



THE UNIVERSITY OF ARIZONA

OSHER LIFELONG LEARNING INSTITUTE

Life-Enriching Education for Adults 50+

Monsoon 2024 Catalog

**40+ Classes,
Field Trips, and
Social Events**

**Online and
In-Person in
Tucson**

**6 Weeks:
July 15 - Aug 23**

**Curiosity
Never Retires**

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Welcome to OLLI-UA Monsoon 2024!

This Monsoon we are excited to offer **in-person classes** at our Central Tucson campus and **online classes** hosted on Zoom, in addition to a variety of social events.

Monsoon is the kickoff session of our academic year and gives you a taste of the hundreds of offerings coming your way. It is the perfect time to join as an annual member as our year runs July 1, 2024, to June 30, 2025.

Monsoon Session Overview

- **Monsoon is 6 weeks from July 16 to August 23**
- There are 40+ offerings across OLLI-UA including social events and more dining out options to be announced.
- Central Tucson classes run Tuesday and Wednesday
- Online classes run Tuesday through Friday

Registration

- **Priority Request Registration (PRR) ends Monday, June 17** and runs Tuesday, June 18.
- Registration confirmation emails will be sent after PRR runs on the 18th.
- **Open Registration begins after PRR runs on Tuesday, June 18.** During open registration you can continue to add (and drop) classes first come, first serve throughout the term.

What's Priority Request Registration (PRR)?

PRR is a stress-free pre-registration process that allows you to prioritize and request the classes you most want to attend. At the end of PRR, our registration system officially enrolls members in classes, filling each seat based on the priority of the request. This is helpful for classes with limited capacities that fill quickly. **It is important to give small capacity classes a higher priority if they are important to you.** If a class fills, a waiting list is started and ordered by the next priority assigned. More detail on this process and our registration planner materials can be found on our website: olli.arizona.edu.

Memberships

What you can register for depends on the membership you purchase. Monsoon session is open to our 24-25 annual members and Monsoon/Fall 2024 members. If you are not a current member, OLLI-UA offers four membership options for this session:

The **Annual All OLLI/Central Tucson Membership** costs \$435 and allows you to register for all classes online and in-person across OLLI-UA for the year to come and includes our Central Tucson campus.

The **Annual Green Valley/Online Membership** costs \$235 and allows you to register for online classes for the year to come as well as the Green Valley campus in the fall and spring. **(Central Tucson classes are not included with this membership).**

The **Monsoon & Fall All OLLI/Central Tucson Membership** costs \$255 and allows you to register for all classes online and in-person across OLLI-UA through 12/31/2024 and includes our Central Tucson campus.

The **Monsoon & Fall Green Valley/Online Membership** costs \$155 and allows you to register for online classes and take classes at our Green Valley campus through 12/31/2024. **(Central Tucson classes are not included with this membership).**

Complete membership purchase details can be found at www.olli.arizona.edu along with information on available financial assistance.

Central Tucson Campus



The [Central Tucson campus](#) is located at [4485 N 1st Avenue, Tucson AZ](#), on the NW corner of 1st Avenue and Wetmore Road. The facility includes three large classrooms, a member lounge with coffee service for eating or just gathering, and ample parking.

Online Classes



Online classes are hosted using Zoom. There is no cost or account needed for members to use Zoom. Zoom is generally easy to use and works across many different devices and operating systems. Learn more on our Zoom resources page: oli.arizona.edu/page/zoom

Volunteer Opportunities

As a member-run, volunteer-led organization, OLLI-UA is dependent on our members stepping up to help in ways big and small. Please consider giving your time and expertise to OLLI-UA. It is also a great way to meet fellow members and develop lasting friendships! [Click here to explore current opportunities.](#)

Planning Tools

Keep in mind all offerings are subject to change. See our website's [Class Catalogs](#) page for the latest information and additional class registration planners.

Clicking on the class titles in this catalog will take you to the OLLI-UA registration page for each class.

Need Help?

You can always email the office at ollimail@arizona.edu or call 520-626-9039, Mon – Fri, 9 AM to 4 PM

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Central Tucson Campus: In-Person

Tuesdays

[Plant-Based Cooking: An Introduction](#)

Subject Area: Crafts/Cooking, Health/Wellness

Tuesdays: 3 Sessions 9:00 AM - 10:45 AM **Start:** Tue 7/16/24 **End:** Tue 7/30/24

Location: Palo Verde Room **Class Size:** 20

Course Description

Are you interested in eating a plant-based diet but overwhelmed by how to do so? By the end of the 3 sessions, you will be able to:

1. Describe the benefits of a plant-based diet
2. Shop for and prepare weekly meals
3. Plan for meals away from home

Session One, Strategies for Converting to a Plant-Based Diet, will cover: plant-based versus vegan, having a 'clean' kitchen, shopping and organizing your pantry, fridge, and freezer, planning for away-from-home meals, changing your perspective about meals and how you eat, and resources for answering the inevitable questions about eating plant-based.

Session Two, Healthy Cooking Techniques, will cover: cooking with little to no added oil, sugar, or salt, benefits of these techniques: Water sauté, broiling, steaming, braising, air frying, grilling, using a comal or cast-iron skillet, bowl meals and how to prepare them, on the go meals (snacks, travel), and re-creating 'favorite' recipes (or not).

Session Three, Using Easy Recipes and Methods, will cover: weekly prep work, using an app and/or online resources, simplifying recipes, including using substitutions, using canned and frozen ingredients, and condiments and dressings.

All sessions include digital handouts and lists of resources for further information.

Instructor: Andrea Edmundson

Dr. Edmundson's pre-retirement career was as a professional adult educator and instructional designer. She had the opportunity to learn multiple disciplines by teaching them, from business skills to online learning to glass art, Swahili and more. Today, she applies her skills to her most recent passion, plant-based cooking. She simplifies what she's learned from intensive certification courses (Forks Over Knives Ultimate Cooking Course, Plants Plus) and other events (Plant Powered and Thriving, Vegan Holiday Cooking, etc.) to everyday cooking. Andrea is not a medical expert or nutritionist but shares key lessons she has learned in the past two years.

[The Original Six Talking Heads Monologues by Alan Bennett](#)

Subject Area: Literature/Writing/Language

Tuesdays: 6 Sessions 9:00 AM - 10:45 AM **Start:** Tue 7/16/24 **End:** Tue 8/20/24

Location: Ocotillo Room **Class Size:** 65

Course Description

Alan Bennett's first series of six monologues called Talking Heads was released in 1988 to great acclaim. One actor talks to the camera and reveals more than they realize. They are Alan Bennett in "A Chip in the Sugar", Patricia Pourledge in "A Lady of Letters", Maggie Smith in "Bed Among the Lentils", Stephanie Cole in "Soldering On", Julie Walters in "Her Big Chance", Thora Hird in "A Cream Cracker under the Settee". The Guardian says, "They had an impact beyond all that you might have expected. They were so unusual for one thing. They slapped you awake. Just one camera and a person speaking to it. Just words in an actor's mouth, conjuring up a life and a world. It came close to magic." We won't slap you awake as we look at one dialogue a week.

Instructor: Kathleen Reeve

Kathleen Reeve has taught a range of OLLI classes from book discussions, as James Shapiro's "Contested Will" to Colin Woodard's "American Nations" to Jon Mecham's "The Soul of America", to a series on the American west in the 19th century, to "Love at the Movies". She was a photojournalist for the Chicago Sun-Times and loves living in Tucson.

[Luis Bunuel Three Movies](#)

Subject Area: Arts/Culture

Tuesdays: 4 Sessions 11:00 AM - 12:45 PM **Start:** Tue 7/16/24 **End:** Tue 8/6/24

Location: Ocotillo Room **Class Size:** 45

Course Description

The movies we will watch are Simon of the Desert, The Milky Way, and That Obscure Object of Desire. All three were filmed while living in Mexico.

Instructor: Charles Peters

Chuck is an experienced study group leader.

The Joyful Lightness of Aging

Subject Area: DIY/Self-Help

Tuesdays: 4 Sessions 11:00 AM - 12:45 PM **Start:** Tue 7/16/24 **End:** Tue 8/6/24

Location: Saguaro Room **Class Size:** 55

Course Description

This study group will survey and discuss the following:

1. Aging by the numbers, 2. Older people are happier, 3. Living passionately no matter your age, 4. How to live to be 100+, 5. Ending ageism

Our PowerPoint presentation will stimulate discussion, provide important information, and a large dose of relevant cartoon relief. Several Ted Talk presentations, interviews with senior citizens and geriatric experts, and anecdotal personal experiences will comprise the main content of the class sessions. Participants will leave this study group with an excellent awareness of aging in America and in their lives.

Instructors: Arnie Bianco, Susan Williams

Arnie is a long-time retired educator as a teacher, school principal and adjunct instructor at Chapman University, NAU, Brown Mackie College, and Brookline College. Arnie is an active OLLI member. He has been a teacher for a number of years and has done relationship workshops in more than 10 states. He is a published author who has always loved to teach. His wife is presently a teacher.

Susan is an experienced cohost and tech host who has contributed in that capacity for over 5 years. She is also on the OLLI board and tech hosts a growing number of classes.

Two on a Tower

Subject Area: Literature/Writing/Language

Tuesdays: 6 Sessions 11:00 AM - 12:45 PM **Start:** Tue 7/16/24 **End:** Tue 8/20/24

Location: Palo Verde Room **Class Size:** 30

Course Description

Two on a Tower, one of Thomas Hardy's Wessex novels, was published in 1882 and was immediately deemed scandalous and immoral. Hardy called it a fantasy since he used many surprising coincidences in constructing his plot concerning the romance between Lady Constantine and Swithin St. Cleeve, a young astronomer trying to make his way in a scientific academic field. Although it is one of Hardy's "minor" novels, it contains the beautiful descriptions of the Dorset countryside that mark his more monumental works.

Participants will be expected to read approximately 50 pages per week to prepare for class discussion. Any edition of the book will suffice as long as it has chapter numbers.

Instructor: Suzanne Peters

Sue Peters is an experienced study group leader.

[Growing Herbs and Other Gardening Fun](#)

Subject Area: Crafts/Cooking

Tuesdays: 4 Sessions 1:00 PM - 2:45 PM **Start:** Tue 7/16/24 **End:** Tue 8/6/24

Location: Saguaro Room **Class Size:** 30

Course Description

This class will focus on growing herbs in containers, but will address many of the other aspects of good gardening practice along the way. In addition, it will be an introduction to the real difference using culinary herbs can make in our enjoyment of food. You don't need to be a lifelong gardener to enjoy this class!

Instructors: Helen Cowles, Isabel Aaronson

Helen Cowles has been an OLLI member since 1997, a master gardener, and was formerly a Horticultural Therapy Specialist at Tucson Botanical Gardens for 13 years. She previously led gardening classes at OLLI.

Isabel will be assisting me with my dismal grasp of all things internet! She, too, is a longtime OLLI member, and has led many art related classes.

[Increase Your Life Expectancy by Increasing What You Expect From Life](#)

Subject Area: DIY/Self-Help, Health/Wellness

Tuesdays: 6 Sessions 1:00 PM - 2:45 PM **Start:** Tue 7/16/24 **End:** Tue 8/20/24

Location: Palo Verde Room **Class Size:** 20

Course Description

Join us for 6 transformative weeks of reflection, sharing, fun, and growth as we explore ways to increase our "life expectancy". We will be covering diverse topics, including creating a vision for how we want to age; navigating challenges and building resiliency; learning methods to improve our mental and physical well-being; studying the "Blue Zones" approach and making our own "Blue Zones", no matter where we live; incorporating gratitude practices into our daily lives; expanding and nurturing our social circles; and the importance of giving back. This is a collaborative circle, and we invite and encourage you to attend and contribute your strengths and knowledge.

Instructor: Laurie Lautzenheiser

Laurie Lautzenheiser spent years living in Germany and France which gave her the opportunity to pursue many careers. She worked as a nanny and English tutor in Paris, taught both English and cooking in Germany, and managed first an antique shop and an American bakery in Munich. Upon returning to the U.S., she received a bachelor's degree in German Language and Literature and an M.Ed., and subsequently worked as a German teacher. For the last 14 years, her interest in mental health and healthy aging led her to pursue additional studies and work in these areas.

[This Monsoon](#)

Subject Area: Science/Math/Technology

Tuesdays: 3 Sessions 1:00 PM - 2:45 PM **Start:** Tue 7/16/24 **End:** Tue 7/30/24

Location: Ocotillo Room **Class Size:** 65

Course Description

We'll talk about this year's monsoon, either griping about how disappointing, or celebrating how exciting it has been. There will be some delving into technical meteorological considerations, but mainly so as to better appreciate processes seen heard and felt outdoors. We'll look at and talk about pictures/videos that class participants may have captured. We'll even step outside briefly before and after breaks to look at and talk about clouds developing over the Catalinas.

Instructor: Jim Toth

Jim Toth first arrived in Tucson in 1977, when for three years he became a weather forecaster at Davis-Monthan. After a variety of academic and government lab work, he has been back in Tucson since 1995, not as an official forecaster, but as one of the Tucsonans who are thrilled every time it rains. Jim is new to OLLI since September 2022.

[Life According to Charles Schulz](#)

Subject Area: Arts/Culture

Tuesdays: 2 Sessions 11:00 AM - 12:45 PM **Start:** Tue 8/13/24 **End:** Tue 8/20/24

Location: Saguaro Room **Class Size:** 55

Course Description

"Peanuts" is probably America's most popular and cherished comic strip. This class will include a short biography of Charles Schulz, a complete look at the cartoon characters, their origins, and the stories behind each creation. We will discuss life issues that Schulz presents in a comical, thoughtful, and profound manner. Each session will also examine how the iconic comics reflect events that are happening in American society. We will experience and embrace the everyday psychology of life through the eyes of little folks.

Instructors: Arnie Bianco, Susan Williams

Arnie is a long-time retired educator as a teacher, school principal and adjunct instructor at Chapman University, NAU, Brown Mackie College, and Brookline College. Arnie is an active OLLI member. He has been a teacher for a number of years and has done relationship workshops in more than 10 states. He is a published author who has always loved to teach. His wife is presently a teacher.

Susan is an experienced co-host and tech host who has contributed in that capacity for over 5 years. She is also on the OLLI board and tech hosts a growing number of classes.

Music of 50s, 60, and 70s - Best of the B Sides

Subject Area: Arts/Culture

Tuesdays: Single session 11:00 AM - 1:00 PM **Start:** Tue 8/13/24 **End:** Tue 8/13/24

Location: Ocotillo Room **Class Size:** 80

Course Description

Every 45 RPM record has an A side and a B side. The A side was supposed to be the hit. Surprise! Some B sides rose to the top of the charts and into our forever musical catalog.

God only knows which ones helped people rock around clock, and twist by the blue moon of Kentucky. After we left for Memphis, Tennessee in our pink Cadillac with Claudette, we decided to play with fire and mosey up to Woodstock, where we were helplessly hoping to get rid of our subterranean homesick blues. But they would not fade away. Will I survive?

Instructor: John "Nemo" Nemerovski

John Nemo is a lifelong musician and educator who immerses himself in folk, early rock, blues, jazz, and classical music. He plays guitar and provides a fascinating playlist for his music appreciation courses.

Italian Travel: Off-The-Beaten-Path

Subject Area: Travel/Entertainment

Tuesdays: 2 Sessions 1:00 PM - 2:45 PM **Start:** Tue 8/13/24 **End:** Tue 8/20/24

Location: Saguaro Room **Class Size:** 55

Course Description

You love Italy and may have been to the "required" destinations: Rome, Florence, Venice, Amalfi Coast, Cinque Terre and so on. But do you hunger for more? Are you curious about the lesser-known regions? Then this class is for you!

Please join in as we explore four regions of Italy that are off-the-beaten-path: Umbria, Friuli Venezia Giulia, Calabria, and Sardinia. We discuss geography, top attractions, regional food, best towns to base in, how to get around and much more. The class will be set up in a discussion format so we can all learn and share ideas.

Instructor: Ben Gentile

Ben is a retired tourism professional that has lived and worked all over the world. He taught tourism for 14 years at a community college in Oregon. He is a dual citizen (Italy/US) and wants to share his travel knowledge with like-minded members.

Annuities

Subject Area: Social Sciences

Tuesdays: Single session 9:00 AM - 10:45 AM **Start:** Tue 8/20/24 **End:** Tue 8/20/24

Location: Palo Verde Room **Class Size:** 30

Course Description

Discover the ins and outs of annuities in this concise one-session course. Gain an understanding of annuity types, including immediate, deferred, fixed, fixed index, and variable annuities, and learn which types of firms sell them. Explore the impact of annuities on inflation and compare their performance. Analyze annuity fees and uncover the true cost of purchasing one. Determine who can benefit from annuities, what to consider when shopping for one, and what to do if you already have an annuity.

Instructors: Richard Munding, CFA, Ashlyn Tucker

Richard Munding, CFA, with four decades of experience, provides expert investment management to private clients at RMH. A Total Investment Return approach underpins RMH's investment philosophy. As a CFA charterholder, Richard has a network of CFA contacts across the US and globally. Richard's extensive expertise makes him a reliable financial advisor. His commitment to community service is demonstrated through his volunteering with the Community Foundation of Southern Arizona, where he served the Board, Investment, Finance, and Building committees.

Ashlyn Tucker, Master of Finance graduate from the University of Arizona, works as an analyst at RMH Investment Management and is a level 2 CFA Candidate.

Americana Music Deep Dive Featuring Original and Modern Song Versions

Subject Area: Arts/Culture

Tuesdays: Single session 11:00 AM - 1:00 PM **Start:** Tue 8/20/24 **End:** Tue 8/20/24

Location: Ocotillo Room **Class Size:** 80

Course Description

Celebrating 100 years of our purely American homegrown folk tradition, we will explore how contemporary musicians embrace and honor the rural singers and songwriters who developed the genre we call classic Americana. Current performers look back to the pioneers of our signature sound, including Woody Guthrie, Leadbelly, Elvis, Johnny Cash, and Ry Cooder. Have you seen that vigilante man?

Instructor: John "Nemo" Nemerovski

John Nemo is a lifelong musician and educator who immerses himself in folk, early rock, blues, jazz, and classical music. He plays guitar and provides a fascinating playlist for his music appreciation courses.

Wednesdays

[WhereAZ: Where To Go, What To See in Southern Arizona](#)

Subject Area: Arizona History/Culture, Travel/Entertainment

Wednesdays: 2 Sessions 9:00 AM - 10:45 AM **Start:** Wed 7/17/24 **End:** Wed 7/24/24

Location: Ocotillo Room **Class Size:** 65

Course Description

In the class, we'll take an organized look at some 500 attractions in southern Arizona – Places to go, things to see. Participants will have a website/app to use as a quick/easy reference and will also receive several unique (patent pending) printed pictorial maps for day-trip adventures.

Instructor: Jim Jindrick

Jim Jindrick co-developed WhereAZ.org, a website and app focused on presenting the highlights of Tucson and southern Arizona ... Where to go, what to see.

[Film Discussion Class](#)

Subject Area: Arts/Culture

Wednesdays: 6 Sessions 11:00 AM - 12:45 PM **Start:** Wed 7/17/24 **End:** Wed 8/21/24

Location: Saguaro Room **Class Size:** 55

Course Description

We will meet weekly to discuss a film that has been watched by the class. The film selection will be assigned to or voted upon by class members. A class member will lead the discussion for the movie. This class has been ongoing for several years and generates lively and engrossing discussions as members dissect and compare films, frequently calling upon their own personal and professional experiences. Please consider volunteering to lead the discussion. A guide to how to lead the discussion will be given out prior to the first session. Movies will be from The Loft, local theaters as well as Netflix/Amazon.

Instructor: Rob Getlan

Rob Getlan has always been an avid film enthusiast. This class has been a great way to see and discuss the new releases from Netflix, Amazon, and The Loft.

News and Views

Subject Area: History/Current Events

Wednesdays: 6 Sessions 11:00 AM - 12:45 PM **Start:** Wed 7/17/24 **End:** Wed 8/21/24

Location: Palo Verde Room **Class Size:** 30

Course Description

This class features an interactive member format to discuss local, state, national and international current events. Other topics of interest may be discussed as well. The class members suggest current events for discussion and then all members vote for the issues that the class determines are most important.

Instructor: Dave Maxwell

Dave Maxwell retired and moved to Tucson in 2014 and has been a member of OLLI since 2016. He has a degree in Construction Management from Washington State University. The first half of his career was as a Field Engineer, Superintendent, Project Manager and Chief Estimator for several general contractors on the West Coast and in Saudi Arabia. The last half of his career was in the public sector as a Director of Planning and Construction for the Washington State Community College System. He retired as a Contract Administration Manager at the Port of Seattle. In addition to attending OLLI, Dave also is a Santa Catalina Volunteer Patrol member.

Beginning Knitting

Subject Area: Crafts/Cooking

Wednesdays: 6 Sessions 1:00 PM - 2:45 PM **Start:** Wed 7/17/24 **End:** Wed 8/21/24

Location: Palo Verde Room **Class Size:** 30

Course Description

In Beginning Knitting we will learn the basic stitches: How to Start (Cast On), Knit, Purl, How to Stop (Binding Off). Learn the tricks to making a perfect garment! Also, how to read a pattern, and how to shop in a yarn store. I do not provide needles and yarn. Students need to bring a pair of needles and a ball of yarn to class.

Instructor: Kathe Haskell

Kathe Haskell has been a knitter since she was 4 years old. She had a yarn shop but briefly. She designed and created custom items and loves to teach! She is fascinated to notice how beneficial knitting is for neurological stimulation, how it helps with focus and concentration, dexterity, and is known to calm hand tremors and ease arthritis.

[Propaganda With the Past: Modern Governments' Uses of Ancient History](#)

Subject Area: History/Current Events, Social Sciences

Wednesdays: 3 Sessions 1:00 PM - 2:45 PM **Start:** Wed 7/17/24 **End:** Wed 7/31/24

Location: Saguaro Room **Class Size:** 45

Course Description

Governments and other leaders often look to the past to influence how they and their countries are seen in the present, both by their own people and by outsiders. We will look at how several Middle Eastern Governments have used ancient history for their own ends. We will begin by examining propaganda as a concept and discussing how broadly or narrowly we want to define it. Then we will consider why they use the past in propaganda and look at how the ancient world is used by different governments in the Middle East. Possibilities include Egyptian governments evoking the Pharaonic past, Iraqi leaders rebuilding ancient sites, ISIS destroying pre-Islamic monuments, Israeli soldiers being inducted on archaeological sites, and the Shah of Iran throwing a huge party at Persepolis.

Instructor: Abby Limmer

Abby Limmer has a PhD in Middle Eastern Archaeology and is the Assistant Director for Outreach at the Center for Middle Eastern Studies. She has taught everyone from first graders through university students to senior citizens.

[Emergency Services: What Do They Do?](#)

Subject Area: Civic Engagement/Community/Government

Wednesdays: 6 Sessions 1:00 PM - 2:45 PM **Start:** Wed 7/17/24 **End:** Wed 8/21/24

Location: Ocotillo Room **Class Size:** 65

Course Description

The class will discuss all the issues that are addressed in Emergency Services (except law enforcement). Specifically, firefighters, paramedics, inspectors and the rules and roles that they work under.

Instructor: Jim Critchley

Jim has spent over 40 years in prehospital Emergency Service. His career began in 1982 and with Tucson Fire Department in 1988, and he left in 2018. The last 5 years he was Fire Chief of Pendleton, Oregon. Jim has an AAS from Pima, BS from ASU, and an MBA from the U of A. He was born in Douglas, AZ and has been in Tucson since 1962. He is married to Karen and has three adult children.

[Electric Vehicle FAQs \(EVFAQs\) - Answered](#)

Subject Area: Science/Math/Technology

Wednesdays: 3 Sessions 9:00 AM - 10:45 AM **Start:** Wed 8/7/24 **End:** Wed 8/21/24

Location: Palo Verde Room **Class Size:** 25

Course Description

EVFAQs is a 3-session class that addresses frequently asked questions (FAQs) that have been asked during previous OLLI-UA EV Discussion Forum and EV Basics classes. Specifically, the 3 sessions will address the following:

Electric Vehicle and Its Batteries FAQs; e.g., What does ICE mean? What is the difference between a Hybrid, Plug-In Hybrid (PHEV), and a Battery Electric Vehicle (BEV)? When do EV batteries have to be replaced/how long do they last? What are the safest EV batteries? What is battery degradation?

Charging & Range FAQs; e.g., What is Level I, II, and III charging? What is Regen? How long do EV batteries take to charge? How many miles can one get from one charge/what is the range of an EV? What can I use to do long distance trip planning? What is happening to improve the Charging Infrastructure?

Buying An EV FAQs; e.g., Which EV is right for me? What tools can I use to check out an EV? What things should I look for in an EV? Should I test drive an EV before buying?

Instructor: Damond L Osterhus

Damond has given EV Discussion Forum Classes and EV Basics Classes both in person and via Zoom at OLLI-UA since 2022. He has test driven 8 different EVs, accumulating over 6,500 miles of documented testing, and over 75 chargings at both Tesla NACS, and non-Tesla EV CCS stations. He continues to do research on all aspects of owning and driving EVs here in the desert Southwest.

[Investing in Retirement](#)

Subject Area: Social Sciences

Wednesdays: 2 Sessions 9:00 AM - 10:45 AM **Start:** Wed 8/7/24 **End:** Wed 8/14/24

Location: Saguaro Room **Class Size:** 55

Course Description

Investing in Retirement is a comprehensive two-session course that equips individuals with the knowledge and tools to ensure their portfolio is setting them up for success in retirement. This course covers topics, such as investment policy statements, time horizons, risk tolerance, income investing, and alternative investments. Participants will learn how to build a robust portfolio that considers inflation and their lifespan. Explore withdrawal rates and strategies to ensure a sustainable income stream. Join us to gain the confidence and expertise to navigate the complexities of retirement investing successfully.

Instructors: Richard Munding, CFA, Ashlyn Tucker

Richard Munding, CFA, with four decades of experience, provides expert investment management to private clients at RMH. A Total Investment Return approach underpins RMH's investment philosophy. As a CFA

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OLLI-UA Monsoon 2024 – Central Tucson Campus

charterholder, Richard has a network of CFA contacts across the US and globally. Richard's extensive expertise makes him a reliable financial advisor. His commitment to community service is demonstrated through his volunteering with the Community Foundation of Southern Arizona, where he served the Board, Investment, Finance, and Building committees.

Ashlyn Tucker, a Master of Finance graduate from the University of Arizona, works as an analyst at RMH Investment Management and is a level 2 CFA Candidate.

[Investing for Women](#)

Subject Area: Social Sciences

Wednesdays: 2 Sessions 11:00 AM - 12:45 PM **Start:** Wed 8/7/24 **End:** Wed 8/14/24

Location: Ocotillo Room **Class Size:** 30

Course Description

Investing for Women is a two-session course providing women with essential knowledge and skills for investment success. Explore the history and psychology behind women's under investment, understand securities such as stocks and bonds, compare ETFs and mutual funds, learn about fees and financial resources, and gain the confidence to advocate for yourself. Take control of your financial future and join us today.

Instructors: Richard Munding, CFA, Ashlyn Tucker

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[Explaining Football for the Casual Fans](#)

Subject Area: Travel/Entertainment

Wednesdays: Single session 1:00 PM - 2:45 PM **Start:** Wed 8/7/24 **End:** Wed 8/7/24

Location: Saguaro Room **Class Size:** 55

Course Description

A casual fan wonders how and why certain football plays are called during a game. Learning how the offense attacks and how a defense stops those attacks is necessary to understand how to watch a game.

We will discuss basic rules and how the casual fan can recognize basic football concepts to understand how a football game flows.

Instructor: Gary Lyons

Phone: 520.626.9039

Email: ollimail@arizona.edu

Website: olli.arizona.edu

Gary Lyons spent 33 years as a youth and high school football coach.

[Behind the Prize...Nobel, That Is](#)

Subject Area: History/Current Events, Science/Math/Technology

Wednesdays: 2 Sessions 9:00 AM - 10:45 AM **Start:** Wed 8/14/24 **End:** Wed 8/21/24

Location: Ocotillo Room **Class Size:** 65

Course Description

This class is all about Alfred Nobel and the quirky characters who won, hands down, the most coveted award on planet earth. We will start with Big Al, as I like to call him, and how the prize came to be. It reads like a soap opera. He wrote the Will in a Paris bar and had it witnessed by several of his fellow patrons. Who is eligible, what are the rules and who decides? He spelled it all out in the Will. The youngest was 17. The oldest was 97. Three were dead and 3 were in the slammer at the time. The awards ceremony is all pomp and circumstance and choreographed right down to the dress code. We will look at the back stories of some of the recipients as well as people who didn't get the prize and should have. There are also a lot of people who should never have been nominated in the first place. It's a colorful group. We will cover the key components to winning a Nobel Prize (spoiler alert: being a white male is a major advantage). We will finish with a round of Nobel Jeopardy. This is not to be missed. See how you do.

Instructor: Michele Romano

Dr. Michele Romano is a Family Physician in Fairfax, Virginia who retired in 2015. She attended VCU (Virginia Commonwealth University) School of Medicine and was elected into the AOA National Medical Honor Society in her junior year. She held a faculty appointment as an associate professor of clinical medicine at VCU and served on both the VCU Board of Trustees and the VCU Health System Board. She was regularly listed as a Top Doc in the Washingtonian Magazine. Dr. Romano was also a nurse for 12 years before going to medical school. She opened and supervised the first intensive care unit in Fairbanks, Alaska in 1970. She and her husband have a second home in Tucson where they spend the winter.

[CASA of Pima County - Court Appointed Special Advocate Program \(In-Person\)](#)

Subject Area: Civic Engagement/Community/Government, Social Sciences

Wednesdays: Single session 1:00 PM - 2:45 PM **Start:** Wed 8/14/24 **End:** Wed 8/14/24

Location: Saguaro Room **Class Size:** 50

Course Description

CASAs (Court Appointed Special Advocates) are volunteers who advocate for the best interests of youth in the foster care system. This class will cover child welfare in Arizona, including DCS, types of maltreatment, what happens in a case, and current statistics. What is a dependency? We will discuss the legal aspects and court involvement, plus navigating foster care, trauma, services and support, and education for youth. Join us to learn

OLLI-UA Monsoon 2024 – Central Tucson Campus

who we are and what we do. What are the benefits of having a CASA? Who is a CASA and what do CASAs do? Learn how you can become a CASA, and other ways to help.

Instructors: Stephanie Chavez, Rachel Barry, Kari Calvarese

Stephanie Chavez is a native Tucsonan and is the supervisor for Pima County, Court Appointed Special Advocate Program (CASA). Stephanie received her Master of Arts in Organizational Management from the University of Phoenix and Bachelor of Arts & Sciences in Communications from the University of Arizona. She serves on multiple agencies in fiduciary responsibilities, Board of Directors for Prevent Child Abuse Arizona, Board of Directors for Father's Day Council Tucson, and Junior Achievement of Arizona Emeritus Board.

Rachel Barry is the Court Appointed Special Advocate (CASA) Program Trainer at the Pima County Juvenile Court in Tucson AZ. Rachel is tasked with providing support to the CASA program by coordinating and training new and current CASA volunteers. Rachel has brought her experience in education and foster care licensing to the CASA program. She is motivated to deliver new and exciting training options to CASA volunteers who continue to provide ongoing support for children. Rachel and her family always make time for fishing and camping in the mountains or spending time at the beaches in Mexico.

Kari Calvarese was born and raised in Tucson, and graduated with a BA in Psychology with a minor in Family Studies from the U of A. She is the lead coordinator/recruiter for CASA of Pima County and has been with the program for over two years.

Online Classes

Tuesdays

[Climate Change: Steps We Can Take](#)

Subject Area: Civic Engagement/Community/Government, Social Sciences

Tuesdays: 2 Sessions 9:00 AM - 10:45 AM **Start:** Tue 7/16/24 **End:** Tue 7/23/24

Location: Online Zoom Offering 2 **Class Size:** 70

Course Description

Session 1: One Strategy for Tackling US Climate Change

Session 2: Personal Action and Climate Change

Climate change can be a depressing and overwhelming subject. Join Julie Rodwell for her presentation of a positive strategy for both mitigation and adaptation – constructing some all-green cities in the US. We know almost everything we need to do this, and must accommodate our still-growing population someplace, so why not somewhere all-green? That’s Session One. Session Two goes on to discuss what individuals can do to tackle this challenge, from household changes to personal activism.

Instructor: Julie F Rodwell

J.F. Rodwell was born in the U.K., raised on a farm, and educated at Oxford and Glasgow Universities. Emigrating to North America at 24, her career involved transportation. Her interests and experience include right-brain/left-brain dynamics, climate change, general aviation, transit, urbanism, freight transportation, cohousing, the raw vegan lifestyle, conscious elderhood, beaded jewelry design, living with hearing loss, and global economics. She’s the recent author of Green New Cities of Tomorrow. For decades she’s authored a college textbook Essentials of Aviation Management, and her third book, The Complete Book of Raw Food features 55 raw food chefs and their recipes.

[Gentle Energizing Movement, Relaxation, and Meditation](#)

Subject Area: DIY/Self-Help, Health/Wellness, History/Current Events, Philosophy/Spirituality/Religion

Tuesdays: 5 Sessions 9:00 AM - 10:45 AM **Start:** Tue 7/16/24 **End:** Tue 8/13/24

Location: Online Zoom Offering 1 **Class Size:** 300

Course Description

Let go of stress and come home to yourself. Over millennia, the sages of the Himalayan Yoga Tradition developed highly effective methods of movement, relaxation, and meditation. In this study group you will learn foundational practices from the Himalayan Yoga Tradition. Each session will have three phases: gentle movement and breathing, deep relaxation, and meditation. Members can expect to leave this class refreshed. Please note that the movements taught in this study group are not acrobatics. They are suitable for people with

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no yoga experience. If you've attended yoga classes and found them to be too strenuous or otherwise challenging, this study group is for you.

Instructor: Randall Krause

Randall Krause served many years as an attorney and conflict resolution facilitator. Later, he studied counseling and received an M.A. in interdisciplinary consciousness studies with an emphasis in holistic health counseling, was certified and served as a personal coach and mentor. He studied Effective Communication intensively and also studied The Gremlin Taming Method for more than 10 years. In addition, Randall is a senior mentor and teacher in the Himalayan yoga meditation tradition and is registered with Yoga Alliance (YA) as an Experienced Yoga Teacher and a Continuing Yoga Education Provider.

[Embracing the Four Agreements: Creating Greater Freedom in Life](#)

Subject Area: DIY/Self-Help, Health/Wellness, Philosophy/Spirituality/Religion

Tuesdays: 6 Sessions 11:00 AM - 12:45 PM **Start:** Tue 7/16/24 **End:** Tue 8/20/24

Location: Online Zoom Offering 1 **Class Size:** 30

Course Description

Don Miguel Ruiz's best seller *The Four Agreements: A Practical Guide To Personal Freedom* gives us a simple and profound instruction manual for living a happy and fulfilled life. These four perceptions include:

1. Be impeccable with your word
2. Don't take anything personally
3. Don't make any assumptions
4. Always do your best

Utilizing Ruiz's *The Four Agreements* as a springboard for discussion, this class will explore how to reclaim our personal power through the utilization of these contracts with ourselves. Although it would be beneficial to read the book, it is not necessary for the class. Please bring your authentic selves, beliefs, experiences, insights, and wisdom to share in this discussion. Please know that this discussion group is not intended to replace your own psychological therapeutic work.

Instructor: Mary Ellen Klawiter

Mary Ellen lived her first fifty years in Philadelphia, Pennsylvania where she worked as an educator, a Director of Religious Education, and a Hospice Chaplain. Since moving to Sahuarita, Mary Ellen received an M.S. in Mental Health Counseling and counseled at-risk teens, pre-teens, and people struggling with loss. Her undergraduate work was in History and Theology and her graduate theological studies were in Religious Education and Clinical Pastoral Education.

Polish Heroes

Subject Area: History/Current Events

Tuesdays: Single session 1:00 PM - 2:45 PM **Start:** Tue 7/16/24 **End:** Tue 7/16/24

Location: Online Zoom Offering 1 **Class Size:** 300

Course Description

Poland has a rich history that spans centuries. This class will examine the lives and accomplishments of significant Poles. Some of these individuals received little credit until recently.

Poland has always occupied a strategic location in central Europe. Today it is a member of NATO and borders Ukraine, Belarus, and Lithuania to the east. An overview of the history and people of this strategic US ally is timelier than ever. From the Battle of Vienna to the modern day, Poles have fought for an independent and democratic country.

Instructor: Katrina Shawver

Katrina Shawver is an author, lifelong history geek, and relentlessly curious about finding unknown stories. Her book, *Henry: A Polish Swimmer's True Story of Friendship from Auschwitz to America*, about a Polish survivor of Auschwitz and Buchenwald, garnered many awards and reviews and is now available in English, Polish, and Czech. The Polish American Congress of Arizona awarded Katrina their 2018 Polish Heritage Award “for her contribution to documentation of the suffering inflicted on Polish people during the Holocaust.” She lives in Phoenix, Arizona.

Wednesdays

CASA of Pima County - Court Appointed Special Advocate Program (Online)

Subject Area: Civic Engagement/Community/Government, Social Sciences

Wednesdays: Single session 11:00 AM - 12:45 PM **Start:** Wed 7/17/24 **End:** Wed 7/17/24

Location: Online Zoom Offering 1 **Class Size:** 50

Course Description

CASAs (Court Appointed Special Advocates) are volunteers who advocate for the best interests of youth in the foster care system. This class will cover child welfare in Arizona, including DCS, types of maltreatment, what happens in a case, and current statistics. What is a dependency? We will discuss the legal aspects and court involvement, plus navigating foster care, trauma, services and support, and education for youth. Join us to learn who we are and what we do. What are the benefits of having a CASA? Who is a CASA and what do CASAs do? Learn how you can become a CASA, and other ways to help.

Instructors: Stephanie Chavez, Rachel Barry, Kari Calvarese

OLLI-UA Monsoon 2024 – Online Classes

Stephanie Chavez is a native Tucsonan and is the supervisor for Pima County, Court Appointed Special Advocate Program (CASA). Stephanie received her Master of Arts in Organizational Management from the University of Phoenix and Bachelor of Arts & Sciences in Communications from the University of Arizona. She serves multiple agencies in fiduciary responsibilities, Board of Directors for Prevent Child Abuse Arizona, Board of Directors for Father's Day Council Tucson, and Junior Achievement of Arizona Emeritus Board.

Rachel Barry is the Court Appointed Special Advocate (CASA) Program Trainer at the Pima County Juvenile Court in Tucson AZ. Rachel is tasked with providing support to the CASA program by coordinating and training new and current CASA volunteers. Rachel has brought her experience in education and foster care licensing to the CASA program. She is motivated to deliver new and exciting training options to CASA volunteers who continue to provide ongoing support for children. Rachel and her family always make time for fishing and camping in the mountains or spending time at the beaches in Mexico.

Kari Calvarese was born and raised in Tucson, and graduated with a BA in Psychology with a minor in Family Studies from the U of A. She is the lead coordinator/recruiter for CASA of Pima County and has been with the program for over two years.

Thursdays

[Chen Village Tai Chi](#)

Subject Area: DIY/Self-Help, Health/Wellness, Philosophy/Spirituality/Religion

Thursdays: 4 Sessions 9:00 AM - 10:45 AM **Start:** Thu 7/18/24 **End:** Thu 8/15/24 - **No Class August 8**

Location: Online Zoom Offering 1 **Class Size:** 300

Course Description

No previous Tai Chi experience is necessary. All the movements are slow and gentle, and no martial arts applications will be taught or practiced in this study group. These methods may help lessen body pain, correct spinal misalignment, cultivate a sense of internal energy, and rest the mind.

Participants can wear comfortable roomy or stretchy clothing and some soft tai chi shoes or socks to wear on their feet.

Instructor: Randall Krause

Randall Krause served many years as an attorney and conflict resolution facilitator. Later, he studied counseling and received a M.A. in interdisciplinary consciousness studies with an emphasis in holistic health counseling, was certified and served as a personal coach and mentor. He studied Effective Communication intensively and also studied The Gremlin Taming Method for more than 10 years. In addition, Randall is a senior mentor and teacher in the Himalayan yoga meditation tradition and is registered with Yoga Alliance (YA) as an Experienced Yoga Teacher and a Continuing Yoga Education Provider.

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[Reading and Discussing The New Yorker](#)

Subject Area: Arts/Culture, Health/Wellness, History/Current Events, Social Sciences

Thursdays: 6 Sessions 11:00 AM - 12:45 PM **Start:** Thu 7/18/24 **End:** Thu 8/22/24

Location: Online Zoom Offering 1 **Class Size:** 45

Course Description

The New Yorker magazine is a rich resource for current, historic, cultural, and scientific information. To get the most out of this resource each week we discuss five current articles. The class chooses an article for next week's group discussion, then four different class members volunteer to provide an introduction into other articles. Each class starts with a group discussion. Then the volunteers' introductions are used to provide the base for the four additional weekly discussions. All members are encouraged to make presentations and participate in discussions.

Instructors: Ronald Peterson, John Nemo

Ron Peterson has been a UA OLLI-UA member since 2012 following a career as a broker and investment banker in Washington, DC. He served as a VP at Paine Webber and Prudential Securities and headed a financial futures unit for Merrill Lynch. He is the author of "Solomon's Wishes," a book on investment strategies and tactics and two other books, won two investment contests and lectured on markets for banks and individual investors. He holds two masters' degrees and four graduate certificates.

John Nemo is a member of our tech host and presentation team here in Reading and Discussing The New Yorker.

[Rediscovering Your Soul's Potential: Journeying From External to Internal Empowerment](#)

Subject Area: DIY/Self-Help, Philosophy/Spirituality/Religion

Thursdays: 5 Sessions 11:00 AM - 12:45 PM **Start:** Thu 7/18/24 **End:** Thu 8/22/24 - **No Class August 15**

Location: Online Zoom Offering 2 **Class Size:** 30

Course Description

Where love rules, there is no will to power and where power predominates, there love is lacking. Carl Jung How do you understand your purpose in the world? Is it governed by associations with particular groups, by proving to others that you are successful, or by something much deeper? Do you choose love over power? In her book, Real Power: Stages of Personal Power in Organizations, Janet Hagberg contends that real "power" consists in reclaiming a connection to the inner world of our souls and being of service to others. That stands in stark contrast to seeking external validation for our worth from others or our egoic accomplishments. Utilizing Hagberg's six stages of power as a springboard for our discussion, we will traverse this adapted Hero's Journey to potentially discover how we can transform our perspectives and live deeper and more soul based lives.

OLLI-UA Monsoon 2024 – Online Classes

While reading the book is not required for the discussion, it could be helpful in furthering participants' understandings of these concepts and see them illustrated. Please join us in this discussion. Bring your knowledge, beliefs, experiences, insights, and wisdom to share. Please know that this discussion group is not intended to replace your own psychological therapeutic work.

Instructor: Mary Ellen Klawiter

Mary Ellen lived her first fifty years in Philadelphia, Pennsylvania where she worked as an educator, a Director of Religious Education, and a Hospice Chaplain. Since moving to Sahuarita, Mary Ellen received an M.S. in Mental Health Counseling and counseled at-risk teens, pre-teens, and people struggling with loss. Her undergraduate work was in History and Theology and her graduate theological studies were in Religious Education and Clinical Pastoral Education.

[Online Film Discussion](#)

Subject Area: Arizona History/Culture

Thursdays: 6 Sessions 1:00 PM - 2:45 PM **Start:** Thu 7/18/24 **End:** Thu 8/22/24

Location: Online Zoom Offering 1 **Class Size:** 300 **Additional Costs:** There may be a charge to watch some of the films.

Course Description

Each week we'll watch a favorite movie available on Netflix or Prime. I'll choose and present the first film. In the five weeks that follow, class members will have an opportunity to choose and present a favorite film. The presenter must have seen their suggested film.

The class will vote on which film to watch for the following week. If no one volunteers, I will choose the film to discuss and may or may not introduce the film. Class members are welcome to attend the discussion whether they have seen the film. This is a chance to share and revisit old favorites or new. There may be a charge to watch some of the films.

Instructor: Trudy Hill

Trudy Hill has an MS degree in Art Education from UW Madison and has taught art and reading to elementary, junior high, and adult students. She was a co-SGL for Science Fiction and Poetry Classes and SGL for Calligraphy Class. She is an SGL for Film and Poetry Discussion classes. Her background includes working for Visa International as an architect of computer chips on payment cards and Visa systems that support them. Since she was a young girl, she has loved reading everything, watching films and making art (still does)!

[Two Novels by Barbara Kingsolver: The Bean Trees and Pigs in Heaven](#)

Subject Area: Arizona History/Culture, Literature/Writing/Language

Thursdays: 6 Sessions 1:00 PM - 2:45 PM **Start:** Thu 7/18/24 **End:** Thu 8/22/24

Location: Online Zoom Offering 2 **Class Size:** 30

Course Description

We will read, discuss, and use film where appropriate. The Bean Trees is set in Tucson where Barbara Kingsolver lived for twenty years. Pigs in Heaven travels the road from rural Kentucky to the Cherokee nation. These are two of my favorite Kingsolver novels---a delicious summer read.

Instructor: Jeri Aldridge

After teaching English, Speech, Debate and History for 32 years in Evergreen, Colorado, Jeri retired and moved to Tucson. She collects folk art (Mata Ortiz Pottery, Wood carvings and Fabric Art) has a B.A. in Speech Communications from the University of Denver and an M.A. in Education from Colorado University. Jeri has traveled widely to Europe, China, Guatemala, England and Scotland and has an interest in politics and micro finance.

[Dream Group Class](#)

Subject Area: Social Sciences

Thursdays: 6 Sessions 3:00 PM - 4:45 PM **Start:** Thu 7/18/24 **End:** Thu 8/22/24

Location: Online Zoom Offering 1 **Class Size:** 30

Course Description

Learn how to access the valuable information in your dreams! Attendees share texts of their nighttime dreams and are invited to contribute their associations and insights on others' dreams. Various techniques of interpretation will be demonstrated, such as "If it were my dream." The group format opens multiple perspectives and layers of meaning. "Aha's" of recognition follow as we unpack the dream. In this process we learn to listen to our intuition, increase compassion for others, discover deeper aspects of ourselves and receive guidance.

Instructor: Helen Landerman

Dr. Landerman has been curious about the meaning of her dreams and writing them down for decades. She has continuously participated in dream groups and facilitates dream groups. Because dreams speak a language of visual symbols, her Harvard Ph.D. in Romance Languages and Literatures has enabled her fascination for metaphors and archetypes. She has 15 years of experience teaching at the college level. She is certified by Jeremy Taylor's Marin Institute for Projective Dream Work and is a long-time member of the International Association for the Study of Dreams and of the Southern Arizona Friends of Jung.

Fridays

[News and Views with Sherry and Doug](#)

Subject Area: History/Current Events

Fridays: 6 Sessions 11:00 AM - 12:45 PM **Start:** Fri 7/19/24 **End:** Fri 8/23/24

Location: Online Zoom Offering 1 **Class Size:** 70

Course Description

Every week we pick and vote on topics to discuss. We like to discuss news from many different angles. So all civil opinions/views are welcome. News and Views Guidelines:

- 1 - We begin the class by soliciting topics from the students for possible discussion. Sometimes topics can be combined.
- 2 - A list of all of the topics is created in order of suggestion.
- 3 - A vote is taken for each suggested topic. Students can vote for as many topics as they wish to discuss.
- 4 - The voting results will be immediately shown.
- 5 - Topics are discussed by vote total (most to least) and in the event of a tie, either in order of suggestion or by SGL or group decision.
- 6 - The person who suggested a topic will be given 1-2 minutes to present their topic, either in advance of the vote if the topic is not clear, or when the topic is up for discussion.
- 7 - Important: We ask that everyone please keep your comments succinct - less than three minutes. Don't ramble and please refrain from repeating yourself or others. We want everyone to be able to speak.
- 8 - Everyone will get a chance to speak before someone is called on again for a given topic.

Instructors: Sherry Goncharsky, Doug Syme

Sherry Goncharsky worked at IBM as a programmer and systems engineer after studying computer science at the University of Illinois. As a retirement job, she spent time “teaching computers to behave for their owners.” Soon after joining OLLI, the pandemic hit, and she became an active part of the tech hosting community and is also part of the AV Committee. Her hobbies include reading and crocheting.

Doug Syme was born and raised in Dublin. He graduated 1972 in Mechanical Engineering from Trinity College, Dublin University. He was recruited in 1983 to establish manufacturing of a Weighing and Batching System in New Jersey after the system was bought from the company for which he was working in Ireland. He is a Naturalized Citizen of the United States. Doug lived and worked in NJ for 8 years and lived in PA for 25 years. He worked in small firm providing Equipment and Services to Commercial Swimming Pools. Doug retired in 2016 and moved to Green Valley. He has served on the board of Esperanza Estates HOA. He is a World Rugby Licensed Educator and teaches Rugby Refereeing. He volunteers with Sahuarita Food Bank. He also enjoys Choral Singing and participates in a number of Choirs in the area. He is an active student and Tech Host with OLLI.

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Online Classes: Shared Osher Offerings

Monday

[A Real Shangri La](#)

Subject Area: History/Current Events

Mondays: Single session 8:15 AM - 9:45 AM **Start:** Mon 7/8/24 **End:** Mon 7/8/24

Location: Online Zoom Offering **Class Size:** 300 **Shared from OLLI at Rochester Institute of Technology**

Course Description

This class begins at 8:15 AM local Arizona/Pacific time.

In 1945, a US Army transport plane crashed in an isolated New Guinea valley inhabited by a prehistoric society. This is the story of the rescue of the survivors of the crash and the culture clash that occurred as the native inhabitants subsequently abruptly collided with the 20th century.

Instructor: Dick Scott

Dick Scott has presented many courses at Osher. He became aware of this story while researching US WW II actions in New Guinea.

Wednesday

[AI Tools You May Find Useful](#)

Subject Area: Science/Math/Technology

Wednesdays: 7 Sessions 10:30 AM – 12:00 PM **Start:** Wed 7/10/24 **End:** Wed 8/21/24

Location: Online Zoom Offering **Class Size:** 300 **Shared from OLLI at Rochester Institute of Technology**

Course Description

This class begins at 10:30 AM local Arizona/Pacific time.

AI (Artificial Intelligence) is a rapidly emerging field of technology. It is evolving at great speed in many directions. In this course we will explore a few tools which have emerged which may have some practical application for your own life.

Instructor: Bill Brown

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Bill Brown has been an Osher member and course leader for many years. He has led courses on Sherlock Holmes, Frank Loesser, and various technology-related topics. He is a member and former leader of the local Sherlockian Scion Society – Rochester Row.

[Algeria: France's Gaza](#)

Subject Area: History/Current Events, Social Sciences

Wednesdays: 6 Sessions 10:30 AM – 12:00 PM **Start:** Wed 7/10/24 **End:** Wed 8/14/24

Location: Online Zoom Offering **Class Size:** 300 **Shared from OLLI at Rochester Institute of Technology**

Course Description

This class begins at 10:30 AM local Arizona/Pacific time.

We will consider the bloody revolution in Algeria in 1954 to 1962 against the French colonial power. The rebellion brought death or displacement to 9 million natives, exiled 1 million colonists, brought Camus to despair, delivered a bomb to Sartre's apartment, returned de Gaulle to power, and destroyed the 4th Republic.

Instructor: Tom Low

Tom Low reveres France and history and has led classes on subjects as diverse as Antarctic exploration, the Spanish Civil War, sieges, and the trenches of World War I.

[Future of Health, Medicine, and Biotechnology: Part 4](#)

Subject Area: Health/Wellness, Science/Math/Technology

Wednesdays: 7 Sessions 10:30 AM – 12:00 PM **Start:** Wed 7/10/24 **End:** Wed 8/21/24

Location: Online Zoom Offering **Class Size:** 300 **Shared from OLLI at Rochester Institute of Technology**

Course Description

This class begins at 10:30 AM local Arizona/Pacific time.

We will continue to explore the new developments in the field of Medicine and Biotechnology and how they will impact the future of our health and wellbeing. Topics covered will include cancer, diabetes, obesity, Alzheimer's Disease, and much more.

Instructor: Alex Marcus

Alex Marcus is a retired physician with training and experience in internal medicine, neurology, and psychiatry. He has been leading courses at Osher on a variety of topics for over 20 years.

Field Trips

Mondays

[Field Trip to El Super](#)

Subject Area: Arts/Culture

Mondays: Single session 11:00 AM - 12:45 PM **Start:** Mon 7/29/24 **End:** Mon 7/29/24

Location: El Super **Class Size:** 20

Course Description

El Super is in South Tucson and is one of the largest Mexican markets here in Tucson. You will be amazed at the enormous variety of vegetables, fruits, baked goods, meat, fish, and other goods. You can buy any type of ingredient you need for Mexican cooking. The store is very clean, and the staff is friendly. Signup is very limited and if you sign up and do not attend without canceling prior to the field trip you will not be able to sign up for future trips with me.

Instructor: Rob Getlan

Rob Getlan has taught cooking for many years and enjoys teaching people new things about food.

Thursdays

[Birding Field Trip: Mount Lemmon from Tucson up to Summerhaven](#)

Subject Area: Science/Math/Technology

Thursdays: Single session 7:00 AM - 12:00 PM **Start:** Thu 7/18/24 **End:** Thu 7/18/24

Location: Mount Lemmon (Meet at McDonald's) **Class Size:** 20

Course Description

Be an early bird and beat the heat for a few hours of birding up on Mt. Lemmon! We'll meet up at 7:00 am sharp outside the McDonald's at the bottom of the Catalina Highway, 9075 E Tanque Verde Rd. in Tucson. We'll consolidate into fewer cars to drive up to Summerhaven, the resort town atop Mt. Lemmon. As we observe how the habitat changes with increasing altitude, we'll stop at a couple of birding "hotspots" along the way to spot and identify some birds you won't see down in Tucson: Mexican Jay, Rivoli's Hummingbird, Acorn Woodpecker, Yellow-eyed Junco, and many more. We'll be back at McDonald's by 12:00 noon. Minimal walking on flat ground and paved paths; the air gets a bit thinner at 8200 feet, but we'll take it slow. Wear comfortable shoes, sun protection, and bring water and a snack. Prior birding experience is fine but not required; definitely bring binoculars if you have or can borrow them.

Instructor: Laura Couchman

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OLLI-UA Monsoon 2024 – Field Trips

Laura Couchman is a dedicated amateur birder, spotting and identifying birds for 19 years. Laura and her husband Bill go birding locally and wherever they travel, and have lived in Tucson since 2014. Laura has been an SGL for previous OLLI classes about birds and birding, including habitat, woodpeckers, birds of prey, hummingbirds, and birders' tech tools.

She is also a volunteer field trip leader for the Tucson Audubon Society.

Special Interest Groups (SIGs)

What are Special Interest Groups?

Special Interest Groups (SIGs) are ongoing groups that meet and socialize regularly around a topic. It's easy to join, and you can do so at any time. You register just like you do for a class. There is a menu for special interest groups on the [Browse Classes](#) menu of the website, or you can register on the links below. Want to start a special interest group at OLLI? It can be online or in-person. Let us know your ideas: email us at ollimail@arizona.edu

In-Person SIGs

[Creative Fun](#)

One Saturday per Month: 10:00 AM - 2:00 PM

Location: Central Tucson Campus and Online
OLLI-UA Special Interest Group for all members

SIG Description

This Special Interest Group is designed to help our students learn/do/complete interesting creative projects while enjoying a social atmosphere. We are offering this class as a hybrid – online and in person. All OLLI-UA members, friends and family are welcome to join and experience the fun and creativity that OLLI can offer.

Our group will offer a variety of creative opportunities, including scrapbooking & card making, painting, needlework, beading, and much more in a casual, social setting. Bring your suggestions, unfinished projects to finish, learn new activities, and/or provide your knowledge to the group.

We have scheduled to meet at least one Saturday per month from 10am-2pm. We can order lunch to be delivered or bring your own.

We anticipate eventually doing a larger scale project, such as a quilt for donation to charity. The possibilities are endless! Future dates for group sessions vary and are determined by the group.

Community Service Special Interest Group

Location: Varies

OLLI-UA In-Person Special Interest Group for all members

SIG Description

This is an ongoing, self-managed offering; join at any time.

Group Lead: Connie Lowy

Volunteer in the Community

OLLI Programs have a long tradition of giving back to the communities they serve. Join this group if you are interested in being part of a team dedicated to various community service initiatives. It is a great way to meet fellow members and give back to the community we live in. If you're interested in volunteering, join this SIG today! New volunteer opportunities will be added as they become available. Past projects have included helping at the Tucson Community Food Bank and the Tucson Festival of Books.

Online SIGs

Fun with Games

Every Sunday: 3:00 PM - 4:00 PM

Location: Online Zoom Offering

OLLI-UA Online Special Interest Group

SIG Description

What a great way to start your week! If you enjoy playing different games that will exercise your brain, as well as allow you to laugh and have fun with friends, please join your local members and members from other states each Sunday at 3 PM (Arizona time). I have a large collection of trivia and board games that I have adapted to use in the online zoom setting. All you need to bring each Sunday is a desire to have fun. If you are interested in joining in the fun, sign up today!

Spend an hour in the virtual lounge playing popular board games that have been adapted to online.

Two games will be played each session: one with teams competing and one with individual scoring.

Just show up: we provide the online games! This is a friendly competition with lots of fun & laughter to be shared!

Hosts: Frankie Harris & Susan Williams

Virtual Lounge Happy Hour

Every Friday: 5:00 PM - 7:00 PM

Location: Online Zoom Offering

OLLI-UA Online Special Interest Group

SIG Description

Fridays at 5 pm - Virtual Lounge Happy Hour

Join your OLLI friends online for lively conversation!

Hosts: Sherry Goncharsky & Damond Osterhus