

## Running Six Weeks: July 20 to August 28

Note: Priority Request Registration (PRR) is now open and runs through July 9<sup>th</sup>. An annual 2020-2021 or fall 2020 OLLI-UA membership is required to participate.

Phone: 520.626.9039 Email: ollimail@email.arizona.edu Website: www.olli.arizona.edu

## Mondays

## Duane's Depressed by Larry McMurtry

Subject Area: Literature/Writing/Language

Mondays: 6 Sessions 10:00 AM - 11:30 AM Start: Mon 7/20/20 End: Mon 8/24/20

Location: Online Zoom Offering Class Size: 40

#### **Course Description**

This six-week discussion course will focus on the language, particularly the metaphors, employed by one of my favorite authors: Larry McMurtry. Guided by excerpted passages from the book, each week we will discuss examples of McMurtry's extraordinary ability to make you laugh while provoking your intellect. If you liked Lonesome Dove, you will love Duane's Depressed. You will need to buy a new or used copy of the book. There will be a modest amount of homework to do.

Instructor(s): Jamie McMillin

Jamie has a BA degree in Political Science and Sociology, an MS in Financial Services, and an AS in Microcomputer Technology Management. He likes sports and politics, and follows a spiritual path guided by A Course In Miracles.

## News and Views, Williams

Subject Area: History/Current Events

Mondays: 6 Sessions 10:00 AM - 11:30 AM Start: Mon 7/20/20 End: Mon 8/24/20 Location: Online Zoom Offering Class Size: 30

**Course Description** 

News and Views class has an invigorating class participation format. The members of the class propose current issues for class discussion. This class is both informative and fun.

Instructor(s): Joane Williams

Joane is a retired manager and serves as an OLLI-UA Northwest Tucson Council Member.

## Aura, by Carlos Fuentes, en Español

Subject Area: Literature/Writing/Language

Mondays: 6 Sessions 12:00 PM - 1:30 PM Start: Mon 7/20/20 End: Mon 8/24/20 Note Every Tuesday and Thursday Schedule

Location: Online Zoom Offering Class Size: 24

#### **Course Description**

This class will be conducted primarily in Spanish. The students will read and listen to the novella Aura at home.

In class we will read aloud in Spanish. Students will prepare discussion questions for the class based on the text. This is a very short novel, but it is not an easy novel to read because it moves between beauty and horror, between what actually exists and what also exists in the mirror of the mind.

In his prolific career Carlos Fuentes (Mexican, 1928 - 2012) wrote essays, short stories, non-fiction, and above all novels. He was the son of a Mexican diplomat and beyond Spanish he was fluent in English and French.

Aura, bilingual Ed (translator, Lysander Kemp, publisher, Farrar, Straus and Giroux) with a black cat on the cover costs \$9.94 and Aura Spanish language audio costs \$7.50.

#### Instructor(s): Susan Sotelo

Susan has a PhD in Spanish language literature with an emphasis on 19th and 20th century Latin American literature. Susan has enjoyed teaching basic Spanish at OLLI-UA and she always learns from her students. Susan has read Aura many times and she always finds something new - it is a little jewel.

## The Civil War in American History - Origins

Subject Area: History/Current Events

Mondays: 6 Sessions 12:00 PM - 1:30 PM Start: Mon 7/20/20 End: Mon 8/24/20

Location: Online Zoom Offering Class Size: 100

#### **Course Description**

This six-week course will explore the political, social, and economic factors in the story of America that led to the American Civil war in 1860, and the important changes that the war brought to society and government in the United States during and since that war. We will use lectures by leading historians interpreting the important events and social trends to help us understand how these events led over many years to the conflict.

This offering is an opportunity for OLLI-UA members who participated in the Summer session course on the military events during the war, the reconstruction period, and the lasting legacy of memories and attitudes that we continue to deal with; but who did not participate in the shortened Spring session course that began with the origins of the war.

Instructor(s): Paul Waugaman, Mallory Riegger

Paul Waugaman has been an OLLI member since 2013. He retired from a career in research management in the Federal Government, academia, and consulting. History has been an interest throughout his life. He has concentrated on the Civil War and the evolution of American government and politics. He has taught U.S. History part-time at the college level; and as a consultant, senior manager, and study leader, has developed and presented educational experiences in professional development for adults.

Mallory Riegger has a BS in Accounting from University of Arizona and is a CPA. Mallory has handled various jobs over the years, including webmaster, treasurer, secretary, newsletter editor, among many other positions. Since joining OLLI-UA, Mallory has worked with Beverly Jordon in the Documentaries to Make You Think, been the librarian for the DVD library, served as Curriculum Committee member and CT Council member, and was elected to the OLLI-UA Board in 2019.

## The Social & Emotional Mind: Relating and Feeling

#### Subject Area: Social Sciences

Mondays: 3 Sessions 10:00 AM - 11:30 AM Start: Mon 8/10/20 End: Mon 8/24/20 Location: Online Zoom Offering Class Size: 70

#### **Course Description**

Social relationships and emotions are critical to our happiness and well-being. This three-lecture study group will discuss psychological research that shows how people make judgments about other people and how invisible processes in our brains are involved in making these judgments. We will also consider the role of emotions in social relationships and other aspects of our lives, and how the brain operates behind-the-scenes to create our own emotions and to help us understand the emotions of others. We will, when possible, make connections between research on social isolation, emotions, and loneliness and the situation in which we are currently living.

#### Instructor(s): Bruce Goldstein

Bruce has taught "Your Amazing Mind," "Cognition and Aging," and "Writing for Self Discovery" for OLLI-UA, the University of Pittsburgh, and Carnegie-Mellon University. His book "The Mind: Consciousness, Prediction, and the Brain," to be published Fall 2020 by MIT Press, is based on Your Amazing Mind.

## <u>Understanding the World of Wine</u>

Subject Area: Arts/Culture

Mondays: 2 Sessions 12:00 PM - 1:30 PM

Start: Mon 8/10/20 End: Mon 8/24/20 (Note Second Class was moved to 8/24/20) Location: Online Zoom Offering Class Size: 40

#### **Course Description**

A condensed 2-session course in learning everything you need to know about the world of wine and how to appreciate the many ways wine can be both fascinating and fun, rather than intimidating. An added benefit of your increased knowledge will be the ability to be able to identify not only great wines but great value wines, i.e. wines don't have to be expensive to be delicious.

#### Instructor(s): Norm Land

Norm received his two degrees from Colorado University in 1969, followed by 10 years in various careers before opening the Good Earth Restaurant & Bakery here in 1979. After a 20-year run, he switched to management consulting, but was then recruited by Shaanxi University, Xi'an, China in 2010 to teach marketing and management for the next 7 years. Over the past 40 years, he has indulged in his passion for travel, including 50+ trips around the world, 44 of them via his 2nd passion, cycling, and combined with his 3rd passion, wine, touring hundreds of wineries in US, Canada/Australia/NZ, Italy/France, and China.

## Tuesdays

## **Beginning Spanish**

Subject Area: Literature/Writing/Language

Tuesdays and Thursdays: 12 Sessions 10:00 AM - 11:30 AM Start: Tue 7/21/20 End: Thu 8/27/20 Location: Online Zoom Offering Class Size: 45

#### **Course Description**

Students must have the text "Spanish the Easy Way" 4TH EDITION.

This class starts with the alphabet. This class focuses on speaking. We'll try to create real life situations where you communicate in Spanish. We do grammar based on the lessons in the text. We have a lot of laughs.

We meet twice a week (Tuesday and Thursday) for one hour and we can have a half-hour for questions.

Instructor(s): Susan Sotelo, Josephine Kelleher

Susan loves to teach Spanish. She's taught at the U of A, Pima College, Catalina Foothills, and at Sun City Vistoso. Susan has published a work of literary criticism, "Chicano Detective Fiction."

Dr. Josephine Kelleher is a retired educator who has been studying Spanish for the past year at OLLI. In addition to teaching at the university level, Dr. Kelleher has been a science and mathematics teacher at the middle school level, a high school assistant principal and principal, and superintendent of schools in three school districts. Dr. Kelleher earned a bachelor's degree in science and mathematics education and a master of arts in teaching in biological sciences from Rhode Island College, and a doctorate in educational leadership from the University of Connecticut.

## Color - In Art and Life

#### Subject Area: Arts/Culture

Tuesdays: 4 Sessions 10:00 AM - 11:30 AM Start: Tue 7/21/20 End: Tue 8/11/20

Location: Online Zoom Offering Class Size: 50

#### Course Description

Have you ever wondered where the color wheel came from? What colors signify in other cultures? What do various colors mean in your life? How colors affect our perceptions? How artists use color to speak to us? Lots of areas to explore! If these questions make you curious, come join me on this adventure as we explore and discuss color in our lives.

Instructor(s): Isabel Aaronson

Isabel Aaronson is a former art teacher, museum buff and longtime member of OLLI-UA Tucson. She has led several previous art-related study groups.

## Positive Relationship Building

Subject Area: DIY/Self-Help

Tuesdays: 6 Sessions 10:00 AM - 11:30 AM Start: Tue 7/21/20 End: Tue 8/25/20

Location: Online Zoom Offering Class Size: 50

#### **Course Description**

This study group will survey and discuss personal qualities that result in building successful relationships. We will discuss positive relationship strategies, techniques and ideas. The class will also be given and examine information based on some of the "experts" in the field. Anecdotal successful and unsuccessful stories will be encouraged. The group will be shown a PowerPoint presentation which will stimulate discussion, provide important information, and also a large dose of effective comic relief. Participants will leave this study group equipped with an awareness of what is required to achieve more successful personal relationships.

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#### Instructor(s): Arnie Bianco

Arnie is a retired educator who was a teacher, school principal and adjunct instructor at Chapman University, NAU, Brown Mackie College, and Brookline College. Arnie is an active OLLI-UA member and he has been a teacher here for a number of years. Arnie has done relationship workshops in more than 10 states and he is a published author who has always loved to teach.

## Documentaries to Make You Think

Subject Area: Social Sciences

Tuesdays: 6 Sessions 12:00 PM - 1:30 PM Start: Tue 7/21/20 End: Tue 8/25/20 Location: Online Zoom Offering Class Size: 100

#### **Course Description**

The documentaries shown in this class are diverse, thought-provoking, educational and informational. If you have a documentary or topic that you would like to see, please contact Mallory at mallory@rieggers.com. Please participate in the documentaries that you find stimulating. I attempt to get Documentaries with English subtitles. Class may go until 2:30pm as some videos are more than 2 hours and we would like to have a discussion.

Instructor(s): Mallory Riegger, Maureen Metcalf, Marianne Vanzyll

Mallory Riegger has a BS in Accounting from University of Arizona and is a CPA. Mallory has handled various jobs over the years, including webmaster, treasurer, secretary, newsletter editor, among many other positions. Since joining OLLI-UA, Mallory has been an SGL for Documentaries to Make You Think, the librarian for the DVD library, served as Curriculum Committee member and CT Council member, and was elected to the OLLI-UA Board in 2019.

Maureen Metcalfe is a retired RN who worked primarily in areas of behavioral health/substance abuse. She grew up in western Pennsylvania, land of coal furnaces, steel mills and great ethnic diversity. Prior to moving to Tucson in 1979, she completed training as a Physician Assistant (a job that had no future in southern AZ at the time). She knows a little bit about a lot of things and is happy to share!

Marianne Vanzyll was born and raised in Holland. She speaks five languages, lived in Switzerland for one year, and in southern Spain for eight years before coming to the US. She has been a volunteer with the AZ Cancer center for over 27 years. Marianne loves travel, photography, opera, theater, gardening, volunteering plus much much more. She knows a little bit about a lot of things and is happy to share!

## News and Views, Flasch/Somers

Subject Area: History/Current Events Tuesdays: 6 Sessions 12:00 PM - 1:30 PM Start: Tue 7/21/20 End: Tue 8/25/20 Location: Online Zoom Offering Class Size: 35

#### **Course Description**

News and views is a lively discussion of current events. Each week participants choose, through a voting process, those topics that they would like to discuss. Topics are taken in voting rank order. Local, state, national and international issues are covered.

Instructor(s): Frank Flasch, Mike Somers

Frank Flasch and Mike Somers have engineering backgrounds. Frank has been almost everywhere and Mike has done almost everything. We love OLLI-UA and together look forward to rotating the moderating duties for this Monsoon Session of News and Views.

## Revitalize your Wellness Routine!

Subject Area: Health/Wellness

Tuesdays: 6 Sessions 12:00 PM - 1:30 PM Start: Tue 7/21/20 End: Tue 8/25/20

Location: Online Zoom Offering Class Size: 20

#### **Course Description**

An integrative approach to wellness acknowledges the roles of mind, body, and spirit. It also recognizes the interdependence of 7 core areas of health including sleep, movement, nutrition, relationships, resiliency, spirituality, and environment.

To revitalize your wellness routine, in this study group we will: Revisit the mission, aspirations, and purpose of your life to reveal why your health is essential. Perform a self-assessment of the 7 cores areas of health and select an area of focus. Create a powerful plan of action that sets you up for success. Engage with classmates to support one another, celebrate successes, and troubleshoot challenges.

#### Instructor(s): Leslie Bosch

Leslie Bosch, PhD, received her training as an Integrative Wellness Coach from the Andrew Weil Center for Integrative Medicine at the University of Arizona. An integrative approach to wellness acknowledges the interdependent roles of the mind, body, and spirit as well as the innate healing capacity within each individual. In addition, Leslie has extensive training in a number of change modalities including Motivational Interviewing and the Immunity to Change process.

## Wednesdays

## Decision Making In Life - A Calculus

Subject Area: Social Sciences

Wednesdays: 4 Sessions 10:00 AM - 11:30 AM Start: Wed 7/22/20 End: Wed 8/12/20

Location: Online Zoom Offering Class Size: 70

#### **Course Description**

Dive a little deeper into everyday decisions shaping your life and attitude. Big and Small, ad hoc and calculated, heated and cold, good and bad.

Decisions can be irrevocable, therefore it seems prudent to understand how to make the best possible decision; decision in personal finance, traffic habits, health, business, relationships, cognitive care, civil discourse, etc.

Review various media to dissect the decisions available to the participant(s) and the path chosen. The material is comprised of historical and contemporary sources, largely derived from the instructor's personal experiences and observations, with many vignettes from open source materials.

Explore aspects of Decision-Making geometry, Edge Management, and other emerging concepts. Build your personal library of models and a framework to choose the best one.

#### Instructor(s): Mike Stewart

A Transfer Instructor from OLLI at GMU in NOVA, Mike Stewart has led interactive classes on decision making models and practical real life examples. Mike is a 28-year Veteran of the US Army and an experienced Intelligence Officer, Leader, Manager, and Industry Veteran (SAIC, LEIDOS, MJS Consulting, LLC; Advanced Onion, Inc.), with 50+ years of observing Human Behavior.

### The Films of Ingmar Bergman

Subject Area: Arts/Culture

Wednesdays: 6 Sessions 10:00 AM - 11:30 AM Start: Wed 7/22/20 End: Wed 8/26/20

Location: Online Zoom Offering Class Size: 70

#### **Course Description**

Ingmar Bergman was for many years the acknowledged leader of the modern film era. We shall discuss his major works and try to view them as we can at home - they are all on Netflix. I once wrote a small book called "Ingmar Bergman and the Search for Meaning" which is still available on Amazon cheap, so we can discuss this as well.

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Instructor(s): Jerry Gill

Long time college professor, Ph.D. Duke University, teaching a wide spectrum of Humanities courses, mostly in philosophy and religious studies, most recently at Pima Community College. Widely travelled and have led numerous semester abroad programs in Greece, Finland, and Mexico. 30 books and over 100 scholarly articles published. Semi-retired.

## Film Discussion Group

Subject Area: Arts/Culture

Wednesdays: 6 Sessions 12:00 PM - 1:30 PM Start: Wed 7/22/20 End: Wed 8/26/20 Location: Online Zoom Offering Class Size: 50

#### Course Description

Every Wednesday we will meet to discuss two movies that have been assigned to, or voted upon by, class members. One class member will lead the discussion for each movie.

This class has been ongoing for several years, and generates lively and controversial discussions as members dissect and compare films, frequently calling upon their own personal and professional experiences.

Instructor(s): Rob Getlan

Rob has always been an avid film enthusiast. This class has been a great way to see and discuss new releases.

## Six Weeks to Better Health

Subject Area: Health/Wellness

Wednesdays: 6 Sessions 12:00 PM - 1:30 PM Start: Wed 7/22/20 End: Wed 8/26/20

Location: Online Zoom Offering Class Size: 70

#### **Course Description**

This course will cover simple changes you can make to begin living a healthier life. Classes will cover some of the popular diets - Mediterranean, Vegetarian, Vegan, Pescatarian, Blue Zones, Longevity, and Intermittent Fasting, all within the umbrella of the Plant Paradox low-lectin lifestyle. There will be videos, PowerPoint presentations, discussion.

Instructor(s): Jae Strohn

Joanna (Jae) Strohn was an advertising manager for a major pharmaceutical and nutritional products company. As time went on she became an obese Diet Failure. She switched to foods she loves that love her back by following the Plant Paradox low-lectin lifestyle. In the process she's lost over 30 pounds, regained health, and

shared the lifestyle in previous OLLI classes. She is an OLLI-UA Campus Host volunteer and Central Tucson Treasurer.

## The New Solar System Part 1 & 2

#### Subject Area: Science/Math/Technology

Wednesdays and Thursdays: 2 Sessions 10:00 AM - 11:30 AM Start: Wed 7/29/20 End: Thu 7/30/20 - Note Back to Back Wednesday and Thursday Schedule

Location: Online Zoom Offering Class Size: 70

#### **Course Description**

This course is two sessions in one week - Part 1 on Wednesday and Part 2 on Thursday. We will discuss the Solar System and the recent findings by a variety of space missions. I have been a team member of the Voyager mission to the outer planets, and the Mariner 10 and MESSENGER missions to Mercury.

#### Instructor(s): Robert Strom

Professor Emeritus, Lunar and Planetary Laboratory, University of Arizona. I have served on several NASA missions including the Apollo, Mariner 10, Voyager, and MESSENGER missions. My specialty is planetary geology, impact cratering, exoplanets and climate change. I have been given several awards including Career Distinguished Teaching Award, and G. K. Gilbert Award from the Geological Society of America. I have given several classes at OLLI on climate change and possible existence of extraterrestrial life.

## A Playlist for Democracy

Subject Area: History/Current Events

Wednesdays: Single Session 10:00 AM - 11:30 AM Start: Wed 8/5/20 End: Wed 8/5/20 Location: Online Zoom Offering Class Size: 70

#### **Course Description**

Our democracy is currently under tremendous threat. This class will present a selection of protest songs from the past century, including music and lyrics. This playlist is meant to inspire us to do everything we can to save our democracy. The music will be interspersed with quotes about democracy and as much discussion as time permits.

#### Instructor(s): Sylvia Simpson

Sylvia Simpson MD is a retired psychiatrist and Jungian psychoanalyst who spent many years at Johns Hopkins University and the University of Colorado. She has been a member of OLLI since moving to Tucson nine years ago and enjoys reading, cooking, walking, movies and music.

## <u>Human Origins</u>

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Subject Area: Social Sciences

Wednesdays: 3 Sessions 12:00 PM - 1:30 PM Start: Wed 8/5/20 End: Wed 8/19/20 Location: Online Zoom Offering Class Size: 70

#### **Course Description**

More than four in ten Americans believe that God created man in his present form less than ten thousand years ago. The stories in the Book of Genesis are fun, but the facts of human evolution are more interesting.

If you have not paid much attention to recent findings in paleoarchaeology, an update might be worthwhile. In the last few decades scientists have figured out more and more about human origins.

This is a survey of what is now known about human ancestry, how people (pre-people?) lived before homo sapiens came along, and ways of life in the old stone age.

#### Instructor(s): Jesse Frey

Jesse Frey graduated from Cal Berkeley in 1957, joined the army, then became a Special Agent in counterintelligence. He attended Defense Language Institute twice, for German and Greek, earned a master's degree in International Relations, and served in Germany and Vietnam. He resigned his Regular Army commission in 1972 and founded a small business. He stayed active in the Army Reserve and returned to active duty in 1980. After retirement from the army he was self-employed as a financial consultant. He has been a member of OLLI-UA from the day it was founded.

### **Ballot Blues**

Subject Area: History/Current Events

Wednesdays: Single Session 10:00 AM - 11:30 AM Start: Wed 8/12/20 End: Wed 8/12/20

Location: Online Zoom Offering Class Size: 70

#### **Course Description**

We have really long ballots in Arizona. But that's a good thing! We have lots of citizen democracy. Just voting for the top of the ticket isn't doing your full job as a citizen. This class will focus on all the other stuff that's important too - county supervisors, county attorney, recorder, assessor, treasurer, JPs, constables. And all the propositions that make it to the ballot.

Instructor(s): Gail Kamaras, Greer Warren

Gail is a retired environmental attorney who has lead OLLI classes on environmental law and both the US and Arizona Constitutions.

Guest SGL Greer Warren has been teaching Civics 101 and classes on how to use the AZ Legislature's Request To Speak system all over southern Arizona.

## <u>A Local Approach to Combating Poverty</u>

Subject Area: Social Sciences

Wednesdays: Single Session 10:00 AM - 11:30 AM Start: Wed 8/19/20 End: Wed 8/19/20 Location: Online Zoom Offering Class Size: 40

#### **Course Description**

Five years ago Pima County Government established the Ending Poverty Now program. This program approaches poverty as an economic development issue, and works to empower individuals in poverty with a mindset that will help them change their life. Bonnie Bazata operated a similar program in South Bend, Indiana and currently manages the local initiative. She uses material from "Bridges out of Poverty" for which she is a certified instructor. Her presentation will give new insights on the dynamics of poverty and why it becomes such a difficult cycle to break.

#### Instructor(s): Charles Casey

Charles has held a variety of positions, including Director of Pima County's Community Services Employment and Training. In working with federally funded programs that required local boards, he found many local subject matter experts available to address local issues.

## Thursdays

## Fear, Anger and Sadness: Birthplaces of Compassion

Subject Area: DIY/Self-Help

Thursdays: 5 Sessions 10:00 AM - 11:30 AMStart: Thu 7/23/20 End: Thu 8/20/20Location: Online Zoom Offering Class Size: 25

#### **Course Description**

Fear, anger and sadness can wound our hearts. As a result, people often choose to ignore, deny, or suppress these emotions. In actuality, these wounded soft spots within us are the same places that hold and create compassion and tenderness.

This class will explore the emotions of fear, anger, and sadness as ways to create compassion and tenderness. We will discuss ways to understand and open ourselves to these three emotions and how these seemingly negative emotions can heal and transform us. Please bring your experiences, wisdom, and insights to share in this discussion.

Instructor(s): Mary Ellen Klawiter

Mary Ellen lived her first fifty years in Philadelphia, Pennsylvania where she worked as an educator, a Director of Religious Education, and a Hospice Chaplain. Since moving to Sahuarita, Mary Ellen received an M.S. in Phone: 520.626.9039 Email: ollimail@email.arizona.edu Website: www.olli.arizona.edu

Mental Health Counseling and counseled at-risk teens, pre-teens, and people struggling with loss. Her undergraduate work was in History and Theology and her graduate theological studies were in Religious Education and Clinical Pastoral Education.

### Avoiding Bad Meetings

Subject Area: Social Sciences

Thursdays: Single Session 12:00 PM - 1:30 PM Start: Thu 7/23/20 End: Thu 7/23/20

Location: Online Zoom Offering Class Size: 70

#### **Course Description**

Everyone has been stuck in enough bad meetings at one time or another to the extent that most of us try to avoid them. Effective democratic practice in a meeting requires some rules. Otherwise, we have chaos.

Beginning with the "Manual of Parliamentary Practice" by Thomas Jefferson, first published in 1801 and used by Congress, American parliamentary procedure has evolved and is currently most completely captured in "Robert's Rules of Order, Newly Revised" and the "American Institute of Parliamentarians Standard Code."

We will explore the fundamental principles underlying parliamentary procedure and begin to understand how they are applied in a meeting as presiding officers and members. Participants are encouraged to bring their own experiences through which we can jointly learn how meetings might actually be useful.

#### Instructor(s): Joe Theobald

Joe began his discipleship in parliamentary procedure with the National Association of Parliamentarians (NAP) in the Summer of 2006. He was certified as a Registered Parliamentarian in March 2007 and achieved Professional Registered status in July 2009. Certification with the American Institute of Parliamentarians (AIP) occurred in 2013 and he earned his Teaching Credential in 2015. Currently, Joe is the Education Director of AIP. He has also served in several leadership roles for the Arizona State Association of Parliamentarians and the Old Pueblo Unit of NAP here in Tucson. Joe is currently supporting national and local boards of directors.

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## Reading the Economist

Subject Area: History/Current Events

Thursdays: 6 Sessions 12:00 PM - 1:30 PM Start: Thu 7/23/20 End: Thu 8/27/20 Location: Online Zoom Offering Class Size: 40

#### **Course Description**

The Economist is an international weekly magazine that focuses on current affairs, international business, politics and technology. Founded in 1843, it is now based in London.

Reading the Economist is a study group that welcomes members with a wide range of interests willing to share their expertise and opinions in group discussion. Each week topics will be selected for member research and presentation. Likely topics include how the pandemic will affect globalization, the food supply chain, immigration, urbanization, employment, democracy, the economy, China/American relations, etc.

A twelve-week student subscription to the Economist is available for only \$12. It is recommended, but not required as some videos from the Economist will be available for viewing before class or in class.

Instructor(s): David Shawver, Julia Sherman

David Shawver studied, lived, and worked in Asia, Africa, and Mexico for four decades. Since joining OLLI-UA, he has offered study groups on The Reach of Islam, Understanding India, Understanding China, Exploring Mexico, Exploring Africa, and Exploring Southeast Asia. He is a long-time reader of the Economist and enjoys its style of in-depth reporting on the regions of the world.

Julia Sherman, PhD is a retired psychologist, author, researcher, and a fellow of the American Psychological Association. Interested in understanding our world, she has been an active teacher/learner at OLLI-UA.

### Reading the New Yorker

Subject Area: Literature/Writing/Language

Thursdays: 6 Sessions 12:00 PM - 1:30 PM Start: Thu 7/23/20 End: Thu 8/27/20

Location: Online Zoom Offering Class Size: 30

#### **Course Description**

The New Yorker carries extraordinary information on a vast array of topics on a weekly basis. Join us for a lively and highly insightful discussion class where you need to be heard. You can subscribe as a student to twelve weeks for six dollars and get a swell new tote bag as a gift.

Instructor(s): Ron Peterson, Marcia Nedland, Lesley Bailey

Ron Peterson has been an OLLI-UA member since 2012 following a career as a broker and investment banker in Washington, DC. He served as a VP at Paine Webber and Prudential Securities and headed a financial futures

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unit for Merrill Lynch. He is the author of "Solomon's Wishes," a book on investment strategies and tactics, won two investment contests and lectured on markets for banks and individual investors. He holds two masters' degrees and four graduate certificates.

Marcia Nedland is an urban planner and principal of Fall Creek Consultants, a national advisor to nonprofits, neighborhood associations, government, funders and other policymakers on neighborhood revitalization and housing market re-building. Her summer home is in Ithaca, New York, and she was born and raised in the rural Midwest. Interests include politics, sociology, birding, watercolor painting, and food.

Lesley Bailey has a BA and MA in English Studies, a diverse work background that includes innovative higher education, and a wide variety of interests with emphasis on the humanities and social sciences.

## The Nordic Countries Social Safety: How does it really work?

Subject Area: History/Current Events

Thursdays: Single Session 12:00 PM - 1:30 PM Start: Thu 7/30/20 End: Thu 7/30/20

Location: Online Zoom Offering Class Size: 70

**Course Description** 

Democracy in the Nordic countries (Sweden, Norway, Finland, Denmark, Netherlands) seems to be able to deliver a comprehensive social safety net for all of its citizens. How do they do it?

We will look closely at one representative country, Sweden. What are the details of their social benefits, particularly universal health care and free education through University. How does it work? How effective is it in delivering results? Most importantly, how is it funded?

Detailed understanding of a comprehensive social benefits system that seems to work is critical to evaluating the plans of today's Democratic Party candidates as "pie in the sky" or doable.

Instructor(s): Ray Baxter

Ray Baxter is retired and has been living in Tucson since 2009. He was CEO of a \$300 million food company for 22 years. He has also served for two years as Chairman and interim CEO of a rational process capability development and consulting company prior to his full retirement. He has a BA in political science and an MA in Japanese Area Studies from the University of Michigan and an MBA from the Harvard Business School. Currently, Ray is a volunteer with SCORE, providing pro bono mentoring and education for Tucson residents wanting to start a small business or improve their existing business. Ray's teaching experiences include conducting numerous workshops on rational process capability, organization change management and leadership.

## Understanding Sous Vide Cooking

Subject Area: Crafts/Cooking

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Thursdays: Single Session 12:00 PM - 1:30 PM Start: Thu 8/6/20 End: Thu 8/6/20

Location: Online Zoom Offering Class Size: 60

#### **Course Description**

Sous vide cooking has long been the preferred method of cooking for professions. It guarantees a perfect temperature during food preparation. In addition, sous vide dramatically tenderizes meat while having the potential to impart immense flavor. In the last few years the price of the equipment has come down substantially and any home cook can now benefit from it. We will discuss the science behind it, the benefits of it and the equipment required to up your cooking skills.

#### Instructor(s): Rob Getlan

Rob was a former pastry chef early in his career and still enjoys baking and cooking. He has been Sous Vide cooking for several years.

## Wildlife Rescue, Rehab, Release and Coexistence

Subject Area: Science/Math/Technology

Thursdays: Single Session 12:00 PM - 1:30 PM Start: Thu 8/13/20 End: Thu 8/13/20

Location: Online Zoom Offering Class Size: 70

#### **Course Description**

Do you love wildlife and want to reduce human and wildlife conflicts? Don't miss this program by Tucson Wildlife Center, the only full-service wildlife rescue hospital in Southern Arizona that aids ill, injured, and orphaned wildlife. You will be guided through the steps rescuers take when encountering such wildlife, including rescue, emergency medical care, rehabilitation, and release. You will also learn what to do when you find an injured animal and what you can do to help wildlife in your community to reduce human and wildlife conflicts.

#### Instructor(s): Angeline Fahey

Angeline Fahey has been Tucson Wildlife Center's Education Program Coordinator for the past two years, educating the public on the importance of wildlife rehabilitation and coexistence. She also works in the animal care department, feeding and caring for baby birds and mammals. Before finding her passion rehabbing and teaching about native wildlife, she worked with seriously ill children and their families for several years, providing encouragement and hope through art therapy at the hospital bedside. She is also a two-time bone cancer survivor, jewelry artist, and local musician.

## Fridays

## How the New Testament Was Made

Phone: 520.626.9039

Email: ollimail@email.arizona.edu

Website: www.olli.arizona.edu

Subject Area: Arts/Culture

Fridays: 6 Sessions 10:00 AM - 11:30 AM Start: Fri 7/24/20 End: Fri 8/28/20 Location: Online Zoom Offering Class Size: 70

#### **Course Description**

Although the New Testament is often sworn to be the "word of God'" almost no one - not even those who swear the loudest - know much of anything about the processes involved in putting it together. We shall explore these processes (in a non-technical manner) and actually see how the New Testament came to be. It's an interesting - and actually exciting - detective thriller!

#### Instructor(s): Jerry Gill

Long time college professor, Ph.D. Duke University, teaching a wide spectrum of Humanities courses, mostly in philosophy and religious studies, most recently at Pima Community College. Widely travelled and have led numerous semester abroad programs in Greece, Finland, and Mexico. 30 books and over 100 scholarly articles published. Semi-retired.

### YouTube Playlist 101

Subject Area: Arts/Culture

Fridays: Single Session 10:00 AM - 11:30 AM Start: Fri 7/24/20 End: Fri 7/24/20

Location: Online Zoom Offering Class Size: 45

#### **Course Description**

Learn to make a custom YouTube playlist with videos in the best sequence for playback online and offline. For computer and iPad only. No phones.

Create an account online on YouTube ahead of class (it's free), if you don't already have an account. Also write down a rough list of what you want in your first playlist.

Instructor(s): John "Nemo" Nemerovski

John Nemo uses YouTube playlists on his iPad and MacBook Pro every day.

Email: ollimail@email.arizona.edu

## Dream Group

Subject Area: Health/Wellness

Fridays: 6 Sessions 12:00 PM - 1:30 PM Start: Fri 7/24/20 End: Fri 8/28/20 Location: Online Zoom Offering Class Size: 30

#### **Course Description**

Attendees share their dreams and are invited to contribute ideas and insights on others' dreams. Techniques such as "If it were my dream" are demonstrated. Messages of health and wholeness are brought to light and multiple layers and perspectives revealed. "Ahas!" of recognition follow from the process of discovery as we cultivate our powers of intuition and compassion.

#### Instructor(s): Helen Landerman

Dr. Helen Landerman has been curious about her dreams all her life and has written them down for decades. She has participated in dream groups for 30 years and has led dream groups for 4 years. Because dreams speak a visual language of metaphor, her Harvard Ph.D. in Romance Languages and Literature provides expertise in working with symbols and archetypes. She has 15 years of experience teaching at the college level. She is certified by Jeremy Taylor's Marin Institute for Projective Dream Work and a longtime member of the International Association for the Study of Dreams.

## English History: Anglo Saxon Period 410-900AD

Subject Area: History/Current Events

Fridays: 6 Sessions 12:00 PM - 1:30 PM Start: Fri 7/24/20 End: Fri 8/28/20

Location: Online Zoom Offering Class Size: 40

#### **Course Description**

This course examines the development of England from 410 AD when the Romans left the island to 900 AD when the various tribes of Anglo Saxons became united under Alfred the Great. We will examine the sources and look at conflicting information to try to understand the fascinating dynamics of this period. We will experiment with try to find effect methods of using the technology of Zoom to make a fascinating and exciting class in this new format.

Instructor(s): Louise Renault

Louise has an EDD from Indiana University. She has taught 27 years in a community college and has also taught undergraduate and graduate students at the university level. Louise has also led several seminars at OLLI-UA.

## Music Here, There and Everywhere

Subject Area: Arts/Culture

**Fridays: Single Session** 10:00 AM - 11:30 AM **Start:** Fri 7/31/20 **End:** Fri 7/31/20 **Location:** Online Zoom Offering **Class Size:** 100

#### **Course Description**

Travel the world in song. Enjoy the best collaborations on our favorites performed live by remarkable street musicians around the world. No passport required.

Instructor(s): John "Nemo" Nemerovski

John Nemo is a lifelong musician and educator. He plays guitar and provides an enjoyable playlist for his music appreciation courses. Bonus! All songs are on YouTube for watching and listening in the future.