



THE UNIVERSITY OF ARIZONA

# OSHER LIFELONG LEARNING INSTITUTE

Life-Enriching Education for Adults 50+

## Spring 2024 Catalog



**190+ Classes,  
Field Trips, and  
Social Events**

**Online and  
In-Person in  
Tucson and  
Green Valley**

**13 Weeks:  
Jan 16 to Apr 12**

**Curiosity  
Never Retires**

OSHER  
LIFELONG  
LEARNING  
INSTITUTE

## Central Tucson Campus



The [Central Tucson campus](#) is located at [4485 N 1st Avenue, Tucson AZ](#), on the NW corner of 1st Avenue and Wetmore Road. The facility includes three large classrooms, a member lounge with coffee service for eating or just gathering, and ample parking.

## Green Valley Campus

The [Green Valley campus](#) is located at the Community Learning Center at [1250 W. Continental Road, Green Valley, AZ](#), and has spacious classroom space in a former community college facility operated by Pima County. It has ample parking and a small lounge area.

## Online Classes

Online classes are hosted using Zoom. There is no cost or account needed for members to use Zoom. Zoom is generally easy to use and works across many different devices and operating systems. Learn more on our Zoom resources page: [olli.arizona.edu/page/zoom](https://olli.arizona.edu/page/zoom)

## Planning Tools

Keep in mind all offerings are subject to change. See our website's [Class Catalogs](#) page for the latest information and additional class registration planners.

Clicking on the class titles in this catalog will take you to the OLLI-UA registration page for each class.

## Need Help?

You can always email the office at [ollimail@arizona.edu](mailto:ollimail@arizona.edu) or call 520-626-9039, Mon – Fri, 9 AM to 4 PM.

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# Central Tucson Campus: In-Person Mondays

## [Practical Policy Solutions for the Arizona State Water Crisis](#)

**Subject Area:** Arizona History/Culture, Civic Engagement/Community/Government

**Mondays:** Single session 11:00 AM - 12:45 PM

**Start:** Mon 2/5/24 **End:** Mon 2/5/24

**Location:** Ocotillo Room **Class Size:** 65

### Course Description

In this session, Kirsten Engel will cover practical policy solutions for the water crisis happening in our state, with regard to the Colorado River, other surface waters, and groundwater. Arizona is a desert state with a growing population, and while we are increasing the efficiency with which we use water, demand is increasing. Climate change is also driving our current drought and will only intensify in the years to come.

This is a hybrid class offered both in-person and online. This is the in-person option.

**Instructors:** Kirsten Engel, Mallory Riegger, Ron Cohen

Kirsten Engel is an attorney, law professor at the University of Arizona, and a former Arizona state legislator. Since 2005, Kirsten has been a member of the law faculty of the University of Arizona, where she co-directs the Environmental Law Certificate program. She is currently teaching classes at the UA.

During her five years in the legislature, Kirsten served on the Natural Resources committees of the Arizona House and Senate where she worked to safeguard Arizona's water resources, protect the State's beautiful and unique desert ecosystems and capitalize on Arizona's capacity to be a world leader in renewable energy.

As a UA graduate with a BS in Accounting, Mallory has worked in Accounting, Marketing and Management roles since 1985. She has been actively volunteering since 1997 in accounting, IT, training, and leadership roles including Scouting and OLLI-UA. She has been an SGL since 2018, on the AV Committee since 2018, Zoom Support & Tech Training (2020/21), tech host (ongoing), OLLI-UA recordings editor and manage the DVD library. She was the OLLI-UA Board Treasurer 2019 - 2023 and is currently the OLLI-UA Board VP.

Ron is a retired pharmacist and an experienced SGL who has taught numerous OLLI-UA classes.

## [100 Years of Jazz Gems for All Music Lovers \(Add on Class Due to Demand\)](#)

**Subject Area:** Arts/Culture

**Mondays:** Single session 11:00 AM - 1:00 PM

**Start:** Mon 3/25/24 **End:** Mon 3/25/24

**Location:** Ocotillo Room **Class Size:** 70

### Course Description

Nemo and Robert present an enjoyable and informative survey of the best jazz artists and performances from Duke Ellington to the present. We'll explore the different jazz eras: big band swing, bebop, cool jazz, hard bop, avant-guard, and finally smooth. Plus the Caribbean and the Bossa Nova influences. No musical experience is necessary.

**Instructors:** John "Nemo" Nemerovski, Robert Wright

John Nemo is a lifelong musician and educator who immerses himself in folk, early rock, blues, jazz, and classical music. He plays guitar and provides a fascinating playlist for his music appreciation courses.

Robert Wright is a lifelong jazz listener and concertgoer.

## Tuesdays

### [Birding for Beginners \(In-person class plus optional field trip\)](#)

**Subject Area:** Science/Math/Technology

**Tuesdays:** 3 Sessions 9:00 AM - 10:45 AM

**Start:** Tue 1/23/24 **End:** Tue 2/6/24

**Location:** Ocotillo Room **Class Size:** 45

#### Course Description

Over 45 million Americans report "birding" or "bird-watching" as a hobby; wouldn't you like to give it a try too? Birding is a wonderful way to connect with beautiful living creatures outdoors, to observe their amazing behavior, and to challenge your mind. This course is a brief, hands-on introduction to the basics of observing and identifying the birds you see in Southeast Arizona. In 3 class sessions, we'll meet and learn about some popular Arizona bird species (via photos and videos) while we learn about choosing and using binoculars, how to spot and identify birds in the field using clues of size, shape, color pattern, behavior, and more. You'll discover the Merlin phone app, an easy way to carry an expert bird guide in your pocket. The fourth class session (optional) will be a 2-hour morning guided field trip to one of Laura's favorite Tucson (or Green Valley if you prefer) birding "hot spots".

The class sessions (the same material) will be offered twice: in person at Central Tucson, and online via Zoom. Choose the learning format you

prefer. Field trips are in person, of course. You'll want to buy (or at least borrow) binoculars (\$100 and up). If you don't already have binoculars, hold off buying until after the first class to learn more about how to choose before you buy.

**Instructor:** Laura Couchman

Laura Couchman is a dedicated amateur birder, spotting and identifying birds for 19 years. Laura and her husband Bill go birding locally and wherever they travel, and have lived in Tucson since 2014. Laura has been an SGL for previous OLLI classes about birds and birding, including habitat, woodpeckers, birds of prey, hummingbirds, and birders' tech tools.

She is also a volunteer field trip leader for the Tucson Audubon Society.

### [Hablando](#)

**Subject Area:** Literature/Writing/Language

**Tuesdays:** 12 Sessions 9:00 AM - 10:45 AM

**Start:** Tue 1/23/24 **End:** Tue 4/9/24

**Location:** Palo Verde Room **Class Size:** 20

#### Course Description

This is a class where the students and the SGL converse in Spanish. Only Spanish is used in class. We will choose the topics and activities for our conversations as a group. Students will be encouraged to use a dictionary in order to learn words they might need to discuss a topic or participate in an activity. A basic Spanish language textbook is also useful when reviewing grammar. Topics are wide open and may include videos, photos, works of art, Spanish language songs and more. This class will expand participants' vocabulary and encourage students to review grammar topics. Because human communication involves more than the spoken word, such as facial and hand gestures, it will only be given in person. Microphones are

provided by OLLI and the sound is clearer than that produced by Zoom.

Instructor: Susan Sotelo

Susan Sotelo began her teaching career as a graduate student instructor (GAT) at the University of Arizona. After receiving a MA, she taught K-12 students. Then she returned to the University of Arizona and again taught in the basic language program. After receiving her PhD in Spanish Language Literature, she taught at Pima College. She also taught privately and tutored students. Then she took a job teaching for the Spanish Club in Sun City Vistoso in Oro Valley. This began her experience as a teacher of adult/senior students. She has taught Spanish at OLLI Central Tucson since 2015.

## [Listening to Jane Austen's Persuasion](#)

**Subject Area:** Arts/Culture,  
Literature/Writing/Language

**Tuesdays:** 12 Sessions 9:00 AM - 10:45 AM

**Start:** Tue 1/23/24 **End:** Tue 4/9/24

**Location:** Saguaro Room **Class Size:** 55

### Course Description

"As Jane Austen wrote and rewrote her novels, she read them aloud to family and friends. They heard the stories, seeing them in their minds before reading them. This class will listen to much, possibly all, of her last novel *Persuasion*. We will look at Jane Austen's life and intriguing family, the historical and social milieu she grew up in and what her readers would have taken for granted. While her plots have been adapted as romances for our era, for her peers she was writing on status, rank, and class. To her readers her satire, humor and irony had bite. Jane Austen wrote about the strictly defined limited choices and lack of power that most women in the gentry faced. She and her characters often faced a

life of denial and dependency. If you want to prepare, (which you don't have to) listen to an audiobook before you read *Persuasion*. YouTube has many free versions. We will listen to the Greta Sacchi version on Amazon's Audible. Please don't watch any movie version of this or other Jane Austen movie. The images will stick in your mind. We will watch the best movie version at the last class. If you want to read a biography, I suggest *Jane Austen at Home* by Lucy Worsley.

Instructor: Kathleen Reeve

Kathleen Reeve started out as an English major but became a newspaper photojournalist for the Chicago Sun-Times in what she didn't know would be the golden age of newspaper photojournalism before newspapers crashed. She has taught eight OLLI classes.

## [Erik Larson](#)

**Subject Area:** Arts/Culture, History/Current Events, Literature/Writing/Language

**Tuesdays:** 4 Sessions 11:00 AM - 12:45 PM

**Start:** Tue 1/23/24 **End:** Tue 2/13/24

**Location:** Ocotillo Room **Class Size:** 65

### Course Description

Erik Larson is an American journalist and author of mostly nonfiction books. He has written a number of bestsellers, including *The Devil in the White City* (2003) about the 1893 World's Columbian Exposition in Chicago and a series of murders by H. H. Holmes that were committed in the city around the time of the Fair. *The Devil in the White City* won the 2004 Edgar Award in the Best Fact Crime category, among other awards. Our class sessions will include video clips of the following: a brief summary of each novel, pertinent historical information, an examination of Larson's reason for selecting this project and a number of interesting and enlightening author interviews. Novels include *Issac's Storm*, *Devil in the White City*,

Phone: 520.626.9039

Email: [ollimail@arizona.edu](mailto:ollimail@arizona.edu)

Website: [oli.arizona.edu](http://oli.arizona.edu)

Thunderstruck, Dead Wake, In the Garden of the Beasts, and The Splendid and the Vile.

Instructors: Arnie Bianco, Susan Williams

Arnie is a long time retired educator as a teacher, school principal and adjunct instructor at Chapman University, NAU, Brown Mackie College, and Brookline College. Arnie is an active OLLI member. He has been a teacher for a number of years and has done relationship workshops in more than 10 states. He is a published author who has always loved to teach. His wife is presently a teacher.

This is Susan William's 5th year at OLLI. She started as a student and quickly became a tech-host, co-host and now a member of the OLLI board. Her technical skills and ability to be flexible during a class session and in general is very rewarding. She is a terrific partner.

## [Canceled: Inside the Renaissance of a Migrant Child](#) [Thomas Hardy: Two Companion Novels](#)

**Subject Area:** Literature/Writing/Language

**Tuesdays:** 12 Sessions 11:00 AM - 12:45 PM

**Start:** Tue 1/23/24 **End:** Tue 4/9/24

**Location:** Palo Verde Room **Class Size:** 35

### Course Description

At the height of his career as a novelist and poet, Thomas Hardy wrote two companion novels telling the story of a sculptor who seeks to understand the concept of "the ideal" in art and in life. Both novels are usually published in one volume and employ a different writing style than in Hardy's other novels. The text for this course is the Penguin Classics edition "The Pursuit of the Well-Beloved and The Well-Beloved," in one volume edited by Patricia Ingham. The ISBN is 978-0-140-43519-1.

Instructor: Suzanne Peters

Sue Peters is an experienced study group leader.

## [Chen Village Tai Chi](#)

**Subject Area:** Health/Wellness, Philosophy/Spirituality/Religion

**Tuesdays:** 10 Sessions 1:00 PM - 2:45 PM

**Start:** Tue 1/23/24 **End:** Tue 3/26/24

**Location:** Saguaro Room **Class Size:** 20

### Course Description

No previous Tai Chi experience is necessary. All the movements are slow and gentle, and no martial arts applications will be taught or practiced in this study group. These methods may help lessen body pain, correct spinal misalignment, cultivate a sense of internal energy, and rest the mind.

Participants can wear comfortable roomy or stretchy clothing and some soft tai chi shoes or socks to wear on their feet. Students will be expected to assist with the movement of tables and chairs to make room for practice. Face masks, which completely cover mouth and nose are required for this study group. They must be worn properly at all times while in class.

Instructor: Randall Krause

Randall Krause served many years as an attorney and conflict resolution facilitator. Later, he studied counseling and received a M. A. in interdisciplinary consciousness studies with an emphasis in holistic health counseling, was certified and served as a personal coach and mentor. He studied Effective Communication intensively and also studied The Gremlin Taming Method for more than 10 years. In addition, Randall is a senior mentor and teacher in the Himalayan yoga meditation tradition and is registered with Yoga Alliance (YA) as an Experienced Yoga Teacher and a Continuing Yoga Education Provider.

## Docents Art Talks

**Subject Area:** Arts/Culture

**Tuesdays:** 6 Sessions 1:00 PM - 2:45 PM   **Start:**  
Tue 1/23/24 **End:** Tue 2/27/24

**Location:** Ocotillo Room **Class Size:** 65

### Course Description

Docents Art Talks again are presented with new topics and ideas. This popular offering continues to enlighten and excite. This class will be a hybrid presentation again.

Instructor: Dick Woodward

Dick Woodward is a 10+ year OLLI-UA member and an SGL who has led classes in literature, drama and the visual arts. He prides himself as an engineer who uses OLLI to round out his liberal arts education in his dotage. He looks forward to sharing his enthusiasm for lifelong learning.

## Positivity by Barbara Fredrickson, PhD

**Subject Area:** Social Sciences

**Tuesdays:** 6 Sessions 1:00 PM - 2:45 PM   **Start:**  
Tue 1/23/24 **End:** Tue 2/27/24

**Location:** Palo Verde Room **Class Size:** 30  
Additional Costs: Book can be found at Amazon on kindle for \$9.99.

### Course Description

We will read and discuss the book Positivity by Barbara Fredrickson, PhD (one chapter per week). She is the first researcher to uncover the important role of positive emotions in health, wellness, longevity, creativity, and life. She discusses her research into what positivity is and isn't, why you need it, and more importantly how to increase your positivity ratio. Check out [www. positivity. com](http://www.positivity.com) for more information. This is a small group discussion

class, and we will be breaking down into groups of six to discuss the ideas presented in the chapter.

People will be expected to have read the chapter and the discussion questions and be willing to vote for the 3 most popular questions on the provided question list to discuss in their small group. Then we will engage at the end and share some of our new understandings of the role of positive emotions in our lives. Students must obtain a copy of the book at the library, kindle or bookstore prior to class. Kindle edition is available for 9. 99 on Amazon.

Instructor(s): Jan Fulwiler

Jan Fulwiler, PhD is a retired psychologist from the University of Wisconsin who has taught and studied positive psychology. She facilitated 15 semesters of positive psychology classes at UW Madison Senior Learning. She loves learning and sharing scientific research on what makes people thrive throughout their life span.

## Documentaries to Make You Think

**Subject Area:** Social Sciences

**Tuesdays:** 12 Sessions 3:00 PM - 5:00 PM  
**Start:** Tue 1/23/24 **End:** Tue 4/9/24

**Location:** Ocotillo Room **Class Size:** 65

### Course Description

The documentaries shown in this class are diverse, thought-provoking, educational, and informational. I attempt to get documentaries with English subtitles. Please sign into class by 2:45 pm. Our classes run on Tuesdays from 3:00 pm until at least 5:00 pm. Some of the documentaries will last 2 hours plus time for some discussion. Generally, the classes will run longer to allow for discussion, but please feel free to sign off whenever necessary.

NOTE: Please do not expect a 4G, surround sound experience, rather it may have more of a "drive-in theater" feel to it. It is also helpful to shut down all

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Email: [ollimail@arizona.edu](mailto:ollimail@arizona.edu)

Website: [oli.arizona.edu](http://oli.arizona.edu)



programs besides Zoom on your computer, iPad or iPhone to help minimize any lag. Exact Documentary Listing TBD.

This class will be offered as a hybrid, both in-person and online. This is the in-person option.

Instructors: Mallory Riegger, Paul Waugaman, Susan Williams

As a UA graduate with a BS in Accounting, Mallory has worked in Accounting, Marketing and Management roles since 1985. She has been actively volunteering since 1997 in accounting, IT, training, and leadership roles including Scouting and OLLI-UA. She has been an SGL since 2018, on the AV Committee since 2018, Zoom Support & Tech Training (2020/21), tech host (ongoing), OLLI-UA recordings editor and manage the DVD library. She was the OLLI-UA Board Treasurer 2019 - 2023 and is currently the OLLI-UA Board VP.

Paul Waugaman has been an OLLI member since 2013. He retired from a career in research management in the Federal Government, academia, and consulting. History has been an interest throughout his life. He has concentrated on the Civil War and the evolution of the United States in the 19th Century. He has taught U. S. History part-time at the college level, and as a consultant, senior manager, and study leader, has planned and presented educational experiences in professional development for adults. He has teamed up with Mallory both as an SGL and Tech Host in prior semesters.

Five years ago, Susan joined OLLI as a student and quickly became a tech host, co-host, and a member of the OLLI board. She is knowledgeable, dependable and a lot of fun.

## Innovations in Death & Dying: There's an App For That

**Subject Area:** DIY/Self-Help, Health/Wellness

**Tuesdays:** Single session 3:00 PM - 4:45 PM

**Start:** Tue 1/23/24 **End:** Tue 1/23/24

**Location:** Saguaro Room **Class Size:** 55

### Course Description

The needs and desires of the Baby-Boomers have shaped our world since their births. As they approach death, one would imagine that their needs would spring up new services and indeed they have.

From websites to help you think through your dying wishes, to online will-makers, to apps that help you to document and divide your property without leaving offspring at war with each other. Want to check out the care you are likely to receive at a local healthcare facility? You can run a background check before your "date." Innovations in Green Burials and alternative remains disposal are sprouting up. Need help in writing an obituary or memorial? The web is changing everything. Death and dying is no exception.

Join us for a light-hearted look at the revolution.

Instructor: Jim Schultz

Jim graduated from the University of Denver (BS, BA & MBA. ) Developing his Human Capital Management skills over a 30-year career with Walgreens, his responsibilities as Divisional Vice President - Performance Development covered training, management & executive development, productivity improvement, human factors engineering, H. R. planning, and media production. He serves on the Board of Choice and Dignity, a non-profit focused on helping people achieve their death-related goals.



## Tucson's Other Legendary Musician

**Subject Area:** Arts/Culture

**Tuesdays:** Single session 9:00 AM - 10:45 AM

**Start:** Tue 2/13/24 **End:** Tue 2/13/24

**Location:** Ocotillo Room **Class Size:** 20

### Course Description

Thirty-three years before Linda Ronstadt burst onto the music scene, another native Tucsonan, seventeen-year-old Edward "Lalo" Guerrero, wrote a song which would be recorded by Mexican ranchera icons, and considered by some as "an unofficial anthem of Mexico". For over six decades thereafter, Guerrero continued to develop a vast discography, penning and singing his own music for the English-speaking Mexican-American community.

His music evolved with the times, reflecting Mexican-American musical tastes, from the zoot suit and pachuco music of the 40s and 50s to the struggles during the Farmworkers Union strikes and beyond. Afterwards, Guerrero transitioned to writing and recording whimsical parodies of popular tunes ("I Left My Car In San Francisco" and "Mamas, Don't Let Your Babies Grow Up To Be Busboys" come to mind). His work has been by recognized by the Smithsonian Institute and he was awarded a Presidential Award by President Clinton. We will delve into his rags-to-riches story through videos and in his own words.

**Instructor:** Jorge Tapia

Jorge Tapia is a retired TUSD teacher, retired Master Sergeant-US Army, and spent 16 years as an adjunct faculty member of the NAU-Tucson campus. His interests are hiking, listening to all genres of music and traveling. He has been a member of OLLI since 2013.

## The Cold War Is Still Going and Starting To Heat Up Again

**Subject Area:** History/Current Events

**Tuesdays:** 8 Sessions 9:00 AM - 10:45 AM

**Start:** Tue 2/20/24 **End:** Tue 4/9/24

**Location:** Ocotillo Room **Class Size:** 50

### Course Description

The Cold War starts with the Western nations' intervention in the Russian Revolution in 1917. The Cold War becomes an official term in the 1940s and moved from Russia to China in the last two decades.

In this class, we will cover the Truman Doctrine of Containment, our clash with the Russians over what should control Europe and the world, Communism vs. Democracy, and Socialism vs. Capitalism. We will be discussing the Arms Race, the Space Race, and MAD (Mutual Assured Destruction), Failsafe, the Cuban Missile Crisis, the Iron Curtain, the Marshall Plan, the Berlin Airlift, the North Atlantic Treaty Organization vs. the Warsaw Pact. , the fall of China, and hot spots such as Korea, Vietnam, and Afghanistan, and the fall of the USSR. Now it is China vs. the United States and the effects of all these things on the population of America and its economy.

We will also be examining the political, social, and economic events taking place in the United States from the 1930s to the present and how they were affected by the Cold War.

**Instructor:** Jerry Howell

Jerry Howell has taught OLLI classes for over 5 years. He has 46 years of teaching experience at the high school and college level. He received his B. A from San Jose State University, M. S. from Cal Poly, San Luis Obispo, and Ph. D. from Oregon State University. His teaching experience has included graduate-level courses and Advanced Placement in U. S. History, Human Geography and World History.

## American Success Stories

**Subject Area:** Arts/Culture, History/Current Events, Literature/Writing/Language

**Tuesdays:** 4 Sessions 11:00 AM - 12:45 PM

**Start:** Tue 2/20/24 **End:** Tue 3/12/24

**Location:** Ocotillo Room **Class Size:** 65

### Course Description

Our country has been very fortunate to be the home of a wide array of gifted and talented individuals who have made us the most productive and successful nation in the world. This class focuses on astute people from all backgrounds who have contributed to our nation's enthusiastic growth and prosperity. The working format includes a brief bio of the highlighted person and his/her accomplishments. What follows are video clip(s) that are topical, supportive, and instructional. The class also focuses on the intriguing and successful roles of Top and Second Bananas.

**Instructors:** Arnie Bianco, Susan Williams

Arnie is a long time retired educator as a teacher, school principal and adjunct instructor at Chapman University, NAU, Brown Mackie College, and Brookline College. Arnie is an active OLLI member. He has been a teacher for a number of years and has done relationship workshops in more than 10 states. He is a published author who has always loved to teach. His wife is presently a teacher.

This is Susan's 5th year at OLLI. She began as a student and quickly expanded to tech-host, co-host, and is now a member of the OLLI board. She is flexible, fun to work, supplies knowledgeable tech support, and is an outstanding partner.

## Women of the Old West

**Subject Area:** History/Current Events

**Tuesdays:** 6 Sessions 11:00 AM - 12:45 PM

**Start:** Tue 3/5/24 **End:** Tue 4/9/24

**Location:** Saguaro Room **Class Size:** 50

### Course Description

The Women of the Old West class will highlight true stories of the pioneering wives, mothers, daughters, teachers, writers, entrepreneurs, and artists who shaped the old west and helped change the face of American history.

These women are not as famous or as well-known as Big Nose Kate, Calamity Jane, or Belle Starr. They may even be considered "ordinary" women, but their many accomplishments are "extraordinary." The indomitable spirit of these women, combined with their intellect, passion, and talent spurred them on to overcome challenges and become an inspiration to many. You may not recognize their names, but you will be amazed by their successes.

**Instructor:** Patricia Howell

Patricia Howell has taught OLLI classes and hosted field trips for the Southeast OLLI Campus for three years. She has 40 years of teaching and education administration experience at the high school and college level. Patricia received her B. S. and M. S. from Chadron State College in Nebraska and Ed. D. from Portland State University in Oregon. She has served as a high school assistant principal and principal, assistant superintendent of curriculum and instruction, and superintendent of schools.

## Canceled: Crafting with Kids

## One-Hit Wonders

**Subject Area:** Arts/Culture

**Tuesdays:** 4 Sessions 1:00 PM - 2:45 PM

**Start:** Tue 3/5/24 **End:** Tue 3/26/24

**Location:** Ocotillo Room **Class Size:** 20

### Course Description

For those of you (us) who grew up listening to pop/rock music on the radio, and later, watching music videos, I invite you to join me on a nostalgic trip back to the music of our adolescence, and younger and older adulthood. I will focus on singers/bands that released a recording which climbed the Billboard Top 100 and other charts once, but which later faded into obscurity, or which continued producing albums, but failed to reach those lofty heights again.

We will watch snippets of selected one-hit wonders from the last four decades of the 20th century, music you either loved or hated. Hopefully, we will also answer the burning question on everyone's mind at the time, "What are Dexys Midnight Runners, and why is everybody talking about them?".

**Instructor:** Jorge Tapia

Jorge Tapia is a retired TUSD teacher, retired Master Sergeant-US Army, and spent 16 years as an adjunct faculty member of the NAU-Tucson campus. His interests are hiking, listening to all genres of music and traveling. He has been a member of OLLI since 2013.

## Crooners and Love Songs

**Subject Area:** Arts/Culture, History/Current Events, Literature/Writing/Language

**Tuesdays:** 4 Sessions 11:00 AM - 12:45 PM

**Start:** Tue 3/19/24 **End:** Tue 4/9/24

**Location:** Ocotillo Room **Class Size:** 65

### Course Description

A crooner is a singer who sings in a soft, intimate style and holds a unique place in the musical history of America. This class will listen to several representative songs from each decade (20's-60's) and includes brief crooner bios and any historically pertinent information. Our journey will begin with Al Jolson with stops from Bing Crosby, Tony Bennett, Frank Sinatra, and many more.

**Instructors:** Arnie Bianco, Susan Williams

Arnie is a long time retired educator as a teacher, school principal and adjunct instructor at Chapman University, NAU, Brown Mackie College, and Brookline College. Arnie is an active OLLI member. He has been a teacher for a number of years and has done relationship workshops in more than 10 states. He is a published author who has always loved to teach. His wife is presently a teacher.

Five years ago, Susan joined OLLI as a student and quickly became a tech host, co-host, and a member of the OLLI board. She is knowledgeable, dependable and a lot of fun.

## Building a Star, and Then What?

**Subject Area:** Science/Math/Technology

**Tuesdays:** Single session 3:00 PM - 4:45 PM

**Start:** Tue 3/19/24 **End:** Tue 3/19/24

**Location:** Saguaro Room **Class Size:** 55

### Course Description

Your basic star is the simplest entity in the Universe. It can be described by only five equations. Yet real

stars also rotate and are typically either born with or generate internal magnetic fields. These characteristics are responsible for the activity that causes a star's brightness to be variable. Like us, stars age and this imposes internal chemical inhomogeneities that drastically change the star's structure, a situation complicated by ongoing infill from debris (comets) left over from the star's initial collapse from a gas cloud. Also on the surface, outflowing winds gradually change the star's mass and rotation rate. Oh, wait! In addition to all these processes operating in an isolated star, it's now known that, unlike the Sun, most stars are members of binaries or even trinary systems. As they age these stars swell and transfer matter to their co-orbiting companion. Whether single or binary members, they eject metal-rich matter back into space. This action seeds new generations of stars with heavy elements, and among other things, ultimately brings about our existence.

Instructor: Myron Smith

Obtaining his PhD at UA in 1971, Myron Smith became a postdoc at UC Santa Cruz. He went on to professorships at the Univ. of Toledo and UT Austin. He joined the National Solar Observatory and from there transferred to the International NASA's Ultraviolet Explorer satellite mission, then to the archival center at the Space Telescope Science Institute in Baltimore. He also served as Director of the Stellar program at the National Science Foundation. The latter experience schooled him not only on how stars tick but astronomers do too. He likes to hike the Catalinas and folkdance.

## [180 Days Around the World on a Cruise Ship – Take 2](#)

**Subject Area:** Travel/Entertainment

**Tuesdays:** 2 Sessions 1:00 PM - 2:45 PM   **Start:** Tue 4/2/24 **End:** Tue 4/9/24

**Location:** Ocotillo Room **Class Size:** 65

### Course Description

What comes to mind when you hear about a six-month cruise around the world? Who takes a trip like this one and why? How do you prepare for leaving home? What do you pack? What is life like on board and off? How has the pandemic changed cruising (observations from the same ship with a similar itinerary three years later)? What happens if you get sick or must leave the ship due to an emergency? How are they handling COVID? Would you do it more than once?

In 2020, we boarded a ship for a 180-day cruise around the world. On March 13, 2020, everyone was notified that we had to disembark in two days in Rio de Janeiro after only 67 days on board. In 2023, we decided to try again. Comparing a similar itinerary on the same ship, how has COVID changed cruising? Find out about lessons learned - dos and don'ts.

Session 1 will address these questions with the remainder of class devoted to viewing photos from ports of call in the Americas. Session 2 will be devoted to ports from the rest of the cruise.

Instructor: Carol Hubbard

Carol loves travel and the experiences of foreign lands and people. She especially loves sharing her adventures with others and encouraging them to try something new.



## [eBay & Craigslist: Selling the Treasures in Your Closet](#)

**Subject Area:** DIY/Self-Help

**Tuesdays:** 2 Sessions 1:00 PM - 2:45 PM   **Start:** Tue 4/2/24 **End:** Tue 4/9/24

**Location:** Saguaro Room **Class Size:** 55

### Course Description

Your SGL Bill Couchman has made over \$20,000 selling several hundred items on the online platforms eBay and Craigslist. Craigslist is best for large/heavy items. Bill will give you tips on what sells and doesn't, how to create an ad, set up payment arrangements, and how to wrap and ship.

In the first of two classes, Bill will demonstrate how the eBay site works. We will create an ad and hope that it sells by the next week's class. In the second week, we will discuss shipping options, packaging it, and printing a postage label.

**Instructor:** Bill Couchman

Bill Couchman holds a B. E. from Yale University and MBA from Carnegie-Mellon University. He has 33 years in planning management at Ford Motor Company, has taught 10 OLLI different classes, several of them multiple times, and is a 20-year tax pro and Master Tax Advisor for Block Advisors. 81 years old and not retired yet!

## Wednesdays

### [Capitalism, Government, Money, and the Future of the World – Part Two](#)

**Subject Area:** Civic

Engagement/Community/Government, History/Current Events, Social Sciences

**Wednesday and Thursday:** 10 Sessions 3:00 PM - 5:00 PM   **Start:** Wed 1/24/24 **End:** Thu 2/22/24 - **Class meets two times per week**

**Location:** Saguaro Room **Class Size:** 50

### Course Description

Last fall, we looked at the development of capitalism and industrialization, from their beginnings in the 1700s, through to the end of the 20th Century. We took note of the essential characteristics of capitalism, and how the economy has evolved, in demonstration of these characteristics, over the last 250 years. And we saw how capitalism in the US began operating in a much more stable and productive way, since around 1940. Then we explored exactly why it has been functioning in such a sustained, improved way.

Now it's time to consider what has happened so far in the 21st Century. Are recent events in accord with our earlier observations from history? And what does it all mean for the future? Most critically: Does the US have its act together, to be able to compete over the long haul against an immensely powerful, ascendant China? And what choices do we need to make, to ensure the most secure future for ourselves, and for future generations of Americans?

**Instructor:** Mark Yourek

Mark Yourek is a business professional who has spent his career working with dozens of the largest

corporations in the world, both in the US and abroad, in the fields of consulting, strategy, and project management. His primary research interests include economics, government, and history. He holds a BA degree in International Relations from USC, and an MBA from UCLA.

## Cheng Man Ching – 37

### Movement Tai Chi Chuan

**Subject Area:** Arts/Culture, Health/Wellness

**Wednesdays:** 6 Sessions 9:00 AM - 10:45 AM

**Start:** Wed 1/24/24 **End:** Wed 2/28/24

**Location:** Saguaro Room **Class Size:** 20

#### Course Description

We will attempt to learn the basic movements of this traditional Tai Chi form. This should be possible for a diligent student and interesting for the casual student. The emphasis of the Cheng Man Ching form is on balance, meditation and flexibility as defined by the pursuit of a practice of developing a soft and internal energy as applied to this counter-intuitive martial art form. It requires a mixture of standing, walking, moving and brief lecture on the origin of the art. Students will be expected to assist with the movement of tables and chairs to make room for practice (actually quite easy if time consuming).

**Instructor:** Duncan Scott

Duncan has been a member of OLLI for 15 years during which he has been a SGL for several humanities subjects. Tai Chi has been a lifetime interest as he has studied with renown teachers in San Francisco and Los Angeles over the years. He is interested in passing on his knowledge of Tai Chi as it is particularly valuable to seniors in their quest for balance, flexibility and good health.

## Nuts and Bolts of the Criminal Justice System

**Subject Area:** Civic

Engagement/Community/Government

**Wednesdays:** 6 Sessions 9:00 AM - 10:45 AM

**Start:** Wed 2/7/24 **End:** Fri 3/8/24

**Location:** Ocotillo Room **Class Size:** 30

#### Course Description

Americans are fascinated with TV shows and movies involving police, lawyers, trials, and everything related thereto. Unfortunately, most have at best a very superficial knowledge of how the criminal justice system works. This course is designed as a "nuts and bolts" discussion of the criminal justice system from arrest to appeal and everything in between. Participants will learn things such as, what does a Grand Jury really do? Who are the Grand Jurors? How are they selected? Can legally seized evidence be used at trial? Who decides what charges can be brought against an individual? How is a sentence determined? The course will consist of six 1" hour sessions presented by a lawyer with 54+ years of trial experience in the areas of prosecution, criminal defense, personal injury, and civil rights litigation, and will include, from time to time, video clips and war stories. When you are done with this course, you won't be a lawyer, but you will have a much better practical understanding of what is happening in any given case.

**Instructor:** Stephen Weiss

Stephen Weiss is a recently retired trial attorney who has practiced in Tucson for 54+ years. His practice has been primarily in 3 areas: criminal defense, civil rights involving police misconduct, and personal injury.

## Short Stories by Gabriel García Márquez

**Subject Area:** Literature/Writing/Language

**Wednesdays:** 8 Sessions 9:00 AM - 10:45 AM

**Start:** Wed 1/24/24 **End:** Wed 3/13/24

**Location:** Palo Verde Room **Class Size:** 20

### Course Description

During this eight-week class, we will read and discuss in Spanish four short stories from the 2020 collection Todos Los Cuentos which contains all the stories from García Márquez's four previously published collections dating from 1947 to 1982. We will read one story from each original collection. These collections represent the author's changing and continuing areas of interest and literary devices. García Márquez went through life with a very active sense of humor which we will all enjoy. Participants will read the selections prior to class and then the selection will be discussed during two class sessions.

Participants will purchase the Kindle Edition. For reading the Kindle Amazon app is free and can be used on any device. A Kindle book has several advantages over a traditional text: links to a Spanish language dictionary, to Wikipedia, and a bilingual Spanish-English dictionary. Additionally, there is a notebook which allows the reader to take notes linked to the text. It is recommended that you also purchase the Audible edition. The Audible app is free, and you can control the reading speed.

**Instructor(s):** Susan Sotelo

Susan Sotelo began her teaching career as a graduate student instructor (GAT) at the University of Arizona. After receiving a MA, she taught K-12 students. Then she returned to the University of Arizona and again taught in the basic language program. After receiving her PhD in Spanish Language Literature, she taught at Pima College.

She also taught privately and tutored students. Then she took a job teaching for the Spanish Club in Sun City Vistoso in Oro Valley. This began her experience as a teacher of adult/senior students. She has taught Spanish at OLLI Central Tucson since 2015.

## Film Discussion Class

**Subject Area:** Arts/Culture

**Wednesdays:** 12 Sessions 11:00 AM - 12:45 PM

**Start:** Wed 1/24/24 **End:** Wed 4/10/24

**Location:** Saguaro Room **Class Size:** 55

### Course Description

We will meet weekly to discuss a film that has been watched by the class. The film selection will be assigned to or voted upon by class members. A class member will lead the discussion for the movie. This class has been ongoing for several years and generates lively and engrossing discussions as members dissect and compare films, frequently calling upon their own personal and professional experiences. Please consider volunteering to lead the discussion. A guide to how to lead the discussion will be given out prior to the first session. Movies will be from The Loft, local theaters as well as Netflix/Amazon.

**Instructor:** Rob Getlan

Rob Getlan has always been an avid film enthusiast. This class has been a great way to see and discuss the new releases from Netflix, Amazon, and The Loft.

## News and Views

**Subject Area:** History/Current Events

**Wednesdays:** 12 Sessions 11:00 AM - 12:45 PM

**Start:** Wed 1/24/24 **End:** Wed 4/10/24

**Location:** Palo Verde Room **Class Size:** 30

### Course Description

This long-going class features an interactive format. We cover your news and views that are discussed in class. We also have a lot of fun.

**Instructor:** Terry Coleman

Terry has been in OLLI for many years and lives in Tucson.

## Rogue Theatre Presentation

**Subject Area:** Arts/Culture

**Wednesdays:** Single session 11:00 AM - 12:45

**PM Start:** Wed 1/24/24 **End:** Wed 1/24/24

**Location:** Ocotillo Room **Class Size:** 65

### Course Description

The Rogue Theatre is an intimate 160-seat Small Professional Theatre in the heart of Tucson, housed in The Historic Y, adjacent to a large parking lot. The theatre is what is called a "black box," a design that promotes flexibility in staging and seating. Cynthia Meier and Joseph McGrath founded the Rogue 18 years ago. The Rogue emphasizes quality. The productions challenge, stretch, and invigorate the audience. They emphasize language and literature. The Rogue family includes highly talented ensemble performers who can make the audience laugh, cry, and think. There are five fully produced plays each season, always including one by Shakespeare. The Rogue also offers Play Readings that are rehearsed for about 12 hours and performed with scripts in hand. In this single session, Joe and Cindy will describe the Rogue and illustrate their acting skills

Phone: 520.626.9039

Email: [ollimail@arizona.edu](mailto:ollimail@arizona.edu)

Website: [oli.arizona.edu](http://oli.arizona.edu)

with one or two brief scenes. They may bring another actor with them or their musical director to add to the performance.

**Instructor(s):** Eloise Gore, Allen Hile

Eloise Gore has been an OLLI member for over five years. Some of her favorite classes have been presentations by local performance organizations: True Concord, Tucson Symphony Orchestra, and the Rogue Theatre. Eloise has missed these entertaining and intimate introductions to local performers. Now Eloise would like to resume these kinds of classes beginning with the Rogue Theatre.

Allen has also been a member of OLLI for over five years and attended dozens of classes.

## Canceled: Getting Active in Local Politics

## International Development in North Africa

**Subject Area:** History/Current Events, Social Sciences

**Wednesdays:** 8 Sessions 1:00 PM - 2:45 PM

**Start:** Wed 1/24/24 **End:** Wed 3/13/24

**Location:** Ocotillo Room **Class Size:** 45

### Course Description

This course offers an opportunity to explore the complexities and challenges associated with sustainable and community development in the region with a particular focus on Morocco. This course will also explore active development organizations in the region such as CorpsAfrica and Peace Corps. The program aims to provide participants with a comprehensive understanding of the socio-economic, political, cultural, and regional constituents that shape international development efforts in Morocco. In addition, the course will



incorporate lectures, workshops, interactive discussions, and the opportunity to speak with guest speakers active in the international development field. Participants will gain in-depth knowledge about the region's development strategies, initiatives, and potential for growth.

Instructor(s): Mourad Abdennebi

Mourad Abdennebi is a PhD Student from Morocco in the Second Language Acquisition and Teaching program. He can speak knowledgeably about North Africa, development in North Africa, Arabic, Moroccan culture and food, and other topics.

## Investing in Retirement

**Subject Area:** Social Sciences

**Wednesdays:** 2 Sessions 1:00 PM - 2:45 PM

**Start:** Wed 1/24/24 **End:** Wed 1/31/24

**Location:** Palo Verde Room **Class Size:** 20

### Course Description

Investing in Retirement is a comprehensive two-session course that equips individuals with the knowledge and tools to ensure their portfolio is setting them up for success in retirement. This course covers topics, such as investment policy statements, time horizons, risk tolerance, income investing, and alternative investments. Participants will learn how to build a robust portfolio that considers inflation and their lifespan. Explore withdrawal rates and strategies to ensure a sustainable income stream. Join us to gain the confidence and expertise to navigate the complexities of retirement investing successfully.

Instructors: Richard Mundinger, CFA, Ashlyn Tucker

Richard Mundinger, CFA, with four decades of experience, provides expert investment management to private clients at RMH. A Total Investment Return approach underpins RMH's investment philosophy. As a CFA charterholder, Richard has a network of CFA contacts across the

US and globally. Richard's extensive expertise makes him a reliable financial advisor. His commitment to community service is demonstrated through his volunteering with the Community Foundation of Southern Arizona, where he served the Board, Investment, Finance, and Building committees.

Ashlyn Tucker is a graduate of the University Arizona with a Masters in Finance, is a CFA Institute Level 2 candidate, and has a passion for investments.

## Writing the Good Times: Memoir

**Subject Area:** Literature/Writing/Language

**Wednesdays:** 12 Sessions 3:00 PM - 4:45 PM

**Start:** Wed 1/24/24 **End:** Wed 4/10/24

**Location:** Palo Verde Room **Class Size:** 30

### Course Description

This semester at OLLI, as in past semesters, I will be teaching Creative Writing with an emphasis on Memoir writing. Remembering and writing the "stories" of our lives is important for many reasons; nostalgia, therapy, leaving a legacy for our children and grandchildren and others who may be interested in life stories interestingly written. We'll talk about style, descriptions, where to begin our memoir and what to include and exclude. It's always fun and fascinating to write our "life stories".

Instructor: Lollie Butler

Lollie Butler has taught creative writing to high school students and Arizona incarcerated women. She holds a master's degree from The University of Arizona and currently is a published writer of memoirs, poetry, and writes music lyrics for a nationally known composer. She has received many awards in writing including a fellowship from the Arizona Commission for the Arts.

## Solar Storms and the Origins of Religion

**Subject Area:** Literature/Writing/Language, Philosophy/Spirituality/Religion, Science/Math/Technology

**Wednesdays:** 2 Sessions 1:00 PM - 2:45 PM

**Start:** Wed 2/7/24 **End:** Wed 2/14/24

**Location:** Palo Verde Room **Class Size:** 20

### Course Description

The sun is a variable star. With major flare cycles of about 12,000 years (calibrated from ice core samples) and intermediate major plasma storms of 6,000, 3,000 and 1,500 years, catastrophes depicted in ancient legends, myths and sacred texts can be attributed to devastating solar eruptions (CME's, SPE's and cosmic rays). Scientists like Dr. Anthony Peratt at the Los Alamos laboratory have produced convincing evidence that Paleolithic and neolithic petroglyphs and cave art depict witnessed displays of solar plasma bombardment. A minor but significant solar storm in modern times was the Carrington Event of 1859 which brought down telegraph systems worldwide and lit the skies with aurorae for days. In this class you will learn how the sun and Earth connect electromagnetically and about our present exposure to solar flare risks in a tech-dependent age.

Instructor: Donald Berk

Donald J Berk is a retired tech entrepreneur. Before starting his software products company, Fortress Technologies, he held CIO executive positions in NASDAQ computer and telecom firms, and served as VP of manufacturing for a division of Caterpillar. He holds an MFA from Bennington College and completed the University of Manchester/Jodrell Bank program in radio astronomy. He also holds a Commercial Pilot and FAA flight instructor rating. He is an Air Force Vietnam-era veteran.

## Hear Me Roar

**Subject Area:** Health/Wellness, History/Current Events, Science/Math/Technology

**Wednesdays:** 2 Sessions 11:00 AM - 12:45 PM

**Start:** Wed 2/21/24 **End:** Wed 2/28/24

**Location:** Ocotillo Room **Class Size:** 65

### Course Description

This is all about amazing women in science and medicine. They left their mark and changed the world. From goddesses to saints (and maybe a few sinners), from the ancients to modern day, to the ordinary, everyday women who stepped up and accomplished extraordinary things. There's Tapputi (1200 BCE), credited with being the world's first chemist. Maria the Jewess lived somewhere between the first and third centuries CE and we use her inventions even today. Ever hear of Professor Suzanne Simard, the Tree Whisperer? Dr Virginia Apgar? Dr Francoise Barre-Sinoussi? What about Dr Rebecca Lee Crumpler, the first black female to graduate from a U. S. medical school? Or Mary Elizabeth Mahoney, the first African American woman to graduate from nursing school. Then there is Dr Sue. She was the first Native American physician. Wait to you hear her story. There are so many more that have made our lives better. We don't have time to highlight everyone, but we honor them all. Come meet them. They won't disappoint.

Instructor: Michele Romano

Dr. Michele Romano is a Family Physician in Fairfax, Virginia who retired in 2015. She attended VCU (Virginia Commonwealth University) School of Medicine and was elected into the AOA National Medical Honor Society in her junior year. She held a faculty appointment as an associate professor of clinical medicine at VCU and served on both the VCU Board of Trustees and the VCU Health System Board. She was regularly listed as a Top Doc in the Washingtonian Magazine. Dr. Romano was also a

Phone: 520.626.9039

Email: [ollimail@arizona.edu](mailto:ollimail@arizona.edu)

Website: [oli.arizona.edu](http://oli.arizona.edu)

nurse for 12 years before going to medical school. She opened and supervised the first intensive care unit in Fairbanks, Alaska in 1970. She and her husband have a second home in Tucson where they spend the winter.

## [Artful Shadows: Shadows in Painting, Photography, Film and Architecture](#)

**Subject Area:** Arts/Culture,  
Science/Math/Technology

**Wednesdays:** 5 Sessions 1:00 PM - 2:45 PM

**Start:** Wed 2/21/24 **End:** Wed 3/20/24

**Location:** Saguaro Room **Class Size:** 55

### Course Description

Shadows are all around us. They occur when objects block natural light from the sun or artificial light from human-made sources. But in addition to the shadows we see everywhere in our environment, there's another type of shadow: pictures of shadows that we see in paintings, photographs, and films. And it is these shadow-pictures that this course is about. We will describe the history of shadows (1) in paintings stretching from cave art to paintings of the Renaissance, Andy Warhol, and beyond, (2) in photographs from early photograms to modern photographs taken by Ansel Adams in nature and Henri Cartier-Bresson on city streets, and (3) in films from the first moving pictures to "film noir" detective films like *The Maltese Falcon* and dramatic films like *The Godfather*. After surveying the history of each type of art we will describe the creative process involved in making each type of picture and the cognitive processes involved in perceiving and understanding these pictures. We will see that shadows can shape perceptions, meanings, emotions, and storylines and that each type of art has its own special properties. We will also consider topics such as camera-less photography, shadow-

sculptures, computer editing and creation of shadows, and how architects have created buildings that shape the patterns of light and shadow both inside and outside of buildings.

**Instructor:** Bruce Goldstein

Bruce has taught OLLI courses *Your Amazing Mind*, *Cognition and Aging*, *Social Relationships*, *The Mystery and Science of Shadows*, *The Art of Shadows* and *Writing for Self-Discovery*. While teaching in the psychology department at the University of Pittsburgh he received the Chancellor's Distinguished Teaching Award for his teaching and textbook writing. He is the author of two widely used college textbooks: "Sensation and Perception 11th edition" and "Cognitive Psychology, 5th edition" and two books for general readers, "The Mind: Consciousness, Prediction and the Brain" (MIT Press) and "Shadows: Culture, Science, and Art" (Univ of Cambridge Press).

## [Altruism Works: Exploring Local Non-profit Opportunities](#)

**Subject Area:** Civic

Engagement/Community/Government,  
Crafts/Cooking, Social Sciences

**Wednesdays:** 5 Sessions 9:00 AM - 10:45 AM

**Start:** Wed 3/6/24 **End:** Wed 4/3/24

**Location:** Ocotillo Room **Class Size:** 65

### Course Description

Come explore the world of volunteer activities at local non-profits in Tucson: Altruism Works. Each week we will be hearing from non-profits that serve different groups of people in need in our community. Come and listen to them describe their programs, volunteer opportunities, and how you can support them either directly or indirectly. Learn about what different non-profits are doing to help those in need. The course covers five areas of

## OLLI-UA Spring 2024 – Central Tucson Campus

interest: Housing Insecurity, Seniors, Women, Children & Families, and Social Media.

**Session One (March 6):** Non-profits serving those who experience housing insecurity. We will hear from Lupita Rodriguez, Director of External Relations at [The Primavera Foundation](#), Jean Fedigan from [Sister Jose Women's Center](#), and Tom Litwicki, Chief Executive Officer of [Old Pueblo Community Services](#).

**Session Two (March 13):** Non-profits serving seniors in Pima County. Presenters will include Christina Walker, Volunteer Services Coordinator of the [Pima Council on Aging](#), Vivan Escobar, who is the Senior Services Manager for [Interfaith Community Services](#), and Maya Luria, Director of Community Partnerships and Outreach for [Tucson Medical Center](#) for seniors.

**Session Three (March 20):** Non-profits serving women. We will have presentations from Lori Aldeoca of [Emerge Center Against Domestic Abuse](#), Marcy Kumer, Outreach Director for [The Haven Substance Abuse and Recovery for Women](#), and Jacline Lown-Peters, Executive Director of Operations for [Eagles Wings of Grace](#), the Compassionate Closet.

**Session Four (March 27):** Non-profits serving children and families. We will hear from Bethany Neuman, Director of Development and Communications for [Youth on Their Own](#), Kari Calvarese, Pima County Lead Coordinator, and Linda Koval of the [CASA Support Council](#).

**Session Five (April 3):** Non-profits and social media, and what you can do to help. Elaine Bogen, Social Media Consultant, will discuss how nonprofits use social media to promote their causes and how seniors who are on social media can help them. There will be an overview on how social media works, and why nonprofits use it, with an emphasis on Facebook and Instagram. It will cover why following and liking a site are important, why reposting a post from a non-profit helps them, and

how you can support the work these agencies are doing indirectly using your social media presence.

Instructor: Jan Fulwiler, PhD

Jan Fulwiler, MSSW, PhD is a retired psychologist who has facilitated positive psychology classes for 15 semesters at UW-Madison Division of Continuing Education and PLATO life long learning at the University of Wisconsin Madison. She is especially interested in positive psychology and what helps people thrive throughout their life span. She believes strongly in giving back to the greater community and believes in the power of altruism.

### Foster Care Review Board Volunteers – Who, What, Why

**Subject Area:** Civic

Engagement/Community/Government,  
History/Current Events, Social Sciences

**Wednesdays:** Single session 11:00 AM - 12:45 PM **Start:** Wed 3/6/24 **End:** Wed 3/6/24

**Location:** Ocotillo Room **Class Size:** 65

#### Course Description

This class will provide an overview of the AZ Foster Care Review Board (FCRB) Program and the vital oversight role volunteers serve in Department of Child Safety (DCS)/court-involved cases. What You Will Learn: Role of FCRB board members; requirements and training; anatomy of a child's case review; how FCRB fulfills federal and state mandates; how board members advocate for each child/family and identify systemic issues.

We all hear about neglect and abuse cases. If you know someone who has an interest in helping children, FCRB is one way to become involved, be part of the solution, and have a meaningful impact on children's lives.

Instructors: Sandy Guizzetti, Esmeralda Cantano

Phone: 520.626.9039

Email: [ollimail@arizona.edu](mailto:ollimail@arizona.edu)

Website: [olli.arizona.edu](http://olli.arizona.edu)



Sandy Guizzetti, has been with the Arizona Supreme Court Foster Care Review Board (FCRB) for over 33 years and is currently the regional manager for the Tucson Office. The FCRB is a volunteer program, administered by Supreme Court to provide an independent review, of every child who is placed in out-of-home (foster/kinship) care. FCRB volunteers review each child's case and provide unbiased recommendations to the Judge.

Esmeralda Cantano has been a supervisor for the Foster Care Review Board Program for over 15 years and was previously a case manager for the Department of Child Safety.

## Exploring SW Culture With a Focus on Navajo Textiles & Their Designs

**Subject Area:** Arizona History/Culture, Arts/Culture

**Wednesdays:** 3 Sessions 1:00 PM - 2:45 PM  
**Start:** Wed 3/6/24 **End:** Wed 3/20/24

**Location:** Palo Verde Room **Class Size:** 20

### Course Description

Join a group of like-minded folks to learn about Navajo culture and textiles by sharing your knowledge or a desire to learn more about a southwestern art form. You can bring a textile to share and discuss with the group. One can learn so much from every textile as each is a unique inspiration by the individual weaver. You can join to just enjoy the exciting colors and artistic patterns or delve into techniques and histories of different regional styles as promoted by various trading posts.

Instructor: Marie Lynn

As a resident of the SW for over 50 years, 35 of which have been in Tucson, the history of native cultures and their arts have been appreciated as

well as studied. Textiles, especially Navajo ones, have been a focus as various trading posts were visited to learn about their influence on various styles and by Navajo culture.

## The Plantagenets: The Real Game of Thrones

**Subject Area:** History/Current Events

**Wednesdays:** 3 Sessions 9:00 AM - 10:45 AM  
**Start:** Wed 3/20/24 **End:** Wed 4/3/24

**Location:** Palo Verde Room **Class Size:** 20

### Course Description

Session One: Explore the dynasty's evolution from 1155 to 1327 and its brutal struggles for power fueled by ambition and greed. We begin with nineteen-year-old Henry, eldest son of the Duke of Anjou and Empress Mathilda, and his lust for France's thirty-one-year-old queen, Eleanor of Aquitaine, portrayed by Peter O'Toole and Katherine Hepburn in the 1968 film *The Lion in Winter*.

Session Two: Focus here is on the reign of King Edward III, a pawn in the murderous "game of thrones" between his parents, King Edward II, and Isabella, the she-wolf of France. From his reign's tumultuous beginning, Edward III reigned for fifty years. Upon King Edward's death, he was succeeded by his 10 YO grandson, Richard II. A jealous rivalry arose between Richard and his cousin, Henry Bolingbroke. Henry deposed Richard and crowned himself King Henry IV.

Session Three: This program will touch on the reigns of the Lancastrian King's Henry IV and Henry V but will concentrate primarily on the reign of Henry VI and his bouts of mental illness. The highest-ranking male member of the royal family, Richard, Duke of York, stepped into the void threatening the power. It's important to understand the lines of succession to comprehend the threat to Queen Marguerite. At York's rise in authority, the contention between

them escalated, spiraling into all-out civil war, much like that in Game of Thrones between the Lannisters and Starks.

Instructor(s): R Jay Brenner

R Jay Brenner is an independent researcher of Plantagenet history and a graduate of Miami University with a BA in Communication. Her article, "Joan of Kent, the First Princess of Wales", appeared in the Ricardian Bulletin, distributed internationally by the Richard III Society. She is also a member of the Historical Novel Society.

## [What Happened to Journalism?](#)

## [Where Can You Find News Now?](#)

**Subject Area:** Civic

Engagement/Community/Government,  
History/Current Events

**Wednesdays:** 4 Sessions 1:00 PM - 2:45 PM

**Start:** Wed 3/20/24 **End:** Wed 4/10/24

**Location:** Ocotillo Room **Class Size:** 50

### Course Description

In the past 25 years, journalism has changed beyond recognition. This class – taught by a veteran journalist with over 30 years of experience – will begin by looking at the journalism that OLLI members grew up with: daily newspapers, weekly magazines, and limited TV and radio newscasts. The goal was to present an objective view the world, summed up by Walter Cronkite's famous sign-off, "That's the way it is." You will learn what it was like to work as a journalist in this era, covering Congress, foreign affairs, business and topics ranging from professional sports to religion, education and politics.

The second class will examine the revolutionary changes that forced tens of thousands of journalists out of the field, greatly diminished the size and influence of traditional media, and led to the emergence of highly opinionated alternatives,

including cable news, podcasts, and internet-based outlets. Before, major journalism outlets largely agreed on the "facts" and the story. Now, there is no consensus and opinion is often more important than facts. All this has helped drive the polarization of our society.

Our third class will include a panel of Tucson-based journalists reflecting on how all these developments have changed journalism in Tucson. The final session will examine strategies for becoming an informed citizen in 2024. This will be an interactive class, and student participation will be welcomed and encouraged.

Instructor: William (Bill) Symonds

Bill Symonds worked as a professional journalist for more than 30 years. His career included working at a major daily newspaper as well as Business Week Magazine, when it was the world's largest business magazine. During his career, he served as a Washington correspondent; a foreign correspondent (based in Europe and Canada); and was also based in Des Moines; Pittsburgh; Denver and Boston. He wrote about an extremely broad range of subjects and won numerous awards. His journalism career ended in 2006 during the cataclysmic decline in print journalism.

## [A World of Friends Is a World of Peace – Friendship Force](#)

**Subject Area:** Arts/Culture,  
Travel/Entertainment

**Wednesdays:** Single session 11:00 AM - 12:45

PM **Start:** Wed 3/27/24 **End:** Wed 3/27/24

**Location:** Ocotillo Room **Class Size:** 35

### Course Description

Friendship Force International connects people with its mission to promote global understanding across the national barriers that separate people. Members of the force are considered Ambassadors who travel

Phone: 520.626.9039

Email: [ollimail@arizona.edu](mailto:ollimail@arizona.edu)

Website: [oli.arizona.edu](http://oli.arizona.edu)

throughout the world promoting peace, harmony, and goodwill across all cultures.

Instructors: Fran Pakenham, Irene Little, Steve Little

Fran has lived in Tucson since 1999 relocating from Milwaukee, WI. She is a retired real estate broker and holds a Business degree from Cardinal Stritch University. Since her retirement, Fran has become a curious traveler and enjoys meeting new people and learning about different cultures. In 2017 she learned about a friendship chapter and has been making friends around the world as an ambassador for Friendship Force International ever since. She is a member of OLLI and enjoys learning.

Stephen and Irene Little are retired professional astronomers. They have taught and interacted with other astronomers at various universities and colleges from Wellesley College, to the University of Colorado, to the University of Victoria. Their research interest is primarily in the late stages of stellar evolution.

## [Autism Spectrum – It's Not What We Thought](#)

**Subject Area:** Health/Wellness

**Wednesdays:** 2 Sessions 1:00 PM - 2:45 PM

**Start:** Wed 3/27/24 **End:** Wed 4/3/24

**Location:** Saguaro Room **Class Size:** 55

### Course Description

When people (grandparents, parents, teachers, nephews, etc. ) realize that I work with autism spectrum, I get questions. I'll try to answer them in this presentation/discussion, as well as help you understand how an autistic person's mind might work. The more you understand, the more you can be helpful. In a nutshell: we are wired for intersubjective experiences, and we are wired to be investigative, to seek patterns, and to be curious. From the beginning, some infants are more interested in interactions with others, and some

more interested in interacting with objects. With some, an interest in objects seems all encompassing. We now think that problems with coordinating a sensory motor sense with affects and cognitions, are difficult, and make it hard for the autistic child to reach toward others. The course will use video clips that illuminate the intersubjective world of an autistic person, as well as clips that parents have added to YouTube so that other parents can learn from them. I will also show some clips from documentaries of parents helpfully interacting with their autistic child. I'll also talk about how experiencing difficulties in childhood might impact the adult person on the spectrum, and how treatment might go. The class will be both lecture and discussion.

Instructor: Pamela Hays

Pam Hays is in private practice as a psychotherapist and psychoanalyst. She has worked with people on the autism spectrum since 2000, including their parents, and, in the last few years, has been engaged in understanding current research and clinical studies of autism. Her primary orientation is neuropsychological, developmental, cognitive, and psychoanalytic. She is also an adjunct faculty member at the level of Clinical Assistant Professor at University of Arizona Health Sciences Center. She has completed training in Psychoanalysis through the Arizona Center for Psychoanalytic Studies, and has trained in Mentalization Based Treatment, as well as DIR (Developmental, Individual Differences).

## Fascinating History of Cluckers (Chickens)

**Subject Area:** Health/Wellness, History/Current Events

**Wednesdays:** Single session 9:00 AM - 10:45 AM  
**Start:** Wed 4/10/24 **End:** Wed 4/10/24

**Location:** Palo Verde Room **Class Size:** 35

### Course Description

Join us for a fascinating and humorous look at chickens - the closest living relative to the mighty T Rex dinosaur. The first domesticated cluckers were 15th-century red junglefowl in Southeast Asia kept for meat and religious ritualistic purposes. In the 16th century, chickens conquered the world by providing eggs and fresh meat on sailing ships which led to chickens all over the world. In the 20th century, cluckers played a valuable role in warfare as "Canary Girls" with their sensitivity to airborne toxins saving countless lives by detecting toxic gases on battlefields. Following WWII, the poultry industry underwent a radical transformation with automated egg collection and large-scale broiler production. Fast food chains like KFC and the development of "chicken nuggets" propelled chickens to the status of global food icons. Today there are four chickens in the World for every person and 279 eggs per year are consumed by every person in the United States. Chickens are smarter than you think, they can distinguish 100 faces, perform basic arithmetic, lay an egg every 26 hours, make over 100 sounds, and can run the length of a football field without a head. Over 10% of the population have backyard chickens. Join us and find out how you can go from paying \$6 per dozen for eggs to raising backyard chickens and producing eggs that cost \$6 each. But it will be educational, and you will have a lot of fun.

Instructor: Gerald Geise

Gerald Geise is a Chemical Engineering graduate of Montana State University. He spent over 25 years in key management positions in the nuclear industry and lectures frequently on nuclear power issues. He has a lifelong hobby of making candles and has also given numerous presentations on the history of candles. Backyard chickens have also been in his life for over 20 years and he is now tackling giving a fascinating talk on cluckers (chickens).

## Thursdays

### Inside the National Park Service: Stories and Histories From a Former Ranger

**Subject Area:** Arizona History/Culture

**Thursdays:** 6 Sessions 9:00 AM - 10:45 AM  
**Start:** Thu 1/25/24 **End:** Thu 2/29/24

**Location:** Ocotillo Room **Class Size:** 65

### Course Description

Each session will cover a different topic.

Session 1: Search and Rescue in Yosemite National Park

In 2022, nearly 4 million visitors came to Yosemite, the great majority of them returned home, safe and sound. But not all of them! In the last fifty years, there have been some 8500 search and rescue missions in the park. YOSAR "Yosemite Search and Rescue" is one of the elite rural and mountain rescue teams in the world. Using many outstanding and rare photos, Butch Farabee, a ranger in Yosemite for almost ten years, will graphically (well, not too graphically) show you many of these incidents. Butch has written five books on this subject, one winning the National Outdoor Book Award.



**Session 2: Plane With 3 Tons of Marijuana, Into a Remote Lake in Yosemite**

A plane full of drugs disappeared into a lake in an isolated part of the park in December 1976. Not discovered for six weeks, three tons of marijuana and two pilots were under the ice for over six months. Over the years, this plane wreck and the subsequent recovery of the dope, has taken on near-legendary reputé in Sierra Nevada lore. Certainly tragic, much of the tale is also humorous. Several books and at least one movie were based on this incident. Butch Farabee was there, at the very beginning, diving on the plane wreck under the ice, as well as then recovering the two pilots, six months later.

**Session 3: National Park Service 101**

Most of you love our national parks, but do you know much about how both the National Park Service and National Park System (there is a difference) work? How is each organized and what makes them different? There are over 22 different kinds of national park areas. How is the agency organized geographically and how these areas come to be? How they are staffed, managed, and to what levels and with what amounts of funding? With 35 years of National Park Service experience and management, Butch Farabee will expose you to the basic inner workings of our national parks and the agency that manages them.

**Session 4: Death in Yosemite National Park - Why Research This Subject?**

Since 1855, nearly 1900 people have died in Yosemite and Butch Farabee has chronicled them, including writing a book about these. The park averages between 15 to 20 deaths per year, with 38 meeting their end in 1978 alone. From going over waterfalls, murder, planes wrecks, climbing, hiking, horse and buggy crashes, rocks and trees falling, suicides, drownings, lightning, and even a six-year-old being gored by a deer. Yosemite and Yellowstone have rangers who serve as Deputy

Coroners and Butch was one of them for over seven years. He will explain why it is important to document these tragedies and what we can learn from them.

**Session 5: National Park Service Dive Program**

There are 85 million acres included within our national parks, 11 million of those acres are underwater. There are 80 national park units that include ocean and large lakes and at least 70 of these areas have some history of diving, including, of all places, Hubbell Trading Post on the Navajo Reservation. Beginning in at least 1934, parks have used divers to learn about the resources they protect and, in 2019, the agency had 218 certified divers, making 7100 dives. They perform body recoveries, biological research and underwater archaeology, including of the USS Arizona Memorial in Hawaii. Butch Farabee, with over six decades of dive experience, 900 dives, and once overseeing the Service's national dive program, will discuss this largely unknown function of the Service. Butch has written a book on this subject. And there will be lots of pretty photos.

**Session 6: El Camino del Diablo - The Devil's Highway**

On the National Register of Historic Places, El Camino del Diablo, is a brutal, 200-mile long, prehistoric and historic route from northern Sonora to Yuma, Arizona, then on to the mission areas of California. Used for at least a millennium by Native Americans, conquistadores, Father Kino, miners, undocumented aliens, and modern-day adventurers, El Camino crosses three large federal areas in the extreme desert of southern Arizona, which is the focus of this presentation. A reputed 400 to 2,000 lives have been lost traveling along our very own, isolated and wild part of the Arizona-Mexico border, most from heat, exposure, and a desperate lack of water. Join Butch Farabee, who has driven this remote, four-wheel drive road six times, for a part history, part travelogue, and part

informational overview of this fascinating but humbling area.

Instructor: Charles "Butch" Farabee

Butch Farabee is retired from the National Park Service after 35 years as a ranger and superintendent in 11 national park areas, including Grand Canyon, Yosemite, Sequoia, Kings Canyon, Glacier, Death Valley, Lake Mead and Glen Canyon. He is a Tucson High School graduate and holds a BS in Zoology from the University of Arizona and an MS from Cal State-Fresno in Public Administration. He spent three years on the Tucson Police Department and is a graduate of the FBI Academy. He has published five books on park ranger-related subjects. He is also an Eagle Scout and has explored and researched Southern Arizona for much of his life.

## Writing for Self Discovery

**Subject Area:** Literature/Writing/Language

**Thursdays:** 6 Sessions 9:00 AM - 10:45 AM

**Start:** Thu 1/25/24 **End:** Thu 2/29/24

**Location:** Palo Verde Room **Class Size:** 10

### Course Description

In this study group we will write short essays (900 word max), on topics such as (1) something that stands out in your childhood, (2) a dramatic event that happened in your life, (3) something you are dealing with now or have dealt with recently, (4) an important decision that influenced, or perhaps even changed, your life. We will discuss each essay and provide feedback about how it is written. What typically happens in this class is that as people share their experiences and talk about their writing, they gain a deep appreciation for each other. Register only if you are committed to attending every session of the class, writing weekly essays and are open to receiving constructive feedback about your writing. You will also need to be able to email your essays to the other students in the class.

Phone: 520.626.9039

Email: [ollimail@arizona.edu](mailto:ollimail@arizona.edu)

Website: [oli.arizona.edu](http://oli.arizona.edu)

Instructor: Bruce Goldstein

Bruce has taught OLLI courses Your Amazing Mind, Cognition and Aging, Social Relationships, The Mystery and Science of Shadows, The Art of Shadows and Writing for Self-Discovery. While teaching in the psychology department at the University of Pittsburgh he received the Chancellor's Distinguished Teaching Award for his teaching and textbook writing. He is the author of two widely used college textbooks: "Sensation and Perception 11th edition" and "Cognitive Psychology, 5th edition" and two books for general readers, "The Mind: Consciousness, Prediction and the Brain" (MIT Press) and "Shadows: Culture, Science, and Art" (Univ of Cambridge Press).

## Expedition Cruising in the Polar Regions

**Subject Area:** Travel/Entertainment

**Thursdays:** Single session 9:00 AM - 10:45 AM

**Start:** Thu 1/25/24 **End:** Thu 1/25/24

**Location:** Saguaro Room **Class Size:** 55

### Course Description

Since 2001, we have taken five trips varying in length from ten to 35 days to the polar regions on expedition cruise ships. Find out how expedition cruising differs from other types of cruising, how to prepare, what to pack, and what makes up a "typical" cruising day. Hear about our last trip with two experiences new to everyone on the ship (passengers and crew) and why this was really a trip of a lifetime. And, what about that polar plunge?

Most of the session will be sharing my experiences with photos and videos, many from professional photographers. Find out what I learned about my Tucson photography from a National Geographic photographer on the expedition team who lives here.

Instructor: Carol Hubbard

Carol loves travel and the experiences of foreign lands and people. She especially loves sharing her adventures with others and encouraging them to try something new.

## Great Decisions 2024

**Subject Area:** History/Current Events

**Thursdays:** 8 Sessions 11:00 AM - 12:45 PM

**Start:** Thu 1/25/24 **End:** Thu 3/14/24

**Location:** Palo Verde Room **Class Size:** 30

Additional Costs: Independent purchase of the Great Decisions Briefing Book is highly recommended.

### Course Description

Great Decisions is America's largest discussion program on world affairs and foreign policy. The preliminary topics for 2024 will include:

1. Mideast realignment
2. Pandemic preparation
3. NATO's future
4. Climate technology and competition
5. Understanding Indonesia
6. US and China investment strategies
7. Science across borders (cooperation and regulation)
8. High seas treaty

This class will be interactive with guest speakers with expertise in these topics. If any OLLI members have experience working on any of the topics, please reach out to me to discuss.

The Foreign Policy Association publishes a Great Decisions Briefing Book and DVD each year.

Independent purchase of the briefing book is highly recommended. It can be ordered online from the Tucson Great Decision's Association (TGDA. org) for \$28-\$30. An electronic version will be available from Amazon and other e-book retailers in 2024.

**Instructor:** Diane-Marie Landsinger

Diane-Marie Landsinger is a cross-cultural trainer who has worked on International Joint Ventures and international relocations for the last 25 years. She has Facilitated Great Decisions and is interested in

Phone: 520.626.9039

Email: [ollimail@arizona.edu](mailto:ollimail@arizona.edu)

Website: [oli.arizona.edu](http://oli.arizona.edu)

how historical information guides current political decisions.

## Science News and Views

**Subject Area:** Science/Math/Technology

**Thursdays:** 6 Sessions 11:00 AM - 12:45 PM

**Start:** Thu 1/25/24 **End:** Thu 2/29/24

**Location:** Saguaro Room **Class Size:** 55

### Course Description

Science News and Views is an interactive class discussion concerning the latest scientific discoveries that you would like to discuss. This is a chance to share what you have learned with others regarding the sciences, to learn, and have fun.

**Instructor(s):** Holly Jebb

Holly R Jebb was born and raised in the Los Angeles area. While in college she studied music, psychology, and other sciences, as well as performing in both original and cover bands. In 1980, she went to work in the Motion Picture Industry. After 21 years at the studios, she went to work for a solo corporate/real estate lawyer for another 13 years. Upon retiring and moving to Tucson in June 2017, she enrolled in OLLI, studying poetry with Dan Gilmore and other science-oriented classes at OLLI, all the while getting back to performing, writing and recording her original songs.

## Your Amazing Mind

**Subject Area:** Social Sciences

**Thursdays:** 8 Sessions 11:00 AM - 12:45 PM

**Start:** Thu 1/25/24 **End:** Thu 3/14/24

**Location:** Ocotillo Room **Class Size:** 65

### Course Description

The mind is truly amazing. It is responsible for everything you do and are, and often accomplishes its feats in mysterious ways. We will grapple with

questions such as: What is consciousness? Can you know what someone else is experiencing? How do unconscious processes create and control your behavior and experience? What happens when you don't pay attention? What does it mean to say that the brain is a prediction machine? How do we remember? Why do we sometimes fail to remember or remember inaccurately? How is sleep involved in forming memories? What is behind problems like post-traumatic stress disorder and inaccurate eyewitness testimony? How is the mind involved in our social relationships? How have advances in artificial intelligence created robots who can interact socially with humans? How can we minimize the decline of mental functioning as we age? In dealing with all these questions our goal will be to relate scientific findings to everyday experience. This class is based on previous versions of Your Amazing Mind, updated with new research and ideas.

Instructor: Bruce Goldstein

Bruce has taught OLLI courses Your Amazing Mind, Cognition and Aging, Social Relationships, The Mystery and Science of Shadows, The Art of Shadows and Writing for Self-Discovery. While teaching in the psychology department at the University of Pittsburgh he received the Chancellor's Distinguished Teaching Award for his teaching and textbook writing. He is the author of two widely used college textbooks: "Sensation and Perception 11th edition" and "Cognitive Psychology, 5th edition" and two books for general readers, "The Mind: Consciousness, Prediction and the Brain" (MIT Press) and "Shadows: Culture, Science, and Art" (Univ of Cambridge Press).

## [Psychology Lecture Series](#)

**Subject Area:** Science/Math/Technology, Social Sciences

**Thursdays:** 10 Sessions 1:00 PM - 2:45 PM

**Start:** Thu 1/25/24 **End:** Thu 3/28/24

**Location:** Saguaro Room **Class Size:** 55

### Course Description

Come learn about the exciting research happening in the Psychology Department! This lecture series will feature graduate students, postdoctoral fellows, faculty, and staff in the Psychology Department at the University of Arizona. Each presenter will provide a lecture in an area they have specific training or expertise. Below is the list of presenters and titles:

1. Emily Bray: Setting the dog-human relationship up for success: Understanding behavioral and cognitive traits in dogs
2. Massimo Piatelli-Palmarini: TBD
3. Sabina Srokova: TBD
4. Caroline Phelps: TBD
5. Maomiao Peng: The Art of Remembering: Paintings as Memory's Canvas
6. Selene Brambl: The Science of Wellbeing/Happiness
7. Linda Hollis: TBD
8. Diego Beltran: Psychological Underpinnings of Cooperation: Cognitive, Affective, and Behavioral Mechanisms
9. Jocelyn Teng: Neuroscientists' Insights into Human Volition and the Free Will Debate
10. Savannah Boyd: TBD (online)

Instructor: Alana Muller

Alana Muller is a Ph. D. candidate in Psychology at the University of Arizona studying navigation,



spatial memory, and aging in the Human Spatial Cognition Lab.

## Two Novels About Mexico by DH Lawrence and Graham Greene

**Subject Area:** Literature/Writing/Language

**Thursdays:** 12 Sessions 1:00 PM - 2:45 PM

**Start:** Thu 1/25/24 **End:** Thu 4/11/24

**Location:** Ocotillo Room **Class Size:** 65

### Course Description

D. H. Lawrence's novel *The Plumed Serpent* has generated praise and criticism since it was written in 1926. The plot is about Kate Leslie, an Irish tourist visiting Mexico after the 1910 revolution. She meets Don Cipriano, a Mexican general supporting a religious movement, *Men of Quetzacoatl* founded by Don Ramón Carrasco. Cipriano wants to be Huitzilopochtli, an Aztec god, and Carrasco Quetzacoatl another Aztec god, to bring about an end to Christianity's influence in Mexico replacing it with pagan worship of the Aztec gods. Kate is to marry Cipriano and become his helpmate in ruling Mexico. Octavio Paz praised the novel and Carlos Fuentes stated it is one of the best novels about Mexico along with *The Power and the Glory* by Graham Greene. Greene's novel is about Mexico in the late 1930's when a paramilitary group has outlawed the Catholic Church and is executing its clergy. A nameless Catholic "whiskey priest" is pulled between his addiction to alcohol and calling to in performing his duties as a priest in this dramatic contest between faith and desire. Both books are readily available, used and new.

Instructor: Charles Peters

Chuck is an experienced study group leader.

## Senior Scams: Fraud Awareness & Prevention

**Subject Area:** DIY/Self-Help, Health/Wellness

**Thursdays:** Single session 9:00 AM - 10:45 AM

**Start:** Thu 2/1/24 **End:** Thu 2/1/24

**Location:** Saguaro Room **Class Size:** 55

### Course Description

Brian will share experiences, stories, and high-profile investigations from his 28 years in Federal law enforcement. He has seen how scammers have become far more sophisticated and ruthless in their attempt to steal from their victims. We will discuss how all scams follow the same basic pattern and learn techniques and tools to protect your personal information and your hard-earned money.

Instructor: Brian Watson

Brian Watson spent 28 years in Federal Law Enforcement investigating financial crimes as a Special Agent with IRS Criminal Investigation. He spent much of that time as a Public Information Officer warning the public about financial related scams. He is now a Community Outreach Specialist for R. O. S. E. Resources/Outreach to Safeguard the Elderly, a non-profit that educates older adults and their families on how to avoid financial scams. Brian's role with R. O. S. E. is to do media, networking, and public speaking events.

## Spiritual Ecology

**Subject Area:** Philosophy/Spirituality/Religion

**Thursdays:** 4 Sessions 9:00 AM - 10:45 AM

**Start:** Thu 2/8/24 **End:** Thu 2/29/24

**Location:** Saguaro Room **Class Size:** 55

### Course Description

The ecological crisis is a spiritual crisis. So said Pope Francis in his Encyclical, "Laudato Si': On Care for our Common Home." The Scientific Revolution of the 16th century turned our common home into an object to mine for material benefit. The damage done is now brutally obvious. And just as obvious is the damage we've done to ourselves.

This class will survey spiritual responses to the ecological crisis found in three great wisdom traditions: Christian, Buddhist, and Indigenous American. The focus will be on ideas and practices that nourish personal and collective awakening.

**Instructor(s):** Merrill Collett

Merrill Collett is a docent at the Arizona-Sonora Desert Museum. He is a retired print journalist lay-ordained in the Zen Buddhist tradition and a graduate of Stanford and Johns Hopkins universities.

## Energy Technologies for a Changing World

**Subject Area:** Science/Math/Technology

**Thursdays:** 5 Sessions 9:00 AM - 10:45 AM

**Start:** Thu 3/7/24 **End:** Thu 4/4/24

**Location:** Saguaro Room **Class Size:** 55

### Course Description

This course covers current, emerging, and longer-term energy technologies. We will make careful distinctions between reality today, hype, facts, and hope for tomorrow, common misconceptions and

key controversial issues. Energy technologies drive most important global issues including climate change, economics, security, governance, demographics, and health, both for today and in the future. We will survey the technologies currently used and their outlook, promising new technologies, and longer-term opportunities.

**Instructor:** Lockwood Carlson

Lockwood received his PhD in theoretical cosmology after graduate studies at Princeton University and the University of Wyoming. His research was on electromagnetic radiation in curved spacetimes. He was a Corporate Scientist at 3M Company and has taught courses in physics and technology at the University of Minnesota and OLLI programs there and at the University of Arizona.

## Presidential History: The Good, Bad, and Ugly (Part I)

**Subject Area:** History/Current Events

**Thursdays:** 5 Sessions 9:00 AM - 10:45 AM

**Start:** Thu 3/7/24 **End:** Thu 4/4/24

**Location:** Ocotillo Room **Class Size:** 50

### Course Description

Participants will explore and gain insight into American history through the lives and legacies of several US Presidents. In Part I, we will focus on FDR and Truman, the Adams family, JK Polk, Andrew Johnson, McKinley, and Theodore Roosevelt. The goal will be to better understand the accomplishments, decisions, and quirks of these gifted (and sometimes troubled), men (so far). Part II, will examine additional Presidencies, and will be taught next year.

**Instructor(s):** Ron Rude

Ron Rude lives in Tucson, and has been a student of presidential history for 30+ years. He has taught several OLLI history courses including "The Life and Politics of Thomas Jefferson," and "Presidential

Endings: How Our Chief Executives Left Us," along with several courses on "Science and Theology." Ron recently retired to writing and teaching after 17 years as Lutheran campus pastor (ELCA) at the U of A. Interests include hiking, music, basketball, travel. His most recent published book is "Amending the Christian Story: The Natural Sciences as a Window into Grounded Faith and Sustainable Living" (Wipf and Stock Publishers, October 2021).

## [Home Energizer Workshop, by TEP](#)

**Subject Area:** Civic

Engagement/Community/Government,  
DIY/Self-Help, Science/Math/Technology

**Thursdays:** Single session 9:00 AM - 10:45 AM

**Start:** Thu 3/7/24 **End:** Thu 3/7/24

**Location:** Palo Verde Room **Class Size:** 35

### Course Description

The Home Energizer Workshop is a 60-minute program designed to teach an adult audience simple ways to be energy efficient at home. Each participant receives an Energy Efficiency Kit - containing 4-LED bulbs, a low flow shower head, a faucet aerator, a kitchen aerator, an LED nightlight, and more! Participants are taught how to use and install the items in the kit and learn about other easy ways to save energy (and money) at home. The Home Energizer Workshop is sponsored by Tucson Electric Power and is offered free of charge within TEP service areas.

**Instructors:** Adam Kingery, Scott Larson, Oscar Balloveras

Adam Kingery was a classroom teacher in Arizona for 13 years before joining the Exchange as an outreach presenter in 2016. For many of those years, Adam's students benefited from the programs offered by the Exchange. Adam holds a Master's Degree in Educational Leadership and has

an undergraduate degree in Political Science from the University of Arizona, as well as a teaching certificate from Prescott College. He manages the logistics and team of energy presenters for the Bright Students middle school program and the Home Energizer Workshop for both Tucson Electric Power and Unisource Energy Services. Adam also assists with curriculum revisions and new program development.

Scott Larson is a recently retired full-time Urban Studies lecturer at Queens College of the City University of New York. Scott has been conducting environmentally based education programs in Tucson for almost 2 years. He has immersed himself in the social, cultural and natural landscapes of the Sonoran Desert, and looks forward to sharing the environmental awareness and passion for teaching that will make this workshop informative and beneficial for his new community!

## [Aging With Buddhist Wisdom](#)

**Subject Area:** Philosophy/Spirituality/Religion

**Thursdays:** 4 Sessions 11:00 AM - 12:45 PM

**Start:** Thu 3/7/24 **End:** Thu 3/28/24

**Location:** Saguaro Room **Class Size:** 55

### Course Description

Everyone gets old and dies, ready or not! This upsetting discovery as a young man put the Buddha on his spiritual path. The teachings he developed offer a wise and more joyful way to meet the many challenges of old age. Through lectures, discussion, and audiovisual aids, this nonsectarian class will focus on the Buddha's core insights. The emphasis will be on finding and refining our deepest questions at this stage of life.

**Instructor:** Merrill Collett

Merrill Collett is lay ordained in the Zen Buddhist tradition. He was a long-term resident at San Francisco Zen Center and its Tassajara Zen

Mountain Center for more than ten years and is the author of *At Home with Dying, A Zen Hospice Approach*, Shambhala, 1999.

## [Canceled: Race Matters: Black Lives in the Supreme Court 1787-2023](#)

### [Investing for Women](#)

**Subject Area:** Social Sciences

**Thursdays:** 2 Sessions 9:00 AM - 10:45 AM

**Start:** Thu 3/21/24 **End:** Thu 3/28/24

**Location:** Palo Verde Room **Class Size:** 20

#### Course Description

Investing for Women is a two-session course providing women with essential knowledge and skills for investment success. Explore the history and psychology behind women's underinvestment, understand securities such as stocks and bonds, compare ETFs and mutual funds, learn about fees and financial resources, and gain the confidence to advocate for yourself. Take control of your financial future and join us today.

Instructors: Richard Munding, CFA, Ashlyn Tucker  
Richard Munding, CFA, with four decades of experience, provides expert investment management to private clients at RMH. A Total Investment Return approach underpins RMH's investment philosophy. As a CFA charterholder, Richard has a network of CFA contacts across the US and globally. Richard's extensive expertise makes him a reliable financial advisor. His commitment to community service is demonstrated through his volunteering with the Community Foundation of Southern Arizona, where he served the Board, Investment, Finance, and Building committees.

Ashlyn Tucker is a graduate of the University of Arizona with a Masters in Finance, is a CFA Institute Level 2 candidate, and has a passion for investments.

## [Wisdom Keepers, Wisdom Givers](#)

**Subject Area:** Philosophy/Spirituality/Religion, Social Sciences

**Thursdays:** 3 Sessions 11:00 AM - 12:45 PM

**Start:** Thu 3/21/24 **End:** Thu 4/4/24

**Location:** Ocotillo Room **Class Size:** 50

#### Course Description

As we age, we accumulate experience that in turn develops into wisdom. In certain cultures, it is thought that the "elders" are the keepers of wisdom, and in order to cultivate the wellbeing of future generations, it is important to share that wisdom. Our current Westernized culture has segregated generations, so that outside of familial relationships, there is little opportunity to share life lessons and wisdom in a meaningful, intergenerational context. Join us in this 3-session class as we learn about, explore, and discuss different aspects of wisdom, the development of wisdom and share life lessons and wisdom with young people through letter writing, and social media.

Instructor: Trish Chilton

Trish Chilton is a graduate student in the Psychology Department at the University of Arizona. She has a background in Gerontology, and specifically is part of the Social Psychology track with a minor in Neuropsychology. Trish's research interests include aging and wellbeing, wisdom, and intergenerational relationships. She is originally from North Carolina, and is the mother of four children ages 16-28.



## [A Current Look at Stonehenge and Other English Henges](#)

**Subject Area:** Arts/Culture, History/Current Events

**Thursdays:** 2 Sessions 11:00 AM - 12:45 PM

**Start:** Thu 4/4/24 **End:** Thu 4/11/24

**Location:** Saguaro Room **Class Size:** 55

### Course Description

We will look at the history with emphasis on current scholarship regarding Stonehenge and other henges in England. New technology is allowing new insight into the building of the various henges. Of course, speculation continues about their purpose.

Instructor: Squirrel Lovelady

Squirrel has enjoyed many classes through OLLI since moving to Tucson in 2017. She enjoys volunteering and has a wide range of interests, including history.

## [The Camino de Santiago – A Life Changing Experience](#)

**Subject Area:** Health/Wellness, History/Current Events, Travel/Entertainment

**Thursdays:** 2 Sessions 1:00 PM - 2:45 PM

**Start:** Thu 4/4/24 **End:** Thu 4/11/24

**Location:** Saguaro Room **Class Size:** 55

### Course Description

The Camino de Santiago is a 500-mile pilgrimage across Northern Spain that has been in existence for nearly 2,000 years. Annually, over 250,000 people from all over the world take on this 5-6 week-long experience. The Camino is a physical, emotional, and spiritual adventure, and for many, a life-changing one.

Study Group Leader Bob Logan has walked the Camino three times and during his talks, he

Phone: 520.626.9039

Email: [ollimail@arizona.edu](mailto:ollimail@arizona.edu)

Website: [oli.arizona.edu](http://oli.arizona.edu)

discusses the life lessons learned that can immediately be applied to everyone's own life, including the power of being uncomfortable overcoming challenges dealing with daily doses of adversity understanding the importance of living a simpler life how gratitude and appreciation should play a bigger role in our lives Class #1 will discuss the history and the powerful aspects of walking the Camino. Class #2 will go into detail on Camino decisions one must make before leaving for Spain. Things like backpacks, hiking poles, shoes, blisters, where to sleep, when to go, etc.

Bob's Camino talk provides a humbling look at how many of us are living our lives currently, and sets aside the trappings of materialism, corporate advancement, and being constantly "connected".

Bob Logan's Camino book is "Let Your Path Find You" ([www.letyourpathfindyou.com](http://www.letyourpathfindyou.com)). Purchase of the book is optional for the class, not required.

Instructor: Bob Logan

Bob Logan is a speaker and published author, and he has lived an incredibly varied life, from coaching to fundraising to university administration. After a 30+ year career at the University of Arizona, Bob decided to embark on the Camino de Santiago after seeing the movie "The Way". It so moved him that he has now walked the Camino on three occasions. This experience caused him to transform his life to help others find perspective and to live a more fulfilling life.

# Fridays

## [OLLI Audio/Visual Training for Everyone](#)

**Subject Area:** DIY/Self-Help

**Fridays:** Single session 1:00 PM - 2:45 PM

**Start:** Fri 1/19/24 **End:** Fri 1/19/24

**Location:** Ocotillo Room **Class Size:** 65

### Course Description

This single session class will provide an understanding of the use of the OLLI classroom A/V equipment. It will cover how to properly use the OLLI computer, the microphones, video projector and DVD for a class.

If you've ever wanted to lead a class yourself but are unsure of the A/V system or you'd like to be able to help a Study Group Leader when there's a problem, please attend.

Instructor: John Lowy

John has been a member of OLLI for 10 years and serves as the coordinator for the volunteer Audio Visual team at the Central Tucson Campus.

## [How To Deal With Difficult People](#)

**Subject Area:** Social Sciences

**Fridays:** 2 Sessions 9:00 AM - 10:45 AM **Start:**

Fri 1/26/24 **End:** Fri 2/2/24

**Location:** Ocotillo Room **Class Size:** 30

### Course Description

Dealing with others can be the source of great satisfaction and good health or the cause of misery and despair. We cannot change others and how they act but we can modify how we interact with others to optimize our social interactions or to minimize

the causes of friction and dysfunction. In this session we will explore how social interactions are constructed based on social styles we all possess, develop, and use in our daily family and work life. When others become a source of difficult and destructive relations, an option is to sharpen our social style in order to minimize conflict and avoid falling into traps presented by difficult people. We will lay the foundation for understanding our own and others social styles, and to try and "bring out the best in people when they behave badly".

Instructor: José Santiago

José Santiago MD was a professor at the University of Arizona Medical School and has been a consultant to large healthcare organizations.

## [Astronomy/Geosciences](#)

**Subject Area:** Science/Math/Technology

**Fridays:** 6 Sessions 1:00 PM - 2:45 PM **Start:** Fri 1/26/24 **End:** Fri 3/8/24 - **No Class February 9**

**Location:** Ocotillo Room **Class Size:** 65

### Course Description

Our exploration of the Earth, Solar System, and Universe continues. This semester our key topic will be the Cosmological Toolkit. This Toolkit will include such concepts/theories/laws/insights as the Eddington and Roche limits, Redshift, Cosmic Distances, Kepler Laws, the Hertzsprung-Russell diagram, Stellar Magnitudes, Lagrange Points, and the EM spectrum, to name a few. We will discuss these in the context of on-going discoveries in Astronomy, Planetary Sciences, and Earth Sciences. Information will be conveyed using short videos, awesome photos, understandable/fun graphics, and class discussions. We will have several guest speakers from the University of Arizona's Astronomy, Planetary Sciences, and Geosciences Departments. Science Fiction Theatre continues, with short clips highlighting a century of Sci Fi

Phone: 520.626.9039

Email: [ollimail@arizona.edu](mailto:ollimail@arizona.edu)

Website: [oli.arizona.edu](http://oli.arizona.edu)

movies and TV shows. Please join us for this continuing journey of discovery and adventure. Being in an earlier Astronomy/Geosciences class I have hosted is neither a prerequisite nor necessary to understand and enjoy this class.

Instructor: Guy Jette

Guy retired from the U. S. Air Force after 37 years working in Research and Development in both the aeronautical and space fields. He holds MBA and MS degrees, and is an Associate Fellow of the American Institute of Aeronautics and Astronautics. He has worked in astronomy outreach for the past ten years as a docent at Kitt Peak National Observatory. He has also been a frequent guest speaker at the University of Hawaii Institute for Astronomy on Maui.

## Desert Animal "Homes"

**Subject Area:** Science/Math/Technology

**Fridays:** 4 Sessions 1:00 PM - 2:45 PM **Start:** Fri 1/26/24 **End:** Fri 2/16/24

**Location:** Saguaro Room **Class Size:** 55

### Course Description

A myriad of animals live in the Sonoran Desert. All require a home, a refuge from the environmental elements, predation, and a safe place for their offspring. Many utilize the nook and crannies in their habitat for a home. Some build homes from natural environmental materials. Some build homes around their bodies. Others biologically produce their own building material. In this 4-part series with an optional tour through Tohono Chul, we will learn the natural history of desert animals and most importantly how to identify animals by their desert homes.

Instructor: Marion Cimmino

In professional life, Marion Cimmino was a NYCHS Biology teacher, coauthor of two text books, writer for Baron's Educational Series Review books, and

presenter of curriculum programs on the local and national level for the NYBTA (New York Biology Teachers Association). Marion retired to Tucson in 1993. For the past 18 years, Marion has been and still is a docent at the Arizona Sonora Desert Museum. In the Tucson community Marion has provided educational programs for OASIS, Sun City Continuing Ed, retirement and assisted living communities, and even dementia units. The main purpose of these programs is to foster a love for our unique Sonoran Desert through understanding the complexity of our natural environment and our uniquely adapted desert plants and animals.

## Police Officer-Involved Custodial Deaths

**Subject Area:** History/Current Events

**Mondays:** 4 Sessions 11:00 AM - 12:45 PM

**Start:** Fri 2/2/24 **End:** Fri 2/23/24

**Location:** Saguaro Room **Class Size:** 25

### Course Description

This 4-week course will be a review the facts and fiction within the public debate regarding police officer-involved fatal custodial deaths. My primary goal is to describe the process and the adjudicating factors involved in investigating custodial deaths.

The class will include an explanation of the prevailing US Supreme Court rulings. It will conclude with an examination of the facts and fiction behind several of the more recent controversial shootings.

I will not be showing images nor videos of any incidents.

The class is designed to be informative and not a forum for debating related social issues.

Instructor: David Grabelski

Dave has 45 years of tactical and strategic intelligence experience in the law enforcement and

intelligence communities at the local, federal, international, and university/college levels. In his first career, he served 21 years with the Los Angeles Police Department including assignments as a Senior Homicide Detective and Gang Unit Supervisor. His second career was as a Gangs/Drugs/Violence analyst/Instructor for the US Department of Justice / National Drug Intelligence Center. Dave recently retired as the Chair and Assistant Professor of the Mercyhurst University's Tom Ridge School of Intelligence Studies in Erie, PA. He holds advanced degrees from Pennsylvania State University and Pepperdine University. Dave and his wife Kitty currently reside in Vail, AZ.

## Skeptic's View of Climate Change

**Subject Area:** History/Current Events, Science/Math/Technology

**Fridays:** 8 Sessions 9:00 AM - 10:45 AM **Start:** Fri 2/9/24 **End:** Fri 3/29/24

**Location:** Saguaro Room **Class Size:** 55

### Course Description

Climate crisis hysteria is widespread and is driving political programs and decisions. We will use data to show that there is no crisis. Disasters such as landfalling hurricanes, tornadoes, droughts, floods, and forest fires are not increasing and deaths from disasters are down over 90%. Food production is increasing, hunger is down, the planet is greening, life expectancy has more than doubled since fossil fuel use has become widespread. The planet has warmed about 1 degree since the end of the Little Ice Age (1850). Is it natural? Has warming, such as we are experiencing today, ever happened before? Ocean influences such as El Nino / La Nina and the Indian Ocean Dipole create weather patterns that are often confused with climate change. What are ocean oscillations and how do they influence weather? "Green energy" is neither free nor

environmentally friendly. Some of the costs associated with wind, solar and batteries will be reviewed.

Time will be allocated for discussion and opposing viewpoints.

**Instructor(s):** Bob Barry

Bob has had three careers. He was a traditional Navy line officer serving in Destroyers and riverboats. After receiving an M. S in Oceanography he served 16 years as an oceanography specialist, primarily involved in Anti Submarine Warfare (ASW). His third career was as a program manager for satellite systems at Ball Aerospace. He has been an OLLI study group leader for 7 years teaching about observing the ocean from space. His emphasis has been on ocean oscillations and their impact on weather and climate.

## Musicians Who Died in 2023

**Subject Area:** Arts/Culture

**Fridays:** Single session 11:00 AM - 1:00 PM  
**Start:** Fri 2/9/24 **End:** Fri 2/9/24

**Location:** Ocotillo Room **Class Size:** 70

### Course Description

What a list! Tremendous talent and influence. Many genres and styles. We will watch and listen to their performances and learn about their lives.

David Crosby. Tina Turner. Gordon Lightfoot. Tony Bennett. Astrud Gilberto. Harry Belafonte. Robbie Robertson. Burt Bacharach. Wayne Shorter. Jimmy Buffett. Plus more musical greats of our generation.

**Instructor:** John "Nemo" Nemerovski

John Nemo is a lifelong musician and educator who immerses himself in folk, early rock, blues, jazz, and classical music. He plays guitar and provides a fascinating playlist for his music appreciation courses.

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Email: [ollimail@arizona.edu](mailto:ollimail@arizona.edu)

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## Wanderers in the Promised Land: Physicians in the Twentyfirst Century

**Subject Area:** Health/Wellness

**Fridays:** 3 Sessions 9:00 AM - 10:45 AM   **Start:** Fri 2/16/24 **End:** Fri 3/1/24

**Location:** Ocotillo Room **Class Size:** 30

### Course Description

Medicine has brought many technical promises in the Twenty-first century, from precise diagnostic tools, effective pharmacological agents, highly complex interventions, to genetic manipulations, and astounding surgical interventions. These advances have had a great impact on the quality and longevity of our lives. What about doctors' quality of life? What impact has the evolution of American medicine had on practitioners? From technical advances to the corporatization of American medicine, what is the impact on physicians? And finally, what are the intended and unintended consequences on patients, their families, and society in general, meaning all of us? We will explore these issues and try to make sense of what we are experiencing in our immediate environment as we seek safe, quality, and empathic medical care. Discussions and personal anecdotes will be more than welcomed to anchor trends and studies to our personal realities.

**Instructor:** José Santiago

José Santiago MD was a professor at the University of Arizona Medical School and has been a consultant to large healthcare organizations.

## Annuities: The Good, the Bad, and the Ugly

**Subject Area:** Social Sciences

**Fridays:** Single session 9:00 AM - 10:45 AM

**Start:** Fri 2/16/24 **End:** Fri 2/16/24

**Location:** Palo Verde Room **Class Size:** 20

### Course Description

Discover the ins and outs of annuities in this concise one-session course. Gain an understanding of annuity types, including immediate, deferred, fixed, fixed index, and variable annuities, and learn which types of firms sell them. Explore the impact of annuities on inflation and compare their performance. Analyze annuity fees and uncover the true cost of purchasing one. Determine who can benefit from annuities, what to consider when shopping for one, and what to do if you already have an annuity.

**Instructors:** Richard Munding, CFA, Ashlyn Tucker

Richard Munding, CFA, with four decades of experience, provides expert investment management to private clients at RMH. A Total Investment Return approach underpins RMH's investment philosophy. As a CFA charterholder, Richard has a network of CFA contacts across the US and globally. Richard's extensive expertise makes him a reliable financial advisor. His commitment to community service is demonstrated through his volunteering with the Community Foundation of Southern Arizona, where he served the Board, Investment, Finance, and Building committees.

Ashlyn Tucker is a graduate of the University of Arizona with a Masters in Finance, is a CFA Institute Level 2 candidate, and has a passion for investments.

## Enchanting the World: How Michael Jackson Became a King

**Subject Area:** Arts/Culture,  
Literature/Writing/Language

**Fridays:** 4 Sessions 11:00 AM - 12:45 PM   **Start:**  
Fri 2/16/24   **End:** Fri 3/8/24

**Location:** Ocotillo Room   **Class Size:** 20

### Course Description

Michael Jackson was singularly one of the greatest entertainers of the 20th century. He wanted to enchant the world and on the day he died, will. i. am, leader of the Black-eyed Peas, declared "I wouldn't be surprised if the world stopped spinning tomorrow." What was it about Michael Jackson that would account for such a stunned reaction? How did millions of people around the world become so enthralled? Was it his phenomenal talent in song and dance? Was it his prodigious creativity and virtuosity? With the use of recorded audio and visual content, we will trace the arc of Jackson's ascent. We will hear recorded accounts from the friends, family, and fans who knew him best. We will gain an appreciation for his immense productivity and for his humanitarian efforts, and explore the lows that drove him to a tragic end.

**Instructor:** Sherry L Bryant

Originally from Indiana, Sherry Bryant is a writer-poet and an arts-based researcher with the National Coalition of Independent Scholars. She is a member of the Arizona State Poetry Society and serves as a docent at the University of Arizona Poetry Center. Sherry holds an MFA in poetry from Lindenwood University, and a doctorate in adult and community education from Ball State University. Her current projects include a nonfiction book on charismatic leadership and a book of essays and poems on Michael Jackson.

## HIV/AIDS: News and Updates

**Subject Area:** Civic  
Engagement/Community/Government,  
Health/Wellness, History/Current Events

**Fridays:** Single session 1:00 PM - 2:45 PM  
**Start:** Fri 2/23/24   **End:** Fri 2/23/24

**Location:** Saguaro Room   **Class Size:** 55

### Course Description

The landscape of HIV/AIDS in our community has changed drastically, especially over the past five years. While it may not receive much media attention, there are amazing new developments in the field of HIV prevention and treatment.

Join us for a presentation and discussion with Scott Blades, Executive Director of the Tucson Interfaith HIV/AIDS Network (TIHAN). He will be providing an update about HIV today, including a brief overview of TIHAN, the needs they see, and the people they serve. He'll talk about key terms in the world of HIV including undetectable, U=U, PrEP, and PEP. You may not hear much about HIV today, but there are more people living with HIV than ever before. Join us and learn more about the realities of HIV today.

**Instructor:** Scott Blades

Scott Blades is the founder and Executive Director of the Tucson Interfaith HIV/AIDS Network (TIHAN), a coalition of individuals, businesses, faith communities, and nonprofit groups. He has been featured in multiple print and video news stories, and has received several awards for his leadership in addressing HIV and working to help people with HIV to live well.

## Are There Still Indians in America?

**Subject Area:** Arizona History/Culture, Arts/Culture, History/Current Events, Social Sciences

**Fridays:** 6 Sessions 9:00 AM - 10:45 AM   **Start:** Fri 3/8/24   **End:** Fri 4/12/24

**Location:** Palo Verde Room   **Class Size:** 20

### Course Description

In six sessions we will discuss misconceptions about Native Americans today - including the fact that in a 2018 poll, 40 percent of respondents thought Americans Indians no longer existed. We will explore diverse topics such as "The Five Civilized Tribes," "Wampum and Quantum," "Running to the East," "Indian Movies and Movie Stars." " CWY DŊPVJ vs. saad náánáłahđéę' , " "We're Not in Kansas Anymore," "The Glittering World," and "Show and Tell." Emphasis will be on current issues and impressions, with some historical context where needed. Participants will be invited to share their own experiences, ideas, and opinions.

**Instructor:** Lorraine Briddon

A friend once said of Lorraine "She is afflicted by interests". Among them are birdwatching, nature, Norway, yoga, WWII and the Holocaust, Spanish, true crime, and most of all - Native American culture and history. She is a Minnesota Master Naturalist and a clinical pharmacist who has worked for the Ute Tribe, the Tohono O'odham Tribe, and the Navajo Nation.

## Electric Vehicle Basics Class (EVBC)

**Subject Area:** DIY/Self-Help, Science/Math/Technology

**Fridays:** 6 Sessions 11:00 AM - 12:45 PM   **Start:** Fri 3/8/24   **End:** Fri 4/12/24

**Location:** Palo Verde Room   **Class Size:** 30

### Course Description

Electric Vehicle Basics Class (EVBC) is a 6-week class that will address topics associated with owning and driving an Electric Vehicle (EV) here in the desert Southwest. Planned Topics/activities are: EV Lingo/Terminology, Charging-At Home & Not At Home, Range & Range Estimates and Charging Infrastructure, Trip/Travel Planning, Buying An EV, and a Cars & Coffee (C&C) Get Together at a local mall where participants can meet and talk with OLLI-UA owners of EVs about their EVs that they bring to the C&C. Session presentation materials will be sent to all registrants as part of a weekly newsletter. Class will be limited to 30 participants.

**Instructor:** Damond Osterhus

Damond is retired US Air Force Officer. He has a BS in Mechanical Engineering from Oklahoma State University, and a MS in Acquisition Logistics Management from the Air Force Institute of Technology. Since January of 2020 he began his research, and test driving of 7 different EVs as part of his personal determination as to what EV best satisfies his requirements. He published 5 articles in his local car association magazine relating to "Can I Get There [Henderson NV] From Here [Tucson AZ]" as a result of his research and testing. He has driven: a 2021 Porsche Taycan 4S, a 2022 Tesla Model 3, 2022 Ford Mustang Mach-e, 2022 Hyundai IONIQ 5, 2022 KIA EV 6 RWD, 2023 Nissan Ariya, and 2023 Cadillac Lyriq. His OLLI-UA Zoom and in

person classes are based on his continuing EV research and testing.

## 100 Years of Jazz Gems for All Music Lovers

**Subject Area:** Arts/Culture

**Fridays:** Single session 11:00 AM - 1:00 PM

**Start:** Fri 3/15/24 **End:** Fri 3/15/24

**Location:** Ocotillo Room **Class Size:** 70

### Course Description

Nemo and Robert present an enjoyable and informative survey of the best jazz artists and performances from Duke Ellington to the present. We'll explore the different jazz eras: big band swing, bebop, cool jazz, hard bop, avant-guard, and finally smooth. Plus the Caribbean and the Bossa Nova influences. No musical experience is necessary.

Instructors: John "Nemo" Nemerovski, Robert Wright

John Nemo is a lifelong musician and educator who immerses himself in folk, early rock, blues, jazz, and classical music. He plays guitar and provides a fascinating playlist for his music appreciation courses.

Robert Wright is a lifelong jazz listener and concertgoer.

## Sarver Heart Center Lecture Series

**Subject Area:** Health/Wellness,  
Science/Math/Technology

**Fridays:** 4 Sessions 11:00 AM - 12:45 PM **Start:**  
Fri 3/22/24 **End:** Fri 4/12/24

**Location:** Ocotillo Room **Class Size:** 65

### Course Description

Cardiology fellows from the Sarver Heart Institute at the University of Arizona will present a variety of topics regarding heart and cardiovascular health and wellness from the forefront of cardiovascular medicine. Exact topics to be announced.

Learn more about the Sarver Heart Center here:  
<https://heart.arizona.edu/>

Facilitator: Cara Deery

Cara Deery, MPH, is the Program Manager of Outreach and Education at the Sarver Heart Center at the University of Arizona. Presenters and topics will vary each week.



# Green Valley Campus: In-Person Wednesdays

## Classic Hatha Yoga

**Subject Area:** Health/Wellness,  
Philosophy/Spirituality/Religion

**Wednesdays:** 8 Sessions 9:00 AM - 10:00 AM  
**Start:** Wed 2/7/24 **End:** Wed 3/27/24

**Location:** Community Learning Center - CPAC  
Rehearsal Room **Class Size:** 30

### Course Description

Join Helen Boyd in this classic floor yoga class to strengthen, add a range of motion, and build awareness of yourself inside and out to add balance to your life, not just physically, but mentally and spiritually as well. We will use classic yoga reclined, seated, and standing postures to attain these goals. All levels are welcome as long as you can get onto and off the floor. The equipment needed is a yoga-specific mat (not Pilates), yoga blocks, and a Mexican blanket for support of certain positions. You're welcome to bring anything else like a pillow or bolster.

Instructors: Helen Boyd, Matthew Boyd

Helen has been teaching Hatha yoga, the form of yoga that includes concentrating, breathing exercises, and postures, for 25 years, and has been certified with Yoga Alliance since its inception. Other styles of yoga she also offers are Yin, Vinyasa, and Restorative. She has taught in classrooms, gyms, community colleges, and workshop settings to all age groups.

Matthew Boyd has been doing yoga for 50 years and practices regularly. While he has taken teacher training, he hasn't taught primarily and currently has chosen to co-teach.

## Learn to Play Texas Hold'em Tournaments

**Subject Area:** DIY/Self-Help,  
Travel/Entertainment

**Wednesdays:** 3 Sessions 9:00 AM - 10:30 AM  
**Start:** Wed 2/7/24 **End:** Wed 2/21/24

**Location:** Community Learning Center - Room  
205 **Class Size:** 10

### Course Description

A brief history of poker, followed by classes that begin with the basics of poker, some thoughts about how to think like a poker player and playing practice rounds with guidance from the instructor and class discussion. I will share with you my approach to winning tournaments.

Instructor: Joseph Gunton

Joseph Gunton is a retired military officer and the oldest of nine in a military family. Games were a constant form of enjoyment in his life. Currently golf and tournament poker are the hobbies that get him through life in a productive, recreational way. He attended law school after retirement and chose to teach and present law classes to federal employees.

## Louise Penny Three Pines Series

**Subject Area:** Literature/Writing/Language

**Wednesdays:** 4 Sessions 9:00 AM - 10:30 AM  
**Start:** Wed 2/7/24 **End:** Wed 3/20/24 - **Class held every other week**

**Location:** Community Learning Center - Room  
210 **Class Size:** 20

## Course Description

We will be discussing books 13-16 in the Three Pines Series: Glass Houses, Kingdom of the Blind, A Better Man, and All the Devils Are Here. We will meet every other week to ensure everyone has sufficient time to read the book in advance.

Instructor: Carol Casey

Carol Casey was born and raised in Vermont. She spent her professional career in Washington, DC in government affairs. Carol returned to Vermont upon retirement and worked part time at the local library. She moved to Green Valley in September 2018.

## From a Fiery Beginning to a Fiery End: Plate Tectonics

**Subject Area:** Science/Math/Technology

**Wednesdays:** 5 Sessions 11:00 AM - 12:30 PM

**Start:** Wed 2/7/24 **End:** Wed 3/6/24

**Location:** Community Learning Center - Room 203 **Class Size:** 60

## Course Description

Science changes as we add new information. Occasionally the changes result in a whole new way of understanding the science. Newton's proposed "Laws of Gravity", Darwin's "Origin of the Species" and Einstein's "Special Theory of Relativity" and "Relativity" all changed the understanding of their fields. In the mid 1960's acceptance of Plate Tectonics did the same thing for the Earth Sciences. This acceptance has finally allowed us to propose a model (or two or more) for the history of the earth from its very beginning to its end.

The processes that occur during this history can be divided into two groups: Forces of construction and forces of destruction. A look at these forces allows us to propose theories to explain the origin of continents, granites, earthquakes, volcanos, etc.

Instructor: Ed McCullough

Phone: 520.626.9039

Email: [ollimail@arizona.edu](mailto:ollimail@arizona.edu)

Website: [oli.arizona.edu](http://oli.arizona.edu)

Edgar was born in Charleston, West Virginia. He earned a BA and MS from West Virginia University. Edgar earned his PhD from the University of Arizona, where he was a faculty member from 1957 to 1997: Instructor to Professor, Department of Geosciences, 1957-1997; Department Head, Department of Geosciences, 1970-1982; and Dean, Faculty of Sciences, 1983-1995.

## Canceled: Learn How To Excel at Public Speaking and Performing

## Canceled: The 2024 Election

## Learn the Basics of Mah Jongg

**Subject Area:** DIY/Self-Help,  
Travel/Entertainment

**Wednesdays:** 8 Sessions 1:00 PM - 2:30 PM

**Start:** Wed 2/7/23 **End:** Wed 3/27/23

**Location:** Community Learning Center - Room 205 **Class Size:** 8 Additional Costs: \$5 for copying materials, and \$14 for a Mah Jongg Card from the National Mah Jongg League

## Course Description

Mah Jongg is played with 4 players seated around a table. Players shuffle the tiles, cast the dice, and perform rituals involving the allocation of tiles. Then the exchange of tiles begins. The first person to match a hand of 14 tiles with the card ends the game.

Requirement: \$14 for a Mah Jongg Card from the National Mah Jongg League. There will also be a \$5 fee for copying materials.

The Mah Jongg Card can be ordered online from the National Mah Jongg League. Their information is listed below should you wish to contact them.

The National Mah Jongg League, Inc.

450 7th Avenue Suite 405

New York, NY 10123

Phone: 212.246.3052, Fax: 212.246.4117

Instructors: Myrna Feldman, Judy Lang

Myrna Feldman was born and raised on the East Coast with formal education in science. She has a master's degree in Radiation Biology and has taught at the high school and college level. As a former Hospital Administrator, she is glad to be retired. Myrna has been playing Mah Jongg since she was a teenager.

Judy Lang is a former Elementary School teacher and has been playing Mah Jongg for about 20 years.

## [Canceled: Dioramas, Modules, and Trains](#)

## [The Camino de Santiago – A Life Changing Experience](#)

**Subject Area:** Health/Wellness, History/Current Events, Travel/Entertainment

**Wednesdays:** Single session 3:00 PM - 4:30 PM

**Start:** Wed 2/14/24 **End:** Wed 2/14/24

**Location:** Community Learning Center - Room 203 **Class Size:** 65

### **Course Description**

The Camino de Santiago is a 500-mile pilgrimage across Northern Spain that has been in existence for nearly 2,000 years. Annually, over 250,000 people from all over the world take on this 5-6 week-long experience. The Camino is a physical, emotional, and spiritual adventure, and for many, a life-changing one.

Study Group Leader Bob Logan has walked the Camino three times and during his talks, he

discusses the life lessons learned that can immediately be applied to everyone's own life, including,

the power of being uncomfortable overcoming challenges dealing with daily doses of adversity understanding the importance of living a simpler life how gratitude and appreciation should play a bigger role in our lives Class #1 will discuss the history and the powerful aspects of walking the Camino. Class #2 will go into detail on Camino decisions one must make before leaving for Spain. Things like backpacks, hiking poles, shoes, blisters, where to sleep, when to go, etc.

Bob's Camino talk provides a humbling look at how many of us are living our lives currently, and sets aside the trappings of materialism, corporate advancement, and being constantly "connected".

Bob Logan's Camino book is "Let Your Path Find You" ([www.letyourpathfindyou.com](http://www.letyourpathfindyou.com)). Purchase of the book is optional for the class, not required.

Instructor: Bob Logan

Bob Logan is a speaker and published author, and he has lived an incredibly varied life, from coaching to fundraising to university administration. After a 30+ year career at the University of Arizona, Bob decided to embark on the Camino de Santiago after seeing the movie "The Way". It so moved him that he has now walked the Camino on three occasions. This experience caused him to transform his life to help others find perspective and to live a more fulfilling life.

## Foreign Policy Update

**Subject Area:** History/Current Events

**Wednesdays:** Single session 9:00 AM - 10:30

AM **Start:** Wed 2/14/24 **End:** Wed 2/14/24

**Location:** Community Learning Center - Room

203 **Class Size:** 65

### Course Description

This session will review the changes in the foreign policy landscape since I spoke in Green Valley in March 2023. If I had to guess, we will be talking about China, Russia, Ukraine, Israel, the Palestinians, Saudi Arabia, immigration, and climate change. We will also talk about the U. S. government's capability to execute our foreign policy and whatever surprises the world has in store for us over the coming months.

**Instructor:** David Dunford

Dave Dunford was the U. S. ambassador to Oman and was the deputy ambassador to Saudi Arabia during the 1990-91 Gulf War. He is a member of the governing board of the University of Arizona's Center for Middle East Studies. He has taught courses on the Arab-Israeli conflict and the Middle East business environment at the University of Arizona and has consulted for both the government and the private sector on Middle East issues. He is the author of *From Sadat to Saddam: The Decline of American Diplomacy in the Middle East* (Potomac Books 2019).

## Examining Race/Human Relations in the United States Through Playreading

**Subject Area:** Arts/Culture, Social Sciences

**Wednesdays:** 7 Sessions 11:00 AM - 12:30 PM

**Start:** Wed 2/14/24 **End:** Wed 3/27/24

**Location:** Community Learning Center - Room

205 **Class Size:** 12

### Course Description

This course will examine race/human relations in the United States in the late 1950's and in the 21st century through the reading and discussion of two plays: "A Raisin in the Sun" by Lorraine Hansberry AND "Sweat" by Lynn Nottage. The format of the class will be to read each play aloud, with class members sharing speaking roles and reading narration/stage directions. We will stop several times each session for discussions about themes such as familial relationships, how people of various socio/economic/racial/ethnic backgrounds relate, gender inequality, and societal attitudes towards ex-convicts. No previous acting experience is needed to participate in this course- just a fairly loud reading voice and an interest in exploring challenging subject matter.

The plays are available in electronic format for free on the Internet. Participants can use their own personal computer or tablet in class. If one prefers, he/she can print out the plays or purchase a hard copy through a bookseller.

**Instructor:** Rick Leighton

Rick Leighton has been involved with education since 1975, and has taught all levels, ranging from teaching music to five-year-olds to teaching curriculum and instruction classes to graduate-level adults. He has a BA in Psychology and an MS in Instructional Leadership. He is a full time Green

Valley resident, and has been active in Oregon and Arizona OLLI since 2018.

Dr. Daniel Wegener earned degrees in Anthropology and Education from the University of Nebraska Lincoln. He began his career as a bilingual educator in Guatemala, and later in Honduras and Nicaragua. He served as a representative of an NGO to the United Nations. He worked as a bilingual program director in the Phoenix area while completing his doctorate in Educational Administration at ASU. He was an assistant superintendent in Tucson and later moved to Green Valley. Subsequently, he worked as a teacher trainer and educational consultant. Throughout his career he advocated for human rights, equal access to education and social justice.

## Mystic Poetry of Rumi, Hafiz, and Darshan

**Subject Area:** Philosophy/Spirituality/Religion

**Wednesdays:** Single session 9:00 AM - 10:30 AM  
**Start:** Wed 2/21/24 **End:** Wed 2/21/24

**Location:** Community Learning Center - Room 203 **Class Size:** 45

### Course Description

We'll begin with a discussion of what mysticism is. Then we'll discuss why these poets have been popular through the ages and into modern times. We'll talk about special symbolism used by many mystic poets and how they refer to universal teachings in all cultures and backgrounds. We'll examine some of the poems from each author.

**Instructor(s):** Joe Ambrosic

Joe is an educational professional with an advanced degree in counseling and school psychology. He is also a long-term student and teacher of meditation, with over 40 years of experience.

## Electric Vehicle Basics Class (EVBC)

**Subject Area:** DIY/Self-Help, Science/Math/Technology

**Wednesdays:** 5 Sessions 3:00 PM - 4:30 PM  
**Start:** Wed 2/21/24 **End:** Wed 3/20/24

**Location:** Community Learning Center - Room 203 **Class Size:** 30

### Course Description

Electric Vehicle Basics Class (EVBC) is a 6-week class that will address topics associated with owning and driving an Electric Vehicle (EV) here in the desert Southwest. Planned Topics/activities are: EV Lingo/Terminology, Charging-At Home & Not At Home, Range & Range Estimates and Charging Infrastructure, Trip/Travel Planning, Buying An EV, and a Cars & Coffee (C&C) Get Together where participants can meet and talk with OLLI-UA owners of EVs about their EVs that they bring to the C&C. Session presentation materials will be sent to all registrants as part of a weekly newsletter. Class will be limited to 30 participants.

**Instructor:** Damond Osterhus

Damond is retired US Air Force Officer. He has a BS in Mechanical Engineering from Oklahoma State University, and a MS in Acquisition Logistics Management from the Air Force Institute of Technology. Since January of 2020 he began his research, and test driving of 7 different EVs as part of his personal determination as to what EV best satisfies his requirements. He published 5 articles in his local car association magazine relating to "Can I Get There [Henderson NV] From Here [Tucson AZ]" as a result of his research and testing. He has driven: a 2021 Porsche Taycan 4S, a 2022 Tesla Model 3, 2022 Ford Mustang Mach-e, 2022 Hyundai IONIQ 5, 2022 KIA EV 6 RWD, 2023 Nissan Ariya, and 2023 Cadillac Lyriq. His OLLI-UA Zoom and in



person classes are based on his continuing EV research and testing.

## Secrets of the Yellow Brick Road – The Spirituality of OZ

**Subject Area:** Philosophy/Spirituality/Religion

**Wednesdays:** Single session 9:00 AM - 10:30

AM **Start:** Wed 2/28/24 **End:** Wed 2/28/24

**Location:** Community Learning Center - Room 203 **Class Size:** 45

### Course Description

Most people are unaware that Frank Baum's inspiration for The Wizard of Oz may have come from metaphysical influences. We'll review aspects of the movie and then discuss how the story may have been influenced by various experiences of the author.

Instructor(s): Joe Ambrosic

Joe is an educational professional with an advanced degree in counseling and school psychology. He is also a long term student and teacher of meditation, with over 40 years of experience.

## Opera 101 – Introduction to Opera for the Non-Believer

**Subject Area:** Arts/Culture

**Wednesdays:** 5 Sessions 11:00 AM - 12:30 PM

**Start:** Wed 2/28/24 **End:** Wed 3/27/24 - **Final session on 3/27 is 11:00 am to 2:00 pm**

**Location:** Community Learning Center - Room 210 **Class Size:** 30

### Course Description

If you are automatically an opera hater - or, even indifferent - thinking that opera is "a bunch of people screeching in a foreign language" you are in luck. Nothing could be further from the truth.

Nowadays, every opera house, DVD, etc. have captions for the lyrics in English - here in the US of A. We will hear DVDs, CDs, and YouTube of the most beautiful music and voices you will ever hear. You will get a Glossary of terms - though this knowledge is completely unnecessary to enjoying opera. For our "Final" we will enjoy a full opera and discuss. We'll have fun!

Instructor: Maureen Brooks

Maureen is an autodidact operaphile, and has an occasional column in the Green Valley News as "The Opera Lady." She has been teaching Lifelong Learning classes on Opera, Literature, and Hitchcock for the past 13 years in New York and in Green Valley. She is a retired attorney and taught at Marist College (Poughkeepsie) in their ABA accredited Paralegal Program until 2012 when she retired and moved to Arizona.

## Exploring Near-Death Experiences

**Subject Area:** Philosophy/Spirituality/Religion

**Wednesdays:** 2 Sessions 9:00 AM - 10:30 AM

**Start:** Wed 3/6/24 **End:** Wed 3/13/24

**Location:** Community Learning Center - Room 203 **Class Size:** 45

### Course Description

We'll begin by watching a documentary movie based on Dr. Raymond Moody's bestselling book, Life After Life. We'll then discuss varieties of experiences and the implications this information may have for our understanding of and attitude toward life and death.

Instructor: Joe Ambrosic

Joe is an educational professional with an advanced degree in counseling and school psychology. He is also a long-term student and teacher of meditation, with over 40 years of experience.

## Roots of Spanish California, 1530-1776

**Subject Area:** History/Current Events

**Wednesdays:** Single session 1:00 PM - 2:30 PM

**Start:** Wed 3/6/24 **End:** Wed 3/6/24

**Location:** Community Learning Center - Room 203 **Class Size:** 50

### Course Description

The mud had hardly dried on the boots of the first Spanish conquistadors, of the Aztec empire in Central Mexico of 1518, when explorations began along the Pacific rim of Baja and Alta California.

Over the following centuries Spanish naval explorations, first organized by Hernán Cortéz himself, sailed and explored the coastal frontiers of California's peninsula and mainland looking for safe harbors, assessing the Native populations and possible mineral wealth, and possible settlement locations. The names Cabrillo, Vizcaino and Anza are forever associated with the ultimate colonization of California by the Spanish - thereby stamping its culture, religion, and language on the people and land for better or for worse.

This class traces the 246 years separating the first explorations of 1530 and the final settlement of San Francisco Bay by Anza and his 240 colonizers in 1776.

**Instructor:** John Attardi

John relocated to Green Valley upon retiring from a thirty-year career in business management. With a natural curiosity about his surroundings and their historical significances, John immediately began studies of southern Arizona's Spanish colonial past which led to joining the first graduating class of docents at Canoa Ranch. His essays on Spanish/Mexican land grant procedures and Spain's material assistance in America's War of Independence were published in Tumacacori

National Historic Park newsletter and El Presidio Real Museum in Tucson. He's a member of the Tucson Corral of Westerners, Old Pueblo Archaeology Center, and Southwest Mission Research Center.

## 180 Days Around the World on a Cruise Ship – Take 2

**Subject Area:** Travel/Entertainment

**Wednesdays:** 2 Sessions 11:00 AM - 12:30 PM

**Start:** Wed 3/13/24 **End:** Wed 3/20/24

**Location:** Community Learning Center - Room 203 **Class Size:** 65

### Course Description

What comes to mind when you hear about a six-month cruise around the world? Who takes a trip like this one and why? How do you prepare for leaving home? What do you pack? What is life like on board and off? How has the pandemic changed cruising (observations from the same ship with a similar itinerary three years later)? What happens if you get sick or must leave the ship due to an emergency? How are they handling COVID? Would you do it more than once?

In 2020, we boarded a ship for a 180-day cruise around the world. On March 13, 2020, everyone was notified that we had to disembark in two days in Rio de Janeiro after only 67 days on board. In 2023, we decided to try again. Comparing a similar itinerary on the same ship, how has COVID changed cruising? Find out about lessons learned - dos and don'ts.

Session 1 will address these questions with the remainder of class devoted to viewing photos from ports of call in the Americas. Session 2 will be devoted to ports from the rest of the cruise.

**Instructor:** Carol Hubbard

Carol loves travel and the experiences of foreign lands and people. She especially loves sharing her

adventures with others and encouraging them to try something new.

## Election 2024

**Subject Area:** History/Current Events

**Wednesdays:** 3 Sessions 1:00 PM - 2:30 PM

**Start:** Wed 3/13/24 **End:** Wed 3/27/24

**Location:** Community Learning Center - Room 203 **Class Size:** 65

### Course Description

This class will examine the dynamics surrounding the upcoming 2024 election. Included will be a review of the presidential nomination process, which will be in full swing as the class is presented. We will also look at the key races in the House and Senate, which will determine which party will control each legislative chamber during the next administration. This is a continuation of the class I offered last spring, although attendance at last year's class is certainly not a prerequisite for registering for this year's class.

**Instructor:** Ron Michaelson

Ron Michaelson holds a doctorate in political science and has retired from teaching at the University of Illinois - Springfield. He served in Illinois State government for 33 years, including four years as Assistant to the Governor and 29 as Executive Director of the State Board of Elections. He is a winter resident of Green Valley (January through April).

## Solar Storms and the Origins of Religion

**Subject Area:** Literature/Writing/Language, Philosophy/Spirituality/Religion, Science/Math/Technology

**Wednesdays:** 2 Sessions 1:00 PM - 2:30 PM

**Start:** Wed 3/13/24 **End:** Wed 3/20/24

**Location:** Community Learning Center - Room 210 **Class Size:** 20

### Course Description

The sun is a variable star. With major flare cycles of about 12,000 years (calibrated from ice core samples) and intermediate major plasma storms of 6,000, 3,000 and 1,500 years, catastrophes depicted in ancient legends, myths and sacred texts can be attributed to devastating solar eruptions (CME's, SPE's and cosmic rays). Scientists like Dr. Anthony Peratt at the Los Alamos laboratory have produced convincing evidence that Paleolithic and neolithic petroglyphs and cave art depict witnessed displays of solar plasma bombardment. A minor but significant solar storm in modern times was the Carrington Event of 1859 which brought down telegraph systems worldwide and lit the skies with aurorae for days. In this class you will learn how the sun and Earth connect electromagnetically and about our present exposure to solar flare risks in a tech-dependent age.

**Instructor:** Donald Berk

Donald J Berk is a retired tech entrepreneur. Before starting his software products company, Fortress Technologies, he held CIO executive positions in NASDAQ computer and telecom firms, and served as VP of manufacturing for a division of Caterpillar. He holds an MFA from Bennington College and completed the University of Manchester/Jodrell Bank program in radio astronomy. He also holds a

Commercial Pilot and FAA flight instructor rating. He is an Air Force Vietnam-era veteran.

## [Home Energizer Workshop, by TEP](#)

**Subject Area:** Civic

Engagement/Community/Government,  
DIY/Self-Help, Science/Math/Technology

**Wednesdays:** Single session 9:00 AM - 10:30 AM  
**Start:** Wed 3/27/24 **End:** Wed 3/27/24

**Location:** Community Learning Center - Room 203 **Class Size:** 50

### Course Description

The Home Energizer Workshop is a 60-minute program designed to teach an adult audience simple ways to be energy efficient at home. Each participant receives an Energy Efficiency Kit - containing 4-LED bulbs, a low flow shower head, a faucet aerator, a kitchen aerator, an LED nightlight, and more! Participants are taught how to use and install the items in the kit and learn about other easy ways to save energy (and money) at home. The Home Energizer Workshop is sponsored by Tucson Electric Power and is offered free of charge within TEP service areas.

Instructors: Adam Kingery, Scott Larson, Oscar Balloveras

Adam Kingery was a classroom teacher in Arizona for 13 years before joining the Exchange as an outreach presenter in 2016. For many of those years, Adam's students benefited from the programs offered by the Exchange. Adam holds a Master's Degree in Educational Leadership and has an undergraduate degree in Political Science from the University of Arizona, as well as a teaching certificate from Prescott College. He manages the logistics and team of energy presenters for the Bright Students middle school program and the Home Energizer Workshop for both Tucson Electric

Power and Unisource Energy Services. Adam also assists with curriculum revisions and new program development.

Scott Larson is a recently retired full-time Urban Studies lecturer at Queens College of the City University of New York. Scott has been conducting environmentally based education programs in Tucson for almost 2 years. He has immersed himself in the social, cultural and natural landscapes of the Sonoran Desert, and looks forward to sharing the environmental awareness and passion for teaching that will make this workshop informative and beneficial for his new community!

## Thursdays

### [Skeptic's View of Climate Change](#)

**Subject Area:** History/Current Events,  
Science/Math/Technology

**Thursdays:** 8 Sessions 9:00 AM - 10:30 AM  
**Start:** Thu 2/8/24 **End:** Thu 3/28/24

**Location:** Community Learning Center - Room 210 **Class Size:** 30

### Course Description

Climate crisis hysteria is widespread and is driving political programs and decisions. We will use data to show that there is no crisis. Disasters such as landfalling hurricanes, tornadoes, droughts, floods, and forest fires are not increasing and deaths from disasters are down over 90%. Food production is increasing, hunger is down, the planet is greening, life expectancy has more than doubled since fossil fuel use has become widespread. The planet has warmed about 1 degree since the end of the Little Ice Age (1850). Is it natural? Has warming, such as we are experiencing today, ever happened before? Ocean influences such as El Nino / La Nina and the

Indian Ocean Dipole create weather patterns that are often confused with climate change. What are ocean oscillations and how do they influence weather? "Green energy" is neither free nor environmentally friendly. Some of the costs associated with wind, solar and batteries will be reviewed.

Time will be allocated for discussion and opposing viewpoints.

Instructor(s): Bob Barry

Bob has had three careers. He was a traditional Navy line officer serving in Destroyers and riverboats. After receiving an M. S in Oceanography he served 16 years as an oceanography specialist, primarily involved in Anti Submarine Warfare (ASW). His third career was as a program manager for satellite systems at Ball Aerospace. He has been an OLLI study group leader for 7 years teaching about observing the ocean from space. His emphasis has been on ocean oscillations and their impact on weather and climate.

## [The Songs of the Historic 1964 Newport Folk Festival](#)

**Subject Area:** Arts/Culture, History/Current Events

**Thursdays:** 4 Sessions 9:00 AM - 10:30 AM

**Start:** Thu 2/8/24 **End:** Thu 2/29/24

**Location:** Community Learning Center - Room 203 **Class Size:** 65

### Course Description

In the last weekend in July 1964, a truly remarkable cast of musicians gathered in Rhode Island for the Newport Folk Festival. On opening night, the Thursday concert featured Elizabeth Cotten, Mississippi John Hurt, Muddy Waters, the Stanley Brothers and Doc Watson. On Friday, you would have gotten your first look at Bob Dylan, Joan Baez, Pete Seeger, Phil Ochs, Tom Paxton, and Johnny

Cash. The children's show on Saturday afternoon was hosted by Jean Ritchie and after sunset, Judy Collins, Peter, Paul and Mary and the Osborne Brothers shared center stage. The weekend closed-out with the Clancy Brothers, Bob Dylan, Odetta, the Stanley Brothers, and the Staple Singers.

Earlier that month, on July 2, the Civil Rights Act of 1964 had been signed. And just over a week after festival, on August 7, the U. S. Congress passed the Gulf of Tonkin Resolution and endorsed sending more American troops to Vietnam. It was quite a summer!

For this class of four sessions, we'll sample the setlists from each of the four days of the festival, learn about the life stories of many of the musicians, and reflect on what the songs they sang may tell us about a remarkable period in American history. We'll sing the songs together, just as the performers and their audience often did.

Instructor: Kevin Gosner

Kevin is Associate Professor of Latin American History at the University of Arizona, where he teaches classes on Colonial Spanish America, World History, and Historical Concepts and Methods. The author of *Soldiers of the Virgin: The Moral Economy of a Colonial Maya Rebellion*, his research examines the impact of the Spanish conquest and colonial rule on indigenous communities in southern Mexico and Guatemala. His interests also include music, popular culture, and natural history.



## Dementia from the Inside

**Subject Area:** Health/Wellness

**Thursdays:** 8 Sessions 11:00 AM - 12:30 PM

**Start:** Thu 2/8/24 **End:** Thu 3/28/24

**Location:** Community Learning Center - Room 203 **Class Size:** 30

### Course Description

As seniors, we all know someone (friend, or family) with some form of cognitive impairment. Understanding their behavior is key to maintaining relationships and vital to caregivers. This repeat class will use literature and films to help participants develop empathy and patience.

**Instructor(s):** Terry Cox

As a former teacher and labor relations consultant, Terry is taking her love of learning in new directions that enhance retirement.

## Lighthouses, Lenses, The People Who Tended Them And Lens Projects

**Subject Area:** History/Current Events

**Thursdays:** 5 Sessions 11:00 AM - 12:30 PM

**Start:** Thu 2/8/24 **End:** Thu 3/7/24

**Location:** Community Learning Center - Room 210 **Class Size:** 30

### Course Description

This course is designed to give the novice or veteran a working knowledge of lights and lighthouses. Classes will cover the world of lighthouses, their similarities and differences and useful definitions. One class is devoted to the development of lighthouse illumination, another will cover how the supporting machinery works. A class is devoted to the people who designed and operated the system of U. S. lights from Alexander Hamilton to the

present-day Coast Guard and the final class will expose the student to the complexities of working on lighthouse lenses.

**Instructor:** James Woodward

Mr. Woodward has 55 years experience working with lighthouses and specifically Fresnel lighthouse lenses. Upon his retirement from 40 years of service to the U. S. Coast Guard he was cited as being "the greatest resource for lighthouse and Fresnel lens preservation in the Coast Guard." He has presented at the University of Michigan, Rutgers University and many non-university venues and continues to work with lighthouses and lenses through his company "the Lighthouse Consultant." In August 2020 he was awarded the Francis Ross Holland Distinguished Service Award, the lighthouse preservation movement's highest lifetime honor by the American Lighthouse Council.

## Canceled: Enchanting the World: How Michael Jackson Became a King

## Mammals of the Santa Catalina Mountains

**Subject Area:** Arizona History/Culture, Science/Math/Technology

**Thursdays:** 4 Sessions 1:00 PM - 2:30 PM

**Start:** Thu 2/8/24 **End:** Thu 2/29/24

**Location:** Community Learning Center - Room 203 **Class Size:** 50

### Course Description

The Santa Catalina Mountains on the north side of Tucson contain a diverse array of animal life. Join naturalist and camera trap videographer David Dean for an up close and personal (and often humorous) look into the lives of the fascinating

Phone: 520.626.9039

Email: [ollimail@arizona.edu](mailto:ollimail@arizona.edu)

Website: [oli.arizona.edu](http://oli.arizona.edu)

animals who call these mountains home. In addition to seeing videos of animals the following topics will be discussed: the biodiversity of southeastern Arizona, basic mammalian biology, mammalian adaptations to a desert environment, the role played by apex predators in the health of ecosystems, and a detailed look into the biology of mountain lions and black bears.

Instructor: David Dean

David retired and relocated to Tucson in the summer of 2015 after having served for 25 years on the faculty of the Department of Biology at Spring Hill College in Mobile, Alabama. He is very active in two volunteer groups, the Sabino Canyon Volunteer Naturalists and the Santa Catalina Volunteer Patrol, which support the Santa Catalina Ranger District of Coronado National Forest. His hobby is capturing the wildlife of the Santa Catalina Mountains on video using motion-activated cameras.

## Examination of the Multiple Causes of the American Civil War

**Subject Area:** Arizona History/Culture

**Thursdays:** 6 Sessions 3:00 PM - 4:30 PM

**Start:** Thu 2/8/24 **End:** Thu 3/14/24

**Location:** Community Learning Center - Room 203 **Class Size:** 30

### Course Description

This course is designed as a discussion-based class to investigate and examine the various historical interpretations of the American Civil War. No event in American History has been as disruptive to the political, social, and economic system as the incidents from 1850 to 1860. Historians have debated the cause of this calamitous war for 150 years. Some claim the Great Civil War was a result of Northern Aggression, while others denounce it as purely Southern treason. Some say it was inevitable,

while others regard it as a preventable mistake. Earlier historians argued that the conflict resulted from economic differences between North and South while more recent authors argue that the cause stemmed from opposition to Southern slavery. The great questions continue to be debated: Was war inevitable or preventable? This class will examine some of these arguments in a discussion-based approach, with an emphasis on their ramifications in the 20th and 21st century, specifically the 2nd Reconstruction era of the 1950s and 1960s and the most recent 1619 project and its 1620 critique.

Instructor: John Hosmer

Dr. John Hosmer received his Ph. D. from the U of Arizona with post-doctorial work at the University of Oxford in American Political Theory. He was the Arizona Governor's choice to serve on the Arizona State Board of Education and has been in the education field for over 35 years, teaching at both the college and secondary level. He served as the chair of the Charter School Subcommittee while on the State Board. Dr. Hosmer's papers and publications are centered on the field of American political and intellectual ideas stemming from the Civil War/Reconstruction era.

## Jezebel: A Reassessment

**Subject Area:** History/Current Events, Literature/Writing/Language, Philosophy/Spirituality/Religion

**Thursdays:** 3 Sessions 3:00 PM - 4:30 PM

**Start:** Thu 2/8/24 **End:** Thu 2/22/24

**Location:** Community Learning Center - Room 210 **Class Size:** 30

### Course Description

Jezebel is imagined to be the ultimate seductress, an enemy of all that is good, and thus presumed to be unredeemable. By supplementing Jezebel's story

Phone: 520.626.9039

Email: [ollimail@arizona.edu](mailto:ollimail@arizona.edu)

Website: [olli.arizona.edu](http://olli.arizona.edu)

from the Bible with archaeological finds and both ancient and modern texts, we will re-consider who Jezebel was and whether her reputation should be redeemed.

Instructor: Abby Limmer

Abby Limmer has a PhD in Middle Eastern Archaeology, and is the Assistant Director for Outreach at the Center for Middle Eastern Studies. She has taught everyone from first graders through university students to senior citizens.

## Canceled: Retirement 2.0 What's New? What's Next?

### Investing in Retirement

**Subject Area:** Social Sciences

**Thursdays:** Single session 3:00 PM - 4:30 PM

**Start:** Thu 2/29/24 **End:** Thu 2/29/24

**Location:** Community Learning Center - Room 210 **Class Size:** 20

#### Course Description

Investing in Retirement is a comprehensive two-session course that equips individuals with the knowledge and tools to ensure their portfolio is setting them up for success in retirement. This course covers topics, such as investment policy statements, time horizons, risk tolerance, income investing, and alternative investments. Participants will learn how to build a robust portfolio that considers inflation and their lifespan. Explore withdrawal rates and strategies to ensure a sustainable income stream. Join us to gain the confidence and expertise to navigate the complexities of retirement investing successfully.

Instructors: Richard Mundinger, CFA, Ashlyn Tucker

Richard Mundinger, CFA, with four decades of experience, provides expert investment

management to private clients at RMH. A Total Investment Return approach underpins RMH's investment philosophy. As a CFA charterholder, Richard has a network of CFA contacts across the US and globally. Richard's extensive expertise makes him a reliable financial advisor. His commitment to community service is demonstrated through his volunteering with the Community Foundation of Southern Arizona, where he served the Board, Investment, Finance, and Building committees.

Ashlyn Tucker is a graduate of the University of Arizona with a Masters in Finance, is a CFA Institute Level 2 candidate, and has a passion for investments.

### Canceled: Addiction in America

### Canceled: Annuities: The Good, the Bad, and the Ugly

## Secrets of Happiness

**Subject Area:** DIY/Self-Help

**Thursdays:** 2 Sessions 9:00 AM - 10:30 AM

**Start:** Thu 3/14/24 **End:** Thu 3/21/24

**Location:** Community Learning Center - Room 203 **Class Size:** 45

### Course Description

This is a 2-week class designed to help us understand how our thoughts and beliefs influence our joy and contentment. We'll examine what ideas experts can present to help us understand our choices and how we can expand our ability to increase inner peace and contentment.

Instructor(s): Joe Ambrosic

Joe is an educational professional with an advanced degree in counseling and school psychology. He is also a long-term student and teacher of meditation, with over 40 years of experience.

## Critical Role of the Gut Microbiome in Overall Health

**Subject Area:** Health/Wellness

**Thursdays:** 2 Sessions 11:00 AM - 12:30 PM

**Start:** Thu 3/14/24 **End:** Thu 3/21/24

**Location:** Community Learning Center - Room 210 **Class Size:** 30

### Course Description

The gut microbiome, consisting of various types of bacteria and the chemicals they produce, plays a crucial role in shaping our bodily functions, including the expression of our genes. Recent years have witnessed an explosion of research revealing significant differences in the gut bacteria between healthy individuals and those diagnosed with chronic diseases. Whether it's an imbalance in

specific bacterial populations or a lack of microbial diversity, these factors can contribute to health issues.

The main objective of this course is to increase awareness and present up-to-date research on the gut microbiome, emphasizing its functions and its significant influence on human health. Through a blend of presentations, discussions, case studies, and videos, participants will have the opportunity to delve into recent research discoveries, examine the complex connection between the gut microbiome and health conditions, and acquire knowledge about lifestyle adjustments that promote a varied microbiome. Ultimately, the goal is to establish a diverse microbiome as a proactive approach to preventing or reversing chronic diseases.

Instructor(s): Jill Jones

For the past 11 years Jill Jones has been serving as a volunteer speaker at TMC for Seniors, where she develops and delivers proactive wellness presentations. During her 33-year career at IBM, she held positions in systems engineering, marketing, education, and consulting. Her interest in hypnosis and the power of the subconscious mind led her to start a part-time business, Inspired Motives, where, for 8 years, she trained others in self-hypnosis and visualization techniques. Jill obtained a B. S. in Mathematics and Natural Sciences from Indiana University of PA and was certified as a hypnotist by the National Guild of Hypnotists.

## Investing for Women

**Subject Area:** Social Sciences

**Thursdays:** Single session 1:00 PM - 2:30 PM

**Start:** Thu 3/14/24 **End:** Thu 3/14/24

**Location:** Community Learning Center - Room 210 **Class Size:** 20

### Course Description

## OLLI-UA Spring 2024 – Green Valley Campus

Investing for Women is a one-session course providing women with essential knowledge and skills for investment success. Explore the history and psychology behind women's underinvestment, understand securities such as stocks and bonds, compare ETFs and mutual funds, learn about fees and financial resources, and gain the confidence to advocate for yourself. Take control of your financial future and join us today.

Instructors: Richard Mundinger, CFA, Ashlyn Tucker

Richard Mundinger, CFA, with four decades of experience, provides expert investment management to private clients at RMH. A Total Investment Return approach underpins RMH's investment philosophy. As a CFA charterholder, Richard has a network of CFA contacts across the US and globally. Richard's extensive expertise makes him a reliable financial advisor. His commitment to community service is demonstrated through his volunteering with the Community Foundation of Southern Arizona, where he served the Board, Investment, Finance, and Building committees.

Ashlyn Tucker is a graduate of the University of Arizona with a Masters in Finance, is a CFA Institute Level 2 candidate, and has a passion for investments.

### Senior Scams: Fraud Awareness & Prevention

**Subject Area:** DIY/Self-Help, History/Current Events

**Thursdays:** Single session 9:00 AM - 10:30 AM

**Start:** Thu 3/28/24 **End:** Thu 3/28/24

**Location:** Community Learning Center - Room 203 **Class Size:** 65

#### Course Description

Brian will share experiences, stories, and high-profile investigations from his 28 years in Federal

law enforcement. He has seen how scammers have become far more sophisticated and ruthless in their attempt to steal from their victims. We will discuss how all scams follow the same basic pattern and learn techniques and tools to protect your personal information and your hard-earned money.

Instructor: Brian Watson

Brian Watson spent 28 years in Federal Law Enforcement investigating financial crimes as a Special Agent with IRS Criminal Investigation. He spent much of that time as a Public Information Officer warning the public about financial-related scams. He is now a Community Outreach Specialist for R. O. S. E. Resources/Outreach to Safeguard the Elderly, a non-profit that educates older adults and their families on how to avoid financial scams. Brian's role with R. O. S. E. is to do media, networking, and public speaking events.

Phone: 520.626.9039

Email: [ollimail@arizona.edu](mailto:ollimail@arizona.edu)

Website: [olli.arizona.edu](http://olli.arizona.edu)



# Online Classes

## Monday

### [Ukraine Then and Now \(Part 2\)](#)

**Subject Area:** History/Current Events

**Mondays:** 12 Sessions 9:00 AM - 10:45 AM

**Start:** Mon 1/22/24 **End:** Mon 4/8/24

**Location:** Online Zoom Offering 1 **Class Size:** 300

#### Course Description

The war in Ukraine will shape the course of the 21st century in many ways. Suddenly, the history of eastern Europe has taken on a new importance for an understanding of what is going on. That is a major thesis of Yale's distinguished historian, Timothy Snyder, in his course, The Making of Modern Ukraine, available to the public at <https://online.yale.edu/courses/making-modern-ukraine>. We use his lectures to introduce each of our classes in this two-semester course. In tandem with Professor Snyder's insights, we use a range of supplementary materials to foster an understanding of the region and its place in global affairs. Events as they unfold provide a continuing source of class discussion.

**Instructor:** Jesse Frey

Jesse is an experienced study group leader.

### [Eyes Remade for Wonder: A Spiritual Discussion on Rabbi Kushner's Writings](#)

**Subject Area:** Philosophy/Spirituality/Religion

**Mondays:** 10 Sessions 11:00 AM - 12:45 PM

**Start:** Mon 1/22/24 **End:** Mon 3/25/24

**Location:** Online Zoom Offering 2 **Class Size:** 20

#### Course Description

This course explores a treasury of insights from one of the most creative spiritual thinkers in America. Whether you are new to the works of Rabbi Kushner or a devoted fan, this is the place to be. At once deeply human and profoundly spiritual, Lawrence Kushner's books are a treat for the soul. For nourishment and inspiration—Eyes Remade for Wonder opens wide the gates of Jewish mysticism and spirituality, helping us peel back the layers of meaning that animate our lives. As the author of nine volumes, he is a master of mystical theology, storytelling, and discovering the sacred in everyday life. Following an introduction and tribute by Thomas Moore, this paperback contains selections from Kushner's books, articles, and previously unpublished material. Kushner's blend of scholarship, imagination, psychology, mysticism and humor will make readers feel that he is speaking personally to them. It's not "just for Jewish folks."

**Instructor:** Adrienne O'Hare

Adrienne O'Hare was born in Brooklyn. She has a master's degree in Group Dynamics and post graduate certificates in Women's Studies and Art Therapy. She is an Art Therapist and a Spiritual Director in private practice.

She has been a docent first at the U of A, Mini Time Machine, and the Tucson Museum of Art since 2016.

As an Art Essayist, she seeks to portray the beauty and strength of the human spirit.

Her first novel, Sheol County Blues, was well received, and her paintings were in a dozen or so art exhibits in Tucson and Philadelphia.

## [With a Little Help from My Friends: A Poetry Workshop](#)

**Subject Area:** Literature/Writing/Language

**Mondays:** 12 Sessions 11:00 AM - 12:45 PM

**Start:** Mon 1/22/24 **End:** Mon 4/8/24

**Location:** Online Zoom Offering 1 **Class Size:** 16

### Course Description

This is a twelve-week workshop in which participants will learn and practice the art of how to offer and receive constructive feedback of poems in progress. Our objective is to make our poems all that they can be before submitting them for publication, or for whatever reason you write poems.

Class requirement is a first draft of at least one complete poem and the willingness to offer and receive helpful criticism. Each week, participants will be emailed three poems from the list of submitted poems prior to the next class, and be prepared to offer suggestions on how the work might be improved. If time permits, participants may submit additional poems for critique. In addition, possible publishing options and suggestions for future reading will be discussed.

**Class Size:** Limited to 16

**Instructor:** Gene Twaronite

Gene Twaronite is the author of four poetry collections. His poems have appeared widely in literary journals and anthologies. His first poetry book Trash Picker on Mars, published by Kelsay Books, was the winner of the 2017 New Mexico-Arizona Book Award for Arizona poetry. His latest

poetry collection is Shopping Cart Dreams. A former teacher, horticulturalist, and UA Instructional Specialist, Gene has an MA in Education, and has been writing and publishing in a variety of genres for over fifty years. He is an active member of Tucson Poetry Society. Follow more of Gene's writing at his website: [genetwaronitepoet.com](http://genetwaronitepoet.com).

## [News & Views with Sherry and Doug](#)

**Subject Area:** History/Current Events

**Mondays:** 12 Sessions 1:00 PM - 2:45 PM

**Start:** Mon 1/22/24 **End:** Mon 4/8/24

**Location:** Online Zoom Offering 1 **Class Size:** 300

### Course Description

Every week we pick and vote on topics to discuss. We like to discuss news from many different angles. So all civil opinions/views are welcome. News and Views Guidelines:

- 1 - We begin the class by soliciting topics from the students for possible discussion. Sometimes topics can be combined.
- 2 - A list of all of the topics is created in order of suggestion.
- 3 - A vote is taken for each suggested topic. Students can vote for as many topics as they wish to discuss.
- 4 - The voting results will be immediately shown.
- 5 - Topics are discussed by vote total (most to least) and in the event of a tie, either in order of suggestion or by SGL or group decision.
- 6 - The person who suggested a topic will be given 1-2 minutes to present their topic, either in advance of the vote if the topic is not clear, or when the topic is up for discussion.
- 7 - Important: We ask that everyone please keep your comments succinct - less than three minutes.

Don't ramble and please refrain from repeating yourself or others. We want everyone to be able to speak.

8 - Everyone will get a chance to speak before someone is called on again for a given topic.

Instructors: Sherry Goncharsky, Doug Syme

Sherry Goncharsky worked at IBM as a programmer and systems engineer after studying computer science at the University of Illinois. As a retirement job, she spent time "teaching computers to behave for their owners." Soon after joining OLLI, the pandemic hit and she became an active part of the tech hosting community and is also part of the AV Committee. Her hobbies include reading and crocheting.

Doug Syme was born and raised in Dublin. He graduated 1972 in Mechanical Engineering from Trinity College, Dublin University. He was recruited in 1983 to establish manufacturing of a Weighing and Batching System in New Jersey after the system was bought from the company for which he was working in Ireland. He is a Naturalized Citizen of the United States. Doug lived and worked in NJ for 8 years, and lived in PA for 25 years. He worked in small firm providing Equipment and Services to Commercial Swimming Pools. Doug retired in 2016 and moved to Green Valley. He has served on the board of Esperanza Estates HOA. He is a World Rugby Licensed Educator and teaches Rugby Refereeing. He volunteers with Sahuarita Food Bank. He also enjoys Choral Singing and participates in a number of Choirs in the area. He is an active student and Tech Host with OLLI.

## Climate Change's Big Picture, One Strategy for Solution: Personal Action!

**Subject Area:** Civic

Engagement/Community/Government, Social Sciences

**Mondays:** 3 Sessions 9:00 AM - 10:45 AM

**Start:** Mon 2/5/24 **End:** Mon 2/26/24 **No class Feb. 12**

**Location:** Online Zoom Offering 3 **Class Size:** 70

### Course Description

Module 1: Climate Change, the Big Picture

What is going on in climate change, and how does it affect me personally? This module, using a PowerPoint presentation followed by discussion, will include an overview of the Greta Thunberg book (published in the U.S. in February 2023.)

Module 2: Understanding How a Green Cities Program in the U.S. Could Help us Both Mitigate and Adapt to Climate Change.

A proposal for tackling US climate change adaptation and mitigation through starting a Green Cities construction program. This, too, will use a PowerPoint presentation followed by discussion. This module presents an overview of my forthcoming book: Green New Cities of Tomorrow—Why and How America Should Build Some. All royalties during the class period will be donated to Osher.

Module 3: How to Create a Personal Mitigation Action Plan.

What can individuals do today to shrink their carbon footprints and help mitigate climate change? This session, using a PowerPoint presentation, will enable participants to leave the session with a commitment to some lifestyle changes that will

make a difference. Participants will be asked to bring a calculator to this session.

Instructor: Julie Rodwell

Julie F. Rodwell was born in the UK, raised on a tiny off-the-grid farm in Yorkshire, and educated at Oxford and Glasgow Universities there. She has spent almost her entire working life in North America, where her career focused on transportation projects and policy. Her wide array of interests includes climate change, general aviation, urban issues, freight transportation, the raw vegan lifestyle, conscious elderhood, beaded jewelry design, living with hearing loss, global economics and more. She's the author of a forthcoming book *Green New Cities of Tomorrow—Why and How America Needs to Build Some*.

## Chess and the Art of War

**Subject Area:** Arts/Culture, History/Current Events

**Mondays:** 4 Sessions 11:00 AM - 12:45 PM

**Start:** Mon 2/5/24 **End:** Mon 2/26/24

**Location:** Online Zoom Offering 3 **Class Size:** 300

### Course Description

Since about 600 AD, chess has been considered a game of bloodless warfare. These battles have been fought by countless number of chess players to grand masters, hustlers of street chess such as Humphrey Bogart and western movie actors including John Wayne. Even the character Death enjoyed a game of chess in the "Seventh Seal" movie. The designs of the chess pieces, the game boards, and the game itself are influenced by the evolution of warfare and the various countries or empires in which the game has been played. Chess sets have been made from many materials including clay, stone, wood, paper mâché, iron, silver, gold, amber, and ivory. The most intricately carved and

rare sets may be found in museums or private collections and many of those are worth hundreds of thousands of dollars. This course will focus on the art exhibited by the game pieces.

Instructor: Mark Cocker

Mark Cocker is a scientist emeritus with the U.S. Geological Survey in Tucson. His interest in chess evolved from high school chess club play to collection and study of antique chess sets.

## Practical Policy Solutions for the Arizona State Water Crisis

**Subject Area:** Arizona History/Culture, Civic Engagement/Community/Government

**Mondays:** Single session 11:00 AM - 12:45 PM

**Start:** Mon 2/5/24 **End:** Mon 2/5/24

**Location:** Online Zoom Offering 4 **Class Size:** 300

### Course Description

In this session, Kirsten Engel will cover practical policy solutions for the water crisis happening in our state, with regard to the Colorado River, other surface waters, and groundwater. Arizona is a desert state with a growing population, and while we are increasing the efficiency with which we use water, demand is increasing. Climate change is also driving our current drought and will only intensify in the years to come.

This is a hybrid class offered both in-person and online. This is the online option.

**Instructors:** Kirsten Engel, Mallory Riegger, Ron Cohen

Kirsten Engel is an attorney, law professor at the University of Arizona, and a former Arizona state legislator. Since 2005, Kirsten has been a member of the law faculty of the University of Arizona, where she co-directs the Environmental Law

Certificate program. She is currently teaching classes at the UA.

During her five years in the legislature, Kirsten served on the Natural Resources committees of the Arizona House and Senate where she worked to safeguard Arizona's water resources, protect the State's beautiful and unique desert ecosystems and capitalize on Arizona's capacity to be a world leader in renewable energy.

As a UA graduate with a BS in Accounting, Mallory has worked in Accounting, Marketing and Management roles since 1985. She has been actively volunteering since 1997 in accounting, IT, training, and leadership roles including Scouting and OLLI-UA. She has been an SGL since 2018, on the AV Committee since 2018, Zoom Support & Tech Training (2020/21), tech host (ongoing), OLLI-UA recordings editor and manage the DVD library. She was the OLLI-UA Board Treasurer 2019 - 2023 and is currently the OLLI-UA Board VP.

Ron is a retired pharmacist and an experienced SGL who has taught numerous OLLI-UA classes.

## Smarter Charitable Giving

**Subject Area:** DIY/Self-Help

**Mondays:** Single session 9:00 AM - 10:45 AM

**Start:** Mon 2/26/24 **End:** Mon 2/26/24

**Location:** Online Zoom Offering 3 **Class Size:** 300

### Course Description

Topics will include:

Smarter selection of Charities: the good ones and the bad ones and how to tell the difference.

Tax Considerations: What are the tax benefits and how do I get them?

Gifting Strategies: Ways to maximize the tax benefits, legally.

Qualified Charitable Distributions: Meet your RMD and keep your taxable income low.

Donor Advised Funds: Low cost, convenient, flexible with strategic benefits.

Planned Giving: Make a gift in the future but get tax benefits and income now.

Quick Tips: Mistakes to avoid and other ways to support the charities that you care about.

Instructor: Loring Green

Loring is an experienced SGL. He has taught a variety of subjects for OLLI over the past 22 years.

## Police Officer-Involved Custodial Deaths

**Subject Area:** History/Current Events

**Mondays:** 4 Sessions 9:00 AM - 10:45 AM

**Start:** Mon 3/4/24 **End:** Mon 3/25/24

**Location:** Online Zoom Offering 3 **Class Size:** 20

### Course Description

This 4-week course will be a review the facts and fiction within the public debate regarding police officer-involved fatal custodial deaths. My primary goal is to describe the process and the adjudicating factors involved in investigating custodial deaths.

The class will include an explanation of the prevailing US Supreme Court rulings. It will conclude with an examination of the facts and fiction behind several of the more recent controversial shootings.

I will not be showing images nor videos of any incidents.

The class is designed to be informative and not a forum for debating related social issues.

Instructor: David Grabelski

Dave has 45 years of tactical and strategic intelligence experience in the law enforcement and intelligence communities at the local, federal,



international, and university/college levels. In his first career, he served 21 years with the Los Angeles Police Department including assignments as a Senior Homicide Detective and Gang Unit Supervisor. His second career was as a Gangs/Drugs/Violence analyst/Instructor for the US Department of Justice / National Drug Intelligence Center. Dave recently retired as the Chair and Assistant Professor of the Mercyhurst University's Tom Ridge School of Intelligence Studies in Erie, PA. He holds advanced degrees from Pennsylvania State University and Pepperdine University. Dave and his wife Kitty currently reside in Vail, AZ.

## Alfred Hitchcock's San Francisco

**Subject Area:** Arts/Culture,  
Travel/Entertainment

**Mondays:** Single session 1:00 PM - 2:45 PM

**Start:** Mon 3/11/24 **End:** Mon 3/11/24

**Location:** Online Zoom Offering 2 **Class Size:**  
300

### Course Description

Alfred Hitchcock loved San Francisco and used its elegance, beauty and mystery to great effect in many of his films. In this virtual tour, you'll see brief scenes from *Vertigo*, *The Birds* and other Hitchcock classics filmed on location in the San Francisco Bay Area. You'll hear great stories about how Hitchcock chose those locations and how he filmed them. It's a treat for Hitchcock fans and lovers of the City by the Bay.

**Instructor:** Jay Sherwin

Jay Sherwin is a writer and consultant who has been watching, studying and enjoying Hitchcock films for decades. As a resident of the San Francisco Bay Area, he created and led a walking tour of Alfred Hitchcock's San Francisco that continues to attract Hitchcock fans from around the world. He created this virtual tour to share his favorite stories and

photos with anyone who loves Hitchcock films or loves San Francisco, no matter where they live.

## Tuesdays

### The Israeli-Palestinian Conflict – Past & Present

**Subject Area:** History/Current Events

**Tuesdays:** 8 Sessions 11:00 AM - 12:45 PM

**Start:** Tue 1/16/24 **End:** Tue 3/5/24

**Location:** Online Zoom Offering 1 **Class Size:**  
300

### Course Description

Topics will include: Pre-1948, Creation of the State of Israel in 1948-Israeli-Arab War, 1956; The Suez War, 1967; The Six-day War, 1973; The Yom Kippur War, 1978; The Camp David Accords, 1993; The Oslo Accords, 2020; The Abraham Accords, 2023; October 07 dubbed Israel's 9/11 (or Pearl Harbor?). Is the two-state solution still feasible? Is a one-state solution viable? What else (if any)? How long can the status quo last? Possible role of the US (or not!).

**Instructor:** Samih Baalbaki

Born and raised in Lebanon (18 different religious and ethnic legally recognized communities), Samih retired as a lawyer after spending his last 17 years based in Dubai and traveling extensively on professional assignments to over 20 Muslim countries in the Middle East, North Africa and southeast Asia. For the last 8 years, with OLLI at CCU as well as other educational institutions, Samih has taught courses on Islam, Middle Eastern politics and current affairs. Samih is a native Arabic speaker. Passionate about teaching, Samih has taught two weekly Zoom classes throughout the Covid-19 confinement.

## Curious Conversations, Inspired by Jazz at the Fox

**Subject Area:** Arizona History/Culture,  
Arts/Culture, History/Current Events,  
Travel/Entertainment

**Tuesdays:** Single session 1:00 PM - 2:00 PM

**Start:** Tue 1/16/24 **End:** Tue 1/16/24

**Location:** Online Zoom Offering 1 **Class Size:**  
300

### Course Description

The Curious Conversations Series provides an opportunity to take a deeper dive into the musical genres being presented on the Fox's legendary stage and, in the process, form a more personal relationship with these cultural forms.

Conversations are facilitated by local experts in the given genre, who are perfectly positioned to not only deepen our understanding of the musical tradition being explored, but to also share some of the ways that it currently lives and breathes in our little corner of the Sonoran Desert. This Curious Conversation anticipates a number of upcoming jazz performances at the Fox, as part of the Tucson Jazz Festival.

**Instructor:** Jordan Wiley-Hill, Khris Dodge

Jordan Wiley-Hill is a professional storyteller, educator, and program developer. He manages the education and outreach activities for the historic Fox Tucson Theatre. A dynamic presenter, he draws heavily on his background in performance art and education, alongside a deep passion for the topics he shares.

Khris Dodge is a versatile musician and Tucson arts advocate for more than 30 years, currently serving as the Executive Director of the Tucson Jazz Festival. His rich and varied musical career has taken him from symphonic accompaniment, arrangement, and conducting to Broadway National Tours and

featured performances across the country. This background, combined with his long-time experience as a music educator—for both youth and adults, musicians and non-musicians— makes him a powerful bridge for those seeking to deepen their understanding and appreciation of jazz.

## Home Energizer Workshop, by TEP

**Subject Area:** Civic  
Engagement/Community/Government,  
DIY/Self-Help, Science/Math/Technology

**Tuesdays:** Single session 9:00 AM - 10:45 AM

**Start:** Tue 1/23/24 **End:** Tue 1/23/24

**Location:** Online Zoom Offering 1 **Class Size:** 50

### Course Description

The Home Energizer Workshop is a 60-minute program designed to teach an adult audience simple ways to be energy efficient at home. Each participant receives an Energy Efficiency Kit - containing 4-LED bulbs, a low flow shower head, a faucet aerator, a kitchen aerator, an LED nightlight, and more! Participants are taught how to use and install the items in the kit and learn about other easy ways to save energy (and money) at home. The Home Energizer Workshop is sponsored by Tucson Electric Power and is offered free of charge within TEP service areas.

**Instructors:** Adam Kingery, Scott Larson, Oscar Balloveras

Adam Kingery was a classroom teacher in Arizona for 13 years before joining the Exchange as an outreach presenter in 2016. For many of those years, Adam's students benefited from the programs offered by the Exchange. Adam holds a Master's Degree in Educational Leadership and has an undergraduate degree in Political Science from the University of Arizona, as well as a teaching certificate from Prescott College. He manages the

logistics and team of energy presenters for the Bright Students middle school program and the Home Energizer Workshop for both Tucson Electric Power and Unisource Energy Services. Adam also assists with curriculum revisions and new program development.

Scott Larson is a recently retired full-time Urban Studies lecturer at Queens College of the City University of New York. Scott has been conducting environmentally based education programs in Tucson for almost 2 years. He has immersed himself in the social, cultural and natural landscapes of the Sonoran Desert, and looks forward to sharing the environmental awareness and passion for teaching that will make this workshop informative and beneficial for his new community!

## Docents Art Talks

**Subject Area:** Arts/Culture

**Tuesdays:** 6 Sessions 1:00 PM - 2:45 PM **Start:** Tue 1/23/24 **End:** Tue 2/27/24

**Location:** Online Zoom Offering 1 **Class Size:** 300

### Course Description

Docents Art Talks again are presented with new topics and ideas. This popular offering continues to enlighten and excite. This class will be a hybrid presentation again.

**Instructor(s):** Dick Woodward

Dick Woodward is a 10+ year OLLI-UA member and a SGL who has led classes in literature, drama, and the visual arts. He prides himself as an engineer who uses OLLI to round out his liberal arts education in his dotage. He looks forward to sharing his enthusiasm for lifelong learning.

## Great Decisions 2024 (Online)

**Subject Area:** Civic

Engagement/Community/Government,  
History/Current Events

**Tuesdays:** 9 Sessions 1:00 PM - 2:45 PM **Start:** Tue 1/23/24 **End:** Tue 3/19/24

**Location:** Online Zoom Offering 2 **Class Size:** 70

### Course Description

Great Decisions is America's largest discussion program on world affairs. It is organized by the Foreign Policy Association (FPA). The mission of the Foreign Policy Association today, as it has been for over 100 years, is to serve as a catalyst for developing awareness, understanding, and informed opinion on U. S. foreign policy and global issues. Through its balanced, nonpartisan programs and publications, the FPA encourages citizens to participate in the foreign policy process. The FPA publishes a Great Decisions Briefing Book and DVD each year. Purchase of Briefing Book highly recommended. It can be ordered online from the Tucson Great Decision's Association (TGDA. org) for \$28-\$30. An electronic version may be available from Amazon in January of 2024.

The 2024 topics are:

Topic 1: Mideast realignment

Topic 2: Climate Technology and Competition

Topic 3: Science Across Borders

Topic 4: U. S.-China Trade Rivalry

Topic 5: NATO's Future

Topic 6: Understanding Indonesia

Topic 7: High Seas Treaty

Topic 8: Pandemic Preparedness

The format for each week involves:

1. Reading the designated chapter in the Great Decisions Briefing Book

2. A presentation by a participant that has studied the topic and provides additional pertinent information and/or watching a DVD for 30 minutes
3. Convening a Question-Answer-Discussion session

Instructors: Art Quinn, Sherry Goncharsky

Art Quinn has a Ph. D. in Plant Breeding and Genetics and worked thirty years for an international seed company based in Germany. He has traveled extensively in Europe and has witnessed the results of foreign policy decisions in numerous eastern European countries. Art is a Vietnam veteran. Art has been a discussion leader for OLLI Great Decisions for a number of years, and also organizes a Great Decision course in a Minnesota retirement community during May and June of each year.

Sherry Goncharsky worked at IBM as a programmer and systems engineer after studying computer science at the University of Illinois. As a retirement job, she spent time "teaching computers to behave for their owners." Soon after joining OLLI, the pandemic hit and she became an active part of the tech hosting community and is also part of the AV Committee. Her hobbies include reading and crocheting.

## [Documentaries to Make You Think](#)

**Subject Area:** Social Sciences

**Tuesdays:** 12 Sessions 3:00 PM - 5:00 PM

**Start:** Tue 1/23/24 **End:** Tue 4/9/24

**Location:** Online Zoom Offering 1 **Class Size:** 300

### Course Description

The documentaries shown in this class are diverse, thought-provoking, educational, and informational. I attempt to get documentaries with English subtitles. Please sign into class by 2:45 pm. Our classes run on Tuesdays from 3:00 pm until at least

5:00 pm. Some of the documentaries will last 2 hours plus time for some discussion. Generally, the classes will run longer to allow for discussion, but please feel free to sign off whenever necessary.

NOTE: Please do not expect a 4G, surround sound experience, rather it may have more of a "drive-in theater" feel to it. It is also helpful to shut down all programs besides Zoom on your computer, iPad or iPhone to help minimize any lag. Exact Documentary Listing TBD.

This class will be offered as a hybrid, both in-person and online. This is the online option.

Instructors: Mallory Riegger, Paul Waugaman, Susan Williams

As a UA graduate with a BS in Accounting, Mallory has worked in Accounting, Marketing and Management roles since 1985. She has been actively volunteering since 1997 in accounting, IT, training, and leadership roles including Scouting and OLLI-UA. She has been an SGL since 2018, on the AV Committee since 2018, Zoom Support & Tech Training (2020/21), tech host (ongoing), OLLI-UA recordings editor and manage the DVD library. She was the OLLI-UA Board Treasurer 2019 - 2023 and is currently the OLLI-UA Board VP.

Paul Waugaman has been an OLLI member since 2013. He retired from a career in research management in the Federal Government, academia, and consulting. History has been an interest throughout his life. He has concentrated on the Civil War and the evolution of the United States in the 19th Century. He has taught U. S. History part-time at the college level, and as a consultant, senior manager, and study leader, has planned and presented educational experiences in professional development for adults. He has teamed up with Mallory both as an SGL and Tech Host in prior semesters.

Five years ago, Susan joined OLLI as a student and quickly became a tech host, co-host, and a member

Phone: 520.626.9039

Email: [ollimail@arizona.edu](mailto:ollimail@arizona.edu)

Website: [oli.arizona.edu](http://oli.arizona.edu)

of the OLLI board. She is knowledgeable, dependable and a lot of fun.

## Democracy: Does It Have a Future?

**Subject Area:** Civic

Engagement/Community/Government,  
History/Current Events

**Tuesdays:** 4 Sessions 9:00 AM - 10:45 AM

**Start:** Tue 2/6/24 **End:** Tue 2/27/24

**Location:** Online Zoom Offering 1 **Class Size:** 50

### Course Description

When the U. S. Constitution was signed in 1787, there were only two other democracies in the world. Democracy only became a worldwide political system after World War II. Today, however, the number of democracies is rapidly declining, with many countries rapidly trending toward autocracy. The Covid-19 pandemic only hastened that trend. In the U. S. , political polarization is at an all-time high and public trust in national and local institutions is at an all-time low.

We will examine how democracy evolved, what it is as a political system, and the growing challenges faced by today's democratic governments. We will focus on the U. S. , including looking at the structural flaws in our Constitution and institutions. We will also explore the dynamics underlying different types of political systems, and how citizens influence change, particularly in the age of social media.

**Instructor:** Stephen Berardo

Stephen Berardo has been teaching at OLLI at the University of Rhode Island since 2018. He has a master's degree in public administration, and is a student of history and political systems. He has a long career as a planning consultant, and has also been an adjunct and full-time college faculty member teaching courses in business

Phone: 520.626.9039

Email: [ollimail@arizona.edu](mailto:ollimail@arizona.edu)

Website: [olli.arizona.edu](http://olli.arizona.edu)

administration and aviation. He has also worked for many years with local, state, and federal government agencies on a variety of land use and infrastructure development issues.

## Skeptic's View of Climate Change

**Subject Area:** History/Current Events,  
Science/Math/Technology

**Tuesdays:** 8 Sessions 9:00 AM - 10:45 AM

**Start:** Tue 2/6/24 **End:** Tue 3/26/24

**Location:** Online Zoom Offering 2 **Class Size:** 300

### Course Description

Climate crisis hysteria is widespread and is driving political programs and decisions. We will use data to show that there is no crisis. Disasters such as landfalling hurricanes, tornadoes, droughts, floods, and forest fires are not increasing and deaths from disasters are down over 90%. Food production is increasing, hunger is down, the planet is greening, life expectancy has more than doubled since fossil fuel use has become widespread. The planet has warmed about 1 degree since the end of the Little Ice Age (1850). Is it natural? Has warming, such as we are experiencing today, ever happened before? Ocean influences such as El Nino / La Nina and the Indian Ocean Dipole create weather patterns that are often confused with climate change. What are ocean oscillations and how do they influence weather? "Green energy" is neither free nor environmentally friendly. Some of the costs associated with wind, solar, and batteries will be reviewed.

Time will be allocated for discussion and opposing viewpoints.

**Instructor(s):** Bob Barry

Bob has had three careers. He was a traditional Navy line officer serving in Destroyers and



riverboats. After receiving an M. S in Oceanography he served 16 years as an oceanography specialist, primarily involved in Anti Submarine Warfare (ASW). His third career was as a program manager for satellite systems at Ball Aerospace. He has been an OLLI study group leader for 7 years teaching about observing the ocean from space. His emphasis has been on ocean oscillations and their impact on weather and climate.

## [Canceled: Seeing Through Their Eyes: 20th Century Women Photographers and Artists](#)

## [Curious Conversation, Inspired by the Bluegrass and American Roots Music at the Fox](#)

**Subject Area:** Arizona History/Culture, Arts/Culture, History/Current Events, Travel/Entertainment

**Tuesdays:** Single session 1:00 PM - 2:00 PM

**Start:** Tue 2/6/24 **End:** Tue 2/6/24

**Location:** Online Zoom Offering 3 **Class Size:** 300

### Course Description

The Curious Conversations Series provides an opportunity to take a deeper dive into the musical genres being presented on the Fox's legendary stage and, in the process, form a more personal relationship with these cultural forms.

Conversations are facilitated by local experts in the given genre, who are perfectly positioned to not only deepen our understanding of the musical tradition being explored, but to also share some of the ways that it currently lives and breathes in our little corner of the Sonoran Desert. This Curious

Conversation anticipates the upcoming performance by the Wailin' Jennys.

Instructors: Jordan Wiley-Hill, Dan Levenson

Jordan Wiley-Hill is a professional storyteller, educator, and program developer. He manages the education and outreach activities for the historic Fox Tucson Theatre. A dynamic presenter, he draws heavily on his background in performance art and education, alongside a deep passion for the topics he shares.

Dan Levenson is an Appalachian native who has grown up with the music of that region. Today he is considered a respected master teacher and performer of both the clawhammer banjo and Appalachian style fiddle. Described as "The Johnny Appleseed of the Banjo," he performs and teaches regularly throughout the world, including in England, Ireland, Israel, and Brazil. Dan is a two-time awardee of the prestigious Master Artist Award from Arizona's *Southwest Folklife Alliance*, has eight recordings of his own, and is one of the most prolific authors of instructional and tune books for clawhammer banjo and fiddle.

## [eBay & Craigslist: Selling the Treasures in Your Closet](#)

**Subject Area:** DIY/Self-Help

**Tuesdays:** 2 Sessions 1:00 PM - 2:45 PM **Start:**

Tue 3/5/24 **End:** Tue 3/12/24

**Location:** Online Zoom Offering 3 **Class Size:** 300

### Course Description

Your SGL Bill Couchman has made over \$20,000 selling several hundred items on the online platforms eBay and Craigslist. Craigslist is best for large/heavy items. Bill will give you tips on what sells and doesn't, how to create an ad, set up payment arrangements, and how to wrap and ship.

In the first of two classes, Bill will demonstrate how the eBay site works. We will create an ad and hope that it sells by the next week's class. In the second week, we will discuss shipping options, packaging it, and printing a postage label.

Instructor(s): Bill Couchman

Bill Couchman holds a B. E. from Yale University and MBA from Carnegie-Mellon University. He has 33 years in planning management at Ford Motor Company, has taught 10 OLLI different classes, several of them multiple times, and is a 20-year tax pro and Master Tax Advisor for Block Advisors. 81 years old and not retired yet!

## Introduction to Hinduism: History, Religion, Philosophy, Culture

**Subject Area:** Philosophy/Spirituality/Religion

**Tuesdays:** 6 Sessions 1:00 PM - 2:45 PM **Start:** Tue 3/5/24 **End:** Tue 4/9/24

**Location:** Online Zoom Offering 1 **Class Size:** 300

### Course Description

This introductory course will provide an overview of Hinduism, the religion of India that originated about 3000 years ago. It will include a brief history about the origin of Hinduism and the contributions to it from different sources, the Religion of Hinduism and its many components, the different philosophies that underpin the religious practices, including the non-dualism of Vedanta; and the interactions between Hinduism and Judaism, Christianity, Islam. Also covered in the course are the rituals, practices, customs and festivals related to Hinduism.

Instructor: Pravin Soni

Pravin Soni is a native of India and immigrated to the US in 1973. He has been a student of the Hindu

Philosophy of Vedanta for the past 35 years. He has a PhD in Polymer Science and Engineering and has been involved in early stage biotech companies for over 25 years.

## Wisdom Keepers, Wisdom Givers

**Subject Area:** Philosophy/Spirituality/Religion, Social Sciences

**Tuesdays:** 3 Sessions 11:00 AM - 12:45 PM

**Start:** Tue 3/19/24 **End:** Tue 4/2/24

**Location:** Online Zoom Offering 1 **Class Size:** 50

### Course Description

As we age, we accumulate experience that in turn develops into wisdom. In certain cultures, it is thought that the "elders" are the keepers of wisdom, and in order to cultivate the wellbeing of future generations, it is important to share that wisdom. Our current Westernized culture has segregated generations, so that outside of familial relationships, there is little opportunity to share life lessons and wisdom in a meaningful, intergenerational context. Join us in this 3-session class as we learn about, explore, and discuss different aspects of wisdom, the development of wisdom and share life lessons and wisdom with young people through letter writing, and social media.

Instructor: Trish Chilton

Trish Chilton is a graduate student in the Psychology Department at the University of Arizona. She has a background in Gerontology, and specifically is part of the Social Psychology track with a minor in Neuropsychology. Trish's research interests include aging and wellbeing, wisdom, and intergenerational relationships. She is originally from North Carolina, and is the mother of four children ages 16-28.

## TV Ad Wars: U.S. vs. The World

**Subject Area:** History/Current Events,  
Travel/Entertainment

**Tuesdays:** 2 Sessions 1:00 PM - 2:45 PM   **Start:**  
Tue 3/26/24 **End:** Tue 4/2/24

**Location:** Online Zoom Offering 2 **Class Size:**  
300

### Course Description

Television advertising was invented in our lifetimes. It is a powerful tool of capitalism today. Much of it is serious and sales oriented. But some advertisers take a lighter approach and give us offbeat and funny ads that delight. Reviewing the history of television advertising, we will compare lighthearted U. S. ads with those in other countries, primarily in Europe.

Instructor: Buzz Olson

Buzz Olson is a writer, photographer, and editor over a 30-year journalism career at several newspapers, including the Arizona Republic and the Denver Post. He was a contributor to the Pulitzer Prize-winning coverage of the 1999 Columbine high school massacre.

## Wednesdays

### Birding for Beginners (Online class plus optional field trip)

**Subject Area:** Science/Math/Technology

**Wednesdays:** 3 Sessions 9:00 AM - 10:45 AM  
**Start:** Wed 1/24/24 **End:** Wed 2/7/24

**Location:** Online Zoom Offering 1 **Class Size:**  
300

### Course Description

Over 45 million Americans report "birding" or "bird-watching" as a hobby; wouldn't you like to give it a try too? Birding is a wonderful way to connect with beautiful living creatures outdoors, to observe their amazing behavior, and to challenge your mind. This course is a brief, hands-on introduction to the basics of observing and identifying the birds you see in Southeast Arizona. In 3 class sessions, we'll meet and learn about some popular Arizona bird species (via photos and videos) while we learn about choosing and using binoculars, how to spot and identify birds in the field using clues of size, shape, color pattern, behavior, and more. You'll discover the Merlin phone app, an easy way to carry an expert bird guide in your pocket. The fourth class session (optional) will be a 2-hour morning guided field trip to one of Laura's favorite Tucson (or Green Valley if you prefer) birding "hot spots".

The class sessions (the same material) will be offered twice: in person at Central Tucson, and online via Zoom. Choose the learning format you prefer. Field trips are in person, of course. You'll want to buy (or at least borrow) binoculars (\$100 and up). If you don't already have binoculars, hold off buying until after the first class to learn more about how to choose before you buy.

Instructor: Laura Couchman

Laura Couchman is a dedicated amateur birder, spotting and identifying birds for 19 years. Laura and her husband Bill go birding locally and wherever they travel, and have lived in Tucson since 2014. Laura has been an SGL for previous OLLI classes about birds and birding, including habitat, woodpeckers, birds of prey, hummingbirds, and birders' tech tools.

She is also a volunteer field trip leader for the Tucson Audubon Society.

## Reading Foreign Affairs and The Economist Magazines

**Subject Area:** History/Current Events

**Wednesdays:** 12 Sessions 11:00 AM - 12:45 PM

**Start:** Wed 1/24/24 **End:** Wed 4/10/24

**Location:** Online Zoom Offering 1 **Class Size:** 70

### Course Description

Join us to read and discuss the news as reported in two of the world's most influential news magazines with wide appeal. Both are written for the general public not specialists. Foreign Affairs is the leading magazine for analysis and debate of foreign policy, geopolitics and international affairs. The Economist has an international perspective, examining countries and current developments on a wide range of topics. A background in Economics is definitely NOT necessary.

Each week 3 or 4 class members volunteer to take a different article from the current issues and prepare a short summary and commentary for the class the following week. In addition, the entire class will read a major article or topic for group discussion.

Access to a print or digital version of one or both magazines is necessary. Discounted subscriptions may be available through U of A. Many discounted offers are available on the web. Also check availability on the Libby APP of the Pima County Library System. Digital Access usually provides access to articles from past issues. Join us for spirited discussions of interesting topics.

**Instructor:** Charles Wright

Charles is a retired architect. During his career he was involved in a number of projects for international organizations in Europe, Africa, Asia, South America and the Caribbean. Join us for some interesting discussions.

## Beginning and Intermediate Spanish

**Subject Area:** Literature/Writing/Language

**Wednesdays:** 12 Sessions 1:00 PM - 2:45 PM

**Start:** Wed 1/24/24 **End:** Wed 4/10/24

**Location:** Online Zoom Offering 2 **Class Size:** 40

### Course Description

This class is for students of Spanish from the Beginning to Intermediate levels. The class will be in two halves - beginning in the first half of the semester, intermediate in the second half. Beginning students will cover the basics: alphabet, pronunciation, basic vocabulary, the present tense, simple stories and poems, and basic grammar. Intermediate students will cover more extensive vocabulary, past, future, and subjunctive tenses, more involved stories and poems, and more grammar. Students may attend one or both sections of class. In both sections, listening, reading, speaking, and writing skills will be emphasized.

**Instructor:** Josephine Kelleher

Dr. Josephine Kelleher is a retired educator who has been studying Spanish for the past several years at OLLI. In addition to teaching at the university level, Dr. Kelleher has been a science and mathematics teacher at the middle school level, a high school assistant principal and principal, and superintendent of schools in three school districts. Dr. Kelleher earned a bachelor's degree in science and mathematics education and a master of arts in teaching in biological sciences from Rhode Island College, and a doctorate in educational leadership from the University of Connecticut.

## International Development in North Africa

**Subject Area:** History/Current Events, Social Sciences

**Wednesdays:** 8 Sessions 1:00 PM - 2:45 PM

**Start:** Wed 1/24/24 **End:** Wed 3/13/24

**Location:** Online Zoom Offering 1 **Class Size:** 45

### Course Description

This course offers an opportunity to explore the complexities and challenges associated with sustainable and community development in the region with a particular focus on Morocco. This course will also explore active development organizations in the region such as CorpsAfrica and Peace Corps. The program aims to provide participants with a comprehensive understanding of the socio-economic, political, cultural, and regional constituents that shape international development efforts in Morocco. In addition, the course will incorporate lectures, workshops, interactive discussions, and the opportunity to speak with guest speakers active in the international development field. Participants will gain in-depth knowledge about the region's development strategies, initiatives, and potential for growth.

**Instructor(s):** Mourad Abdennebi

Mourad Abdennebi is a PhD Student from Morocco in the Second Language Acquisition and Teaching program. He can speak knowledgeably about North Africa, development in North Africa, Arabic, Moroccan culture and food, and other topics.

## Whitehead's Process Philosophy

**Subject Area:** Philosophy/Spirituality/Religion

**Wednesdays:** 12 Sessions 1:00 PM - 2:45 PM

**Start:** Wed 1/24/24 **End:** Wed 4/10/24

**Location:** Online Zoom Offering 3 **Class Size:** 50

### Course Description

The process philosophy of A. N. Whitehead has emerged as one of the most deep and dynamic philosophies of the 20th Century. After an impressive career at Cambridge University, he "retired" to spend his final creative years at Harvard where he developed an entirely fresh philosophy based on his revolutionary and complex understanding of reality as more a matter of interactions than entities. We shall take up only the most important highpoints of his complex but important book "Process and Reality".

**Instructor:** Jerry H. Gill

Jerry Gill is a long-time college professor, Ph. D. Duke University, teaching a wide spectrum of Humanities courses, mostly in philosophy and religious studies, most recently at Pima Community College. He is widely travelled and has led numerous semester abroad programs in Greece, Finland, and Mexico. He has published 30 books and over 100 scholarly articles. He is semi-retired.



## Debunking Henry Ford: For Peace, Pluralism, and Music

**Subject Area:** History/Current Events

**Wednesdays:** 2 Sessions 9:00 AM - 10:45 AM

**Start:** Wed 2/14/24 **End:** Wed 2/21/24

**Location:** Online Zoom Offering 2 **Class Size:** 300

### Course Description

Ford's anti-Semitic crusade (1920-1927) taught his readership a methodology of scapegoating, his ideological assigning of blame, at the expense of the Jews, and at the expense of clear thinking in the society. His mass-produced propaganda demonstrated this on subject after subject. We will look at Ford's treacheries on two of many possible topics - war and peace, including his pseudo-pacifism, and music.

Ford had three articles in his propaganda about music. One article smeared Jewish sacred music, hurtful in itself, but also setting up a template that would later be used against Islam. The team he had assembled helped him go beyond his personal knowledge. But Ford personally detested Jazz and claimed that Jews in music were responsible for its popularity. We'll look at some quotes from his propaganda, and his more discreet machinations behind the scenes.

The diffusion of Ford's thinking internationally, especially about war and peace, is one of many intangible factors complicating Middle East peacemaking. I am writing this blurb during an agonizing war, so different from my hopes.

**Instructor(s):** Evyn Rubin

Evyn Rubin is a versatile writer who has been working on the Debunking Henry Ford project for decades. By tackling the anti-Semitism of this dubious hero, she feels she is pitching in to prevent the spread of prejudice. She began by doing

amazing original research using primary sources, uncovering Ford's treacheries both obscure and well-known. She has shared her research and writing on the grassroots level, very successfully, in the Jewish community and the general community, doing workshops and classes, on panels, on the radio and online, at open mics and tabling events. She now has a book in progress.

## Two Facets of Our Current Reality

**Subject Area:** Science/Math/Technology

**Wednesdays:** 2 Sessions 9:00 AM - 10:45 AM

**Start:** Wed 2/14/24 **End:** Wed 2/21/24

**Location:** Online Zoom Offering 1 **Class Size:** 300

### Course Description

I'd like to lead a discussion of two proactive topics. First: We are about to become an interplanetary society. How exactly will that happen (will it be mass colonization of Mars, mining operations in the asteroid belt, scientific outposts on the Moon, etc.)?

Second: Where does mathematics fit into our understanding of reality? The discussion of math will be informal and relaxed. No knowledge of math or science will be assumed.

**Instructor:** Carl DeVito

Carl Devito is an emeritus professor at the University of Arizona. Lately he has been active in the conceptual aspects of astro-biology, and participated in conferences on these matters over the past few years.

## Autism Spectrum – It's Not What We Thought

**Subject Area:** Health/Wellness

**Wednesdays:** 2 Sessions 3:00 PM - 4:45 PM

**Start:** Wed 3/6/24 **End:** Wed 3/13/24

**Location:** Online Zoom Offering 1 **Class Size:** 300

### Course Description

When people (grandparents, parents, teachers, nephews, etc. ) realize that I work with autism spectrum, I get questions. I'll try to answer them in this presentation/discussion, as well as help you understand how an autistic person's mind might work. The more you understand, the more you can be helpful. In a nutshell: we are wired for intersubjective experiences, and we are wired to be investigative, to seek patterns, and to be curious. From the beginning, some infants are more interested in interactions with others, and some more interested in interacting with objects. With some, an interest in objects seems all encompassing. We now think that problems with coordinating a sensory motor sense with affects and cognitions, are difficult, and make it hard for the autistic child to reach toward others. The course will use video clips that illuminate the intersubjective world of an autistic person, as well as clips that parents have added to YouTube so that other parents can learn from them. I will also show some clips from documentaries of parents helpfully interacting with their autistic child. I'll also talk about how experiencing difficulties in childhood might impact the adult person on the spectrum, and how treatment might go. The class will be both lecture and discussion.

**Instructor:** Pamela Hays

Pam Hays is in private practice as a psychotherapist and psychoanalyst. She has worked with people on

the autism spectrum since 2000, including their parents, and, in the last few years, has been engaged in understanding current research and clinical studies of autism. Her primary orientation is neuropsychological, developmental, cognitive, and psychoanalytic. She is also an adjunct faculty member at the level of Clinical Assistant Professor at University of Arizona Health Sciences Center. She has completed training in Psychoanalysis through the Arizona Center for Psychoanalytic Studies, and has trained in Mentalization Based Treatment, as well as DIR (Developmental, Individual Differences).

## Computer Security Overview

**Subject Area:** DIY/Self-Help, Science/Math/Technology

**Wednesdays:** Single session 3:00 PM - 4:45 PM

**Start:** Wed 3/27/24 **End:** Wed 3/27/24

**Location:** Online Zoom Offering 1 **Class Size:** 300

### Course Description

Harry will discuss how to keep your computer (and phone) safe when using email, messaging, the internet and apps.

**Instructors:** Sherry Goncharsky, Harry Elver

Sherry Goncharsky worked at IBM as a programmer and systems engineer after studying computer science at the University of Illinois. As a retirement job, she spent time "teaching computers to behave for their owners." Soon after joining OLLI, the pandemic hit and she became an active part of the tech hosting community and is also part of the AV Committee. Her hobbies include reading and crocheting.

Harry Elver is owner of Computer Guy Consulting, a Tucson business providing computer consulting services for over 20 years. They specialize in backup solutions, data recovery, and general computer and network support for business and home offices.

# Thursdays

## War in the Skies: Europe 1939-1944

**Subject Area:** History/Current Events

**Thursdays:** 4 Sessions 9:00 AM - 11:00 AM

**Start:** Thu 1/25/24 **End:** Thu 2/15/24

**Location:** Online Zoom Offering 3 **Class Size:** 300

### Course Description

This course explores how the arrival of airplanes on the battlefield changed the very nature of warfare. With specific focus on the Luftwaffe, the Royal Air Force, and the United States Army Air Force during WWII, we will explore the development of aviation and air power in the years leading up to the war and the greatest clash of machines in the history of armed combat. The presentation also describes how each air force enjoyed its own "Finest Hour" and how American industrial might brought victory, but only after an enormous cost in men and aircraft.

The format is lecture integrated within a Power Point presentation that includes graphics, animated maps and embedded video clips. All participants will receive a 50-page Aircraft Encyclopedia, structured note taking pages, bibliography, and Cast of Characters. All are delivered electronically and are used as each participant sees fit.

**Instructor:** Buck Beasom

Buck Beasom has a two-track career that includes 40 years of professional experience as a VP of Finance and applications developer with a parallel 30-year career as a teacher of Business Courses and History. A long-time student of World War II he has developed multi-media courses on the Air War in Europe and the Air War in the Asia/Pacific theater. He teaches for OLLI Chapters across the country.

## Inner Child Work: Facing Our Shame, Fear, and Trauma

**Subject Area:** DIY/Self-Help, Health/Wellness, Philosophy/Spirituality/Religion

**Thursdays:** 9 Sessions 11:00 AM - 12:45 PM

**Start:** Thu 1/25/24 **End:** Thu 3/21/24

**Location:** Online Zoom Offering 2 **Class Size:** 30

### Course Description

Carl Jung introduced people to the Inner Child in the last century. Since that time, myriad psychological theorists, authors, and practitioners have written profusely and utilized numerous methodologies around this concept. In expanding Jung's original model, modern-day constructs have evolved to create many therapeutic resources, including trauma informed practices.

What does the concept of the Inner Child mean to you? Do you believe that Inner Child work can help people to free themselves from the bondage of their childhood wounds, especially shame, fear, and trauma? Have you befriended your Inner Child?

Utilizing ideas from Jung to present day psychological theorists, authors, and practitioners as the springboards for discussion, we will explore the concept of the Inner Child. Our conversations will involve ways to integrate and work to heal from shame, fear, and trauma through befriending the Inner Child.

During our time together, we will touch upon the ideas of several healing pioneers and present-day trauma theorists. Discussion starters will be made available before every class. Handouts for further reading will be shared as well.

Please join us for these nine sessions. Bring your knowledge, beliefs, experiences, insights, and wisdom to share in our conversations.

Please know that this discussion group is not intended to replace your own psychological therapeutic work.

Instructor: Mary Ellen Klawiter

Mary Ellen lived her first fifty years in Philadelphia, Pennsylvania where she worked as an educator, a Director of Religious Education, and a Hospice Chaplain. Since moving to Sahuarita, Mary Ellen received an M. S. in Mental Health Counseling and counseled at-risk teens, pre-teens, and people struggling with loss. Her undergraduate work was in History and Theology and her graduate theological studies were in Religious Education and Clinical Pastoral Education.

## [Reading and Discussing The New Yorker](#)

**Subject Area:** Arts/Culture, History/Current Events, Literature/Writing/Language, Social Sciences

**Thursdays:** 12 Sessions 11:00 AM - 12:45 PM

**Start:** Thu 1/25/24 **End:** Thu 4/11/24

**Location:** Online Zoom Offering 1 **Class Size:** 45

### Course Description

The New Yorker magazine is a rich resource for current, historic, cultural, and scientific information. To get the most out of this resource each week we discuss five current articles. The class chooses an article for next week's group discussion, then four different class members volunteer to provide an introduction into other articles. Each class starts with a group discussion. Then the volunteers' introductions are used to provide the base for the four additional weekly discussions. All members are encouraged to make presentations and participate in discussions.

Instructors: Ronald Peterson, Cindy Graff Cohen, John "Nemo" Nemerovski

Ron Peterson has been a UA OLLI-UA member since 2012 following a career as a broker and investment banker in Washington, DC. He served as a VP at Paine Webber and Prudential Securities and headed a financial futures unit for Merrill Lynch. He is the author of "Solomon's Wishes," a book on investment strategies and tactics and two other books, won two investment contests and lectured on markets for banks and individual investors. He holds two masters' degrees and four graduate certificates.

Cindy Graff Cohen is a writer/editor with a long career at newspapers, magazines, nonprofit organizations, publishers, and corporations. She is documentary film fan and a well-travelled American history buff who loves a great story. A former college Engl

John Nemo is a member of our tech host and presentation team here in Reading and Discussing the New Yorker.

## [Canceled: The Screwball Comedy: Film Analysis and Discussion](#)

### [Online Film Discussion Class](#)

**Subject Area:** Arts/Culture

**Thursdays:** 12 Sessions 1:00 PM - 2:45 PM

**Start:** Thu 1/25/24 **End:** Thu 4/11/24

**Location:** Online Zoom Offering 2 **Class Size:** 300

### Course Description

We will meet weekly to discuss a selection. I will choose the first film and present it. In each class, the next film will be chosen by the group. After the first class, a class member will be asked to introduce the film. This class has been ongoing for several years and generates lively and controversial discussions as members consider and compare the

chosen films. Participants call upon their knowledge and experience to provide insight into all aspects of the films. Prior to the class, we will watch films from the past 4 years chosen from Netflix, Kanopy, and Amazon. Some films will include a fee to view. Older films or films from other viewing services may rarely be proposed.

Instructor: Trudy Hill

Trudy Hill has an MS degree in Art Education from UW Madison and has taught art and reading to elementary, junior high, and adult students. She was a co-SGL for Science Fiction and Poetry Classes and SGL for Calligraphy Class. She is an SGL for Film and Poetry Discussion classes. Her background includes working for Visa International as an architect of computer chips on payment cards and Visa systems that support them. Since she was a young girl, she has loved reading everything, watching films and making art (still does)!

## [The Soundtrack of Rock and Pop in the 50s & 60s – The Magic of the Brill Building Era](#)

**Subject Area:** Arts/Culture

**Thursdays:** 6 Sessions 1:00 PM - 2:45 PM

**Start:** Thu 1/25/24 **End:** Thu 2/29/24

**Location:** Online Zoom Offering 1 **Class Size:** 300

### Course Description

The adventure begins in New York City, where the echoes of Tin Pan Alley's Great American Songbook still resound. We witness a new generation of talented songwriters, singers, and groups, who filled the airwaves shaping the soundtrack of our lives.

Enjoy the music of legendary songwriters such as Carole King & Gerry Goffin, Neil Sedaka & Howard Greenfield, Barry Mann & Cynthia Weil, Phil Spector, Jerry Leiber & Mike Stoller, Doc Pomus & Mort

Shuman, Ellie Greenwich & Jeff Barry, Burt Bacharach & Hal David, Neil Diamond, and others.

Rediscover the tunes from Elvis Presley, the Coasters, Dion and the Belmonts, the Drifters, Dionne Warwick, the Ronettes, the Shirelles, the Animals, the Monkees, Manfred Mann, Andy Williams, the unforgettable Righteous Brothers, and many others who left us with a treasure trove of great music.

Join me on this journey to delve into the melodies, stories, and vibrant personalities behind the Brill Building era during the late 1950s and 1960s.

Instructor: Michael Agron

Michael Agron, a music aficionado, brings his passion to OLLI for the third time after captivating audiences with seminars like "This is Sinatra!" and "Celebrating Perfect Vocal Harmony Groups." He grew up in LA, the heart of the recording & entertainment industry. His love for music initially led him towards dreams of becoming a recording engineer. However, a career in hi-tech, including founding a webinar marketing agency, beckoned. Michael considers himself fortunate to share his passion for music and entertainment, having delivered numerous distinctive seminars over twelve semesters to the Sacramento Renaissance Society and numerous OLLI chapters across the nation.

## [Women in Government](#)

**Subject Area:** History/Current Events

**Thursdays:** 7 Sessions 1:00 PM - 2:45 PM

**Start:** Thu 1/25/24 **End:** Thu 3/7/24

**Location:** Online Zoom Offering 3 **Class Size:** 45

### Course Description

Using film, excerpts from biographies and memoirs, we will examine the lives and contributions of First Ladies, women in our Supreme Court, and Legislature. We hope to make them "come alive",



focusing on interesting segments of their lives. The following women will be included: Sally Hemings, Pat Schroder, Sonia Sotomayor, Sandra Day O'Connor, Ruth Bader Ginsberg, Michelle Obama, Nancy Pelosi, Amy Klobuchar. Discussion is welcome.

Instructor: Jeri Aldridge

After teaching English, Speech, Debate and History for 32 years in Evergreen, Colorado, Jeri retired and moved to Tucson. She collects folk art (Mata Ortiz Pottery, Wood carvings and Fabric Art) has a B. A. in Speech Communications from the University of Denver and an M. A. in Education from Colorado University. Jeri has traveled widely to Europe, China, Guatemala, England and Scotland and has an interest in politics and micro finance.

### [Dream Group Class](#)

**Subject Area:** Social Sciences

**Thursdays:** 12 Sessions 3:00 PM - 4:45 PM

**Start:** Thu 1/25/24 **End:** Thu 4/11/24

**Location:** Online Zoom Offering 1 **Class Size:** 30

#### Course Description

Learn how to access the valuable information in your dreams! Attendees share texts of their nighttime dreams and are invited to contribute their associations and insights into others' dreams. Various techniques of interpretation will be demonstrated, such as "If it were my dream." The group format opens multiple perspectives and layers of meaning. "Aha's" of recognition follow as we unpack the dream. In this process we learn to listen to our intuition, increase compassion for others, discover deeper aspects of ourselves and receive guidance.

Instructor: Helen Landerman

Dr. Landerman has been curious about the meaning of her dreams and writing them down for decades. She has continuously participated in dream groups

and facilitates dream groups. Because dreams speak a language of visual symbols, her Harvard Ph. D. in Romance Languages and Literatures has enabled her fascination for metaphors and archetypes. She has 15 years of experience teaching at the college level. She is certified by Jeremy Taylor's Marin Institute for Projective Dream Work and is a long-time member of the International Association for the Study of Dreams and of the Southern Arizona Friends of Jung.

### [Gentle Energizing Movement, Relaxation and Meditation: Himalayan Yoga](#)

**Subject Area:** Health/Wellness, Philosophy/Spirituality/Religion

**Thursdays:** 9 Sessions 9:00 AM - 10:45 AM

**Start:** Thu 2/1/24 **End:** Thu 3/28/24

**Location:** Online Zoom Offering 2 **Class Size:** 70

#### Course Description

Let go of stress and come home to yourself. Over millennia, the sages of the Himalayan Yoga Tradition developed highly effective methods of movement, relaxation, and meditation. In this study group you will learn foundational practices from the Himalayan Yoga Tradition. Each session will have three phases: gentle movement and breathing, deep relaxation, and meditation. Members can expect to leave this class refreshed. Please note that the movements taught in this study group are not acrobatics. They are suitable for people with no yoga experience. If you've attended yoga classes and found them to be too strenuous or otherwise challenging, this study group is for you.

Instructor: Randall Krause

Randall Krause served many years as an attorney and conflict resolution facilitator. Later, he studied counseling and received a M. A. in interdisciplinary consciousness studies with an emphasis in holistic

Phone: 520.626.9039

Email: [ollimail@arizona.edu](mailto:ollimail@arizona.edu)

Website: [oli.arizona.edu](http://oli.arizona.edu)

health counseling, was certified and served as a personal coach and mentor. He studied Effective Communication intensively and also studied The Gremlin Taming Method for more than 10 years. In addition, Randall is a senior mentor and teacher in the Himalayan yoga meditation tradition and is registered with Yoga Alliance (YA) as an Experienced Yoga Teacher and a Continuing Yoga Education Provider.

## Separation of Church and State: Vital in 1787, Critical Now

**Subject Area:** History/Current Events

**Thursdays:** Single session 9:00 AM - 10:45 AM

**Start:** Thu 2/22/24 **End:** Thu 2/22/24

**Location:** Online Zoom Offering 3 **Class Size:** 300

### Course Description

American Presidents from Washington and Jefferson to JFK and Reagan believed the wall of separation between church and state must be absolute. This concept is enshrined in our Constitution's 1st Amendment. This class will look at the history of this foundational principle and why the "wall of separation" is more critical than ever to protecting Americans' freedom. The presenter represents Congregation Beth Adam's (located in Cincinnati, OH) social justice committee which has studied this issue for 3 years and hopes to educate others about its current significance.

**Instructor(s):** Michael Goldman

Michael Goldman is the Chair of the Social Justice Committee at Congregation Beth Adam (Cincinnati, OH). He has an MFA in playwriting and worked as a writer in New York and Los Angeles. Mr. Goldman has run and consulted many local political campaigns, as well as having served, or led, several Cincinnati civic organizations.

## Only Hope: My Mother and the Holocaust Brought to Light

**Subject Area:** History/Current Events,  
Literature/Writing/Language

**Thursdays:** Single session 3:00 PM - 4:45 PM

**Start:** Thu 2/29/24 **End:** Thu 2/29/24

**Location:** Online Zoom Offering 2 **Class Size:** 300

### Course Description

Before she passed away in 1974, Felicia Bornstein Lubliner wrote about her life in Nazi-occupied Poland during the Holocaust, including her internment in ghettos and two concentration camps, Auschwitz and Gross-Rosen. Her powerful stories have been published by her son, Irv Lubliner, who also contributed the foreword and afterword to "Only Hope: A Survivor's Stories of the Holocaust." He will share excerpts from the book, shedding light on his mother's experiences and indomitable spirit, as well as his own experience as a child of Holocaust survivors and his process in bringing the book to fruition. He will pause during and after his presentation to invite questions and discussion.

**Instructor:** Irv Lubliner

Irv Lubliner teaches math, music, and literature classes for the OLLI program at Southern Oregon University, where he also served on the Council of Directors. An emeritus professor specializing in mathematics education, he taught for 40 years and led seminars for math teachers in 39 states. In 2019, he created Felabra Press and published his mother's writing about her experiences during the Holocaust, the book that will serve as the theme for this presentation.

## Canceled: Race Matters: Black Lives in the Supreme Court 1787-2023

### Ancient Egypt's Middle Kingdom

**Subject Area:** History/Current Events

**Thursdays:** 4 Sessions 3:00 PM - 4:45 PM

**Start:** Thu 3/14/24 **End:** Thu 4/4/24

**Location:** Online Zoom Offering 2 **Class Size:** 300

#### Course Description

Ancient Egypt was one of the earliest and greatest civilizations. Unified around 3,000 BCE, Ancient Egypt is responsible for such wonders as the Great Pyramid (the tallest structure in the world for over 4,000 years, built in the Old Kingdom) and the Karnak Temple complex (one of the largest religious buildings ever built, primarily constructed in the New Kingdom). The Middle Kingdom of Ancient Egypt falls between the Old and New Kingdoms. It was a time of recovery and transformation following a period of instability. It is harder to define than the Old or New Kingdoms, but it was a time when the art, architecture, and literature of the civilization developed rapidly. The art was like nothing that came before it and it influenced everything that came after. The Middle Kingdom contributed immensely to what we recognize as the culture of Ancient Egypt today and it was a period of great prosperity. Join me for this four-week study group, where we will explore Ancient Egypt in the Middle Kingdom.

Instructor: Nic Richmond

Nicola Richmond is the Vice Chancellor of Strategy, Analytics and Research at Pima Community College. She oversees strategic planning, institutional and operational effectiveness, federal and state

Phone: 520.626.9039

Email: [ollimail@arizona.edu](mailto:ollimail@arizona.edu)

Website: [olli.arizona.edu](http://olli.arizona.edu)

reporting and ad hoc reporting at the institution. She has an extensive data analysis and research background that most recently focuses on higher education, but her experience also includes the analysis of magnetometer data for the moon and Mars, and the application of cellular automata models to coastal environments. She has a Ph. D. in Geology from University College London. Her doctoral research focused on the incorporation of aluminum and iron into deep Earth magnesium silicate minerals using numerical modeling approaches from quantum mechanics and solid state physics. Nic has a strong interest in cross-disciplinary research approaches, taking techniques from the sciences and bringing them to higher education research.

### Legacy of Holocaust Survivors: The Challenges, Gifts and Impact

**Subject Area:** Health/Wellness, History/Current Events, Philosophy/Spirituality/Religion

**Thursdays:** Single session 9:00 AM - 10:45 AM

**Start:** Thu 4/4/24 **End:** Thu 4/4/24

**Location:** Online Zoom Offering 2 **Class Size:** 60

#### Course Description

How do you talk about and make sense of your life when you grew up with parents who survived the most unimaginable horrors of family separation, systematic murder and unending encounters of inhumanity?

For Holocaust survivors, liberation did not lead to a happily-ever-after fairy tale. Survivors were often told to forget about it and move on, and the rest of the world was not ready to hear their stories, so they had few avenues to process their anger and grief.

In the award-winning anthology, *The Ones Who Remember; Second-Generation Voices of the Holocaust*, sixteen descendants of survivors take on the legacy of their parents' survival, speaking through their own intergenerational lenses, revealing the many ways their parents' Holocaust traumas and survival seeped into their souls and then affected their subsequent family lives" whether they knew the bulk of their parents' stories or nothing at all.

This class will explore and encourage discussion around themes including the impact of dehumanization, post-traumatic growth and healing, and forgiveness. We will also discuss the impact of intergenerational trauma for anyone who has lived in the shadow of pain and suffering.

Instructor: Ruth Wade

Ruth Finkel Wade is the daughter of Holocaust survivor Sidney Finkel, a Tucson resident. She is a docent and speaker at the Florida Holocaust Museum in St Petersburg, Florida, and editor of and contributor to the award-winning book *The Ones Who Remember; Second-Generation Voices of the Holocaust*. Ruth grew up in Chicago, Illinois and spent 25 years living in Ann Arbor, Michigan. She now resides in Largo, Florida.

## [Humor: A Healing Tool](#)

**Subject Area:** DIY/Self-Help, Health/Wellness, Philosophy/Spirituality/Religion

**Thursdays:** 2 Sessions 11:00 AM - 12:45 PM

**Start:** Thu 4/4/24 **End:** Thu 4/11/24

**Location:** Online Zoom Offering 2 **Class Size:** 30

### Course Description

As soap is to the body, so laughter is to the soul.  
Jewish Proverb

What makes you laugh, or giggle, or chuckle? Can humor provide ways to heal people physically, emotionally, and spiritually? Is there a relationship

between humor and suffering? Can utilizing humor help people to reclaim their souls?

Through sharing ideas and theories about the psychological benefits of humor, we will discuss how a sense of humor and laughter can help us to heal. In addition, we will take some time to talk about what tickles our funny bones.

Please join us for these two sessions to learn and to laugh. Bring your knowledge, beliefs, experiences, insights, wisdom, and sense of humor to share in our conversations.

Please know that this discussion group is not intended to replace your own psychological therapeutic work.

Instructor: Mary Ellen Klawiter

Mary Ellen lived her first fifty years in Philadelphia, Pennsylvania where she worked as an educator, a Director of Religious Education, and a Hospice Chaplain. Since moving to Sahuarita, Mary Ellen received an M. S. in Mental Health Counseling and counseled at-risk teens, pre-teens, and people struggling with loss. Her undergraduate work was in History and Theology and her graduate theological studies were in Religious Education and Clinical Pastoral Education.

## Fridays

### [Intellectual and Cultural History of the West Part 4: Modern Era](#)

**Subject Area:** History/Current Events, Literature/Writing/Language, Philosophy/Spirituality/Religion, Science/Math/Technology, Social Sciences

**Fridays:** 12 Sessions 9:00 AM - 10:45 AM

**Start:** Fri 1/26/24 **End:** Fri 4/12/24

**Location:** Online Zoom Offering 1 **Class Size:** 300

Phone: 520.626.9039

Email: [ollimail@arizona.edu](mailto:ollimail@arizona.edu)

Website: [oli.arizona.edu](http://oli.arizona.edu)

## Course Description

This is the 4th in a series of courses on Western intellectual history. The previous were Ancient, Medieval and Early Modern. This course covers 1800 to the present. We will be looking at various schools of art and thought including the Romantics, Existentialism, Pragmatism, scientific philosophy, modern music, and abstract art.

Instructor: Robert MacArthur

Robert MacArthur worked for 32 years at UA in the College of Agriculture as an IT guy. He has a PhD in Cultural and Intellectual History from UA.

## [Astronomy/Geosciences](#)

**Subject Area:** Science/Math/Technology

**Fridays:** 6 Sessions 1:00 PM - 2:45 PM **Start:** Fri 1/26/24 **End:** Fri 3/8/24 - **No Class February 9**

**Location:** Online Zoom Offering 1 **Class Size:** 300

## Course Description

Our exploration of the Earth, Solar System, and Universe continues. This semester our key topic will be the Cosmological Toolkit. This Toolkit will include such concepts/theories/laws/insights as the Eddington and Roche limits, Redshift, Cosmic Distances, Kepler Laws, the Hertzsprung-Russell diagram, Stellar Magnitudes, Lagrange Points, and the EM spectrum, to name a few. We will discuss these in the context of on-going discoveries in Astronomy, Planetary Sciences, and Earth Sciences. Information will be conveyed using short videos, awesome photos, understandable/fun graphics, and class discussions. We will have several guest speakers from the University of Arizona's Astronomy, Planetary Sciences, and Geosciences Departments. Science Fiction Theatre continues, with short clips highlighting a century of Sci Fi movies and TV shows. Please join us for this

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continuing journey of discovery and adventure. Being in an earlier Astronomy/Geosciences class I have hosted is neither a prerequisite nor necessary to understand and enjoy this class.

Instructor: Guy Jette

Guy retired from the U. S. Air Force after 37 years working in Research and Development in both the aeronautical and space fields. He holds MBA and MS degrees, and is an Associate Fellow of the American Institute of Aeronautics and Astronautics. He has worked in astronomy outreach for the past ten years as a docent at Kitt Peak National Observatory. He has also been a frequent guest speaker at the University of Hawaii Institute for Astronomy on Maui.

## [Archaeology of Early Agriculture and Irrigation in the Southwest](#)

**Subject Area:** Arizona History/Culture, Arts/Culture, Social Sciences

**Fridays:** 2 Sessions 3:00 PM - 4:45 PM **Start:** Fri 1/26/24 **End:** Fri 2/2/24

**Location:** Online Zoom Offering 1 **Class Size:** 300

## Course Description

People have lived in what is now the southwestern United States for at least 13,600 years, probably longer. For nearly the first 10,000 years of that history they were highly nomadic. At first, they relied on the hunting of big-game animals, but by about 10,000 years ago they became more focused on foraging for wild plant foods. But then, over 4,000 years ago, the introduction of plant cultivation changed southwestern lifestyles dramatically. To practice farming, people had to stay near their gardens and fields for substantial portions of the year, which led to the establishment of the first relatively permanent settlements; and to grow crops in the hot deserts they began using



irrigation. In this course, archaeologist Allen Dart will illustrate and discuss archaeological discoveries that have brought this early era of human history to life.

Instructor: Allen Dart

Registered Professional Archaeologist Allen Dart has worked in Arizona and New Mexico since 1975 for federal and state governments, private companies, and nonprofit organizations. He is the executive director of Tucson's nonprofit Old Pueblo Archaeology Center, which he founded in 1993 to provide educational and scientific programs in archaeology, history, and cultures. Al has received the Arizona Archaeological Society's Professional Archaeologist of the Year Award, the Arizona Archaeological and Historical Society's Victor R. Stoner Award, the Arizona Governor's Archaeology Advisory Commission Award in Public Archaeology, and other honors for his efforts to bring archaeology and history to the public.

## Chen Village Tai Chi

**Subject Area:** Health/Wellness,  
Philosophy/Spirituality/Religion

**Fridays:** 9 Sessions 9:00 AM - 10:45 AM **Start:**  
Fri 2/2/24 **End:** Fri 3/29/24

**Location:** Online Zoom Offering 2 **Class Size:** 70

### Course Description

No previous Tai Chi experience is necessary. All the movements are slow and gentle, and no martial arts applications will be taught or practiced in this study group. These methods may help lessen body pain, correct spinal misalignment, cultivate a sense of internal energy, and rest the mind.

Participants can wear comfortable roomy or stretchy clothing and some soft tai chi shoes or socks to wear on their feet.

Instructor: Randall Krause

Randall Krause served many years as an attorney and conflict resolution facilitator. Later, he studied counseling and received a M. A. in interdisciplinary consciousness studies with an emphasis in holistic health counseling, was certified and served as a personal coach and mentor. He studied Effective Communication intensively and also studied The Gremlin Taming Method for more than 10 years. In addition, Randall is a senior mentor and teacher in the Himalayan yoga meditation tradition and is registered with Yoga Alliance (YA) as an Experienced Yoga Teacher and a Continuing Yoga Education Provider.

## What's the Big Deal? Let's Read and Discuss a Banned Book

**Subject Area:** History/Current Events,  
Literature/Writing/Language

**Fridays:** 3 Sessions 3:00 PM - 4:45 PM **Start:**  
Fri 2/9/24 **End:** Fri 2/23/24

**Location:** Online Zoom Offering 1 **Class Size:** 30  
**Additional Costs:** Members will be encouraged to buy the novel and stream the movie; however, neither is required.

### Course Description

What makes a book so controversial that some people and/or groups want to have it banned from certain libraries? Let's find out together as we read and discuss one of the books causing such a controversy. The Hate U Give was written by Angie Thomas. We'll read and discuss the book and then watch the movie that was based on the book. Members will want to purchase the book and stream the movie before the classes start. The reasons cited for the book being banned are extreme violence, use of profanity, and anti-police messages. The three-session class will begin with some facts and figures about the past and present books that are considered "banned". During the

second class, we'll discuss the book by Ms. Thomas. The last class will focus on the movie. Many books are presently being banned by people and/or groups that have not even taken the time to read the books in question. Both sides of the banning issue are welcome, but only after reading one of the books in question. Sound fair to you? Then please join me for this class. We may disagree about the issue, but let's agree to not become disagreeable.

Instructor: Frankie Harris

Frankie is a retired teacher from South Carolina. She joined the University of Arizona's OLLI program when Covid caused her local OLLI at Coastal Carolina University in Conway, South Carolina to close. She has been an active member from the very beginning of her enrollment. She has taken numerous classes and she's even led several SIGs. The wide variety of classes offered, and the warm, welcoming people that she has met are what keeps her returning each year.

## HIV/AIDS: News and Updates

**Subject Area:** Civic

Engagement/Community/Government,  
Health/Wellness, History/Current Events

**Fridays:** Single session 9:00 AM - 10:45 AM

**Start:** Fri 3/8/24 **End:** Fri 3/8/24

**Location:** Online Zoom Offering 3 **Class Size:**  
300

### Course Description

The landscape of HIV/AIDS in our community has changed drastically, especially over the past five years. While it may not receive much media attention, there are amazing new developments in the field of HIV prevention and treatment.

Join us for a presentation and discussion with Scott Blades, Executive Director of the Tucson Interfaith HIV/AIDS Network (TIHAN). He will be providing an update about HIV today, including a brief overview

of TIHAN, the needs they see, and the people they serve. He'll talk about key terms in the world of HIV including undetectable, U=U, PrEP, and PEP. You may not hear much about HIV today, but there are more people living with HIV than ever before. Join us and learn more about the realities of HIV today.

Instructor: Scott Blades

Scott Blades is the founder and Executive Director of the Tucson Interfaith HIV/AIDS Network (TIHAN), a coalition of individuals, businesses, faith communities, and nonprofit groups. He has been featured in multiple print and video news stories, and has received several awards for his leadership in addressing HIV and working to help people with HIV to live well.

## Lessons From the Vietnam War

**Subject Area:** History/Current Events

**Fridays:** Single session 11:00 AM - 12:45 PM

**Start:** Fri 3/8/24 **End:** Fri 3/8/24

**Location:** Online Zoom Offering 1 **Class Size:**  
300

### Course Description

The course will focus on events leading up to the U. S. involvement in Vietnam culminating in wars from 1945 to 1985. There will be a discussion of the French colonial era, the rise of Ho Chi Minh and the Viet Minh, South Vietnamese politics, and U. S. policy decisions. There will also be a detailed examination of the conduct of the war, with an emphasis on the tactical decisions leading to heavy casualties among Americans and their communist opponents. The discussion will conclude with lessons learned.

Instructor: Ed Linz

Ed Linz, a 1965 graduate of the U. S. Naval Academy, is the author of five books, including recent works on The Great Depression and the Vietnam War. He was the Commanding Officer of a Ballistic Missile

submarine and holds advanced degrees from Oxford University and George Mason University. He lives in Maine and Virginia and is the grateful recipient of a heart transplant in 1994.

# Online Classes: Shared Osher Offerings Mondays

## LGBTQ+ Issues and Identities

**Subject Area:** Civic

Engagement/Community/Government,  
History/Current Events, Social Sciences

**Mondays:** 10 Sessions 9:30 AM - 10:30 AM

**Start:** Mon 1/8/24 **End:** Mon 3/11/24

**Location:** Online Zoom Offering **Class Size:** 300

### Course Description

Shared From OLLI at Chico State CA

In the last few years, states have advanced a record number of bills that attack LGBTQ+ rights. Join this class in exploring the diversity of LGBTQ+ communities, identities, and issues and discover how everyone is impacted by the anti-LGBTQ movement. Learn the basics of terminology and delve into historical, cultural, and theoretical aspects of the LGBTQ+ experience. There will be plenty of time for questions.

Note: Daylight Savings Time begins on March 10, 2024. After that date, this class will begin at 8:30 AM Arizona time.

Instructor: Susan Frawley (she/her/hers)

Susan Frawley has bachelor's degrees in both geology and anthropology. She obtained her master's degree in archaeology and paleoanthropology at the Australian National University. Her areas of interest include

anthropology, LGBTQ history, and activism. She is a Chico State faculty member in the Multicultural and Gender Studies Department and teaches anthropology at Butte College. She is a member of the Chico State Trans Task Force, the secretary for the LGBTQ+ Faculty and Staff Association, and the director for Chico State Lavender Graduation.

## The British Are Coming: The Beginning of the American Revolution

**Subject Area:** History/Current Events

**Mondays:** 10 Sessions 7:30 AM - 9:00 AM

**Start:** Mon 1/22/24 **End:** Mon 3/25/24

**Location:** Online Zoom Offering **Class Size:** 300

### Course Description

Shared From OLLI at Rochester Institute of Technology

Why did 13 of Britain's North American colonies declare their independence in 1776? The answer is neither simple nor obvious. Following Britain's victory in the Seven Years' War, most colonists were proud British subjects with no interest in independence. We begin by investigating the improbable series of events in the 12-year interval between 1763 and 1775 that led to the American Revolution. We go on to ask how the largely amateur colonial army, confronted by the professional British army and their Hessian mercenaries, survived the first two years of the War up to the Battles of Trenton and Princeton.

Note: Daylight Savings Time begins on March 10, 2024. After that date, this class will begin at 6:30 AM Arizona time.

Instructor: Richard Mallory

Richard Mallory has been leading courses at Osher since 2013 on a variety of subjects.

## [The Poetry of Hamlet](#)

**Subject Area:** Literature/Writing/Language

**Mondays:** 10 Sessions 11:30 AM - 1:30 PM

**Start:** Mon 1/22/24 **End:** Mon 3/25/24

**Location:** Online Zoom Offering **Class Size:** 25  
Additional Costs: Required Text: Signet Classic edition of Hamlet ISBN: 9780451526922 (get this edition).

### Course Description

Shared From OLLI at Rochester Institute of Technology

Hamlet is arguably Shakespeare's greatest play and probably the one in which the meaning is most carried by the complexity of the poetic language. We'll explore this language in depth to see how and whether doing so can answer some of the perennial interpretive issues with this play including whether (and how) Hamlet is mad, and whether Hamlet's error is to hesitate—or to act too precipitously. Website: [sites.google.com/view/hamletosher](https://sites.google.com/view/hamletosher)  
Required Text: Signet Classic edition of Hamlet ISBN: 9780451526922 (get this edition).

Note: Daylight Savings Time begins on March 10, 2024. After that date, this class will begin at 10:30 AM Arizona time.

Instructor: Donna Richardson

Donna Richardson is an emerita professor from St. Mary's College of Maryland, where she taught literature for over 30 years. Her primary interests are British Romanticism, poetry in any form, Tolstoy, and Shakespeare.

## [Saving Abu Simbel](#)

**Subject Area:** History/Current Events

**Mondays:** Single session 9:15 AM - 10:45 AM

**Start:** Mon 2/5/24 **End:** Mon 2/5/24

**Location:** Online Zoom Offering **Class Size:** 300

### Course Description

Shared From OLLI at Rochester Institute of Technology

When the Egyptian government began planning the construction of the High Aswan Dam in the 1950s, archaeologists raised concerns that the ancient temples in the region would be submerged in the lake created by the new dam. Chief among these sites were the enormous temples at Abu Simbel that were built by Ramses II in the 13th century BCE. The massive project to save these sites, coordinated by UNESCO, is the subject of this class. We will look at the individuals who championed the project and see what it took to move and preserve these impressive structures.

Instructor: Chris Ryan

Chris Ryan, a retired librarian, enjoys sharing her love of history with others.

## [Anna Rosenberg: Confidante of Presidents](#)

**Subject Area:** History/Current Events

**Mondays:** Single session 9:15 AM - 10:45 AM

**Start:** Mon 3/4/24 **End:** Mon 3/4/24

**Location:** Online Zoom Offering **Class Size:** 300

### Course Description

Shared From OLLI at Rochester Institute of Technology

Over seven decades, Rosenberg was a trusted adviser, friend, and confidante to Presidents FDR, Truman, Eisenhower, and Johnson. Her fingerprints



were on everything from the Manhattan Project to the GI Bill to the desegregation of the military. Life magazine called her "far and away the most important woman in American government." She was the first person to be awarded the Medal of Freedom, the Congressional Medal of Honor, and the US Medal of Merit. And yet, most people today have never heard of her. Let's remedy that situation.

Instructor: Michelle Turner

Michelle Turner has presented many lectures on topics as diverse as the architect Frank Gehry to the Bosnia-Serbian War to Women Photographers to Surrealist Artists. This course was inspired by reading The Confidante by Christopher Gorham, the story of one of the most powerful women in the US government from 1933-1969.

## Tuesdays

### [Art and Archaeology of Early India](#)

**Subject Area:** Arts/Culture, History/Current Events

**Tuesdays:** 10 Sessions 2:00 PM - 3:30 PM

**Start:** Tue 1/9/24 **End:** Tue 3/12/24

**Location:** Online Zoom Offering **Class Size:** 300

#### Course Description

Shared From OLLI at Chico State CA

The class will consider the art history of ancient India from the prehistoric through the medieval period. Class presentations will include PowerPoint reviews of key works and archaeological monuments, as well as important background information on Buddhism and Hinduism.

Note: Daylight Savings Time begins on March 10, 2024. After that date, this class will begin at 1:00 PM Arizona time.

Instructor: Katherine Harper (she/her/hers)

Katherine Harper has a PhD in the art history of India from UCLA. She retired from Loyola Marymount University in Los Angeles after 37 years. She has lived and traveled extensively throughout Asia.

### [Let's Keep Knitting](#)

**Subject Area:** Crafts/Cooking

**Tuesdays:** 10 Sessions 4:00 PM - 5:30 PM

**Start:** Tue 1/9/24 **End:** Tue 3/12/24

**Location:** Online Zoom Offering **Class Size:** 300

#### Course Description

Shared From OLLI at Chico State CA

Knitting with others is a wonderful learning environment. This class is designed to give knitters who have mastered the basic stitches of knit and purl a chance to work on a project of their choosing while we chat and share ideas online with other knitters. All levels of ability are welcome! Gale contributes to the class by offering tips and suggestions for patterns, yarn, and tools based on her years of knitting experience.

Note: Daylight Savings Time begins on March 10, 2024. After that date, this class will begin at 3:00 PM Arizona time.

Instructor: Gale Ulvang

Gale Ulvang, a life-long knitter, has made a hobby out of collecting odd bits of information and techniques she can use to improve her knitting projects. She promotes using internet resources to find patterns and expand skills and loves sharing that knowledge with others. She learned the Fibonacci sequence as a scheme for striping in hats and scarves and was inspired to learn more about how it can improve artistic composition.

## [A History of Africa](#)

**Subject Area:** History/Current Events

**Tuesdays:** 10 Sessions 7:30 AM - 9:00 AM

**Start:** Tue 1/16/24 **End:** Tue 3/19/24

**Location:** Online Zoom Offering **Class Size:** 300

### Course Description

Shared From OLLI at Rochester Institute of Technology

Africa is widely recognized as the "cradle of humankind". It is a large and diverse continent that extends from South Africa northward to the Mediterranean Sea, making the continent one-fifth of the total land surface of the Earth. Africa saw the rise of great kingdoms, faced the trans-Atlantic slave trade, colonization by Europeans and Apartheid. This course will explore the many facets of Africa's history cultures, ideologies, governments, arts, and music built by the 54 countries of Africa.

Note: Daylight Savings Time begins on March 10, 2024. After that date, this class will begin at 6:30 AM Arizona time.

Instructor: Marie Levin

After a career in clinical laboratory science, Marie Levin enjoys studying history. She has led courses in the history of the Middle East, Greece, Rome, Russia, Egypt, the Vikings, and India.

## [Christianity in America](#)

**Subject Area:** History/Current Events, Philosophy/Spirituality/Religion

**Tuesdays:** 4 Sessions 7:30 AM - 9:00 AM

**Start:** Tue 1/16/24 **End:** Tue 2/6/24

**Location:** Online Zoom Offering **Class Size:** 300

### Course Description

Shared From OLLI at Rochester Institute of Technology

This four-week course will review the complex topic of Christianity in America, from its antecedents arising from the Protestant Reformation in England, to the colonial period up to the Revolutionary War, the territorial expansion and industrialization of the 19th century, and the secularization of culture in the 20th century.

Instructor: John Harmon

John Harmon received his Ph. D. in history from the University of Rochester, specializing in the Renaissance/Reformation and Tudor Stuart England. He has taught a previous Osher course on Islam and Christianity as well as several courses at selected churches.

## [Volcanoes: Our Window Into the Earth's Interior](#)

**Subject Area:** Science/Math/Technology

**Tuesdays:** 10 Sessions 9:15 AM - 10:45 AM

**Start:** Tue 1/16/24 **End:** Tue 3/19/24

**Location:** Online Zoom Offering **Class Size:** 300

### Course Description

Shared From OLLI at Rochester Institute of Technology

One of most powerful forces of nature is volcanism. It is both destructive and constructive. It is also important to the Earth's climate and an integral part of plate tectonics. In this course we will look at famous volcanic eruptions as well as the geology behind them.

Note: Daylight Savings Time begins on March 10, 2024. After that date, this class will begin at 8:15 AM Arizona time.

Instructor: Timothy McDonnell

Timothy McDonnell has been a proud Osher member since 2005. Over the years, Tim has led many courses on a variety of topics. Since he is also the Coordinator of the NY Geographic Alliance at

Monroe Community College, Tim includes geography in all his courses whenever possible.

## Intro to Watercolor Painting

**Subject Area:** Arts/Culture, Crafts/Cooking

**Tuesdays:** 6 Sessions 11:00 AM - 12:30 PM

**Start:** Tue 1/16/24 **End:** Tue 2/20/24

**Location:** Online Zoom Offering **Class Size:** 300

### Course Description

Shared From OLLI at Chico State CA

Participants will explore basic watercolor techniques, ways to use different watercolor brushes, and differences in watercolor papers. There will be in-class demonstrations and painting by all, as well as watercolor exercises to explore on your own after each class session. Demonstrations are with the materials from the course materials list. However, if you already have watercolor materials you can use them. Those who have taken this course previously are welcome to retake it and work on watercolor paintings they have in progress. Intro to Watercolor Painting Material List:

[https://csuchico. box.](https://csuchico.box.com/s/sgccwunfoyzk57uj4ibb5gn7tfyx3hdo)

[com/s/sgccwunfoyzk57uj4ibb5gn7tfyx3hdo"](https://csuchico.box.com/s/sgccwunfoyzk57uj4ibb5gn7tfyx3hdo)

**Instructor:** Cris Guenter

Cris Guenter is both an artist and an educator. She is professor emerita in the School of Education at Chico State and was named the 2008 National Art Educator of the Year by the National Art Education Association. She has been exhibiting her artwork in regional, national, and international exhibitions since 1972. She is currently a national trustee for the National Art Education Foundation.

## Death and Renewal? The Persistent Process - From Death Comes Life

**Subject Area:** Literature/Writing/Language, Philosophy/Spirituality/Religion, Science/Math/Technology

**Tuesdays:** 10 Sessions 11:30 AM - 1:00 PM

**Start:** Tue 1/16/24 **End:** Tue 3/19/24

**Location:** Online Zoom Offering **Class Size:** 300

### Course Description

Shared From OLLI at Rochester Institute of Technology

Death is universal and happens not only to animals and plants, but also to entire species and to stars. Renewal depends on death: a dying star's supernova is the source of essential atomic elements; the extinction of living species makes room for new species. Within this larger context, the biology of human death is not straightforward. How and where we die is quite negotiable, yet ultimately accepting and understanding death defines the human experience. Philosophers strive for this understanding. Some theologians write about salvation history, and others speak to reincarnation. Accepting and understanding death often defines the human experience in poetry, literature, and opera.

Note: Daylight Savings Time begins on March 10, 2024. After that date, this class will begin at 10:30 AM Arizona time.

**Instructors:**

Our team of Lisa Jadwin, Sharyl Courter, Donna Richardson, Kim Haynes, Tom Jones, Roger Gans, Victor Poleshuck, and Tom Low consists of a doctor, two engineering professors, two English professors, a retired educator, a healthcare/biotech professional, and a bureaucrat. We are all retired

and think ourselves qualified to argue endlessly about the meaning of death and renewal.

## Wednesdays

### [Learn to Draw Cartoon Characters](#)

**Subject Area:** Arts/Culture, Crafts/Cooking

**Wednesdays:** 5 Sessions 11:00 AM - 12:00 PM

**Start:** Wed 1/10/24 **End:** Wed 2/7/24

**Location:** Online Zoom Offering **Class Size:** 300

#### Course Description

Shared From OLLI at Chico State CA

Have fun exploring the many possibilities for creating your own unique characters. Learn to draw cartoon heads and bodies, along with all their features. Learn how to bring your characters to life and give each their own unique personality. You will learn how to make them talk and think. Enjoy exploring single- and multi-panel comic strips. Absolutely no drawing ability required.

Instructor: Dick Kennedy

Retired graphic designer and illustrator Dick Kennedy received his art degree at Michigan State University. He worked as a draftsman, production artist, and art director before running his own freelance graphics business. Dick has taught cartooning and drawing fundamentals for OLLI for many years.

### [The Ancient Civilizations of Mesoamerica](#)

**Subject Area:** History/Current Events, Social Sciences

**Wednesdays:** 10 Sessions 7:30 AM - 9:00 AM

**Start:** Wed 1/17/24 **End:** Wed 3/20/24

**Location:** Online Zoom Offering **Class Size:** 300

#### Course Description

Shared From OLLI at Rochester Institute of Technology

This foundational cultural anthropology course has been enhanced and expanded with new theory, new archaeological discoveries, rare photos and illustrations, maps, and other graphics. The course will examine the cultures of Mesoamerica including the Olmec, Maya, and Aztec. Using the historical and archaeological record, we will cover the rise, development, and collapse of Mesoamerican civilizations. Optional Text: Mexico: From the Olmecs to the Aztecs (Seventh Edition) by Coe, Michael D. and Koontz, Rex (2013) London: Thames and Hudson. ISBN: 9780500290767

Note: Daylight Savings Time begins on March 10, 2024. After that date, this class will begin at 6:30 AM Arizona time.

Instructor: Bill McLane

Retired after a career as a Marine Corps officer, journalist, educational psychologist, and college teacher of anthropology, sociology, and psychology, Bill McLane has also done archaeological research in Mexico through the Museo Nacional de Antropología and University of Pennsylvania.

## What About the Women: Stories from the American Revolution

**Subject Area:** History/Current Events

**Wednesdays:** 5 Sessions 9:15 AM - 10:45 AM

**Start:** Wed 1/17/24 **End:** Wed 2/14/24

**Location:** Online Zoom Offering **Class Size:** 300

### Course Description

Shared From OLLI at Rochester Institute of Technology

The American Revolution is usually told through the lives of the Founders and Fighters. But what about the women? Whether Patriots, Loyalists, African Americans or Indians, women played their part in the great upheaval that was the making of America. With war raging around them and their men away, women struggled to keep families intact, farms or businesses afloat. Others were driven from their homes by hostile neighbors loyal to the other side. Whether highborn or low, women in the colonies had to find new paths to survive as the war dragged on for eight years. Diaries, letters, and oral histories tell their stories.

**Instructor:** Debbie Huff

Debbie Huff, whose ancestors fought in the American Revolution, enjoys researching narrative sources of the period to find the hidden stories behind the traditional telling of history. She has led courses at Osher since 2008.

## Future of Health, Medicine, and Biotechnology: Part 2

**Subject Area:** Health/Wellness, Science/Math/Technology

**Wednesdays:** 10 Sessions 11:30 AM - 1:00 PM

**Start:** Wed 1/17/24 **End:** Wed 3/20/24

**Location:** Online Zoom Offering **Class Size:** 300

### Course Description

Shared From OLLI at Rochester Institute of Technology

We will continue to explore the future of our health and how the advancing science and technology will revolutionize medicine. Topics covered will include transplants, tissue engineering, organoids, stem cells, drug developments, reproduction, aging, microbiome, and much more. Lecture participation in previous parts of this course is not a pre-requisite.

**Note:** Daylight Savings Time begins on March 10, 2024. After that date, this class will begin at 10:30 AM Arizona time.

**Instructor:** Alex Marcus

Alex Marcus is a retired physician who started as an internist in India and later specialized in neurology and psychiatry here in the US. He has been leading courses at Osher for over 20 years on a variety of topics, mostly about the human brain, but also on health, aging, and longevity.



## Chico State Faculty Lecture Series

**Subject Area:** History/Current Events,  
Literature/Writing/Language,  
Philosophy/Spirituality/Religion,  
Science/Math/Technology, Social Sciences

**Wednesdays:** 6 Sessions 2:00 PM - 3:30 PM  
**Start:** Wed 2/7/24 **End:** Wed 3/13/24

**Location:** Online Zoom Offering **Class Size:** 300

### Course Description

Shared From OLLI at Chico State CA

Chico State's tradition of academic excellence goes back more than 130 years. With over 900 faculty members and 13,000 students, the University's teaching and learning community is thriving. Discover the imagination, cutting-edge research, and expertise that flourishes there!

Note: Daylight Savings Time begins on March 10, 2024. After that date, this class will begin at 1:00 PM Arizona time.

Instructor: Sandra Flake (she/her/hers)

Sandra Flake retired from the English Department at Chico State, where she enjoyed teaching general education courses in "American Indian Literature" and "Literature for Life" for several years, following a long career in academic administration (provost at Chico State and the University of West Florida, academic dean at the University of Northern Colorado and the University of Wisconsin-La Crosse). She earned her doctorate in English, with a focus on fiction, at the University of Wisconsin-Milwaukee, and taught literature and composition there and, subsequently, at the University of Minnesota, where she also directed a learning center.

## Vincent Van Gogh's Transformation of Influences

**Subject Area:** Arts/Culture, History/Current Events

**Wednesdays:** 5 Sessions 2:00 PM - 3:30 PM  
**Start:** Wed 2/14/24 **End:** Wed 3/13/24

**Location:** Online Zoom Offering **Class Size:** 300

### Course Description

Shared From OLLI at Chico State CA

Through lectures, videos, and discussions, we will examine how Van Gogh used aspects of English, Dutch, French, and Japanese art in the development of his style. We will also see how he developed the rhythms of his paintings through his drawings. Participants will receive emails with something to look at, something to read, something to watch, and a Van Gogh drawing to copy in advance of each class meeting. Recommended reading: any edition of Van Gogh's letters to his brother Theo.

Note: Daylight Savings Time begins on March 10, 2024. After that date, this class will begin at 1:00 PM Arizona time.

Instructor: Dolores Mitchell

Dolores Mitchell received a BA in studio art and a PhD in art history from UCLA in 1970 and taught "Renaissance to 20th Century Art History" at Chico State for 30 years. She co-founded Chico's Avenue 9 Gallery, where she exhibited her art until the gallery closed in 2015. Dolores now focuses her energies on painting.

## [A Little Bit of Math for the Non-Mathematical](#)

**Subject Area:** Science/Math/Technology

**Wednesdays:** 3 Sessions 11:30 AM - 1:00 PM

**Start:** Wed 3/6/24 **End:** Wed 3/20/24

**Location:** Online Zoom Offering **Class Size:** 300

### Course Description

Shared From OLLI at Rochester Institute of Technology

An understanding of mathematics is part of a liberal education. Unfortunately, the way math is taught in schools turns many people off from the subject. This class will help you understand what math is and not how to do math. It presents the development of math from an historical perspective. No tests or homework!

Note: Daylight Savings Time begins on March 10, 2024. After that date, this class will begin at 10:30 AM Arizona time.

Instructor: Glenn Barlis

Glenn Barlis has taught Osher courses on economics and finance.

## Thursdays

[Canceled: John Huston: Film Legend and Legend Maker](#)

# Field Trips

## Mondays

### [A Guided Visit to Lee Lee's Supermarket \(2/19\)](#)

**Subject Area:** Arts/Culture

**Mondays:** Single session 11:00 AM - 12:30 PM

**Start:** Mon 2/19/24 **End:** Mon 2/19/24

**Location:** Lee Lee's Supermarket **Class Size:** 15

#### Course Description

With the assistance of OLLI member Tony Tai and Susan Chan from the Tucson Chinese Cultural Center we will walk through one of the most extensive Asian and international supermarkets in Tucson. Aisle after aisle of produce and products that will leave you with a better understanding of its use and preparation. We have scheduled one visit for a Monday (February 19) and another for a Saturday (March 2). Please only register for one visit.

**Instructor:** Rob Getlan

Rob was a professional pastry chef 100 years ago, but has stayed active in the industry by teaching and taking classes.

## Tuesdays

### [Make a Mosaic at Maggie May Mosaics](#)

**Subject Area:** Arts/Culture, Crafts/Cooking

**Tuesdays:** Single session 4:30 PM - 7:30 PM

**Start:** Tue 1/30/24 **End:** Tue 1/30/24

**Location:** Maggie May Mosaics **Class Size:** 18

**Additional Costs:** \$35-\$125 to pay for studio time, frames, material and grout and the lesson.

#### Course Description

Come spend an evening: 4:30- 7:30 pm in January completing a mosaic project of your choice at the Maggie May Mosaic Studio on Country Club. The owner Jeff Christensen will supply everything you need, frames, materials and help designing your projects. Prices for projects range from \$35-\$125 or even more depending on the size you choose and how ambitious you are. You can make trays, house numbers, welcome signs, and gifts. Check out his website for ideas of what is possible: [www.maggiemaymosaics.com](http://www.maggiemaymosaics.com). Wine, seltzer water, and snacks will be provided. Bring your water bottle if you like.

**Instructors:** Jan Fulwiler, Jeff Christensen

Jan Fulwiler, PhD is a retired professor from Madison, WI and has discovered the wonders of art in her retirement years. She loves exploring new media and learning and sharing her new skills. A psychologist by training, she started taking pottery in 1988 and enjoys all forms, as well as drawing. She has no natural artistic talent but has been persistent and is an example of effort can work. She also organizes Benefit ART Fairs, the first one in AZ was 11/18 at Ft Lowell Park. Each artist donates at least 25% of their proceeds to the non-profit they have chosen.

Jeff owns Maggie May Mosaics and teaches classes at his studio. Has a lot of experience in design and creates the materials students chose from to make their mosaics. He is currently employed, and this is his side job, and possible retirement job. He runs two skilled nursing centers in Tucson, and he loves art.

## Fox Theatre Historical Tour

**Subject Area:** Arizona History/Culture, Arts/Culture, History/Current Events, Travel/Entertainment

**Tuesdays:** Single session 11:00 AM - 12:30 PM

**Start:** Tue 3/12/24 **End:** Tue 3/12/24

**Location:** Fox Tucson Theatre **Class Size:** 30

**Additional Costs:** Donation (\$5-\$20) to sustain Fox education programming like this.

### Course Description

Get up close and personal with our beautiful and highly unique 1930's Southwestern Art Deco theatre. Whether in lounges or lobbies, the stage or dressing rooms, each space opens an experiential window into history. We'll explore Tucson's past, spectacular feats of construction and restoration, the history of showbiz in the US, and the marvels of a top-notch working theatre. You'll learn about and get to take a look at our newly restored Mighty Wurlitzer Organ, and you may even meet a resident ghost or two" The Fox is a nonprofit theatre, and we ask for a small (\$5-\$20) donation from attendees to help support its education and outreach work. Also, please note that the Fox is a historic building and unfortunately does not have elevators. This tour will involve traversing a number of stairs.

**Instructor:** Jordan Wiley-Hill

Jordan Wiley-Hill is a professional storyteller, educator, and program developer. He manages the education and outreach activities for the historic Fox Tucson Theatre. A dynamic presenter, he draws

heavily on his background in performance art and education, alongside a deep passion for the topics he shares.

## Wednesdays

### Chinese History in Southern Arizona - Tucson Chinese Cultural Center Field Trip and Lunch:

**Subject Area:** Arizona History/Culture, Arts/Culture, History/Current Events

**Wednesdays:** Single session 10:30 AM - 1:00 PM

**Start:** Wed 1/17/24 **End:** Wed 1/17/24

**Location:** Tucson Chinese Cultural Center **Class Size:** 100 **Additional Costs:** There is no fee to attend, but a donation to the TCCC is suggested.

### Course Description

Join fellow OLLI members at the Tucson Chinese Cultural Center on Wednesday, January 17. There will be two presentations on Chinese history in Southern Arizona, followed by a Chinese lunch. There is no fee for this event or the lunch, but a donation to the TCCC is suggested.

Sandy Chan will present "The Building of the Southern Pacific Railroad Through Arizona & Its Chinese Workers." She will speak on the situation in 19th century China, the building of the railroad through Arizona with an emphasis on Southern Arizona, and how the Chinese railroad workers worked and lived while building the railroad. Sandy Chan was a faculty librarian at Pima Community College, the president of the Arizona State Genealogical Society, volunteered for many years at the Arizona Historical Society's library and archive in Tucson, and has been involved in sharing aspects of Tucson's Chinese History for many years. She is

the winner of the 2023 Friend of the Humanities Award from Arizona Humanities and the 2023 Elisabeth Ruffner Keystone Award for Community Leadership from the Arizona Preservation Foundation.

Robin Blackwood will present "Building Tucson's Chinese Community." Robin Blackwood is a retired Naval officer and lawyer with a lifelong interest in Chinese language and culture, graduating from University of California at Berkeley with an A. B. degree in Oriental Languages (emphasis on Chinese). She is a longstanding member of the History Committee of the Tucson Chinese Cultural Center (TCCC). Robin has organized and presented symposia, lectures, history tours, oral histories, and other programs for TCCC. In 2013 she organized a 600-square foot exhibit at the annual Tucson Meet Yourself folklife festival, called "Tucson Chinese: Sharing Stories". In 2016 she produced an ambitious schedule of programs promoting the 10-week run of the Smithsonian Institution Traveling Exhibition, "I Want the Wide American Earth: An Asian Pacific American Story", a banner exhibition depicting the history of Asian American Native Hawaiian Pacific Islanders. She continues to promote the history of the Chinese people of Tucson, most recently with a TCCC project on the Chinese area destroyed in Tucson Urban Renewal in 1968 (in partnership with units of the University of Arizona [UA]). Robin is a past recipient (2012) of the Outstanding Community Service Award of the Asian American Faculty, Staff, and Alumni Association of the UA.

Organizer: Susan Chan

Susan Chan is the Executive Director of the Tucson Chinese Cultural Center.

# Thursdays

## [Tucson Auto Museum Field Trip](#)

**Subject Area:** Arizona History/Culture, Arts/Culture, History/Current Events, Science/Math/Technology

**Thursdays:** Single session 10:00 AM - 12:00 PM

**Start:** Thu 1/18/24 **End:** Thu 1/18/24

**Location:** Tucson Auto Museum **Class Size:** 20  
**Additional Costs:** \$8, senior

### Course Description

Field Trip to Tucson Auto Museum

Date: January 18, 2024

Time: 10:00 to 11:30 AM

The Tucson Auto Museum showcases antique and iconic (mid-century classic Cadillacs, Desotos, and Packards), the sporty (classic Corvettes, Thunderbirds, or Mustangs), and the unique (stainless steel Delorean and 3 iconic vehicles from Batman Returns, the movie). You will marvel at between 65-75 cars within the 20,000+ square foot facility. This is a "living" museum; all the cars run and are roadworthy.

Location: 990 S. Cherry, Tucson, 85719

Admission: \$8 if senior

Optional Lunch to be decided closer to event.

Deadline: January 10, 2024

Registration limit: 20

Instructor: A. Ann Tai

Ann Tai is a volunteer on the Social Activities Committee and previously on the Membership and Outreach Committee 2020-2022. A transplant from Michigan, she has organized numerous Field Trips and OLLI Dines Out events since Fall 2022.



## [Shop for a Cause at the Eagles Wings of Grace](#)

**Subject Area:** Civic

Engagement/Community/Government

**Thursdays:** Single session 10:00 AM - 1:00 PM

**Start:** Thu 2/1/24 **End:** Thu 2/1/24

**Location:** Eagles Wings of Grace **Class Size:** 30

**Additional Costs:** Participants are expected to donate some gently used clothing or jewelry, pay for any purchases at the shop and their own lunch at Blue Willow Restaurant on Campbell

### Course Description

Shoppers will be asked to bring donations from the wish list on [www.eagleswingsofgrace.org](http://www.eagleswingsofgrace.org) and the challenge will be to buy less than you donated. This shop is filled with beautiful brand name secondhand clothing: Ann Taylor, Chicos, LuLaRoe, Anne Klein, Calvin Klein, Pendelton, and many other brand names. All clothing is \$5 and \$10 and is carefully curated to be in excellent condition. They sell shoes, purses, scarves, jewelry and clothing for women. But more importantly they serve women in need, who are referred by local agencies to help them obtain a week's worth of professional clothing, a beauty makeover if they wish, and fashion help to design a wardrobe for seeking employment. Their mission is to move women from poverty to employment. And it works! We will be shopping from 10-11:30 and lunch will be at the Blue Willow Cafe on Campbell. Shoppers are responsible for their own donations, their clothing purchases and their lunch bill.

**Instructor:** Jan Fulwiler

Jan Fulwiler, PhD is a retired psychology professor from the University of Wisconsin-Madison, who loves art and learning new media. Creativity and Aging is one of her favorite books, and she believes art can bring joy, flow, meaning and purpose in this

stage of life. She also organizes Benefit Art Fairs for Non-profits where artist donate 25% or more of their proceeds to a local non-profit. Local artists, local non-profits, Shopping for Causes, she has an organization Creating for Causes: Arizona.

## Fridays

### [Tubac, Arizona Field Trip](#)

**Subject Area:** Arizona History/Culture, Arts/Culture

**Fridays:** Single session 10:00 AM - 12:00 PM

**Start:** Fri 2/16/24 **End:** Fri 2/16/24

**Location:** Tubac Center of the Arts **Class Size:**

20 **Additional Costs:** \$20 for the Walking Tour

### Course Description

About 51 miles or an hour's drive from midtown Tucson is a wonderful artsy and historic town called Tubac. It has a long-recorded history from being an O'odham village to a Spanish fort, to a Mexican settlement, to a mining community. Tubac was voted USA Today's "Best Small Town Art Scene" Winner in 2022.

Border Community Alliance

<https://bordercommunityalliance.org/> arranged for Tubac artist Patsy Farrell to show us around her favorite galleries and introduce us to the wonderful Tubac Center for the Arts and its special exhibit. We shall meet at Tubac Center of the Arts, <http://www.tubacarts.org>

**Address:** #9 Plaza Road, Tubac, AZ 85646

After the arts walk, there is an optional dutch-treat lunch at Shelby's Bistro in town. <https://www.shelbysbistromenu.com>

Price for the walking tour is \$20 per person.

More information will be sent to registrants as to how to pre-pay for the tour. Deadline for receipt of payment is February 6, 2024. Guests are welcome

Phone: 520.626.9039

Email: [ollimail@arizona.edu](mailto:ollimail@arizona.edu)

Website: [oli.arizona.edu](http://oli.arizona.edu)

## OLLI-UA Spring 2024 – Field Trips

but must be registered. Minimum number of registrants is 10.

Transportation will be on your own as after lunch, there are opportunities for shopping and further exploration of the town's other galleries, the Tubac Center of the Arts gift shop (paintings, jewelry, pottery by local artists and books), and Tubac Presidio State Historic Park and Museum. You may want to linger longer at Shelby's Bistro and take in the vistas of the beautiful Santa Rita mountains.

Instructor: A. Ann Tai

Ann Tai is a volunteer on the Social Activities Committee and previously on the Membership and Outreach Committee 2020-2022. A transplant from Michigan, she has organized numerous Field Trips and OLLI Dines Out events since Fall 2022.

### [African American Museum of Southern Arizona Field Trip](#)

**Subject Area:** Arizona History/Culture, History/Current Events

**Fridays:** Single session 10:00 AM - 12:00 PM

**Start:** Fri 3/1/24 **End:** Fri 3/1/24

**Location:** African American Museum of Southern Arizona **Class Size:** 20

#### Course Description

Date: March 1, 2024

Time: 10:00 AM

Location: Student Union, Room 244. (1303 E University Blvd. Room 244, Tucson, AZ 85719

Park in the 2nd Street Garage (1390 E. 2nd St. , Tucson 85719)

Located on the campus of the University of Arizona, this museum aims to gather and share stories, images, and artifacts that document, digitize, and preserve African American and Black life, culture, and history. AAMSA serves as a resource for the

community with an applied and virtual venue and repository for its collections.

Free Admission but Donations are appreciated.

Website: <https://www.aamsaz.org/about/>

Lunch after the tour to be decided.

Maximum Number of Registrants: 12

Deadline for registration: February 8, 2024

Instructor: A. Ann Tai

Ann Tai is a volunteer on the Social Activities Committee and previously on the Membership and Outreach Committee 2020-2022. A transplant from Michigan, she has organized numerous Field Trips and OLLI Dines Out events since Fall 2022.

### [Tucson Jewish Museum & Holocaust Center Field Trip](#)

**Subject Area:** Arizona History/Culture, History/Current Events, Philosophy/Spirituality/Religion

**Fridays:** Single session 1:30 PM - 3:30 PM

**Start:** Fri 3/8/24 **End:** Fri 3/8/24

**Location:** Tucson Jewish Museum & Holocaust Center **Class Size:** 20

#### Course Description

The Tucson Jewish Museum & Holocaust Center, formerly known as the Jewish History Museum, and the Jewish Heritage Center of the Southwest, is a museum housed in the first synagogue building in the Arizona Territory. The Jewish History Museum explores the histories and contemporary experiences of Jewish people in Southern Arizona and purposefully places them in conversation with the experiences of other traditionally marginalized communities. There are special exhibits.

Location: 564 S Stone Ave, Tucson, AZ 85701 (between 16th St. and 17th St. )

Phone: (520) 670-9073

Phone: 520.626.9039

Email: [ollimail@arizona.edu](mailto:ollimail@arizona.edu)

Website: [oli.arizona.edu](http://oli.arizona.edu)

## OLLI-UA Spring 2024 – Field Trips

Website: <https://www.jewishhistorymuseum.org>

Admission to the museum is free, but donations are appreciated. After the tour, there will be a Happy Hour at a restaurant close by. Restaurant to be decided close to the event.

Maximum Number of Registrants: 20

Deadline for registration: March 1, 2024

Instructor: A. Ann Tai

Ann Tai is a volunteer on the Social Activities Committee and previously on the Membership and Outreach Committee 2020-2022. A transplant from Michigan, she has organized numerous Field Trips and OLLI Dines Out events since Fall 2022.

### Empire-Vail Ranch Docent Led Tour

**Subject Area:** Arizona History/Culture

**Fridays:** Single session 10:00 AM - 12:00 PM

**Start:** Fri 3/22/24 **End:** Fri 3/22/24

**Location:** Empire Ranch **Class Size:** 20

#### Course Description

Empire Ranch has been a working cattle ranch for over 140 years. In 1876 the ranch was acquired for \$2,000 by Walter L. Vail, for whom Vail, AZ is named. The ranch house itself started as a four-room adobe house with packed dirt floors and grew to a twenty-two room home with a Victorian master suite. This easy-walking, one hour, docent-led tour reflects the history and evolution of ranch life in SE Arizona from the 1870s to present time. After the tour visitors may continue to explore the ranch on their own, including hiking, picnicking and driving throughout the property. Located on US Route 83 approx. 22 miles south of Vail, AZ. Please note that transportation/carpooling is not provided. Detailed information and directions will be sent about a week prior to your visit. There is no entry fee.

Donations are not required but will be gladly accepted on the day of the field trip.

Instructor: Ann Buckley

Ann Buckley is a retired veteran educator of 26 years. She holds a MEd in Educational Technology from NAU and a BSE with a minor in math from UW-Whitewater.

### Amerind Museum and Art Gallery Bus Trip

**Subject Area:** Arizona History/Culture

**Fridays:** Single session 9:30 AM - 3:00 PM

**Start:** Fri 4/5/24 **End:** Fri 4/5/24

**Location:** Amerind Foundation Museum and Art Gallery **Class Size:** 52 **Additional Costs:** \$56.00 (Charter Bus, Admission Fee, Lunch)

#### Course Description

Join us for a very special charter bus trip (about 1 hour) to explore the rich history of Native American cultures at the Amerind Foundation Museum and Art Gallery in Dagoon, AZ.

"Amerind seeks to foster and promote knowledge and understanding of the Native Peoples of the Americas through research, education, conservation, and community engagement. A museum, art gallery, and research center dedicated to archaeology, Native cultures, and Western art. Located in Dagoon, Arizona, and surrounded by the spectacular boulders of Texas Canyon."

On arrival, we will be introduced to Amerind, then our group will begin our visit to the Art Gallery, followed by a self-guided tour of the Museum. Since there are no restaurants in the area, we can enjoy our "box lunches" at the outdoor picnic tables adjacent to the museum. The total cost (Bus, Museum Fee, Lunch) is \$56.00/person.

Note this is a non-refundable event

Instructor: Judith Rockey

Phone: 520.626.9039

Email: [ollimail@arizona.edu](mailto:ollimail@arizona.edu)

Website: [oli.arizona.edu](http://oli.arizona.edu)

Judith is recently retired and enjoys dark room photography and taking classes at OLLI.

# Saturdays

## [A Guided Visit to Lee Lee's Supermarket \(3/9\)](#)

**Subject Area:** Arts/Culture

**Saturdays:** Single session 11:00 AM - 12:30 PM

**Start:** Sat 3/9/24 **End:** Sat 3/9/24

**Location:** Lee Lee's Supermarket **Class Size:** 15

### Course Description

With the assistance of OLLI member Tony Tai and Susan Chan from the Tucson Chinese Cultural Center we will walk through one of the most extensive Asian and international supermarkets in Tucson. Aisle after aisle of produce and products that will leave you with a better understanding of its use and preparation. We have scheduled one visit for a Monday (February 19) and another for a Saturday (March 2). Please only register for one visit.

**Instructor:** Rob Getlan

Rob was a professional pastry chef 100 years ago, but has stayed active in the industry by teaching and taking classes.

# Special Interest Groups (SIGs)

## What are Special Interest Groups?

Special Interest Groups (SIGs) are ongoing groups that meet and socialize regularly around a topic. It's easy to join, and you can do so at any time. You register just like you do for a class. There is a menu for special interest groups on the [Browse Classes](#) menu of the website, or you can register on the links below. Want to start a special interest group at OLLI? It can be online or in-person. Let us know your ideas: email us at [ollimail@arizona.edu](mailto:ollimail@arizona.edu)

## In-Person SIGs

### [Creative Fun](#)

**One Saturday per Month: 10:00 AM - 2:00 PM**

**Location: Central Tucson Campus and Online**  
**OLLI-UA Special Interest Group for all members**

#### SIG Description

This Special Interest Group is designed to help our students learn/do/complete interesting creative projects while enjoying a social atmosphere. We are offering this class as a hybrid – online and in person. All OLLI-UA members, friends and family are welcome to join and experience the fun and creativity that OLLI can offer.

Our group will offer a variety of creative opportunities, including scrapbooking & card making, painting, needlework, beading, and much more in a casual, social setting. Bring your suggestions, unfinished projects to finish, learn new

activities, and/or provide your knowledge to the group.

We have scheduled to meet at least one Saturday per month from 10am-2pm. We can order lunch to be delivered or bring your own.

We anticipate eventually doing a larger scale project, such as a quilt for donation to charity. The possibilities are endless! Future dates for group sessions vary and are determined by the group.

### [Community Service Special Interest Group](#)

**Location: Varies**

**OLLI-UA In-Person Special Interest Group for all members**

#### SIG Description

This is an ongoing, self-managed offering; join at any time.

Group Lead: Connie Lowy

Volunteer in the Community

OLLI Programs have a long tradition of giving back to the communities they serve. Join this group if you are interested in being part of a team dedicated to various community service initiatives. It is a great way to meet fellow members and give back to the community we live in. If you're interested in volunteering, join this SIG today! New volunteer opportunities will be added as they become available. Past projects have included helping at the Tucson Community Food Bank and the Tucson Festival of Books.



# Online SIGs

## Fun with Games

**Every Sunday:** 3:00 PM - 4:00 PM

**Location:** Online Zoom Offering

**OLLI-UA Online Special Interest Group**

### SIG Description

Spend an hour in the virtual lounge playing popular board games that have been adapted to online.

Two games will be played each session: one with teams competing and one with individual scoring.

Just show up: we provide the online games! This is a friendly competition with lots of fun & laughter to be shared!

Hosts: Frankie Harris & Susan Williams

## Let's Talk

**Every Monday:** 3:00 PM - 4:00 PM

**Location:** Online Zoom Offering

**OLLI-UA Online Special Interest Group**

### SIG Description

Welcome to Let's Talk, inspired by a fellow OLLI member! In another class she asked, "Why do we have to have a topic to discuss? Why can't we just get together and talk?"

This group will do JUST THAT! Please join Susan & Frankie for an hour of talking and/or listening. We hope to see you!

Now through June 2024, Let's Talk will be every Monday at 3:00, Arizona time.

## Special Let's Talk - Fun with AI: Exploring Together

Join us on the first Monday of February, March, April, and May for special sessions of Let's Talk with the discussion focused on Artificial Intelligence, and ways to use it successfully. All members are welcome to join!

February 5, 2024

March 4, 2024

April 1, 2024

May 6, 2024

Hosts: Frankie Harris & Susan Williams

## Virtual Lounge Happy Hour

**Every Friday:** 5:00 PM - 7:00 PM

**Location:** Online Zoom Offering

**OLLI-UA Online Special Interest Group**

### SIG Description

Fridays at 5 pm - Virtual Lounge Happy Hour

Join your OLLI friends online for lively conversation!

Hosts: Sherry Goncharsky & Damond Osterhus