

SYDNEY TRAVEL / HOTEL INFORMATION

Disclaimer: The following information is provided only as a guide to help you plan your travel. STWI does not endorse the following businesses, nor do we have control over the quality of services. We will not be informed should you encounter any issues with your hotel. For any concerns or complaints please contact your hotel's customer service.

WORKSHOP LOCATION:

[Mantra Parramatta](#)

The Medals Conference Room
1 Valentine Avenue
Parramatta, NSW 2150

HOTEL ACCOMMODATIONS:

[Mantra Parramatta](#)

1 Valentine Avenue
Parramatta, NSW 2150

Tel: 02 9685 1650

10% off the Best Available Rate at the time of booking when guests call the Hotel direct to make a booking.

Centrally located within the heart of Parramatta, the Hotel is only minutes walk from public transport and 40 minutes drive from Sydney International Airport. Also offering close proximity to Parramatta business centre, Westfield Shopping Centre, ANZ Stadium and Sydney Olympic Park, Mantra Parramatta provides the perfect location for all your business and leisure needs.

- Parramatta Train Station & Bus Interchange – 2 minute walk
- Westfield Shopping Centre - 5 minute walk
- Rivercat Ferry - 15 minute walk
- Homebush/Olympic Park – 12 minute drive
- Sydney Airport – 40 minute drive

Parking at Mantra

The Hotel car park entrance is from Valentine Avenue, with direct access to the hotel lobby and conference rooms via the car park lifts. Car parking is subject to availability and charged at \$18.00 per car per day (unless otherwise stated). Overnight Rates from \$25. There are also paid parking stations located nearby on Valentine Avenue and Wentworth Avenue.

OTHER HOTELS IN THE AREA

[Click here](#), or see list below.

- Holiday Inn Parramatta 4 star hotel 4 min walk/300m
- Fiori Apartments 4 star hotel 5 min walk/350m

- Holiday Inn and Suites 5 star hotel 10 min walk/650m
- Skye Suites Parramatta 4 star hotel 11 min walk/750m
- Meriton Suites George St 5 star hotel 11 min walk/750m
- Parramatta City Motel 3 star hotel 12 min walk/800m
- Park Royal Hotel 4 star hotel 14 min walk/1km
- Meriton Suites Church St Parramatta 5 star hotel 16 min walk/1.1km
- Novotel Sydney Parramatta 4 star hotel 17 min walk/1.2km
- AirBnB

GROCERIES, SHOPPING, DINING OUT:

- Groceries: Woolworths/Coles/Aldi 5-10 min walk from Mantra
- Westfield Parramatta: Australia's 3rd largest shopping centre 5-10 min walk from Mantra
- Many cafes and restaurants in the central Parramatta area within easy walking distance

ONLINE BOOKING SITES:

[Hotel.com](https://www.hotel.com), [Expedia.com](https://www.expedia.com), [Kayak.com](https://www.kayak.com), [Orbitz.com](https://www.orbitz.com)

AIRPORT INFORMATION:

Sydney International Airport – [sydneyairport.com.au](https://www.sydneyairport.com.au)

Transport options: [Taxi](#), [rideshare](#), [train](#), [etc](#)

GETTING TO PARRAMATTA FROM THE AIRPORT

- Fastest way: Uber/taxi approximately \$80-\$100, 30-40 mins depending on time of day
- Most cost effective way: Train \$22-\$25, 40-50 mins, requires changing trains at Central Station. Here is the link to plan your trip: <https://transportnsw.info/trip#/trip>

ABOUT PARRAMATTA:

- The suburb of Parramatta is located on the banks of the Parramatta River, 23km west of Sydney's CBD and has fast emerged as a dynamic contemporary city with a strong business and social scene.
- Parramatta acts as a major business and commercial area in NSW and is often called "Sydney's second central business district". It is Australia's sixth largest CBD and boasts many high density commercial and residential developments.
- More than just a business centre Parramatta is known for being sports mad with many well-known sporting venues spread across the city including Parramatta Stadium - home to the Parramatta Eels, Rosehill Racecourse and Parramatta Speedway.
- Parramatta is also a major retail centre and is the shopping capital of Sydney's west. The city is home to Westfield Parramatta, Australia's third largest shopping centre as well as small retail precincts including Harris Park.

- East Street, Phillip Street and Church Street are the dining hubs of the city with Church Street focusing on alfresco style dining and offering a variety of cuisines with the southern end showcasing many Chinese restaurants.