

OLLI-UA Summer 2024

55+ Classes,
Field Trips, Dines
Out Events
and More

In-person at Central Tucson and Online

6 Weeks: May 14 to June 21



stions

Curiosity Never Retires

Welcome to OLLI-UA Summer 2024!

This summer we are excited to offer **in-person classes** at our Central Tucson campus and **online classes** hosted on Zoom, in addition to a variety of social events.

If you are considering joining OLLI-UA for the first time, summer session is a great way to get a taste of the programming we offer year-round and will hopefully encourage you to join us as an annual member for the new fiscal year: July 1, 2024, to June 30, 2025.

Summer Session Overview

- Summer is 6 weeks from May 14 to June 21
- There are 55+ offerings across OLLI-UA including social events and more dining out options to be announced.
- Central Tucson classes run Tuesday and Wednesday
- Online classes run Tuesday through Friday

Registration

- Priority Request Registration (PRR) ends
 Thursday, April 18 and runs Friday, April 19.
- Registration confirmation emails will be sent after PRR runs on the 19th.
- Open Registration begins after PRR runs on Friday, April 19. During open registration you can continue to add (and drop) classes first come, first serve throughout the term.

Phone: 520.626.9039

What's Priority Request Registration (PRR)?

PRR is a stress-free pre-registration process that allows you to prioritize and request the classes you most want to attend. At the end of PRR, our registration system officially enrolls members in classes, filling each seat based on the priority of the request. This is helpful for classes with limited capacities that fill quickly. It is important to give small capacity classes a higher priority if they are important to you. If a class fills, a waiting list is started and ordered by the next priority assigned. More detail on this process and our registration planner materials can be found on our website: olli.arizona.edu.

Memberships

What you can register for depends on the membership you purchase. Summer session is open to our existing Spring and Annual members. If you are not a current member, OLLI-UA offers a \$75 summer membership option, and it is a great way to get a taste of OLLI-UA.

The Annual All OLLI / Central Tucson Campus (CT) Membership OR the \$75 All OLLI Summer Membership allow you to register for ALL classes across OLLI-UA through June 30, 2024.

The Green Valley / Online Membership allows you to register for online classes through June 30, 2024. (Central Tucson classes are not included with this membership).

Complete membership purchase details can be found at <u>olli.arizona.edu</u> along with information on available financial assistance.

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OLLI-UA Summer 2024

Central Tucson Campus



The <u>Central Tucson campus</u> is located at <u>4485 N 1st</u> <u>Avenue, Tucson AZ</u>, on the NW corner of 1st Avenue and Wetmore Road. The facility includes three large classrooms, a member lounge with coffee service for eating or just gathering, and ample parking.

Online Classes



Online classes are hosted using Zoom. There is no cost or account needed for members to use Zoom. Zoom is generally easy to use and works across many different devices and operating systems. Learn more on our Zoom resources page: olli.arizona.edu/page/zoom

Volunteer Opportunities

As a member-run, volunteer-led organization, OLLI-UA is dependent on our members stepping up to help in ways big and small. Please consider giving your time and expertise to OLLI-UA. It is also a great way to meet fellow members and develop lasting friendships! <u>Click here to explore current opportunities</u>.

Planning Tools

Keep in mind all offerings are subject to change. See our website's <u>Class Catalogs</u> page for the latest information and additional class registration planners.

Clicking on the class titles in this catalog will take you to the OLLI-UA registration page for each class.

Need Help?

You can always email the office at olimail@arizona.edu or call 520-626-9039, Mon – Fri, 9 AM to 4 PM

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Cover Feature:

Study Group Leader (SGL) John Nemo is ready to take you on another musical adventure this summer. Over 5,000 members have participated in John's classes since 2019 alone! Thanks to Nemo for keeping OLLI singing and our toes a tapping.

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Central Tucson Campus: In-Person Tuesdays

Hablando

Subject Area: Literature/Writing/Language

Tuesdays: 6 Sessions 9:00 AM - 10:45 AM Start: Tue 5/14/24 End: Tue 6/18/24

Location: Palo Verde Room Class Size: 20

Course Description

This is a class where the students and the SGL converse in Spanish. Only Spanish is used in class. We will choose the topics and/or activities for our conversations as a group. Students will be encouraged to use a dictionary in order to learn words they might need to discuss a topic or participate in an activity. A basic Spanish language textbook is also useful when reviewing grammar. Topics are wide open and may include videos, photos, works of art, Spanish language songs and more. This class will expand participants' vocabulary and encourage students to review grammar topics. Because human communication involves more than the spoken word, such as facial and hand gestures, it will only be given in person. Microphones are provided by OLLI and the sound is clearer than that produced by Zoom.

Instructor: Susan Sotelo

Susan Sotelo began her teaching career as a graduate student instructor (GAT) at the University of Arizona. After receiving an MA, she taught K-12 students. Then she returned to the University of Arizona and again taught in the basic language program. After receiving her PhD in Spanish Language Literature, she taught at Pima College. She also taught privately and tutored students. Then she took a job teaching for the Spanish Club in Sun City Vistoso in Oro Valley. This began her experience as a teacher of adult/senior students. She has taught Spanish at OLLI Central Tucson since 2015.

Futures and Options

Subject Area: DIY/Self-Help

Tuesdays: 2 Sessions 11:00 AM - 12:45 PM Start: Tue 5/14/24 End: Tue 5/21/24

Location: Palo Verde Room Class Size: 30

Course Description

This class will cover understanding futures and options trading, including the benefits and how these derivatives operate.

Instructor: Charlie Rubin

Charlie Rubin wrote a book on the subject of futures and options and helped start the NY Futures Exchange.

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Headline

Subject Area: History/Current Events

Tuesdays: 2 Sessions 11:00 AM - 12:45 PM Start: Tue 5/14/24 End: Tue 5/21/24

Location: Saguaro Room Class Size: 55

Course Description

Headline Pictures is an assembly of current events, celebrities, politicians, and news headlines of a specific year. The task at hand is to then identify the person or event in the picture and reveal the year it occurred.

Instructors: Arnie Bianco, Susan Willians

Arnie is a long time retired educator as a teacher, school principal and adjunct instructor at Chapman University, NAU, Brown Mackie College, and Brookline College. Arnie is an active OLLI member. He has been a teacher for a number of years and has done relationship workshops in more than 10 states. He is a published author who has always loved to teach. His wife is presently a teacher.

Susan is an experienced co-host and tech host who has contributed in that capacity for over 5 years. She is also on the OLLI board and tech hosts a growing number of classes.

<u>Music Arrangements Explained — From Composition to Performance</u> <u>to Recording</u>

Subject Area: Arts/Culture

Tuesdays: Single session 11:00 AM - 1:00 PM Start: Tue 5/14/24 End: Tue 5/14/24

Location: Ocotillo Room Class Size: 75

Course Description

Musical arrangements are creative decisions that affect every aspect of every song and symphony. All will be revealed with enjoyable video and audio examples. Plus, loads of musical concepts, clearly explained and demonstrated. Classical, jazz, pop, folk, and more. We will riff together in harmony and get hooked on syncopation and improvisation. Don't miss it. Everyone is welcome!

Instructor: John "Nemo" Nemerovski

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John Nemo is a lifelong musician and educator who immerses himself in folk, early rock, blues, jazz, and classical music. He plays guitar and provides a fascinating playlist for his music appreciation courses.

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Vice Presidents of the United States

Subject Area: History/Current Events

Tuesdays: 3 Sessions 1:00 PM - 2:45 PM Start: Tue 5/14/24 End: Tue 5/28/24

Location: Saguaro Room Class Size: 50

Course Description

There have been 49 vice presidents in the United States from the first, Thomas Jefferson, to the most recent, Kamala Harris. The office of Vice President has developed over the years from being seen as a joke to currently having very important functions in various ways, particularly in the 20th and 21st centuries. This two-session course will use information from a book written by Jules Witcover, titled The American Vice Presidency, as well as information from the internet.

Instructor: Dorothy Waugaman

Dorothy Waugaman has been a member of OLLI since 2014. Her educational background consists of a Ph.D. from the University of Maryland in adult education. Her professional background has included much community volunteerism and several years of working for the North Carolina General Assembly.

<u>CASA of Pima County - Court Appointed Special Advocate Program (In-Person)</u>

Subject Area: Civic Engagement/Community/Government, Social Sciences

Tuesdays: Single session 11:00 AM - 12:45 PM Start: Tue 5/21/24 End: Tue 5/21/24

Location: Ocotillo Room Class Size: 50

Course Description

CASAs (Court Appointed Special Advocates) are volunteers who advocate for the best interests of youth in the foster care system. This class will cover child welfare in Arizona, including DCS, types of maltreatment, what happens in a case, and current statistics. What is a dependency? We will discuss the legal aspects and court involvement, plus navigating foster care, trauma, services and support, and education for youth. Join us to learn who we are and what we do. What are the benefits of having a CASA? Who is a CASA and what do CASAs do? Learn how you can become a CASA, and other ways to help.

Instructors: Stephanie Chavez, Rachel Barry, Kari Calvarese

Stephanie Chavez is a native Tucsonan and is the supervisor for Pima County, Court Appointed Special Advocate Program (CASA). Stephanie received her Master of Arts in Organizational Management from the University of Phoenix and Bachelor of Arts & Sciences in Communications from the University of Arizona. She serves multiple agencies in fiduciary responsibilities, Board of Directors for Prevent Child Abuse Arizona, Board of Directors for Father's Day Council Tucson, and Junior Achievement of Arizona Emeritus Board.

Rachel Barry is the Court Appointed Special Advocate (CASA) Program Trainer at the Pima County Juvenile Court in Tucson AZ. Rachel is tasked with providing support to the CASA program by coordinating and training new

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and current CASA volunteers. Rachel has brough her experience in education and foster care licensing to the CASA program. She is motivated to deliver new and exciting training options to CASA volunteers who continue to provide ongoing support for children. Rachel and her family always make time for fishing and camping in the mountains or spending time at the beaches in Mexico.

Kari Calvarese was born and raised in Tucson, and graduated with a BA in Psychology with a minor in Family Studies from the U of A. She is the lead coordinator/recruiter for CASA of Pima County and has been with the program for over two years.

Building Positive Relationships

Subject Area: DIY/Self-Help

Tuesdays: 4 Sessions 11:00 AM - 12:45 PM Start: Tue 5/28/24 End: Tue 6/18/24

Location: Saguaro Room Class Size: 55

Course Description

This study group will survey and discuss personal qualities that result in building successful relationships. We will focus on positive relationship strategies, techniques, and ideas. The class will also review relationship information from behavior specialists. Personal successful and unsuccessful stories will be encouraged. Each class will include a PowerPoint presentation which will stimulate discussion, provide important information, and a large dose of relevant cartoon support. Participants will leave this study group equipped with an awareness of what is required to achieve more successful personal relationships.

Instructors: Arnie Bianco, Susan Williams

Arnie is a long-time retired educator as a teacher, school principal and adjunct instructor at Chapman University, NAU, Brown Mackie College, and Brookline College. Arnie is an active OLLI member. He has been a teacher for a number of years and has done relationship workshops in more than 10 states. He is a published author who has always loved to teach. His wife is presently a teacher.

Susan is an experienced co-host and tech host who has contributed in that capacity for over 5 years. She is also on the OLLI board and tech hosts a growing number of classes.

Musical Individualists: Billie. Django. Nina. Monk. Leon. Scott. Leonard.

Subject Area: Arts/Culture

Tuesdays: Single session 11:00 AM - 1:00 PM Start: Tue 5/28/24 End: Tue 5/28/24

Location: Ocotillo Room Class Size: 75

Course Description

This is the music survey class you've been waiting for. Musical individualists are one-of-a-kind adventurers in melody, rhythm, lyrics, and more. From Billie Holiday to Scott Joplin and Leonard Cohen, we will explore what makes these unusual performers stand out from the crowd. Who is Leon? You'll find out!

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Instructor: John "Nemo" Nemerovski

John Nemo is a lifelong musician and educator who immerses himself in folk, early rock, blues, jazz, and classical music. He plays guitar and provides a fascinating playlist for his music appreciation courses.

WhereAZ: Where To Go, What To See in Southern Arizona

Subject Area: Arizona History/Culture, Travel/Entertainment

Tuesdays: 2 Sessions 9:00 AM - 10:45 AM Start: Tue 6/4/24 End: Tue 6/11/24

Location: Ocotillo Room Class Size: 65

Course Description

In the class, we'll take an organized look at some 500 attractions in southern Arizona – Places to go, things to see. Participants will have a website/app to use as a quick/easy reference and will also receive several unique (patent pending) printed pictorial maps for day-trip adventures.

Instructor: Jim Jindrick

Jim Jindrick co-developed WhereAZ.org, a website and app focused on presenting the highlights of Tucson and southern Arizona ... Where to go, what to see.

Investing for Women

Subject Area: Social Sciences

Tuesdays: 2 Sessions 11:00 AM - 12:45 PM Start: Tue 6/4/24 End: Tue 6/11/24

Location: Palo Verde Room Class Size: 30

Course Description

Investing for Women is a two-session course providing women with essential knowledge and skills for investment success. Explore the history and psychology behind women's under investment, understand securities such as stocks and bonds, compare ETFs and mutual funds, learn about fees and financial resources, and gain the confidence to advocate for yourself. Take control of your financial future and join us today.

Instructors: Richard Mundinger, CFA, Ashlyn Tucker

Richard Mundinger, CFA, with four decades of experience, provides expert investment management to private clients at RMH. A Total Investment Return approach underpins RMH's investment philosophy. As a CFA charterholder, Richard has a network of CFA contacts across the US and globally. Richard's extensive expertise makes him a reliable financial advisor. His commitment to community service is demonstrated through his volunteering with the Community Foundation of Southern Arizona, where he served the Board, Investment, Finance, and Building committees.

Ashlyn Tucker, Master of Finance graduate from the University of Arizona, works as an analyst at RMH Investment Management and is a level 2 CFA Candidate.

Creatures in My (Extended) Back Yard

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Subject Area: Travel/Entertainment

Tuesdays: Single session 11:00 AM - 12:45 PM Start: Tue 6/4/24 End: Tue 6/4/24

Location: Ocotillo Room Class Size: 65

Course Description

Take a tour with me as I explore my extended back yard looking for creatures. I use the word "creature" because it includes critters, but also plants and man-made objects that can be imbued with personalities through a camera lens.

Instructor: Lee Compton

Born a Californian, Lee spent half his life in New York City. A molecular biologist, he ended up leading a very small biotechnology company. He served as Chair of the NYS Biodiversity Research Institute and as a director of the Javits Convention Center. As a member of Manhattan Community Board 4 he worked on rezonings leading to the High Line Park and Hudson Yards, which resulted in the first affordable housing mandates written into the NY City Zoning Resolution. His interests in Tucson include hiking and exploring, photography, cooking and the flora and fauna of the Sonoran Desert.

Wacky Hollywood

Subject Area: Arts/Culture, History/Current Events

Tuesdays: 2 Sessions 1:00 PM - 2:45 PM Start: Tue 6/4/24 End: Tue 6/11/24

Location: Ocotillo Room Class Size: 60

Course Description

The 1950's was a difficult time for the movie industry in America. Television was growing in popularity and keeping audiences away from theaters by the millions. Hollywood had to do something. That something was partly technology and party wide-screen blockbuster movies.

The major studios saw their budgets being squeezed but some small-time operators stepped in to bring people back into theaters. They were the gimmick men like William Castle with his floating ghosts and electrified seats. Enter Arch Obler and his cheap 3-D movies. This two-week class will explore such luminaries as Edward D. Wood Jr., judged to be the worst director in movie history. We will look at "Midget Westerns", very cheesy space movies, and some of the worst monsters ever to visit the silver screen. This is movie history at perhaps its lowest point... but it will be a lot of fun.

Instructor: Philip Wenstrand

Philip Wenstrand spent most of his life in the media. For 30 years he worked in commercial television news and documentary production. He is a graduate of Linfield College and the Brooks Institute.

Annuities

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Subject Area: Social Sciences

Tuesdays: Single session 1:00 PM - 2:45 PM Start: Tue 6/11/24 End: Tue 6/11/24

Location: Palo Verde Room Class Size: 30

Course Description

Discover the ins and outs of annuities in this concise one-session course. Gain an understanding of annuity types, including immediate, deferred, fixed, fixed index, and variable annuities, and learn which types of firms sell them. Explore the impact of annuities on inflation and compare their performance. Analyze annuity fees and uncover the true cost of purchasing one. Determine who can benefit from annuities, what to consider when shopping for one, and what to do if you already have an annuity.

Instructors: Richard Mundinger, CFA, Ashlyn Tucker

Richard Mundinger, CFA, with four decades of experience, provides expert investment management to private clients at RMH. A Total Investment Return approach underpins RMH's investment philosophy. As a CFA charterholder, Richard has a network of CFA contacts across the US and globally. Richard's extensive expertise makes him a reliable financial advisor. His commitment to community service is demonstrated through his volunteering with the Community Foundation of Southern Arizona, where he served the Board, Investment, Finance, and Building committees.

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Wednesdays

<u>Mastering Snapseed – Digital Photo Editing on Your Device</u>

Subject Area: DIY/Self-Help, Science/Math/Technology

Wednesdays: 4 Sessions 9:00 AM - 10:45 AM Start: Wed 5/15/24 End: Wed 6/5/24

Location: Palo Verde Room Class Size: 30

Course Description

Snapseed is a photo-editing application that enables users to enhance photos and apply digital filters. Created by Nik Software then acquired and expanded by Google, it is one of the most popular photo editing apps out there. It's a tiny app with plenty of editing power you can harness to make your photos stand out. It is made specifically for editing on your mobile device and works on both Android and iOS devices, like smartphones and tablets. It does things that compare very favorably with what you can do with expensive photo-editing software programs, except Snapseed is free and quite easy to use, once you become familiar with how it operates. Snapseed boasts 29 non-destructive photo-editing filters and tools, which means that your editing efforts do not change your original photo, allowing you to make one or multiple edits that can all be undone at will. In this 4-session class, participants will be exposed to the 29 filters and tools and will engage in multiple exercises over the first 3 sessions that will build their familiarity and capability. In the 4th session, participants will have the

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opportunity to show off their before-and-after photos and explain where and how they applied the Snapseed suite of tools to enhance their images.

Instructor: Ann Baxter

Ann Baxter retired in 2014 after a business career with a variety of companies, working in public relations, sales management, training, and consulting. In both her business career and in retirement, she has traveled extensively. To record her adventures, she has mastered the iPhone camera, iPad, Mac computer and the iMovie app to turn her still photos and video clips into creative movies that capture both the images and the spirit of her travels.

Mount Vesuvius and the Towns It Buried: Pompeii, Herculaneum and Stabiae

Subject Area: History/Current Events

Wednesdays: 6 Sessions 9:00 AM - 10:45 AM Start: Wed 5/15/24 End: Wed 6/19/24

Location: Saguaro Room Class Size: 55

Course Description

New discoveries and technology make this area worth another look. We'll look at the beauty of Roman towns before and the treasures reclaimed after the catastrophe. We'll watch the best recreations of Mount Vesuvius exploding and covering the towns. We'll see the fresh excavations. Amazing progress has been made in reading the scrolls recovered from Herculaneum. There's a lot new to see since I gave this class in 2018.

Instructor: Kathleen Reeve

Italophilia is not too strong a word for Kathleen. She first went to Italy on a two-month art history class in 1971. She and eight other students traveled around the country in a little bus with an instructor who lectured at every site. She has been back at least once or twice a decade since then, usually for three or four weeks. Not an expert but a great lover of Italian Art, Architecture and History. She's taught 8 OLLI classes over the years.

The Naked Neanderthal (In-Person)

Subject Area: Health/Wellness, History/Current Events, Science/Math/Technology, Social Sciences

Wednesdays: 6 Sessions 9:00 AM - 10:45 AM Start: Wed 5/15/24 End: Wed 6/19/24

Location: Ocotillo Room Class Size: 65

Course Description

This class was inspired by the new book, The Naked Neanderthal: A New Understanding of the Human Creature, by French anthropologist Ludovic Slimak. We'll look at what is known about Neanderthal, contending ideas about the facts, their meaning, and their implications for us. (It is not necessary to purchase or read the book.)

Instructor: Julia Sherman

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Dr. Julia Sherman is a boarded clinical psychologist elected as Fellow of both the American Psychological Association and the Association for Psychological Science. She has been studying Neanderthal for more than thirty years as the possible genetic source for bipolar disorder.

Films of the 20th Century Discussion

Subject Area: Arts/Culture, Travel/Entertainment

Wednesdays: 6 Sessions 11:00 AM - 12:45 PM Start: Wed 5/15/24 End: Wed 6/19/24

Location: Ocotillo Room Class Size: 65

Course Description

Join Yoly, Kerri, and Barbie to go back to the 20th century to select films for this six-week class. Pick a film you enjoy or believe is great or want to expose to the class that can be easily accessed on Amazon Prime, Netflix, or Kanopy. We will choose five films at the first session, and you will be sent an email for what to watch for session one in May.

Instructors: Barbie Adler, Yoly Alvarez, Kerri Hector

Yoly and Kerri and Barbie have been SGL leaders previously. They've all been involved in the Film Discussion Class at OLLI for many years.

Happy Families by Carlos Fuentes

Subject Area: Literature/Writing/Language

Wednesdays: 6 Sessions 11:00 AM - 12:45 PM **Start:** Wed 5/15/24 **End:** Wed 6/19/24

Location: Saguaro Room Class Size: 45

Course Description

Happy Families by Carlos Fuentes is a series of short stories where contemporary obsessions are juxtaposed against those of a mythic past and find resolution through acts of love. Translated by Edith Grossman. Available from Amazon for \$16.00 in Paperback and a wide variety of other book dealers new and used. ISBN 9781400066889 for hardbound.

Instructor: Charles Peters

Chuck is an experienced study group leader.

News and Views

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Subject Area: History/Current Events

Wednesdays: 6 Sessions 11:00 AM - 12:45 PM Start: Wed 5/15/24 End: Wed 6/19/24

Location: Palo Verde Room Class Size: 20

Course Description

This is an interactive format class that has been held for many years. We cover local, state, national and international news or just topics of interest. The class members' views of the news/topics are discussed by all members in the class. The class helps everyone keep up to date on the news and to understand other members' point of view.

Instructor: David Maxwell

Dave Maxwell retired and moved to Tucson in 2014 and has been a member of OLLI since 2016. He has a degree in Construction Management from Washington State University. The first half of his career was as a Field Engineer, Superintendent, Project Manager and Chief Estimator for several general contractors on the West Coast and in Saudi Arabia. The last half of his career was in the public sector as a Director of Planning and Construction for the Washington State Community College System. He retired as a Contract Administration Manager at the Port of Seattle. In addition to attending OLLI, Dave also is a Santa Catalina Volunteer Patrol member.

<u>Amazing Astronomy (Without Any Math!)</u>

Subject Area: Science/Math/Technology

Wednesdays: 6 Sessions 1:00 PM - 2:45 PM Start: Wed 5/15/24 End: Wed 6/19/24

Location: Ocotillo Room Class Size: 65

Course Description

Session 1: Cruising Through the Solar System. A visually stunning tour of the sun, planets, moons, asteroids, and comets in our solar system.

Session 2: Cruising Through the Cosmos. Mind-boggling views of the awesome beauty of deep space as revealed by the Hubble Space Telescope.

Session 3: From Galileo to the Hubble...The Evolution of the Telescope. How the many different types of telescopes reveal both the visible and the unseen mysteries of the universe.

Session 4: Here Comes the Sun! A visual documentary of our sun, the fusion process that powers it, and what will happen when it runs out of fuel and dies.

Session 5: Cruising to the Moon. A visual exploration of our nearest neighbor in space, and how it inspired that "...one giant leap for Mankind."

Session 6: Cruising to the Red Planet. The mesmerizing story of humankind's fascination with, and exploration of, the planet Mars.

Instructor: Fred Cink

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Fred J. Cink is a former Army Aviator, and retired Naval Aviator with thousands of hours of flight time in both rotary wing and fixed wing aircraft. His lifelong interest in military aviation is matched by a passion for all things related to astronomy and space exploration. In 2018 he was hired by AURA, the Association of Universities for Research in Astronomy in Tucson, Arizona, to share his knowledge of astronomy with visitors at Kitt Peak National Observatory.

Beginning Knitting

Subject Area: Crafts/Cooking

Wednesdays: 6 Sessions 1:00 PM - 2:45 PM Start: Wed 5/15/24 End: Wed 6/19/24

Location: Palo Verde Room **Class Size:** 30

Course Description

In Beginning Knitting we will learn the basic stitches: How to Start (Cast On), Knit, Purl, How to Stop (Binding Off). Learn the tricks to making a perfect garment! Also, how to read a pattern, and how to shop in a yarn store. I do not provide needles and yarn. Students need to bring a pair of needles and a ball of yarn to class.

Instructor: Kathe Haskell

Kathe Haskell has been a knitter since she was 4 years old. She had a yarn shop but briefly. She designed and created custom items and loves to teach! She is fascinated to notice how beneficial knitting is for neurological stimulation, how it helps with focus and concentration, dexterity, and is known to calm hand tremors and ease arthritis.

Investing in Retirement

Subject Area: Social Sciences

Wednesdays: 2 Sessions 1:00 PM - 2:45 PM Start: Wed 6/5/24 End: Wed 6/12/24

Location: Saguaro Room Class Size: 30

Course Description

Investing in Retirement is a comprehensive two-session course that equips individuals with the knowledge and tools to ensure their portfolio is setting them up for success in retirement. This course covers topics, such as investment policy statements, time horizons, risk tolerance, income investing, and alternative investments. Participants will learn how to build a robust portfolio that considers inflation and their lifespan. Explore withdrawal rates and strategies to ensure a sustainable income stream. Join us to gain the confidence and expertise to navigate the complexities of retirement investing successfully.

Instructors: Richard Mundinger, CFA, Ashlyn Tucker

Richard Mundinger, CFA, with four decades of experience, provides expert investment management to private clients at RMH. A Total Investment Return approach underpins RMH's investment philosophy. As a CFA charterholder, Richard has a network of CFA contacts across the US and globally. Richard's extensive expertise makes him a reliable financial advisor. His commitment to community service is demonstrated through his

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volunteering with the Community Foundation of Southern Arizona, where he served the Board, Investment, Finance, and Building committees.

Ashlyn Tucker, a Master of Finance graduate from the University of Arizona, works as an analyst at RMH Investment Management and is a level 2 CFA Candidate.

<u>Academic Civil War-The Importance of College Professors</u>

Subject Area: History/Current Events

Wednesdays: 1 Session 9:00 AM - 10:45 AM Start: Wed 6/12/24 End: Wed 6/12/24

Location: Palo Verde Room Class Size: 10

Course Description

This class provides a unique examination of the American Civil War due to the background of the six men whose stories are being told. They have one thing in common, namely they are all college professors! Since there were many college professors who fought in the Civil War for both sides, what criteria is used to make this determination? The basic requirements are that they participated in and had a major impact at Gettysburg. Based on this requirement, three men from both the Army of the Potomac and the Army of Northern Virginia are identified. This class examines these six college professors who exhibit the "right stuff" at the Battle of Gettysburg. What is the right stuff? First, their ability to formulate strategies in the heat of battle stems from these men having developed their critical thinking skills through their professional training, teaching, and research as college professors. Second, is that they have the audacity to act on these battlefield strategies. Third, they have the drive to succeed at the highest level in whatever they do without compromising their principles, which is the basis of the character of each of these individuals! Much prior to the war, the early life of each professor is examined to define their individual character, critical thinking skills, and their ability to succeed in their endeavors. The Civil War was decided by two professors at the Struggle for Little Round Top at the Battle of Gettysburg on July 2, 1863!

Instructor: William Messina

Doctor Bill Messina has been conducting training in formal settings such as a college classroom and informally through seminars. His method of teaching involves getting the students involved in the teaching of the class through activities to ensure they are learning the concepts discussed. His method involves the practical application of the subject under discussion. This approach has been highly effective in the student learning the concept under study.

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Online Classes

Tuesdays

Gentle Energizing Movement, Relaxation, and Meditation

Subject Area: DIY/Self-Help, Health/Wellness, Philosophy/Spirituality/Religion

Tuesdays: 5 Sessions 9:00 AM - 10:45 AM Start: Tue 5/14/24 End: Tue 6/18/24 - No Class May 21

Location: Online Zoom Offering 1 Class Size: 300

Course Description

Let go of stress and come home to yourself. Over millennia, the sages of the Himalayan Yoga Tradition developed highly effective methods of movement, relaxation, and meditation. In this study group you will learn foundational practices from the Himalayan Yoga Tradition. Each session will have three phases: gentle movement and breathing, deep relaxation, and meditation. Members can expect to leave this class refreshed. Please note that the movements taught in this study group are not acrobatics. They are suitable for people with no yoga experience. If you've attended yoga classes and found them to be too strenuous or otherwise challenging, this study group is for you.

Instructor: Randall Krause

Randall Krause served many years as an attorney and conflict resolution facilitator. Later, he studied counseling and received a M.A. in interdisciplinary consciousness studies with an emphasis in holistic health counseling, was certified and served as a personal coach and mentor. He studied Effective Communication intensively and also studied The Gremlin Taming Method for more than 10 years. In addition, Randall is a senior mentor and teacher in the Himalayan yoga meditation tradition and is registered with Yoga Alliance (YA) as an Experienced Yoga Teacher and a Continuing Yoga Education Provider.

AI Update May '24

Subject Area: Science/Math/Technology, Social Sciences

Tuesdays: 3 Sessions 11:00 AM - 12:45 PM Start: Tue 5/14/24 End: Tue 5/28/24

Location: Online Zoom Offering 1 Class Size: 300

Course Description

Will AI continue on its exponential growth trajectory, or will there be a slowdown? Has AGI already been achieved and if not, is it distant or imminent? This three-session study group chronicles the ongoing saga of AI as it pulls us all into the future.

Instructor: Elena Berman

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Elena Berman has a PhD in Linguistics and has been interested in artificial intelligence since she was a graduate student. She's broadly familiar with the topic and has been closely following recent developments in machine learning and communication.

Becoming a Mind-Mapper

Subject Area: DIY/Self-Help, Literature/Writing/Language

Tuesdays: Single session 9:00 AM - 10:45 AM Start: Tue 5/21/24 End: Tue 5/21/24

Location: Online Zoom Offering 2 Class Size: 70

Course Description

This one-session course, based on the work of Brit Tony Buzan, will teach you how to think through and organize almost any problem or project facing you (and yours). The philosophy behind this skill is that we must switch off the linear, rigid, self-criticizing left brain and stay only in the right brain to most effectively come up with ideas. These ideas are organized in a big messy diagram, and from there, refined to suit your needs.

We'll use the Zoom whiteboard as our main tool. Topics we could tackle include:

Writing your memoir (or even your own obituary)

Planning a more balanced life

Goal setting

How to prepare for a big family gathering

A game plan for decluttering, or for the "big downsize"

Grandparents' strategy for "parenting" those grandkids.

In the class, we'll extend this list and add more through the chat. Refinements can include: Create your Mind Map on a huge Post-It and stick this on the kitchen door so that you can add to it (perhaps in a different color) as additional thoughts come; Use a different color to number the order of your ideas, resulting in an outline for an article or report you want to write; If it's a group project, give each member a different color pen to add their thoughts and revisit the collective results in a week.

Instructor: Julie F Rodwell

J.F. Rodwell was born in the U.K., raised on a farm, and educated at Oxford and Glasgow Universities. Emigrating to North America at 24, her career involved transportation. Her interests and experience include right-brain/left-brain dynamics, climate change, general aviation, transit, urbanism, freight transportation, cohousing, the raw vegan lifestyle, conscious elderhood, beaded jewelry design, living with hearing loss, and global economics. She's the recent author of Green New Cities of Tomorrow. For decades she's authored a college textbook Essentials of Aviation Management, and her third book, The Complete Book of Raw Food features 55 raw food chefs and their recipes.

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A World War II Story Through Sketches

Subject Area: History/Current Events

Tuesdays: Single session 9:00 AM - 10:45 AM Start: Tue 5/28/24 End: Tue 5/28/24

Location: Online Zoom Offering 2 Class Size: 70

Course Description

Explore a World War II story through S. Sgt. Jacob John de Vries' sketches of people, landscapes, and churches in France, Austria, and Germany in 1944-45. de Vries served in the US Army 103rd Infantry (Cactus) Division in Europe and First Allied Air Borne Army occupying forces in Berlin. Even before his formal art training, he was always sketching, including during his four years in the Army. The storyteller is John's daughter, Janet, who lives in Casper, Wyoming, and is retired from Casper College. This lecture includes her travels to France to locate some of the sites her father sketched.

Instructor: Janet de Vries

Janet de Vries is happily retired after 21 years providing career counseling to students at Casper College in Casper, Wyoming. A native of Akron, Ohio, she moved to Wyoming as quickly as she could after earning a BS in Geology. When the oil boom busted, she earned an MS in Counseling. She is a net weaver, human rights activist, world traveler, and a life member of Girl Scouts.

Danger, Suspense and Deception: The Best of Alfred Hitchcock

Subject Area: Arts/Culture, Travel/Entertainment

Tuesdays: 4 Sessions 11:00 AM - 12:45 PM Start: Tue 5/28/24 End: Tue 6/18/24

Location: Online Zoom Offering 2 Class Size: 300

Course Description

In his legendary career as a director, Alfred Hitchcock created dense, suspenseful films filled with flawed heroes, charming villains, and moral ambiguity. In this four-week online course, we'll consider some of Hitchcock's very best films, focusing on two films each week that share a common theme. Students should watch the films on their own; in class, we'll look at brief film clips and discuss key elements. Whether you've enjoyed Hitchcock films for many years or you're just discovering them, this is a chance to go deeper into the mind of a brilliant, complicated man and the surprising, confounding, entertaining world he created on film.

Instructor: Jay Sherwin

Jay Sherwin is a writer and consultant who has been watching, studying, and enjoying Hitchcock films for decades. He created a walking tour of Alfred Hitchcock's San Francisco that attracts Hitchcock fans from around the world, and he loves to share his Hitchcock obsession with fellow film lovers everywhere.

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Climate Change

Subject Area: Civic Engagement/Community/Government, Social Sciences

Tuesdays: 3 Sessions 9:00 AM - 10:45 AM Start: Tue 6/4/24 End: Tue 6/18/24

Location: Online Zoom Offering 2 Class Size: 70

Course Description

Session 1: One Strategy for Tackling US Climate Change; Session 2: Personal Action and Climate Change Climate change can be a depressing and overwhelming subject. Join Julie Rodwell for her presentation of a positive strategy for both mitigation and adaptation – constructing some all-green cities in the US. We know almost everything we need to do this, and must accommodate our still-growing population someplace, so why not somewhere all-green? That's Session One. Session Two goes on to discuss what individuals can do to tackle this challenge, from household changes to personal activism.

Instructor: Julie F Rodwell

J.F. Rodwell was born in the U.K., raised on a farm, and educated at Oxford and Glasgow Universities. Emigrating to North America at 24, her career involved transportation. Her interests and experience include right-brain/left-brain dynamics, climate change, general aviation, transit, urbanism, freight transportation, cohousing, the raw vegan lifestyle, conscious elderhood, beaded jewelry design, living with hearing loss, and global economics. She's the recent author of Green New Cities of Tomorrow. For decades she's authored a college textbook Essentials of Aviation Management, and her third book, The Complete Book of Raw Food features 55 raw food chefs and their recipes.

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Wednesdays

Our Evolving Understanding of the Cosmos and Our Place in It

Subject Area: Science/Math/Technology

Wednesdays: 2 Sessions 9:00 AM - 10:45 AM Start: Wed 5/15/24 End: Wed 5/22/24

Location: Online Zoom Offering 2 Class Size: 300

Course Description

In the early 20th century, we learned that the universe was larger and more dynamic than we thought. This sparked interest in cosmology. Late in that century we discovered exo-planets, planets around other stars. This sparked interest in astrobiology. I'd like to review these developments and discuss their implications. I will cover the astronomy we need, so no prior knowledge of science is needed to take this class.

Instructor: Carl DeVito

Carl Devito is an emeritus professor at the University of Arizona. Lately he has been active in the conceptual aspects of astro-biology, and participated in conferences on these matters over the past few years.

The Naked Neanderthal (Online)

Subject Area: Health/Wellness, History/Current Events, Science/Math/Technology, Social Sciences

Wednesdays: 6 Sessions 9:00 AM - 10:45 AM Start: Wed 5/15/24 End: Wed 6/19/24

Location: Online Zoom Offering 1 Class Size: 300

Course Description

This class was inspired by the new book, The Naked Neanderthal: A New Understanding of the Human Creature, by French anthropologist Ludovic Slimak. We'll look at what is known about Neanderthal, contending ideas about the facts, their meaning, and their implications for us. (It is not necessary to purchase or read the book.)

Instructor: Julia Sherman

Dr. Julia Sherman is a boarded clinical psychologist elected as Fellow of both the American Psychological Association and the Association for Psychological Science. She has been studying Neanderthal for more than thirty years as the possible genetic source for bipolar disorder.

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Abortion: Historical, Moral, and Legal

Subject Area: Philosophy/Spirituality/Religion

Wednesdays: 6 Sessions 11:00 AM - 12:45 PM Start: Wed 5/15/24 End: Wed 6/19/24

Location: Online Zoom Offering 1 Class Size: 30

Course Description

This class will cover topics such as: a history of abortion in America, the pro-life argument, problems with a "right to life", Roe v. Wade (etc.) and viability, Dobbs v. Jackson, and involuntary pregnancy and involuntary servitude.

Instructor: Robert Yanal

Robert Yanal, B.A., M.A., Ph.D., taught Philosophy, mainly Philosophy of Art, at Wayne State University, in Detroit, Michigan, for 37 years. He published 18 articles and 4 books, including "Hitchcock as Philosopher". He is retired, living in Tucson.

Inspired Retired!

Subject Area: DIY/Self-Help

Wednesdays: 3 Sessions 11:00 AM - 12:45 PM Start: Wed 5/15/24 End: Wed 5/29/24

Location: Online Zoom Offering 2 Class Size: 70

Course Description

Many people spend years dreaming of their retirement. The lifestyle, the time, and the freedom to live life on your terms. Well, here you are! So, the question becomes: "Are you really living your best life?" Join Leslie Zann (a popular facilitator from OLLI Prescott) as she takes you on a fun and compelling 3-week journey to discover exactly what lights you up, and how to draw those experiences into your life! Who would you be if you stopped defining yourself by age? What would you change? Very often people use "too old" or "not enough time" or "not enough money" as excuses to avoid taking action. You have not aged out of the ability to direct your own life! Come experience the joy and empowerment of being an Inspired Retired!

Instructor: Leslie Zann

Leslie Zann is a sought-after keynote speaker. Since founding Leslie Zann Consulting in 2012, she's had the privilege of speaking live to more than 100,000 people around the world and has reached thousands more through her online courses. Her mission is to motivate people to get unstuck, stop settling for less than they desire, and live their best life! Leslie's latest book, Outrageous Achievement, is a #1 International Bestseller on Amazon.

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<u>CASA of Pima County - Court Appointed Special Advocate Program</u> (Online)

Subject Area: Civic Engagement/Community/Government, Social Sciences

Wednesdays: Single session 11:00 AM - 12:45 PM Start: Wed 6/5/24 End: Wed 6/5/24

Location: Online Zoom Offering 2 Class Size: 300

Course Description

CASAs (Court Appointed Special Advocates) are volunteers who advocate for the best interests of youth in the foster care system. This class will cover child welfare in Arizona, including DCS, types of maltreatment, what happens in a case, and current statistics. What is a dependency? We will discuss the legal aspects and court involvement, plus navigating foster care, trauma, services and support, and education for youth. Join us to learn who we are and what we do. What are the benefits of having a CASA? Who is a CASA and what do CASAs do? Learn how you can become a CASA, and other ways to help.

Instructors: Stephanie Chavez, Rachel Barry, Kari Calvarese

Stephanie Chavez is a native Tucsonan and is the supervisor for Pima County, Court Appointed Special Advocate Program (CASA). Stephanie received her Master of Arts in Organizational Management from the University of Phoenix and Bachelor of Arts & Sciences in Communications from the University of Arizona. She serves on multiple agencies in fiduciary responsibilities, Board of Directors for Prevent Child Abuse Arizona, Board of Directors for Father's Day Council Tucson, and Junior Achievement of Arizona Emeritus Board.

Rachel Barry is the Court Appointed Special Advocate (CASA) Program Trainer at the Pima County Juvenile Court in Tucson AZ. Rachel is tasked with providing support to the CASA program by coordinating and training new and current CASA volunteers. Rachel has brough her experience in education and foster care licensing to the CASA program. She is motivated to deliver new and exciting training options to CASA volunteers who continue to provide ongoing support for children. Rachel and her family always make time for fishing and camping in the mountains or spending time at the beaches in Mexico.

Kari Calvarese was born and raised in Tucson, and graduated with a BA in Psychology with a minor in Family Studies from the U of A. She is the lead coordinator/recruiter for CASA of Pima County and has been with the program for over two years.

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Thursdays

Humor: A Healing Tool

Subject Area: DIY/Self-Help, Health/Wellness

Thursdays: 6 Sessions 11:00 AM - 12:45 PM Start: Thu 5/16/24 End: Thu 6/20/24

Location: Online Zoom Offering 1 Class Size: 45

Course Description

As soap is to the body, so laughter is to the soul. Jewish Proverb

As a result of the immense interest in the brief spring class on Humor, it seemed that a more comprehensive and nuanced discussion on Humor would be enjoyable for the first Summer session. What makes you laugh, or giggle, or chuckle? Can humor provide ways to heal people physically, emotionally, psychologically, and spiritually? Is there a relationship between humor and suffering? Can utilizing humor help people to reclaim their souls? Through sharing ideas and theories about the psychological benefits of humor, we will continue to discuss how a sense of humor and laughter can help us to heal. We will delve further into sources of humor and types of humor. We will talk about people's reactions to humor – why what one person finds funny might land flat for another and offend a third. We will discuss what makes you laugh and why.

Please join us for these six sessions to learn about the restorative aspects of humor and to laugh together. You need not have attended the two-session spring class on humor to enjoy this summer's amusing adventure. Bring your knowledge, beliefs, experiences, insights, wisdom, and of course, your sense of humor to share in our conversations. Please know that this discussion group is not intended to replace your own psychological therapeutic work.

Instructor: Mary Ellen Klawiter

Mary Ellen lived her first fifty years in Philadelphia, Pennsylvania where she worked as an educator, a Director of Religious Education, and a Hospice Chaplain. Since moving to Sahuarita, Mary Ellen received an M.S. in Mental Health Counseling and counseled at-risk teens, pre-teens, and people struggling with loss. Her undergraduate work was in History and Theology and her graduate theological studies were in Religious Education and Clinical Pastoral Education.

Reading and Discussing The New Yorker

Subject Area: Arts/Culture, Health/Wellness, History/Current Events, Social Sciences

Thursdays: 6 Sessions 11:00 AM - 12:45 PM **Start:** Thu 5/16/24 **End:** Thu 6/20/24

Location: Online Zoom Offering 2 Class Size: 45

Course Description

The New Yorker magazine is a rich resource for current, historic, cultural, and scientific information. To get the most out of this resource each week we discuss five current articles. The class chooses an article for next week's

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group discussion, then four different class members volunteer to provide an introduction into other articles. Each class starts with a group discussion. Then the volunteers' introductions are used to provide the base for the four additional weekly discussions. All members are encouraged to make presentations and participate in discussions.

Instructors: Ronald Peterson, John Nemo

Ron Peterson has been a UA OLLI-UA member since 2012 following a career as a broker and investment banker in Washington, DC. He served as a VP at Paine Webber and Prudential Securities and headed a financial futures unit for Merrill Lynch. He is the author of "Solomon's Wishes," a book on investment strategies and tactics and two other books, won two investment contests and lectured on markets for banks and individual investors. He holds two masters' degrees and four graduate certificates.

John Nemo is a member of our tech host and presentation team here in Reading and Discussing The New Yorker.

Flight Behavior: A Barbara Kingsolver Novel, an Example of Eco Fiction

Subject Area: Literature/Writing/Language

Thursdays: 6 Sessions 1:00 PM - 2:45 PM **Start:** Thu 5/16/24 **End:** Thu 6/20/24

Location: Online Zoom Offering 1 Class Size: 45

Course Description

We will read and discuss this novel, using interviews with the author and information on climate change and its effect on the migration of the monarch butterfly. Barbara Kingsolver lived in Tucson for two decades before moving to Appalachia. Film clips will be used when possible.

Instructor: Jeri Aldridge

After teaching English, Speech, Debate and History for 32 years in Evergreen, Colorado, Jeri retired and moved to Tucson. She collects folk art (Mata Ortiz Pottery, Wood carvings and Fabric Art) has a B.A. in Speech Communications from the University of Denver and an M.A. in Education from Colorado University. Jeri has traveled widely to Europe, China, Guatemala, England and Scotland and has an interest in politics and micro finance.

Canceled: Lifestyle Habits of Superagers

Subject Area: Civic Engagement/Community/Government, Health/Wellness, Science/Math/Technology

Thursdays: 1 Session 1:00 PM - 2:45 PM Start: Thu 5/16/24 End: Thu 5/16/24

Location: Online Zoom Offering 2 Class Size: 30

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Dream Group Class

Subject Area: Social Sciences

Thursdays: 6 Sessions 3:00 PM - 4:45 PM Start: Thu 5/16/24 End: Thu 6/20/24

Location: Online Zoom Offering 1 Class Size: 30

Course Description

Learn how to access the valuable information in your dreams! Attendees share texts of their nighttime dreams and are invited to contribute their associations and insights on others' dreams. Various techniques of interpretation will be demonstrated, such as "If it were my dream." The group format opens multiple perspectives and layers of meaning. "Aha's" of recognition follow as we unpack the dream. In this process we learn to listen to our intuition, increase compassion for others, discover deeper aspects of ourselves and receive guidance.

Instructor: Helen Landerman

Dr. Landerman has been curious about the meaning of her dreams and writing them down for decades. She has continuously participated in dream groups and facilitates dream groups. Because dreams speak a language of visual symbols, her Harvard Ph.D. in Romance Languages and Literatures has enabled her fascination with metaphors and archetypes. She has 15 years of experience teaching at the college level. She is certified by Jeremy Taylor's Marin Institute for Projective Dream Work and is a long-time member of the International Association for the Study of Dreams and of the Southern Arizona Friends of Jung.

Chen Village Tai Chi

Subject Area: DIY/Self-Help, Health/Wellness, Philosophy/Spirituality/Religion

Thursdays: 4 Sessions 9:00 AM - 10:45 AM Start: Thu 5/23/24 End: Thu 6/20/24 - No Class May 30

Location: Online Zoom Offering 1 Class Size: 300

Course Description

No previous Tai Chi experience is necessary. All the movements are slow and gentle, and no martial arts applications will be taught or practiced in this study group. These methods may help lessen body pain, correct spinal misalignment, cultivate a sense of internal energy, and rest the mind.

Participants can wear comfortable roomy or stretchy clothing and some soft tai chi shoes or socks to wear on their feet.

Instructor: Randall Krause

Randall Krause served many years as an attorney and conflict resolution facilitator. Later, he studied counseling and received an M.A. in interdisciplinary consciousness studies with an emphasis in holistic health counseling, was certified and served as a personal coach and mentor. He studied Effective Communication intensively and also studied The Gremlin Taming Method for more than 10 years. In addition, Randall is a senior mentor and

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teacher in the Himalayan yoga meditation tradition and is registered with Yoga Alliance (YA) as an Experienced Yoga Teacher and a Continuing Yoga Education Provider.

Fridays

News and Views with Sherry and Doug

Subject Area: History/Current Events

Fridays: 6 Sessions 11:00 AM - 12:45 PM Start: Fri 5/17/24 End: Fri 6/21/24

Location: Online Zoom Offering Class Size: 300

Course Description

Every week we pick and vote on topics to discuss. We like to discuss news from many different angles. So all civil opinions/views are welcome. News and Views Guidelines:

1 - We begin the class by soliciting topics from the students for possible discussion. Sometimes topics can be combined. 2 - A list of all of the topics is created in order of suggestion. 3 - A vote is taken for each suggested topic. Students can vote for as many topics as they wish to discuss. 4 - The voting results will be immediately shown. 5 - Topics are discussed by vote total (most to least) and in the event of a tie, either in order of suggestion or by SGL or group decision. 6 - The person who suggested a topic will be given 1-2 minutes to present their topic, either in advance of the vote if the topic is not clear, or when the topic is up for discussion. 7 - Important: We ask that everyone please keep your comments succinct - less than three minutes. Don't ramble and please refrain from repeating yourself or others. We want everyone to be able to speak. 8 - Everyone will get a chance to speak before someone is called on again for a given topic.

Instructors: Sherry Goncharsky, Doug Syme

Sherry Goncharsky worked at IBM as a programmer and systems engineer after studying computer science at the University of Illinois. As a retirement job, she spent time "teaching computers to behave for their owners." Soon after joining OLLI, the pandemic hit and she became an active part of the tech hosting community and is also part of the AV Committee. Her hobbies include reading and crocheting.

Doug Syme was born and raised in Dublin. He graduated 1972 in Mechanical Engineering from Trinity College, Dublin University. He was recruited in 1983 to establish manufacturing of a Weighing and Batching System in New Jersey after the system was bought from the company for which he was working in Ireland. He is a Naturalized Citizen of the United States. Doug lived and worked in NJ for 8 years and lived in PA for 25 years. He worked in small firm providing Equipment and Services to Commercial Swimming Pools. Doug retired in 2016 and moved to Green Valley. He has served on the board of Esperanza Estates HOA. He is a World Rugby Licensed Educator and teaches Rugby Refereeing. He volunteers with Sahuarita Food Bank. He also enjoys Choral Singing and participates in a number of Choirs in the area. He is an active student and Tech Host with OLLI.

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Banned Books Club

Subject Area: History/Current Events, Literature/Writing/Language

Fridays: 6 Sessions 3:00 PM - 4:45 PM Start: Fri 5/17/24 End: Fri 6/21/24

Location: Online Zoom Offering 1 Class Size: 30 Additional Costs: Each member will need to access a

copy of the book that is mentioned below which may or may not involve a fee.

Course Description

In response to an interest sparked during the Spring session class, "What's the Big Deal? Let's Read and Discuss a Banned Book", I would like to invite you to join a book club where only books that have been banned will be read. We'll be starting with the book, The Absolutely True Diary of a Part-Time Indian by Sherman Alexis. Over the Summer Session, the book will be divided into six meetings of six chapters each. That will allow a leisurely pace of one chapter each night before coming together every week to discuss those chapters. The last week will be dedicated to summarizing the entire book and analyzing any reasons it was banned. I look forward to delving into this book due to its subject matter and the lively discussions that it should generate.

Each member is expected to read the book at the suggested pace by buying or borrowing a copy.

Instructor: Frankie Harris

Frankie is a retired teacher from South Carolina. She joined the University of Arizona's OLLI program when Covid caused her local OLLI at Coastal Carolina University in Conway, South Carolina to close. She has been an active member from the very beginning of her enrollment. She has taken numerous classes and she's even led several SIGs. The wide variety of classes offered, and the warm, welcoming people that she has met are what keeps her returning each year.

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Online Classes: Shared Osher Offerings Mondays

A Journey Along the Silk Road

Subject Area: History/Current Events, Travel/Entertainment

Mondays: Single session 10:30 AM - 12:00 PM (AZ Time) Start: Mon 5/20/24 End: Mon 5/20/24 -

Shared From OLLI at Rochester Institute of Technology

Location: Online Zoom Offering Class Size: 300

Course Description

Shared From OLLI at Rochester Institute of Technology

Come along on a trip along the Silk Route, starting in southeastern Kazakhstan and traveling through Tajikistan, Uzbekistan, Kyrgyzstan, and ending in Turkmenistan. We'll visit the ancient cities of Tashkent, Bukhara, and Samarkand, and learn about the exploits of Genghis Khan and Tamerlane. We'll explore the madrasas of these cities and the deserts of Uzbekistan; we'll witness the game of Ulak Tartysh, a sort of polo played with a goat carcass in Kyrgyzstan. We'll visit many markets, with exotic foods for sale, and much, much more. The presentation will incorporate many photographs and videos from the course leader's recent travels to this part of the world.

Instructor: Victor Poleshuck

Victor Poleshuck is a retired physician with a love of travel.

Tuesdays

The Space Telescopes that Have Changed Our Understanding of the Universe

Subject Area: Science/Math/Technology

Tuesdays: 8 Sessions 8:15 AM - 9:45 AM (AZ Time) Start: Tue 4/16/24 End: Tue 6/4/24 - Shared

From OLLI at Rochester Institute of Technology Location: Online Zoom Offering Class Size: 300

Course Description

Telescopes have provided astronomers with the tools to observe the universe since the days of Galileo. If they are on the ground, they have limitations. Now that we are living in the Space Age, there are telescopes orbiting

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OLLI-UA Summer 2024 – Online Shared Offerings

the Earth that have revolutionized our view of deep space. Several such telescopes (Hubble, James Webb, etc.) will be discussed along with the information they are providing to astronomers.

Instructor: Timothy McDonnell

A retired science teacher, Timothy McDonnell has been a proud member of Osher at RIT since 2005. He has led many courses over the years on diverse topics: geography, geology, astronomy, and history of photography. Tim believes that lifelong learning is the key to a more fulfilling retirement.

Taking and Editing Photos on Your iPhone

Subject Area: DIY/Self-Help, Science/Math/Technology

Tuesdays: 2 Sessions 10:00 AM - 11:30 AM (AZ Time) Start: Tue 5/21/24 End: Tue 5/28/24 - Shared

From OLLI at Chico State CA

Location: Online Zoom Offering Class Size: 300

Course Description

Shared From OLLI at Chico State CA

This class will introduce learners to basic foundational skills in establishing a composition for a photo, using the rule of thirds, and considering the values in a photo. This content will be followed by an introduction to the many photo editing tools available on an iPhone and how to use them with the photos that you have taken. If you have taken this course previously, you are welcome to take it as a refresher.

This class is for iPhone users with an iPhone XS or higher. The iPhone should have the most current operating system and recent updates on it.

Instructor: Cris Guenter

Cris Guenter is both an artist and an educator. She is professor emerita in the School of Education at Chico State and was named the 2008 National Art Educator of the Year by the National Art Education Association. She has been exhibiting her artwork in regional, national, and international exhibitions since 1972. She is currently a national trustee for the National Art Education Foundation.

Website: olli.arizona.edu Phone: 520.626.9039 Version: 6/13/2024 10:20 AM **Return to Table of Contents** Page 28 of 39

Email: ollimail@arizona.edu

Wednesdays

Pillaging Europe: Nazi Art Theft in World War II

Subject Area: Arts/Culture, History/Current Events

Wednesdays: 6 Sessions 6:30 AM - 8:00 AM (AZ Time) Start: Wed 4/17/24 End: Wed 5/22/24 -

Shared From OLLI at Rochester Institute of Technology

Location: Online Zoom Offering Class Size: 300

Course Description

Shared From OLLI at Rochester Institute of Technology

Although conquerors had looted art and cultural artifacts during previous wars, the Nazis took this activity to a whole new level during World War II. This six-week course will examine the factors that contributed to this massive theft, how some stolen materials were recovered and what, some 80 years later, is still missing. Who were the important Nazis involved? How was some art protected? Who were the Monuments Men? What roles have museums played in the on-going attempts to reunite looted art with the heirs of its rightful owners? These are some of the questions this class will address.

Instructor: Chris Ryan

Chris Ryan, a retired librarian, enjoys sharing her interest in history with others.

The Future of Health, Medicine and Biotechnology: Part 3

Subject Area: Health/Wellness, Science/Math/Technology

Wednesdays: 8 Sessions 10:30 AM - 12:00 PM (AZ Time) Start: Wed 4/17/24 End: Wed 6/5/24 -

Shared From OLLI at Rochester Institute of Technology

Location: Online Zoom Offering Class Size: 300

Course Description

Shared From OLLI at Rochester Institute of Technology

We will continue to explore the future of our health and how the emerging technologies will shape how medicine will be practiced. We will cover topics like aging, reproduction, prevention of diseases, brain-machine interphases, progress in detection and treatment of cancer and many other topics. Participation in previous parts of this course is not a pre-requisite.

Instructor: Alex Marcus

Alex Marcus is a retired physician with training and experience in internal medicine, neurology & psychiatry. He has been leading courses at Osher on a variety of topics for over 20 years.

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OLLI-UA Summer 2024 – Online Shared Offerings

Hail to the Celts

Subject Area: History/Current Events

Wednesdays: 10 Sessions 10:00 AM - 11:30 AM (AZ Time) Start: Wed 4/24/24 End: Wed 6/26/24 -

Shared From OLLI at Chico State CA

Location: Online Zoom Offering Class Size: 300

Course Description

Shared From OLLI at Chico State CA

The Celtic fringe is composed of six nations: Brittany, Cornwall, Ireland, the Isle of Man, Scotland, and Wales. Through their ancient language and culture, they are the inheritors of nearly three thousand years of unbroken cultural tradition. Welsh author Emyr Humphreys said, "At any time since the eleventh century, it could have disappeared, but for the determination of one generation or another that it should not." This class will trace the history of the Celts and their culture.

Instructor: Lynn Elliott

Lynn H. Elliott is professor emeritus and former chair of English at Chico State. In addition to his prose and award-winning plays, he is a multiple award-winning national and international screenplay writer.

Thursdays

History of New England in the Colonial Era

Subject Area: History/Current Events

Thursdays: 8 Sessions 10:45 AM - 12:15 PM (AZ Time) Start: Thu 4/18/24 End: Thu 6/6/24 - Shared

From OLLI at Rochester Institute of Technology

Location: Online Zoom Offering Class Size: 300

Course Description

Shared From OLLI at Rochester Institute of Technology

The New England region played an important role in the development of American culture. This course will cover the history of the New England region from the first European voyages of exploration to the events leading up to the American Revolution.

Instructor: Tom Lathrop

Tom Lathrop is a retired software engineer with a lifelong interest in history. He has been an Osher member for 11 years and has led several history courses. Some of his ancestors were among the first settlers of New England.

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OLLI-UA Summer 2024 – Online Shared Offerings

Aviation History: American Airpower Ascendant 1944: Part 2

Subject Area: History/Current Events

Thursdays: 10 Sessions 10:00 AM - 11:30 AM (AZ Time) Start: Thu 4/25/24 End: Thu 6/27/24 -

Shared From OLLI at Chico State CA

Location: Online Zoom Offering Class Size: 300

Course Description

Shared From OLLI at Chico State CA

As WWII enters its fourth year, American airpower begins to achieve air supremacy over the Axis powers. Rapid technical advances and superior training overcome German secret weapons and Japanese suicide attacks. This class will describe the airplanes and personalities during this time period.

Instructor: Gary Hendrickson

Gary Hendrickson's father was a pilot in WWII and operated an agricultural aviation business. Gary soloed a 1946 Aeronca at age 15, attended Sacramento City College and Cal Poly San Luis Obispo, majoring in aeronautical engineering and minoring in history. He flew jet fighters off and on aircraft carriers, then returned to civilian flying as a certificated flight and ground school instructor. He was a pilot in command of fire bombing aircraft for 35 years and operated an agricultural aviation business for 46 years. Hobbies include restoring antique airplanes, hunting, fishing, and a passion for history.

Australian Art: Some Topics

Subject Area: Arts/Culture, History/Current Events

Thursdays: 5 Sessions 3:00 PM - 4:30 PM (AZ Time) Start: Thu 5/30/24 End: Thu 6/27/24 - Shared

From OLLI at Chico State CA

Location: Online Zoom Offering Class Size: 300

Course Description

Shared From OLLI at Chico State CA

This abbreviated look at the Australian continent's artistic history will consider its creative efforts since its colonization by the British in 1788. Topics include expeditionary artists, Australian Impressionism, women artists 1880-1960, Australian and Californian aesthetic connections, and what Robert Hughes called "the last great art movement of the 20th century": Aboriginal art. It isn't all beaches, didgeridoos, and shrimp on the barbie!

Instructor: Erika Esau (she/her/hers)

Erika Esau was born and raised in California, but lived and worked in Australia and Europe as well. She received a PhD in art history from Bryn Mawr College, Pennsylvania. She taught modern art history at Lawrence University in Wisconsin and at the Australian National University, Canberra, Australia. She also worked at the Los Angeles County Museum of Art as a librarian in the Rifkind Collection of German Expressionist Studies. She is the author of books and articles on Californian, Australian, and German art.

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Field Trips Tuesdays

Monsoon Chocolate Mid-Morning Gathering

Subject Area: Crafts/Cooking, Health/Wellness

Tuesdays: Single session 10:00 AM - 11:30 AM Start: Tue 5/7/24 End: Tue 5/7/24

Location: Monsoon Chocolate Cafe & Market Class Size: 16

Course Description

* This field trip happens before Summer Term!

Join us for a unique experience on the patio of the new Monsoon Chocolate Cafe! We'll be able to order from a large selection of fresh baked goods, coffees, teas, ice creams, sundaes and shakes, and of course, Monsoon's award-winning chocolates! The variety of flavors and designs are incredible!

Everything on the menu, except for beverages, is produced at the local Monsoon Chocolate Factory on East 22nd St., and there are several gluten-free and vegan offerings.

Here's a bit of information from their website:

"Making chocolate is a difficult task to begin with and making chocolate in the desert is quite the undertaking. However, we believe that anything worth doing should be a challenge. The chocolate we make is truly a collaboration with the farm workers who grow, harvest, ferment, and dry the cacao. Our goal is to honor their hard work by processing the cacao as minimally as possible to reveal the beautiful and complex flavors inherent in the beans."

This get-together promises to be a real treat--in more ways than one!

Estimated cost of a beverage, baked good and a specialty chocolate is between \$15-20. (plus gratuity). There is also a market at this location for people to purchase chocolates and coffees, etc. Plenty of parking on-site.

Instructor: Judith Rockey

Judith is recently retired and enjoys dark room photography and taking classes at OLLI.

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OLLI-UA Summer 2024 – Field Trips

A Tour of Tucson Cactus and Koi

Subject Area: Crafts/Cooking, DIY/Self-Help, Science/Math/Technology

Tuesdays: Single session 9:00 AM - 10:45 AM Start: Tue 5/14/24 End: Tue 5/14/24

Location: Tucson Cactus and Koi Class Size: 10

Course Description

Come join us for a tour of Tucson Cactus and Koi led by Dr. Thomas Rothe, a retired physician and lifelong gardener with his own botanical gardens at home. Tom will answer any questions you might have on desert gardening and will shed light on the trials and tribulations of cultivating and managing desert flora through the summer months. Tips include appropriate specimen sun exposure, watering needs and harvesting, and above all, the importance of shade. You are also invited to join us after the tour for coffee and pastries at the Village Bakehouse (Dutch Treat), which is right next door to Tucson Cactus and Koi.

Instructor: Al Bergesen

Al Bergesen is an emeritus professor of sociology at UA with a wide range of interests and passions, who teaches classes and organizes field trips for OLLI.

Wednesdays

On Stage: Metropolitan Opera Encore Streaming of Madama Butterfly

Subject Area: Arts/Culture

Wednesdays: Single session 1:00 PM - 4:30 PM Start: Wed 5/15/24 End: Wed 5/15/24

Location: Cinemark Century El Con 20 and XD Class Size: 20 Additional Costs: \$25

Course Description

We will meet at Cinemark Century El Con Cinema. Purchase your opera tickets prior to the encore performance livestream here, or on the day of at the theater box office. The cost is \$25 before tax and service charges.

Ann Tai's seat # is L11. Run Time: 3 hours, with intermission.

Go to this link for synopsis, run-time, and cast information.

After the show, meet for an optional Dutch-treat snack or tea at a nearby restaurant, TBD closer to the event.

Registration deadline: May 7, 2024

Instructor: A. Ann Tai

Ann Tai is a volunteer on the Social Activities Committee and previously on the Membership and Outreach Committee 2020-2022. A transplant from Michigan, she has organized numerous Field Trips and OLLI Dines Out events since Fall 2022.

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OLLI-UA Summer 2024 - Field Trips

Thursdays

Birding Field Trip: Madera Canyon in Green Valley, AZ

Subject Area: Science/Math/Technology

Thursdays: Single session 8:00 AM - 12:00 PM Start: Thu 5/23/24 End: Thu 5/23/24

Location: Madera Canyon Class Size: 20

Course Description

See how the habitat and birds change with elevation in Madera Canyon, a beloved birding hotspot in the Santa Rita Mountains near Green Valley, AZ. We'll meet up at 8:00 am sharp in the Proctor Road Parking Lot, about an hour's drive from Tucson. We'll walk the shaded trail through the Juniper-Oak woodlands, hoping to spot and identify Acorn and Arizona Woodpeckers, Ash-throated and Brown-crested Flycatchers, Orioles, Tanagers, and more. Then we'll pile into fewer cars to drive a short way uphill to the bird feeders outside the Santa Rita Lodge to observe Wild Turkey, White-breasted Nuthatches, Black-headed Grosbeaks, a few species of hummingbirds, and more woodland bird species. We'll be back at Proctor Road by 12:00 noon. Wear sturdy shoes for walking on the trail; one or two hiking poles are optional if you like to use them for balance. There is minimal elevation gain while we walk, and the Santa Rita Lodge feeder area has benches. Bring sun protection, water, and a snack. Prior birding experience is fine but not required; definitely bring binoculars if you have or can borrow them.

Instructor: Laura Couchman

Laura Couchman is a dedicated amateur birder, spotting and identifying birds for 19 years. Laura and her husband Bill go birding locally and wherever they travel, and have lived in Tucson since 2014. Laura has been an SGL for previous OLLI classes about birds and birding, including habitat, woodpeckers, birds of prey, hummingbirds, and birders' tech tools.

She is also a volunteer field trip leader for the Tucson Audubon Society.

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Fridays

Field Trip: Mansions on Main Street Tucson

Subject Area: Arizona History/Culture, History/Current Events

Fridays: Single session 8:30 AM - 10:00 AM Start: Fri 5/3/24 End: Fri 5/3/24

Location: Café à La C'Art **Class Size:** 20 Additional Costs: Registration Fee \$20 per person. Members and Non-members of Presidio Museum. Payable to Ann Tai. E-mail on how fee will be collected to

follow.

Course Description

* This field trip happens before Summer Term!

Take a stroll down Tucson's Main Avenue with a Presidio Museum Tour Guide to view the homes and hear the stories of the movers and shakers of early Tucson who lived in them, including:

Hiram and Petra Stevens, who were a prominent merchant couple but whose domestic life was less than perfect Sam Hughes, who is called by some the "father of Tucson"

Annie Cheyney, whose newly restored 1905 home is the talk of the town

Albert Steinfeld of department store fame, whose son Harold was a top scorcher (race car driver)

Frank Hereford, an attorney who represented the defendants in the Wham Robbery

William Herring, who was at one time Wyatt Earp's lawyer.

Meet outside of Café A La C'art. 150 N. Main St. Registration Fee \$20. Members and Non-members of Presidio Museum. You will receive an email with instructions on how to prepay the fee and if lunch will follow the tour. If there is interest, Dutch-treat lunch at Café A La C'art following the tour.

Free on-street parking is available. Parking deck with hourly fee: Pima County El Presidio Parking, 165 W. Alameda.

Instructor: A. Ann Tai

Phone: 520.626.9039

Ann Tai is a volunteer on the Social Activities Committee and previously on the Membership and Outreach Committee 2020-2022. A transplant from Michigan, she has organized numerous Field Trips and OLLI Dines Out events since Fall 2022.

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OLLI-UA Summer 2024 - Field Trips

Field Trip to El Super Market

Subject Area: Arizona History/Culture, Crafts/Cooking

Fridays: Single session 10:00 AM - 11:00 AM **Start:** Fri 5/17/24 **End:** Fri 5/17/24

Location: El Super Class Size: 10 Additional Costs: Suggested donation from each attendee for our local

guide is \$10. Will be collected for her by SGL at beginning of tour.

Course Description

Have you ever attempted to make a Mexican dish and could not find the perfect ingredient, or do you want to know more about Mexican condiments and delectables? We'll visit El Super, a clean, modern, and welcoming supermarket that offers a wide variety of items. Imagine a big-box enterprise like Costco, with fresh and prepared foods from south of the border as well as locally. Chedraui is a publicly traded Mexican grocery store and department store chain which also operates stores in the U.S. in the states of California, Arizona, New Mexico, Texas, and Nevada under the banner name El Super and stores in Texas under the banner name Fiesta Mart. Our guide is a long-time Tucson resident from the Sonoran state. She will share why good cooks like her drive a long distance to shop at El Super.

Suggested donation from each attendee for our local guide is \$10.

Registration deadline: May 10

Instructor: A. Ann Tai

Ann Tai is a volunteer on the Social Activities Committee and previously on the Membership and Outreach Committee 2020-2022. A transplant from Michigan, she has organized numerous Field Trips and OLLI Dines Out events since Fall 2022.

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Special Interest Groups (SIGs)

What are Special Interest Groups?

Special Interest Groups (SIGs) are ongoing groups that meet and socialize regularly around a topic. It's easy to join, and you can do so at any time. You register just like you do for a class. There is a menu for special interest groups on the <u>Browse Classes</u> menu of the website, or you can register on the links below. Want to start a special interest group at OLLI? It can be online or in-person. Let us know your ideas: email us at <u>ollimail@arizona.edu</u>

In-Person SIGs

Creative Fun

One Saturday per Month: 10:00 AM - 2:00 PM
Location: Central Tucson Campus and Online
OLLI-UA Special Interest Group for all members

SIG Description

This Special Interest Group is designed to help our students learn/do/complete interesting creative projects while enjoying a social atmosphere. We are offering this class as a hybrid – online and in person. All OLLI-UA members, friends and family are welcome to join and experience the fun and creativity that OLLI can offer.

Our group will offer a variety of creative opportunities, including scrapbooking & card making, painting, needlework, beading, and much more in a casual, social setting. Bring your suggestions, unfinished projects to finish, learn new activities, and/or provide your knowledge to the group.

We have scheduled to meet at least one Saturday per month from 10am-2pm. We can order lunch to be delivered or bring your own.

We anticipate eventually doing a larger scale project, such as a quilt for donation to charity. The possibilities are endless! Future dates for group sessions vary and are determined by the group.

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OLLI-UA Summer 2024 - Special Interest Groups

Community Service Special Interest Group

Location: Varies

OLLI-UA In-Person Special Interest Group for all members

SIG Description

This is an ongoing, self-managed offering; join at any time.

Group Lead: Connie Lowy
Volunteer in the Community

OLLI Programs have a long tradition of giving back to the communities they serve. Join this group if you are interested in being part of a team dedicated to various community service initiatives. It is a great way to meet fellow members and give back to the community we live in. If you're interested in volunteering, join this SIG today! New volunteer opportunities will be added as they become available. Past projects have included helping at the Tucson Community Food Bank and the Tucson Festival of Books.

Online SIGs

Fun with Games

Every Sunday: 3:00 PM - 4:00 PM Location: Online Zoom Offering

OLLI-UA Online Special Interest Group

SIG Description

What a great way to start your week! If you enjoy playing different games that will exercise your brain, as well as allow you to laugh and have fun with friends, please join your local members and members from other states each Sunday at 3 PM (Arizona time). I have a large collection of trivia and board games that I have adapted to use in the online zoom setting. All you need to bring each Sunday is a desire to have fun. If you are interested in joining in the fun, sign up today!

Spend an hour in the virtual lounge playing popular board games that have been adapted to online.

Two games will be played each session: one with teams competing and one with individual scoring.

Just show up: we provide the online games! This is a friendly competition with lots of fun & laughter to be shared!

Hosts: Frankie Harris & Susan Williams

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OLLI-UA Summer 2024 – Special Interest Groups

Let's Talk

Every Monday: 3:00 PM - 4:00 PM

Location: Online Zoom Offering

OLLI-UA Online Special Interest Group

SIG Description

Welcome to Let's Talk, inspired by a fellow OLLI member! In another class she asked, "Why do we have to have a topic to discuss? Why can't we just get together and talk?"

This group will do JUST THAT! Please join Susan & Frankie for an hour of talking and/or listening. We hope to see you!

Hosts: Frankie Harris & Susan Williams

<u>Virtual Lounge Happy Hour</u>

Every Friday: 5:00 PM - 7:00 PM Location: Online Zoom Offering

OLLI-UA Online Special Interest Group

SIG Description

Fridays at 5 pm - Virtual Lounge Happy Hour

Join your OLLI friends online for lively conversation!

Hosts: Sherry Goncharsky & Damond Osterhus

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