



## HEALTH & SAFETY ON SOCCER ISLAND

We have been diligently working behind the scenes to modify our curriculum and current operating procedures to ensure a safe return. You will see our coaches making adjustments to our regular routine to continue to keep safety our top priority. Additionally, *all coaches will complete a mandatory health and safety course before returning to coaching.*

### During our sessions your coach will:

- Avoid high-fives, fist bumps and unnecessary physical contact
- Wear a face covering
- Use rings, spots or orange cones as “home base” to keep children spread out when possible
- Request that equipment be cleaned up and put away only by the coach
- Continue to remind children the importance of keeping safe distances when practicing skills, by mentioning to “keep your distance so you don’t bump into your friends”
- Avoid the use of pinnies
- Use a modified Soccer Shots cheer at the end of the session

Additionally, coaches will be sanitizing all equipment before and after each session and monitoring their temperatures daily. We will do our best to use smaller group sizes and/or larger field setups to allow for the distancing of participants and observers.

### We are requiring that families attending in-person sessions at any of our public programs follow these guidelines for the health and safety of other families and coaches:

- Wash or sanitize hands before entering Soccer Island (we recommend singing the Soccer Shots song while doing so – ask your children if you need help with the words!)
- Wear a face covering at all-times (including participants and parents/guardians) when on/near soccer island. If you or your child wants/needs a break, you may leave the playing area at any time and remove the face covering when more than 6 feet away from others outside your household
- Practice physical (social) distancing by staying 6 feet away from others that do not live in your household
- Stay home when you are sick and keep your children home from soccer if they are sick (we’ll miss them on Soccer Island, but we want them to be healthy!)
- Each session will have a requirement of 4 minimum participants and a maximum of 10-14 (depending on age group). If these numbers are not reached, we may cancel the session and issue a full refund or credit. You may also request a transfer to another location’s program
- If we are unable to run a session due to any reason (weather, illness, lock-down issued, etc...) and are unable to make-up the session in person, we will switch to running



- Soccer Shots On The Go Live for that session(s) and return to in-person coaching when able/permitted
- If attending a Mini session (ages 2-3), we ask that only one family member per child be present on Soccer Island

For our programs at school locations. Our coaches will follow the same guidelines listed above. Children participating in the program will have to follow their school's safety guidelines.

Again, we are focused on the health and safety of your child. Our goal is to provide an opportunity for children to maintain activity and learning. We understand and acknowledge that not all families will be comfortable returning to Soccer Island immediately, and that's okay. We are here for your family and your child's growth through sports when you are ready.

We will closely monitor all communication from the WHO and CDC as well as local authorities for safety updates. If we are not able to return to the field, we've got you covered! Whether we see your family in-person or not, we will continue to provide fun soccer opportunities.

We appreciate your patience and flexibility as we work through these uncertain times.

Please reach out to us with any questions.

Thank you,

**The Soccer Shots Team**

