

Equipment / What to Bring list

PERSONAL CLOTHING AND EQUIPMENT

- It is important, for your safety and enjoyment that you pack everything that is marked "**Essential**" on this list. And of course do not bring anything on the DO NOT BRING list.
- If there is anything you do not understand or are having trouble finding, talk to your friends, school staff and your family.
- You should pack all clothing and equipment in a sports bag (or similar), and into your daypack. Please make sure it is labelled. Do not bring excess gear as luggage space is limited.
- In a nutshell, all your clothing needs to serve 4 basic functions;
 - ✓ **It must keep you warm**
 - ✓ **It must keep you and your gear dry**
 - ✓ **It must be as light as possible**
 - ✓ **It needs to be suitable for a range of weather conditions**

Essential Equipment

- ☐ Day pack with shoulder straps
- ☐ Pillow
- ☐ Sleeping bag (with hood preferred, rated to 0°C)
- ☐ Head torch or a small torch (with spare batteries)
- ☐ Toiletries (toothbrush, toothpaste, deodorant, etc. - **NO AEROSOLS PLEASE**)
- ☐ Water bottle(s) (2L capacity)
- ☐ Plastic bag(s) (for wet clothes, rubbish, etc.)
- ☐ Sunscreen and insect repellent (no aerosol)
- ☐ Personal First Aid Kit (band aids, etc. including any required medication)

Optional items

- ☐ Book to read
- ☐ Sunglasses
- ☐ Pyjamas, tracksuit or thermals for sleeping
- ☐ Cards/games

Essential Clothing

- ☐ Sturdy enclosed shoes (NO sandals or thongs)
- ☐ Aquatic shoes (or old shoes to get wet)
- ☐ 2 x Shorts (quick dry preferable, e.g. nylon)
- ☐ Board shorts/bathers and rash top for aquatics (or long sleeve cotton top)
- ☐ 2 x Long sleeved tops/jumpers (wool or polypropylene is ideal)
- ☐ 3 x shirts (with collars, preferably long sleeve)
- ☐ Socks and underwear for each day of camp
- ☐ **WIDE** brimmed hat (No baseball caps)
- ☐ Towel (base camp showering)
- ☐ Beach towel (aquatic activities)
- ☐ Warm Jumper (Wool or Polar Fleece - preferably **no** cotton)
- ☐ Warm hat/beanie
- ☐ 2 x Long pants (Fleece or track pants, **no** cotton and **no** jeans)

PLEASE DO NOT BRING THE FOLLOWING

- ✗ Mobile phones
- ✗ MP3 players / iPods / iPads
- ✗ Electronic games
- ✗ Aerosol sprays (e.g. deodorant, repellent, etc. Bring "roll-on" only)
- ✗ Pocket Knives
- ✗ Any items that are against school rules