Curiosity Never Retires

Northwest Tucson
Spring 2019 Catalog
Mondays

Dining Out: Villa Peru

Subject Area: Arts/Culture

Mondays: Single Session 1:00 PM - 2:30 PM  Start: Mon 4/15/19
Location: Villa Peru

Course Description
Sign up for one of our Spring dining out experiences at Villa Peru, 1745 E River Rd #165, Tucson, AZ 85718.

Instructor: Joane Williams
Retired manager and OLLI-UA Northwest Tucson Council Member.

Dining Out: Scordato's

Subject Area: Arts/Culture

Mondays: Single Session 1:00 PM - 2:30 PM  Start: Mon 4/29/19
Location: Scordato's

Course Description
Sign up for one of our Spring dining out experiences at Scordato's 4911 N Stone Ave, 85704.

Instructor: Joane Williams
Retired manager and OLLI-UA Northwest Tucson Council Member.

Tuesdays

Abe Lincoln in Illinois

Subject Area: History/Current Events

Tuesdays: 6 Sessions 11:15 AM - 12:45 PM  Start: Tue 2/5/19 End: Tue 3/12/19
Location: Pima Community College - Northwest Campus, G215
Additional fee: $12.95 per each student

Course Description
"Abe Lincoln in Illinois" is a discussion-based critical examination of Lincoln's character, beliefs, and career before he became President. Topics include: Lincoln the Family Man, Lincoln the Whig politician, Lincoln the Lawyer, Lincoln and Race, Lincoln the Republican leader, and Lincoln the American. Readings exclusively from

Instructor: Marshall Spatz

Dr. Marshall Spatz has been an OLLI member for three years. He received his doctorate in American History from the University of Chicago. Before an extensive career in educational finance and administration, he taught at several universities, including the University of Kentucky and the University of Missouri, Columbia.

**Excel by Example**

**Subject Area:** Health/Self Help

**Tuesdays:** 2 Sessions 1:15 PM - 2:45 PM  **Start:** Tue 2/5/19  **End:** Tue 2/12/19

**Location:** Pima Community College - Northwest Campus, G215

**Course Description**

After a brief introduction, several examples will be shared with the participants. It is interactive; bring your computer. Some examples include: making a personalized calendar, the payoff time of an LED bulb, when to take Social Security, fixed payments on loans to your kids and plots of high and low temperatures for any city, and even how to set up and calculate IRS forms.

Instructor: Bill Wolfe

William L. (Bill) Wolfe is Professor Emeritus at the College of Optical Sciences of the University of Arizona. He has used various spreadsheets for more than 25 years for all sorts of applications. He is prepared to patiently demonstrate some of them.

**News and Views**

**Subject Area:** History/Current Events

**Tuesdays:** 8 Sessions 3:00 PM - 4:30 PM  **Start:** Tue 2/5/19  **End:** Tue 4/9/19 - **Class does not meet on 2/19, 3/19**

**Location:** Pima Community College - Northwest Campus, G215

**Course Description**

A lively discussion of current events and issues in the news. Topics range from local and national concerns to global events. Each week, class members propose a number of topics and then vote on the order in which they will be discussed. Participants share their personal viewpoints on each topic, which leads to a robust exchange of information and ideas. Class size is limited to maintain a good environment for effective interchange of ideas.

Instructor: Sandy Hamann

For over 30 years, provided professional services in environmental issues analysis and regulatory compliance. Also taught at the secondary and post-secondary level, including adult education. Involved in teaching lecture/lab classes and developing instructional materials for distance delivery of courses at the University of Alaska. Has been an OLLI-UA member for 6+ years and has led study groups at the Central Tucson campus.
El Camino del Diablo

**Subject Area:** Travel/Entertainment, History/Current Events

**Tuesdays: Single Session** 1:15 PM - 2:45 PM   **Start:** Tue 2/19/19

**Location:** Pima Community College - Northwest Campus, G215

**Course Description**
On the National Register of Historic Places, The Devil's Highway is a brutal, 200-mile long route from northern Sonora to Yuma, then on to California. Used for centuries by Native Americans, conquistadores, Father Kino, miners, undocumented aliens and modern-day adventurers, El Camino crosses three federal areas in the extreme desert of southern Arizona. A reputed 400 to 2,000 lives have been lost along this road, most from heat, exposure and a lack of water. Farabee has driven this four-wheel drive road seven times, for this part history, travelogue and informational overview of the fascinating but humbling place.

Instructor: "Butch" Farabee, Jr

Retired from National Park Service after 35 years as a ranger/superintendent in 11 national park areas, including Grand Canyon, Yosemite, Sequoia, Kings Canyon, Glacier, Death Valley, Lake Mead and Glen Canyon. Tucson High School graduate and a BS in Zoology from the U of AZ and a MS from Cal State-Fresno in Public Administration. Three years on the Tucson Police Department and a graduate of the FBI Academy. Have five books published on Park Ranger-related subjects. Am an Eagle Scout and have explored and researched Southern Arizona for much of my life.

A Death Checklist - Your Final Gift

**Subject Area:** Health/Self Help

**Tuesdays: Single Session** 3:00 PM - 4:30 PM   **Start:** Tue 2/19/19

**Location:** Pima Community College - Northwest Campus, G215

**Course Description**
We are all going to die. By being prepared you can give your family a final gift that will make things at least a bit easier. Funeral Consumers Alliance of Arizona Executive Director Ruth Bennett has helped hundreds of folks think through the process of planning and communicating those plans with families or others making decisions about what happens post-death. You'll come away with a useful Death Checklist to help you and to help them. Ruth uses audience questions to help participants get answers and information that is useful to them.

Instructor: Ruth Bennett

Ruth Bennett has been accused of putting the FUN back in Funerals! Her informative and entertaining talks about death/dying, cremation, burial and whole-body donation have helped hundreds, maybe thousands of Arizonans make plans, talk to their families and know what options and costs are when they die. She is the Executive Director of the Funeral Consumers Alliance of Arizona and currently serves as the President of the national Funeral Consumers Alliance Board of Trustees. She has been involved with these issues since 2005 and...
brings a depth of knowledge and a sense of humor to make a tough topic, Death, a little easier to learn and talk about.

**National Park Service 101**

**Subject Area:** Travel/Entertainment, History/Current Events

**Tuesdays:** Single Session 1:15 PM - 2:45 PM  **Start:** Tue 2/26/19

**Location:** Pima Community College - Northwest Campus, G215

**Course Description**

Most of you love our national parks, but do you know much about how both the National Park Service and National Park System (there is a difference) work? How each is organized and what makes them different? There are over 22 different kinds of national park areas. How the agency is organized geographically and how these areas come to be? How they are staffed, managed, and to what levels and with what amounts of funding? With 35 years of National Park Service experience and management, Butch will expose you to the inner workings of our national parks and the agency that manages them.

**Instructor:** "Butch" Farabee, Jr

Retired from National Park Service after 35 years as a ranger/superintendent in 11 national park areas, including Grand Canyon, Yosemite, Sequoia, Kings Canyon, Glacier, Death Valley, Lake Mead and Glen Canyon. Tucson High School graduate and a BS in Zoology from the U of AZ and a MS from Cal State-Fresno in Public Administration. Three years on the Tucson Police Department and a graduate of the FBI Academy. Have five books published on Park Ranger-related subjects. Am an Eagle Scout and have explored and researched Southern Arizona for much of my life.

**Overview and History of National Park Service Diving--around the world.**

**Subject Area:** Travel/Entertainment, History/Current Events

**Tuesdays:** Single Session 1:15 PM - 2:45 PM  **Start:** Tue 3/5/19

**Location:** Pima Community College - Northwest Campus, G215

**Course Description**

There are 85 million acres included within our national parks, 11 million of those acres are underwater. There are 80 national park units that include ocean and large lakes and at least 70 of these areas have some history of diving, including, of all places, Hubbell Trading Post on the Navajo Reservation. Beginning in at least 1934, parks have used divers to learn about the resources they protect and, in 2017, the agency had 218 certified divers, making 7100 dives. They perform body recoveries, biological research and underwater archaeology. Butch Farabee, with over six decades of dive experience, 900 dives, and once overseeing the Service's national dive program, will discuss this largely unknown function of the Service. Butch has written a book on this subject. And, there will be lots of pretty photos.
Instructor: "Butch" Farabee, Jr

Retired from National Park Service after 35 years as a ranger/superintendent in 11 national park areas, including Grand Canyon, Yosemite, Sequoia, Kings Canyon, Glacier, Death Valley, Lake Mead and Glen Canyon. Tucson High School graduate and a BS in Zoology from the U of AZ and a MS from Cal State-Fresno in Public Administration. Three years on the Tucson Police Department and a graduate of the FBI Academy. Have five books published on Park Ranger-related subjects. Am an Eagle Scout and have explored and researched Southern Arizona for much of my life.

**History and Overview of Search and Rescue in Yosemite National Park**

**Subject Area:** Travel/Entertainment, History/Current Events

**Tuesdays: Single Session** 1:15 PM - 2:45 PM  **Start:** Tue 3/12/19  
**Location:** Pima Community College - Northwest Campus, G215

**Course Description**

In 2017, just over 5 million visitors came to Yosemite, the great majority of them returned home, safe and sound. But not all of them! In the last fifty years, there have been some 8500 search and rescue missions in the park. YOSAR—Yosemite Search and Rescue—is one of the elite rural and mountain rescue teams in the world. Using many outstanding and rare photos, Butch Farabee, a ranger in Yosemite for almost ten years, will graphically (well, not too graphically) show you many of these incidents. Butch has written three books on this subject.

Instructor: "Butch" Farabee, Jr

Retired from National Park Service after 35 years as a ranger/superintendent in 11 national park areas, including Grand Canyon, Yosemite, Sequoia, Kings Canyon, Glacier, Death Valley, Lake Mead and Glen Canyon. Tucson High School graduate and a BS in Zoology from the U of AZ and a MS from Cal State-Fresno in Public Administration. Three years on the Tucson Police Department and a graduate of the FBI Academy. Have five books published on Park Ranger-related subjects. Am an Eagle Scout and have explored and researched Southern Arizona for much of my life.

**Understanding "A Course In Miracles"**

**Subject Area:** Health/Self Help, Philosophy/Religion

**Tuesdays: Single Session** 11:15 AM - 12:45 PM  **Start:** Tue 3/26/19  
**Location:** Pima Community College - Northwest Campus, G215

**Course Description**

A Course in Miracles is something of a phenomenon that has affected the lives of many thousands of people. This three-volume set of books was received through a process of inner dictation by a psychologist at Columbia University, beginning in 1965. After ten years of preparation, the Course was first published in 1976 by the Foundation for Inner Peace. Since then, more than three million of these books have been sold, without the
benefit of any paid advertising, to men and women in every walk of life and every major faith. (http://www.miraclecenter.org)

Instructor: Jamie McMillin

After my first wife died in 1987, I set about a search for meaning that I wasn't able to find in organized religion. (Baptized, confirmed Episcopalian). In 1988, at a forum held at the First Unitarian Church in Memphis, I was Introduced to A Course In Miracles (ACIM). I have been a student ever since. Currently, I attend a weekly study group meeting at the Center for Spiritual Living on East River Road.

**Emerging views of reality- mysteries of space and time**

**Subject Area:** Science/Math

**Tuesdays:** 3 Sessions 1:15 PM - 2:45 PM  **Start:** Tue 3/26/19  **End:** Tue 4/9/19

**Location:** Pima Community College - Northwest Campus, G215

**Course Description**
We will discuss how our view of reality changed as science progressed. Galileo-Kepler-Newton gave us a mechanistic picture of the universe. This was "shaken up" in the early 20th century with the work of Einstein and the development of quantum mechanics. Toward the end of that century we began to seriously seek life beyond the Earth adding a biological dimension to our view of the cosmos. There is plenty of material here for interesting class discussions. No knowledge of science is needed.

Instructor: Carl Devito

I am an emeritus professor at the university of Arizona. Lately I have been active in the conceptual aspects of astro-biology, and I participated in a conference on these matters last April.

**Energy and Environmental Policy Discussion**

**Subject Area:** History/Current Events

**Tuesdays:** Single Session 11:15 AM - 12:45 PM  **Start:** Tue 4/2/19

**Location:** Pima Community College - Northwest Campus, G215

**Course Description**
A focused presentation and discussion on current energy and environmental policy topics such as: Climate Change, Renewables vs. Fossil and Nuclear Power; and various Transportation issues such as the Renewable Fuel Standard, Fuel Efficiency Standard, and Electric Cars.

Instructor: Mike Durham

Dr. Michael Durham is serial entrepreneur, Founder of six on-going technology companies, and a recognized leader in Energy and Environmental Policy. Dr. Durham has been involved in the measurement and control of emissions from the coal-fired power industry for over 40 years. He has presented and published over 200 technical papers and has been awarded 25 patents. Biography: Dr. Michael D. Durham Ph.D., MBA, B.S. Aerospace
Home Energizer Workshop

Subject Area: Health/Self Help

Tuesdays: Single Session 11:15 AM - 12:45 PM    Start: Tue 4/9/19
Location: Pima Community College - Northwest Campus, G215

Course Description
Want to learn how to save energy (and money) at home? Want to receive a kit filled with energy efficiency devices for FREE? Attend a TEP Home Energizer Workshop! Learn free and low-cost energy efficiency measures you can implement at home to save energy and money. All workshop participants will receive a free Energy Efficiency Kit worth more than $40 that includes LED light bulbs, a low-flow shower head, weather stripping and much more. The workshop is offered for free, courtesy of TEP.

Instructor: Adam Kingery

Adam Kingery was a classroom teacher in Arizona for 13 years before joining the Environmental Education Exchange as an outreach presenter in 2016. For many of those years, Adam’s students benefitted from the programs offered by the Exchange. Adam holds a Master's Degree in Educational Leadership and has an undergraduate degree in Political Science from the University of Arizona, as well as a teaching certificate from Prescott College. He manages the logistics and teams of energy presenters for the Bright Students middle school program and the Home Energizer Workshop for both Tucson Electric Power and Unisource Energy Services, as well as the Salt River Project's Powering Our Future Renewable Energy program. Adam also assists with curriculum revisions and new program development.

Death in Yosemite National Park: Why Research This Subject?

Subject Area: Travel/Entertainment, History/Current Events

Tuesdays: Single Session 11:15 AM - 12:45 PM    Start: Tue 4/16/19
Location: Pima Community College - Northwest Campus, G215

Course Description
Since 1855, nearly 1900 people have died in Yosemite and Butch Farabee has chronicled them, including writing a book about these. The park averages between 15 to 20 deaths per year, with 38 meeting their end in 1978. From going over waterfalls, murder, planes wrecks, climbing, hiking, horse and buggy crashes, rocks and trees falling, suicides, drownings, and even a six-year-old being gored by a deer. Yosemite and Yellowstone have rangers who serve as Deputy Coroners and Butch was one of them for over seven years. He will explain why it is important to document these tragedies and what we can learn from them.

Instructor: "Butch" Farabee, Jr

Retired from National Park Service after 35 years as a ranger/superintendent in 11 national park areas, including Grand Canyon, Yosemite, Sequoia, Kings Canyon, Glacier, Death Valley, Lake Mead and Glen Canyon. Tucson
High School graduate and a BS in Zoology from the U of AZ and a MS from Cal State-Fresno in Public Administration. Three years on the Tucson Police Department and a graduate of the FBI Academy. Have five books published on Park Ranger-related subjects. Am an Eagle Scout and have explored and researched Southern Arizona for much of my life.

The Revolutionary War: The Pioneering Days of American Intelligence Collection and Counterintelligence

**Subject Area:** History/Current Events

**Tuesdays:** 2 Sessions 1:15 PM - 3:15 PM  **Start:** Tue 4/16/19  **End:** Tue 4/23/19  **Location:** Pima Community College - Northwest Campus, G215

**Course Description**

The roles and contributions of our founding fathers in intelligence operations have been the study of many historians but, sadly, few intelligence professionals. It is crucial in understanding the evolution of American intelligence to take a step back into history to study the challenges and obstacles our forefathers in intelligence met and most often overcame during our struggle for independence. There were no centralized intelligence, counterintelligence, or signals intelligence agencies, or other members of today’s US intelligence community. Our founding fathers met threats as they surfaced, showing adaptability, creativity, and the ability to think outside the proverbial box in the intelligence war with the British. There were no schools to train intelligence professionals. Instead, intelligence officers were identified from among trusted relationship with friends and colleagues, and from within the Colonial leadership. True on-the-job training, with sparse mentoring or coaching, occurred. This course highlights interesting cases, demonstrating motivations, risk taking, sacrifices (some gave the ultimate: their lives), contributions, and accomplishments of American pioneers in the intelligence field.

**Instructor:** Constance Huff

I taught for OLLI at the University of SC, Beaufort, SC, from 2012 to 2017, before moving to Marana, AZ, and hope to be able to teach with your program. Constance Y. Huff, CW4, US Army (retired), had a distinguished 24.5 year career in the United States Army with accelerated promotions through proven expertise as a Counterintelligence Special Agent and a senior instructor in CI. Ms. Huff was recognized throughout the strategic counterintelligence community as one of the Army's premiere espionage investigators. In this capacity, she planned, conducted and supervised sensitive and complex counterespionage investigations. Ms. Huff was the lead counterespionage investigator and team chief in one of the US Army-Europe's highest priority espionage investigations which became the Army's most successful Desert Shield/Storm espionage neutralization. This stopped the hemorrhage of defense information to two Arab intelligence services, forestalling potential terrorist activity, and resulted in a 34 year sentence for a convicted solider. She also executed many other high priority counterespionage investigations in USAEUR. In 1992 as a result of this successful arrest and prosecution of a spy, Ms. Huff was named as the Department of Defense "Investigator of the Year."Ms. Huff wrote the definitive "how to" guide for the DoD Foreign Counterintelligence community on false flag or sting operations. She also authored the US Army’s first comprehensive Counterespionage Standard Operating Procedures for the conduct of counterespionage investigations in the Army’s European Theater, as well as various other counterespionage publications.Her excellent teaching skills have motivated a generation
of US Army Foreign Counterintelligence investigators and operators, and this continued with those she taught at CI Centre courses. Ms. Huff served as a Senior Instructor at the US Army Advanced Counterintelligence Training Center for US Army Intelligence and Security Command (INSCOM) and Department of Defense military and civilian special agents. In this capacity, she taught interviewing and interrogation, the conduct of counterespionage investigations, surveillance, tradecraft and offensive espionage operations. Ms. Huff served as an instructor and Vice President (2002-2011) for Training and Education, David G. Major Assoc. (Centre for CI and Security Studies) from August 1999 to December 2011. Most recently she was an instructor for the CT-CI Training Partners. As an instructor, she researched, developed, designed, and created myriad CI and CT training modules and courses for the US Government, DOD, and private corporations. Ms. Huff has taught courses for the International Spy Museum, Washington, DC, and the Road Scholar organization. Ms. Huff earned a Master of Education from Boston University. In March 1995, she graduated from the FBI National Academy (Session 180) with coursework in Criminal Justice Education. Ms. Huff has received numerous awards for leadership, technical expertise, and initiatives in training, investigations, interviewing and interrogations, including two Legion of Merit Awards and six Meritorious Service Medals.

**Dope Lake: the story of a plane with three tons of marijuana, crashing into a remote lake in Yosemite National Park**

**Subject Area:** Travel/Entertainment, History/Current Events

**Tuesdays:** Single Session 11:15 AM - 12:45 PM  **Start:** Tue 4/23/19  
**Location:** Pima Community College - Northwest Campus, G215

**Course Description**

A plane full of drugs disappeared into a lake in an isolated part of the park in December, 1976. Not discovered for six weeks, three tons of marijuana and two pilots were under the ice for over six months. Over the years, this plane wreck and the subsequent recovery of the dope, has taken on near-legendary repute in Sierra Nevada lore. Certainly tragic, much of the tale is also humorous. Several books and at least one movie are based on this incident. Butch Farabee was there, at the very beginning, diving on the plane wreck under the ice, as well as then recovering the two pilots, six months later.

**Instructor:** "Butch" Farabee, Jr

Retired from National Park Service after 35 years as a ranger/superintendent in 11 national park areas, including Grand Canyon, Yosemite, Sequoia, Kings Canyon, Glacier, Death Valley, Lake Mead and Glen Canyon. Tucson High School graduate and a BS in Zoology from the U of AZ and a MS from Cal State-Fresno in Public Administration. Three years on the Tucson Police Department and a graduate of the FBI Academy. Have five books published on Park Ranger-related subjects. Am an Eagle Scout and have explored and researched Southern Arizona for much of my life.
Our Life Stories are Vivid Memories Meant to be Shared

Subject Area: Literature/Writing/Language

Tuesdays: Single Session 11:15 AM - 12:45 PM    Start: Tue 4/23/19
Location: Pima Community College - Northwest Campus, G215

Course Description
In January, 2018, Jeff Resnick created “Stories for Boomers & Seniors,” a Free Worldwide Storytelling Platform. Naysayers insisted, “It’s Easier Said Than Done.” Ever the optimist, Jeff countered, “It’s Easier Done Than Said.” And he was right! To get this project off the ground, his colleagues in the USA, England, Ireland and Italy were eager for him to publish their stories on the Internet. 80 original stories were posted within the first four months! Why? Because Storytelling is the essence of communicating with people everywhere. These stories reach thousands of readers on the Internet every day. They’re also being ‘re-published’ online and in printed newspapers by other established publishers. The strength of this Platform of Stories is, of course, its stories! Jeff knows that everyone, including you, has at least one great story to tell. But the thought of writing it fills you with uncertainty, maybe even panic! And that’s what this class is all about. A renowned Storyteller helping others to craft their own stories, whether for private family enjoyment, or for publication on “Stories for Boomers & Seniors” to reach a worldwide audience. In an open and laughing-allowed classroom environment, students will soon realize through group discussion and Jeff’s coaching that Storytelling is, indeed, “Easier Done Than Said!”.

Instructor: Jeff Resnick

Jeff Resnick has enjoyed a Lifelong Love Affair with the Creative & Performing Arts, Business, and Education. (Yes, wife Cass already knows!) As an educator, Jeff's background includes Professor of Music at the State University of New York; Recipient of the New York State Chancellor's Award for Excellence in Teaching; and, Visiting Professor of Advertising and Integrated Marketing Communications at West Virginia University. Oh, but there's so much more! Visit http://www.JeffResnick.com for scrumptious details of Jeff's work in Storytelling, Music, Advertising, Voice Acting, Communications, Writing, and Social Media.
Wednesdays

Dining Out: Tamarind Indian Restaurant

Subject Area: Arts/Culture

Wednesdays: Single Session 1:00 PM - 2:30 PM  Start: Wed 3/20/19
Location: Tamarind Indian Restaurant

Course Description
Sign up for one of our Spring dining out experiences at the Tamarind Indian Restaurant 7265 N. La Cholla 85741. 1:00 pm on March 20th.

Instructor: Joane Williams
Retired manager and OLLI-UA Northwest Tucson Council Member.

Field Trip Valley of the Moon

Subject Area: Arizona History/Culture

Wednesdays: Single Session 10:00 AM - 11:30 AM  Start: Wed 4/10/19
Location: Valley of the Moon

Course Description
Field Trip to Valley of the Moon/ 2544 E. Allen Rd. Tucson 85716. Entrance cost is waived for non-profits but donations accepted.

Instructor: Joane Williams
Retired manager and OLLI-UA Northwest Tucson Council Member.

Thursdays

Income Tax (Individual): How to Prepare Your Return (or Help Your Tax Pro)

Subject Area: Health/Self Help

Thursdays: 10 Sessions 9:00 AM - 10:30 AM  Start: Thu 2/7/19 End: Thu 4/25/19 - Class does not meet on 3/14, 4/11
Location: Golder Ranch Fire Station - Magee

Course Description
Income Tax (Individual): How to Prepare Your Return (or Help Your Tax Pro)

Instructor: Bill Couchman

75 years old and not retired yet! Bachelor of Engineering from Yale University with an MBA from Carnegie-Mellon University. Mr. Couchman worked 33 years in management with the Ford Motor Company. Mr. Couchman served as an Adjunct Instructor for Northwestern University, a 13-year tax pro and Master Tax Advisor for BlockAdvisors (former H&R Block Premium) and a 9-year Enrolled Agent (“CPA for taxes”). He instructed for H&R Block for 7 years.

Uncovering Hidden Fees

Subject Area: Health/Self Help

Thursdays: 2 Sessions 11:15 AM - 12:45 PM  Start: Thu 2/7/19  End: Thu 2/14/19

Location: Pima Community College - Northwest Campus, G215

Course Description

One of the hidden secrets in the investment world is fees. Far too often, managers take a "don't ask, don't tell" approach to management fees. In this workshop we will focus on making investment management fees as transparent and understandable as possible. During this workshop you will learn about hidden fees your broker may receive for selling you certain assets and we will help you to learn the right questions to ask when an investment option is presented to you.

Instructor: Matt Haertzen

Matt Haertzen is a Senior Investment Advisor for WT Wealth Management (WTWM). Prior to joining WTWM, Matt was a founding partner of Four Peaks Wealth Management. Matt also serves as a lecturer of finance for the Eller College of Management at the University of Arizona and is a CFA® Charterholder. His investing passion and career success both stem from extensive work experience in the investment community. After graduating from the University of Minnesota with an MBA, Matt began his career with Ameriprise Financial, where he managed a staff of three analysts supporting the quantitative mutual fund product line. From there, he went on to work for the University of Minnesota Endowment, a $650 million fund where he was responsible for asset allocation and manager selection. Matt then joined a trust company in Washington, where he was responsible for managing $600 million in large capitalization stocks. After his time in Washington, Matt moved to Boise Idaho, where he managed a combined $1 billion in assets for the Idaho Endowment Fund, Judge’s Retirement System and the Idaho State Insurance Fund. Matt then joined Cogent Partners where he designed a global timber fund that traded publicly on the London AIM Exchange. Matt recently moved with his wife to Oro Valley from Flagstaff where their son attends Northern Arizona University. In his free time, he enjoys golf, mountain biking, camping and fishing.
An American Tourist in the Baltic

Subject Area: Travel/Entertainment

Thursdays: Single Session 3:00 PM - 4:30 PM  Start: Thu 2/7/19
Location: Pima Community College - Northwest Campus, G215

Course Description
This course will be based on a three week trip in the fall of 2018 that includes Vilnius, Riga, Tallinn, Helsinki, St. Petersburg and Moscow. The emphasis will be on the history and culture of the countries that live in the shadow of Russia.

Instructor: Meg Hovell

Meg is a retired IBM executive who enjoys educational travel - as well as the classes at OLLI. She and her husband Peter have led classes on some of their travels, including Cuba and Iran.

Immigration Law: How we got to where we are now

Subject Area: History/Current Events

Thursdays: 3 Sessions 1:15 PM - 2:45 PM  Start: Thu 2/14/19 End: Thu 3/7/19 - Class does not meet on 2/21
Location: Pima Community College - Northwest Campus, G215

Course Description
Immigration Law was one of the hot topics in the 2016 election, and will be so again in the 2018 mid-terms. This course is a non-ideological review of the history of U. S. immigration law and policy, and an explanation of the various immigration statuses--immigrant- and non-immigrant--that are current topics of debate. The material is presented in historical and statistical context, to add some actual, non-alternative facts that inform the issues.

Instructor: Paul Winick

I practiced law for the last forty four years mostly as a trial lawyer specializing in business disputes. Immigration law was always an interest and passion of mine. Along with several law school class mates I founded an Immigration Law clinical program at The George Washington University Law School that persists to this day providing legal services to District of Columbia residents. While at a national law firm I supervised our associates in pro bono immigration law cases before Immigration Judges and the Immigration Board of Appeals.

The African Experience

Subject Area: Travel/Entertainment, History/Current Events

Thursdays: 6 Sessions 3:00 PM - 4:30 PM  Start: Thu 2/14/19 End: Thu 4/11/19 - Class does not meet on 2/21, 3/21, 3/28
**Location:** Pima Community College - Northwest Campus, G215

**Course Description**
Africa is the world's second largest continent. We can all trace our heritage to an African origin. Most of the world's population growth in the twenty-first century will be in Africa. The African Experience aims to introduce participants to the immense variety of Africa's geography, cultures, and people as we recount its long and troubled history. Soon the majority of Africans will live in its cities. Come get acquainted with Africa!

Instructor: David Shawver

Dr. David Shawver has lived and worked in three different regions of Africa during his career. In the 1980s, he worked in Central Africa and lived in Kinshasa, Zaire (now the Congo), where his daughter was born. More recently he worked in East Africa and lived in Dar es Salaam, Tanzania. Then he moved to North Africa and worked in Tunis, Tunisia. He served as the President of the Association of International Schools in Africa while in Tanzania and visited more than twenty of Africa's countries.

**Organizing Photos on Your Phone**

**Subject Area:** Health/Self Help, Arts/Culture

**Thursdays: Single Session 11:15 AM - 12:45 PM  Start: Thu 2/28/19**

**Location:** Pima Community College - Northwest Campus, G215

**Course Description**
Most people take many photos on their smart phones but never organize them in any useful way, so finding one photo may involve scrolling through hundreds. The course will help you create and organize albums that allow you to access photos more easily. You will also learn how to edit photos on your phone, move them to and from albums, and share them (via Facebook, email and other options). You will need a smartphone with Google Photos (Android phones) or Camera Roll or All Photos (iPhone). Windows phone users and flip phone users may not find the workshop tailored to their phones.

Instructor: Lynn Anderson

I'm a retired school teacher and administrator (Cleveland, Chicago, and Tucson) who has used technology for most of my adult life, so I'm a self-taught "techie." In retirement I started up a small business called The Tech Teacher, where I help people better understand and use computers, tablets, smart phones, digital camera, activity trackers, etc. I love teaching adults, writing articles on technology, and helping people find "the ah-ha moment."

**Art and Science – Ways of Knowing the Sonoran Desert**

**Subject Area:** Arizona History/Culture, Arts/Culture, Science/Math, Social Sciences

**Thursdays: Single Session 11:15 AM - 12:45 PM  Start: Thu 3/7/19**

**Location:** Pima Community College - Northwest Campus, G215
Course Description
The environmental challenges of the 21st century— notably loss of habitat and biodiversity— require creative and innovative collaborations, such as those experienced when artists and scientists work together. Learn how the arts, specifically Art-Based Perceptual Ecology (ABPE) research methods when practiced in collaboration with Western science methods are a way of knowing the ecology of place. ABPE offers a language that codifies one's embodied experience in the natural world, acts as a language translator and makes possible the information exchange necessary to communicate place-based stories – the environmental history of the Sonoran Desert. In this lecture, audience members will learn concepts key to ABPE as Dr. Woolery shares stories of her field research conducting biodiversity inventories in the Sonoran Desert. Why is this work important? By learning pluralistic ways of perceiving the landscape, we may come to know the place in which we live, and find connections with the local habitat. Achieving this multi-dimensional sense of place may contribute to a deeper ethic of caring about the environment, leading us to be good stewards of our ecological and cultural communities.

Instructor: Lee Ann Woolery
With a focus on divergent ways of knowing, Dr. Woolery pioneered Art-Based Perceptual Ecology, a unique research methodology used in collaboration with Western science methods to study the environment. Woolery is an interdisciplinary scholar, researcher, a practicing artist, and educator of over 30 years. Dr. Woolery has taught art-based environmentally focused workshops at Saguaro National Park, AZ; Red Butte Gardens, UT; and IslandWood, Bainbridge Island, WA. Woolery has also taught “Art and the Environment” classes at University of Washington- IslandWood, University of North Carolina-Asheville and The School of the Art Institute of Chicago. Woolery holds a Doctorate in Environmental Studies from Antioch University New England and a graduate degree from The School of the Art Institute of Chicago. Her doctoral field study in Desert Ecology was conducted in the Sonoran Desert in Arizona and Mexico. Dr. Woolery’s dissertation: Art-Based Perceptual Ecology as a way of knowing the language of place, and additional information on her research, workshops and field expeditions can be found at EcoArt Expeditions. www.ecoartexpeditions.com

Saving and Printing Photos from Your Phone

Subject Area: Health/Self Help, Arts/Culture

Thursdays: Single Session 11:15 AM - 12:45 PM  Start: Thu 3/14/19
Location: Pima Community College - Northwest Campus, G215

Course Description
In this course, you will learn simple ways that everyone can use to transfer photos to their computers, including downloading necessary apps. You will learn about cloud storage to preserve your photos and how to set up those apps to work with your phone. You'll also learn how to print from your phone, so bring the name and model of your home printer. While it is also possible to download photos with a cable and/or by bluetooth, this course will not provide instruction in these options except for some general direction. Windows phone users and flip phone users may not find the workshop tailored to their phones.
Instructor: Lynn Anderson

I'm a retired school teacher and administrator (Cleveland, Chicago, and Tucson) who has used technology for most of my adult life, so I'm a self-taught "techie." In retirement I started up a small business called The Tech Teacher, where I help people better understand and use computers, tablets, smart phones, digital camera, activity trackers, etc. I love teaching adults, writing articles on technology, and helping people find "the ah-ha moment."

**Luta, Nature’s Treasure Island, US Commonwealth of the Northern Marianas**

**Subject Area:** Travel/Entertainment

**Thursdays:** 1:15 PM - 2:45 PM  **Start:** Thu 3/21/19 **End:** Thu 3/28/19

**Location:** Golder Ranch Fire Station - Magee

**Course Description**

After recently returning from the small island of Rota (Luta in Chamoru language) in the US Commonwealth of the Northern Marianas as Agriculture and Community Development Cooperative Research and Extension Agent at Northern Marianas College, and experiencing Super Typhoon Yutu, it would be a privilege to share my work with you all visually, with magnificent photodocumentation by Professional Photographer, John Amato, RN: www.pbase.com/jamato8

Instructor: Amy Eiseberg


**The Beginner's Guide to Smartphones**

**Subject Area:** Health/Self Help

**Thursdays:** Single Session 11:15 AM - 12:45 PM  **Start:** Thu 3/28/19

**Location:** Pima Community College - Northwest Campus, G215

**Course Description**

This class is for people who are insecure about using all these tech tools. We will tackle Smartphones in this class with a focus on Androids. If you have an iPhone you will still get some benefit. Our topics will include: How are Smartphones different from tablets and computers? How can I use my phone to navigate to a place? What's the difference between using texts and emails? What email program is best for a Smartphone? How can I transfer pictures and files to my computer? What's an "app" and how do I download them? What is "voice activation" and why use it? How can I get on the Internet with my Smartphone? How do I protect myself when
using my Smartphone? How do I move apps to my home page (or remove them)? What's a "widget" and how do I get them? We will practice finding apps and using the tools built into your Smartphone, as time allows.

Instructor: Lynn Anderson

I'm a retired school teacher and administrator (Cleveland, Chicago, and Tucson) who has used technology for most of my adult life, so I'm a self-taught "techie." In retirement I started up a small business called The Tech Teacher, where I help people better understand and use computers, tablets, smart phones, digital camera, activity trackers, etc. I love teaching adults, writing articles on technology, and helping people find "the ah-ha moment."

**Learn to Play Guitar in a Day!**

**Subject Area:** Arts/Culture, Health/Self Help

**Thursdays: Single Session** 1:15 PM - 4:15 PM  **Start:** Thu 3/28/19

**Location:** Pima Community College - Northwest Campus, G215

Additional Cost: $30

**Course Description**

Stop dreaming and start playing guitar right away! As seen on PBS, this unique one day workshop is designed for anyone who would like to learn to play the guitar quickly and easily. You'll learn basic chords, simple strumming and picking patterns, play familiar songs, learn tuning techniques, basic music theory, guitar care, performance skills, play tablature and more! Students provide their own acoustic guitar. Materials fee: $30, includes the Learn to Play Guitar in a Day! book and a Snark electronic tuner. Exact cash or check

Instructor: Marlene Hutchinson

Bio: Marlene Hutchinson, guitar instructor, musician, published author, producer and founder of Marlene’s Music, developed a simple method of learning to play guitar that has influenced and inspired guitarists around the world! As seen by millions on PBS, Marlene’s popular Learn to Play Guitar in a Day!® workshop is based on her signature guitar method created to help the absolute beginner learn to play quickly and easily. In addition to PBS, Learn to Play Guitar in a Day!® has been featured on CBS, NBC, NPR, Acoustic Guitar, Making Music Magazine, Women’s International Music Network, several news publications and is a 2014 Player’s Choice Award nominee, Hutchinson presents her live workshop at colleges, universities and guitar events around the United States.
The Beginner's Guide to Tablets

Subject Area: Health/Self Help

Thursdays: Single Session 11:15 AM - 12:45 PM  Start: Thu 4/4/19
Location: Pima Community College - Northwest Campus, G215

Course Description
This class is for people who are insecure about using all these tech tools. We will tackle tablets in this class. Our topics will include: How are tablets different from cell phones and computers? What's an "app" and how do I download them? What is "voice activation" and why use it? How can I get on the Internet with my tablet? How do I protect myself when using my tablet? How do I move apps to my home page (or remove them)? What's a "widget" and how do I get them? We will practice finding apps and using the tools built into your tablet, as time allows.

Instructor: Lynn Anderson

I'm a retired school teacher and administrator (Cleveland, Chicago, and Tucson) who has used technology for most of my adult life, so I'm a self-taught "techie." In retirement I started up a small business called The Tech Teacher, where I help people better understand and use computers, tablets, smart phones, digital camera, activity trackers, etc. I love teaching adults, writing articles on technology, and helping people find "the ah-ha moment.

The World of Art

Subject Area: Arts/Culture

Thursdays: 3 Sessions 1:15 PM - 2:45 PM  Start: Thu 4/11/19 End: Thu 4/25/19
Location: Pima Community College - Northwest Campus, G215

Course Description
April 11 - The Impressionists and Their Impact on the Art World by Gerry Bates.April 18 - American Multi-Cultural Art by Tammy Bearden.April 25 - Art and Soul by Fleurette and Marc Wallach

Instructor: Tammy Bearden

Tammy - Retired K-8 music teacher, Tammy was trained at the Phoenix Art Museum before becoming a docent at UAMA in 2007. Native New Yorkers, Fleurette and Marc trained at the Barnes Foundation, the Philadelphia Art Museum and the Grounds for Sculpture before joining the UAMA docents in 2010.
Fridays

**Photo Journal of 28 Years Cycling Asia**

**Subject Area:** Travel/Entertainment

**Fridays: Single Session** 12:30 PM - 2:00 PM  
**Start:** Fri 2/8/19  
**End:** Fri 2/15/19  
**Location:** Pima Community College - Northwest Campus, A108

**Course Description**
Thru my photo journals, explore the geography, scenery, history, culture, and fun 'war stories' while cycling Bhutan, Mongolia, Sikkim, Tibet, Qomolungma (Mt. Everest), Japan, and Taiwan, plus 14 'must see' places in China.

Instructor: Norm Land

Norm received his BSCE and MBA from the University of Colorado in 1969 and for the next 10 years had many short term carriers as a professor, VISTA Volunteer, and marketing VP, before opening the Good Earth Restaurant & Bakery here in Tucson (1979). Afer a 20 year run, he switced to management consulting but was recruited by Shaanxi University, Xi’an, China in 2010 to teach marketing and management for the next 7 years. During those 50 years post college, he continued to indulge in his passion for travel, with some 50 trips around the world, 44 of them by bike.

**Independent Redistricting - What Is It and Why Does It Matter?**

**Subject Area:** History/Current Events

**Fridays: Single Session** 9:00 AM - 10:30 AM  
**Start:** Fri 2/8/19  
**Location:** Golder Ranch Fire Station - Linda Vista

**Course Description**
The drawing of voting districts is a fundamental building block in our democracy and is usually conducted by self-interested politicians from the majority party who are primarily interested in preserving power. There is a better way and this course will explore an important reform, independent redistricting, and how it can be effective in curtailing gerrymandering. We'll go in-depth into Arizona's approach as well as discuss the status of other other states' efforts to implement it. Become more informed and engaged on a topic that affects each and every one of us--and see if it's something you want to volunteer to do in 2021 when the next independent commission in Arizona will be empaneled.

Instructor: Colleen Coyle Matis

As a registered Independent from Pima County, Colleen Coyle Mathis volunteered to serve and was unanimously chosen as chair of the Arizona Independent Redistricting Commission by the four appointed commissioners in 2011. She will remain in this role until the next chair is selected in 2021 and has shared her experience with other states seeking to adopt independent redistricting as well as at numerous conferences and
forums. Colleen earned a master’s degree in environmental management from Yale University and a bachelor’s degree in economics from the University of Illinois. She is a market development engineer at Caterpillar, an affiliated associate at the Institute for Quantitative Social Sciences at Harvard University and principal at Willet Creek Consulting, LLC, specializing in nonprofit management, communications and business development.

**Technology Club - Intermediate**

**Subject Area:** Health/Self Help

**Fridays:** 5 Sessions 9:00 AM - 10:30 AM  **Start:** Fri 2/8/19  **End:** Fri 3/15/19 - **Class does not meet on 2/22**

**Location:** Pima Community College - Northwest Campus, A108

**Course Description**
The class will be a weekly discussion of various technology topics, such as email, internet, software, photos, music, privacy and security, social media, and general computer, tablet, and smartphone techniques. The instructor will organize the discussions around topics of greatest interest to participants, with an emphasis on topics that can be addressed in 10-15 minutes and that are independent of your platform (e.g., PC, mac, iphone, android, tablets). The class assumes that you have basic skills with the technology you use (computers, tablets, and/or smartphones).

**Instructor:** Lynn Anderson

I'm a retired school teacher and administrator (Cleveland, Chicago, and Tucson) who has used technology for most of my adult life, so I'm a self-taught "techie." In retirement I started up a small business called The Tech Teacher, where I help people better understand and use computers, tablets, smart phones, digital camera, activity trackers, etc. I love teaching adults, writing articles on technology, and helping people find "the ah-ha moment."

**Yoga for Healthy Aging**

**Subject Area:** Health/Self Help

**Fridays:** 8 Sessions 1:00 PM - 2:00 PM  **Start:** Fri 2/8/19  **End:** Fri 3/29/19

**Location:** Golder Ranch Fire Station - Magee

**Course Description**
This is an eight session one-hour yoga class with a focus on therapeutic practices for healthy aging. No previous yoga experience is required. The practice will help with range of motion, alignment, strengthening and balance along with breathing exercises for centering and relaxation. Yoga is wonderful for overall well-being, decreasing stress, boosting energy and vitality and helping build bone mass. Floor and standing poses will be practiced, but a chair can be use if needed. Please bring a mat and a yoga strap.

**Instructor:** Beatriz Aldridge

I received my 200-hr. certification from the Yoga Connection, and 300 hr. Healing Emphasis Yoga Therapy Master Training from Inner Vision Yoga. I have been practicing yoga for 16 years and teaching for 7 years.
benefits of yoga have been so valuable in all aspects of my life that I am committed and passionate about sharing it with others. I strongly believe in respecting the individual body's unique condition. My goal is to teach students to practice with awareness and safety to fully receive the benefits of the yoga class. I have lead workshops on Yoga Therapy and Alignment; Yoga for lower back and Sciatica. My teaching experience includes Hatha Yoga, Flow, Yin Yoga, and Chair Yoga. I currently teach yoga classes at the NW YMCA.)

**Cash in the Treasure in Your Closet: eBay, Craigslist, Charity, etc.**

**Subject Area:** Health/Self Help

**Fridays:** 2 Sessions 9:00 AM - 10:30 AM  **Start:** Fri 2/15/19  **End:** Fri 2/22/19

**Location:** Golder Ranch Fire Station - Magee

**Course Description**
What to sell...on eBay, Craigslist, local stores, etc. What is it worth? How do I sell it? How do I wrap and ship it? Is it better to have a garage sale or to donate (for tax deduction)?

**Instructor:** Bill Couchman

75 years old and not retired yet! Bachelor of Engineering from Yale University with an MBA from Carnegie-Mellon University. Mr. Couchman worked 33 years in management with the Ford Motor Company. Mr. Couchman served as an Adjunct Instructor for Northwestern University, a 13-year tax pro and Master Tax Advisor for BlockAdvisors (former H&R Block Premium) and a 9-year Enrolled Agent (“CPA for taxes”). He instructed for H&R Block for 7 years.

**Co-Leader:** Laura Couchman

**Lily and Jesse Fremont, Arizona's Governor Fremont's daughter and wife**

**Subject Area:** Arizona History/Culture, History/Current Events

**Fridays:** Single Session 10:45 AM - 12:15 PM  **Start:** Fri 2/15/19

**Location:** Pima Community College - Northwest Campus, A108

**Course Description**
John C. Fremont, also known as "The Pathfinder" was governor of the Territory of Arizona in the 1880's. He was also known as the "Absenteer Governor" because he was gone most of the time working on business deals in the East and in Europe. In his absence his wife Jesse and daughter Lily covered for him and even conducted the business of the Territory. The Sousa/Carrillo/Fremont House in downtown Tucson was known as the Governor's Mansion and was the only house spared in the barrio of urban renewal in the 1960's because of it's historic background. Learn the amazing stories of these 2 remarkable ladies behind the governor.

**Instructor:** Shirley Pinkerton - Treasurer of the Southern Arizona Board of Directors of the Arizona Historical Society. Historic Reenactor, tour director and author. Resident of Arizona since 1942. Ginny - Treasurer...
of the Board of Directors of Los Amigos, a support group for the Arizona History Museum. Historic Reenactor and tour director.

Co-Leaders: Ginny Ginn

**Heraldry: History & Components of Coats of Arms, etc. (i.e., All that Colorful Formal Stuff)**

**Subject Area:** Arts/Culture, History/Current Events

**Fridays:** 2 Sessions 10:45 AM - 12:15 PM  
**Start:** Fri 2/15/19  
**End:** Fri 2/22/19

**Location:** Golder Ranch Fire Station - Magee

**Course Description**

History of heraldry and its relation to history and current times - Components of heraldry: Coats of Arms (shield), helm, crown, supporters, badges, ribbons, etc. - Lots of colorful pictures to illustrate concepts and provide examples - Status of modern-day heraldry (ecclesiastical, - Are you entitled to a coat of arms? How to apply for one, government, corporate, etc.

Instructor: Bill Couchman  
75 years old and not retired yet! Bachelor of Engineering from Yale University with an MBA from Carnegie-Mellon University. Mr. Couchman worked 33 years in management with the Ford Motor Company. Mr. Couchman served as an Adjunct Instructor for Northwestern University, a 13-year tax pro and Master Tax Advisor for BlockAdvisors (former H&R Block Premium) and a 9-year Enrolled Agent (“CPA for taxes”). He instructed for H&R Block for 7 years.

**Create Your Own Greeting Cards**

**Subject Area:** Crafts/Cooking

**Fridays:** 4 Sessions 9:00 AM - 10:30 AM  
**Start:** Fri 3/1/19  
**End:** Fri 3/22/19

**Location:** Golder Ranch Fire Station – Magee

Additional Cost: $5

**Course Description**

Handmade greetings are appreciated by everyone! Creating your own can be fun and inexpensive! In this course, participants will create a new greeting card each week. Cards will include: Twisted Popup, Slider, and Embossed designs. Some crafting/card making experience is desired but not mandatory. Basic supplies to be provided by participants. Instructor will provide paper and embellishments. Additional fee of $5 to cover supplies.

Instructor: Robyn Krause

I am a crafter who enjoys learning new skills and helping others do the same. I have been crafting for over 40 years. When asked what crafts I do, my response is “all of them”!

**10 Warning Signs of Alzheimer’s**
Subject Area: Health/Self Help

Fridays: Single Session 12:30 PM - 1:45 PM  Start: Fri 3/1/19
Location: Pima Community College - Northwest Campus, A108

Course Description
Alzheimer’s and other dementias cause changes in memory, thinking and behavior that interfere with daily life. Join us to learn about 10 common warning signs and what to watch for in yourself and others.

» Typical age-related changes.
» Common warning signs of Alzheimer’s.» How to approach someone about memory concerns.
» Early detection, the benefits of a diagnosis and the diagnostic process.
» Alzheimer’s Association resources.

Instructor: Morgen Hartford

Morgen Hartford is the Southern Arizona Regional Director for the Alzheimer’s Association Desert Southwest Chapter where he provides dementia education throughout Southern Arizona; coordinates over 25 support groups across five counties; and implements unique family programs for care partners and people with dementia. Morgen received his Master's of Social Work from the University of Montana and has done wide-ranging work on issues of homelessness and housing, child welfare, positive youth development, food security, and sustainable agriculture. He is former farmer and avid outdoors-man who has fallen in love with the Southwest.

Co-Leader: Lisa Brazil

Optics in Your Life

Subject Area: Science/Math

Location: Pima Community College - Northwest Campus, A108

Course Description
After a brief introduction to optical processes, the course covers the optics behind blue skies, red sunsets, rainbows, glories, mirages, blue icebergs, mosquitoes, pit vipers and the colors of hummingbirds. It then turns to the origins of lenses, mirrors, microscopes, telescopes, the heliocentric universe, the origins of quantum physics and relativity, lasers and fiber optics. Finally, it covers all the marvelous things optics does for us in our daily lives, like, cell phones, GPS, autonomous cars, led's, lasers, additive manufacturing and solar energy.
Instructor: William Wolfe

William (Bill) Wolfe is Professor of Optics Emeritus, University of Arizona. He has also taught at the University of Michigan and Northeastern University. He consulted with industry and served on many governmental advisory committees. He is a past-president of SPIE, the International Society of Optical Engineers and received its Gold Medal, its highest award. Mr. Wolfe has written four technical and two non-technical books on optics and edited four handbooks.

**Family Caregivers - Present or Future - Prepare to Care**

**Subject Area:** Health/Self Help

**Fridays: Single Session** 10:45 AM - 12:15 PM    **Start:** Fri 3/15/19

**Location:** Pima Community College - Northwest Campus, A108

**Course Description**

No matter where you are in the journey of family caregiving, having a solid plan to guide you and your loved one will make the process easier. Learn the 5 steps: How to start the conversation, Forming a team, Making a family plan, Finding support and Importance of self-care. AARP wants family caregivers to know that support and resources are available to help make this important work a little easier!

Instructor: Maria Ramirez-Trillo

Has been with AARP for a total of 15 years, five years with the AARP Arizona State Office Team as an Associate State Director-Community Outreach and the rest with the AARP Foundation as Program Director of the Senior Community Service Employment Program (SCSEP). Prior employment with the State of Arizona-Aging & Adult Administration, the National Council on Aging and the Association for Hispanic Elderly. Native of Arizona and an alumni of the University of Arizona. Currently on a caregiving journey with parents who are both 88 years old.

**The Beginner's Guide to the Internet**

**Subject Area:** Health/Self Help

**Fridays: Single Session** 9:00 AM - 10:30 AM    **Start:** Fri 3/29/19

**Location:** Pima Community College - Northwest Campus, A108

**Course Description**

This class is for people who are insecure about using all these tech tools. We will tackle the Internet in this class, so you can bring a laptop or a tablet or just a smart phone. We won't deal with the mechanics of your device, so you should already know how to turn it on. Our topics will include: What's the Internet anyway? Why is it useful to me? How do I get connected to the Internet so I can use it? What's a "browser" and what can I do with one? What's the difference among browsers? How do I find the best information on the Internet? How do I protect myself online?

Instructor: Lynn Anderson

I'm a retired school teacher and administrator (Cleveland, Chicago, and Tucson) who has used technology for most of my adult life, so I'm a self-taught "techie." In retirement I started up a small business called The Tech Teacher, where I help people better understand and use computers, tablets, smart
phones, digital camera, activity trackers, etc. I love teaching adults, writing articles on technology, and helping people find "the ah-ha moment."

**Living Well with Hearing Loss**

**Subject Area:** Health/Self Help  
**Fridays:** 2 Sessions 10:45 AM - 12:15 PM  
**Start:** Fri 3/29/19  
**End:** Fri 4/5/19  
**Location:** Pima Community College - Northwest Campus, A108  
**Additional cost per person:** $5.00  
**Course Description**

Living Well with Hearing Loss is an aural rehabilitation program for people with hearing loss and their most frequent communication partners. It is a great way to learn about the ear and the hearing system as well as discuss communication strategies that can help to maximize hearing. Participants will be provided a booklet guiding them through the course and will be encouraged to participate in self-reflection activities. Participants who have already had their hearing tested are invited to bring their test results with them. Goals of this class include:1. Assisting people with hearing impairment in understanding the nature of their hearing loss, how to cope with it and what devices are available to help them; 2. Facilitating communication between the hearing impaired person and their significant other about the impact of the hearing loss on their ability to communicate effectively; and 3. Providing strategies to help maximize communication.

**Instructor:** Fadyeh Barakat  
Fadyeh Barakat is a Clinical Assistant Professor with the Speech, Language and Hearing Department at the University of Arizona. She completed her Masters in Rehabilitation Counseling, and her Doctorate in Audiology from the U of A. She has worked as a Child & Family Therapist and Rehabilitation Counselor for both non-profit and private practices. As the on-campus Educational Audiologist at the Arizona State School for the Deaf and Blind, Dr. Barakat was responsible for assessing and supporting students age 3 to 22 years and has experience working with children with varying degrees of visual impairment, hearing impairment, and with deaf-blind populations. For the last seven years, Dr. Barakat has and continues to provide audiologic services to Veterans at the Southern Arizona Veteran's Hospital. She currently facilitates the adult aural rehabilitation program, Living Well with Hearing Loss, provided at the University of Arizona and is eager to share this program with the community.

**The Beginner's Guide to the PC Computer**

**Subject Area:** Health/Self Help  
**Fridays:** 2 Sessions 9:00 AM - 10:30 AM  
**Start:** Fri 4/5/19  
**End:** Fri 4/12/19 - **Class does not meet on 2/22**  
**Location:** Pima Community College - Northwest Campus, A108
Course Description
This class is for people who are insecure about using all these tech tools. We will tackle the PC computer in this class (sorry, no Macs). Our topics will include: What makes for a "good" computer? How do I safely turn my computer on and off? What does everything mean on the desktop and can I change it? What is the difference between software programs and files? How can I safely download and install or uninstall software programs? How can I find and organize files? How do I “backup” my computer? What "tricks of the trade" should I learn?

Instructor: Lynn Anderson

I'm a retired school teacher and administrator (Cleveland, Chicago, and Tucson) who has used technology for most of my adult life, so I'm a self-taught "techie." In retirement I started up a small business called The Tech Teacher, where I help people better understand and use computers, tablets, smart phones, digital camera, activity trackers, etc. I love teaching adults, writing articles on technology, and helping people find "the ah-ha moment."

Pre-Columbian Civilizations: The Maya

Subject Area: History/Current Events

Fridays: 3 Sessions 10:45 AM - 12:15 PM  Start: Fri 4/12/19  End: Fri 4/26/19

Location: Pima Community College - Northwest Campus, A108

Course Description
This 3-part educational Pre-Columbian video course provides a comprehensive exploration of the fascinating Maya Civilization of the jungles of today's Guatemala, Belize, and Honduras. Its extraordinary ascent to prominence as an advanced civilization and its dramatic collapse will be revealed and examined. The post-collapse resilience of its ethnic people will be followed into today as they thrive and retain much of their ancient culture.

Instructor: Gordon McCall

BA, MA, 30 years a professional educator in Psychology and World History, world traveler and student of world cultures, 5 years of 4 different advanced onsite study programs on the Pueblo People.
Sundays

**Dining Out: Bottega Michaelangelo**

**Subject Area:** Arts/Culture  
**Sundays: Single Session** 11:00 AM - 12:30 PM  **Start:** Sun 2/10/19  
**Location:** Bottega Michaelangelo

**Course Description**
Sign up for one of our Spring dining out experiences at Bottega Michaelangelo, 420 Magee Road, 85704

**Instructor:** Joane Williams  
Retired manager and OLLI-UA Northwest Tucson Council Member.

**Dining Out: Persian Room**

**Subject Area:** Arts/Culture  
**Sundays: Single Session** 1:00 PM - 2:30 PM  **Start:** Wed 3/6/19  
**Location:** Persian Room

**Course Description**
Sign up for one of our Spring dining out experience at the Persian Room. Lunch at Persian Room 9290 N. Thornydale Rd 85742 1:00 pm on March 3rd.

**Instructor:** Joane Williams  
Retired manager and OLLI-UA Northwest Tucson Council Member.