotillo Room **Class Size:** 65

Course Description

As world geopolitics pivot to the Indo-Pacific, Southeast Asia and its regional organization the Association of Southeast Asia Nations - ASEAN - is receiving more and more attention. ASEAN is a group of ten nations with a population approaching 700 million. One of the world's last major relatively undeveloped rivers - the Mekong - runs through its mainland nations. Three of its members are in conflict with PR China about boundaries in the South China Sea. Its largest member, Indonesia, is the world's most populous Muslim country and its third largest democracy. ASEAN countries currently have some of the world's highest economic growth rates. Singapore is now regarded as an island nation of millionaires where many international corporations have their headquarters and rich Chinese from the PRC locate to avoid PR China control. Maritime ASEAN nations have many islands and cities which are threatened by sea level rise. ASEAN is a culturally dynamic and diverse area worthy of your attention.

Instructor: David Shawver

Dr. David Shawver has lived and worked in Southeast Asia for almost a decade. During that time he served as Director of the International School of Yangon and on the Board of the East Asian Regional Council of Schools. Dr. Shawver has also lived and worked in South Asia and China for a second decade. These are the two civilizations that contributed culturally and historically to IndoChina (Southeast Asia).

How Sneakers Can Teach You Art History

Subject Area: Social Sciences, Arts/Culture

Wednesdays: 6 Sessions 9:00 AM - 10:45 AM

Start: Wed 9/13/23 **End:** Wed 10/18/23

Location: Saguaro Room **Class Size:** 50

Course Description

DA VINCI: (muttering under his breath about basketball players in, of all places, THE Renaissance): "Aren't your Air Jordans just shoes?"
MICHAEL JORDAN (feeling the hostility, looks up): "Isn't The Last Supper just a painted wall in the dorm cafeteria?"

And so it begins. The Art of art versus the Art of the sneaker. High culture versus popular culture. Who wins this argument? To find out, stop by, listen, and figure out your own position. If you do, you will see, and discuss, Nike, Adidas, Reebok, and even Balenciaga and Louis Vuitton sneakers, along with Renaissance, Mannerist, Baroque, Rococo, paintings, sculpture, and architecture.

Instructor: Al Bergesen

Al Bergesen is an emeritus professor of sociology at the University of Arizona. His research and interests range from popular culture to global geopolitics.

Investing for Women

Subject Area: DIY/Self-Help

Wednesdays: 2 Sessions 9:00 AM - 10:45 AM

Start: Wed 9/13/23 **End:** Wed 9/20/23

Location: Palo Verde Room **Class Size:** 30

Course Description

Investing for Women is a two-session course providing women with essential knowledge and skills for investment success. Explore the history and psychology behind women's underinvestment, understand securities such as stocks and bonds, compare ETF's and mutual funds, learn about fees and financial resources, and gain the confidence to advocate for yourself. Take control of your financial future and join us today.

Instructors: Richard Munding, CFA, Ashlyn Tucker

Richard Munding, CFA, with four decades of experience, provides expert investment management to private clients at RMH. A Total Investment Return approach underpins RMH's investment philosophy. As a CFA charterholder, Richard has a network of CFA contacts across the US and globally. Richard's extensive expertise makes him a reliable financial advisor. His commitment to community service is demonstrated through his volunteering with the Community Foundation of Southern Arizona, where he served the Board, Investment, Finance, and Building committees.

Ashlyn Tucker, a Master of Finance graduate from the University of Arizona, is a level 1 CFA Candidate.

Film Discussion Class

Subject Area: Arts/Culture

Wednesdays: 12 Sessions 11:00 AM - 12:45 PM

Start: Wed 9/13/23 **End:** Wed 12/6/23 - No Class

Week of Thanksgiving

Location: Saguaro Room **Class Size:** 65

Course Description

We will meet weekly to discuss a film that has been watched by the class. The film selection will be assigned to or voted upon by class members. A class member will lead the discussion for the movie. This class has been ongoing for several years and generates lively and engrossing discussions as members dissect and compare films, frequently calling upon their own personal and professional experiences. Please consider volunteering to lead the discussion. A guide to how to lead the discussion will be given out prior to the first session. Movies will be from The Loft, local theaters as well as Netflix/Amazon.

Instructor: Rob Getlan

Rob Getlan has always been an avid film enthusiast. This class has been a great way to see and discuss the new releases from Netflix, Amazon, and The Loft.

Washington Square

Subject Area: Literature/Writing/Language

Wednesdays: 6 Sessions 11:00 AM - 12:45 PM

Start: Wed 9/13/23 **End:** Wed 10/18/23

Location: Palo Verde Room **Class Size:** 30

Course Description

Washington Square by Henry James is a short novel with a deceptively simple story line about a young

heiress in New York City who seems to be oppressively controlled by her father. The depth of the novel arises from the author's amazing expertise in depicting the subtle psychological pressures emanating from individuals, from societal groups, and even from the environment itself.

Any edition of Washington Square will suffice for this course as long as it has chapter numbers. Participants are expected to read 6 short chapters per week to prepare for class discussion.

Instructor: Suzanne Peters

Sue Peters is an experienced study group leader.

[Lifetimes of Listening: The Arizona Musical Memory Project](#)

Subject Area: Arts/Culture

Wednesdays: 4 Sessions 11:00 AM - 12:45 PM

Start: Wed 9/13/23 **End:** Wed 10/4/23

Location: Ocotillo Room **Class Size:** 30

Course Description

This four-week course will take the form of a highly interactive seminar that examines what I call "the human relationship to music". Its subject will be Musical Memories, and a fascinating project I've been co-leading for the last three years, Lifetimes of Listening. The project's website can be found here: <https://musicalmemories.music.arizona.edu/>

Participants will be asked to consider their own "musical memories", to compose one or more essays on them (to be shared with the class) and to interview friends, family, and fellow class members about their musical memories. Along the way, we'll work to develop our interviewing, recording, transcription and editing skills, to turn these interviews into material for possible inclusion on the Lifetimes of Listening website, or for use in a

podcast based on this project (if the class is interested, we can create a podcast episode based on what we've learned in this course).

Each week there will be one or two modest reading assignments (PDFs provided), which will be discussed in class, as well as brief lectures that set the stage for class discussions. Come prepared to learn more about why music is such a meaningful, powerful element in our lives!

Instructor: Dan Kruse

Dan Kruse holds a master's in Ethnomusicology from the UA Fred Fox School of Music (2012). His master's thesis, an award-winning documentary, "ZOOM!", was screened at several Arizona film festivals. In semi-retirement, his primary passion is the investigation of "the human relationship to music", including research, lectures and the creation of music-related documentary works. His 2014-15 UA Confluentcenter-funded research study, the Arizona Ear Worm Project, resulted in a science documentary on the project. He is also a (very) part-time local host on Tucson's NPR affiliate, KUAZ-FM. Dan very much looks forward to preparing and presenting his OLLI classes!

[Scary Smart](#)

Subject Area: History/Current Events

Wednesdays: 6 Sessions 1:00 PM - 2:45 PM

Start: Wed 9/13/23 **End:** Wed 10/18/23

Location: Palo Verde Room **Class Size:** 30

Course Description

This is a guided discussion focused on gaining a better understanding of artificial intelligence (AI) as explained by Mo Gawdat, former Chief Business Officer at X, (formerly Google X, the innovation arm of Google's self-driving cars, Google Brain, and most of Google's robotics innovation), in his remarkable

book, "Scary Smart: The Future of Artificial Intelligence and How You Can Save Our World."

The internationally bestselling author of "Solve for Happy", Gawdat is the Egyptian son of a civil engineer and English professor, who endowed him with the ability to make complex subjects easier to understand. A study guide prepared by the instructor will be distributed to all students on the roster. The study guide consists of excerpts from the book's 321 pages (paperback) arranged in sequential order, chapter by chapter.

Instructor: Jamie McMillin

Jamie's OLLI SGL experience

2017 - Capital In the Twenty-first Century, Thomas Piketty

2018 - A Course In Miracles, Helen Schucman and William Thetford

2018 - How To Run a Marathon, (McMillin)

2019 - Winners Take All, Anand Giriharadas

2019 - Winner-Take-All Politics, Jacob Hacker and Paul Pierson

2019 - The Meritocracy Trap, Daniel Markovits

2020 - Duane's Depressed, Larry McMurtry

2022 - Principles, Ray Dalio

2023(Summer) - Sapiens A Brief History of Mankind, Yuval Noah Harari

Psychology Lecture Series

Subject Area: Social Sciences

Wednesdays: 5 Sessions 1:00 PM - 2:45 PM

Start: Wed 9/13/23 **End:** Wed 10/11/23

Location: Ocotillo Room **Class Size:** 70

Course Description

Come learn about the exciting research happening in the University of Arizona Psychology Department! This lecture series will feature

graduate students, postdoctoral fellows, and faculty in the Psychology Department at the University of Arizona. Each presenter will provide a lecture in an area they have specific training or expertise. Below is the list of presenters for the five in-person sessions:

Lesley Alejandra Guarena Espinosa: Impact of Chronic, Psychosocial and Environmental Stress on Cognitive Aging

Jackie Leete: An Overview of Sleep

Li Zheng: TBD

Sarah Leighton: The Science Behind Service Dogs: Insights from Human-Animal Bond Research

Joanna Hwang: TBD

Instructor: Alana Muller

Alana Muller is a Ph.D. candidate in Psychology at the University of Arizona studying navigation, spatial memory, and aging in the Human Spatial Cognition Lab.

Writing the Good Times: Memoir and Poetry

Subject Area: Literature/Writing/Language

Wednesdays: 10 Sessions 3:00 PM - 4:45 PM

Start: Wed 9/13/23 **End:** Wed 11/15/23

Location: Palo Verde Room **Class Size:** 30

Course Description

Writing the Good Times is a class in memoir and poetry writing, with an emphasis on our personal experiences over the years. Humor is encouraged as well as good writing practices. Prompts are provided as well as examples of inspirational writings from famous and less famous writers. Everyone in class is encouraged to read their stories but certainly not required to read. Fun and a well-written story or poem is encouraged.

Instructor: Lollie Butler

Lollie Butler has taught creative writing to high school students and Arizona incarcerated women. She holds a master's degree from The University of Arizona and currently is a published writer of memoirs, poetry, and writes music lyrics for a nationally known composer. She has received many awards in writing including a fellowship from the Arizona Commission for the Arts.

Canceled: Non-Profit Associations of Southern Arizona

Subject Area: Civic

Engagement/Community/Government

~~**Wednesdays:** 5 Sessions 1:00 PM - 2:45 PM~~

~~**Start:** Wed 9/20/23 **End:** Wed 10/18/23~~

~~**Location:** Saguaro Room **Class Size:** 55~~

Investing for Retirement

Subject Area: DIY/Self-Help, Social Sciences

Wednesdays: 2 Sessions 9:00 AM - 10:45 AM

Start: Wed 9/27/23 **End:** Wed 10/4/23

Location: Palo Verde Room **Class Size:** 30

Course Description

Investing for Retirement is a comprehensive two-session course that equips individuals with the knowledge and tools to ensure their portfolio is setting them up for success in retirement. This course covers topics, such as investment policy statements, time horizons, risk tolerance, income investing, and alternative investments. Participants will learn how to build a robust portfolio that considers inflation and their lifespan. Explore

withdrawal rates and strategies to ensure a sustainable income stream. Join us to gain the confidence and expertise to navigate the complexities of retirement investing successfully.

Instructors: Richard Mundinger, CFA, Ashlyn Tucker

Richard Mundinger, CFA, with four decades of experience, provides expert investment management to private clients at RMH. A Total Investment Return approach underpins RMH's investment philosophy. As a CFA charterholder, Richard has a network of CFA contacts across the US and globally. Richard's extensive expertise makes him a reliable financial advisor. His commitment to community service is demonstrated through his volunteering with the Community Foundation of Southern Arizona, where he served the Board, Investment, Finance, and Building committees.

Ashlyn Tucker, a Master of Finance graduate from the University of Arizona, is a level 1 CFA Candidate.

Investing for Retirement: Advanced

Subject Area: Social Sciences, DIY/Self-Help

Wednesdays: 2 Sessions 9:00 AM - 10:45 AM

Start: Wed 10/11/23 **End:** Wed 10/18/23

Location: Palo Verde Room **Class Size:** 30

Course Description

Investing for Retirement (Advanced) is the perfect next step after completing Investing for Retirement, or for those who already consider themselves financially knowledgeable. This two-session course takes your retirement investment knowledge to the next level. Delve into more sophisticated financial topics like options, financial theory, and a comprehensive exploration of alternative investments. Discover how private clients can effectively incorporate alternative investments into

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their portfolios. Expand your understanding and refine your retirement investing strategies in this advanced course designed to maximize your financial potential in retirement.

Instructors: Richard Mundinger, CFA, Ashlyn Tucker

Richard Mundinger, CFA, with four decades of experience, provides expert investment management to private clients at RMH. A Total Investment Return approach underpins RMH's investment philosophy. As a CFA charterholder, Richard has a network of CFA contacts across the US and globally. Richard's extensive expertise makes him a reliable financial advisor. His commitment to community service is demonstrated through his volunteering with the Community Foundation of Southern Arizona, where he served the Board, Investment, Finance, and Building committees. Ashlyn Tucker, a Master of Finance graduate from the University of Arizona is a level 1 CFA Candidate.

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TMA Docents Art Talks XVII

Subject Area: Arts/Culture

Wednesdays: 6 Sessions 11:00 AM - 12:45 PM

Start: Wed 10/11/23 **End:** Wed 11/15/23

***Hybrid Class: In-person and Online**

Location: Ocotillo Room **Class Size:** 70

Course Description

Docents from the Tucson Museum of Art will once again present fresh and exciting Art Talks. These talks are well researched and beautifully presented about art, the artists, and the environment in which they worked.

This year we return using a hybrid format, both in-person and online. This is the in-person option.

Instructor: Dick Woodward

Dick Woodward is a 10+ year OLLI-UA member and a SGL who has led classes in literature, drama and the visual arts. He prides himself as an engineer who uses OLLI to round out his liberal arts education in his dotage. He looks forward to sharing his enthusiasm for lifelong learning.

A Sci-Fi Novel Becomes a Play: The Left Hand of Darkness

Subject Area: Literature/Writing/Language,

Arts/Culture

Wednesdays: 2 Sessions 3:00 PM - 4:45 PM

Start: Wed 10/11/23 **End:** Wed 10/18/23

Location: Ocotillo Room **Class Size:** 30

Course Description

We will read the classic novel, "The Left Hand of Darkness," by Ursula K. Le Guin.

A groundbreaking work of science fiction, it tells the story of a lone human emissary to Winter, an alien world whose inhabitants can change their gender. His goal is to facilitate Winter's inclusion in a growing intergalactic civilization. We will learn about the author and discuss several of the most important themes in the novel; gender fluidity, political power, good and evil, psychology, society and human emotion, etc. Hopefully, we will have a speaker from the Rogue Theater to discuss its upcoming production in early November. This class will enhance your experience at the Rogue, but even if you don't go to the play, you will learn about another way of life.

Instructors: Susan Rubin, Stella Miles and Trudy Hill

Susan Rubin is a social worker who still practices part-time. She has done training and led many groups. She has co-led several sci-fi and fantasy classes. Vying with her dad to see who got to read

the weekly Science Fiction magazine first began Susan's lifelong interest in science fiction.

Stella Miles has an administrative background and her career has been in academia. She has co-led several sci-fi and fantasy classes. A desire to know what the world will be like 100, 1,000, 10,000 years or more from now fuels Stella's love of science fiction.

Trudy Hill has an MS degree in Art Education from UW Madison and has taught art and reading to elementary, junior high, and adult students. She was a co-SGL for Science Fiction and Poetry Classes and SGL for Calligraphy Class. She is an SGL for Film and Poetry Discussion classes. Her background includes working for Visa International as an architect of computer chips on payment cards and Visa systems that support them. Since she was a young girl, she has loved reading everything, watching films and making art (still does)!

[Discover Arizona Days and Nights with The University of Arizona Press Authors](#)

Subject Area: Crafts/Cooking, Arizona

History/Culture, History/Current Events,

Science/Math/Technology,

Literature/Writing/Language

Wednesdays: 4 Sessions 1:00 PM - 2:45 PM

Start: Wed 10/18/23 **End:** Wed 11/8/23

***Hybrid Class: In-person and Online**

Location: Ocotillo Room **Class Size:** 70

Course Description

Four UA Press authors reveal the stories behind their 2023 books.

Four UA Press authors reveal the stories behind their 2023 books.

Oct 18 - Tim Hunter, *The Sky at Night* (February 2023). Tim Hunter covers all the basics—from the Moon, planets, and stars to the history and origins of constellations and selected famous astronomers and events. Emphasis is on naked eye viewing with an occasional reference to using a pair of binoculars or a small telescope, encouraging beginners to explore the skies.

Oct 25 - Tom Zoellner, *Rim to River* (February 2023). Tom Zoellner hiked the Arizona Trail through redrock country, down canyons, up mesas, and across desert plains. The trek is interspersed with incisive essays that pick apart the distinctive cultural landscape of Arizona: the wine-colored pinnacles and complex spirituality of Navajoland, desperate border crossings, extreme politics, billion-dollar copper ventures, old-time foodways, and more.

Nov 1 - Larry Bird, *In the Arms of Saguaros* (forthcoming October 2023). William "Larry" Bird shows how, from the botanical explorers of the nineteenth century to the tourism boosters in our own time, saguaros and their images have fulfilled attention-getting needs and expectations. The history of the saguaro's popular and highly imaginative range points to the current moment in which the saguaro touches us as a global icon in art, fashion, and entertainment.

Nov 8 - Juliet Stromberg, *Bringing Home the Wild* (forthcoming October 2023). Juliet Stromberg tells of her 20-year journey in ecologically guided gardening on a four-acre irrigated parcel in Phoenix, from the perspective of a retired botanist. Some plants are indigenous to the American Southwest, while others are part of the biocultural heritage of the cityscape. She makes the case for valuing inclusive biodiversity.

This class will be offered as a hybrid, both in-person and online. This is the in-person option.

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Instructors: Juliet Stromberg, William "Larry" Bird, Tom Zoellner, Tim Hunter

Juliet Stromberg professor emeritus at ASU and a plant ecologist who specializes in wetland and riparian ecosystems of the American Southwest. For the past thirty years, she has studied plant population and community dynamics.

William "Larry" Bird is a curator emeritus of the National Museum of American History, Smithsonian Institution. His interests lie at the intersection of politics, popular culture, and the history of visual display.

Tom Zoellner, fifth-generation Arizonan, is the author of eight nonfiction books, including *The Heartless Stone*, *Uranium*, *The National Road*, and *Island on Fire*, which won the 2020 National Book Critics Circle Award.

Tim Hunter has been the author of the Sky Spy column in the Arizona Daily Star for more than fifteen years. An amateur astronomer since 1950, he is a member of the Tucson Amateur Astronomy Association and co-founder of the International Dark-Sky Association.

Nuts and Bolts of the Criminal Justice System

Subject Area: History/Current Events

Wednesdays: 6 Sessions 9:00 AM - 10:45 AM

Start: Wed 10/25/23 **End:** Wed 12/6/23 - No

Class Week of Thanksgiving

Location: Saguaro Room **Class Size:** 30

Course Description

Americans are fascinated with TV shows and movies involving police, lawyers, trials, and everything related thereto. Unfortunately, most have at best a very superficial knowledge of how the criminal justice system works. This course is designed as a

"nuts and bolts" discussion of the criminal justice system from arrest to appeal and everything in between. Participants will learn things such as, what does a Grand Jury really do? Who are the Grand Jurors? How are they selected? Can legally seized evidence be used at trial? Who decides what charges can be brought against an individual? How is a sentence determined? The course will consist of six 1 1/2; hour sessions presented by a lawyer with 54+ years of trial experience in the areas of prosecution, criminal defense, personal injury and civil rights litigation, and will include, from time to time, video clips and war stories. When you are done with this course, you won't be a lawyer, but you will have a much better practical understanding as to what is happening in any given case.

Instructors: Stephen Weiss

Stephen Weiss is a recently retired trial attorney who has practiced in Tucson for 54+ years. His practice has been primarily in 3 areas: criminal defense, civil rights involving police misconduct, and personal injury.

Death With Dignity 101

Subject Area: History/Current Events

Wednesdays: Single session 9:00 AM - 10:45 AM

Start: Wed 10/25/23 **End:** Wed 10/25/23

Location: Palo Verde Room **Class Size:** 30

Course Description

This class briefly explores the rich history of the death with dignity movement in Arizona for the last 25 years. Bringing it to the present, it will cover current end-of-life options including medical aid in dying (MAID), which is not yet available in Arizona. MAID is legal in 10 states plus Washington DC. Numerous MAID bills have been proposed in the AZ legislature since 2003 and over 60% of the AZ voters favor passing MAID bill. We'll take a deep

dive into the details of the law including the "Oregon Model" passed in 1994 vs. the New Mexico law passed in 2021, the safeguards and qualifications, the views of the proponents, and the voice of the opposition.

This is a topic often misunderstood by voters and lawmakers alike. Great advances have been made in healthcare but the mortality rate is still 100%. Come enjoy some stimulating conversations about death and dying and our end-of-life options in a safe and respectful environment.

Instructor: Mary Ganapol

Mary Ganapol moved to Tucson in 1996 from San Francisco. She retired after her two Arizona careers: contract investigator for OPM (12 yrs) and franchise owner in Green Valley for a senior care business Seniors Helping Seniors (5 yrs). She became interested in death with dignity after her former spouse died as a quadriplegic due to cancer. She has researched the right-to-die movement extensively and finds it thought-provoking. She serves on the board of Arizona End of Life Options, the League of Women Voters of Greater Tucson, and Secular AZ.

Jack London

Subject Area: Literature/Writing/Language

Wednesdays: 6 Sessions 11:00 AM - 12:45 PM

Start: Wed 10/25/23 **End:** Wed 12/6/23 - **No**

Class Week of Thanksgiving

Location: Palo Verde Room **Class Size:** 30

Course Description

This course involves reading and discussing works by the American author Jack London, both fictional short stories and non-fictional descriptions of his experiences. In London's 20 years as a writer, he produced an exceptional number of thoughtful, highly interesting pieces of writing.

The text is The Portable Jack London, published by Penguin Books and edited by Earle Labor. Barnes and Noble says this book is out of print; the publisher says it is not out of print. There seem to be quite a few copies available at various online sellers of used books. Bookman's or the public library's Book Barn may have some, also. The ISBN is 9-780140-179699. The weekly assignments will be short enough so that possibly you could share a book with a classmate if need be.

Instructor: Suzanne Peters

Sue Peters is an experienced study group leader.

Sapiens

Subject Area: History/Current Events

Wednesdays: 6 Sessions 1:00 PM - 2:45 PM

Start: Wed 10/25/23 **End:** Wed 12/6/23 - **No**

Class Week of Thanksgiving

Location: Palo Verde Room **Class Size:** 30

Course Description

This is a guided discussion focused on understanding the New York Times best seller, "Sapiens: A Brief History of Humankind" written by Yuval Noah Harari, an Israeli public intellectual, historian and a professor in the Department of History at the Hebrew University of Jerusalem (Wikipedia). A study guide prepared by the instructor will be distributed to all students on the roster. Because there are slightly different versions of the book extant, (it was first published in Hebrew in Israel in 2011), the study guide is based on excerpts from the version of the book published by HarperCollins Publishers in 2015 available at Amazon (hardcover). The study guide will allow you to participate in class.

Instructor: Jamie McMillin

Jamie holds a BA in Political Science and Sociology (1965, Albion College), MS in Financial Services

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OLLI-UA Fall 2023 - Central Tucson Campus

(1983, American College at Bryn Mawr), AS in Microcomputer Management (1993, State College at Memphis). He spent 5 years active-duty Navy from 1965-1970, has 20 years' experience in life and health insurance sales and management, and has spent 20 years as a computer database developer.

Seven OLLI Peers Share Stories About Their U.S. Peace Corps Assignments

Subject Area: Civic

Engagement/Community/Government,

History/Current Events, Social Sciences

Wednesdays: 6 Sessions 1:00 PM - 2:45 PM

Start: Wed 10/25/23 **End:** Wed 12/6/23 - **No**

Class Week of Thanksgiving

Location: Saguaro Room **Class Size:** 50

Course Description

Join seven of your OLLI peers who will share their experiences as United States Peace Corps Volunteers (PCVs) for two years during the 60's and 70's in Asia, Africa, and Latin America. Two members applied and were accepted to serve again in the 2010's as Returned PCVs. Presentations will include an update on the countries today.

The mission of the Peace Corps: "A civilian organization, sponsored by the U.S. government, that sends volunteers to instruct citizens of underdeveloped countries in the execution of industrial, agricultural, educational, and health programs." Countries where our OLLI members served: Afghanistan, Iran, India, Mexico, Mali, Niger, Peru, Ecuador, Senegal, Malawi, Nigeria.

Presenters: Renate Schulz, David Shawver, Terry Coleman, Jane Pendley, Rod Norrish, Cathy Della

Penta, David Healey, and Peace Corps Staff including a recruiter.

Instructor: MaryHelen Kaser

Mary Helen Kaser grew up in Michigan, graduated from the University of Arizona, moved to Hawaii where she taught high school students 32 years on four islands: Pago Pago, American Samoa; Makawao, Maui; Honolulu, Oahu; and Great Britain, twice as a Fulbright Exchange Teacher in Worthing and Abingdon. Upon retirement she moved back to Tucson.

Canceled: Race Matters: Black Lives in the Supreme Court 1787-2023

~~**Subject Area:** Civic~~

~~Engagement/Community/Government, Social~~

~~Sciences, History/Current Events~~

~~**Wednesdays:** 3 Sessions 3:00 PM - 4:45 PM~~

~~**Start:** Wed 11/8/23 **End:** Wed 11/29/23 - **No**~~

~~**Class Week of Thanksgiving**~~

~~***Hybrid Class: In-person and Online**~~

~~**Location:** Ocotillo Room **Class Size:** 65~~

Ranked Choice Voting: The Proposed Constitutional Change on the Ballot

Subject Area: Civic

Engagement/Community/Government

Wednesdays: Single session 1:00 PM - 2:45 PM
Start: Wed 11/15/23 **End:** Wed 11/15/23

***Hybrid Class: In-person and Online**

Location: Ocotillo Room **Class Size:** 70

Course Description

We will discuss the topics of Ranked Choice Voting (RCV) and equalized signatures to get on the ballot for all candidates and open primaries. We will discuss how simple changes to the way we vote could make a significant difference in the way we are governed. Our votes could make the change for more choice and better governance.

This session will be offered as a hybrid, both in-person and online. This is the in-person option at the Central Tucson campus.

Instructors: Jon Ralston, M.E. Martinez, Betsy Boggia

Jon Ralston was born and raised in Southern California, and received a Bachelor's of Arts at the University of the Pacific. He moved to Tucson in 2000, worked for several years in education at the Arizona State School for the Deaf and Blind and eventually returned to school to become an Acupuncturist. He has served on and been President of several Homeowner's Associations.

M.E. Martinez is the Speakers Coordinator for Voter Choice Arizona.

Betsy has been a lifelong advocate for children, women, peace and equity, and is currently putting her skills to good use advocating for ranked choice voting in Arizona.

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A Matter of Balance

Subject Area: Health/Wellness

Wednesdays: Single session 1:00 PM - 2:45 PM
Start: Wed 11/29/23 **End:** Wed 11/29/23

Location: Ocotillo Room **Class Size:** 30

Course Description

Are you fearful of falling or do you need to prevent future falls? This class is for you! The A Matter of Balance program is an award-winning, evidence-based program designed to manage falls and increase activity levels among older adults. It acknowledges the risk of falling but emphasizes practical coping strategies to reduce the fear of falling. These include promoting a view of falls and fear of falling as controllable, setting realistic goals for increasing activity, changing the environment to reduce fall risk factors, and promoting exercise to increase strength, flexibility, and balance. This presentation is an introduction to the 8-session A Matter of Balance program. After this session, the participant will take away information that there are behaviors and modifications that can prevent falling.

Instructors: Tom Pylman, Ann Tai

Tom is a "semi-native" of Tucson, having lived here since he was six years old. Currently, Tom works for the Pima Council on Aging as the Lead Instructor and Master Trainer for the A Matter of Balance program. He has worked to help older adults stay safe from falls for over 12 years. Tom has trained dozens of MoB coaches and has coached hundreds of workshops.

Ann Tai is a volunteer on the Social Activities Committee and previously on the Membership and Outreach Committee 2020-2022. A transplant from Michigan, she has organized numerous Field Trips and OLLI Dines Out events since Fall 2022.

The History of the Big Island of Hawaii

Subject Area: Arts/Culture

Wednesdays: Single session 1:00 PM - 2:45 PM

Start: Wed 12/6/23 **End:** Wed 12/6/23

Location: Ocotillo Room **Class Size:** 50

Course Description

In this class we will explore the history of the Big Island of Hawaii. We will focus on its history, economy, geology, and its cultural events.

Instructor: Terry Coleman

Terry has been a resident of Tucson for 35 years and an OLLI member. He is retired from the local school system having been a school counselor. He has served overseas as a Peace Corps volunteer in India and later as a Foreign Service officer in South Vietnam.

Thursdays

Introduction to Smartphone Photography

Subject Area: Arts/Culture

Tuesdays: 7 Sessions 11:00 AM - 12:45 AM

Start: Thu 9/7/23 **End:** Thu 10/19/23

Location: Center for Creative Photography and Saguaro Room **Class Size:** 15

Course Description

Smartphones have changed the way we take photos. These powerful devices have turned everyone into a photographer, bringing high tech

cameras into the palm of our hands. But do you really know how to make the most of it?

This course will cover the essentials of digital photography and will teach how to capture meaningful memories. Students will also learn how to store, edit, select, and print their photographs using just their smartphones. Smartphones are required in this class.

This is a seven-week class. The first and last session will be held at the Center for Creative Photography (CCP) on the University of Arizona campus, located at 1030 N Olive Road, Tucson, AZ. Sessions 2-6 will be held at the OLLI-UA Central Tucson campus at 1st and Wetmore.

Instructor: Alex Moral

Alejandra Moral is a photographer, artist, and photography educator based in Southern Arizona. She currently serves as Photography Educator, Academic & Community Initiatives at the Center for Creative Photography at the University of Arizona. Her photographic work has been exhibited across the United States and internationally. Moral's photographs have been included in a variety of publications, such as Artist Talk, Artistonish, and Women United Art Magazine.

Alejandra Moral holds an MFA in Studio Art; an MA in Business Communication, Marketing & Advertising; and a BA/MA in Economics.

Reflections on Language and Linguistics

Subject Area: Literature/Writing/Language

Thursdays: 6 Sessions 11:00 AM - 12:45 PM

Start: Thu 9/14/23 **End:** Thu 10/19/23

Location: Ocotillo Room **Class Size:** 65

Course Description

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OLLI-UA Fall 2023 - Central Tucson Campus

This course looks at some of the many facets of human language explored by linguists, using lectures, discussions, and clips from The Great Courses and YouTube. We will define language and linguistics, look at the origins of language, its history, language families, and the place of English within that history. We will also reflect on language change and the role of writing in language (and cultural) development. Finally, we will explore language learning (particularly of second languages), and the efforts at language maintenance for languages in danger of dying.

Instructor: Renate Schulz

Renate Schulz, Professor Emerita University of Arizona, holds a Ph.D. in Applied Linguistics with a specialty area in foreign language education/educational linguistics. She has taught languages (German, French, English) in the U.S. and abroad and has trained language teachers on several continents. She is widely published in her field and was instrumental in developing the interdisciplinary PH.D. in Second Language Acquisition and Teaching at the University of Arizona. She has received the Bundesverdienstkreuz (highest civilian honor) from the Federal Republic of Germany and an honorary doctorate from the University of Leipzig in recognition of her work.

Hablando

Subject Area: Literature/Writing/Language

Thursdays: 12 Sessions 11:00 AM - 12:45 PM

Start: Thu 9/14/23 **End:** Thu 12/7/23

Location: Palo Verde Room **Class Size:** 30

Course Description

This is a class where the students and the SGL converse in Spanish. Only Spanish is used in class. We will choose the topics for our conversations as a group. Students will be encouraged to use a

dictionary in order to learn words they might need to discuss the topic. Topics are wide open and may include videos, photos, works of art, Spanish language songs and more. Students individually present a personal view of the topic and the other participants, and the SGL then question the presenter. This class will expand participants' vocabulary and encourage students to review grammar topics. Because human communication involves more than the spoken word, such as facial and hand gestures, it will only be given in person. Microphones are provided by OLLI and the sound is clearer than that produced by Zoom.

Instructor: Susan Sotelo

Susan Sotelo began her teaching career as a graduate student instructor (GAT) at the University of Arizona. After receiving a MA, she taught K-12 students. Then she returned to the University of Arizona and again taught in the basic language program. After receiving her PhD in Spanish Language Literature, she taught at Pima College. She also taught privately and tutored students. Then she took a job teaching for the Spanish Club in Sun City Vistoso in Oro Valley. This began her experience as a teacher of adult/senior students. She has taught Spanish at OLLI Central Tucson since 2015.

Two Latin American Novels

Subject Area: Literature/Writing/Language

Thursdays: 12 Sessions 1:00 PM - 2:45 PM

Start: Thu 9/14/23 **End:** Thu 12/7/23 - **No Class Week of Thanksgiving**

Location: Ocotillo Room **Class Size:** 50

Course Description

The class will consist of reading and discussing *The Vortex* by José Eustasio Rivera (ISBN 9780822371106) Duke University Press (2018), first

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published in 1928 about dramatic events in Colombia ca. 1900-1920. The Colombian riverine areas were primary sources for the collection of rubber - a needed commodity on world markets. Many people came to Colombia with the idea of exploiting the rubber in the area with cheap labor supplied from the indigenous inhabitants of the area. A fictional individual (Arturo Cava) from the capital of Bogota, ran away accompanied by his girlfriend (Alicia), found out about the exploitation of the inhabitants, and wrote a book publicizing it. It is considered a masterpiece of South American fiction written in modernismo style.

The second book consists of 3 short novels about a fictional country (Mexico perhaps) overrun by drug rings (narcotraficantes) and how the inhabitants of the imaginary country cope with the realities of the author's imaginary world. Three Novels by Yuri Herrera all of which are in one book (ISBN 9781913505240) Kingdom Cons, Signs Preceding the End of the World, The Transmigration of Bodies. One of the stories has been called one of the hundred best of this century by the Guardian newspaper.

Instructor: Charles Peters

Chuck is an experienced study group leader.

[Income Taxes: The Basics](#)

Subject Area: DIY/Self-Help

Thursdays: 6 Sessions 1:00 PM - 2:45 PM

Start: Thu 9/14/23 **End:** Thu 11/2/23 - **No Class Sept 28, No Class Oct 19**

Location: Saguaro Room **Class Size:** 50

Course Description

This course is for you if you want to prepare your own income taxes, want advice on choosing your tax pro or DIY software, be able to ask smart questions of your tax pro, or just understand

income taxes better. We will cover personal income tax forms and the filing process, including all kinds of taxable and non-taxable income, due dates, extensions, payments, audits, and amendments. Learn about the many different types of deductions, adjustments, and credits. We'll cover tax provisions specific to AZ residents and to seniors with investments and retirement income. I'll share the most common "missed opportunities" to save money on your taxes. (I once saved a client \$670,000!) Bring your questions, too, I'm happy to help during or outside class.

Instructor: Bill Couchman

Bill Couchman is now self-employed, preparing tax returns. Previously, he was a tax preparation professional with 20 years of experience, including as a Master Tax Advisor and instructor for other tax pros at H&R Block and its Block Advisors group (for more complex returns). Bill is an Enrolled Agent ("CPA for taxes"). Before his tax prep career, he graduated from Yale, earned an MBA, and worked for Ford Motor Company for 33 years. Bill has been part of OLLI since 2016 and led classes previously on Income Taxes and many other topics.

[Canceled: How \(Negative\) Self-Images Impact the Quality and Duration of Seniors' Lives](#)

Subject Area: Social Sciences, Health/Wellness

~~**Thursdays:** 6 Sessions 11:00 AM - 12:45 PM~~

~~**Start:** Thu 10/19/23 **End:** Thu 11/30/23 - **No Class Week of Thanksgiving**~~

~~**Location:** Saguaro Room **Class Size:** 45~~

Beginner's Mind

Subject Area: Philosophy/Spirituality/Religion

Thursdays: 6 Sessions 11:00 AM - 12:45 PM

Start: Thu 10/26/23 **End:** Thu 12/7/23 - **No Class Week of Thanksgiving**

Location: Ocotillo Room **Class Size:** 65

Course Description

The term "beginner's mind" has captured the national imagination. A Google search returns some thirty-three million hits. Why? Because who in this turbulent world doesn't feel the need for a fresh perspective? Who wouldn't like to be free of confining judgments that stymie possibility and discovery? Who wouldn't like to greet each day as an eager beginner? As an artist? As a child? The term was introduced by Shunryu Suzuki, the author of "Zen Mind, Beginner's Mind," a modern spiritual classic. This class will explore how his Buddhist teachings enable us to apply "beginner's mind" to the small events and big disasters of this American life. Through lectures, discussion, and audiovisual aids, this nonsectarian class will provide core teachings useful right now. The emphasis will be on finding and refining our personal questions—not necessarily answering them!

Instructor: Merrill Collett

Merrill Collett was a long-term resident at San Francisco Zen Center and its monastery, Tassajara Zen Mountain Center, both of which were founded by Shunryu Suzuki. He is the author of *At Home With Dying, A Zen Hospice Approach*. After thirty years in print journalism, he retired from The San Francisco Chronicle to live year-round in Tucson. He has degrees in history from Stanford and in international relations from Johns Hopkins.

Income Taxes: Beyond the Basics

Subject Area: DIY/Self-Help

Thursdays: 4 Sessions 1:00 PM - 2:45 PM

Start: Thu 11/9/23 **End:** Thu 12/7/23 - **No Class Week of Thanksgiving**

Location: Saguaro Room **Class Size:** 50

Course Description

This follow-on course to "Income Taxes: The Basics" will build on the previous course and cover more specialized topics related to personal income taxes, with a little attention as well to business returns. It's a good fit if you find taxes fascinating (like I do!), or if you already have experience preparing taxes and want to learn more. We'll discuss US tax policy and its history; how tax provisions become law; the IRS and how to use its website; tax preparer qualifications and ethics; death, estate, and gift taxes; the Alternative Minimum Tax; foreign income and taxes; late payment penalties and workarounds; more specialized AZ tax provisions; and much more. Bring your questions!

Instructor: Bill Couchman

Bill Couchman is now self-employed, preparing tax returns. Previously, he was a tax preparation professional with 20 years of experience, including as a Master Tax Advisor and instructor for other tax pros at H&R Block and its Block Advisors group (for more complex returns). Bill is an Enrolled Agent ("CPA for taxes"). Before his tax prep career, he graduated from Yale, earned an MBA, and worked for Ford Motor Company for 33 years. Bill has been part of OLLI since 2016 and led classes previously on Income Taxes and many other topics.

Fridays

Reconstruction After the Civil War

Subject Area: History/Current Events

Fridays: 6 Sessions 9:00 AM - 10:45 AM **Start:** Fri 9/15/23 **End:** Fri 10/20/23

Location: Ocotillo Room **Class Size:** 65

Course Description

"When the colors of the Confederacy were furled in surrender at Appomattox, the United States confronted a problem new to American statecraft. For the first time in its history the country was called upon to deal with a disaffected people who aspired to independence and failed." George H. Buck: *The Road to Reunion* (Little, Brown, 1937)

"... we must not be asked to say that the South was right in the rebellion, or to say the North was wrong. We must not be asked to put no difference between those who fought for the Union and those who fought against it, or between loyalty and treason..." (Frederick Douglass in an 1878 speech in New York City)

In this Study Group we'll look at what happened after the Civil War. The country was reunified, certainly, but at the cost of a century of Jim Crow and white supremacy.

Instructor: Bill Sohn

Bill Sohn is a retired pension actuary who is interested in economics, finance, literature, hiking, cycling, family and amiable conversation.

Rogue Theatre Introduction and Presentation

Subject Area: Arts/Culture, Travel/Entertainment

Fridays: Single session 11:00 AM - 12:45 PM

Start: Fri 9/15/23 **End:** Fri 9/15/23

Location: Ocotillo Room **Class Size:** 65

Course Description

The Rogue Theatre is an intimate 160-seat Small Professional Theatre in the heart of Tucson, housed in The Historic Y, adjacent to a large parking lot. The theatre is what is called a "black box," a design that promotes flexibility in staging and seating. Cynthia Meier and Joseph McGrath founded the Rogue 18 years ago. The Rogue emphasizes quality. The productions challenge, stretch, and invigorate the audience. They emphasize language and literature. The Rogue family includes highly talented ensemble performers who can make the audience laugh, cry, and think. There are five fully produced plays each season, always including one by Shakespeare. The Rogue also offers Play Readings that are rehearsed for about 12 hours and performed with scripts in hand. At this single session, Joe and Cindy will describe the Rogue and illustrate their acting skills with one or two brief scenes. They may bring another actor with them or their musical director to add to the performance.

Instructors: Eloise Gore, Allen Hile

Eloise Gore has been an OLLI member for over five years. Some of her favorite classes have been presentations by local performance organizations: True Concord, Tucson Symphony Orchestra, and the Rogue Theatre. Eloise has missed these entertaining and intimate introductions to local performers. Now Eloise would like to resume these kinds of classes beginning with the Rogue Theatre.

Allen has also been a member of OLLI for over five years and attended dozens of classes.

[The Relationship Between Taoist Philosophy and Chinese Internal, Energetic and Mindful Arts](#)

Subject Area: Health/Wellness,

Philosophy/Spirituality/Religion

Fridays: 8 Sessions 3:00 PM - 4:00 PM **Start:** Fri 9/15/23 **End:** Fri 11/3/23

Location: Saguaro Room **Class Size:** 20

Course Description

This class will experientially explore the relationship between Taoist Philosophy and Chinese Internal, Energetic and Meditative Martial Arts. A maximum of three movements will be used for reference. This will allow the students to experience energetic and meditative opportunities within the art, without the burden of gross memorization. These energetic experiences will be compared to specific Taoist philosophies within the Tao Te Ching, by Lao Tzu, and principles of related movements found in Tai Chi, Qigong and Dao Yin. The history and evolution of these systems will be discussed, as well as experienced.

The class will be limited to those who DO NOT require any assistance walking or have gait challenges and are, at a minimum, physically active. The class will be taught standing and sitting. Athletic footwear like sneakers or walking shoes are required. Socks only are not appropriate (a slip challenge). Skirts below the knee are not appropriate as the instructor must be able to see the students' "knee-to-foot relationship". Slacks, shorts, or athletic pants are fine.

Posture and breathing are essential components of the class. The physical portions of the sessions will often require hands-on adjustments of a student's body (shoulders, hips, knees, head, and spine) by the teacher. Free "How to Support" literature and video links will be provided.

Instructor: Sifu Gene Nelson

Gene has been studying and training in the Chinese Internal, Energetic and Meditative Martial Arts for over 45 years. As Gene continued his personal training he opened a brick and mortar school 30 years ago. This school, in Metro NYC, offered comprehensive classes in Tai Chi forms for health and defense, Push Hands, several Qi Gong systems, Dragon Dao Yin, Nei Gong (the principle of change), Taoist Water Method Meditation and Zhan Zhuang (Stand Like a Tree).

Sifu was fortunate to have studied under the guidance of several wonderful teachers including, but not limited to Masters Joe Tsung Hwa, BP Chan, Fong Ha, CK Chu and Grand Master Tzu Kuo Shi.

The philosophy for transmitting information that Gene learned from his extraordinary teachers and continuous years of teaching and training, centers on seeking balance and harmony as captured in the Taoist Tai Chi symbol.

During class Sifu is dedicated to presenting information in a manner that can be highly experiential for the student.

[Canceled: Leave a Legacy: Share Your Expertise](#)

Subject Area: DIY/Self-Help

Fridays: ~~2 Sessions 11:00 AM - 12:45 PM~~ **Start:** ~~Fri 9/22/23~~ **End:** ~~Fri 9/29/23~~

Location: ~~Ocotillo Room~~ **Class Size:** ~~30~~

Additional Costs: ~~Purchase of Mentoring Lifts and Inspires (available on Amazon)~~

Being a Caregiver for a 70 or 80-Year-Old Person

Subject Area: DIY/Self-Help, Health/Wellness, Civic

Engagement/Community/Government

Fridays: 10 Sessions 11:00 AM - 12:45 PM

Start: Fri 9/22/23 **End:** Fri 12/8/23 - **No Class**

Nov 10, No Class Week of Thanksgiving

Location: Palo Verde Room **Class Size:** 30

Course Description

What are the best things that you have seen a caregiver do? What are the worst things that you have seen a caregiver do? What bothers you about your present caregivers? What things should caregivers be taught before they start? These are the sort of things we will talk about in this class. The audience for this course is people who are or might become full or part-time caregivers for seventy or eighty-year-old people. The first homework assignment is due the first week of class. Each student shall write a one-page report stating what they think a caregiver must know/do: bullet points will be best. I will edit and ask each student to, in Lecture 2, explain one of their points. Send these to terry@sie.arizona.edu. This is an experimental class. Audience participation is mandatory. Students will be expected to express their ideas. But Bahill will squash excessively long responses.

Caregiver Activities, Duties, and Responsibilities:

<https://www.caringinfo.org/planning/caregiving/caregiver-duties-and-activities/>

What are the duties and responsibilities of a caregiver?

<https://www.carelink.org/what-are-the-duties-and-responsibilities-of-a-caregiver/>

Instructor: Terry Bahill

Terry Bahill is an Emeritus Professor of Systems Engineering and of Bioengineering at the University of Arizona. He has taught OLLI classes on the Science of Baseball, Khipus, Breaking WWII Japanese codes, Human Decision Making, Portolan Charts, and Sixteenth-Century Nautical Maps. Some of these he taught several times. He is a Fellow of Raytheon Missile Systems, the Institute of Electrical and Electronic Engineers, the International Council on Systems Engineering, the American Association for the Advancement of Science, and a recipient of Sandia National Laboratories Gold President's Quality Award.

This El Niño

Subject Area: Science/Math/Technology

Fridays: 2 Sessions 1:00 PM - 2:45 PM **Start:**

Fri 9/22/23 **End:** Fri 9/29/23

Location: Ocotillo Room **Class Size:** 65

Course Description

We'll talk about the weather, specifically about this El Niño and its possible impacts. Although every El Niño evolves differently and nothing is certain, it's likely that during this coming winter El Niño will have increased to at least moderate strength, possibly even joining the strong club. We'll remember the most recent strong El Niño in the winter of 2015-2016 when precipitation was a disappointing dud for Arizona and most of California. But we'll also look back at earlier history, even going back nearly 100 years. We'll get comfortable with viewing the latest diagnostics and outlooks for what will surely be a wild winter somewhere. We'll also discuss what it actually means when the Climate Prediction Center forecasts a 50% chance of above near normal.

Instructor: Jim Toth

Jim Toth first arrived in Tucson in 1977, when for three years he became a weather forecaster at Davis-Monthan. After a variety of academic and government lab work, he has been back in Tucson since 1995, not as an official forecaster, but as one of the Tucsonans who are thrilled every time it rains. Jim is new to OLLI since September 2022.

[Annuities: The Good, the Bad, the Ugly](#)

Subject Area: DIY/Self-Help, Social Sciences

Fridays: Single session 9:00 AM - 10:45 AM

Start: Fri 9/29/23 **End:** Fri 9/29/23

Location: Palo Verde Room **Class Size:** 30

Course Description

Discover the ins and outs of annuities in this concise one-session course. Gain an understanding of annuity types, including immediate, deferred, fixed, fixed index, and variable annuities, and learn which types of firms sell them. Explore the impact of annuities on inflation and compare their performance. Analyze annuity fees and uncover the true cost of purchasing one. Determine who can benefit from annuities, what to consider when shopping for one, and what to do if you already have an annuity.

Instructors: Richard Munding, CFA, Ashlyn Tucker

Richard Munding, CFA, with four decades of experience, provides expert investment management to private clients at RMH. A Total Investment Return approach underpins RMH's investment philosophy. As a CFA charterholder, Richard has a network of CFA contacts across the US and globally. Richard's extensive expertise makes him a reliable financial advisor. His commitment to community service is demonstrated through his volunteering with the Community Foundation of Southern Arizona, where he served

the Board, Investment, Finance, and Building committees.

Ashlyn Tucker, a Master of Finance graduate from the University of Arizona, is a level 1 CFA Candidate.

[Righteous Minds: Why Are Good People Divided by Ethics, Politics, Economics and Religion](#)

Subject Area: Social Sciences

Fridays: 6 Sessions 11:00 AM - 12:45 PM **Start:**

Fri 9/29/23 **End:** Fri 11/3/23

Location: Saguaro Room **Class Size:** 55

Course Description

This is a repeat of a class I gave five years ago.

During six sessions we will consider:

What is culture, when and why did it develop, and how does it shape our thinking? How do we actually think: rational vs intuitive? How do modern cultures differ? What are the major cultural differences within the U.S. and how have these differences developed over the past 60 years? Can we really understand someone whose culture and life experiences are dramatically different from our own? Can we bridge the cultural gaps and create a more civil society?

The ground we cover will be informed by books, articles and speeches by Jonathan Haidt, Yuval Noah Harai, Daniel Dennett, Daniel Kahneman, Charles Duhigg, Charles Murray, Brian Alexander, and Arlie Russell Hochschild.

Instructor: Ray Baxter

Ray Baxter is retired and has been living in Tucson since 2009. He was CEO of a \$300 million food company for 22 years. He has also served for two years as Chairman and interim CEO of a rational

process capability development and consulting company prior to his full retirement. He has a BA in political science and an MA in Japanese Area Studies from the University of Michigan and an MBA from the Harvard Business School. Currently, Ray is a volunteer with SCORE, providing pro bono mentoring and education for Tucson residents wanting to start a small business or improve their existing business. Ray's teaching experiences includes conducting numerous workshops on rational process capability, organization change management and leadership.

[Linda Ronstadt Sings Soul and R&B](#)

Subject Area: Arts/Culture

Fridays: Single session 11:00 AM - 1:00 PM

Start: Fri 10/27/23 **End:** Fri 10/27/23

Location: Ocotillo Room **Class Size:** 70

Course Description

This is part two of our Linda Ronstadt Uncovered series. We will feature Linda's many Soul and R&B song covers in addition to hearing the original artist recordings. You will be pleasantly shocked at how masterful her versions of famous and lesser-known songs from this genre are.

Instructor: John "Nemo" Nemerovski

John Nemo is a lifelong musician and educator who immerses himself in folk, early rock, blues, jazz, and classical music. He plays guitar and provides a fascinating playlist for his music appreciation courses.

[Astronomy and Geosciences](#)

Subject Area: Science/Math/Technology

Fridays: 6 Sessions 3:00 PM - 4:45 PM **Start:**

Fri 10/6/23 **End:** Fri 11/17/23 - **No Class Nov 10**

***Hybrid Class: In-person and Online**

Location: Ocotillo Room **Class Size:** 70

Course Description

Our exploration of the Earth, Solar System, and Universe continues. This semester our key topic will be the Cosmological Toolkit. This Toolkit will include such concepts/theories/laws/insights as the Eddington and Roche limits, Redshift, Cosmic Distances, Kepler Laws, the Hertzsprung-Russell diagram, Stellar Magnitudes, Lagrange Points, and the EM spectrum, to name a few. We will discuss these in the context of on-going discoveries in Astronomy, Planetary Sciences, and Earth Sciences. Information will be conveyed using short videos, awesome photos, understandable/fun graphics, and class discussions. We will have several guest speakers from the University of Arizona's Astronomy, Planetary Sciences, and Geosciences Departments. Science Fiction Theatre continues, with short clips highlighting a century of Sci Fi movies and TV shows. Please join us for this continuing journey of discovery and adventure. Being in an earlier Astronomy/Geosciences class I have hosted is neither a prerequisite nor necessary to understand and enjoy this class.

This class will be offered as a hybrid, both in-person and online. This is the in-person option.

Instructor: Guy Jette

Guy retired from the U.S. Air Force after 37 years working in Research and Development in both the aeronautical and space fields. He holds MBA and MS degrees, and is an Associate Fellow of the American Institute of Aeronautics and Astronautics.

He has worked in astronomy outreach for the past ten years as a docent at Kitt Peak National Observatory. He has also been a frequent guest speaker at the University of Hawaii Institute for Astronomy on Maui.

[Photosafari in Botswana's Okavango Delta](#)

Subject Area: Travel/Entertainment

Fridays: Single session 11:00 AM - 12:45 PM

Start: Fri 10/13/23 **End:** Fri 10/13/23

Location: Ocotillo Room **Class Size:** 65

Course Description

Botswana's Okavango Delta is fed by water originating in Angola. After a long journey this water ends in a wide, landlocked delta; it does not flow to the sea. The delta is home to a remarkable range of wildlife, carefully protected by the government of Botswana. Learn about the geological processes that created the delta and then embark on a photo safari showcasing its beauty and wildlife.

Instructor: Lee Compton

Born a Californian, Lee spent half his life in New York City. A molecular biologist, he ended up leading a very small biotechnology company. He served as Chair of the NYS Biodiversity Research Institute and as a director of the Javits Convention Center. As a member of Manhattan Community Board 4 he worked on rezonings leading to the High Line park and Hudson Yards, which resulted in the first affordable housing mandates written into the NY City Zoning Resolution. His interests in Tucson include hiking and exploring, photography, cooking and the flora and fauna of the Sonoran Desert.

[Canceled: Are There Still Indians in America?](#)

Subject Area: History/Current Events, Arizona

~~History/Culture~~

~~**Fridays:** 6 Sessions 9:00 AM - 10:45 AM **Start:**~~

~~**Fri 10/20/23 **End:** Fri 12/8/23 - No Class Nov**~~

~~**10, No Class Week of Thanksgiving**~~

~~**Location:** Saguaro Room **Class Size:** 20~~

[Wine 101](#)

Subject Area: Travel/Entertainment, Crafts/Cooking

Fridays: Single session 1:00 PM - 2:45 PM

Start: Fri 10/20/23 **End:** Fri 10/20/23

Location: Saguaro Room **Class Size:** 30

Additional Costs: The cost of the tasting after class is \$20, to be paid at Total Wine.

Course Description

Wine rule #1 is to drink what you like (as is true for any food or beverage). That said, a little knowledge can greatly enhance your enjoyment. Of course, the hard part about learning about wine is you need to try a lot of them (yeah, it's really tough). But the difference between just drinking wine and learning about it is thinking about it. Noting the various sensual aspects of the wine—its color, aroma, taste—as well as its origin—varietal, vintage, region. In this class, I'll show you how to look for those characteristics, as well as talk just a bit about the multi-millennia-old relationship between humans and wine. As background, I worked at one of the world's largest wine companies, owned my own wine shop, and am a Certified Wine Educator. Once I start talking about wine, the hard part is getting me to shut up.

OLLI-UA Fall 2023 - Central Tucson Campus

We cannot taste wine at Central Tucson Campus. So after the class, you will have the option of joining me at the nearby Total Wine for a tasting (4370 N Oracle Rd, Tucson, AZ 85705). The cost of this tasting is \$20, to be paid at Total Wine. (Required Total Wine disclaimer, "This event is open to all registered attendees without regard to gender, marital status, pregnancy, race, color, ethnicity, national origin, age, disability, religion, sexual orientation, veteran status or other legally protected characteristic.")

Instructor: Ron Johnson

Ron grew up in Tucson (Sahuaro alum). After spending a few years in the Navy, he returned to Tucson to attend the UofA. Upon graduating, he moved to Seattle to pursue his career in tech. In late 2021, he and his wife retired to Tucson.

Ron's passions include hiking, traveling, reading, movies, scuba diving, target shooting, and wine. He loves learning more about these subjects (among others) and sharing what he knows.

[2024 Medicare Update for Pima County](#)

Subject Area: Health/Wellness

Fridays: Single session 1:00 PM - 2:45 PM

Start: Fri 10/20/23 **End:** Fri 10/20/23

Location: Ocotillo Room **Class Size:** 65

Course Description

This single session class will cover the basics of Medicare and 2024 changes. The study group leaders are Medicare SHIP Volunteer Counselors. We will cover Original Medicare with Hospital Part A and Doctors' Services Part B plus Part D for drugs and Supplements/Medigaps. Medicare Advantage Plans will also be covered. The changes for 2024 will be discussed and there will be handouts for the new plans. This information will enable you to make

decisions during the Medicare Open Enrollment Period from October 15th through December 7th for the next year.

Instructors: John Lowy, Connie Lowy

John has been a volunteer Medicare Counselor at the Pima Council on Aging for the past 8 years. He's also been an OLLI member for eight years.

Connie has been a volunteer Medicare Counselor at the Pima Council on Aging for the past 9 years. She is retired from Merck Labs. She is a current member of OLLI.

[Aging Actively for a Better Quality of Life](#)

Subject Area: Health/Wellness

Fridays: Single session 9:00 AM - 10:45 AM

Start: Fri 10/27/23 **End:** Fri 10/27/23

Location: Ocotillo Room **Class Size:** 65

Course Description

During this workshop, Cara will illuminate steps to maintaining a fulfilling, active life. For most people, a fulfilling life involves maintaining independence and slowing the changes that typically come with aging. Learn the difference between chronological age and biological age, and how you can intervene to slow - and in some cases, reverse - the process of aging. Cara will educate you on exercise fundamentals for older adults, the benefits of staying active, and how to ensure your own safety while exercising so that you leave feeling empowered and confident in your fitness abilities. Active aging is associated with reduced risk of dementia, improved recovery from injuries and operations, better cardiovascular health, fewer medications, and increased independence. Join this workshop and leave with the knowledge and skills necessary to optimize your health for a life well-lived.

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Instructor: Cara Deery

Cara Deery is an accomplished personal trainer, nutrition coach, and health educator. With a Masters in Public Health Nutrition and a variety of specialist distinctions from the National Academy of Sports Medicine, she has helped clients from 18 to 88 years of age with unique fitness regimens customized to their goals. Emphasizing quality of life and a holistic approach, Cara guides her clients through sustainable behavior changes for functional strength and long-term health.

Classical Music Melody Exploration From Handel to Stravinsky

Subject Area: Arts/Culture

Fridays: Single session 11:00 AM - 1:00 PM

Start: Fri 11/3/23 **End:** Fri 11/3/23

Location: Ocotillo Room **Class Size:** 70

Course Description

Melody is the secret sauce that keeps us listening to great classical music across the centuries. We will learn about the best melodies from our favorite composers plus a few surprise unknowns. No musical experience is required. Think about your own favorites and why they affect you. Join us for an informed and enjoyable listening experience that will open you to new ways of experiencing classical music melodies.

Instructor: John "Nemo" Nemerovski

John Nemo is a lifelong musician and educator who immerses himself in folk, early rock, blues, jazz, and classical music. He plays guitar and provides a fascinating playlist for his music appreciation courses.

Critical Role of the Gut Microbiome in Overall Health

Subject Area: Health/Wellness

Fridays: 3 Sessions 11:00 AM - 12:45 PM **Start:** Fri 11/17/23 **End:** Fri 12/8/23 - **No Class Week of Thanksgiving**

Location: Saguaro Room **Class Size:** 50

Course Description

The gut microbiome, consisting of various types of bacteria and the chemicals they produce, plays a crucial role in shaping our bodily functions, including the expression of our genes. Recent years have witnessed an explosion of research revealing significant differences in the gut bacteria between healthy individuals and those diagnosed with chronic diseases. Whether it's an imbalance in specific bacterial populations or a lack of microbial diversity, these factors can contribute to health issues.

The main objective of this course is to increase awareness and present up-to-date research on the gut microbiome, emphasizing its functions and its significant influence on human health. Through a blend of presentations, discussions, case studies, and videos, participants will have the opportunity to delve into recent research discoveries, examine the complex connection between the gut microbiome and health conditions, and acquire knowledge about lifestyle adjustments that promote a varied microbiome. Ultimately, the goal is to establish a diverse microbiome as a proactive approach for preventing or reversing chronic diseases.

Instructor: Jill Jones

For the past 11 years Jill Jones has been serving as a volunteer speaker at TMC for Seniors, where she develops and delivers proactive wellness presentations. During her 33-year career at IBM, she

held positions in systems engineering, marketing, education, and consulting. Her interest in hypnosis and the power of the subconscious mind led her to start a part-time business, Inspired Motives, where, for 8 years, she trained others in self-hypnosis and visualization techniques. Jill obtained a B.S. in Mathematics and Natural Sciences from Indiana University of PA and was certified as a hypnotist by the National Guild of Hypnotists.

Artificial Intelligence and the Ever-Receding Horizon of the Future

Subject Area: Social Sciences

Fridays: Single session 11:00 AM - 12:45 PM

Start: Fri 11/17/23 **End:** Fri 11/17/23

Location: Ocotillo Room **Class Size:** 45

Course Description

Artificial Intelligence technology is currently having a major impact in technical, social, and economic domains. It is stimulating many questions about its long-term future. This one-session class will attempt to identify several of these.

Instructor: Glenn Bacon

Glenn Bacon's formal education is in electrical engineering and computer science. He has followed artificial intelligence technology since the '50s and has led several OLLI study groups on its recent progress.

Green Valley Campus: In- Person Wednesdays

[Louise Penny Three Pines Series](#)

Subject Area: Literature/Writing/Language

Wednesdays: 4 Sessions 9:00 AM - 10:30 AM
Start: Wed 9/27/23 **End:** Wed 11/8/23 - **Class held every other week**

Location: Community Learning Center - Room 210 **Class Size:** 30

Course Description

We will continue to read the novels of Louise Penny featuring Armand Gamache and usually set in Three Pines. Meeting every other week, we will discuss books 9 through 14 in the series, beginning with How the Light Gets In.

Instructor: Carol Casey

Carol Casey was born and raised in Vermont. She spent her professional career in Washington, DC in government affairs. Carol returned to Vermont upon retirement and worked part time at the local library. She moved to Green Valley in September 2018.

[American Bill of Rights](#)

Subject Area: History/Current Events

Wednesdays: 8 Sessions 9:00 AM - 10:30 AM
Start: Wed 9/27/23 **End:** Wed 11/15/23

Location: Community Learning Center - Room 203 **Class Size:** 65

Course Description

We will examine the creation, interpretation, and application of the first ten Amendments to the United States Constitution, the Amendments that have come to be known as the Bill of Rights. We'll start with a discussion of why and how the Bill of Rights was created shortly after the adoption of our Constitution, and then we'll discuss the more important and well-known decisions of the United States Supreme Court interpreting the Bill of Rights. This will allow us to discuss various current political and legal topics - guns, abortion, and affirmative actions are three of many topics - in the proper historical context.

Instructor: Hugh Patrick Furman

Hugh Patrick Furman graduated from law school in 1980, practiced criminal defense for seven years, and then joined the faculty at the University of Colorado School of Law, where he taught for twenty-five years. He specialized in criminal law, criminal procedure, constitutional law, evidence, trial advocacy, and wrongful convictions. He has taught and written articles and teaching materials in these areas. He has written books on evidence, trial advocacy, and D.U.I. Hugh retired in 2017 but continues to teach trial advocacy to lawyers, law students, and high school students. He has received professional awards for his teaching and his pro bono work.

Classic Hatha Yoga

Subject Area: Philosophy/Spirituality/Religion,
Health/Wellness

Wednesdays: 8 Sessions 9:00 AM - 10:00 AM
Start: Wed 9/27/23 **End:** Wed 11/15/23
Location: Community Learning Center - CPAC
Rehearsal Room **Class Size:** 300

Course Description

Join Helen Boyd in this classic floor yoga class to strengthen, add range of motion, and build awareness of yourself inside and out to add balance in your life, not just physically, but mentally and spiritually as well. We will use classic yoga reclined, seated, and standing postures to attain these goals. All levels are welcome as long as you can get onto and off the floor. The equipment needed is a yoga-specific mat (not Pilates), yoga blocks, and a Mexican blanket for support of certain positions. You're welcome to bring anything else like a pillow or bolster.

Instructor: Helen Boyd

Helen has been teaching Hatha yoga, the form of yoga that includes concentrating, breathing exercises, and postures, for 25 years, and has been certified with Yoga Alliance since its inception. Other styles of yoga she also offers are Yin, Vinyasa, and Restorative. She has taught in classrooms, in gyms, community college, and workshop settings to all age groups.

Canceled: Superfund Protocol

Subject Area: Science/Math/Technology

~~**Wednesdays:** 5 Sessions 11:00 AM - 12:30 PM
Start: Wed 9/27/23 **End:** Wed 10/25/23~~

~~**Location:** Community Learning Center - Room
210 **Class Size:** 45~~

Exploring How Music Reflects Changes in Society

Subject Area: Social Sciences, History/Current Events,
Arts/Culture

Wednesdays: 6 Sessions 11:00 AM - 12:30 PM
Start: Wed 9/27/23 **End:** Wed 11/15/23 - **No
Class Oct 4 or Oct 11**

Location: Community Learning Center - Room
205 **Class Size:** 20 Additional Costs: \$10 fee for
available materials for creative expression

Course Description

This six-session course will examine the effect that music has on people of all ages. The focus will be on 20th century popular music of many genres, and the leaders will use recorded music, videos, and live performance in this exploration. There will be plenty of room for discussion, and there will almost always be opportunities for (optional) individual creative expression. This class can take many different directions, partly guided by the diversity of the participants: their life experiences, cultural backgrounds, and interests. Relevant current events may be incorporated into the content of any particular session.

There will be a \$10 materials fee for a variety of supplies available to the group during the sessions.

Instructors: Rick Leighton, Dan Wegener

Rick Leighton has been involved with education since 1975, and has taught all levels, ranging from teaching music to five-year-olds to teaching curriculum and instruction classes to graduate-level adults. He has a BA in Psychology and an MS in Instructional Leadership. He is a full time Green

Valley resident, and has been active in Oregon and Arizona OLLI since 2018.

Dr. Daniel Wegener earned degrees in Anthropology and Education from the University of Nebraska Lincoln. He began his career as a bilingual educator in Guatemala, and later in Honduras and Nicaragua. He served as a representative of an NGO to the United Nations. He worked as a bilingual program director in the Phoenix area while completing his doctorate in Educational Administration at ASU. He was an assistant superintendent in Tucson and later moved to Green Valley. Subsequently, he worked as a teacher trainer and educational consultant. Throughout his career he advocated for human rights, equal access to education and social justice.

Amphibians and Reptiles: A Global Overview

Subject Area: Science/Math/Technology

Wednesdays: 7 Sessions 11:00 AM - 12:30 PM
Start: Wed 9/27/23 **End:** Wed 11/8/23

Location: Community Learning Center - Room 203 **Class Size:** 65

Course Description

Amphibians and Reptiles: A Global Overview will use David Attenborough's five-part series Life in Cold Blood to stimulate class discussion. Session 1 will discuss the evolution of adaptations found in amphibians and reptiles. Session 2 discusses amphibians (frogs, salamanders, and caecilians). Session 3 discusses turtles and crocodilians. Session 4 is on lizards. Session 5 is on snakes, Session 6 is on giant snakes, and Session 7 is on venom.

Instructor: John Murphy

John C. Murphy is a retired science educator and zoologist. He spent most of his life in the Chicago area before relocating to Southeastern Arizona. He

has studied reptiles in North America, Asia, the Eastern Caribbean, and South America.

History of the Upper Santa Cruz River Valley

Subject Area: Science/Math/Technology, Arizona History/Culture

Wednesdays: 6 Sessions 1:00 PM - 2:30 PM
Start: Wed 9/27/23 **End:** Wed 11/1/23

Location: Community Learning Center - Room 203 **Class Size:** 30

Course Description

Using a combination of lecture and guided group discussion, this study group will focus on the Spanish, Mexican, and early American periods in the upper Santa Cruz River valley. The Spanish Period (1691-1821) will include information on the arrival of the first Catholic priest in the valley, establishment of missions, the introduction of cattle and European crops and fruit trees, efforts to "reduce" the Indian inhabitants to Catholic and Spanish ways, a major silver discovery, establishment of military Presidios, the Pima Rebellion, the Anza Family and other prominent settlers, the Jesuit Expulsion of 1767 and their replacement by the Franciscans, the Anza trek to San Francisco, building a larger church at Tumacácori, and problems with Apaches and with epidemics. The Mexican Period (1821-1854) will include changes in how the missions were managed, local effects of the Mexican American War, forty-niners traveling through, the Gadsden Purchase, and the exit of Mexican soldiers. The very early American Period (1854-1861) will include: arrival of the first American settlers, mining, U. S. military establishment of forts, local effects of the Civil War, and the abandonment of the valley by all residents in the summer of 1861.

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Instructor: Daniel Judkins

Daniel Judkins, a retired trauma nurse and epidemiologist, is also a local historian and naturalist. He has been a resident of Southern Arizona for over 60 years. He lectures, loves to facilitate discussion groups, and favors discovery, critical thinking, and problem-solving as important educational processes. His focus now is on researching, teaching, and writing history of the Santa Cruz River valley, the Pimería Alta, the exploration of the Southwest and the development of trails and roads in the SW. He also volunteers as a naturalist.

[Learn the Basics of Mah Jongg](#)

Subject Area: Travel/Entertainment, DIY/Self-Help

Wednesdays: 8 Sessions 1:00 PM - 2:30 PM

Start: Wed 9/27/23 **End:** Wed 11/15/23

Location: Community Learning Center - Room 205 **Class Size:** 8 Additional Costs: \$5 for copying materials, and \$14 for a Mah Jongg Card from the National Mah Jongg League

Course Description

Mah Jongg is played with 4 players seated around a table. Players shuffle the tiles, cast the dice, and perform rituals involving the allocation of tiles. Then the exchange of tiles begins. The first person to match a hand of 14 tiles with the card ends the game.

Requirement: \$14 for a Mah Jongg Card from the National Mah Jongg League. There will also be a \$5 fee for copying materials.

The Mah Jongg Card can be ordered online from the National Mah Jongg League. Their information is listed below should you wish to contact them.

The National Mah Jongg League, Inc.

450 7th Avenue Suite 405

New York, NY 10123

Phone: 212.246.3052 Fax: 212.246.4117

Instructors: Myrna Feldman, Judy Lang

Myrna Feldman was born and raised on the East Coast with formal education in science. She has a master's degree in Radiation Biology and has taught at the high school and college level. As a former Hospital Administrator, she is glad to be retired. Myrna has been playing Mah Jongg since she was a teenager.

Judy Lang is a former Elementary School teacher and has been playing Mah Jongg for about 20 years.

[Amazing Astronomy... Without Any Math!](#)

Subject Area: Science/Math/Technology

Wednesdays: 6 Sessions 1:00 PM - 2:30 PM

Start: Wed 9/27/23 **End:** Wed 11/1/23

Location: Community Learning Center - Room 210 **Class Size:** 30

Course Description

A series of comprehensive, but easy to follow audio/visual presentations focusing on the awesome beauty of this incredible universe in which we live.

Session 1: Cruising through the Solar System. A visually stunning tour of the sun, planets, moons, asteroids, and comets in our solar system.

Session 2: Cruising through the Cosmos. Mind-boggling views of the awesome beauty of deep space as revealed by the Hubble Space Telescope.

Session 3: Here Comes the Sun. A visual documentary of our sun, the fusion process that powers it, and what will happen when it runs out of fuel and dies.

Session 4: Cruising to the Moon. An exploration of our nearest neighbor in space, and how it inspired that "...one giant leap for Mankind."

Session 5: From Galileo to the Hubble...the Evolution of the Telescope. How the many different types of telescopes reveal both the visible and the unseen mysteries of the universe.

Session 6: Cruising to the Red Planet. The mesmerizing story of Humankind's fascination with, and exploration of, the planet Mars.

Instructor: Fred Cink

Fred J. Cink is a former Army Aviator, and retired Naval Aviator with thousands of hours of flight time in both rotary wing and fixed wing aircraft. His lifelong interest in military aviation is matched by a passion for all things related to astronomy and space exploration. In 2018 he was hired by AURA, the Association of Universities for Research in Astronomy in Tucson, Arizona, to share his knowledge of astronomy with visitors at Kitt Peak National Observatory.

[An Introduction to Gobekli Tepe](#)

Subject Area: History/Current Events

Wednesdays: 2 Sessions 3:00 PM - 4:30 PM

Start: Wed 9/27/23 **End:** Wed 10/4/23

Location: Community Learning Center - Room 205 **Class Size:** 30

Course Description

Gobekli Tepe and its sister site Karahan Tepe in southeast Turkey are the oldest known man-made structures of monumental size, 5000 to 7000 years older the pyramids and Stonehenge. Archaeological excavations at Gobekli Tepe since 1996 and Karahan Tepe since 2019 have revealed astonishing levels of craftsmanship, engineering expertise, artistic

sophistication and cultural development in a region previously thought to be occupied only by simple hunter-gatherers eking out a modest existence.

Instructor: Charles Wright

Charles is a retired Architect. During his career he was involved in a number of projects for International Organizations in Europe, Africa, Asia, South America and the Caribbean. Join us for some interesting discussions.

[Astronomy in the News: Our Growing Understanding of the Universe](#)

Subject Area: Science/Math/Technology

Wednesdays: 4 Sessions 3:00 PM - 4:30 PM

Start: Wed 9/27/23 **End:** Wed 10/18/23

Location: Community Learning Center - Room 203 **Class Size:** 65

Course Description

Our knowledge of the universe has expanded at an unprecedented rate in recent years with new discoveries frequently covered by the media. In this class we will discuss the background of some of these developments and their significance for our larger understanding of the universe. Particular topics will depend on what has been in the news recently but will certainly include results from the James Webb Space Telescope and discoveries from the many space missions that are exploring our solar system. Members of the class will be encouraged to suggest topics as we go along. No background in science will be assumed. This class has been offered previously but different topics are discussed each time.

Instructor: Edward Schmidt

Ed Schmidt was a professor of astronomy at the University of Nebraska for four decades. He taught

a variety of astronomy classes ranging from introductory classes for non-science majors to junior-senior classes for students majoring in physics. He has conducted research with the telescopes at Kitt Peak National Observatory as well as at other observatories all over the world (Nebraska, Texas, California, Australia, Canada, Chile, England, Israel) and in space. Following his retirement in 2012, he often taught OLLI courses in Nebraska and in Green Valley. He has also volunteered as a tour guide at Whipple Observatory for several years.

Death With Dignity 101

Subject Area: History/Current Events

Wednesdays: Single session 9:00 AM - 10:30 AM
Start: Wed 10/4/23 **End:** Wed 10/4/23

Location: Community Learning Center - Room 210 **Class Size:** 45

Course Description

This class briefly explores the rich history of the death with dignity movement in Arizona for the last 25 years. Bringing it to the present, it will cover current end-of-life options including medical aid in dying (MAID), which is not yet available in Arizona. MAID is legal in 10 states plus Washington DC. Numerous MAID bills have been proposed in the AZ legislature since 2003 and over 60% of the AZ voters favor passing MAID bill. We'll take a deep dive into the details of the law including the "Oregon Model" passed in 1994 vs. the New Mexico law passed in 2021, the safeguards and qualifications, the views of the proponents, and the voice of the opposition.

This is a topic often misunderstood by voters and lawmakers alike. Great advances have been made in healthcare but the mortality rate is still 100%. Come enjoy some stimulating conversations about death

and dying and our end-of-life options in a safe and respectful environment.

Instructor: Mary Ganapol

Mary Ganapol moved to Tucson in 1996 from San Francisco. She retired after her two Arizona careers: contract investigator for OPM (12 yrs) and franchise owner in Green Valley for a senior care business Seniors Helping Seniors (5 yrs). She became interested in death with dignity after her former spouse died as a quadriplegic due to cancer. She has researched the right-to-die movement extensively and finds it thought-provoking. She serves on the board of Arizona End of Life Options, the League of Women Voters of Greater Tucson, and Secular AZ.

Canceled: Investing for Women

Subject Area: Social Sciences, DIY/Self-Help

~~**Wednesdays:** 2 Sessions 3:00 PM - 4:30 PM
Start: Wed 10/11/23 **End:** Wed 10/18/23~~

~~**Location:** Community Learning Center - Room 210 **Class Size:** 30~~

Trekking in the Himalaya

Subject Area: Travel/Entertainment

Wednesdays: Single session 9:00 AM - 10:30 AM
Start: Wed 10/18/23 **End:** Wed 10/18/23

Location: Community Learning Center - Room 210 **Class Size:** 45

Course Description

Have you ever considered making the very long trip to see the Himalaya, maybe even thought of taking a trek up into the high mountains yourself? Or perhaps you've just wondered what the trekking experience is actually like. Well, here's your

opportunity to sit back and enjoy the scenery and experience without having to endure the deprivations and discomforts that come with traveling to and trekking in the Himalaya. Curt made two trips to Nepal, taking 10-day and 16-day treks up into Sagarmatha (Mt. Everest) National Park.

This class will focus on the experience of trekking through the high Himalaya, hiking from guesthouse to guesthouse. We'll climb 16,000-foot Dingboche Ri, 17,600-foot Gokyo Ri (for its incomparable view of the Everest Range), and struggle over the 17,600-foot Chola Pass (sorry, no Everest climbing - that's for crazy people!). We'll take in the spectacular mountain vistas along the way, as well as endure the cold, boredom and other challenges that trekking entails, and meet the guides and porters who make it possible for us to walk among the highest peaks in the world!

Instructor: Curt Matuna

Curt received his BS in Botany in 1974 from the University of California, Davis. After a few years working in casino hotel management in Reno and Las Vegas, Curt attended the CU Law School in Boulder, CO, where he received his J.D. in 1985, and followed that up with a 20-year career as a commercial real estate attorney at one of Denver's larger law firms. When his stint as managing partner just about did him in, he and Cheryl moved to Tucson in 2005 to travel and pursue their favorite outdoor sports and activities. A committed lifelong learner, Curt finally discovered OLLI in 2015, and has been a class fixture since then. While pursuing his wanderlust, Curt discovered and has been studying Buddhism since he and Cheryl were traveling in SE Asia in 2008.

[Globalization: The Good, the Bad and the Ugly](#)

Subject Area: Social Sciences

Wednesdays: Single session 9:00 AM - 10:30 AM **Start:** Wed 11/1/23 **End:** Wed 11/1/23

Location: Community Learning Center - Room 210 **Class Size:** 45

Course Description

Some years ago (2001-2) I taught a freshman class at the University of Arizona called Globalization and Global Government. This class will examine pro-globalization arguments and anti-globalization arguments against the backdrop of the events of the last two decades.

Instructor: David Dunford

Dave Dunford as the U.S. ambassador to Oman and as the deputy ambassador to Saudi Arabia during the 1990-91 Gulf War. He is a member of the governing board of the University of Arizona's Center for Middle East Studies. He has taught courses on the Arab-Israeli conflict and the Middle East business environment at the University of Arizona and has consulted for both the government and the private sector on Middle East issues. He is the author of *From Sadat to Saddam: The Decline of American Diplomacy in the Middle East* (Potomac Books 2019).

Ranked Choice Voting: The Proposed Constitutional Change on the Ballot

Subject Area: Civic

Engagement/Community/Government

Wednesdays: Single session 1:00 PM - 2:30 PM

Start: Wed 11/8/23 **End:** Wed 11/8/23

Location: Community Learning Center - Room 203 **Class Size:** 65

Course Description

We will discuss the topics of Ranked Choice Voting (RCV) and equalized signatures to get on the ballot for all candidates and open primaries. We will discuss how simple changes to the way we vote could make a significant difference in the way we are governed. Our votes could make the change for more choice and better governance.

Instructors: Jon Ralston, M.E. Martinez, Betsy Boggia

Jon Ralston was born and raised in Southern California, and received a Bachelor's of Arts at the University of the Pacific. He moved to Tucson in 2000, worked for several years in education at the Arizona State School for the Deaf and Blind and eventually returned to school to become an Acupuncturist. He has served on and been President of several Homeowner's Associations.

M.E. Martinez is the Speakers Coordinator for Voter Choice Arizona.

Betsy has been a lifelong advocate for children, women, peace and equity, and is currently putting her skills to good use advocating for ranked choice voting in Arizona.

Thursdays

Non-Profit Organizations Serving the Green Valley Area

Subject Area: Civic

Engagement/Community/Government

Thursdays: 6 Sessions 9:00 AM - 10:30 AM

Start: Thu 9/28/23 **End:** Thu 11/2/23

Location: Community Learning Center - Room 210 **Class Size:** 30

Course Description

This study group will introduce attendees to some of the non-profit organizations and groups serving the Green Valley Area. At each session, one or two representatives from each organization will provide information on what service(s) the organization provides, opportunities to volunteer, and information on how you can best support the organization.

Instructor: Rick Weissenborn

Mr. Weissenborn has 51 years' work experience including cattle ranching, land surveying, environmental characterization and remediation, and heavy civil construction management. Some work was seasonal, which provided the opportunity to become involved with supporting non-profit organizations. His voluntary work since moving to Green Valley in 2020 was with the Animal League of Green Valley.

[The Virtues Project: It's Never Too Late to Become a Better Person](#)

Subject Area: DIY/Self-Help

Thursdays: 6 Sessions 11:00 AM - 12:30 PM
Start: Thu 10/5/23 **End:** Thu 11/16/23 - **No Class Oct 12**

Location: Community Learning Center - Room 205 **Class Size:** 20

Course Description

We will explore and define the concept of virtues and their importance in everyday life. Using the Virtues Cards provided by the leaders, participants will choose the virtues most relevant to them. Then, alone and in groups, we will go into depth about each chosen virtue: why it matters, why it is challenging, how it can be incorporated into daily life. We will explore strategies for encouraging people in our lives to value and reflect virtues. The Virtues Project is designed to enhance our lives and to equip us to be a positive force in our community.

Instructors: Daniel Wegener, Rick Leighton

Dr. Daniel Wegener earned degrees in Anthropology and Education from the University of Nebraska Lincoln. He began his career as a bilingual educator in Guatemala, and later in Honduras and Nicaragua. He served as a representative of an NGO to the United Nations. He worked as a bilingual program director in the Phoenix area while completing his doctorate in Educational Administration at ASU. He was an assistant superintendent in Tucson and later moved to Green Valley. Subsequently, he worked as a teacher trainer and educational consultant. Throughout his career he advocated for human rights, equal access to education and social justice.

Rick Leighton has been involved with education since 1975, and has taught all levels, ranging from teaching music to five-year-olds to teaching curriculum and instruction classes to graduate-level adults. He has a BA in Psychology and an MS in Instructional Leadership. He is a full time Green Valley resident, and has been active in Oregon and Arizona OLLI since 2018.

[How the Natural Sciences are Changing Christian Theology](#)

Subject Area: Science/Math/Technology,

Philosophy/Spirituality/Religion

Thursdays: 5 Sessions 11:00 AM - 12:30 PM
Start: Thu 9/28/23 **End:** Thu 10/26/23

Location: Community Learning Center - Room 203 **Class Size:** 50

Course Description

The universe is at least 13.8 billion years old, planet Earth 4.6 billion years old, and life on Earth about 3.8 billion years old. Homo sapiens emerged roughly 300,000 years ago. We are a recent addition, just one out of about 20 million species inhabiting Earth's thin biosphere (7 miles down into Earth's crust, 7 miles up into Earth's atmosphere). Judaism and Christianity are recent religions. They appeared a mere 3,500 years and 2,000 years ago, respectively. Why then? What prompted the emergence of these recent, new, baby religions? And why are they mostly addressed to and about humans?

Our five sessions will explore key learnings over the past 500 years within Nature's natural sciences (astronomy, geology, evolutionary biology, paleoanthropology, ecology). We will note significant worldview-altering scientific breakthroughs and will wonder together about how

these "stunners" are impacting key foundations of historic and current Christian theology--especially dominion-ism, original sin, atonement, eschatology, the Creeds, Creation care, humanity's place, and biblical interpretation.

Instructor: Ron Rude

Ron Rude and his wife, Nancy, live in Tucson. He has taught courses on the interplay between Nature's natural sciences (astronomy, geology, evolutionary biology, paleoanthropology, ecology) and Christian theology at Holden Village, Chicago Theological Seminary, Glacier National Park, OLLI, and in various conferences and congregations. He recently retired to writing and teaching after 17 years as Lutheran campus pastor at the University of Arizona. His most recent book is "Amending the Christian Story" (Wipf and Stock Publishers, October 2021).

Five Directors

Subject Area: Arts/Culture

Thursdays: 5 Sessions 1:00 PM - 2:30 PM

Start: Thu 9/28/23 **End:** Thu 10/26/23

Location: Community Learning Center - Room 210 **Class Size:** 45

Course Description

John Ford, Orson Welles, Alfred Hitchcock, John Huston, and Stanley Kubrick defined "the movies" in its first 100 years. Through their films they spoke to millions of people world-wide that they never met. These men not only influenced cinema directors of today, but they also changed western culture forever. Our attitudes about life, war, sex and even death were altered through what was supposed to be only an entertainment medium.

Each week in this five-week adventure, we will explore the worlds created in the 20th Century by five very extraordinary men. Each with their own

talents to excite, terrify and instruct several generations of people world-wide.

Instructor: Philip Wenstrand

Philip Wenstrand spent most of his life in the media. For 30 years he worked in commercial television news and documentary production. He is graduate of Linfield College and the Brooks Institute.

Canceled: Investing for Retirement

Subject Area: DIY/Self-Help, Social Sciences

~~**Thursdays:** 2 Sessions 1:00 PM - 2:30 PM~~

~~**Start:** Thu 9/28/23 **End:** Thu 10/5/23~~

~~**Location:** Community Learning Center - Room 203 **Class Size:** 30~~

French Song Appreciation

Subject Area: Literature/Writing/Language

Thursdays: 4 Sessions 11:00 AM - 12:30 PM

Start: Thu 10/5/23 **End:** Thu 10/26/23

Location: Community Learning Center - Room 210 **Class Size:** 10 Additional Costs: \$5 for photocopies of French lyrics with translation

Course Description

French Song Appreciation

French and French-Canadian songs offer a wonderful way to get intimate with a language and a culture familiar, yet too often clichéd. Let's take a nostalgia trip to iconic destinations through timeless tunes and voices. Lyrics provided with translation (fee: \$5 for about 20 photocopies). French a plus, but not required.

Instructor: Sylvie Robertshaw

A native French speaker, Sylvie Robertshaw, MEd, has been teaching all levels of standard French in

Green Valley since 2009 with an emphasis on daily conversation, culture, and poetry and creative writing. She expects students to expand their curiosity about everything French outside of the classroom and to share their French adventures with each other. A former journalist in Paris, Sylvie also lived twenty years in Italy and views speaking a foreign language as an essential pleasure in life.

Canceled: Investing for Retirement: Advanced

Subject Area: Social Sciences, DIY/Self-Help

Thursdays: ~~2 Sessions 1:00 PM – 2:30 PM~~

Start: ~~Thu 10/12/23~~ **End:** ~~Thu 10/19/23~~

Location: ~~Community Learning Center – Room~~

~~203~~ **Class Size:** ~~30~~

Pirates of the Caribbean: In History and Folklore

Subject Area: Arts/Culture, History/Current Events

Thursdays: 4 Sessions 3:00 PM - 4:30 PM

Start: Thu 10/12/23 **End:** Thu 11/2/23

Location: Community Learning Center - Room

203 **Class Size:** 65

Course Description

In the late seventeenth and early eighteenth centuries, maritime trade in the North Atlantic and Caribbean was at the mercy of sea-faring marauders. Pirates, buccaneers, freebooters, and privateers raided coastal ports, waylaid merchant ships at sea, captured cargoes of African slaves, kidnapped Native peoples, and settled along neglected frontiers. In 1628, a Dutch privateer, Piet Heyn, commandeered the entire Spanish silver fleet.

Piracy disrupted colonial empire-building, inflated the financial risks of international commerce, and undermined early modern conventions of propriety, social hierarchy, and civil authority. The scourge eventually led to cooperative efforts among bitter colonial rivals to jointly regulate and police maritime business practices across the Seven Seas.

Pirates and privateers have been subjects of popular ballads, seafarers' songs, and literature since the sixteenth century. The tradition romanticizes the exploits of men like Edward Teach (Blackbeard) and Henry Morgan, and the transgressions of women like Anne Bonny and Mary Read. This folklore offers colorful and lively descriptions of the social and cultural history of these maritime communities that can be set against more conventional historical sources like the transcripts of criminal trials and the treasury books of early merchant houses.

We'll explore this fascinating history in a class of four lectures, highlighting how the "true" history of the pirates of the Caribbean has been reimagined over time. We'll study sixteenth century maps; we'll learn some pirate ballads and sing them together; and we'll see what recent historians have had to say.

Instructor: Kevin Gosner

Kevin is Associate Professor of Latin American History at the University of Arizona, where he teaches classes on Colonial Spanish America, World History, and Historical Concepts and Methods. The author of *Soldiers of the Virgin: The Moral Economy of a Colonial Maya Rebellion*, his research examines the impact of the Spanish conquest and colonial rule on indigenous communities in southern Mexico and Guatemala. His interests also include music, popular culture, and natural history.

Annuities: The Good, the Bad, the Ugly

Subject Area: Social Sciences, DIY/Self-Help

Thursdays: Single session 3:00 PM - 4:30 PM

Start: Thu 10/12/23 **End:** Thu 10/12/23

Location: Community Learning Center - Room 210 **Class Size:** 30

Course Description

Discover the ins and outs of annuities in this concise one-session course. Gain an understanding of annuity types, including immediate, deferred, fixed, fixed index, and variable annuities, and learn which types of firms sell them. Explore the impact of annuities on inflation and compare their performance. Analyze annuity fees and uncover the true cost of purchasing one. Determine who can benefit from annuities, what to consider when shopping for one, and what to do if you already have an annuity.

Instructors: Richard Munding, CFA, Ashlyn Tucker

Richard Munding, CFA, with four decades of experience, provides expert investment management to private clients at RMH. A Total Investment Return approach underpins RMH's investment philosophy. As a CFA charterholder, Richard has a network of CFA contacts across the US and globally. Richard's extensive expertise makes him a reliable financial advisor. His commitment to community service is demonstrated through his volunteering with the Community Foundation of Southern Arizona, where he served the Board, Investment, Finance, and Building committees.

Ashlyn Tucker, a Master of Finance graduate from the University of Arizona, is a level 1 CFA Candidate.

Kitchen Confidential: Romance and Reality

Subject Area: Travel/Entertainment

Thursdays: Single session 11:00 AM - 12:30 PM

Start: Thu 11/9/23 **End:** Thu 11/9/23

Location: Community Learning Center - Room 203 **Class Size:** 65

Course Description

Kitchen Confidential by Anthony Bourdain is an exposé on adventures in the culinary underbelly. The class will use the book as a foundation to discuss the romance and realities of working in the wild, wacky world of restaurants. Learn how to enhance your restaurant experience.

Instructor: Kerri Hector

Kerri has 40 years of foodservice experience as a Pastry Chef, Foodservice Distributor Sales Rep, and Account Executive for a national food manufacturer.

Sailing on a Clipper Ship in Greece and Turkey

Subject Area: Travel/Entertainment

Thursdays: 2 Sessions 1:00 PM - 2:30 PM

Start: Thu 11/9/23 **End:** Thu 11/16/23

Location: Community Learning Center - Room 203 **Class Size:** 50

Course Description

150 years ago, sailing the seven seas was legendary. The romance and adventure of sailing today on a Clipper Ship is a way to fulfill your wanderlust and enjoy small ports, archaeological sites, churches, caves, and windmills.

OLLI-UA Fall 2023 – Green Valley Campus

I will share photos of Istanbul, Athens, Dikili, Myrina Limnos, Skiathos (film Mamma Mia), Skopelos (the beauty of this island competes with Santorini and Mykonos), Poros and Piraeus (Athens), sailing the Northern Sporades Islands.

My next sailing trip is March 2024 to Costa Rica and Panama.

Instructor: Diane-Marie Landsinger

Diane-Marie Landsinger has traveled to over 25 countries and has worked on international joint venture projects and helped families relocate around the world.

Southeast Tucson (Vail) Campus: In-Person Tuesdays

[The American Civil War](#)

Subject Area: History/Current Events

Tuesdays: 6 Sessions 9:00 AM - 10:30 AM

Start: Tue 9/26/23 **End:** Tue 10/31/23

Location: Santa Cruz Room - Pavilion Building -
Lodge at Del Webb, Rancho Del Lago **Class Size:**
50

Course Description

This is a continuation of the Fall 2022 study group. We will explore various aspects, major players, significant battles in the bloodiest and most costly confrontation in American history. Several presenters will share in-sight into Varina Davis, wife of the president of the Confederate States of America, the involvement of the Native Americans, "The ABCs" of the four-year struggle, and a look at some major battles.

Instructor: Gene Bryan

Gene has been a Vail resident for 14 years. His professional career included newspaper writing/editing and tourism marketing for the State of Wyoming and rodeo marketing/management for Cheyenne Frontier Days and the National Finals Rodeo for the first three years in Las Vegas.

[Canceled: Mammals of the Santa Catalina Mountains](#)

Subject Area: Arizona History/Culture,

Science/Math/Technology

Tuesdays: ~~4 Sessions 11:00 AM - 12:30 PM~~

Start: ~~Tue 9/26/23~~ **End:** ~~Tue 10/17/23~~

Location: ~~Santa Cruz Room - Pavilion Building -
Lodge at Del Webb, Rancho Del Lago~~ **Class Size:**
~~50~~

[Canceled: News and Views](#)

Subject Area: History/Current Events

Tuesdays: ~~8 Sessions 1:00 PM - 2:30 PM~~ **Start:**

~~Tue 9/26/23~~ **End:** ~~Tue 11/14/23~~

Location: ~~Santa Cruz Room - Pavilion Building -
Lodge at Del Webb, Rancho Del Lago~~ **Class Size:**
~~50~~

[Historiographic Examination of the American Civil War](#)

Subject Area: Social Sciences

Tuesdays: 6 Sessions 3:00 PM - 4:30 PM

Start: Tue 9/26/23 **End:** Tue 10/31/23

Location: Santa Cruz Room - Pavilion Building -
Lodge at Del Webb, Rancho Del Lago **Class Size:**
30

Course Description

This course is designed as a discussion-based class to investigate and examine the various historical interpretations of the American Civil War. No event in American History has been as disruptive to the political, social, and economic system than the incidents from 1850 to 1860. Historians have debated the cause of this calamitous war for 150

years. Some claim the great Civil War was a result of Northern aggression, while others denounce it as purely Southern treason. Some say it was inevitable, while others regard it as a preventable mistake. Earlier historians argued that the conflict resulted from economic differences between North and South while more recent authors argue that the cause stemmed from opposition to Southern slavery. The great questions continue to be debated: Was war inevitable or preventable? This class will examine some of these arguments in a discussion-based approach, with an emphasis on its ramifications in the 20th and 21st century, specifically the 2nd Reconstruction era of the 1950s and 1960s and the most recent 1619 project and its 1620 critique.

Instructor: John Hosmer

Dr. John Hosmer received his Ph.D. from the U of Arizona with post doctoral work at the University of Oxford in American Political Theory. He was the Arizona Governor's choice to serve on the Arizona State Board of Education and been in the education field for over 35 years teaching at both the college and secondary level. He served as the chair of the Charter School Subcommittee while on the State Board. Dr Hosmer's papers and publications are centered on the field of American political and intellectual ideas stemming from the Civil War/Reconstruction era.

[Canceled: Kitchen Confidential: Romance and Reality](#)

Subject Area: Travel/Entertainment

Tuesdays: ~~Single session 11:00 AM - 12:30 PM~~

Start: ~~Tue 10/24/23~~ **End:** ~~Tue 10/24/23~~

Location: ~~Santa Cruz Room - Pavilion Building -
Lodge at Del Webb, Rancho Del Lago~~ **Class Size:**

~~50~~

[Canceled: Trekking in the Himalaya](#)

Subject Area: Travel/Entertainment

Tuesdays: ~~Single session 11:00 AM - 12:30 PM~~

Start: ~~Tue 11/7/23~~ **End:** ~~Tue 11/7/23~~

Location: ~~Santa Cruz Room - Pavilion Building -
Lodge at Del Webb, Rancho Del Lago~~ **Class Size:**
~~50~~

[Death With Dignity 101](#)

Subject Area: History/Current Events

Tuesdays: Single session 9:00 AM - 10:30 AM

Start: Tue 11/14/23 **End:** Tue 11/14/23

Location: Santa Cruz Room - Pavilion Building -
Lodge at Del Webb, Rancho Del Lago **Class Size:**
50

Course Description

This class briefly explores the rich history of the death with dignity movement in Arizona for the last 25 years. Bringing it to the present, it will cover current end-of-life options including medical aid in dying (MAID), which is not yet available in Arizona. MAID is legal in 10 states plus Washington DC. Numerous MAID bills have been proposed in the AZ legislature since 2003 and over 60% of the AZ voters favor passing MAID bill. We'll take a deep dive into the details of the law including the "Oregon Model" passed in 1994 vs. the New Mexico law passed in 2021, the safeguards and qualifications, the views of the proponents, and the voice of the opposition.

This is a topic often misunderstood by voters and lawmakers alike. Great advances have been made in healthcare but the mortality rate is still 100%. Come enjoy some stimulating conversations about death

and dying and our end-of-life options in a safe and respectful environment.

Instructor: Mary Ganapol

Mary Ganapol moved to Tucson in 1996 from San Francisco. She retired after her two Arizona careers: contract investigator for OPM (12 yrs) and franchise owner in Green Valley for a senior care business Seniors Helping Seniors (5 yrs). She became interested in death with dignity after her former spouse died as a quadriplegic due to cancer. She has researched the right-to-die movement extensively and finds it thought-provoking. She serves on the board of Arizona End of Life Options, the League of Women Voters of Greater Tucson, and Secular AZ.

Wednesdays

Biomedical Ethics

Subject Area: Health/Wellness, Social Sciences,
Science/Math/Technology,
Philosophy/Spirituality/Religion

Wednesdays: 6 Sessions 9:00 AM - 10:30 AM

Start: Wed 9/27/23 **End:** Wed 11/1/23

Location: San Pedro Room - Pavilion Building -
Lodge at Del Webb, Rancho Del Lago **Class Size:**
45

Course Description

This course will consider the moral, ethical, and social dilemmas which arise in the practice of medicine by healthcare professionals and healthcare institutions, the use of human subjects in biomedical research, and the social obligations to provide healthcare to those who cannot afford it. In these contexts, we will examine and apply moral

principles, laws, and organizational Codes of Ethics (e.g. the AMA) in considering:

- a) patient autonomy and decision making versus paternalism
- b) information and disclosure obligations of healthcare providers and researchers
- c) informed consent—what exactly does this require, and why is it important?
- d) the appropriate uses of reproductive technology, e.g., IVF; fertility drugs; choosing "superior" embryos for implantation; modifying embryonic genomes to prevent disease or enhance the resulting child, e.g., her height, intellect, attractiveness; discarding unselected embryos
- e) genetic choices, e.g., modifying embryonic genes, gene therapy and "enhancement"
- f) euthanasia and physician assisted suicide
- g) principles of justice as applied to the provision of healthcare, e.g., entitlement to basic healthcare, rights (or not) to the most advanced techniques, priorities in the receipt of transplant organs, inequities in healthcare available to minorities and the poor.

Useful readings will be provided, primarily from the 2022 edition of Bioethics by Lewis Vaughn. This is a wonderful text, but purchase is not required. We will also keep an eye out for relevant current events. I will do some lecturing, to lay out ethical dilemmas, but I hope the class will have plenty of time for thoughtful, fact-based disagreement and debate.

Instructor: Maggie Cohen

Maggie Cohen has taught college level courses in law, philosophy and labor studies for more than 30 years. She holds a Ph.D. in Philosophy, specializing in theoretical and applied ethics. She is a lawyer, specializing in labor and employment law, who loves the law and is intent on demystifying it for anyone who wants to learn.

Righteous Minds: Why Are Good People Divided by Ethics, Politics, Economics and Religion

Subject Area: Social Sciences

Wednesdays: 6 Sessions 11:00 AM - 12:30 PM

Start: Wed 9/27/23 **End:** Wed 11/1/23

Location: San Pedro Room - Pavilion Building - Lodge at Del Webb, Rancho Del Lago **Class Size:** 50

Course Description

During six sessions we will consider:

What is culture, when and why did it develop, and how does it shape our thinking? How do we actually think: rational vs intuitive? How do modern cultures differ? What are the major cultural differences within the U.S. and how have these differences developed over the past 60 years? Can we really understand someone whose culture and life experiences are dramatically different from our own? Can we bridge the cultural gaps and create a more civil society?

The ground we cover will be informed by books, articles and speeches by Jonathan Haidt, Yuval Noah Harai, Daniel Dennett, Daniel Kahneman, Charles Duhigg, Charles Murray, Brian Alexander, and Arlie Russell Hochschild.

Instructor: Ray Baxter

Ray Baxter is retired and has been living in Tucson since 2009. He was CEO of a \$300 million food company for 22 years. He has also served for two years as Chairman and interim CEO of a rational process capability development and consulting company prior to his full retirement. He has a BA in political science and an MA in Japanese Area

Studies from the University of Michigan and an MBA from the Harvard Business School. Currently, Ray is a volunteer with SCORE, providing pro bono mentoring and education for Tucson residents wanting to start a small business or improve their existing business. Ray's teaching experiences includes conducting numerous workshops on rational process capability, organization change management and leadership.

Mountain Gorilla Trekking in Rwanda

Subject Area: Travel/Entertainment

Wednesdays: Single session 1:00 PM - 2:30 PM

Start: Wed 9/27/23 **End:** Wed 9/27/23

Location: San Pedro Room - Pavilion Building - Lodge at Del Webb, Rancho Del Lago **Class Size:** 30

Course Description

One of the great thrills of my life was spending an hour visiting with a family of about 15 gorillas in their natural habitat on a mountainside in Rwanda. I will discuss how best to get there from here, how to prepare for the difficult hike required, and what to expect when you get there. I will show videos and photos taken by me and my husband Ray.

I will talk a bit about Rwandan history and the life of the people and what else you can do while you're there. I will also talk about the considerable conservation efforts that were planned and executed to end poaching and to save the mountain gorillas from extinction.

Instructor: Ann Baxter

Ann Baxter retired in 2014 after a business career with a variety of companies, working in public relations, sales management, training, and consulting. In both her business career and in

retirement, she has traveled extensively. To record her adventures she has mastered the iPhone camera, iPad, Mac computer and the iMovie app to turn her still photos and video clips into creative movies that capture both the images and the spirit of her travels.

Ranked Choice Voting: The Proposed Constitutional Change on the Ballot

Subject Area: Civic

Engagement/Community/Government

Wednesdays: Single session 3:00 PM - 4:30 PM

Start: Wed 9/27/23 **End:** Wed 9/27/23

Location: San Pedro Room - Pavilion Building - Lodge at Del Webb, Rancho Del Lago **Class Size:** 50

Course Description

We will discuss the topics of Ranked Choice Voting (RCV) and equalized signatures to get on the ballot for all candidates and open primaries. We will discuss how simple changes to the way we vote could make a significant difference in the way we are governed. Our votes could make the change for more choice and better governance.

Instructors: Jon Ralston, M.E. Martinez, Betsy Boggia

Jon Ralston was born and raised in Southern California, and received a Bachelor's of Arts at the University of the Pacific. He moved to Tucson in 2000, worked for several years in education at the Arizona State School for the Deaf and Blind and eventually returned to school to become an Acupuncturist. He has served on and been President of several Homeowner's Associations.

M.E. Martinez is the Speakers Coordinator for Voter Choice Arizona.

Betsy has been a lifelong advocate for children, women, peace and equity, and is currently putting her skills to good use advocating for ranked choice voting in Arizona.

Our Once in a Lifetime African Safari

Subject Area: Travel/Entertainment

Wednesdays: Single session 1:00 PM - 2:30 PM

Start: Wed 10/4/23 **End:** Thu 10/4/23

Location: San Pedro Room - Pavilion Building - Lodge at Del Webb, Rancho Del Lago **Class Size:** 50

Course Description

We will be sharing our pictures and videos of the nostalgic safari trip that exceeded our wildest dreams. We were able to travel the vast wilderness of Central Africa and see the Big Five up close. We followed elephant herds, saw hippos and crocodiles as they crowded in the Chobe River. We viewed cape buffalo, giraffe, zebra, rhinos, and several types of antelope in the Okavango Delta. We were up close and personal with leopards, hyenas, and several prides of lions. It was a nostalgic safari that exceeded our wildest dreams as we moved through Zambia, Namibia, Zimbabwe, and Botswana. Just us and super guide Francis!

Instructors: Jerry Howell, Patricia Howell

Jerry Howell has taught OLLI classes for over 5 years. He has 46 years of teaching experience at the high school and college level. He received his BA from San Jose State University, MS from Cal Poly, San Luis Obispo, and PhD from Oregon State University. His teaching experience has included graduate-level courses and Advanced Placement in U.S. History, Human Geography and World History.

Patricia Howell has been teaching OLLI classes for the past seven years and she has 40 years of teaching and education administration experience at the high school and college level. She received her BS and MS from Chadron State College in Nebraska and EdD from Portland State University in Oregon. She has served as a high school assistant principal and principal, assistant superintendent of curriculum and instruction, and superintendent of schools.

Canceled: Investing for Retirement

~~Subject Area: DIY/Self-Help, Social Sciences~~

~~Wednesdays: 2 Sessions 1:00 PM – 2:30 PM~~

~~Start: Wed 10/25/23 End: Wed 11/1/23~~

~~Location: San Pedro Room - Pavilion Building -
Lodge at Del Webb, Rancho Del Lago Class Size:
30~~

Canceled: Investing for Women

~~Subject Area: Social Sciences, DIY/Self-Help~~

~~Wednesdays: 2 Sessions 3:00 PM – 4:30 PM~~

~~Start: Wed 10/25/23 End: Wed 11/1/23~~

~~Location: San Pedro Room - Pavilion Building -
Lodge at Del Webb, Rancho Del Lago Class Size:
30~~

Thursdays

The Cold War Gets Colder

Subject Area: History/Current Events

Thursdays: 8 Sessions 9:00 AM - 10:30 AM

Start: Thu 9/28/23 **End:** Thu 11/16/23

Location: Santa Cruz Room - Pavilion Building -
Lodge at Del Webb, Rancho Del Lago **Class Size:**
50

Course Description

The Cold War really starts with the Western nations' intervention in the Russian Revolution in 1917. The Cold War becomes an official term in the 1940s and hasn't really cooled off yet. In this class, we will cover the Truman Doctrine of Containment, our clash with the Russians over what should control Europe and the world, Communism vs. Democracy, and socialism vs. Capitalism. We will be discussing the Arms Race, the Space Race, and MAD (Mutual Assured Destruction), Failsafe, the Cuban Missile Crisis, the Iron Curtain, the Marshall Plan, the Berlin Airlift, the North Atlantic Treaty Organization vs. the Warsaw Pact, the fall of China, hot spots such as Korea, Vietnam, and Afghanistan, and the fall of the USSR. Now it is China vs. the United States and the effects of all these things on the population of America and its economy.

Instructor: Jerry Howell

Jerry Howell has taught OLLI classes for over 5 years. He has 46 years of teaching experience at the high school and college level. He received his BA from San Jose State University, MS from Cal Poly, San Luis Obispo, and PhD from Oregon State University. His teaching experience has included graduate-level courses and Advanced Placement in U.S. History, Human Geography and World History.

Women of the Old West

Subject Area: History/Current Events

Thursdays: 4 Sessions 11:00 AM - 12:30 PM

Start: Thu 9/28/23 **End:** Thu 10/19/23

Location: Santa Cruz Room - Pavilion Building -
Lodge at Del Webb, Rancho Del Lago **Class Size:**
50

Course Description

The Women of the Old West class will highlight true stories of the pioneering wives, mothers, daughters, teachers, writers, entrepreneurs, and artists who shaped the old west and helped change the face of American history.

These women are not as famous or as well-known as Big Nose Kate, Calamity Jane, or Belle Starr. They may even be considered "ordinary" women, but their many accomplishments are "extraordinary." The indomitable spirit of these women, combined with their intellect, passion, and talent spurred them on to overcome challenges and become an inspiration to many.

Instructor: Patricia Howell

Patricia Howell has been teaching OLLI classes for the past seven years and she has 40 years of teaching and education administration experience at the high school and college level. She received her BS and MS from Chadron State College in Nebraska and EdD from Portland State University in Oregon. She has served as a high school assistant principal and principal, assistant superintendent of curriculum and instruction, and superintendent of schools.

Amazing Astronomy... Without Any Math!

Subject Area: Science/Math/Technology

Thursdays: 6 Sessions 1:00 PM - 2:30 PM

Start: Thu 9/28/23 **End:** Thu 11/2/23

Location: Santa Cruz Room - Pavilion Building -
Lodge at Del Webb, Rancho Del Lago **Class Size:**
30

Course Description

A series of comprehensive, but easy to follow audio/visual presentations focusing on the awesome beauty of this incredible universe in which we live.

Session 1: Cruising through the Solar System. A visually stunning tour of the sun, planets, moons, asteroids, and comets in our solar system.

Session 2: Cruising through the Cosmos. Mind-boggling views of the awesome beauty of deep space as revealed by the Hubble Space Telescope.

Session 3: Here Comes the Sun. A visual documentary of our sun, the fusion process that powers it, and what will happen when it runs out of fuel and dies.

Session 4: Cruising to the Moon. An exploration of our nearest neighbor in space, and how it inspired that "...one giant leap for Mankind."

Session 5: From Galileo to the Hubble...the Evolution of the Telescope. How the many different types of telescopes reveal both the visible and the unseen mysteries of the universe.

Session 6: Cruising to the Red Planet. The mesmerizing story of Humankind's fascination with, and exploration of, the planet Mars.

Instructor: Fred Cink

Fred J. Cink is a former Army Aviator, and retired Naval Aviator with thousands of hours of flight time in both rotary wing and fixed wing aircraft. His lifelong interest in military aviation is matched by a passion for all things related to astronomy and space exploration. In 2018 he was hired by AURA, the Association of Universities for Research in Astronomy in Tucson, Arizona, to share his knowledge of astronomy with visitors at Kitt Peak National Observatory.

Canceled: International Development in North Africa

Subject Area: Civic

Engagement/Community/Government

~~Thursdays: 4 Sessions 3:00 PM – 4:30 PM~~

~~Start: Thu 9/28/23 End: Thu 10/19/23~~

~~Location: Santa Cruz Room – Pavilion Building –~~

~~Lodge at Del Webb, Rancho Del Lago Class Size:~~

~~45~~

Wives and Lovers of the Earp Brothers

Subject Area: History/Current Events

Thursdays: 3 Sessions 11:00 AM - 12:30 PM

Start: Thu 10/26/23 **End:** Thu 11/9/23

Location: Santa Cruz Room - Pavilion Building -

Lodge at Del Webb, Rancho Del Lago **Class Size:**

50

Course Description

Most people when they hear the name Earp, they think of Wyatt, Virgil, Morgan, and sometimes the lesser-known James and Warren. While it's true these men made history on their own, they all had a Mrs. Earp behind them, some more than one.

The Earp men, starting with the Patriarch of the Earp clan, Nicholas Porter Earp, did not like being alone. Nicholas Earp was married three times, with his last marriage being at the age of 80 and his bride being 53 years old. Three of his sons would follow their father's lead and marry more than once. It's also possible these Earp brothers had additional brides or lovers that have yet to be discovered!

These women helped shape the future of the Earp brothers and may have even been the fuel behind some of the fires they encountered. This class will trace the lives of the women who shared the title of Mrs. Earp, either by name or relationship. You may know their famous husbands' names, but it's Mrs. Earp's turn to take the spotlight.

Instructor: Patricia Howell

Patricia Howell has been teaching OLLI classes for the past seven years and she has 40 years of teaching and education administration experience at the high school and college level. She received her BS and MS from Chadron State College in Nebraska and EdD from Portland State University in Oregon. She has served as a high school assistant principal and principal, assistant superintendent of curriculum and instruction, and superintendent of schools.

Canceled: Investing for Retirement: Advanced

Subject Area: Social Sciences, DIY/Self-Help

~~Thursdays: 2 Sessions 3:00 PM – 4:30 PM~~

~~Start: Thu 11/9/23 End: Thu 11/16/23~~

~~Location: Santa Cruz Room – Pavilion Building –~~

~~Lodge at Del Webb, Rancho Del Lago Class Size:~~

~~30~~

Annuities: The Good, the Bad, the Ugly

Subject Area: Social Sciences, DIY/Self-Help

Thursdays: Single session 1:00 PM - 2:30 PM

Start: Thu 11/16/23 **End:** Thu 11/16/23

Location: Santa Cruz Room - Pavilion Building -
Lodge at Del Webb, Rancho Del Lago **Class Size:**
30

Course Description

Discover the ins and outs of annuities in this concise one-session course. Gain an understanding of annuity types, including immediate, deferred, fixed, fixed index, and variable annuities, and learn which types of firms sell them. Explore the impact of annuities on inflation and compare their performance. Analyze annuity fees and uncover the true cost of purchasing one. Determine who can benefit from annuities, what to consider when shopping for one, and what to do if you already have an annuity.

Instructors: Richard Mundinger, CFA, Ashlyn Tucker

Richard Mundinger, CFA, with four decades of experience, provides expert investment management to private clients at RMH. A Total Investment Return approach underpins RMH's investment philosophy. As a CFA charterholder, Richard has a network of CFA contacts across the US and globally. Richard's extensive expertise makes him a reliable financial advisor. His commitment to community service is demonstrated through his volunteering with the Community Foundation of Southern Arizona, where he served the Board, Investment, Finance, and Building committees.

Ashlyn Tucker, a Master of Finance graduate from the University of Arizona, is a level 1 CFA Candidate.

Online Classes

Mondays

[Intel for Dummies: Part 2](#)

Subject Area: History/Current Events, Online Class

Mondays: 12 Sessions 9:00 AM - 10:45 AM

Start: Mon 9/11/23 **End:** Mon 12/4/23 - **No Class Week of Thanksgiving**

Location: Online Zoom Offering 1 **Class Size:** 300

Course Description

This is the same course as given in-person during Spring semester 2023, to be updated by events as they occur later this year. The course is about United States Intelligence in recent history and current events. We will be looking at what experience teaches and what is new: Collection. Analysis. Dissemination. Sources and methods. Espionage. Counterintelligence. Covert Action. Cyber warfare. Congressional oversight. Failure and success. Emerging threats.

Instructor: Jesse Frey

Jesse is an experienced study group leader.

[Investigating Police In-Custody Deaths](#)

Subject Area: Online Class, Civic

Engagement/Community/Government,

History/Current Events

Mondays: 4 Sessions 9:00 AM - 10:45 AM

Start: Mon 9/11/23 **End:** Mon 10/2/23

Location: Online Zoom Offering 3 **Class Size:** 30

Course Description

This 4-week course will be a review the facts and fiction within the public debate regarding police officer-involved fatal custodial deaths. My primary goal is to describe the process and the adjudicating factors involved in investigating custodial deaths. The class will include an explanation of the prevailing US Supreme Court rulings. It will conclude with an examination of the facts and/or the fiction behind several of the more recent controversial shootings. I will not be showing images or videos of any incidents. The class is designed to be informative and less a forum for debating related social issues.

Instructor: David Grabelski

Dave has 45 years of tactical and strategic intelligence experience in the law enforcement and intelligence communities at the local, federal, international, and university/college levels. In his first career, he served 21 years with the Los Angeles Police Department including assignments as a Senior Homicide Detective and Gang Unit Supervisor. His second career was as a Gangs/Drugs/Violence analyst/Instructor for the US Department of Justice / National Drug Intelligence Center. Dave recently retired as the Chair and Assistant Professor of the Mercyhurst University's Tom Ridge School of Intelligence Studies in Erie, PA. He holds advanced degrees from Pennsylvania State University and Pepperdine University. Dave and his wife Kitty currently reside in Vail, AZ.

Gentle Energizing Movement, Breathing and Meditation

Subject Area: Philosophy/Spirituality/Religion,

Health/Wellness, Online Class

Mondays: 9 Sessions 9:00 AM - 10:45 AM

Start: Mon 9/11/23 **End:** Mon 11/13/23 - **No Class 10/2**

Location: Online Zoom Offering 2 **Class Size:** 300

Course Description

Let go of stress and come home to yourself. Over millennia, the sages of the Himalayan Yoga Tradition developed highly effective methods of movement, relaxation, and meditation. In this study group you will learn foundational practices from the Himalayan Yoga Tradition. Each session will have three phases: gentle movement and breathing, deep relaxation, and meditation. Members can expect to leave this class refreshed. Please note that the movements taught in this study group are not acrobatics. They are suitable for people with no yoga experience. If you've attended yoga classes and found them to be too strenuous or otherwise challenging, this study group is for you.

Instructor: Randall Krause

Randall Krause served many years as an attorney and conflict resolution facilitator. Later, he studied counseling and received a M.A. in interdisciplinary consciousness studies with an emphasis in holistic health counseling, was certified and served as a personal coach and mentor. He studied Effective Communication intensively and also studied The Gremlin Taming Method for more than 10 years. In addition, Randall is a senior mentor and teacher in the Himalayan yoga meditation tradition and is registered with Yoga Alliance (YA) as an

Experienced Yoga Teacher and a Continuing Yoga Education Provider.

Artificial Intelligence—What Next?

Subject Area: Online Class, History/Current Events,

Science/Math/Technology, Social Sciences

Mondays: 8 Sessions 11:00 AM - 12:45 PM

Start: Mon 9/11/23 **End:** Mon 10/30/23

Location: Online Zoom Offering 1 **Class Size:** 300

Course Description

This course will focus on recent developments in AI beginning with the release of ChatGPT in November 2022 and ending wherever we find ourselves a year later. ChatGPT thrust AI into the public spotlight as never before. Within five days of release, it had gained a million users and was the fastest-growing app in the history of software. Apocalyptic prophecies rang out in all directions, marked by phrases like "imminent utopia," "post-scarcity economy," and "extinction of humanity." Tom Friedman referred to our situation as a "Promethean moment."

Hundreds of AI researchers signed an open letter calling for a pause in the release of systems more powerful than GPT4, citing "profound risks to society and humanity." A later statement said that "mitigating the risk of extinction from AI should be a global priority."

Meanwhile, AI research proceeds apace. By the time this course meets, these issues may feel like old news and we may be focused on breakthroughs in medicine or robotics. This course will attempt to follow the changing AI landscape and explore the potential ways AI will affect our lives.

Instructor: Elena Berman

Phone: 520.626.9039

Email: ollimail@arizona.edu

Website: oli.arizona.edu

Elena Berman has a PhD in Linguistics and has been interested in artificial intelligence since she was a graduate student. She has been closely following recent developments in machine learning and generative AI.

[She Walks in Beauty: Art About, by and for Women](#)

Subject Area: Arts/Culture, Online Class

Mondays: 3 Sessions 11:00 AM - 12:45 PM

Start: Mon 10/2/23 **End:** Mon 10/16/23

Location: Online Zoom Offering 2 **Class Size:** 300

Course Description

This course will consist of three art talks, one focused on Japanese woodblock prints by Japanese women, Ukiyo-e, another on paintings by Black women artists, and a third by Jewish women artists.

Instructor: Adrienne O'Hare

Adrienne O'Hare was born in Brooklyn. She has a master's degree in Group Dynamics and post graduate certificates in Women's Studies and Art Therapy. She is an Art Therapist and a Spiritual Director in private practice.

She has been a docent first at the U of A, Mini Time Machine, and the Tucson Museum of Art since 2016. As an Art Essayist, she seeks to portray the beauty and strength of the human spirit.

Her first novel, Sheol County Blues, was well received, and her paintings were in a dozen or so art exhibits in Tucson and Philadelphia.

[Social Security: Bringing Our Office to You](#)

Subject Area: DIY/Self-Help, Online Class

Mondays: Single session 11:00 AM - 12:45 PM

Start: Mon 10/30/23 **End:** Mon 10/30/23

Location: Online Zoom Offering 3 **Class Size:** 300

Course Description

A free workshop from Social Security. We plan to answer the following questions and more: When are you eligible to receive retirement benefits? How does early retirement affect your benefits? Do you qualify for disability, survivors, and spouse benefits? How do you get the most from your benefit? What is the future of Social Security? When should you file for Medicare?

Instructor: Jack Burns

Jack Burns is a Public Affairs Specialist in Arizona for the Social Security Administration. He has worked with The Social Security Administration for over 20 years. Prior to working as a Public Affairs Specialist, he worked training and supervising benefit services staff in Social Security offices in Phoenix and Mesa, AZ. Jack has a B.A. from The University of Connecticut and a MEd from ASU.

Curious, Strange, Familiar...and Often Downright Silly!

Subject Area: Philosophy/Spirituality/Religion, Social Sciences, Online Class

Mondays: 4 Sessions 11:00 AM - 12:45 PM

Start: Mon 10/16/23 **End:** Mon 11/6/23

Location: Online Zoom Offering 3 **Class Size:** 300

Course Description

In this class we will take a look at various cultural and religious rituals, customs, and family traditions that people around the world practice either communally or personally. Some rituals that most people are familiar with include: saying "God bless you!" when someone sneezes, shaking hands when you meet someone for the first time, saying grace before a meal, knocking on wood, and many others. Cultural rituals include various types of marriage ceremonies, holiday celebrations, or the way we mark certain milestones in our lives: births, coming of age, marriages, and deaths. A few rituals are very personal - those we learned from our parents and grandparents (especially in immigrant families), and some may be silly superstitions. I'm not an expert by any means, but I find this topic fascinating! If you do too, then let's explore it together.

Participants in this class are welcome to share their own knowledge and experience of rituals, family traditions and customs. I'm sure we'll learn a lot from each other, and hopefully have some fun too!

Instructor: Judith Rockey

Judith is recently retired and enjoys dark room photography and taking classes at OLLI.

Create Custom Shutterfly Photo Albums

Subject Area: Online Class, Crafts/Cooking

Mondays: 2 Sessions 9:00 AM - 10:45 AM

Start: Mon 10/23/23 **End:** Mon 10/30/23

Location: Online Zoom Offering 3 **Class Size:** 50

Course Description

So, you've just returned from a great trip or other memorable event, and you have lots of wonderful photos. Now what? Scroll through all those photos on your phone every time you want to show one to someone (while they roll their eyes and look at their watch)? If you've downloaded hundreds (or thousands) of pictures to your computer or the cloud, do you ever go look through all of them? Have you forgotten where a picture was taken or what you were doing?

We've all been there, but there is a solution - Shutterfly Photo Albums! But not their prefabricated albums that don't allow much, if any, flexibility. I'm talking about creating custom, bound photo albums, assembled and presenting your memories just exactly the way you want, complete with text descriptions of the 'who, when, where and what' of your photos.

It's not as difficult, or expensive, as you might think (especially compared to the cost of that trip!). Costco recently merged their photo center with Shutterfly, so this is a good time to learn how to use that platform to your advantage.

In this 2-session Zoom class, I will show you the easy way to create custom photo albums on Shutterfly's website. I've made over 20 custom travel books and will walk you through the steps and tricks I've learned and that you'll need to create your own custom albums that you'll be proud to share and others will actually want to look through.

Instructor: Curt Matuna

Curt received his BS in Botany in 1974 from the University of California, Davis. After a few years working in casino hotel management in Reno and Las Vegas, Curt attended the CU Law School in Boulder, CO, where he received his J.D. in 1985, and followed that up with a 20-year career as a commercial real estate attorney at one of Denver's larger law firms. When his stint as managing partner just about did him in, he and Cheryl moved to Tucson in 2005 to travel and pursue their favorite outdoor sports and activities. A committed lifelong learner, Curt finally discovered OLLI in 2015, and has been a class fixture since then. While pursuing his wanderlust, Curt discovered and has been studying Buddhism since he and Cheryl were traveling in SE Asia in 2008.

Canceled: Black American Art and Artists

~~Subject Area: Online Class, History/Current Events, Arts/Culture~~

~~Mondays: 6 Sessions 11:00 AM - 12:45 PM
Start: Mon 10/23/23 End: Mon 12/4/23 - No Class Week of Thanksgiving
Location: Online Zoom Offering 2 Class Size: 300~~

Death With Dignity IOI

Subject Area: History/Current Events, Online Class

Mondays: Single session 9:00 AM - 10:45 AM

Start: Mon 11/13/23 **End:** Mon 11/13/23

Location: Online Zoom Offering 3 **Class Size:** 300

Course Description

This class briefly explores the rich history of the death with dignity movement in Arizona for the last 25 years. Bringing it to the present, it will cover current end-of-life options including medical aid in dying (MAID), which is not yet available in Arizona. MAID is legal in 10 states plus Washington DC. Numerous MAID bills have been proposed in the AZ legislature since 2003 and over 60% of the AZ voters favor passing MAID bill. We'll take a deep dive into the details of the law including the "Oregon Model" passed in 1994 vs. the New Mexico law passed in 2021, the safeguards and qualifications, the views of the proponents, and the voice of the opposition.

This is a topic often misunderstood by voters and lawmakers alike. Great advances have been made in healthcare but the mortality rate is still 100%. Come enjoy some stimulating conversations about death and dying and our end-of-life options in a safe and respectful environment.

Instructor: Mary Ganapol

Mary Ganapol moved to Tucson in 1996 from San Francisco. She retired after her two Arizona careers: contract investigator for OPM (12 yrs) and franchise owner in Green Valley for a senior care business Seniors Helping Seniors (5 yrs). She became interested in death with dignity after her former spouse died as a quadriplegic due to cancer. She has researched the right-to-die movement extensively and finds it thought-provoking. She

serves on the board of Arizona End of Life Options, the League of Women Voters of Greater Tucson, and Secular AZ.

Tuesdays

Hollywood Blacklist (1940's - 1950's)

Subject Area: Arts/Culture, Online Class

Tuesdays: 12 Sessions 9:00 AM - 10:45 AM

Start: Tue 9/12/23 **End:** Tue 12/5/23 - **No Class**

Week of Thanksgiving

***Hybrid Class: In-person and Online**

Location: Online Zoom Offering 1 **Class Size:** 300

Course Description

The Hollywood blacklist did not appear in a vacuum. The events leading to the blacklist will be discussed, with a special focus on individuals and movies of the era. The Hollywood 10 and 19 will be highlighted. The role of the witnesses brought before House Un-American Committee (HUAC), Red Channels, the Cold War, the studio guilds, and current events all contributed to the Red Scare.

The following movies were chosen because they were made by blacklisted individuals, were about the blacklist, or ended the blacklist. Class discussions will center around the impact of these movies. Tentative movies include: "Mission to Moscow", "High Noon", "On the Waterfront", "Spartacus". Some of the movies may be free, otherwise they are on Netflix or Amazon Prime for a fee. If the films become unavailable, I will make substitutions. For good discussions, the movies should be viewed before class.

This class will be offered as a hybrid, both in-person and online. This is the online option.

Instructors: Yolanda Alvarez, Leslye Friedberg

Yolanda Alvarez is a film buff who attends many film classes and film festivals. She enjoys discussing the relevance of popular culture in film and vice versa. Film noir is a genre she is particularly interested in.

Leslye Friedberg, Professor Emeritus, taught writing and humanities at Community College of Philadelphia and The University of Cincinnati. Her main areas of interest are interdisciplinary connections among literature, film, and art. For OLLI, she has taught film courses on the Holocaust in Film; The Screwball Comedy; and Great Hollywood Love Stories of the 1940s.

A Book Study: The Biologic "Songs" of Our Cells

Subject Area: Online Class, Health/Wellness,

Science/Math/Technology

Tuesdays: 12 Sessions 9:00 AM - 10:45 AM

Start: Tue 9/12/23 **End:** Tue 12/5/23 - **No Class**

Week of Thanksgiving

Location: Online Zoom Offering 2 **Class Size:**

300 Additional Costs: We recommend (independent) purchase of the book "The Song of the Cell" by Siddhartha Muckerjee.

Course Description

This study group is a journey through what cell biologists have learned so far of the "how" of human cell function, i.e., the mechanisms our different individual cell types use to carry out the processes by which we say each is alive... and the mechanisms by which cells function cooperatively and thus have emergent properties that allow us to describe ourselves as multicellular living beings. The

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study group is based on the Book "The Song of the Cell" by Siddhartha Muckherjee (Scribner, 2022). Muckherjee describes his protagonists as biologists (past and present) who have sought "to understand life by understanding the [individual] cell's anatomy, physiology, behavior, and its interactions with surrounding cells". With an eye toward the future, he introduces us to medical scientists on a "medical quest...to use these building blocks of humans [i.e., cells] to rebuild and repair humans." We will work our way through the book with recommended reading assignments. We will use our meeting times for SGLs to embellish the themes of each reading and to hear your comments and do our best to respond to your questions. Science background is not necessary. Any expertise you wish to contribute will be a welcome addition. For full benefit from this study group, we recommend each SG member purchase Muckherjee's book, which at this writing appears to be available for about \$20.

Instructors: Marilyn Halonen, Gerald Fleischner
Marilyn Halonen is currently Professor Emerita of Pharmacology, University of Arizona, and is continuing to carry out research at the University as a volunteer faculty member in the Asthma and Airways Diseases Research Center and the Bios Institute. Before retiring in 2010, she taught classes at UA in Immunology and Inflammation, performed research and trained students in research related to immunity, allergy and asthma. She spent one year on sabbatical at NIH. For OLLI, she has led groups discussing "How Your Immune System Works", "The Meaning of Life" and "Dealing with the Aging Brain" and a co-group leader for "Evolution" and "Molecular Biology".

Gerald M. Fleischner, MD is a retired physician who spent 40 years teaching, caring for patients, and doing science at the Albert Einstein College of Medicine in the Bronx, NY. Early research training at Einstein was with the immunologist-virologist Dr.

John B. Robbins and the hepatologist Dr. Irwin Arias. An unquenchable curiosity about the life process has him spending much time and effort in studying genomics and evolutionary science and how they intersect the medical literature. An OLLI member for over 12 years, he has served as SGL or co-SGL in courses involving the biological sciences and medicine.

[Ekphrasis: Translating Art Into Words](#)

Subject Area: Literature/Writing/Language,
Arts/Culture, Online Class

Tuesdays: 12 Sessions 11:00 AM - 12:45 PM
Start: Tue 9/12/23 **End:** Tue 12/5/23 - **No Class Week of Thanksgiving**

Location: Online Zoom Offering 1 **Class Size:** 20

Course Description

Ekphrasis is writing inspired by and responding to art (painting, sculpture, photography, music, etc.) While traditionally ekphrastic writing has been poetry, the genre of ekphrasis has expanded to include any form of creative writing. Ekphrasis begins with the experience of looking at or listening to a piece of art. For each individual, this involves all of your bodily sensations and thoughts as you attempt to understand what you are experiencing and, vitally important, what the art says to you. In a sense, you become the translator of your sensations and thoughts, resulting in a unique piece of writing. In this highly interactive course, we will look at various pieces of art and respond to them in writing (shared with the class). You need not be an experienced creative writer, but you must have a desire to imagine, experiment, and create. We will discuss examples of ekphrastic writing, especially at the beginning of the course. Throughout the course,

instructors will provide images of art for class members to respond to. In addition, class members will have opportunities to choose the art they want to write about. As with any creative writing class, you must be willing to share your work (read aloud and discuss with others).

Instructors: Leslye Friedberg, Judith Rockey

Leslye Friedberg, Professor Emeritus, taught writing and humanities at Community College of Philadelphia and The University of Cincinnati. Her main areas of interest are interdisciplinary connections among literature, film, and art. For OLLI, she has taught film courses on the Holocaust in Film; The Screwball Comedy; and Great Hollywood Love Stories of the 1940s.

Judith is recently retired and enjoys dark room photography and taking classes at OLLI.

Islam and Violent Extremism: Links Between Islam, Extremism, and Terrorism

Subject Area: Online Class, History/Current Events, Philosophy/Spirituality/Religion

Tuesdays: 8 Sessions 11:00 AM - 12:45 PM

Start: Tue 9/12/23 **End:** Tue 10/31/23

Location: Online Zoom Offering 2 **Class Size:** 300

Course Description

Media tends to focus on the threat that Muslim extremists pose to non-Muslims in the West, blaming the faith for any act of violence. Most instances of extremist and terrorist violence do not affect western countries, but happen almost exclusively in largely Muslim states, consisting of attacks by Muslim extremists on fellow Muslims. These violent acts are overwhelmingly committed

by a tiny fraction of the world's Muslims and caused by many factors like poverty, hopelessness, failed governance, and weak economic development.

In this class, we will explore the basic Muslim texts (allegedly the source of extremism), how these texts were historically interpreted to justify acts of terrorism, how different religious 'movements' used (and abused) these texts and 'precedents' to seek power, and how certain states have harbored terrorist groups and/or exercised what is labelled 'State Terrorism'. We will address the role of the governments of the countries affected as well as the history of the different terrorist 'organizations', their 'modus operandi', their demise, but also their possible resurgence and potential threat to the West and especially the United States.

Quote from the Washington DC Center for Strategic and International Studies: "ISIS, Al Qaida and the Taliban are key current threats. But they are only one small part of a far broader problem that will endure for decades."

Instructor: Samih Baalbaki

Born and raised in Lebanon (18 different religious and ethnic legally recognized communities), Samih retired as a lawyer after spending his last 17 years based in Dubai and traveling extensively on professional assignments to over 20 Muslim countries in the Middle East, North Africa and southeast Asia. For the last 8 years, with OLLI at CCU as well as other educational institutions, Samih has taught courses on Islam, Middle Eastern politics and current affairs. Samih is a native Arabic speaker. Passionate about teaching, Samih has taught two weekly Zoom classes throughout the Covid-19 confinement.

Beginning Spanish

Subject Area: Literature/Writing/Language, Online

Class

Tuesdays: 12 Sessions 1:00 PM - 2:45 PM

Start: Tue 9/12/23 **End:** Tue 12/5/23 - **No Class**
Week of Thanksgiving

Location: Online Zoom Offering 1 **Class Size:** 45

Course Description

This class is for people who have no to little exposure to Spanish. We will start with the basics, build everyday vocabulary, then move to easy short stories and some grammar. I will provide the text.

Instructor: Josephine Kelleher

Dr. Josephine Kelleher is a retired educator who has been studying Spanish for the past several years at OLLI. In addition to teaching at the university level, Dr. Kelleher has been a science and mathematics teacher at the middle school level, a high school assistant principal and principal, and superintendent of schools in three school districts. Dr. Kelleher earned a bachelor's degree in science and mathematics education and a master of arts in teaching in biological sciences from Rhode Island College, and a doctorate in educational leadership from the University of Connecticut.

Documentaries to Make You Think

Subject Area: Online Class, Social Sciences

Tuesdays: 12 Sessions 3:00 PM - 4:45 PM

Start: Tue 9/12/23 **End:** Tue 12/5/23 - **No Class**
Week of Thanksgiving

***Hybrid Class: In-person and Online**

Location: Online Zoom Offering 1 **Class Size:** 300

Course Description

The documentaries shown in this class are diverse, thought-provoking, educational, and informational. I attempt to get documentaries with English subtitles. Please sign into class by 2:45 pm. Our classes run on Tuesdays from 3:00 pm until at least 5:00 pm. Some of the documentaries will last 2 hours plus time for some discussion. Generally, the classes will run longer to allow for discussion, but please feel free to sign off whenever necessary.

NOTE: Please do not expect a 4G, surround sound experience, rather it may have more of a "drive-in theater" feel to it. It is also helpful to shut down all programs besides Zoom on your computer, iPad or iPhone to help minimize any lag. Exact Documentary Listing TBD.

This class will be offered as a hybrid, both in-person and online. This is the online option.

Instructor: Mallory Riegger

As a UA graduate with a BS in Accounting, Mallory has worked in Accounting, Marketing and Management roles since 1985. She has been actively volunteering since 1997 in accounting, IT, training, and leadership roles including Scouting and OLLI-UA. She has been an SGL since 2018, on the AV Committee since 2018, Zoom Support & Tech Training (2020/21), tech host (ongoing), OLLI-UA recordings editor and manage the DVD library. She was the OLLI-UA Board Treasurer 2019 - 2023 and is currently the OLLI-UA Board VP.

Rebirth of Nuclear Power – Simple Terms but Not Quite for Dummies

Subject Area: Science/Math/Technology,

History/Current Events, Online Class

Tuesdays: 4 Sessions 9:00 AM - 10:45 AM

Start: Tue 9/26/23 **End:** Tue 10/17/23

Location: Online Zoom Offering 3 **Class Size:**
300

Course Description

This 4-session program tracks nuclear power from birth in WW2 through the "glory years", to the demise with Fukushima and loss of public confidence, to today's possible rebirth spurred by environmental concerns and new technology.

Session 1 - Understanding nuclear power reactors

Session 2 - The Golden Years

Session 3 - Accidents happen and political disasters strike

Session 4 - Rebirth?

Instructor: Gerald Geise

Gerald Geise is Chemical Engineering graduate from Montana State University. He spent 25 years in the nuclear industry with General Electric and United Nuclear in increasingly responsible engineering and management positions. Those include being the operations manager for the Hanford, Washington nuclear reactors producing plutonium for nuclear weapons and president of a United Nuclear division that manufactured nuclear reactors for the US Navy. He has an extensive public speaking background on the risks and benefits of nuclear power - and a 30 year hobby of making candles.

The Civil War in U.S. History

Subject Area: Online Class, History/Current Events

Tuesdays: 11 Sessions 1:00 PM - 2:45 PM

Start: Tue 9/26/23 **End:** Tue 12/12/23 - **No Class Week of Thanksgiving**

***Hybrid Class: In-person and Online**

Location: Online Zoom Offering 2 **Class Size:** 70

Course Description

The course will consider the place of the Civil War in the growth and development of the United States from its colonial roots, through independence and constitution in the 18th century, through the U.S. we know today in the 21st century. We will cover:

- The role Black slavery played in the U.S. until 1860, the compromises made to avoid conflicts between states and regions, and the economic development of the north, the South, and the West, and how these factors influenced the outcome of the war. (Three sessions)
- Impact of the conflict on the non-combatant populations of both sides including political events and social and economic impacts of the conflict. (One session)
- The military and political turning points in the conflict. (Two sessions)
- The history of post-conflict efforts to restore and maintain unity: Reconstruction of the South, race relations, civil rights, and racial equality. (Three sessions)
- The memories and legacies of the War, and their influence on the history of the U.S. since the end of the war. (One session)

This class will be offered as a hybrid, both in-person and online. This is the online option.

Instructors: Paul Waugman, Mallory Reigger

Paul Waugaman has been an OLLI member since 2013. He retired from a career in research management in the Federal Government, academia, and consulting. History has been an interest throughout his life. He has concentrated on the Civil War and the evolution of the United States in the 19th Century. He has taught U.S. History part-time at the college level, and as a consultant, senior manager, and study leader, has planned and presented educational experiences in professional development for adults. He has teamed up with Mallory both as an SGL and Tech Host in prior semesters.

Mallory combines the role of co-leader and Tech host. She can fill in leading discussions and working with guest lecturers as necessary. Mallory has been a very active volunteer at OLLI, taking both leadership roles and developing the hybrid model of course presentation. All this in addition to serving as a well-liked SGL.

Five Odd Photographers

Subject Area: Arts/Culture, Online Class

Tuesdays: 2 Sessions 1:00 PM - 2:45 PM **Start:** Tue 9/26/23 **End:** Tue 10/3/23

Location: Online Zoom Offering 3 **Class Size:** 300

Course Description

Fine arts photography changed at the midpoint of the 20th Century as a new generation of "street" photographers broke with their predecessors to find a new vision. This class will consider five of them and some of their mentors.

Instructor: Buzz Olson

Buzz Olson is a writer, photographer, and editor over a 30-year journalism career at several newspapers, including the Arizona Republic and the Denver Post. He was a contributor to the Pulitzer

Prize-winning coverage of the 1999 Columbine high school massacre.

Where in the World Is the U.S.? A Top 10 Summary

Subject Area: Online Class, History/Current Events

Tuesdays: Single session 9:00 AM - 10:45 AM

Start: Tue 10/24/23 **End:** Tue 10/24/23

Location: Online Zoom Offering 3 **Class Size:** 300

Course Description

We live in a global society with instant communications, rapid travel access and increasing awareness of multinational issues. How well is the U.S. performing in meeting the challenges that exist in 2023? We will cover some 30 topics including: taxes, economy, environment, education, healthcare, climate change, immigration, safety, prosperity, personal happiness, et al.. The "Top 10" format provides a quick snapshot of how well the U.S. compares to other nations. The source of this information is from well-vetted international surveys by highly credible and impartial world-wide organizations. Links to each source are provided for those seeking more details. This is the 4th Annual Edition for the program and is very focused, including three discussion breaks. A complete PDF copy will be supplied. Post-session follow-up is always welcome!

Instructor: Douglas Stowell

Doug Stowell is a consumer and political polling veteran in both U.S. and EU markets. His career includes Market Research Director for the Xerox Corp., U.S. Clients Director for the U.K. firm NOP, Ltd. in London and Sr. Polling Executive - Wirthlin Worldwide in Washington, D.C.. He launched Market Resource Associates in 2008 and conducts opinion research on global issues today. He is a member of

the Furman University Osher Life-Long-Learning Group in Greenville, SC and conducts Zoom programs for more than 80 organizations worldwide.

CRISPR is Changing Our Food

Subject Area: Science/Math/Technology, Online Class

Tuesdays: 4 Sessions 11:00 AM - 12:45 PM

Start: Tue 10/24/23 **End:** Tue 11/14/23

Location: Online Zoom Offering 3 **Class Size:** 300

Course Description

You may have heard of CRISPR (a gene-editing technique) being used to treat inherited genetic disorders and to make designer babies. But did you know it's also used to improve both the sustainability of food production and the nutritional value of our fruits and vegetables? The first products have been approved for sale in the US this year. Will you eagerly adopt or shun these modified foods? Through lectures, videos, and discussion, learn about CRISPR technology and alternative ways being used to change our food.

Instructor: Bryan McKersie

Bryan McKersie was a professor for 20 years at University of Guelph, Canada and then research manager with BASF in North Carolina for 15 years where he managed international research projects in plant biotechnology. He is a member and instructor at the Jacksonville chapter of OLLI in Florida.

Magic of the Moon

Subject Area: Online Class, Science/Math/Technology

Tuesdays: Single session 9:00 AM - 10:45 AM

Start: Tue 10/31/23 **End:** Tue 10/31/23

Location: Online Zoom Offering 3 **Class Size:** 300

Course Description

Throughout the ages, the Moon has been associated with the power to inspire creativity and stir up powerful emotions. It was long believed to control the cycles of the Earth and shape human destiny. Even today it continues to fascinate us. Irish poet and playwright, Oscar Wilde declared that the reflection of the full moon on the dark water of the night was the very definition of beauty. But the Moon was also believed to have a darker side, linked to madness and aggressive behavior.

Beginning with an introduction to the moon's role in folklore, mythology, and culture, we will examine the ways in which the moon truly does influence our world and discuss the many spacecraft missions that have probed its mysteries. Recent new findings by international space agencies will be discussed, as well as NASA's forthcoming Artemis Missions which will ultimately serve as a springboard to future human exploration of the solar system.

Instructor: Janet Wood

Janet Wood is a volunteer for NASA/JPL's Solar System Ambassador program coordinated by the Jet Propulsion Laboratory in Pasadena, California. Ambassadors present public programs to communicate the excitement, science, and discoveries of NASA's space exploration missions. Wood became a space science enthusiast after attending The Planetary Society's "Planetfest" in 1997 in conjunction with the Mars Pathfinder Landing, and joined the Solar System Ambassador

Program in 2002. She earned a Bachelor's Degree in Education from the University of Washington, and a Master's Degree in Geoscience Education from Mississippi State University. Her special interest is in planetary science.

[Curious Conversations Inspired by Indian Music at the Fox](#)

Subject Area: Social Sciences, Travel/Entertainment, Arts/Culture, Arizona History/Culture, Online Class

Tuesdays: Single session 1:00 PM - 2:00 PM
Start: Tue 10/31/23 **End:** Tue 10/31/23

Location: Online Zoom Offering 3 **Class Size:** 300

Course Description

The Curious Conversations Series provides an opportunity to take a deeper dive into the musical genres being presented on the Fox Theatre's legendary stage and, in the process, form a more personal relationship with these cultural forms. Conversations are facilitated by local experts in the given genre, who are perfectly positioned to not only deepen our understanding of the musical tradition being explored, but to also share some of the ways that it currently lives and breathes in our little corner of the Sonoran Desert. This Curious Conversation anticipates the upcoming performance by tabla (a South Asian type of drum) player, Zakir Hussain.

Instructor: Jordan Wiley-Hill

Jordan Wiley-Hill is a professional storyteller, educator, and program developer. He manages the education and outreach activities for the historic Fox Tucson Theatre. A dynamic presenter, he draws heavily on his background in performance art and

education, alongside a deep passion for the topics he shares.

[Curious Conversations Inspired by Gospel Music at the Fox](#)

Subject Area: Online Class, Arizona History/Culture, Arts/Culture, Travel/Entertainment, Social Sciences

Tuesdays: Single session 1:00 PM - 2:00 PM
Start: Tue 11/28/23 **End:** Tue 11/28/23

Location: Online Zoom Offering 3 **Class Size:** 300

Course Description

The Curious Conversations Series provides an opportunity to take a deeper dive into the musical genres being presented on the Fox Theatre's legendary stage and, in the process, form a more personal relationship with these cultural forms. Conversations are facilitated by local experts in the given genre, who are perfectly positioned to not only deepen our understanding of the musical tradition being explored, but to also share some of the ways that it currently lives and breathes in our little corner of the Sonoran Desert. This Curious Conversation anticipates the upcoming performance by the Kings Return, who draw some of their choral inspiration and experience from the gospel tradition.

Instructor: Jordan Wiley-Hill

Jordan Wiley-Hill is a professional storyteller, educator, and program developer. He manages the education and outreach activities for the historic Fox Tucson Theatre. A dynamic presenter, he draws heavily on his background in performance art and education, alongside a deep passion for the topics he shares.

Wednesdays

Medicare and Other Senior Concerns

Subject Area: Online Class, Health/Wellness

Wednesdays: 3 Sessions 11:00 AM - 12:45 PM

Start: Wed 9/13/23 **End:** Wed 9/27/23

Location: Online Zoom Offering 2 **Class Size:** 300

Course Description

This course will cover topics such as:

- The 4 Parts of Medicare – What are they all about? What is known as “Original Medicare”?
- What are the differences between a Medicare Supplement and a Medicare Advantage plan?
- Service Area Description: The county and/or specific county zip code area served by the Medicare Advantage and Prescription Drug Plans (PDP's).
- Benefits: The benefits and services of all plans, including conditions and limitations, premiums, cost-sharing (deductibles, copayments, coinsurance), benefits offered under Original Medicare and hospice benefit.
- Pharmacy Benefits: The network limitations, mail order and drug formulary limitations.
- Access to Providers: Information about how to access contracted providers, including the location of contracted network providers, the use of contracted networks for cost savings and the provider referral process, if applicable.
- Out-of-Area Coverage: How to access care if the provider is out-of-network or the consumer is out-of-area, length of stay limitations as well as cost share differences.

- Emergency Coverage: What constitutes an emergency and how to access emergency services (in-network and out-of-area)?
- Prior Authorization: Medical services that require prior plan review and approval to ensure payment for covered services. (Rx's coverage).
- Appeals and Grievance Procedure: Where to find information on filing grievances and appeals?

Instructor: Steven Bleicher

Steven is licensed to offer various insurances in the State of Arizona. He emcees a free Medicare-related lecture series in order to fully acquaint seniors with all of its rules, regulations and complications. He received extensive training on senior's needs including Medicare supplements, long-term care, home health care, life insurance and safe tax-favored investment products. He entered the insurance business after seeing his own mother suffer multiple financial problems during many hospitalizations. Personal Philosophy Statement: I believe that advanced planning will help families to get through the hard times of advanced aging. I volunteer my services in order to assist people with preparation tailored to their specific needs. I will conduct myself with my clients in a manner that will instill the utmost trust and dependability in order to foster a long-term relationship. I hope to become the first person my clients call at the occurrence of a life-changing event or before considering any major financial changes.

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[Honey From the Rock: An Interactive Primer on Kabbalah](#)

Subject Area: Arts/Culture, Online Class

Wednesdays: 11 Sessions 11:00 AM - 12:45 PM

Start: Wed 9/13/23 **End:** Wed 12/13/23 - **No**

Class Sept 20 and 27, No Class Week of Thanksgiving

Location: Online Zoom Offering 3 **Class Size:** 20

Course Description

The Kabbalah is an interpretation of the Torah. Kabbalah plunges into the secrets and mysteries of life. Kabbalah tries to penetrate deeper to answer the most mysterious aspect of what it is to be human.

Together we will explore Honey From the Rock. Rabbi Kushner interprets the ten gates of Jewish mysticism with such clarity and vividness that the Kabbalah shines.

As a group we will come together to find the meaning scattered around us. Stimulated by Kushner's writing, we will teach each other/discover together something about God's plan as we share our personal interpretations and experiences. Hopefully we will come away alert and present to the here and now and to the wonder and gifts of our lives.

Participants will need to bring a copy of Honey From the Rock by Rabbi Lawrence Kushner to class each week.

Instructor: Adrienne O'Hare

Adrienne O'Hare was born in Brooklyn. She has a master's degree in Group Dynamics and post graduate certificates in Women's Studies and Art Therapy. She is an Art Therapist and a Spiritual Director in private practice.

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She has been a docent first at the U of A, Mini Time Machine, and the Tucson Museum of Art since 2016. As an Art Essayist, she seeks to portray the beauty and strength of the human spirit.

Her first novel, Sheol County Blues, was well received, and her paintings were in a dozen or so art exhibits in Tucson and Philadelphia.

[Reading The Economist with Non-Economists](#)

Subject Area: History/Current Events, Online Class

Wednesdays: 12 Sessions 11:00 AM - 12:45 PM

Start: Wed 9/13/23 **End:** Wed 12/6/23 - **No Class Week of Thanksgiving**

Location: Online Zoom Offering 1 **Class Size:** 30

Course Description

Join us to read and think about the news as reported in the world's most influential weekly news magazine with wide appeal. The Economist magazine is written for the general public, not specialists. The Economist has an international perspective, examining countries and current developments on a wide range of topics. The magazine has something for everyone - reportage, commentary, profiles, criticism, statistics and even cartoons. Articles are typically 1-2 pages. A background in economics is not necessary. Each week 4 or 5 class members volunteer to take a different article from the current issue and prepare a short summary and commentary for the class the following week. In addition, the entire class will read a major article for discussion. Access to a print or digital subscription is required. A low-priced deal for 12 weeks is usually available, as is a discount through UA. Certain articles are available online for free. Expect to participate in lively discussions on current topics!

Instructor: Charles Wright

Charles is a retired Architect. During his career he was involved in a number of projects for International Organizations in Europe, Africa, Asia, South America and the Caribbean. Join us for some interesting discussions.

[Introduction to Western Philosophy](#)

Subject Area: Philosophy/Spirituality/Religion, Online Class

Wednesdays: 12 Sessions 1:00 PM - 2:45 PM
Start: Wed 9/13/23 **End:** Wed 12/6/23 - **No Class Week of Thanksgiving**
Location: Online Zoom Offering 1 **Class Size:** 300

Course Description

This class will be a survey of major western philosophical issues and thinkers, focusing on questions of the basis of knowledge, the nature of reality, the basis of morality, and social ideals. The course will follow the outline of my book *Enduring Questions*, 7th edition, published by Wadsworth. It is not necessary to have nor to read the text in order to participate in the course. Both lecture and discussion format will be used.

Instructor: Jerry H. Gill

Jerry Gill is a long-time college professor, Ph.D. Duke University, teaching a wide spectrum of Humanities courses, mostly in philosophy and religious studies, most recently at Pima Community College. He is widely travelled and has led numerous semester abroad programs in Greece, Finland, and Mexico. He has published 30 books and over 100 scholarly articles. He is semi-retired.

[Volcanoes of the World](#)

Subject Area: Science/Math/Technology, Online Class

Wednesdays: 4 Sessions 3:00 PM - 4:45 PM
Start: Wed 9/13/23 **End:** Wed 10/4/23
Location: Online Zoom Offering 1 **Class Size:** 300

Course Description

In very dry geological terms, volcanoes are vents where lava and steam reach the surface of the Earth. While accurate, that description doesn't begin to do them justice. They have the potential to create significant hazards to communities close to them (as is the case near the Cascades), and the biggest have the potential to impact global climate. The figures can be staggering. For example, the loudest naturally occurring sound was the explosion at the volcano Krakatoa in 1883. The sound was reportedly heard 3,000 miles away. That eruption also generated a tsunami reaching over 40 meters high. To put that in perspective, had tall buildings been in the area, the wave would have reached roughly the tenth floor. In 1815, Mount Tambora erupted, ejecting approximately 200 cubic kilometers of material into the atmosphere. More recently, when the Hunga Tonga-Hunga Ha'apai volcano erupted in 2022, a huge plume of water vapor was launched into Earth's atmosphere. It was so much water that it would have filled over 55,000 Olympic-sized swimming pools.

Join me for this four-week study group in which we will explore the geology and geophysics of volcanoes and their eruptions. This will include a focus on notable eruptions from history as well as present day hazards.

Instructor: Nicola Richmond

Nicola Richmond is the Vice Chancellor of Strategy, Analytics and Research at Pima Community College.

She oversees strategic planning, institutional and operational effectiveness, federal and state reporting and ad hoc reporting at the institution. She has an extensive data analysis and research background that most recently focuses on higher education, but her experience also includes the analysis of magnetometer data for the moon and Mars, and the application of cellular automata models to coastal environments. She has a Ph.D. in Geology from University College London. Her doctoral research focused on the incorporation of aluminum and iron into deep Earth magnesium silicate minerals using numerical modeling approaches from quantum mechanics and solid state physics. Nic has a strong interest in cross-disciplinary research approaches, taking techniques from the sciences and bringing them to higher education research.

Developing Wisdom by Wrestling With Life's Absolutes

Subject Area: Online Class, Health/Wellness, Philosophy/Spirituality/Religion, DIY/Self-Help

Wednesdays: 4 Sessions 9:00 AM - 10:45 AM
Start: Wed 9/20/23 **End:** Wed 10/11/23

Location: Online Zoom Offering 1 **Class Size:** 50

Course Description

Every person alive will encounter certain conditions that cannot be avoided, including change, impermanence, uncertainty, insignificance, sickness, aging, and death, among others. Although these givens might at first appear fearful and negative and we may wish to avoid them, if instead we embrace them, we can discover how to live with greater aliveness, joy, and love. In this study group, we will grapple with several of these absolutes.

Rather than reading what others have said about them, we will feel what they evoke within us, speak those feelings, share our thoughts, and listen deeply to ourselves and others. From this process, surprising wisdom will emerge which may serve as grist for developing and refining a personal philosophy of life that supports us in the great adventure of life. I hope you will join me in this journey.

Instructor: Randall Krause

Randall Krause served many years as an attorney and conflict resolution facilitator. Later, he studied counseling and received a M.A. in interdisciplinary consciousness studies with an emphasis in holistic health counseling, was certified and served as a personal coach and mentor. He studied Effective Communication intensively and also studied The Gremlin Taming Method for more than 10 years. In addition, Randall is a senior mentor and teacher in the Himalayan yoga meditation tradition and is registered with Yoga Alliance (YA) as an Experienced Yoga Teacher and a Continuing Yoga Education Provider.

Our Changing View of Physical Reality

Subject Area: Online Class, Science/Math/Technology

Wednesdays: 2 Sessions 9:00 AM - 10:45 AM
Start: Wed 9/27/23 **End:** Wed 10/4/23

Location: Online Zoom Offering 3 **Class Size:** 300

Course Description

Some remarkable advances in mathematics, made in the 19th century, paved the way for Einstein's general theory of relativity (1915). I'd like to discuss, in a relaxed and conversational way, these early developments and their impact on our understanding of physical reality. I always like to

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end a class with some thought-provoking insights of scientists. Here I'd present some thoughts of Newton, Hawking, and others about the nature of physical reality and the limits of our understanding of it.

Instructor: Carl DeVito

Carl Devito is an emeritus professor at the University of Arizona. Lately he has been active in the conceptual aspects of astro-biology, and participated in conferences on these matters over the past few years.

[Writing a Legacy Letter](#)

Subject Area: Literature/Writing/Language, Online Class

Wednesdays: Single session 11:00 AM - 12:45 PM **Start:** Wed 10/4/23 **End:** Wed 10/4/23
Location: Online Zoom Offering 2 **Class Size:** 30

Course Description

A legacy letter (also called an "ethical will") is a written document that allows you to share your life lessons, express your values, and transmit your blessings to future generations. A legacy letter is shorter than a memoir, typically just a few pages. Writing one is a rewarding experience that creates an enduring gift for family and friends. This one-session online workshop includes discussion and brief writing exercises to help you examine your life history, explore your values, and capture important insights. It offers advice, encouragement, and a model structure to help you draft and complete your own legacy letter.

Instructor: Jay Sherwin

Jay Sherwin created the Life Reflections Project to educate people about legacy letters, ethical wills and other legacy documents. He has practiced law, given away money for five different charitable

foundations, worked as a philanthropy consultant and served as a hospital chaplain. He has extensive experience teaching and facilitating online learning programs, including recent presentations of this workshop for more than a dozen other Osher Lifelong Learning programs nationwide. More information is at www.jaysherwin.com.

[Sapiens: A Brief History of Humankind](#)

Subject Area: Social Sciences, Online Class

Wednesdays: 3 Sessions 9:00 AM - 10:45 AM
Start: Wed 10/11/23 **End:** Wed 10/25/23
Location: Online Zoom Offering 2 **Class Size:** 30

Course Description

In 3 sessions we will read and discuss Israeli historian Dr. Yuval Noah Harari's "Sapiens: Brief History of Humankind", an international best seller that explores the ways in which biology and history have defined us and enhanced our idea of what it means to be "human". Human beings (members of the genus Homo) have existed for about 2.4m years; Homo Sapiens, our own species of great apes, has only existed for 150,000 years, about 6% of the time. Dr. Harari posits why our species "won" the lottery. 70,000 years ago, modern cognition appeared and led to the role evolving humans have played in the global ecosystem to charting the role of empires. And Dr. Harari also compels us to look ahead as humans have begun to bend the laws of natural selection that have governed life for the past four billion years.

"There are no gods in the universe, no nations, no money, no human rights, and no justice outside the common imagination of human being..."

Reading the book - used or new - is required. We will also have some videos.

Instructor: Maureen Brooks

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Maureen is an autodidact operaphile, and has an occasional column in the Green Valley News as "The Opera Lady." She has been teaching Lifelong Learning classes on Opera, Literature, and Hitchcock for the past 13 years in New York and in Green Valley. She is a retired attorney and taught at Marist College (Poughkeepsie) in their ABA accredited Paralegal Program until 2012 when she retired and moved to Arizona.

TMA Docents Art Talks XVII

Subject Area: Arts/Culture, Online Class

Wednesdays: 6 Sessions 11:00 AM - 12:45 PM

Start: Wed 10/11/23 **End:** Wed 11/15/23

***Hybrid Class: In-person and Online**

Location: Online Zoom Offering 2 **Class Size:** 300

Course Description

Docents from the Tucson Museum of Art will once again present fresh and exciting Art Talks. These talks are well researched and beautifully presented about art, the artists, and the environment in which they worked.

This year we return using a hybrid format, both in-person and online. This is the online option.

Instructor: Dick Woodward

Dick Woodward is a 10+ year OLLI-UA member and a SGL who has led classes in literature, drama and the visual arts. He prides himself as an engineer who uses OLLI to round out his liberal arts education in his dotage. He looks forward to sharing his enthusiasm for lifelong learning.

Psychology Lecture Series

Subject Area: Online Class, Social Sciences

Wednesdays: 2 Sessions 1:00 PM - 2:45 PM

Start: Wed 10/18/23 **End:** Wed 10/25/23

Location: Online Zoom Offering 3 **Class Size:** 300

Course Description

Come learn about the exciting research happening in the University of Arizona Psychology Department! This lecture series will feature graduate students, postdoctoral fellows, and faculty in the Psychology Department at the University of Arizona. Each presenter will provide a lecture in an area they have specific training or expertise. Below is the list of presenters for the two online sessions:

Linda Hollis: Mental Health and Mental Wellness in Aging

Quentin Rafaelli: TBD

Instructor: Alana Muller

Alana Muller is a Ph.D. candidate in Psychology at the University of Arizona studying navigation, spatial memory, and aging in the Human Spatial Cognition Lab.

Discover Arizona Days and Nights with The University of Arizona Press Authors

Subject Area: Online Class, Crafts/Cooking, Arizona
History/Culture, History/Current Events,
Literature/Writing/Language,
Science/Math/Technology

Wednesdays: 4 Sessions 1:00 PM - 2:45 PM
Start: Wed 10/18/23 **End:** Wed 11/8/23

***Hybrid Class: In-person and Online**

Location: Online Zoom Offering 2 **Class Size:**
300

Course Description

Four UA Press authors reveal the stories behind their 2023 books.

Oct 18 - Tim Hunter, *The Sky at Night* (February 2023). Tim Hunter covers all the basics—from the Moon, planets, and stars to the history and origins of constellations and selected famous astronomers and events. Emphasis is on naked eye viewing with an occasional reference to using a pair of binoculars or a small telescope, encouraging beginners to explore the skies.

Oct 25 - Tom Zoellner, *Rim to River* (February 2023). Tom Zoellner hiked the Arizona Trail through redrock country, down canyons, up mesas, and across desert plains. The trek is interspersed with incisive essays that pick apart the distinctive cultural landscape of Arizona: the wine-colored pinnacles and complex spirituality of Navajoland, desperate border crossings, extreme politics, billion-dollar copper ventures, old-time foodways, and more.

Nov 1 - Larry Bird, *In the Arms of Saguaros* (forthcoming October 2023). William "Larry" Bird shows how, from the botanical explorers of the nineteenth century to the tourism boosters in our own time, saguaros and their images have fulfilled attention-getting needs and expectations. The history of the saguaro's popular and highly imaginative range points to the current moment in which the saguaro touches us as a global icon in art, fashion, and entertainment.

Nov 8 - Juliet Stromberg, *Bringing Home the Wild* (forthcoming October 2023). Juliet Stromberg tells of her 20-year journey in ecologically guided gardening on a four-acre irrigated parcel in Phoenix, from the perspective of a retired botanist. Some plants are indigenous to the American Southwest, while others are part of the biocultural heritage of the cityscape. She makes the case for valuing inclusive biodiversity.

This class will be offered as a hybrid, both in-person and online. This is the in-person option.

Instructors: Juliet Stromberg, William "Larry" Bird, Tom Zoellner, Tim Hunter

Juliet Stromberg professor emeritus at ASU and a plant ecologist who specializes in wetland and riparian ecosystems of the American Southwest. For the past thirty years, she has studied plant population and community dynamics.

William "Larry" Bird is a curator emeritus of the National Museum of American History, Smithsonian Institution. His interests lie at the intersection of politics, popular culture, and the history of visual display.

Tom Zoellner, fifth-generation Arizonan, is the author of eight nonfiction books, including *The Heartless Stone*, *Uranium*, *The National Road*, and

Island on Fire, which won the 2020 National Book Critics Circle Award.

Tim Hunter has been the author of the Sky Spy column in the Arizona Daily Star for more than fifteen years. An amateur astronomer since 1950, he is a member of the Tucson Amateur Astronomy Association and co-founder of the International Dark-Sky Association.

Birds in Southeastern Arizona: Waterfowl

Subject Area: Online Class, Science/Math/Technology

Wednesdays: 5 Sessions 9:00 AM - 10:45 AM
Start: Wed 11/1/23 **End:** Wed 12/6/23 - **No Class Week of Thanksgiving**

Location: Online Zoom Offering 2 **Class Size:** 300

Course Description

You probably don't think that dry, hot Southeastern Arizona is such a great place to see waterfowl (ducks, geese, rails, grebes, teal, cormorants). Laura will prove you wrong! In the right places, at the right time of year, you can reliably see about a dozen different species, and you might have a chance to spot a handful of our area's more rarely seen waterfowl. Take this course to learn about waterfowl physiology, behavior, breeding, migration, and identification. The first three class sessions will be on Zoom (lots of photos and videos, and a few fun quizzes). Sessions 4 and 5 (optional, choose one) will be held at Reid Park; bring your binoculars for a guided field trip to meet some of Tucson's waterfowl in person and to practice identifying them. You'll never just ignore a "sitting duck" again. Birding experience is not required - try something new!

Instructor: Laura Couchman

Laura Couchman is a dedicated amateur birder, spotting and identifying birds for 19 years. Laura and her husband Bill go birding locally and wherever they travel, and have lived in Tucson since 2014. Laura has been an SGL for previous OLLI classes about birds and birding, including habitat, woodpeckers, birds of prey, hummingbirds, and birders' tech tools.

She is also a volunteer field trip leader for the Tucson Audubon Society.

Ireland: A Brief History

Subject Area: Online Class, History/Current Events

Wednesdays: 4 Sessions 9:00 AM - 10:45 AM
Start: Wed 11/8/23 **End:** Wed 12/6/23 - **No Class Week of Thanksgiving**

Location: Online Zoom Offering 3 **Class Size:** 300

Course Description

Ireland has a very long and complicated history. Ireland also has one of the largest diasporas in the world, and an estimated 36 million Americans claim Irish heritage. This course will explore one period in Irish history, between the Easter Uprising in 1916 and the Good Friday Agreement in 1998. During that very eventful 82-year period, Ireland suffered a civil war, achieved independence from England, experienced one of the longest and bloodiest civil uprisings in the 20th Century, joined the European Union, fundamentally changed the balance of power with the Catholic church, and became one of the strongest economies in Western Europe. As W.B. Yeats said in his famous poem, Easter, 1916: "All changed, changed utterly: A terrible beauty is born."

At the same time, Ireland produced some of the greatest artists of modern times including James Joyce, W. B. Yeats, Samuel Beckett, Oscar Wilde, Sean O'Casey, Seamus Heaney, Edna O'Brien, and of

course the band U2, among many others. We will look at the works of some of these writers and artists, a number of whom became part of Ireland's diaspora.

The instructor, Stephen Berardo, lived in Ireland for more than 5 years in the 1960s, and has traveled back many times since then, most recently in the Fall of 2022.

Instructor: Stephen Berardo

Stephen Berardo has been teaching at OLLI at the University of Rhode Island since 2018. He has a master's degree in public administration, and is a student of history and political systems. He has a long career as a planning consultant, and has also been an adjunct and full-time college faculty member teaching courses in business administration and aviation. He has also worked for many years with local, state, and federal government agencies on a variety of land use and infrastructure development issues.

[Canceled: Race Matters: Black Lives in the Supreme Court 1787-2023](#)

~~Subject Area: Social Sciences, History/Current Events,~~

~~Online Class, Civic~~

~~Engagement/Community/Government~~

~~Wednesdays: 3 Sessions 3:00 PM - 4:45 PM~~

~~Start: Wed 11/8/23 End: Wed 11/29/23 - No~~

~~Class Week of Thanksgiving~~

~~*Hybrid Class: In-person and Online~~

~~Location: Online Zoom Offering 1 Class Size: 300~~

[Ranked Choice Voting: The Proposed Constitutional Change on the Ballot](#)

Subject Area: Online Class, Civic

Engagement/Community/Government

Wednesdays: Single session 1:00 PM - 2:45 PM

Start: Wed 11/15/23 **End:** Wed 11/15/23

***Hybrid Class: In-person and Online**

Location: Online Zoom Offering 2 **Class Size:** 300

Course Description

We will discuss the topics of Ranked Choice Voting (RCV) and equalized signatures to get on the ballot for all candidates and open primaries. We will discuss how simple changes to the way we vote could make a significant difference in the way we are governed. Our votes could make the change for more choice and better governance.

This session will be offered as a hybrid, both in-person and online. This is the online option.

Instructors: Jon Ralston, M.E. Martinez, Betsy Boggia

Jon Ralston was born and raised in Southern California, and received a Bachelor's of Arts at the University of the Pacific. He moved to Tucson in 2000, worked for several years in education at the Arizona State School for the Deaf and Blind and eventually returned to school to become an Acupuncturist. He has served on and been President of several Homeowner's Associations.

M.E. Martinez is the Speakers Coordinator for Voter Choice Arizona.

Betsy has been a lifelong advocate for children, women, peace and equity, and is currently putting her skills to good use advocating for ranked choice voting in Arizona.

Thursdays

Post-Holocaust Jewish Experience: Film Discussion

Subject Area: Online Class, History/Current Events, Arts/Culture

Thursdays: 12 Sessions 9:00 AM - 10:45 AM
Start: Thu 9/14/23 **End:** Thu 12/7/23 - No Class Week of Thanksgiving
Location: Online Zoom Offering 1 **Class Size:** 300

Course Description

Through fiction and documentary films, this course will examine various aspects of the Jewish experience in Europe and America during the decades immediately following the Holocaust. In particular, we want to look at the lives of Holocaust survivors as they attempted to return to their homes or find new ones, the response to Jews reorienting themselves amid silence, continued antisemitism, and, in some measure, acceptance. In addition to the films, there will be short readings for discussion each week. This is a discussion class not a lecture. Class members must watch films in advance.

Instructors: Leslye Friedberg, Jane Holschuh

Leslye Friedberg, Professor Emeritus, taught writing and humanities at Community College of Philadelphia and The University of Cincinnati. Her main areas of interest are interdisciplinary connections among literature, film, and art. For OLLI, she has taught film courses on the Holocaust in Film; The Screwball Comedy; and Great Hollywood Love Stories of the 1940s.

Jane Holschuh, Professor Emerita, taught courses on clinical social work; mental health services and policy; homelessness; and research methods at the University of Wisconsin-Madison; Arizona State University; and Cal Poly-Humboldt. Her academic areas of interest are serious mental illness, first-person accounts/narratives, homelessness, and stigma. For OLLI, she has co-taught film courses on The Screwball Comedy; The Framed Woman; and Great Hollywood Love Stories of the 1940s.

Celebrating Perfect Vocal Harmony: The Timeless Sounds of American Musical Groups

Subject Area: Arts/Culture, Online Class

Thursdays: 6 Sessions 11:00 AM - 12:45 PM
Start: Thu 9/14/23 **End:** Thu 10/19/23
Location: Online Zoom Offering 1 **Class Size:** 300

Course Description

This multimedia seminar celebrates how vocal duos, trios and groups are able to blend their voices to create unforgettable harmonies and performances. Genres and musical styles include: The Big Band & Swing Era, Jazz, Pop & Vocalese, Rock & Doo Wop, The California Sound, Latin American, Country & Western; Bluegrass, Folk & Folk Rock, and Motown. This musical journey explores both well-known and lesser-known vocal groups, such as the Boswell Sisters, Andrews Sisters, Glenn Miller & the Modernaires, Tommy Dorsey & the Pied Pipers, Mills Brothers, Four Freshmen, Hi Lo's, Lambert, Hendricks & Ross, Manhattan Transfer, Dion & the Belmonts, Frankie Lymon, The Marcels, The Everly Brothers, The Beach Boys, The Afro-Cuban All Stars, Bill Monroe & the

Blue Grass Boys, Weavers, Kingston Trio, Byrds, Simon & Garfunkel, CSN&Y, Supremes, Four Tops, Temptations and much more.

I'll share their backstories, musical influences, and reveal which other vocal groups they influenced. We'll listen to their recordings and watch classic video performances. The only prerequisite is a love of music and groups that brought us so many timeless recordings.

Instructor: Michael Agron

Growing up in Los Angeles, the heart of the recording, TV and film industry, this baby boomers' love of music and entertainment started at a very young age. Mike thought about becoming a recording engineer but ended up enjoying a long career in high technology sales for such companies as Apple and Oracle. He also launched a few startups of his own. In 2017 he joined the Renaissance Society of Sacramento State University as a seminar leader. He has delivered over nine extremely popular seminars: This is Sinatra, Celebrating Perfect Vocal Harmony Groups, Celebrating the Composers and Singers of the Great American Songbook, Celebrating Late Night Talk Shows and his most recent seminar, Celebrating the Great Vocal Jazz, and Pop Albums - Part I. He is also a frequent guest speaker for other local organizations and is excited to be working with this OLLI campus. He lives with his wife Peggy in a Sacramento suburb called Carmichael. When he is not conducting his classes, he spends time riding his bike on the American River Bike Trail or taking long walks with his wife Peggy. One of his favorite activities are FaceTime calls with family.

[Reading and Discussing The New Yorker](#)

Subject Area: Arts/Culture, History/Current Events

Thursdays: 12 Sessions 11:00 AM - 12:45 PM

Start: Thu 9/14/23 **End:** Thu 12/7/23 - **No Class Week of Thanksgiving**

Location: Online Zoom Offering 4 **Class Size:** 45

Course Description

The New Yorker magazine is a rich resource for current, historic, cultural, and scientific information. To get the most out of this resource each week we discuss five current articles. The class chooses an article for next week's group discussion, then four different class members volunteer to provide an introduction into other articles. Each class starts with a group discussion. Then the volunteers' introductions are used to provide the base for the four additional weekly discussions. All members are encouraged to make presentations and participate in discussions.

Instructors: Ronald Peterson, John "Nemo" Nemerovski

Ron Peterson has been a UA OLLI-UA member since 2012 following a career as a broker and investment banker in Washington, DC. He served as a VP at Paine Webber and Prudential Securities and headed a financial futures unit for Merrill Lynch. He is the author of "Solomon's Wishes," a book on investment strategies and tactics and two other books, won two investment contests and lectured on markets for banks and individual investors. He holds two masters' degrees and four graduate certificates.

John Nemo is a member of our tech host and presentation team here in Reading and Discussing the New Yorker.

Archetypes: How We See Ourselves in the Universe

Subject Area: Philosophy/Spirituality/Religion,

DIY/Self-Help, Online Class

Thursdays: 8 Sessions 11:00 AM - 12:45 PM

Start: Thu 9/14/23 **End:** Thu 11/2/23

Location: Online Zoom Offering 3 **Class Size:** 30

Course Description

Carl Jung first coined and popularized the term "archetypes" in his 1919 essay "Instinct and the Unconscious". Since Jung penned this work, numerous authors and thinkers have named and further developed these universal patterns of behavior. Archetypes have been present within our collective unconscious, within the shared consciousness of our ancestors since primordial times. These models are ways in which we can interact with each other and with the universe.

In her book *Archetypes: A Beginner's Guide To Your Inner-Net*, Carolyn Myss writes about archetypes that have emerged in today's society, including The Advocate, The Creative Artist, The Caregiver, The Intellectual, The Rebel, The Spiritual Seeker, and The Visionary. Utilizing Myss's work as a springboard for discussion, we will delve into several of these archetypes by exploring their evolution, and their unique characteristics. Through the class discussions, we will examine how these archetypes can provide grace-filled opportunities and learn about possible challenges inherent in them.

Discussion starters about these archetypes will be made available before every class. Handouts for further reading will be shared as well. Reading Myss's book *Archetypes: A Beginner's Guide To Your Inner-Net* is not required for the class. However, the book and the handouts could prove helpful for

those who choose to delve more deeply into these deep and meaningful ways of being. New and used copies of Myss's work are available from most major booksellers. Please join us and bring your knowledge, beliefs, experiences, insights, and wisdom to share in this discussion.

Instructor: Mary Ellen Klawiter

Mary Ellen lived her first fifty years in Philadelphia, Pennsylvania where she worked as an educator, a Director of Religious Education, and a Hospice Chaplain. Since moving to Sahuarita, Mary Ellen received an M.S. in Mental Health Counseling and counseled at-risk teens, pre-teens, and people struggling with loss. Her undergraduate work was in History and Theology and her graduate theological studies were in Religious Education and Clinical Pastoral Education.

Two Novels by Sue Monk Kidd

Subject Area: Literature/Writing/Language, Online

Class

Thursdays: 6 Sessions 11:00 AM - 12:45 PM

Start: Thu 9/14/23 **End:** Thu 10/19/23

Location: Online Zoom Offering 2 **Class Size:** 60

Course Description

We will read and discuss two novels of The South by Sue Monk Kidd: *The Secret Life of Bees*, and *The Invention of Wings*.

Sue Monk Kidd was raised in the small town of Sylvester, Georgia, a place that deeply influenced the writing of her first novel *The Secret Life of Bees*. She graduated from Texas Christian University in 1970 and later took creative writing courses at Emory University and Anderson College, as well as studying at Sewanee, Bread Loaf, and other writers' conferences. In 2016, TCU conferred on her an

honorary doctor of letters degree. She was inducted into the South Carolina Academy of Authors in 2011 and into the Georgia Writers Hall of Fame in 2022.

The Invention of Wings: Sue Monk Kid's new novel is set in motion on Sarah Grimke's eleventh birthday in 1803 when she is given ownership of ten-year old Handful, who is to be her handmaid (slave). Based on the Lives of Sarah and Angelina Grimke, daughters of a wealthy slave-owning Charleston, S.C. family, they became one of the early pioneers in the abolition and civil rights movement.

The Secret Life of Bees tells the story of Lily Owens whose life had been shaped around the blurred memory of the afternoon her mother was killed. When Lilly's fierce-hearted black "stand in mother," Rosalyn insults three of the deepest racists in town, Lily decides to spring them both free. They escape to Tiburon, S Carolina—a town that holds the secret to her mother's past. Taken in by an eccentric trio of black beekeeping sisters, Lily is introduced to their mesmerizing world of bees and honey and the back madonna.

The focus of the class will be on *The Invention of Wings*; the second novel will be covered using a film based on the novel. Instructor: Jeri Aldridge

After teaching English, Speech, Debate and History for 32 years in Evergreen, Colorado, Jeri retired and moved to Tucson. She collects folk art (Mata Ortiz Pottery, Wood carvings and Fabric Art) has a B.A. in Speech Communications from the University of Denver and an M.A. in Education from Colorado University. Jeri has traveled widely to Europe, China, Guatemala, England and Scotland and has an interest in politics and micro finance.

London: Flower of Cities All

Subject Area: Online Class, History/Current Events

Thursdays: 12 Sessions 1:00 PM - 2:45 PM

Start: Thu 9/14/23 **End:** Thu 12/7/23 - **No Class**

Week of Thanksgiving

Location: Online Zoom Offering 1 **Class Size:** 300

Course Description

Explore London: Its literary past and present, its museums and churches large and small, and its connections with royalty.

Instructor: Stephen Stillwell

Stephen Stillwell is an historian and a librarian. He has led study groups at each of the OLLI-UA campuses. His courses have included Middle Eastern history, British history, and British culture. Some of his most popular classes have concentrated on British mysteries.

Intermediate and Conversational Spanish

Subject Area: Online Class,

Literature/Writing/Language

Thursdays: 12 Sessions 1:00 PM - 2:45 PM

Start: Thu 9/14/23 **End:** Thu 12/7/23 - **No Class**

Week of Thanksgiving

Location: Online Zoom Offering 2 **Class Size:** 45

Course Description

This class is for those who have had some experience with Spanish. We will strengthen skills with reading and analyzing poems, stories, and news articles, speaking and listening. You should be familiar with the present indicative tense and have

had some experience with the preterit and imperfect indicative tenses. I will provide the text.

Instructor: Josephine Kelleher

Dr. Josephine Kelleher is a retired educator who has been studying Spanish for the past several years at OLLI. In addition to teaching at the university level, Dr. Kelleher has been a science and mathematics teacher at the middle school level, a high school assistant principal and principal, and superintendent of schools in three school districts. Dr. Kelleher earned a bachelor's degree in science and mathematics education and a master of arts in teaching in biological sciences from Rhode Island College, and a doctorate in educational leadership from the University of Connecticut.

Online Film Discussion Class

Subject Area: Online Class, Arts/Culture

Thursdays: 12 Sessions 1:00 PM - 2:45 PM

Start: Thu 9/14/23 **End:** Thu 12/7/23 - **No Class Week of Thanksgiving**

Location: Online Zoom Offering 3 **Class Size:** 300

Course Description

We will meet weekly to discuss a selection. I will choose the first film and present it. In each class, the next film will be chosen by the group. After the first class, a class member will be asked to introduce the film. This class has been ongoing for several years and generates lively and controversial discussions as members consider and compare the chosen films. Participants call upon their knowledge and experience to provide insight into all aspects of the films. Prior to the class, we will watch films from the past 4 years chosen from Netflix, Kanopy, and Amazon. Some films will include a fee to view. Older films or films from other viewing services may rarely be proposed.

Instructor: Trudy Hill

Trudy Hill has an MS degree in Art Education from UW Madison and has taught art and reading to elementary, junior high, and adult students. She was a co-SGL for Science Fiction and Poetry Classes and SGL for Calligraphy Class. She is an SGL for Film and Poetry Discussion classes. Her background includes working for Visa International as an architect of computer chips on payment cards and Visa systems that support them. Since she was a young girl, she has loved reading everything, watching films and making art (still does)!

Mayhem Most British 26

Subject Area: Literature/Writing/Language, Online Class

Thursdays: 12 Sessions 3:00 PM - 4:45 PM

Start: Thu 9/14/23 **End:** Thu 12/7/23 - **No Class Week of Thanksgiving**

Location: Online Zoom Offering 1 **Class Size:** 300

Course Description

Read and discuss British murder mysteries. This term, in order, the following works of Ngaio Marsh: A Man Lay Dead (1934), Enter a Murderer (1935), The Nursing Home Murder (1935), Death in Ecstasy (1936), Vintage Murder (1937), Artists in Crime (1938), Death in a White Tie (1938), Overture to Death (1939), Death at the Bar (1940), Surfeit of Lampreys (1941), Death of a Peer in the U.S., Death and the Dancing Footman (1941), and Colour Scheme (1943).

Instructor: Stephen Stillwell

Stephen Stillwell is an historian and a librarian. He has led study groups at each of the OLLI-UA campuses. His courses have included Middle Eastern history, British history, and British culture.

Some of his most popular classes have concentrated on British mysteries.

[Dream Group Class](#)

Subject Area: Online Class, Social Sciences

Thursdays: 12 Sessions 3:00 PM - 4:45 PM

Start: Thu 9/14/23 **End:** Thu 12/7/23 - No Class

Week of Thanksgiving

Location: Online Zoom Offering 2 **Class Size:** 30

Course Description

Attendees share texts of their nighttime dreams and are invited to contribute their ideas and insights on others' dreams. Various techniques of interpretation will be demonstrated, such as "If it were my dream." The group format opens multiple perspectives and layers of meaning. "Aha's" of recognition follow as we unpack the dream. In this process we learn to listen to our intuition, increase compassion for others, discover deeper aspects of ourselves and receive guidance.

Instructor: Helen Landerman

Dr. Landerman has been curious about the meaning of her dreams and writing them down for decades. She has continuously participated in dream groups and is a leader of dream groups. Because dreams speak a language of visual symbols, her Harvard Ph.D. in Romance Languages and Literatures has prepared her for work with metaphors and archetypes. She has 15 years of experience teaching at the college level. She is certified by Jeremy Taylor's Marin Institute for Projective Dream Work and is a long-time member of the International Association for the Study of Dreams and of the Southern Arizona Friends of Jung.

[Chen Village Tai Chi](#)

Subject Area: Online Class, Health/Wellness,

Philosophy/Spirituality/Religion

Thursdays: 9 Sessions 9:00 AM - 10:45 AM

Start: Thu 9/21/23 **End:** Thu 11/16/23

Location: Online Zoom Offering 2 **Class Size:** 300

Course Description

No previous Tai Chi experience is necessary. All the movements are slow and gentle, and no martial arts applications will be taught or practiced in this study group. These methods may help lessen body pain, correct spinal misalignment, cultivate a sense of internal energy, and rest the mind.

Participants can wear comfortable roomy or stretchy clothing and some soft tai chi shoes or socks to wear on their feet.

Instructor: Randall Krause

Randall Krause served many years as an attorney and conflict resolution facilitator. Later, he studied counseling and received a M.A. in interdisciplinary consciousness studies with an emphasis in holistic health counseling, was certified and served as a personal coach and mentor. He studied Effective Communication intensively and also studied The Gremlin Taming Method for more than 10 years. In addition, Randall is a senior mentor and teacher in the Himalayan yoga meditation tradition and is registered with Yoga Alliance (YA) as an Experienced Yoga Teacher and a Continuing Yoga Education Provider.

Future Perfect: Technology Trends by 2030

Subject Area: Online Class, Science/Math/Technology

Thursdays: Single session 11:00 AM - 12:45 PM

Start: Thu 10/26/23 **End:** Thu 10/26/23

Location: Online Zoom Offering 1 **Class Size:** 300

Course Description

Remember the book "1984" and that was the future, or the new Millennium, and THAT was the future! So, what's the next "future"? One thing we know, the pace of technological change has accelerated! Let's look ahead, not too far, to 2030. We'll take a quick look back, just to set the stage. Remember how you did things prior to the smart phone? Now, what's likely to happen in six years, driven by technology? We'll look ahead at autos, airplanes, highways, healthcare, education, climate, environment, energy generation, etc. Are you ready for driver-less cars, pilot-less airliners, and the AI world? How about some live chat-bot interactions powered by AI! We will have discussion time! Will this be the "Future Perfect"? A PDF copy of the entire program will be available in advance. Do join us!

Instructor: Douglas Stowell

Doug Stowell is a consumer and political polling veteran in both U.S. and EU markets. His career includes Market Research Director for the Xerox Corp., U.S. Clients Director for the U.K. firm NOP, Ltd. in London and Sr. Polling Executive - Wirthlin Worldwide in Washington, D.C.. He launched Market Resource Associates in 2008 and conducts opinion research on global issues today. He is a member of the Furman University Osher Life-Long-Learning Group in Greenville, SC and conducts Zoom

programs for more than 80 organizations worldwide.

Rekindling Our Soul Spark by Discussing Our Favorite Poems

Subject Area: Online Class,

Philosophy/Spirituality/Religion,

Literature/Writing/Language

Thursdays: 3 Sessions 11:00 AM - 12:45 PM

Start: Thu 11/16/23 **End:** Thu 12/7/23 - **No Class Week of Thanksgiving**

Location: Online Zoom Offering 1 **Class Size:** 20

Course Description

Do you cherish a special poem that brings you great insight or peace? Is there a poem that has inspired you? Perhaps you've found poems that have challenged you? Have you penned your own poetic works? Have you been drawn to reading poetry but fear that you don't understand the meanings of many poems?

If you enjoy reading, writing, and/or discussing poetry, come join us for this late fall poetry adventure. We will read poems that class members have chosen. We will then explore and share our own personal interpretations of these poems. Ideally, these discussions will provide opportunities to share our feelings and insights about the selected poems. It is hoped that these conversations will help to rekindle the sparks within members' souls.

We will not examine or analyze the poems. Instead, we will share what has touched us about each of the poems we select and discuss. There are no right or wrong answers. These conversations will be ways to enrich our souls and share our energy with others. Please join us in this poetry journey. Be sure

to bring your wisdom and insights to share in this discussion.

Instructor: Mary Ellen Klawiter

Mary Ellen lived her first fifty years in Philadelphia, Pennsylvania where she worked as an educator, a Director of Religious Education, and a Hospice Chaplain. Since moving to Sahuarita, Mary Ellen received an M.S. in Mental Health Counseling and counseled at-risk teens, pre-teens, and people struggling with loss. Her undergraduate work was in History and Theology and her graduate theological studies were in Religious Education and Clinical Pastoral Education.

Fridays

Intellectual and Cultural History of the West Part 3: Enlightenment

Subject Area: History/Current Events,

Philosophy/Spirituality/Religion, Social Sciences,

Online Class

Fridays: 11 Sessions 9:00 AM - 10:45 AM
Start: Fri 9/15/23 **End:** Fri 12/8/23 - **No Class Nov 10, No Class Week of Thanksgiving**
Location: Online Zoom Offering 1 **Class Size:** 300

Course Description

This is the 3rd of a 4-part course on the history of ideas or history of Western thought. This part concerns the period from 1648 to 1800 or roughly from Descartes to Kant - the period of early modern history or the Enlightenment. (The first two parts were Greeks and Medieval, and the 4th is Modern.) We will look at thinkers such as Locke and Hume

and how their thinking shaped our own thinking and culture today. We will also look at the art from this period, and how it reflects the thinking.

The instructor has a PhD in intellectual history and has taught this course before.

Instructor: Robert MacArthur

Robert Macarthur worked for 32 years at UA in the College of Agriculture as an IT guy. He has a PhD in Cultural and Intellectual History from UA.

Ukraine Then and Now: Historical Context and Current Events

Subject Area: Online Class, History/Current Events

Fridays: 11 Sessions 9:00 AM - 10:45 AM
Start: Fri 9/15/23 **End:** Fri 12/8/23 - **No Class Nov 10, No Class Week of Thanksgiving**
Location: Online Zoom Offering 2 **Class Size:** 300

Course Description

It seems the war in Ukraine will shape the 21st century in many ways. Suddenly, the history of eastern Europe has taken on a new importance for an understanding of what is going on. That is a major thesis of Yale's distinguished historian, Timothy Snyder, in his course: The Making of Modern Ukraine, available to the public at <https://online.yale.edu/courses/making-modern-ukraine>. We use his lectures to introduce each of our classes in this two-semester course. In tandem with Professor Snyder's insights, we use a range of supplementary materials to foster an understanding of the region and its place in global affairs. Events as they unfold will provide a continuing source of class discussion.

Instructor: Jesse Frey

Phone: 520.626.9039

Email: ollimail@arizona.edu

Website: oli.arizona.edu

Jesse is an experienced study group leader.

[News and Views with Sherry and Doug](#)

Subject Area: History/Current Events, Online Class

Fridays: 11 Sessions 11:00 AM - 12:45 PM

Start: Fri 9/15/23 **End:** Fri 12/8/23 - **No Class**

Nov 10, No Class Week of Thanksgiving

Location: Online Zoom Offering 1 **Class Size:** 70

Course Description

Every week we pick and vote on topics to discuss. We like to discuss news from many different angles. So all civil opinions/views are welcome.

News and Views Guidelines:

1 - We begin the class by soliciting topics from the students for possible discussion. Sometimes topics can be combined. 2 - A list of all of the topics is created in order of suggestion. 3 - A vote is taken for each suggested topic. Students can vote for as many topics as they wish to discuss. 4 - The voting results will be immediately shown. 5 - Topics are discussed by vote total (most to least) and in the event of a tie, either in order of suggestion or by SGL or group decision. 6 - The person who suggested a topic will be given 1-2 minutes to present their topic, either in advance of the vote if the topic is not clear, or when the topic is up for discussion. 7 - Important: We ask that everyone please keep your comments succinct - less than three minutes. Don't ramble and please refrain from repeating yourself or others. We want everyone to be able to speak. 8 - Everyone will get a chance to speak before someone is called on again for a given topic.

Instructors: Sherry Goncharsky, Doug Syme

Sherry Goncharsky worked at IBM as a programmer and systems engineer after studying computer

science at the University of Illinois. As a retirement job, she spent time "teaching computers to behave for their owners." Soon after joining OLLI, the pandemic hit and she became an active part of the tech hosting community and is also part of the AV Committee. Her hobbies include reading and crocheting.

Doug Syme was born and raised in Dublin. He graduated 1972 in Mechanical Engineering from Trinity College, Dublin University. He was recruited in 1983 to establish manufacturing of a Weighing and Batching System in New Jersey after the system was bought from the company for which he was working in Ireland. He is a Naturalized Citizen of the United States. Doug lived and worked in NJ for 8 years, and lived in PA for 25 years. He worked in a small firm providing Equipment and Services to Commercial Swimming Pools. Doug retired in 2016 and moved to Green Valley. He has served on the board of Esperanza Estates HOA. He is a World Rugby Licensed Educator and teaches Rugby Refereeing. He volunteers with Sahuarita Food Bank. He also enjoys Choral Singing and participates in a number of Choirs in the area. He is an active student and Tech Host with OLLI.

[Electric Vehicle Discussion Forum Class \(EVDFC\)](#)

Subject Area: Online Class, DIY/Self-Help,

Science/Math/Technology

Fridays: 10 Sessions 1:00 PM - 2:45 PM **Start:** Fri 9/15/23 **End:** Fri 12/1/23 - **No Class Nov 10, No Class Week of Thanksgiving**

Location: Online Zoom Offering 1 **Class Size:** 30

Course Description

This is a 9-session Zoom class where both EV owners and those interested in owning and driving

an Electric Vehicle come together to discuss topics such as: EV terminology/lingo, EV Charging at Home and Not At Home, Range and Range Estimates, Trip/Route Planning, Actually Owning and Driving An EV (an EV Owners Panel), EV Long Distance Test Drive Results, and Buying New and Used EVs. Plus, there is an open mic session where current EV topics of interest are brought up for discussion. The last session is an in-person Cars & Coffee class get together where EV owners can show their EVs and chat with other fellow EV Discussion Forum Class participants.

PDFs of session presentations and session recordings links are made available to all participants via access to a Google Drive file. Weekly newsletters are provided summarizing discussions and providing a current listing of all postings to Google Drive.

Instructor: Damond Osterhus

Damond is retired US Air Force Officer. He has a BS in Mechanical Engineering from Oklahoma State University, and a MS in Acquisition Logistics Management from the Air Force Institute of Technology. Since January of 2020 he began his research, and test driving of 7 different EVs as part of his personal determination as to what EV best satisfies his requirements. He published 5 articles in his local car association magazine relating to "Can I Get There [Henderson NV] From Here [Tucson AZ]" as a result of his research and testing. He has driven: a 2021 Porsche Taycan 4S, a 2022 Tesla Model 3, 2022 Ford Mustang Mach-e, 2022 Hyundai IONIQ 5, 2022 KIA EV 6 RWD, 2023 Nissan Ariya, and 2023 Cadillac Lyriq. His OLLI-UA Zoom and in person classes are based on his continuing EV research and testing.

[The First Southwesterners: The Paleoindian and Archaic Peoples](#)

Subject Area: Online Class, Social Sciences,

History/Current Events, Arizona History/Culture

Fridays: 2 Sessions 3:00 PM - 4:45 PM **Start:**
Fri 9/15/23 **End:** Fri 9/22/23

Location: Online Zoom Offering 1 **Class Size:**
300

Course Description

Native Americans legitimately claim their peoples have inhabited the Americas from time immemorial. Archaeology confirms their ancestors' presence in the Southwest back into the late Pleistocene epoch. In this class, archaeologist Allen Dart discusses and illustrates archaeological evidence of the earliest peoples in the American Southwest, from at least 11,000 and possibly as early as 21,000 BCE up to the time agriculture was introduced to the region around 2100 BCE.

Instructor: Allen Dart

Registered Professional Archaeologist Allen Dart has worked in Arizona and New Mexico since 1975 for federal and state governments, private companies, and nonprofit organizations. He is the executive director of Tucson's nonprofit Old Pueblo Archaeology Center, which he founded in 1993 to provide educational and scientific programs in archaeology, history, and cultures. Al has received the Arizona Archaeological Society's Professional Archaeologist of the Year Award, the Arizona Archaeological and Historical Society's Victor R. Stoner Award, the Arizona Governor's Archaeology Advisory Commission Award in Public Archaeology, and other honors for his efforts to bring archaeology and history to the public.

Sharing Poetry

Subject Area: Arts/Culture, Online Class

Fridays: 6 Sessions 1:00 PM - 2:45 PM **Start:**
Fri 9/22/23 **End:** Fri 12/1/23 - **Class held every**
other week

Location: Online Zoom Offering 2 **Class Size:** 30

Course Description

The group will meet every other week for 12 weeks (6 sessions) to share favorite poems and poets. Participants will choose and provide 2 to 3 poems to share with the class for discussion. Presenters can ask for readers or read the poems themselves. The chosen poems will be distributed in PDF format prior to class and displayed on screen during discussions.

"The world is never the same once a good poem has been added to it".

-Dylan Thomas

This class will meet on September 22, October 6, October 20, November 3, November 17, and December 1.

Instructor: Trudy Hill

Trudy Hill has an MS degree in Art Education from UW Madison and has taught art and reading to elementary, junior high, and adult students. She was a co-SGL for Science Fiction and Poetry Classes and SGL for Calligraphy Class. She is an SGL for Film and Poetry Discussion classes. Her background includes working for Visa International as an architect of computer chips on payment cards and Visa systems that support them. Since she was a young girl, she has loved reading everything, watching films and making art (still does)!

Astronomy and Geosciences

Subject Area: Science/Math/Technology, Online Class

Fridays: 6 Sessions 3:00 PM - 4:45 PM **Start:**
Fri 10/6/23 **End:** Fri 11/17/23 - **No Class Nov 10**

***Hybrid Class: In-person and Online**

Location: Online Zoom Offering 1 **Class Size:**
300

Course Description

Our exploration of the Earth, Solar System, and Universe continues. This semester our key topic will be the Cosmological Toolkit. This Toolkit will include such concepts/theories/laws/insights as the Eddington and Roche limits, Redshift, Cosmic Distances, Kepler Laws, the Hertzsprung-Russell diagram, Stellar Magnitudes, Lagrange Points, and the EM spectrum, to name a few. We will discuss these in the context of on-going discoveries in Astronomy, Planetary Sciences, and Earth Sciences. Information will be conveyed using short videos, awesome photos, understandable/fun graphics, and class discussions. We will have several guest speakers from the University of Arizona's Astronomy, Planetary Sciences, and Geosciences Departments. Science Fiction Theatre continues, with short clips highlighting a century of Sci Fi movies and TV shows. Please join us for this continuing journey of discovery and adventure. Being in an earlier Astronomy/Geosciences class I have hosted is neither a prerequisite nor necessary to understand and enjoy this class.

This class will be offered as a hybrid, both in-person and online. This is the online option.

Instructor: Guy Jette

Guy retired from the U.S. Air Force after 37 years working in Research and Development in both the aeronautical and space fields. He holds MBA and MS degrees, and is an Associate Fellow of the

American Institute of Aeronautics and Astronautics.
He has worked in astronomy outreach for the past
ten years as a docent at Kitt Peak National
Observatory. He has also been a frequent guest
speaker at the University of Hawaii Institute for
Astronomy on Maui.

Online Classes: Shared Osher Offerings Mondays

[Up Yours: Medical Scopes and Where They Go](#)

Subject Area: Online Class, Health/Wellness,
Science/Math/Technology

Mondays: Single session 10:30 AM - 12:30 PM
Start: Mon 9/18/23 **End:** Mon 9/18/23
Location: Online Zoom Offering **Class Size:** 300

Course Description

Shared From OLLI at Rochester Institute of Technology

There are many kinds of scopes used in medicine and they enter every natural orifice in the body as well as surgically made openings. After exploring the technology which makes these scopes possible we will look at videos of multiple procedures from colonoscopy to gastroscopy and from laparoscopy to arthroscopy, including robotic surgery. You may see parts of the body you have never seen before!

Instructor: Victor Poleshuck

Victor Poleshuck is a retired gynecologist who has performed a large number of operations through scopes.

[Women's Words from the Westward Journey](#)

Subject Area: Online Class,

Literature/Writing/Language, History/Current Events

Mondays: Single session 8:15 AM - 9:45 AM
Start: Mon 9/25/23 **End:** Mon 9/25/23
Location: Online Zoom Offering **Class Size:** 300

Course Description

Shared From OLLI at Rochester Institute of Technology

In the mid-1800s a quarter-million men, women, and children made their way across the Great Plains in one of the great mass migrations of modern times. Historians estimate that one in 200 kept diaries of their journeys. While men focused on the business of the trek (mileage, weather, forage, and Indians), women saw the trip through different eyes, looking inwards to the changes occurring to their families. Their writing allows us to walk with them and thus attain a deeper understanding of the courage and determination that allowed them to succeed in both the trek and their new land.

Instructor: Debbie Huff

Debbie Huff enjoys researching narrative history to find the hidden stories behind the dry facts of our school years. She has led courses at Osher since 2008.

[Don't Ban that Book!](#)

Subject Area: History/Current Events,

Literature/Writing/Language, Online Class

Mondays: Single session 10:30 AM - 12:00 PM

Start: Mon 9/25/23 **End:** Mon 9/25/23

Location: Online Zoom Offering **Class Size:** 300

Course Description

Shared From OLLI at Rochester Institute of Technology

Are today's efforts to remove books from public and school libraries more widespread than book banning campaigns in the past? Is the type of material being targeted today different? How are libraries handling the growing demands to cull material from their shelves? We will explore these questions and get a librarian's perspective from the Executive Director of the Ontario, Wayne, Wyoming, and Livingston (OWWL) Library System, Ron Kirsop.

Instructor: Chris Ryan

Chris Ryan is a retired librarian and has been leading courses at Osher for several years. Visiting lecturer Ron Kirsop is the Executive Director of the OWWL Library System, headquartered in Canandaigua, NY.

[The Titan II Intercontinental Ballistic Missile](#)

Subject Area: History/Current Events,

Science/Math/Technology, Online Class

Mondays: Single session 8:15 AM - 9:45 AM

Start: Mon 10/2/23 **End:** Mon 10/2/23

Location: Online Zoom Offering **Class Size:** 300

Course Description

Shared From OLLI at Rochester Institute of Technology

The Titan II was our first ICBM capable of instantaneous launch 24/7. We will discuss it from the perspective of the course leader, a former launch officer. This course will be paired with another single-session course - 50th Anniversary of the Yom Kippur War: Israel's Last Conventional War. Neither course is a prerequisite for the other.

Instructor: Dick Scott

Dick Scott served as a Titan II launch officer from 1972 to 1974 at the apex of the Cold War arms race. He has led many Osher courses.

[50th Anniversary of the Yom Kippur War: Israel's Last Conventional War](#)

Subject Area: Online Class,

Science/Math/Technology, History/Current Events

Mondays: Single session 8:15 AM - 9:45 AM

Start: Mon 10/9/23 **End:** Mon 10/9/23

Location: Online Zoom Offering **Class Size:** 300

Course Description

Shared From OLLI at Rochester Institute of Technology

In October 1973, Israel fought and won the existential Yom Kippur War. We will discuss this conflict from the perspective of an ICBM Launch Officer who happened to be on "alert" during the decisive tank battle between Israel and Syria on the Golan Heights.

Instructor: Dick Scott

On October 8, 1973, Dick Scott arrived at his pre-departure briefing for his scheduled Titan II alert expecting a routine day. It turned out to be anything but routine.

Tuesdays

The Science of Ecology

Subject Area: Science/Math/Technology, Online Class

Tuesdays: 12 Sessions 8:15 AM - 9:45 AM

Start: Tue 9/12/23 **End:** Tue 12/5/23 - **No Class**

Week of Thanksgiving

Location: Online Zoom Offering **Class Size:** 300

Course Description

Shared From OLLI at Rochester Institute of Technology

The planet we live on is facing many crises. To understand them better, we need to look at the basic principles of ecology, the study of our home, the Earth. In this course we will discuss the theories that ecology is based on and apply this knowledge to the problems our living environment faces in the 21st century.

Note: Daylight Savings Time ends on November 5, 2023. After that date, this class will begin at 9:15 am Arizona time.

Instructor: Tim McDonnell

Timothy McDonnell is an educator and the coordinator of the NY Geographic Alliance. He is a proud, 18-year Osher member and has led many different courses on a variety of topics.

Weekly Creations

Subject Area: Online Class, Crafts/Cooking,

Arts/Culture

Tuesdays: 6 Sessions 10:00 AM - 11:30 AM

Start: Tue 9/12/23 **End:** Tue 10/17/23

Location: Online Zoom Offering **Class Size:** 300

Course Description

Shared From OLLI at Chico State CA

Grab your sketchbook and assorted art materials! The goal of this class is to complete a piece of art each week during class time. For each session we will look at a photo, video clip, or artwork, briefly discuss it, and then create our own piece. Prior to each session, specific art materials that will be used by the instructor for that week will be shared. Participants are welcome to follow along with the instructor or take off in a direction of their own.

Materials: a sketchbook and/or drawing paper, and any other assorted art media that you have and like to use.

Instructor: Cris Guenter

Cris Guenter is both an artist and an educator. She is professor emerita in the School of Education at Chico State and was named the 2008 National Art Educator of the Year by the National Art Education Association. She has been exhibiting her artwork in regional, national, and international exhibitions since 1972. She is currently a national trustee for the National Art Education Foundation.

Let's Keep Knitting

Subject Area: Crafts/Cooking, Online Class

Tuesdays: 10 Sessions 3:00 PM - 4:30 PM

Start: Tue 9/12/23 **End:** Tue 11/14/23

Location: Online Zoom Offering **Class Size:** 15

Course Description

Shared From OLLI at Chico State CA

Knitting with others is a wonderful learning environment. This class is designed to give knitters who have mastered the basic stitches of knit and purl a chance to work on a project of their choosing while we hang out online with other knitters. All levels of ability are welcome! Gale contributes to the class by offering tips and suggestions for patterns, yarn, and tools based on her years of knitting experience.

Note: Daylight Savings Time ends on November 5, 2023. After that date, this class will begin at 4:00pm Arizona time.

Instructor: Gale Ulvang

Gale Ulvang, a life-long knitter, has made a hobby out of collecting odd bits of information and techniques she can use to improve her knitting projects. She promotes using internet resources to find patterns and expand skills and loves sharing that knowledge with others. She learned the Fibonacci sequence as a scheme for stripping in hats and scarves and was inspired to learn more about how it can improve artistic composition.

Making History: Covid and the Black Death Revisited

Subject Area: History/Current Events, Online Class

Tuesdays: 5 Sessions 1:00 PM - 2:00 PM

Start: Tue 10/17/23 **End:** Tue 11/14/23

Location: Online Zoom Offering **Class Size:** 300

Course Description

Shared From OLLI at Chico State CA

In June 2020 we offered Lessons from the Black Death to examine how medieval societies responded to the plague and how the modern world was reacting to the pandemic, then only a few months old. Three years on, we're revisiting our assessments and noticing how, so far, modern America is recounting its history of the pandemic.

Class members will receive links to the June 2020 videos to watch prior to each class, during which we will discuss how today compares with June 2020.

Note: Daylight Savings Time ends on November 5, 2023. After that date, this class will begin at 2:00pm Arizona time.

Instructors: Leanne Ulvang (she/her), Robin Dizard
Leanne Ulvang earned a BA in medieval and English history from Pomona College and a JD from the University of Santa Clara. In over a dozen years as volunteer instructor, she has acquired teaching skills, improved her French, and learned that OLLI is a great place to indulge her passions for language, history, and gardens.

Robin Dizard is professor emerita of English and American studies. She taught at Keene State College, Keene, New Hampshire. African American and Caribbean literature are her special areas. Her articles have appeared in The Massachusetts Review, Pedagogy, Multi-Ethnic Literature of the United States, Slavery and Abolition, and the

Encyclopedia of Women's Autobiography. Reading books and discussing current events are among her favorite things to do.

[Intro to Prismacolor Pencils](#)

Subject Area: Online Class, Arts/Culture,
Crafts/Cooking

Tuesdays: 4 Sessions 10:00 AM - 11:30 AM

Start: Tue 10/24/23 **End:** Tue 11/14/23

Location: Online Zoom Offering **Class Size:** 300

Course Description

Shared From OLLI at Chico State CA

This class will introduce participants to Prismacolor pencil use. These pencils have a wax base so it is good to know how to use and take care of them. The class will address what types of paper to use, basic procedures for color swatching, color blending strategies, layering colors, sharpening techniques, and preparing and working on a complete colored pencil drawing. Completed Prismacolor pencil drawings can look like paintings with a thoughtful approach, proper blending, and some patience.

Materials List:

These materials are available online at Amazon, Blick.com, Jerry's Artarama, or Cheap Joe's Art Stuff. Locally in Chico you may be able to find these items at Michael's, Ellis Art Supply, and Hobby Lobby.

- * A set of 12 or more Prismacolor Pencils
- * Prismacolor Colorless Blender Pencil
- * 9" x 12" Strathmore Bristol Vellum Series 400 tablet (15 sheets/brown cover)
- * Vinyl eraser such as one of these: Pentel Hi-Polymer Block Eraser, Tombow Mono Zero Eraser, or Staedtler Mars Plastic Vinyl Eraser

Optional:

Sakura Cordless Sumo Grip Electric Eraser

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Dusting Brush (for drafting/drawing)

Note: Daylight Savings Time ends on November 5, 2023. After that date, this class will begin at 11:00 AM Arizona time.

Instructor: Cris Guenter

Cris Guenter is both an artist and an educator. She is professor emerita in the School of Education at Chico State and was named the 2008 National Art Educator of the Year by the National Art Education Association. She has been exhibiting her artwork in regional, national, and international exhibitions since 1972. She is currently a national trustee for the National Art Education Foundation.

Wednesdays

[Ten Great Buildings](#)

Subject Area: Online Class,

Science/Math/Technology, History/Current Events

Wednesdays: 5 Sessions 8:15 AM - 9:45 AM

Start: Wed 9/13/23 **End:** Wed 10/11/23

Location: Online Zoom Offering **Class Size:** 300

Course Description

Shared From OLLI at Rochester Institute of Technology

By looking at "great" buildings throughout history, we will learn about the principles of architecture, the importance of materials, technology, and patronage in the construction of a building; and how to look at architecture in general. Each week we will examine two or three important buildings and the role that innovation plays in architecture.

Instructor: Nancy McAfee

Nancy McAfee is an art historian who spent 18 years at the Cleveland Museum of Art as an educator and community outreach director. She has an AB from

Cornell and an MA in art history from Case Western Reserve University.

Looking at Shakespeare's Hamlet Through a Writer's Eyes

Subject Area: Online Class,
Literature/Writing/Language

Wednesdays: 10 Sessions 10:00 AM - 11:30 AM
Start: Wed 9/13/23 **End:** Wed 11/15/23
Location: Online Zoom Offering **Class Size:** 300

Course Description

Shared From OLLI at Chico State CA

Pam Tibbetts wrote for Rapture Theatre that "Hamlet is an enigma, a paradox, a multi-layered mystery. For centuries it has fascinated audiences, critics, and scholars alike." Can reading the play from a writer's perspective help you better understand it? Join OLLI instructor and stage and screenplay writer Lynn Elliott to examine this question and see how the techniques writers use to build what we see today on stage, in television, and in movies are the same techniques Shakespeare used in his writing.

Note: Daylight Savings Time ends on November 5, 2023. After that date, this class will begin at 11:00 AM Arizona time.

Instructor: Lynn Elliott

Dr. Lynn H. Elliott is professor emeritus and former chair of English at Chico State. Besides his prose and award-winning playwriting, he is also a multiple award-winning national and international screenplay writer.

The Future of Health, Medicine, and Biotechnology

Subject Area: Science/Math/Technology, Online

Class, Health/Wellness

Wednesdays: 12 Sessions 10:30 AM - 12:00 PM
Start: Wed 9/13/23 **End:** Wed 12/6/23 - **No Class Week of Thanksgiving**

Location: Online Zoom Offering **Class Size:** 300

Course Description

Shared From OLLI at Rochester Institute of Technology

In this course we will look at the future of wellness and health with emphasis on prevention and monitoring for early detection of disorders. Topics covered will include precision medicine, genomics, impact of Artificial Intelligence on health care, organoids, stem cells, transplants, drug development, bionics, biotechnology, and much more.

Note: Daylight Savings Time ends on November 5, 2023. After that date, this class will begin at 11:30 am Arizona time.

Instructor: Alex Marcus

Alex Marcus is a retired physician who started as an internist in India and later specialized in neurology and psychiatry here in the US. He has been leading courses at Osher for over 20 years on a variety of topics, mostly about the human brain, but also on health, aging, and longevity.

Five American Artists

Subject Area: Arts/Culture, Online Class

Wednesdays: 5 Sessions 1:00 PM - 2:30 PM

Start: Wed 9/13/23 **End:** Wed 10/11/23

Location: Online Zoom Offering **Class Size:** 300

Course Description

Shared From OLLI at Chico State CA

Through lectures, videos, and discussions, we will consider what five artists - Georgia O'Keeffe, Edward Hopper, Faith Ringgold, Wayne Thiebaud, and Audrey Flack - expressed about life in America. Participants will receive emails with something to read, something to watch, and a discussion preparation exercise in advance of each class meeting.

Instructor: Dolores Mitchell

Dolores Mitchell received a BA in studio art and PhD in art history from UCLA in 1970 and taught Renaissance to 20th Century Art History at Chico State for 30 years. She co-founded Chico's Avenue 9 Gallery, where she exhibited her art until the gallery closed in 2015. Dolores now focuses her energies on painting.

Chico State Faculty Lecture Series

Subject Area: Online Class, History/Current Events,

Literature/Writing/Language,

Science/Math/Technology

Wednesdays: 6 Sessions 1:00 PM - 2:30 PM

Start: Wed 10/11/23 **End:** Wed 11/15/23

Location: Online Zoom Offering **Class Size:** 300

Course Description

Shared From OLLI at Chico State CA

Chico State's tradition of academic excellence goes back more than 130 years. With over 900 faculty members and 13,000 students, the University's teaching and learning community is thriving. Discover the imagination, cutting-edge research, and expertise that flourishes there!

Note: Daylight Savings Time ends on November 5, 2023. After that date, this class will begin at 2:00pm Arizona time.

Instructor: Sandra Flake (she/her)

Sandra Flake retired from the English Department at Chico State, where she enjoyed teaching general education courses in American Indian Literature and Literature for Life for several years, following a long career in academic administration (provost at Chico State and the University of West Florida, academic dean at the University of Northern Colorado and the University of Wisconsin-La Crosse). She earned her doctorate in English, with a focus on fiction, at the University of Wisconsin-Milwaukee, and taught literature and composition there and, subsequently, at the University of Minnesota, where she also directed a learning center.

Our Best Friend: The Domestic Dog

Subject Area: Online Class, Science/Math/Technology

Wednesdays: 6 Sessions 10:30 AM - 12:00 PM

Start: Wed 10/25/23 **End:** Wed 12/6/23 - **No Class Week of Thanksgiving**

Location: Online Zoom Offering **Class Size:** 300

Course Description

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OLLI-UA Fall 2023 – Online Shared Osher Offerings

Shared From OLLI at Rochester Institute of Technology

Dogs were the first domesticated animals and have been our companions for thousands of years. This course will consider how dogs evolved from wolves; the various roles of dogs in human society; basics of dog biology, sensory systems, and behavior; dog-human interactions; village dogs; how dogs experience the world; and how we can become better partners with our canine companions.

Note: Daylight Savings Time ends on November 5, 2023. After that date, this class will begin at 11:30 am Arizona time.

Instructor: John Jaenike

John Jaenike, professor emeritus at University of Rochester, is an ecologist and evolutionary biologist, but, more importantly, has loved dogs since he was a kid and considers them to be the best species on earth.

Thursdays

Aviation History: American Airpower Ascendant 1944

Subject Area: History/Current Events, Online Class

Thursdays: 6 Sessions 10:00 AM - 11:30 AM

Start: Thu 10/12/23 **End:** Thu 11/16/23

Location: Online Zoom Offering **Class Size:** 300

Course Description

Shared From OLLI at Chico State CA

As WWII enters its fourth year, American airpower begins to achieve air supremacy over the Axis powers. Rapid technical advances and superior training overcome German secret weapons and Japanese suicide attacks. This class will describe the airplanes and personalities during this time period.

Note: Daylight Savings Time ends on November 5, 2023. After that date, this class will begin at 11:00am Arizona time.

Instructor: Gary Hendrickson

Gary Hendrickson's father was a pilot in WWII and operated an agricultural aviation business. Gary soloed a 1946 Aeronca at age 15, attended Sacramento City College and Cal Poly San Luis Obispo, majoring in aeronautical engineering and minoring in history. He flew jet fighters off and on aircraft carriers, then returned to civilian flying as a certificated flight and ground school instructor. He was a pilot in command of fire bombing aircraft for 35 years and operated an agricultural aviation business for 46 years. Hobbies include restoring antique airplanes, hunting, fishing, and a passion for history.

Law in the News

Subject Area: Online Class, Civic

Engagement/Community/Government,

History/Current Events

Thursdays: 10 Sessions 10:45 AM - 12:00 PM

Start: Thu 9/14/23 **End:** Thu 11/16/23

Location: Online Zoom Offering **Class Size:** 300

Course Description

Shared From OLLI at Rochester Institute of Technology

Each week we are inundated with local and national news articles involving the law. We will review recent cases as they appeared in the news and learn how the case was brought and the reasoning behind the outcome. Members of the class will be encouraged to suggest newsworthy cases.

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Note: Daylight Savings Time ends on November 5, 2023. After that date, this class will begin at 11:45 am Arizona time.

Instructors: Michael Schnittman, Sue Stewart

Mike Schnittman is a retired lawyer who has been an Osher member since he retired in 2011 and has led courses on the law (including Law 101) and literature (Hemingway, Salinger, Orwell, and Roth).

Sue Stewart is also a retired lawyer who has been an active member of Osher since 2018.

[The Racial Wealth Gap: Government Policies and African Americans](#)

Subject Area: Social Sciences, History/Current Events, Civic Engagement/Community/Government

Thursdays: Single session 10:00 AM - 11:30 AM

Start: Thu 9/21/23 **End:** Thu 9/21/23

Location: Online Zoom Offering **Class Size:** 300

Course Description

Shared From OLLI at Chico State CA

This one-time class will examine the government policies that affected Black Americans after the Civil War.

Instructor: Lori Murphy Cole (she/her)

Lori earned her BA, MA, and Lifetime Community College Credential in geography, geology, and geophysics from Chico State. She moved to Oregon in 1980 and taught at Western Oregon University (Monmouth) and Chemeketa Community College (Salem) and five prisons, eventually taking on leadership roles. She retired as dean in 2006 from Chemeketa and currently teaches online. She is a Master Gardener, National Geographic Certified Educator, and Quality Matters certified instructor, and holds a Cultural Competency Certification. Her

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joys include a curvy road on her Harley, her garden, her involvement in racial and social justice matters, and her mutts Phil and Matty.

[George Gershwin: His Life and His Music](#)

Subject Area: History/Current Events, Arts/Culture,

Online Class

Thursdays: 6 Sessions 6:30 AM - 8:00 AM

Start: Thu 10/26/23 **End:** Thu 12/7/23 - No Class Week of Thanksgiving

Location: Online Zoom Offering **Class Size:** 300

Course Description

Shared From OLLI at Rochester Institute of Technology

George Gershwin was the first true crossover American composer. From Tin Pan Alley to Broadway, to the concert hall and to the opera house, his music crossed multiple boundaries. Critics were not always approving, but the public was, and his music endures. We will explore his biography and his music, including popular song, Broadway shows, concert music and his opera, Porgy and Bess, as well as the many popular and jazz artists who have covered his tunes.

Note: Daylight Savings Time ends on November 5, 2023. After that date, this class will begin at 7:30 am Arizona time.

Instructors: Victor Poleshuck, Peter Luce

Peter Luce has taught jazz history courses at Osher and the Chautauqua Institution. Beyond jazz, his interests include artmaking, photography, and hiking.

Victor Poleshuck is a retired physician with a lifelong love of classical music.

Field Trips

Mondays

[Wine Tasting Field Trip](#)

Subject Area: Field trip, Crafts/Cooking

Mondays: Single session 12:00 PM - 2:00 PM

Start: Mon 10/16/23 **End:** Mon 10/16/23

Location: Charron Vineyards and Winery **Class**

Size: 30

Course Description

Visit Tucson's closest winery and enjoy handcrafted Arizona wines with spectacular mountain views. Charron Vineyards is a small family-owned winery located less than 30 minutes' drive from downtown Tucson. Established in 1995, Charron Vineyards produces many distinctive wines including their award-winning White Merlot. At Charron you are encouraged to relax while each hand-crafted wine is brought to your table and your knowledgeable server explains the wine's journey from grape to glass. There are also gourmet picnic baskets available to enjoy while you sip, and a delightful wine themed gift shop. The wide selection of wines produced at Charron have a characteristic style imparted by the environment in which they are produced. The higher elevation overlooking the rolling slopes of the Santa Rita and Empire Mountains brings fresh mountain air, rich soil, and an essence of tranquility. Be sure to visit one of the oldest, most picturesque wineries in the state, with a beautiful new tasting room and outdoor patio.

Colton Noble and Sarah Wolff are the owners of Charron Vineyards. Local Vail, AZ residents, the pair have been coming to Charron Vineyards as customers since 2013 and consider Charron as their

"Neighborhood Winery". Colton and Sarah share responsibilities of farming Charron's five acres of grapes, making great wine, and ensuring that everyone that comes to the Vineyard feels at home and part of the family.

Instructor: Myrna Feldman

Myrna Feldman was born and raised on the East Coast with formal education in science. She has a master's degree in Radiation Biology and has taught at the high school and college level. As a former Hospital Administrator, she is glad to be retired.

[Birding at Sweetwater Wetlands in Tucson](#)

Subject Area: Science/Math/Technology, Field trip

Mondays: Single session 8:00 AM - 10:00 AM

Start: Mon 11/6/23 **End:** Mon 11/6/23

Location: Sweetwater Wetlands Park **Class Size:** 20

Course Description

Join OLLI friends for some guided birdwatching! This single session field trip is at Sweetwater Wetlands in Tucson, an easy-to-find birding "hotspot" with free parking and walking trails. It's a constructed wetland environment with ponds, marshes, and desert scrub habitats that attract a variety of birds. Be sure to bring binoculars if you have them. If you enjoy using Merlin and eBird tech tools, Laura does too, and she can answer your questions about using these while we're birding.

Drive your own car, park for free, and be there by 8:00 am sharp (they don't call them early birds for nothing). Wear sturdy flat shoes and a hat, and plan to walk around slowly for about 2 hours (it's OK to leave early, we won't go far). Beginning birders welcome.

Instructors: Laura Couchman, Bill Couchman

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Laura Couchman and her husband Bill, both OLLI members, have been leaders for previous OLLI online birding classes and field trips. Bill started birding at age 7 in Nature Camp. Laura has been a birder since 2004 and is a volunteer birding field trip leader with the Tucson Audubon Society.

Tuesdays

[Fox Tucson Theatre Historical Tour](#)

Subject Area: Field trip, Arizona History/Culture,

Arts/Culture, History/Current Events,

Science/Math/Technology, Travel/Entertainment

Tuesdays: Single session 10:00 AM - 12:00 PM

Start: Tue 11/14/23 **End:** Tue 11/14/23

Location: Fox Tucson Theatre **Class Size:** 30

Additional Costs: Suggested donation (\$5-\$20) to sustain Fox education programming like this

Course Description

Get up close and personal with our beautiful and highly unique 1930's Southwestern Art Deco theatre. Whether in lounges or lobbies, the stage or dressing rooms, each space opens an experiential window into history. We'll explore Tucson's past, spectacular feats of construction and restoration, the history of showbiz in the US, and the marvels of a top-notch working theatre. You'll learn about and get to take a look at our newly restored Mighty Wurlitzer Organ, and you may even meet a resident ghost or two... The Fox is a nonprofit theatre, and we ask for a small (\$5-\$20) donation from attendees to help support its education and outreach work. Also, please note that the Fox is a historic building and unfortunately does not have elevators. This tour will involve traversing a number of stairs.

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Instructor: Jordan Wiley-Hill

Jordan Wiley-Hill is a professional storyteller, educator, and program developer. He manages the education and outreach activities for the historic Fox Tucson Theatre. A dynamic presenter, he draws heavily on his background in performance art and education, alongside a deep passion for the topics he shares.

Thursdays

[Ethnobotany Tour of Mission Garden: Cultivating Super-Foods for Millennia](#)

Subject Area: Health/Wellness, Field trip,

Crafts/Cooking, Arizona History/Culture

Thursdays: Single session 11:00 AM - 12:30 PM

Start: Thu 11/9/23 **End:** Thu 11/9/23

Location: Tucson Mission Garden **Class Size:** 20

Additional Costs: \$5 per person is suggested donation to the Garden

Course Description

On the beautiful Mission Garden grounds, we will meet not only time-tested cultivated trees and crops but also lots of wild desert plants that have provided food for residents of Tucson for thousands of years. There are very good reasons that we are a UNESCO International City of Gastronomy! Not only are these heirloom plants adapted and beautiful, their nutrition is off the charts. We will see and experience up close the significance of certain cactus parts, "weed" foliage, pods and seeds as super-foods that can promote and even prevent disease and debilitating conditions. These plants continue to provide us new recipes and nutritional gifts - as they have done for Indigenous People for

untold generations. (Suggested Donation of \$5/person to Mission Garden).

Instructor: Martha Burgess

Ethnobotanist Martha Burgess was mentored by Tohono O'odham elders in traditional wild desert-foods harvesting. She taught ethnobotany at Tohono O'odham Community college and continues to design culturally sensitive natural sciences curricula for TOCC. Through her educational workshops for non-profits, she passes along this knowledge. At Mission Garden Martha has helped design the Timeline Gardens and the Desert Grasslands Habitat in progress and has taught several hands-on Native foods classes. Her hope and intention is sustainable inhabitation for all desert dwellers as climate changes - for native plants and animals as well as people.

Fridays

Empire-Vail Ranch Docent Led Tour

Subject Area: Field trip, Arizona History/Culture

Fridays: Single session 10:00 AM - 12:00 PM

Start: Fri 9/22/23 **End:** Fri 9/22/23

Location: Empire Ranch **Class Size:** 20

Course Description

Empire Ranch has been a working cattle ranch for over 140 years. In 1876 the ranch was acquired for \$2,000 by Walter L. Vail, for whom Vail, AZ is named. The ranch house itself started as a four-room adobe house with packed dirt floors and grew to a twenty-two room home with a Victorian master suite. This easy-walking, one hour, docent-led tour reflects the history and evolution of ranch life in SE Arizona from the 1870s to present time. After the tour visitors may continue to explore the ranch on

their own, including hiking, picnicking, and driving throughout the property. Located on US Route 83 approx. 22 miles south of Vail, AZ. Please note that transportation is not provided. There is no fee for this field trip, but a voluntary donation to the Empire Ranch Foundation is gladly accepted on the day of the tour. Detailed information and directions will be sent to you about a week prior to your visit.

Instructor: Ann Buckley

Ann Buckley is a retired veteran educator of 26 years. She holds a MEd in Educational Technology from NAU and a BSE with a minor in math from UW-Whitewater.

Tucson Museum of Art Field Trip

Subject Area: Arts/Culture, Field trip

Fridays: Single session 10:00 AM - 11:30 AM

Start: Fri 9/22/23 **End:** Fri 9/22/23

Location: Tucson Museum of Art **Class Size:** 20

Additional Costs: Museum ticket costs and lunch cost are the responsibility of the OLLI member.

Course Description

Built in 1975, the Tucson Museum of Art (TMA) encompasses almost an entire city block in historic downtown, and houses a growing collection of nearly 12,000 works of art spanning over 3,000 years of history. Rotating and permanent collection exhibitions feature original and traveling shows focusing on Art of Latin America, Art of the American West, Indigenous Arts, and Modern and Contemporary, with related docent-led tours, educational activities, community engagement programs, and a Museum Store. A docent will lead us on an in-depth presentation of their Sculpture Collection as well as 2 Special Exhibitions.

OLLI-UA Fall 2023 – Field Trips

Address: 140 North Main Avenue, Tucson, 85701.
(Meet at the Lobby on N. Main Avenue; not the Lobby on W. Alameda St.)

Cost: Admission fees are: TMA Member: Free; Non-Member: \$10. Optional lunch may follow tour. Sign-up deadline for lunch to be announced.

Instructor: Ann Tai

Ann Tai is a volunteer on the Social Activities Committee and previously on the Membership and Outreach Committee 2020-2022. A transplant from Michigan, she has organized numerous Field Trips and OLLI Dines Out events since Fall 2022.

Field Trip to Equine Voices Rescue and Sanctuary

Subject Area: Arizona History/Culture, Field trip

Fridays: Single session 10:00 AM - 11:30 AM

Start: Fri 9/29/23 **End:** Fri 9/29/23

Location: OLLI-UA **Class Size:** 20

Course Description

Equine Voices Rescue & Sanctuary is a 501 (c)(3) non-profit organization whose mission is to rescue equines from neglect, abuse, abandonment, and slaughter. Additionally, they rehabilitate, adopt and/or provide a safe and loving sanctuary to those equines who need a forever home. Through education, they empower individuals to learn about Premarin and horse slaughter. This is Equine Voice's 19th year of rescuing and caring for horses, donkeys, and mules in need and they do love visitors!

Join us for a tour of Equine Voices Sanctuary, located in Amado, Arizona. Depending on questions and photos, the tour will take approximately 1 1/2 hours. Wear comfortable, closed-toe shoes for quite a bit of walking on generally flat, sandy areas in the desert landscape. If walking is challenging, a small

number of people (three to five) can be transported by golf cart. A hat and plenty of water are recommended. Each visitor must complete documents online prior to the tour: Agreement of Release, Waiver of Liability, and Indemnity Form. An online link to the above-noted documents and driving directions will be sent to registrants prior to the tour date. Donations from visitors to the ranch are optional but encouraged.

Instructor: Janelle McCormick

As a former volunteer at Equine Voices Rescue and Sanctuary, Janelle would like to offer opportunity to familiarize others with this remarkable locally-owned and nonprofit horse rescue.

Museum and Lunch: Arizona History Museum

Subject Area: Arizona History/Culture, Field trip

Fridays: Single session 10:00 AM - 1:00 PM

Start: Fri 10/6/23 **End:** Fri 10/6/23

Location: Arizona History Museum **Class Size:** 20 **Additional Costs:** Museum ticket costs and lunch cost are the responsibility of the OLLI member. The Arizona History Museum tickets are \$12 for General Admission or \$11 for Seniors (65+) or Veterans.

Course Description

Join SGLs Ann Tai and Lois Cocker at the Arizona History Museum on Friday, October 6, with lunch afterwards at Bacio Italiano. Museum ticket costs and lunch costs are the responsibility of the OLLI member. The Arizona History Museum tickets are \$12 for General Admission or \$11 for Seniors (65+) or Veterans. The museum will validate parking tickets for the Main Gate Garage, located on Euclid Avenue and 2nd Street. We will have a docent-led tour of the permanent exhibits, which feature AZ

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OLLI-UA Fall 2023 – Field Trips

transportation history and historic treasures such as Spanish colonial silver, decorative art, and Old West firearms. Plus, we will also see two special exhibits, "Drinking Local: A Toast to the Southwest" (influences and growth of local breweries, wineries, and distilleries over time), and "Welcome Quilts: Migration, Art, & Hope" (stitched together as messages of hope by migrants, students in Patagonia and children and adults in Arizona and across the US).

Instructors: Lois Cocker, Ann Tai

Lois joined OLLI at the beginning of the ZOOM-only era. She has served as a tech host and Central Tucson Campus host. After a long career in IT project management, she enjoys taking classes about topics she has never formally studied. She is glad we are now able to meet in-person for field trips and other events.

Ann Tai is a volunteer on the Social Activities Committee and previously on the Membership and Outreach Committee 2020-2022. A transplant from Michigan, she has organized numerous Field Trips and OLLI Dines Out events since Fall 2022.

[The Garden Kitchen: Cooking for One or Two People](#)

Subject Area: Crafts/Cooking, Field trip

Fridays: Single session 10:00 AM - 11:30 AM

Start: Fri 10/13/23 **End:** Fri 10/13/23

Location: The Garden Kitchen **Class Size:** 20

Additional Costs: \$25 per person

Course Description

The Garden Kitchen is a seed-to-table facility located at 2205 S. 4th Ave in South Tucson. We will be touring the garden and learning how the garden provides education and fresh vegetables to the neighborhood. Then we will move into the inside facility with the demonstration kitchens. We will

have a cooking demonstration of two meals: a chicken one pot meal and then a fish stew with fresh items from the garden. Both meals will be for one to two persons households.

Printed recipes will be provided as well as samples to taste of all the foods cooked. The fee is \$25.00 payable via debit or credit card plus a handling fee. The trip is limited to 20 people. Parking is available next to the facility. Please note this is a NON REFUNDABLE event. Please register by August 21 and only register if you plan to definitely attend.

Instructor: Sandra Sheffman

Sandra Sheffman is the organizer of this field trip. Assistant Agent of The Garden Kitchen, Jennifer Parlin, will be providing the cooking demonstration.

[Tucson Botanical Gardens Field Trip and Lunch](#)

Subject Area: Field trip, Science/Math/Technology

Fridays: Single session 10:00 AM - 1:00 PM

Start: Fri 10/20/23 **End:** Fri 10/20/23

Location: Tucson Botanical Gardens **Class Size:**

20 **Additional Costs:** Gardens ticket costs and lunch cost are the responsibility of the OLLI member. The Tucson Botanical Gardens tickets are \$15 for Adults 18-61 or \$13 for Seniors (62+) or Veterans. Free parking is available on site.

Course Description

Join SGLs Ann Tai and Lois Cocker at the Tucson Botanical Gardens for a self-guided tour on Friday, October 20, with lunch afterwards at Edna's Eatery (located within the gardens). Museum ticket costs and lunch cost are the responsibility of the OLLI member. The Tucson Botanical Gardens tickets are \$15 for Adults 18-61, or \$13 for Seniors (62+) or Veterans. The gardens are considered a living museum located on the historic Porter property.

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OLLI-UA Fall 2023 – Field Trips

They include 17 themed garden spaces, including the Butterfly and Orchid Pavilion.

Instructors: Lois Cocker, Ann Tai

Lois joined OLLI at the beginning of the ZOOM-only era. She has served as a tech host and Central Tucson Campus host. After a long career in IT project management, she enjoys taking classes about topics she has never formally studied. She is glad we are now able to meet in-person for field trips and other events.

Ann Tai is a volunteer on the Social Activities Committee and previously on the Membership and Outreach Committee 2020-2022. A transplant from Michigan, she has organized numerous Field Trips and OLLI Dines Out events since Fall 2022.

[Los Morteros Archaeological Site Field Trip](#)

Subject Area: Arizona History/Culture, Arts/Culture, Social Sciences, Field trip

Fridays: Single session 9:00 AM - 11:00 AM

Start: Fri 11/3/23 **End:** Fri 11/3/23

Location: Los Morteros Conservation Area **Class Size:** 20

Course Description

Los Morteros is an ancient village of the Hohokam archaeological culture located in Marana. Inhabited from about 850 to 1300 CE, this site has been studied by archaeologists and historians for more than a century. During its heyday it was the center of an extended community of related Hohokam settlements along the Santa Cruz River. The core of Los Morteros, now preserved in a Pima County natural and cultural resources park near the intersection of Silverbell Road and Linda Vista Blvd., encompasses a large public architectural feature interpreted as a ballcourt used for ritual and other

purposes plus many refuse mounds, room blocks, hundreds of pithouses, and thousands of artifacts. Also present are some petroglyphs and numerous bedrock mortars that inspired the site's name (los morteros is Spanish for "the mortars").

Participants are responsible for providing their own transportation and are advised to wear sturdy shoes and bring drinking water. Instructor will provide meeting place directions and other safety information about the tour during the week prior to the tour date.

Instructor: Allen Dart

Registered Professional Archaeologist Allen Dart has worked in Arizona and New Mexico since 1975 for federal and state governments, private companies, and nonprofit organizations. He is the executive director of Tucson's nonprofit Old Pueblo Archaeology Center, which he founded in 1993 to provide educational and scientific programs in archaeology, history, and cultures. Al has received the Arizona Archaeological Society's Professional Archaeologist of the Year Award, the Arizona Archaeological and Historical Society's Victor R. Stoner Award, the Arizona Governor's Archaeology Advisory Commission Award in Public Archaeology, and other honors for his efforts to bring archaeology and history to the public.

[Pima Air and Space Museum Field Trip](#)

Subject Area: Field trip, Science/Math/Technology, History/Current Events

Fridays: Single session 9:30 AM - 12:30 PM

Start: Fri 11/3/23 **End:** Fri 11/3/23

Location: Pima Air & Space Museum **Class Size:** 20 **Additional Costs:** Museum ticket costs are the responsibility of the OLLI member.

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Course Description

OLLI member Jerry Howell will be our guide for this three-hour guided walking tour of this unique museum featuring the history of General Aviation and memorable WWII planes. We'll walk through Hangars 1, 3, 4 and 5, as well as some outdoor exhibits. After the guided tour, guests will be able to explore the rest of the museum at their leisure and eat lunch together at the Flight Grill. Wear close-toed, comfortable shoes. Bring a hat and water. No large bags permitted. Small purses and camera bags only. Please note: This tour is located on the grounds of Pima Air and Space Museum and will not include the AMARG (AKA the Boneyard) located on Davis Monthan Airforce Base. Parking: Look for Guest Parking under the solar panels. Meet Jerry Howell at the Lobby at 9:30 AM.

General Admission Price: Senior (65+): \$16.75. If Pima County Resident: \$15.25 For more information about the Museum, go to their website:

<https://pimaair.org/exhibits-and-aircraft/exhibits/>

Instructors: Ann Tai, Jerry Howell

Ann Tai is a volunteer on the Social Activities Committee and previously on the Membership and Outreach Committee 2020-2022. A transplant from Michigan, she has organized numerous Field Trips and OLLI Dines Out events since Fall 2022.

Jerry Howell has 46 years of teaching experience at the high school and college level. He received his BA from San Jose State University, MS from Cal Poly, San Luis Obispo, and PhD from Oregon State University. His teaching experience has included graduate college-level courses and Advanced Placement in U.S. History, Human Geography, and World History. Jerry has volunteered for eight years as a docent in various roles at the Pima Air & Space Museum.

Barrio Viejo (Old Neighborhood) Tucson Field Trip

Subject Area: Field trip, Arizona History/Culture, History/Current Events

Fridays: Single session 10:00 AM - 12:00 PM

Start: Fri 11/17/23 **End:** Fri 11/17/23

Location: El Tiradito Wishing Shrine **Class Size:** 20 Additional Costs: \$20 per person

Course Description

Experience the rich history of Tucson on the one-mile Barrio Viejo (old neighborhood) Walking Tour, which goes through the largest collection of Sonoran Row houses in the United States. For over 100 years, Barrio Viejo was the heart of Tucson's social, economic, and cultural life. On this two-hour walking tour, your tour guide, Alan Kruse, will discuss the history of the neighborhood, its architecture, and the individuals, businesses, and cultures that forged the spirit of this place.

This tour begins at El Tiradito Wishing Shrine, 418 S. Main Avenue, just south of El Minuto Restaurant.

Date: November 17, 2023

Time: 10 AM to 12 PM. Optional lunch at a nearby restaurant. You may confirm your preference at field trip registration confirmation.

Price: \$20 cash or check payable to "A. Ann Tai". Also Venmo. Presidio Museum accepts only one payment for our special group tour.

Instructor: Ann Tai

Ann Tai is a volunteer on the Social Activities Committee and previously on the Membership and Outreach Committee 2020-2022. A transplant from Michigan, she has organized numerous Field Trips and OLLI Dines Out events since Fall 2022.

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Odaiko Sonora Taiko Drumming Field Trip

Subject Area: Science/Math/Technology, Field trip

Fridays: Single session 10:00 AM - 1:00 PM

Start: Fri 12/1/23 **End:** Fri 12/1/23

Location: Rhythm Industry Performance Center (RiPFactory) **Class Size:** 20 **Additional Costs:** The workshop cost is \$20 per person.

Course Description

Join SGLs Ann Tai and Lois Cocker at the Rhythm Industry Performance Center for an introduction to Odaiko Sonora and Japanese taiko drumming. The workshop will include: 1) Lecture/demo on taiko drumming, with a brief overview of the instruments, history, and culture around this art form interspersed with performed pieces 2) Hands-on drumming instruction covering some basic form and rhythms 3) Studio tour and history of the only artist-owned arts incubator space in the southwest, including the workshop where drums are built and repaired. The RiPFactory has plenty of free street parking. It is located a few blocks south of downtown near Park Ave. and 22nd Street, in the historic Millville neighborhood.

The workshop cost is \$20 per person. For more information about Odaiko Sonora see: <https://tucsontaiko.org/>

Instructors: Lois Cocker, Ann Tai

Lois joined OLLI at the beginning of the ZOOM-only era. She has served as a tech host and Central Tucson Campus host. After a long career in IT project management, she enjoys taking classes about topics she has never formally studied. She is glad we are now able to meet in-person for field trips and other events.

Ann Tai is a volunteer on the Social Activities Committee and previously on the Membership and Outreach Committee 2020-2022. A transplant from Michigan, she has organized numerous Field Trips and OLLI Dines Out events since Fall 2022.

Birding at Historic Canoa Ranch in Green Valley

Subject Area: Field trip, Science/Math/Technology

Fridays: Single session 8:00 AM - 10:00 AM

Start: Fri 12/8/23 **End:** Fri 12/8/23

Location: Canoa Ranch Conservation Park **Class Size:** 30

Course Description

Join OLLI friends for some guided birdwatching! This single session field trip is at Historic Canoa Ranch in Green Valley, an easy-to-find birding "hotspot" with free parking, smooth and level walking trails, a pond, and a natural environment that attracts a variety of birds. Be sure to bring binoculars if you have them. If you enjoy using Merlin and eBird tech tools, Laura does too, and she can answer your questions about using these while we're birding.

Drive your own car, park for free, and be there by 8:00 am sharp (they don't call them early birds for nothing). Wear sturdy flat shoes and a hat, and plan to walk around slowly for about 2 hours (it's OK to leave early, we won't go far). Beginning birders welcome.

Instructors: Laura Couchman, Bill Couchman

Laura Couchman and her husband Bill, both OLLI members, have been leaders for previous OLLI online birding classes and field trips. Bill started birding at age 7 in Nature Camp. Laura has been a birder since 2004 and is a volunteer birding field trip leader with the Tucson Audubon Society.

Saturdays

[Making Sonoran Style Tortillas With Abuela + Lunch](#)

Subject Area: Field trip, Arizona History/Culture, Crafts/Cooking

Saturdays: Single session 10:00 AM - 12:00 PM
Start: Sat 9/2/23 **End:** Sat 9/2/23

Location: Residence of Matilde Santa Cruz
Class Size: 20 **Additional Costs:** \$40 per person

Course Description

Matilde Santa Cruz has been cooking since she was a girl on her family's ranch in Sonora. She will share with us the art of making those incredible kerchief size tortillas before we tackle them ourselves under the watchful eyes of the master. In this hands-on class you will mix the ingredients and prepare a batch to take home with you as well as cooking on an open air comal. Lunch is prepared on a wood-fired stove where the menu includes the "Breakfast of Champions", the best menudo I have ever tasted. Along with rice, refried beans, and carne with nopal pads, this is an amazing opportunity to taste and experience authentic Sonoran cuisine that showcases the heritage foods brought to this region by Father Kino and local foods produced by Native Americans. There will be leftovers so bring a Tupperware to the event.

Cost is \$40 per person and may be paid by PayPal, Zelle, check or cash. Must be paid in advance for Matilde to purchase the ingredients. Please contact Barry Infuso for questions and to arrange payment: barryinfusog@gmail.com or 520-447-0497. Please note this is a NON REFUNDABLE event.

The class will be conducted on a Saturday. Registration limited to 20 students.

Instructor: Barry Infuso

Barry Infuso is a retired chef, food writer/editor, and frequent diner. Infuso has found several dining gems in and around Tucson with a taste for authentic Sonoran fare. He is the director of Slow Food of Southern Arizona, a local non-profit dedicated to local foods of Southern Arizona. Infuso also served as the "Dean of Cuisine" at Pima College, as well as hosting a local food show at KGUN.

Coming Soon

[Monsoon Chocolate Factory Tour](#)

Subject Area: Crafts/Cooking, Field trip

Date and time to be determined. Keep an eye on your email for registration to be available this fall!

Location: Monsoon Chocolate **Class Size:** 10
Additional Costs: \$20 per person

Course Description

Making chocolate is a difficult task to begin with and making chocolate in the desert is quite an undertaking. At Monsoon Chocolate's factory in the historic Santa Rita Park neighborhood, chocolate is crafted in small batches, using cocoa beans from all over the world. The process of making fine flavor chocolate starts long before the cocoa beans reach the factory. Chocolate produced at Monsoon Chocolate is truly a collaboration with the farm workers who grow, harvest, ferment, and dry the cacao. Learn about where cocoa comes from and the entire process of turning cocoa beans into chocolate, with plenty of tastes along the way! This

OLLI-UA Fall 2023 – Field Trips

place is a real gem in Tucson's amazing array of culinary delights! Our OLLI Field Trip will be limited to a very small group, and the cost is \$20 per person payable at the door. Please reserve a spot only if you definitely plan to attend!

Instructor: Judith Rockey

Judith is recently retired and enjoys dark room photography and taking classes at OLLI.

Social Events

OLLI Fall Member Event:

[Mid-Autumn Moon Celebration at the Tucson Chinese Cultural Center](#)

A special fall event for all OLLI-UA members

Saturday, September 30, 3:30 PM

Location: Tucson Chinese Cultural Center, 1288 W River Road in Tucson

OLLI-UA has partnered with the Tucson Chinese Cultural Center to offer a wonderful Fall welcome-back celebration to OLLI members. Join us at the center's Mid-Autumn Moon Celebration for a dinner and concert while you mix and mingle with your OLLI friends.

Price: \$15 per person for OLLI-UA members. Discounted from the normal \$20 price. Must register through OLLI-UA for the discount.



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Special Interest Groups (SIGs)

What are Special Interest Groups?

Special Interest Groups (SIGs) are ongoing groups that meet and socialize regularly around a topic. It's easy to join, and you can do so at any time. You register just like you do for a class. There is a menu for special interest groups on the [Browse Classes](#) menu of the website, or you can register on the links below. Want to start a special interest group at OLLI? It can be online or in-person. Let us know your ideas: email us at ollimail@arizona.edu

In-Person SIGs

Creative Fun

One Saturday per Month: 10:00 AM - 2:00 PM

Start: Sat 9/16/23 End: Sat 9/16/23

Location: Central Tucson Campus and Online

OLLI-UA Special Interest Group for all members

SIG Description

This Special Interest Group is designed to help our students learn/do/complete interesting creative projects while enjoying a social atmosphere. We are offering this class as a hybrid – online and in person. All OLLI-UA members, friends and family are welcome to join and experience the fun and creativity that OLLI can offer.

Our group will offer a variety of creative opportunities, including scrapbooking & card making, painting, needlework, beading, and much more in a casual, social setting. Bring your

suggestions, unfinished projects to finish, learn new activities, and/or provide your knowledge to the group.

We have scheduled to meet at least one Saturday per month from 10am-2pm. On the first day, we will review the possibilities, determine what we want to do individually and as a group, determine how often to meet, timing and more. We will even have a make and take fun activity available for the whole group. We can order lunch to be delivered or bring your own.

We anticipate eventually doing a larger scale project, such as a quilt for donation to charity. The possibilities are endless!

Join us on September 16, 2023 from 10am to 2pm and see how much fun we will have while discovering our creative talents!

Community Service Special Interest Group

Location: Varies

OLLI-UA In-Person Special Interest Group for all members

SIG Description

This is an ongoing, self-managed offering; join at any time.

Group Lead: Connie Lowy

Volunteer in the Community

OLLI Programs have a long tradition of giving back to the communities they serve. Join this group if you are interested in being part of a team dedicated to various community service initiatives. It is a great way to meet fellow members and give back to the community we live in. If you're interested in volunteering, join this SIG today! New volunteer opportunities will be added as they become available. Past projects have included helping at the

OLLI-UA Fall 2023 – Special Interest Groups

Tucson Community Food Bank and the Tucson Festival of Books.

Canceled: OLLI Mah Jongg Group

~~**Mondays: 11:00 AM - 2:00 PM — Start: Mon 9/11/23**~~

~~**Location: Central Tucson Campus**~~

~~**OLLI-UA In-Person Special Interest Group for all members**~~

Online SIGs

Fun with Games

Every Sunday: 3:00 PM - 4:00 PM

Location: Online Zoom Offering

OLLI-UA Online Special Interest Group

SIG Description

Spend an hour in the virtual lounge playing popular board games that have been adapted to online.

Two games will be played each session: one with teams competing and one with individual scoring.

Just show up: we provide the online games! This is a friendly competition with lots of fun & laughter to be shared!

Hosts: Frankie Harris & Susan Williams

Let's Talk

Every Monday: 3:00 PM - 4:00 PM

Location: Online Zoom Offering

OLLI-UA Online Special Interest Group

SIG Description

Welcome to Let's Talk, inspired by a fellow OLLI member! In another class she asked, "Why do we

have to have a topic to discuss? Why can't we just get together and talk?"

This group will do JUST THAT! Please join Susan & Frankie for an hour of talking and/or listening. We hope to see you!

Now through June 2024, Let's Talk will be every Monday at 3:00, Arizona time.

Hosts: Frankie Harris & Susan Williams

Virtual Lounge Happy Hour

Every Friday: 5:00 PM - 7:00 PM

Location: Online Zoom Offering

OLLI-UA Online Special Interest Group

SIG Description

Fridays at 5 pm - Virtual Lounge Happy Hour

Join your OLLI friends online for lively conversation!

Hosts: Sherry Goncharsky & Damond Osterhus