



THE UNIVERSITY OF ARIZONA

# OSHER LIFELONG LEARNING INSTITUTE

Life-Enriching Education for Adults 50+

## OLLI-UA Monsoon 2023 Catalog

40 Classes, Field Trips,  
Dining Out and More!

Online and  
In-person at  
Central Tucson

6 Weeks:  
July 17 to Aug. 25



**Curiosity**  
Never Retires



## Welcome to OLLI-UA Monsoon 2023!

This monsoon we are excited to offer **in-person classes** at our Central Tucson campus and **online classes** hosted on Zoom, in addition to a variety of social events.

Monsoon is the kickoff session of our academic year and gives you a taste of the hundreds of offerings coming your way. It is the perfect time to join as an annual member as our year runs July 1, 2023, to June 30, 2024.

## Monsoon Session Overview

- **Monsoon is 6 weeks from July 18 to August 25**
- There are 40+ offerings across OLLI-UA including social events and more dining out options to be announced
- Central Tucson classes run Tuesdays and Wednesdays
- Online classes run Tuesday through Friday

## Registration

- **Priority Request Registration (PRR) ends Tuesday, June 20** and runs Wednesday, June 21.
- Registration confirmation emails will be sent after PRR runs on the 21st.
- **Open Registration begins after PRR runs on Wednesday, June 21.** During open registration you can continue to add (and drop) classes first come, first serve throughout the term.

## What's Priority Request Registration (PRR)?

PRR is a stress-free pre-registration process that allows you to prioritize and request the classes you most want to attend. At the end of PRR, our registration system officially enrolls members in classes, filling each seat based on the priority of the request. This is helpful for classes with limited capacities that fill quickly. **It is important to give small capacity classes a higher priority if they are important to you.** If a class fills, a waiting list is started and ordered by the next priority assigned. More detail on this process and our registration planner materials can be found on our website: [olli.arizona.edu](http://olli.arizona.edu).

## Memberships

What you can register for depends on the membership you purchase. Monsoon session is open to our 23-24 annual members and Monsoon/Fall 2023 members. If you are not a current member, OLLI-UA offers three membership options for this session:

The **Annual All OLLI / Central Tucson Membership** costs \$425 and allows you to register for all classes online and in-person across OLLI-UA for the year to come and includes our Central Tucson campus.

The **Annual SE Tucson (Vail) / Green Valley / Online Membership** costs \$225 and allows you to register for online classes for the year to come as well as the SE Tucson (Vail) and Green Valley campuses in the fall and spring. **(Central Tucson classes are not included with this membership).**

The **Monsoon/Fall SE Tucson (Vail) / Green Valley / Online Membership** costs \$150 and allows you to register for online classes and take classes at our SE Tucson (Vail) and Green Valley campuses through 12/31/2023. **(Central Tucson classes are not included with this membership).**

Complete membership purchase details can be found at [www.olli.arizona.edu](http://www.olli.arizona.edu) along with information on available financial assistance.

## COVID-19 Policy

OLLI-UA 501(c)(3) is taking steps to help ensure the health and well-being of our learning community, **Our website is the best place to stay informed of the current policy:** [olli.arizona.edu/page/covid19](http://olli.arizona.edu/page/covid19)

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## Central Tucson Campus



The [Central Tucson campus](#) is located at [4485 N 1st Avenue, Tucson AZ](#), on the NW corner of 1st Avenue and Wetmore Road. The facility includes three large classrooms, a member lounge with coffee service for eating or just gathering, and ample parking.

## Online Classes



Online classes are hosted using Zoom. There is no cost or account needed for members to use Zoom. Zoom is generally easy to use and works across many different devices and operating systems. Learn more on our Zoom resources page: [olli.arizona.edu/page/zoom](https://olli.arizona.edu/page/zoom)

## Volunteer Opportunities

As a member-run, volunteer-led organization, OLLI-UA is dependent on our members stepping up to help in ways big and small. Please consider giving your time and expertise to OLLI-UA. It is also a great way to meet fellow members and develop lasting friendships! [Click here to explore current opportunities.](#)

## Planning Tools

Keep in mind all offerings are subject to change. See our website's [Class Catalogs](#) page for the latest information and additional class registration planners.

Clicking on the class titles in this catalog will take you to the OLLI-UA registration page for each class.

## Need Help?

You can always email the office at [ollimail@arizona.edu](mailto:ollimail@arizona.edu) or call 520-626-9039, Mon – Fri, 9 AM to 4 PM.

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# Central Tucson Campus: In-Person

## Tuesdays

### Hablando

**Subject Area:** Literature/Writing/Language

**Tuesdays:** 6 Sessions 9:00 AM - 10:30 AM **Start:** Tue 7/18/23 **End:** Tue 8/22/23

**Location:** Palo Verde Room **Class Size:** 20

#### Course Description

This is a class where the students and the SGL will talk to each other in Spanish. We will choose a topic for our conversations as a group. Students will be encouraged to use a dictionary in order to find words they might need to discuss the topic. We may use videos, photos, works of art, Spanish language songs or menus as inspiration for our conversations.

Instructor: Susan Sotelo

Susan Sotelo began her teaching career as a graduate student instructor (GAT) at the University of Arizona. After receiving a MA, she taught K-12 students. Then she returned to the University of Arizona and again taught in the basic language program. After receiving her PhD in Spanish Language Literature, she taught at Pima College. She also taught privately and tutored students. Then she took a job teaching for the Spanish Club in Sun City Vistoso in Oro Valley. This began her experience as a teacher of adult/senior students. She has taught Spanish at OLLI Central Tucson since 2015.

### News and Views

**Subject Area:** Literature/Writing/Language

**Tuesdays:** 6 Sessions 11:00 AM - 12:45 PM **Start:** Tue 7/18/23 **End:** Tue 8/22/23

**Location:** Palo Verde Room **Class Size:** 30

#### Course Description

News and Views is an interactive class participation discussion group. The class proposes topics for a lively discussion. The class is informative and fun.

Instructor: David Maxwell and Terry Coleman

Dave Maxwell retired and moved to Tucson in 2014 and has been a member of OLLI since 2016. He has a degree in Construction Management from Washington State University. The first half of his career was as a Field Engineer, Superintendent, Project Manager and Chief Estimator for several general contractors on the West Coast and in Saudi Arabia. The last half of his career was in the public sector as a Director of Planning and

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## Monsoon 2023 Central Tucson In-Person Classes

Construction for the Washington State Community College System. He retired as a Contract Administration Manager at the Port of Seattle. In addition to attending OLLI, Dave also is a Santa Catalina Volunteer Patrol member.

Terry has been a resident of Tucson for 35 years and an OLLI member. He is retired from the local school system having been a school counselor. He has served overseas as a Peace Corps volunteer in India and later as a Foreign Service officer in South Vietnam.

### [Canceled: Headlines, Current Events, and Heart Warming Humanity](#)

~~Subject Area: Arts/Culture~~

~~Tuesdays: 2 Sessions 11:00 AM - 12:30 PM Start: Tue 7/18/23 End: Tue 7/25/23~~

~~Location: Saguaro Room Class Size: 65~~

### [Mexican-Inspired Rites and Festivals Around the Arizona-Sonora Border](#)

**Subject Area:** Arizona History/Culture, Arts/Culture, Philosophy/Spirituality/Religion

**Tuesdays:** 5 Sessions 11:00 AM - 12:30 PM **Start:** Tue 7/18/23 **End:** Tue 8/15/23

**Location:** Saguaro Room **Class Size:** 20

#### Course Description

Many Southern Arizonans are blessed with opportunities to interact on a daily basis with people from diverse cultures. Since the Study Group Leader's expertise is in Mexican and Mexican-American popular culture and religiosity, this Group will examine several phenomena and events through which individuals who are not from Latin America or of Latino/a descent can encounter and learn about the folkways of some of their neighbors. It also might prove informative for Latinos/Latinas who would enjoy an overview of how their traditions are being understood and appreciated by outsiders to the cultures they have inherited. We shall commence with the annual All Souls' Procession in Tucson, which is not the same as Day of the Dead but, like that special holiday, has roots in Western Europe, Mexico, and Mexican-American communities in the United States. Afterward we shall investigate the cult of La Santa Muerte ("Saint Death") as it developed in Mexico and spread into the borderlands in recent decades. Time permitting, we also might devote some attention to the Tucson Meet Yourself tradition and reflect on the ways in which it showcases Mexican/Mexican-American cultures in particular. Brief reading assignments will be accompanied by audiovisual presentations and a potential visit from an organizer of one of Tucson's ethnic festivals.

Instructor: Suzanne Morrison

Suzanne Morrison is an eight-year resident of Tucson with a long history of visiting the area and falling in love with its cultures and its beauty. She holds degrees in Philosophy, Spanish, Social Ethics, and History of Religions and wrote her dissertation on Day of the Dead. Intercultural/interreligious dialogue and understanding are her key academic interests. Suzanne collects Mexican folk art, books, and cats, and taught at the undergraduate

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## Monsoon 2023 Central Tucson In-Person Classes

level for 24 years, including two decades as tenured faculty in the rural Midwest. She also has worked as a social services manager and held a variety of odd jobs.

### Investing for Income

**Subject Area:** DIY/Self-Help, Science/Math/Technology, Social Sciences

**Tuesdays:** 2 Sessions 9:00 AM - 10:30 AM   **Start:** Tue 8/1/23   **End:** Tue 8/8/23

**Location:** Ocotillo Room   **Class Size:** 30

#### Course Description

This course will cover topics such as: income investing, deep dive on fixed income, bond ratings and high yield, coupon vs. no coupon bonds, government vs. corporate debt, how to choose what is appropriate for you, beating inflation with bond yields, deep dive on dividend stocks, price return vs. dividend yield, tax impacts, stock price risk on high dividend stocks, aggregate portfolio level, buckets approach, REITs, portfolio wide tax strategies, fees for individual bond buying on major brokerages, and fixed income and equity fund expense ratio.

Instructor: Richard Munding, CFA

Richard brings almost four decades of investment management experience to serving clients. He has developed an innovative “total return” investment strategy that may smooth out portfolio volatility and enhance returns. This total return philosophy is the basis behind RMH’s approach to investment management. Mr. Munding has earned the right to use the Chartered Financial Analyst (CFA) designation. Richard graduated from the University of Toronto with a Bachelor of Commerce in Finance and is a Fellow of the Canadian Securities Institute.

### Learning to Fly - Tom Petty’s Most Musical Songs

**Subject Area:** Arts/Culture

**Tuesdays:** Single session 11:00 AM - 1:00 PM   **Start:** Tue 7/25/23   **End:** Tue 7/25/23

**Location:** Ocotillo Room   **Class Size:** 70

#### Course Description

He won’t back down. He’s got no reason to cry. He speaks with a Southern accent. He’s free fallin’ and damaged by love. And he belongs among the wildflowers at the end of the line. He left us last night and we appreciate his artistry in our cabin down below. He’s Tom Petty and we will spend two hours with him and the Heartbreakers enjoying the best Americana music.

Masking Required: Please note this instructor is requiring masking due to a specific health and safety issue.

Instructor: John "Nemo" Nemerovski

John Nemo is a lifelong musician and educator who immerses himself in folk, early rock, blues, jazz, and classical music. He plays guitar and provides a fascinating playlist for his music appreciation courses.

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## Canceled: Idioms and Facts and Myths

~~Subject Area: Arts/Culture~~

~~Tuesdays: 2 Sessions 11:00 AM - 12:30 PM Start: Tue 8/1/23 End: Tue 8/8/23~~

~~Location: Saguaro Room Class Size: 65~~

## Hospice: Is It for the Living or the Leaving?

**Subject Area:** Civic Engagement/Community/Government, Health/Wellness, Philosophy/Spirituality/Religion, Social Sciences

**Tuesdays:** Single session 11:00 AM - 12:30 PM **Start:** Tue 8/1/23 **End:** Tue 8/1/23

**Location:** Ocotillo Room **Class Size:** 65

### Course Description

Hospice, though widely known by most people, still remains a rather misunderstood and under-utilized service. This class will educate OLLI members to the services provided by Hospice as well as the Hospice philosophy, methods, and options within the very dynamic and often intensive care which is Hospice. Who should go on Hospice? When should someone consider Hospice? Who pays for Hospice? How do we get the most out of Hospice? What should one expect after signing a loved one up for Hospice Care? What are some common misconceptions about Hospice Care? These are some of the topics we will address plus the nuances of care and benefits for all involved. The end of life can be a time of grief and loss, however Hospice can shine light on the process and make it a natural part of living, fully, more comfortably, and often longer through focused and dedicated Hospice Care.

This class will be offered as a hybrid, both in-person and online. This is the in-person option.

Instructors: Timothy Rockey, Mandy Johnson, Cindy Rosales

Tim Rockey is a Hospice Chaplain and works for Banner Health Hospice in Tucson. He enjoys woodworking, gardening, growing mushrooms and preparing food.

Mandy is a lifelong learner with multiple Graduate degrees and certifications. She is currently Administrator of Hospice Care for Banner Health in Phoenix and Tucson for Banner Health Hospice. She plays Football, Mountain Biking, and staying very busy with friends.

Cindy is an MSW and Social Worker in Tucson for Banner Health Hospice. She enjoys learning, serving, Family, and good food shared with others. Cindy has a big heart, and never tires from serving others.

## Canceled: Sonoran Desert "Master Builders"

~~Subject Area: Science/Math/Technology~~

~~Tuesdays: 4 Sessions 1:00 PM - 2:30 PM Start: Tue 8/1/23 End: Tue 8/22/23~~

~~Location: Saguaro Room Class Size: 65~~

## Death Doula 101

**Subject Area:** Health/Wellness, Social Sciences

**Tuesdays:** Single session 9:00 AM - 10:30 AM **Start:** Tue 8/8/23 **End:** Tue 8/8/23

**Location:** Saguaro Room **Class Size:** 30

### Course Description

Join us as we learn about and explore the role of a Death Doula.

Most people who choose to work with Death Doulas are doing so in order to be very intentional with planning and experiencing end of life in a variety of ways.

A Death Doula provides non-medical support to the those who are dying and their loved ones. Learn important considerations when hiring a Death Doula, what to ask when interviewing and how they can best serve when diagnosed with a terminal illness or when planning for or learning about end of life.

Instructor: Staci Snyder

Staci has been serving individuals and families of all ages, working as a master's level social worker since 2003. Staci's mission is to provide the community with emotional and practical end-of-life support, education, and advocacy. After working as a hospice social worker, Staci's passion for end of life expanded and she obtained certification as a Death Doula and is a Mentee of Death Doula LA. She is an active member in both local and national Death Doula collectives.

## Canadian Jukebox Part One: Joni, Leonard, Neil, Celine, Oscar, Diana

**Subject Area:** Arts/Culture

**Tuesdays:** Single session 11:00 AM - 1:00 PM **Start:** Tue 8/8/23 **End:** Tue 8/8/23

**Location:** Ocotillo Room **Class Size:** 70

### Course Description

They come from up north with super songs and tremendous talent to entertain and charm the world with fabulous folk, pop, rock, and jazz music for the ages. Enjoy video and audio performances by the splendid six artists in our first series featuring the best ever Canadian musicians.

Masking Required: Please note this instructor is requiring masking due to a specific health and safety issue.

Instructor: John "Nemo" Nemerovski

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## Monsoon 2023 Central Tucson In-Person Classes

John Nemo is a lifelong musician and educator who immerses himself in folk, early rock, blues, jazz, and classical music. He plays guitar and provides a fascinating playlist for his music appreciation courses.

### Canceled: Celebrity Babies

~~Subject Area: Arts/Culture~~

~~Tuesdays: 2 Sessions 11:00 AM - 12:30 PM Start: Tue 8/15/23 End: Tue 8/22/23~~

~~Location: Saguaro Room Class Size: 65~~

## Wednesdays

### Indians in American History

Subject Area: History/Current Events

Wednesdays: 6 Sessions 9:00 AM - 10:30 AM Start: Wed 7/19/23 End: Wed 8/23/23

Location: Ocotillo Room Class Size: 50

#### Course Description

American Indians are the unique ethnic group in American society. They are the only ones to have had their land taken, to have fought against the United States, to have their children kidnapped and placed in boarding schools, to have their religions and languages attacked by the government, and to have their homelands taken, often by force. Despite that they have not vanished, and at present the United States officially acknowledges 574 Indian tribes. This class will examine the dynamic changes American Indians experienced when Europeans first invaded in the 16th century to the near present. After a brief look at the arrivals of Indigenous people, it will focus on their dealings with the Europeans and later the Americans moving into their homelands.

Indians had many roles in American History. They knew the environment and taught early settlers how to survive. At times they served as military allies, at others, enemies. They held the land and its resources surrendering them only grudgingly to the advancing pioneers. They participated in the fur trade while working with and fighting against the army. By the late 19th century they had been pushed onto reservations, where many of them still live. In the 20th century they became citizens, moved into the large urban areas, organized their own colleges, and became politically active. Since the 1960s they have begun to operate casinos, have become far more assertive, and challenged the government and general society to live up to long-stated principles.

Instructor: Roger Nichols

A Wisconsin native, Nichols is a professor emeritus in the History Department at the University of Arizona, where he taught classes in Frontier America, Western America, and Indians in American History. He has also taught at the universities of Wisconsin, Marilyn, and Georgia, as well as four universities in Germany. A respected scholar he has written or edited fourteen books and another forty articles and brings considerable enthusiasm to his subjects.

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## US Physicians: Wanderers in the Promised Land?

**Subject Area:** Health/Wellness

**Wednesdays:** 3 Sessions 9:00 AM - 10:30 AM **Start:** Wed 7/19/23 **End:** Wed 8/2/23

**Location:** Saguaro Room **Class Size:** 30

**Canceled: Second Repeat Session Added.** [Click here to register for the second session.](#)

~~**Wednesdays:** 3 Sessions 9:00 AM - 10:30 AM **Start:** Wed 8/9/23 **End:** Wed 8/23/23~~

~~**Location:** Saguaro Room **Class Size:** 30~~

### Course Description

Medicine has brought many technical promises in the Twenty-first century, from precise diagnostic tools, effective pharmacological agents, highly complex interventions, to genetic manipulations, and astounding surgical interventions. These advances have had a great impact on the quality and longevity of our lives. What about doctors' quality of life? What impact has the evolution of American medicine had on practitioners? From technical advances to the corporatization of American medicine, what is the impact on physicians? And finally, what are the intended and unintended consequences on patients, their families, and society in general, meaning all of us? We will explore these issues and try to make sense of what we are experiencing in our immediate environment as we seek safe, quality, and empathic medical care. Discussions and personal anecdotes will be more than welcomed to anchor trends and studies to our personal realities.

Instructor: José Santiago

José Santiago MD was a professor at the University of Arizona Medical School and has been a consultant to large healthcare organizations.

## Electric Vehicle Basics

**Subject Area:** DIY/Self-Help

**Wednesdays:** 6 Sessions 11:00 AM - 12:30 PM **Start:** Wed 7/19/23 **End:** Wed 8/23/23

**Location:** Palo Verde Room **Class Size:** 25

### Course Description

The Electric Vehicle (EV)-Basics in-person class is based on 6 of the Zoom Electric Vehicle Discussion Forum Class (EVDFC) sessions just completed Spring semester. They will be the ones addressing the basics about Electric Vehicles; i.e., Basic EV Lingo, EV Charging-At Home and Not At Home, Range Estimates, Long Distance Travel-Route Planning, Owning & Driving An EV, and Buying An EV. This class would be primarily for those interested in buying/owning and driving an EV here in the Tucson area.

Copies of presentation materials (PowerPoint slides) will be made available to registrants for downloading and printing via access to a Google Drive File Folder in PDF format.

Instructor: Damond Osterhus

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## Monsoon 2023 Central Tucson In-Person Classes

Damond is retired US Air Force Officer. He has an undergraduate degree in Mechanical Engineering and a Masters in Acquisition Logistics Management. Three years ago, he started his research, analysis, and test driving of Electric Vehicles (EV). He has published 5 articles in his local car association magazine relating to the question: Can I Get There From Here. He has personally test driven 6 different EVs: a 2021 Porsche Taycan 4S, a 2021 Tesla Model 3, a 2022 Ford Mustang Mach-E, a 2022 Hyundai IONIQ 5, a 2022 Kia EV 6, and a 2023 Nissan Ariya. The test drives addressed range and charging when driven at Interstate and US & State highway speeds and at medium & high temperatures & charged at home and at Public Charging Networks.

### Essentials of Buddhism

**Subject Area:** Philosophy/Spirituality/Religion, Social Sciences

**Wednesdays:** 4 Sessions 11:00 AM - 12:30 PM   **Start:** Wed 7/19/23   **End:** Wed 8/9/23

**Location:** Saguaro Room   **Class Size:** 65

#### Course Description

Which Buddhist ideas and practices can help us in our daily lives? How does meditation work? Can mindfulness make us happy? What does Buddhism have to say about aging? Through lectures, discussion, and audiovisual aids, this nonsectarian class will provide core teachings useful right now.

Instructor: Merrill Collett

Merrill Collett has been a longterm resident at San Francisco Zen Center and its monastery, Tassajara Zen Mountain Center. He is the author of *At Home With Dying, A Zen Hospice Approach*. After thirty years in print journalism, he retired from The San Francisco Chronicle to live year round in Tucson. He has degrees in History from Stanford and in International Relations from Johns Hopkins.

### Film Discussion Class

**Subject Area:** Arts/Culture

**Wednesdays:** 6 Sessions 11:00 AM - 12:30 PM   **Start:** Wed 7/19/23   **End:** Wed 8/23/23

**Location:** Ocotillo Room   **Class Size:** 65

#### Course Description

We will meet weekly to discuss a film that has been watched by the class. The film selection will be assigned to or voted upon by class members. A class member will lead the discussion for the movie. This class has been ongoing for several years and generates lively and controversial discussions as members dissect and compare films, frequently calling upon their own personal and professional experiences. Please consider volunteering to lead the discussion. A guide to how to lead the discussion will be given out prior to the first session. Movies will be from The Loft and local theaters as well as Netflix and Amazon.

Instructor: Rob Getlan

Rob Getlan has always been an avid film enthusiast. This class has been a great way to see and discuss the new releases from Netflix, Amazon, and The Loft.

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## Mexico in Movies

**Subject Area:** Arts/Culture

**Wednesdays:** 5 Sessions 1:00 PM - 2:30 PM   **Start:** Wed 7/19/23   **End:** Wed 8/16/23

**Location:** Ocotillo Room   **Class Size:** 50

### Course Description

The class consists of watching 4 DVDs with Mexico as the background. The films are: Nacho Libre, which follows a cook in a Mexican monastery who moonlights as a Luchador (Mexican wrestler) in order to feed his charges; El Norte, which follows two Guatemalan teenagers whose home is destroyed and decide to travel to the U.S. through Mexico and ultimately to find a home in Los Angeles; The Fugitive, which takes place in an unnamed Latin American country in which the government has outlawed public religious displays and a priest conducts services and attempts to avoid the police while doing so; and Under the Volcano, which is movie about the life of the British Consul in Cuernavaca on the Day of the Dead whose alcoholism is mirrored in the movie's settings.

Instructor: Charles Peters

Chuck is an experienced study group leader.

## Investing in Retirement

**Subject Area:** DIY/Self-Help, Science/Math/Technology, Social Sciences

**Wednesdays:** 2 Sessions 9:00 AM - 10:30 AM   **Start:** Wed 8/9/23   **End:** Wed 8/16/23

**Location:** Palo Verde Room   **Class Size:** 30

### Course Description

We will cover topics such as: Investing principles, investment policy statement (IPS), time horizon, taxes, risk, spending from the portfolio, income needed from the portfolio to sustain your living style.

What is a safe withdrawal rate? Diversification, fear of running out of income, special needs or projects; for example, a new car every 5 years, a trip to Europe for 2 months in 2025 (\$40,000), another trip in 2 years 2027 (\$50,000), example of a drawdown analysis.

Growing a portfolio, equities, alternative assets, investment strategies - cash, fixed income, equities/stocks, alternative investments.

Let's build a portfolio – I will show a simulation in the class, with drawdown analysis.

Instructor: Richard Munding, CFA

Richard brings almost four decades of investment management experience to serving clients. He has developed an innovative “total return” investment strategy that may smooth out portfolio volatility and enhance returns. This total return philosophy is the basis behind RMH’s approach to investment management. Mr. Munding has earned the right to use the Chartered Financial Analyst (CFA) designation. Richard graduated from the University of Toronto with a Bachelor of Commerce in Finance and is a Fellow of the Canadian Securities Institute.

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## Monsoon 2023 Online Classes

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# Online Classes

## Tuesdays

### [Gentle Energizing Movement, Relaxation and Meditation](#)

**Subject Area:** Health/Wellness, Philosophy/Spirituality/Religion

**Tuesdays:** 4 Sessions 9:00 AM - 10:30 AM **Start:** Tue 7/25/23 **End:** Tue 8/15/23

**Location:** Online Zoom Offering 1 **Class Size:** 300

#### Course Description

Let go of stress and come home to yourself. Over millennia, the sages of the Himalayan Yoga Tradition developed highly effective methods of movement, relaxation, and meditation. In this Study Group (SG) you will learn foundational practices from the Himalayan Yoga Tradition. Each session of this SG will have three phases: gentle movement and breathing, deep relaxation, and meditation. Members can expect to leave this class refreshed. Please note that the movements taught in this SG are not acrobatics. They are suitable for people with no yoga experience. If you've attended yoga classes and found them to be too strenuous or otherwise challenging, this SG is for you.

Instructor: Randall Krause

Randall Krause served many years as an attorney and conflict resolution facilitator. Later, he studied counseling and received a M.A. in interdisciplinary consciousness studies with an emphasis in holistic health counseling, was certified and served as a personal coach and mentor. He studied Effective Communication intensively and also studied The Gremlin Taming Method for more than 10 years. In addition, Randall is a senior mentor and teacher in the Himalayan yoga meditation tradition and is registered with Yoga Alliance (YA) as an Experienced Yoga Teacher and a Continuing Yoga Education Provider.

### [Change A Child's Story - CASA of Pima County](#)

**Subject Area:** Civic Engagement/Community/Government

**Tuesdays:** Single session 9:00 AM - 10:30 AM **Start:** Tue 8/1/23 **End:** Tue 8/1/23

**Location:** Online Zoom Offering 2 **Class Size:** 300

#### Course Description

Over 2,800 Pima County children are in foster care through no fault of their own. Too often, these children are shuffled through our current system without experiencing a consistent, positive, adult relationship - someone who truly knows and understands them. Research has confirmed that just one positive adult relationship changes a child's outcome dramatically, thus providing for a brighter future. We know that every child in foster care deserves a Court Appointed Special Advocate (CASA) volunteer, but unfortunately not everyone will be

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## Monsoon 2023 Online Classes

lucky enough to have one. CASA Volunteers are everyday people who are doing extraordinary things to help change a child's story. In this class, participants will learn about the child welfare system in Arizona, the realities for children in foster care, and how everyone can help these children succeed. Explore the potential of helping a child's story!

Instructors: Stephanie Chavez, Natasha Sterzinger

Stephanie Chavez is a native Tucsonan and is the supervisor for Pima County, Court Appointed Special Advocate Program (CASA). Stephanie received her Master of Arts in Organizational Management from the University of Phoenix and Bachelor of Arts & Sciences in Communications from the University of Arizona. She serves on multiple agencies in fiduciary responsibilities, Board of Directors for Prevent Child Abuse Arizona, Board of Directors for Father's Day Council Tucson, and Junior Achievement of Arizona Emeritus Board.

Natasha Sterzinger has earned her Ph.D. in Educational Psychology from the University of Arizona. She is currently a member of the American Psychological Association (APA), American Education Research Association (AERA), and the Western Positive Psychology Association (WPPA). She has helped author various educational texts on learning expectations and is a passionate teacher. Come learn how you can help make a positive change in your community.

### [Dead Poets Society: A Discussion](#)

**Subject Area:** Arts/Culture

**Tuesdays:** 3 Sessions 11:00 AM - 12:30 PM   **Start:** Tue 7/25/23   **End:** Tue 8/8/23

**Location:** Online Zoom Offering 2   **Class Size:** 20

#### Course Description

The movie Dead Poets Society has provided a meaningful experience to millions of viewers since it was released in 1989. Utilizing the setting of a 1950's all male boarding school, it explores the impact of Mr. John Keating, a new English teacher, on the lives and choices of several members of his English classes.

The film is enhanced by Keating's engaging teaching style, his use of meaningful literature (including poetry), and the student's reflections as they learn about themselves through their own interactions with Keating and each other. Their experience of a shared tragedy brings them to a new place of growth. This internal and communal transformation empowers and enables them to see things differently.

The themes of Carpe Diem (Seize the Day), the richness in seeing things differently, the values of individualization and non-conformity, the questioning of tradition and authority, and the struggles the life and death themselves are presented in this evocative Coming of Age film.

Through the three classes, we will break open these profound topics and discuss the meaning we find today. Although we will look at a variety of clips from the movie, watching the full movie would provide a much deeper and clearer understanding of the dynamics for our conversations. Dead Poets Society is available for rent from many of the major subscription services including Amazon Prime and YouTube.

Please bring your insights and wisdom and join us to share in this discussion.

Instructor: Mary Ellen Klawiter

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## Monsoon 2023 Online Classes

Mary Ellen lived her first fifty years in Philadelphia, Pennsylvania where she worked as an educator, a Director of Religious Education, and a Hospice Chaplain. Since moving to Sahuarita, Mary Ellen received an M.S. in Mental Health Counseling and counseled at-risk teens, pre-teens, and people struggling with loss. Her undergraduate work was in History and Theology and her graduate theological studies were in Religious Education and Clinical Pastoral Education.

### [Hospice: Is It for the Living or the Leaving? \(Online\)](#)

**Subject Area:** Civic Engagement/Community/Government, Health/Wellness, Philosophy/Spirituality/Religion, Social Sciences

**Tuesdays:** Single session 11:00 AM - 12:30 PM   **Start:** Tue 8/1/23   **End:** Tue 8/1/23

**Location:** Online Zoom Offering 1   **Class Size:** 300

#### Course Description

Hospice, though widely known by most people, still remains a rather misunderstood and under-utilized service. This class will educate OLLI members to the services provided by Hospice as well as the Hospice philosophy, methods, and options within the very dynamic and often intensive care which is Hospice. Who should go on Hospice? When should someone consider Hospice? Who pays for Hospice? How do we get the most out of Hospice? What should one expect after signing a loved one up for Hospice Care? What are some common misconceptions about Hospice Care? These are some of the topics we will address plus the nuances of care and benefits for all involved. The end of life can be a time of grief and loss, however Hospice can shine light on the process and make it a natural part of living, fully, more comfortably, and often longer through focused and dedicated Hospice Care.

This class will be offered as a hybrid, both in-person and online. This is the online option.

Instructors: Timothy Rockey, Mandy Johnson, Cindy Rosales

Tim Rockey is a Hospice Chaplain and works for Banner Health Hospice in Tucson. He enjoys woodworking, gardening, growing mushrooms and preparing food.

Mandy is a lifelong learner with multiple Graduate degrees and certifications. She is currently Administrator of Hospice Care for Banner Health in Phoenix and Tucson for Banner Health Hospice. She plays Football, Mountain Biking, and staying very busy with friends.

Cindy is an MSW and Social Worker in Tucson for Banner Health Hospice. She enjoys learning, serving, Family, and good food shared with others. Cindy has a big heart, and never tires from serving others.

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## [Understanding Your Air Fryer](#)

**Subject Area:** Crafts/Cooking

**Tuesdays:** Single session 11:00 AM - 12:30 PM   **Start:** Tue 8/15/23   **End:** Tue 8/15/23

**Location:** Online Zoom Offering 1   **Class Size:** 300

### Course Description

This class is designed for anyone interested in learning how to use an air fryer to cook delicious and healthy meals. You will learn the basics of air frying, including how to properly preheat the air fryer, select the right temperature and time settings.

The class will cover the benefits of air frying, including how it can reduce the amount of oil needed in cooking, making it a healthier option for meals. We will discuss how to properly care for and maintain their appliance.

Instructor: Rob Getlan

Rob was a professional pastry chef 100 years ago, but has stayed active in the industry by teaching and taking classes.

## [New Views of the Cosmos with the James Webb Space Telescope](#)

**Subject Area:** Science/Math/Technology

**Tuesdays:** Single session 9:00 AM - 10:30 AM   **Start:** Tue 8/22/23   **End:** Tue 8/22/23

**Location:** Online Zoom Offering 1   **Class Size:** 70

### Course Description

This presentation will provide an overview of the mission's development and progress to date. It will showcase the array of stunning images of the telescope's observation of the cosmos, with technical details kept to a minimum.

Instructor: Janet Wood

Janet Wood is a volunteer for NASA/JPL's Solar System Ambassador program coordinated by the Jet Propulsion Laboratory in Pasadena, California. Ambassadors present public programs to communicate the excitement, science, and discoveries of NASA's space exploration missions. Wood became a space science enthusiast after attending The Planetary Society's "Planetfest" in 1997 in conjunction with the Mars Pathfinder Landing, and joined the Solar System Ambassador Program in 2002. She earned a Bachelor's Degree in Education from the University of Washington, and a Master's Degree in Geoscience Education from Mississippi State University. Her special interest is in planetary science.

# Wednesdays

## [Canceled: The F Word: Feminism from the 1960s to Today](#)

~~Subject Area: Civic Engagement/Community/Government, History/Current Events, Social Sciences~~

~~Wednesdays: 6 Sessions 3:00 PM - 4:30 PM Start: Wed 7/19/23 End: Wed 8/23/23~~

~~Location: Online Zoom Offering 1 Class Size: 300~~

## [Because Every Body Dies: Funeral Planning Rights and Options](#)

Subject Area: Health/Wellness

Wednesdays: Single session 9:00 AM - 10:30 AM Start: Wed 7/26/23 End: Wed 7/26/23

Location: Online Zoom Offering 1 Class Size: 300

### Course Description

The death of a loved one is never easy. Arranging affordable, dignified, meaningful care for someone who has died shouldn't add to the difficulties. After this presentation, you will be prepared to make well-informed financially sound decisions for yourself or a loved one.

Instructor: Martha Lundgren

Martha Lundgren comes to us from the Funeral Consumers Alliance of Arizona. FCAAZ is a non-profit independent consumer advocacy organization, dedicated to providing objective information about the requirements and options in making after-death arrangements. Martha first became acquainted with FCAAZ when she was looking for a speaker for a death education series she was organizing. She was so impressed that she joined the board of directors in 2017 and has served as president of the board of FCAAZ since 2018.

# Thursdays

## [Chen Village Tai Chi](#)

Subject Area: Health/Wellness, Philosophy/Spirituality/Religion

Thursdays: 5 Sessions 9:00 AM - 10:30 AM Start: Thu 7/20/23 End: Thu 8/17/23

Location: Online Zoom Offering 2 Class Size: 300

### Course Description

No previous Tai Chi experience is necessary. All the movements are slow and gentle, and no martial arts applications will be taught or practiced in this Study Group. These methods may help lessen body pain, correct spinal misalignment, cultivate a sense of internal energy, and rest the mind.

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Participants can wear comfortable roomy or stretchy clothing and some soft tai chi shoes or socks to wear on their feet.

Instructor: Randall Krause

Randall Krause served many years as an attorney and conflict resolution facilitator. Later, he studied counseling and received a M.A. in interdisciplinary consciousness studies with an emphasis in holistic health counseling, was certified and served as a personal coach and mentor. He studied Effective Communication intensively and also studied The Gremlin Taming Method for more than 10 years. In addition, Randall is a senior mentor and teacher in the Himalayan yoga meditation tradition and is registered with Yoga Alliance (YA) as an Experienced Yoga Teacher and a Continuing Yoga Education Provider.

### Hablando (Online)

**Subject Area:** Literature/Writing/Language

**Thursdays:** 6 Sessions 9:00 AM - 10:30 AM **Start:** Thu 7/20/23 **End:** Thu 8/24/23

**Location:** Online Zoom Offering 1 **Class Size:** 20

#### Course Description

This is a class where the students and the SGL will talk to each other in Spanish. We will choose a topic for our conversations as a group. Students will be encouraged to use a dictionary in order to find words they might need to discuss the topic. We may use videos, photos, works of art, Spanish language songs or menus as inspiration for our conversations.

Instructor: Susan Sotelo

Susan Sotelo began her teaching career as a graduate student instructor (GAT) at the University of Arizona. After receiving a MA, she taught K-12 students. Then she returned to the University of Arizona and again taught in the basic language program. After receiving her PhD in Spanish Language Literature, she taught at Pima College. She also taught privately and tutored students. Then she took a job teaching for the Spanish Club in Sun City Vistoso in Oro Valley. This began her experience as a teacher of adult/senior students. She has taught Spanish at OLLI Central Tucson since 2015.

### Discovering the Person and Ideas of Carl Jung

**Subject Area:** History/Current Events, Philosophy/Spirituality/Religion

**Thursdays:** 6 Sessions 11:00 AM - 12:30 PM **Start:** Thu 7/20/23 **End:** Thu 8/24/23

**Location:** Online Zoom Offering 1 **Class Size:** 30

#### Course Description

Carl Gustav Jung contributed much to the psychological world when he developed, wrote about, and practiced Jungian analysis in the 20th century. Jung was a student of Sigmund Freud's and Frederick Nietzsche's theories. His influence can be seen in places as diverse as The Twelve Steps of the original Alcoholics Anonymous

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Program, The Myers Briggs Personality Test, and the writings of Richard Rohr. His own theories included the creation of the terms “synchronicity” and “collective unconscious”.

Borrowing from several sources, including Gary Bobroff’s *Carl Jung: Knowledge In A Nutshell*, we will discover Carl Jung through a discussion of his life and elements of his myriad psychoanalytical theories. Our conversations will include the ideas of Anima, Animus, Collective Unconscious, Complex, Extroversion, Introversion, Individuation, Persona, Shadow, The Self, Synchronicity, and The Unconscious. In addition, we will explore selected Jungian Archetypes and discuss the Personality Types in the Myers Briggs Personality Test.

Discussion starters about these Jungian concepts will be made available before every class. Handouts for further reading will be shared as well. Reading Gary Bobroff’s *Carl Jung: Knowledge In A Nutshell* is not required for the class. However, the book and the handouts could prove helpful for those who choose to delve more deeply into the person and ideas of Carl Jung. New and used copies of Bobroff’s work are available from most major booksellers.

Please join us and bring your knowledge, beliefs, experiences, insights, and wisdom to share in this discussion.

Instructor: Mary Ellen Klawiter

Mary Ellen lived her first fifty years in Philadelphia, Pennsylvania where she worked as an educator, a Director of Religious Education, and a Hospice Chaplain. Since moving to Sahuarita, Mary Ellen received an M.S. in Mental Health Counseling and counseled at-risk teens, pre-teens, and people struggling with loss. Her undergraduate work was in History and Theology and her graduate theological studies were in Religious Education and Clinical Pastoral Education.

## [Love Stories from 1940s Hollywood: Film Discussion](#)

**Subject Area:** Arts/Culture

**Thursdays:** 6 Sessions 11:00 AM - 12:30 PM   **Start:** Thu 7/20/23   **End:** Thu 8/24/23

**Location:** Online Zoom Offering 3   **Class Size:** 300

### Course Description

Some of cinema’s greatest love stories were made in Hollywood during the 1940s. We’ve chosen six gems from the early 1940s, and invite you to discuss them with us. In particular, we want to think about the depiction of romantic relationships and gender roles, as well as the social and historical contexts. And, yes, we’ve included “Casablanca” because, quite simply, can one ever tire of talking about it? Bring your memories and your new impressions, and together we’ll enjoy some lively discussions! Class members must watch the movies before each class.

Instructors: Leslye Friedberg, Jane Holschuh, Judith Rockey

Leslye L. Friedberg, Professor Emeritus, taught writing, literature, and humanities at Community College of Philadelphia and The University of Cincinnati. Her main areas of interest are interdisciplinary connections among film, literature, and art. For OLLI, she has taught film courses on *The Holocaust in Film*; *The Screwball Comedy*; and *Film Noir*.

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Jane Holschuh, Professor Emerita, taught courses on clinical social work, mental health services and policy, homelessness, and research methods at the University of Wisconsin-Madison, Arizona State University, and Cal Poly Humboldt. Her academic areas of interest are serious mental illness, first person accounts/narratives, homelessness, and stigma. She focuses on the individual in social and societal contexts and has a long-standing interest in film. For OLLI, she recently co-taught The Framed Woman:Film Discussion.

Judith is recently retired and enjoys films, darkroom photography, and taking classes at OLLI.

### [Reading and Discussing The New Yorker](#)

**Subject Area:** Arts/Culture, History/Current Events

**Thursdays:** 6 Sessions 11:00 AM - 12:30 PM **Start:** Thu 7/20/23 **End:** Thu 8/24/23

**Location:** Online Zoom Offering 2 **Class Size:** 45

#### Course Description

The New Yorker magazine is a rich resource for current, historic, cultural, and scientific information. To get the most out of this resource each week we discuss five current articles. The class chooses an article for next week's group discussion, then four different class members volunteer to provide an introduction into other articles. Each class starts with a group discussion. Then the volunteers' introductions are used to provide the base for the four additional weekly discussions. All members are encouraged to make presentations and participate in discussions.

Instructors: Ronald Peterson, John "Nemo" Nemerovski

Ron Peterson has been a UA OLLI-UA member since 2012 following a career as a broker and investment banker in Washington, DC. He served as a VP at Paine Webber and Prudential Securities and headed a financial futures unit for Merrill Lynch. He is the author of "Solomon's Wishes," a book on investment strategies and tactics and two other books, won two investment contests and lectured on markets for banks and individual investors. He holds two masters' degrees and four graduate certificates.

John Nemo is a member of our tech host and presentation team here in Reading and Discussing the New Yorker.

### [Online Film Discussion Group](#)

**Subject Area:** Arts/Culture

**Thursdays:** 6 Sessions 1:00 PM - 2:30 PM **Start:** Thu 7/20/23 **End:** Thu 8/24/23

**Location:** Online Zoom Offering 1 **Class Size:** 300

#### Course Description

We will meet weekly to discuss a selection. I will choose the first film and present it. In each class, the next film will be chosen by the group. After the first class, a class member will be asked to introduce the film. This class has been ongoing for several years and generates lively and controversial discussions as members consider and compare the chosen films. Participants call upon their knowledge and experience to provide insight into all

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## Monsoon 2023 Online Classes

aspects of the films. Prior to the class, we will watch films chosen from Netflix, Kanopy, and Amazon. Some films will include a fee to view. A film may rarely be chosen from other viewing services.

Instructors: Trudy Hill, Mary Ellen Klawitter

Trudy Hill has an MS degree in Art Education from UW Madison and has taught art and reading to elementary, junior high, and adult students. She was a co-SGL for Science Fiction and Poetry Classes and SGL for Calligraphy Class. She is an SGL for Film and Poetry Discussion classes. Her background includes working for Visa International as an architect of computer chips on payment cards and Visa systems that support them. Since she was a young girl, she has loved reading everything, watching films and making art (still does)!

Mary Ellen lived her first fifty years in Philadelphia, Pennsylvania where she worked as an educator, a Director of Religious Education, and a Hospice Chaplain. Since moving to Sahuarita, Mary Ellen received an M.S. in Mental Health Counseling and counseled at-risk teens, pre-teens, and people struggling with loss. Her undergraduate work was in History and Theology and her graduate theological studies were in Religious Education and Clinical Pastoral Education.

### [Dream Group](#)

**Subject Area:** Social Sciences

**Thursdays:** 6 Sessions 3:00 PM - 4:30 PM   **Start:** Thu 7/20/23   **End:** Thu 8/24/23

**Location:** Online Zoom Offering 1   **Class Size:** 30

#### Course Description

Attendees share texts of their night time dreams and are invited to contribute their ideas and insights on others' dreams. Various techniques of interpretation will be demonstrated, such as "If it were my dream." The group format opens multiple perspectives and layers of meaning. "Ahas" of recognition follow as we unpack the dream. In this process we learn to listen to our intuition, increase compassion for others, discover deeper aspects of ourselves and receive guidance.

Instructor: Helen Landerman

Dr. Landerman has been curious about the meaning of her dreams and writing them down for decades. She has continuously participated in dream groups and is a leader of dream groups. Because dreams speak a language of visual symbols, her Harvard Ph.D. in Romance Languages and Literatures has prepared her for work with metaphors and archetypes. She has 15 years of experience teaching at the college level. She is certified by Jeremy Taylor's Marin Institute for Projective Dream Work and is a longtime member of the International Association for the Study of Dreams.

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## [Greatest American Movies of All Time - Part II](#)

**Subject Area:** Arts/Culture

**Thursdays:** 6 Sessions 3:00 PM - 4:30 PM **Start:** Thu 7/20/23 **End:** Thu 8/24/23

**Location:** Online Zoom Offering 2 **Class Size:** 50

### Course Description

Greatest American Movies of All Time Part II is a celebration of the last 100 years of cinema. Watching and discussing the best films ever made—what's not to love? Using the American Film Institute's 100 YEARS...100 MOVIES list, participants will reassess each film's historical impact and see if these films stand the test of time. Even if you have seen these films before, it's always fun to revisit the classics with a fresh perspective. Featured Films: Lawrence of Arabia, Schindler's List, Vertigo, The Wizard of Oz, City Lights, and The Searchers.

Instructor: John Biggers

After working on Amazon TV's Transparent, which won an Emmy Award for Best New Comedy, John Biggers has taught everyone from emerging readers, to high school and college students the art of storytelling and filmmaking. He is also obsessed with terriers.

## [Ask a Financial Pro with 27 Years Experience](#)

**Subject Area:** DIY/Self-Help

**Thursdays:** Single session 11:00 AM - 12:30 PM **Start:** Thu 8/17/23 **End:** Thu 8/17/23

**Location:** Online Zoom Offering 4 **Class Size:** 300

### Course Description

This class gives you the opportunity to submit financial and investing related questions prior to class, and have a Financial Advisor - Sr. Portfolio Manager provide answers. This is great opportunity to educate yourself or get a second opinion if you already have a Financial Advisor. Class can include many topics: How to Find a Qualified Financial Advisor, How much do Financial Advisors Charge for Advice or Custom Portfolio Management, Can I work with Multiple Advisors, How Do Politics Impact Investment Strategies, Do You Need an Advisor if you only buy Index Funds, Differences between Mutual Funds & ETFs, Investment Income Strategies, and Investing in Taxable accounts vs Tax-Deferred accounts. An educated investor is the best kind of investor.

Instructor: James Wigen

James has specialized in custom portfolio management, wealth management, financial and retirement planning, and insurances services for individuals and businesses since 1996.

# Fridays

## [Selected Topics from the History of World War II](#)

**Subject Area:** History/Current Events

**Fridays:** Single session 9:00 AM - 10:30 AM   **Start:** Fri 7/21/23   **End:** Fri 7/21/23

**Location:** Online Zoom Offering 1   **Class Size:** 300

### Course Description

This class will cover various topics from World War II - including the heroes, war crimes, ratlines, psychopaths, codes, technology, causes, and enduring influences of the most destructive event in human history.

Instructor: Christian Wilson

Christian is a retired forensic scientist, former wildlife rehabilitator, current college instructor, and an amateur historian.

## [News and Views with Sherry and Doug](#)

**Subject Area:** History/Current Events

**Fridays:** 6 Sessions 11:00 AM - 12:30 PM   **Start:** Fri 7/21/23   **End:** Fri 8/25/23

**Location:** Online Zoom Offering 1   **Class Size:** 70

### Course Description

Every week we pick and vote on topics to discuss. We like to discuss news from many different angles. So all civil opinions/views are welcome.

News and Views Guidelines: 1 - We begin the class by soliciting topics from the students for possible discussion. Sometimes topics can be combined. 2 - A list of all of the topics is created in order of suggestion. 3 - A vote is taken for each suggested topic. Students can vote for as many topics as they wish to discuss. 4 - The voting results will be immediately shown. 5 - Topics are discussed by vote total (most to least) and in the event of a tie, either in order of suggestion or by SGL or group decision. 6 - The person who suggested a topic will be given 1-2 minutes to present their topic, either in advance of the vote if the topic is not clear, or when the topic is up for discussion.

7 - Important: We ask that everyone please keep your comments succinct - less than three minutes. Don't ramble and please refrain from repeating yourself or others. We want everyone to be able to speak. 8 - Everyone will get a chance to speak before someone is called on again for a given topic.

Instructors: Sherry Goncharsky, Doug Syme

Sherry Goncharsky worked at IBM as a programmer and systems engineer after studying computer science at the University of Illinois. As a retirement job, she spent time "teaching computers to behave for their owners."

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Soon after joining OLLI, the pandemic hit and she became an active part of the tech hosting community and is also part of the AV Committee. Her hobbies include reading and crocheting.

Doug Syme was born and raised in Dublin. He graduated 1972 in Mechanical Engineering from Trinity College, Dublin University. He was recruited in 1983 to establish manufacturing of a Weighing and Batching System in New Jersey after the system was bought from the company for which he was working in Ireland. He is a Naturalized Citizen of the United States. Doug lived and worked in NJ for 8 years, and lived in PA for 25 years. He worked in small firm providing Equipment and Services to Commercial Swimming Pools. Doug retired in 2016 and moved to Green Valley. He has served on the board of Esperanza Estates HOA. He is a World Rugby Licensed Educator and teaches Rugby Refereeing. He volunteers with Sahuarita Food Bank. He also enjoys Choral Singing and participates in a number of Choirs in the area. He is an active student and Tech Host with OLLI.

## [Where Are We All From Originally?](#)

**Subject Area:** Travel/Entertainment

**Fridays:** 4 Sessions 11:00 AM - 12:00 PM   **Start:** Fri 7/21/23   **End:** Fri 8/11/23

**Location:** Online Zoom Offering 2   **Class Size:** 50

### Course Description

We'll get together to discuss all of the many towns or cities and states that we represent. Also included in our discussions will be the myriad of reasons that most of us are transplants into the state of Arizona. How have our lives changed? What's better here? What's been the most difficult adaptation? I look forward to learning more about each of you. We spend several hours a week with each other, so let's uncover some interesting details about one another.

Instructor: Frankie Harris

Frankie is a retired teacher from South Carolina. She joined the University of Arizona's OLLI program when Covid caused her local OLLI at Coastal Carolina University in Conway, South Carolina to close. She has been an active member from the very beginning of her enrollment. She has taken numerous classes and she's even led several SIGs. The wide variety of classes offered, and the warm, welcoming people that she has met are what keeps her returning each year.

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# Online Classes: Shared Osher Offerings

## [19th-Century Pop-Culture American Poems](#)

**Subject Area:** History/Current Events, Literature/Writing/Language

**Mondays:** 5 Sessions 10:30 AM - 12:00 PM **Start:** Mon 7/10/23 **End:** Mon 8/7/23

**Location:** Online Zoom Offering **Class Size:** 70

### Course Description

**Shared From OLLI at Rochester Institute of Technology in NY**

Everyone knows a lot of these, right? Well, there may be a bit more to the text and background of these old chestnuts. We'll take a look at a batch of northern-perspective lyrics about the Civil War, including Battle Hymn of the Republic, Barbara Frietchie, Dunbar's The Colored Soldiers, possibly poem(s) by Whitman, the introduction to Song of Hiawatha, and The New Colossus (the poem on the Statue of Liberty), as well as The Shooting of Dan McGrew. Easy reading on the literal surface, interesting twists of language and culture in more detail.

Instructor: Donna Richardson

Donna Richardson is Professor Emerita of English at St. Mary's College of Maryland, where she taught for over 30 years. Her areas of interest include British Romantic poetry, Russian and Greek literature, and any poetry she can get other people to read.

## [Google Drive, Sites, and Apps: The Basics and Beyond](#)

**Subject Area:** Science/Math/Technology

**Wednesdays:** 6 Sessions 8:15 AM - 9:45 AM **Start:** Weds 7/12/23 **End:** Weds 8/16/23

**Location:** Online Zoom Offering **Class Size:** 70

### Course Description

**New Sharing Partner!** From OLLI at Rochester Institute of Technology (RIT) in NY

Google offers a free suite (you can pay for enhanced features, but probably won't need them) through their web-based services to create, store, and share content online. We have used Google Drive, Google Sites, and Google Forms at Osher for many projects and classes. This class will provide an introduction to these Google products and some enhanced techniques to allow you to create and share content online for courses, clubs, organizations, and family activities.

Instructor: Bill Brown

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## Monsoon 2023 Online Shared Offerings

Bill Brown has been an Osher member and course leader for many years. He has led courses on Sherlock Holmes, Frank Loesser, and various technology-related topics. He is a co-leader of the local Sherlockian Scion Society – Rochester Row and Co-Chair of the Osher Tech Committee.

### [Dystopia](#)

**Subject Area:** Literature/Writing/Language

**Wednesdays:** 5 Sessions 10:30 AM - 12:00 PM **Start:** Weds 7/12/23 **End:** Weds 8/9/23

**Location:** Online Zoom Offering **Class Size:** 70

#### Course Description

**New Sharing Partner!** From OLLI at Rochester Institute of Technology (RIT) in NY

Do you think that things are bad now? Let's read and discuss the dystopian visions of Orwell's 1984 and Huxley's Brave New World.

Required Text: Any unabridged editions of 1984 and Brave New World

Instructor: Tom Low

Tom Low has presented 20+ classes on politics, philosophy, and history.

### [Mysteries of the Mind: Part 4](#)

**Subject Area:** Health/Wellness, Science/Math/Technology

**Wednesdays:** 7 Sessions 10:30 AM - 12:00 PM **Start:** Weds 7/12/23 **End:** Weds 8/23/23

**Location:** Online Zoom Offering **Class Size:** 70

#### Course Description

**New Sharing Partner!** From OLLI at Rochester Institute of Technology (RIT) in NY

We will explore habits, addictions and obsessions, personality, science of evil, and psychedelics and conclude with a look at brain and mental health. **Participation in previous parts of this course is not a prerequisite.**

Instructor: Alex Marcus

Alex Marcus is a retired physician who practiced neurology and psychiatry. He has been leading courses at Osher about the human brain since 2005.

# Field Trips

## Thursdays

### [University of Arizona CATalyst Studios Tour](#)

**Subject Area:** DIY/Self-Help, Science/Math/Technology, Social Sciences

**Thursdays:** Single session 10:00 AM - 11:30 AM **Start:** Thu 7/27/23 **End:** Thu 7/27/23

**Location:** University of Arizona Main Library **Class Size:** 25 **Additional Costs:** Optional lunch cost is the responsibility of the OLLI member.

#### Course Description

CATalyst Studios is an interdisciplinary makerspace and digital learning space in the Main Library of the University of Arizona in Tucson, Arizona. The studios include a comprehensive maker studio (e-D printers, laser cutters, etc.), an Augmented Reality/Virtual Reality studio with workstations, a green screen cyclorama and a podcasting studio, and a data visualization studio with a high-definition wall. Our guides will show us the equipment that is available in the different studios, share how instructors have used the equipment to provide experiential learning opportunities in various fields (e.g., art, theater, communications, elementary education, engineering), and describe the online courses and certifications that are available to you as OLLI program participants. You will have the opportunity to do a hands-on activity with some of the equipment at the end of the tour.

Parking near the Library is available at the Cherry St. garage (\$2/hr). After the 1.5 hr. tour, we can walk to the UofA Student Union for lunch at the Cactus Cafe.

For additional CATalyst information see: <https://lib.arizona.edu/catalyst>

For examples of how the equipment has been used see:

<https://libguides.library.arizona.edu/c.php?g=1248324&p=9136353>

Group Lead: Lois Cocker

Lois joined OLLI at the beginning of the ZOOM-only era. She is glad we are now able to meet in-person for field trips and other events.

## Museum and Lunch I: Mini Time Machine Museum

**Subject Area:** Arts/Culture

**Thursdays:** Single session 10:00 AM - 1:00 PM   **Start:** Thu 8/3/23   **End:** Thu 8/3/23

**Location:** The Mini Time Machine Museum of Miniatures   **Class Size:** 30   **Additional Costs:** Museum ticket costs and lunch cost are the responsibility of the OLLI member. The Mini Time Machine tickets are \$14 for adults age 18-62 and \$12 for seniors ages 62 and older.

### Course Description

Join SGLs Jo and Ann as we sample some of Tucson's great museums and fine restaurants! We will visit the Mini Time Machine Museum on Thursday, August 3, with lunch afterwards at Flora's Market Run. Museum ticket costs and lunch cost are the responsibility of the OLLI member. The Mini Time Machine tickets are \$14 for adults age 18-62 and \$12 for seniors ages 62 and older.

Group Lead: Lois Cocker

Lois joined OLLI at the beginning of the ZOOM-only era. She is glad we are now able to meet in-person for field trips and other events.

## Fridays

### Museum and Lunch II: UA Gem and Mineral Museum

**Subject Area:** Arts/Culture

**Fridays:** Single session 10:00 AM - 1:00 PM   **Start:** Fri 8/11/23   **End:** Fri 8/11/23

**Location:** University of Arizona Alfie Norville Gem and Mineral Museum   **Class Size:** 30   **Additional Costs:** Museum ticket costs and lunch cost are the responsibility of the OLLI member. The UA Gem and Mineral Museum tickets are \$15 for adults age 13-64 and \$10 for seniors ages 65 and older.

### Course Description

Join SGLs Jo and Ann as we sample some of Tucson's great museums and fine restaurants! We will visit the UA Gem and Mineral Museum on Friday, August 11, with lunch afterwards at El Minuto Cafe. Museum ticket costs (if any) and lunch cost are the responsibility of the OLLI member. The UA Gem and Mineral Museum tickets are \$15 for adults age 13-64 and \$10 for seniors ages 65 and older.

Group Leads: Josephine Kelleher, Ann Tai

Dr. Josephine Kelleher is a retired educator who has been studying Spanish for the past year at OLLI. In addition to teaching at the university level, Dr. Kelleher has been a science and mathematics teacher at the middle school level, a high school assistant principal and principal, and superintendent of schools in three school districts. Dr. Kelleher earned a bachelor's degree in science and mathematics education and a master of arts in

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### **Monsoon 2023 Field Trips**

teaching in biological sciences from Rhode Island College, and a doctorate in educational leadership from the University of Connecticut.

An OLLI/UA member since 2019, Ann has been a volunteer with the Membership and Outreach Committee and Tech Hosting for online Study Groups. She moved to Tucson from Michigan where before retiring she was Program Coordinator for OLLI at the University of Michigan Ann Arbor.

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# Special Interest Groups (SIGs)

## What are Special Interest Groups?

Special Interest Groups (SIGs) are ongoing groups that meet and socialize regularly around a topic. It's easy to join, and you can do so at any time. You register just like you do for a class. There is a menu for special interest groups on the [Browse Classes](#) menu of the website, or you can register on the links below. Want to start a special interest group at OLLI? It can be online or in-person. Let us know your ideas: email us at [ollimail@arizona.edu](mailto:ollimail@arizona.edu)



## [Community Service](#)

**Location:** Varies  
**Volunteer in the Community**

**Host:** Connie Lowy

### SIG Description

Requires OLLI-UA Membership. This is an ongoing, self-managed offering; join at any time. OLLI Programs have a long tradition of giving back to the communities they serve. Join this group if you are interested in being part of a team dedicated to various community service initiatives. It is a great way to meet fellow members and give back to the community we live in. If you're interested in volunteering, join this SIG today! New volunteer opportunities will be added as they become available. Past projects have included helping at the Tucson Community Food Bank and the Tucson Festival of Books.



## [Let's Talk!](#)

**Every Monday:** 3:00 PM – 4:00 PM

**Location:** Online Zoom Offering

**Hosts:** Frankie Harris, Susan Williams

### SIG Description

Welcome to Let's Talk, inspired by a fellow OLLI member! In another class she asked, "Why do we have to have a topic to discuss? Why can't we just get together and talk?"

This group will do JUST THAT! Please join Susan & Frankie for an hour of talking and/or listening. We hope to see you!

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## Monsoon 2023 Special Interest Groups



### Virtual Happy Hour

**Every Friday:** 5:00 PM – 7:00 PM

**Location:** Online Zoom Offering

**Hosts:** Trudy Hill, Sherry Goncharsky

#### SIG Description

Join your OLLI friends online for lively conversation!



### Fun with Games

**Every Sunday:** 3:00 PM – 4:00 PM

**Location:** Online Zoom Offering

**Hosts:** Frankie Harris, Susan Williams

#### SIG Description

Spend an hour in the virtual lounge playing popular board games that have been adapted to online. Two games will be played each session: one with teams competing and one with individual scoring. Just show up: we provide the online games! This is a friendly competition with lots of fun and laughter to be shared!

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# Preview of 130+ Fall 2023 Offerings

As we kick off the 2023-2024 year with our Monsoon session, here is a look ahead at the exciting upcoming offerings across OLLI-UA this fall. Fall session runs from Sept. 11 to Dec. 8, 2023. **Classes below are subject to change.**

## Central Tucson

Astronomy and Geosciences  
Beginner's Mind  
Being a Caregiver for a 70 or 80-Year-Old Person  
Classical Music Melody - Handel to Stravinsky  
Cultural Entomology  
Discover Arizona Days and Nights with The University of Arizona Press Authors  
Documentaries to Make You Think  
Exploring Southeast Asia  
Fearless: Confessions of a Serial Entrepreneur  
Film Discussion Class  
History of American Musical Theater  
Hollywood Blacklist (1940's - 1950's)  
How (Negative) Self-Images Impact the Quality and Duration of Seniors' Lives  
Introduction to Smartphone Photography  
Investing for Income  
Investing for Women  
Investing in Retirement  
Jack London  
Learn to Meditate the Chopra Way  
Leave a Legacy: Share Your Expertise  
Linda Ronstadt Sings Soul and R&B  
News and Views  
Nuts and Bolts of the Criminal Justice System  
Photo safari in Botswana's Okavango Delta  
Race Matters: Black Lives in the Supreme Court 1787-2023  
Reflections on Language and Linguistics  
Righteous Minds: Why Are Good People Divided by Ethics, Politics, Economics and Religion  
Rogue Theatre Introduction and Presentation  
Sailing on a Clipper Ship in Greece and Turkey  
Saving and Investing Wisely During Retirement  
Social Relationships: Why We Need Them, How They Work  
The Civil War in U.S. History

The history of the big island of Hawaii.  
This El Niño  
Twentieth Century Comedians  
Washington Square  
Why Is Everyone So Angry at the Supreme Court?  
Writing for Self-Discovery  
Writing the Good Times: Memoir and Poetry  
TMA Docents Art Talks XVII  
A Matter of Balance  
Wine 101  
Does Nuclear Power Have a Future - Understandable but not for dummies

## Green Valley

Astronomy in the News: Our Growing Understanding of the Universe  
Exploring How Music Affects and Reflects Changes in Society  
Five Directors  
French Song Appreciation  
History of the Upper Santa Cruz River Valley  
Investing for Income  
Investing for Women  
Investing in Retirement  
Learn the Basics of Mah Jongg  
Louise Penny Three Pines Series  
Oh, How I Miss SARA  
Sailing on a Clipper Ship in Greece and Turkey  
The Spanish Mission Period in the American Continent  
The Virtues Project: It's Never Too Late to Become a Better Person  
Trekking in the Himalaya  
How Science is Changing Christian Theology  
The American Bill of Rights  
Amazing Astronomy... without any math!

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## OLLI-UA Fall 2023 Preview

### Southeast Tucson (Vail)

Biomedical Ethics  
Historiographic Examination of American Civil War  
Investing for Income  
Investing for Women  
Investing in Retirement  
Mammals of the Santa Catalina Mountains  
Mountain Gorilla Trekking in Rwanda  
News and Views  
Our Once in a Lifetime African Safari  
Righteous Minds: Why Are Good People Divided by Ethics, Politics, Economics and Religion  
The American Civil War  
The Cold War Gets Colder  
The Federal Reserve's Twin Mission: Keeping Both Inflation and Unemployment in Check  
Trekking in the Himalaya  
Wives and Lovers of the Earp Brothers  
Women of the Old West  
Amazing Astronomy... without any math!

### Online

A Book Study: the Biologic "Songs" of Our Cells  
Artificial Intelligence—Continuing the Conversation  
Banned Books...A Closer Look  
Birds in Southeastern Arizona: Waterfowl  
Celebrating Perfect Vocal Harmony: The Timeless Sounds of American Musical Groups  
Create Custom Shutterfly Photo Albums  
CRISPR is Changing Our Food  
Curious, Strange, Familiar...and Often Downright Silly!  
Discover Arizona Days and Nights with The University of Arizona Press Authors  
Documentaries to Make You Think  
Dream Group Class  
Ekphrasis: Translating Art Into Words  
Electric Vehicle Discussion Forum Class (EVDFC)  
Five Odd Photographers  
Future Perfect: Technology Trends by 2030  
Hollywood Blacklist (1940's - 1950's)  
Honey From the Rock: Interactive Primer on Kabbalah  
Intel for Dummies: Part 2

Intellectual and Cultural History of the West Part 3: Enlightenment  
Ireland: A Brief History  
London: Flower of Cities All  
Mayhem Most British 26  
Medicare Senior Concerns  
Oh, How I Miss SARA  
Our changing view of physical reality.  
Post-Holocaust Jewish Experience: Film Discussion  
Sapiens: A Brief History of Humankind  
She Walks in Beauty: Art About, by and for Women  
Survey of American Vice Presidents  
The Civil War in U.S. History  
The First Southwesterners: The Paleoindian and Archaic Peoples  
Ukraine Then and Now: Historical Context and Current Events  
Volcanoes of the World  
Where in the World Is the U.S.? A Top 10 Summary  
Islam and Violent Extremism  
Writing a 'Legacy Letter'  
Social Security: Brining Our Office To You  
Beginning Spanish  
Intermediate and Conversational Spanish  
Does Nuclear Power Have a Future - Understandable but not for dummies

### Field Trips

Authentic Mexican Cuisine  
Birding at Historic Canoa Ranch in Green Valley  
Birding at Sweetwater Wetlands in Tucson  
Empire-Vail Ranch Docent Led Tour  
Ethnobotany Tour of Mission Garden: Cultivating Super-Foods for Millennia  
Pima Air and Space Museum  
Los Morteros Archaeological Site Field Trip  
Monsoon Chocolate Factory Tour  
Garden Kitchen: Cooking for One or Two People  
Wine Tasting Field Trip  
Tucson Museum of Art  
Barrio Viejo (Old Neighborhood) Tucson  
Museum and Lunch: Arizona History Museum  
Field Trip and Lunch: Tucson Botanical Gardens  
Field Trip and Lunch: Reid Park Zoo

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